

Brought to you by:



Festival of Trees

TODAY'S VERSE

Psalm 16:8 I have set the LORD always before me: because he is at my right hand, I shall not be moved.

TACES OF **MONTGOMERY**

People who call our community their own.



Mark Stacey slowed down and offered a nice smile for The Paper during a beautiful blue autumn day. Thank you for your smile, Mark!

THREE THINGS You Should Know:

Registration is open for the 2022 Indiana Small Farm Conference – Indiana's premier annual event for the state's small and diversified farming community - at purdue.ag/sfc. The 10th annual conference and trade show will take place March 3-4 at the Hendricks County Fairgrounds. A detailed conference schedule will be available in early 2022, and currently scheduled sessions are subject to change. For more information, or to sign up, visit the Indiana Small Farm Conference website at purdue.ag/sfc. Follow the conference on Twitter and Instagram at @SmallFarmPurdue or on Facebook at @PurdueExtensionSmallFarms, with the hashtag #PurdueSmallFarms.

OK, maybe most of us are dreaming of a White Christmas -- but Conner Prairie is delivering a greener Merry Prairie Holiday. As part of the museum's commitment to sustainability and environmental stewardship. Conner Prairie has retrofitted the first phase of its A Merry Prairie Holiday light displays with LED lights, reducing its energy use in a significant way. What'll those Prairie People think of next?

Michelle Kaiser, owner of the Omaha Bakery in Nebraska, says her workers were hit hard by the coronavirus pandemic and was grateful when a customer decided to show them he cared. "He knew that people were struggling in general," Kaiser told the Association of Mature American Citizens. "He noticed our staff was working really, really hard." And that's why he used his credit card to pay \$5 for two turnovers, so that he could say thanks by adding a nice tip of \$2,000.



Montgomery County's oldest locally owned independent newspaper

Social Security Matters

50¢

CRAWFORDSVILLE, INDIANA

WWW.THEPAPER24-7.COM



Boomer Bits



Ask Rusty - Social Security's WEP is unfair - I want my money back!

Dear Rusty: How can a foreign company pay into the U.S. Social Security system? I worked in Barbados before I immigrated to the USA and earned a pension there. Now my U.S. Social Security benefits are reduced because I receive a pension from Barbados. One has nothing to do with the other and I want my money back!

Signed: Angry Immigrant

Dear Angry: Foreign companies don't pay into the U.S. Social Security system, and neither do residents of other countries working in their home country. But a resident of a foreign country who earns a pension in their home country, and who later moves to the U.S. and earns an additional U.S. Social Security pension, will have their U.S. Social Security benefit

How urinary symptoms may lead men to avoid activities

From: Family Features Men with urinary symptoms

common with an enlarged prostate, also known as benign prostatic hyperplasia or BPH, may anticipate and plan for urgent and frequent bathroom needs and even avoid events and activities they enjoy because of their urinary symptoms. Whether they rearrange their morning schedules in anticipation of interrupted sleep, limit the amount they drink or purposefully seek out and stay close to the bathroom, this is known as extreme bathroom planning and can disrupt normal daily activities.

In men with BPH, the enlarged prostate presses on and blocks the urethra, causing bothersome urinary symptoms, such as an urgent or frequent need to urinate or the sensation that the bladder is not empty after urinating. These symptoms can significantly impact a man's quality of life, leading to interrupted sleep and even a loss of productivity and depression, according to research published in "British Journal of Urology International."

See MEN Page A6



This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

reduced by a provision of U.S. law called the Windfall Elimination Provision (WEP). WEP was enacted by Congress in 1983 to eliminate what was viewed as "double dipping" - where someone with an extra pension (such as your Barbados pension earned without contributing to US Social Security) had their U.S. Social Security (SS) benefit computed in the same way as a U.S. resident who had no such extra "non-covered" pension. The 1983 WEP rule created a

special formula for those entitled to both a U.S. Social Security benefit (earned by contributing to the U.S. program) and another pension earned without contributing to Social Security.

Though you are adamant that one has nothing to do with the other, U.S. law says otherwise. WEP reduces the U.S. Social Security benefit of anyone with a "non-covered" (e.g., foreign) pension so that their U.S. Social

⇒See RUSTY Page A6

Conversation is critical for loved ones diagnosed with Alzheimer's Disease

by John Grimaldi Editorial contributor for the Association of Mature American Citizens

More than six million Americans have been diagnosed as having Alzheimer's Disease and that number is growing at too fast a rate; the projection is that the numbers of Alzheimer's patients will more than double by 2050. According to the Alzheimer's Association, 11.2 million Americans are volunteer caregivers for loved ones with the disease. In fact, family members and friends account for 83% of all Alzheimer's caregivers. The pros are trained to know what to do, but "civilian" helpmates may need

"Three of the main reasons [novice] caregivers provide assistance to a person with Alzheimer's or another dementia are: (1) the desire to keep a family member or friend at home (65%), (2) proximity to the person with dementia (48%) and (3) the caregiver's perceived obligation to the person with dementia (38%). Caregivers often indicate love and a sense of duty and obligation when describing what motivates them to assume care responsibilities for a relative or friend living with dementia," says the Association.

INSIDE

TODAY'S

EDITION

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About AMAC

The 2.4 million member Association of Mature American Citizens [AMAC] www.amac. us is a vibrant, vital senior advocacy organization that takes its marching orders from its members. AMAC Action is a non-profit, non-partisan organization representing the membership in our nation's capital and in local Congressional Districts throughout the country.

It's a daunting task that requires commitment and perseverance and that's where "love and a sense of duty and obligation" enter into the equation. Day to day assistance with hygiene, dressing and incontinence as well as routine activities of daily living are difficult enough for these amateur caregivers. But, perhaps, as challenging as these routines may be, it can be frustrating at best for novice helpmates to engage in conversation no matter how simple the chat may seem. Bear in mind that verbal giveand-take is a critical element of taking care of someone with Alzheimer's.

See CRITICAL Page A6



SSS Cheer Campaign completes first week

Crawfordsville High School and Tri Kappa Sorority Sunshine Society Cheer Campaign has completed its first week. This community outreach program raised more than \$20,000 a year ago and has set a goal of \$15,000 this year. Anyone may donate. Some donations

See SSS Page A6



Sunrise/Sunset RISE: 7:54 a.m. SET: 5:22 p.m.

High/Low **Temperatures** High: 47 °F

Low: 35 °F

Wacky Holiday Today

- Santa's List Day
- National Dice Day

What Happened On This Day • 1791 First Sunday paper

- published
 - 1980 Led Zeppelin disbands

Births On This Day

- 1892 Francisco Franco
 - Spanish general • 1949 Jeff Bridges
 - American actor

Deaths On This Day • 1893 John Tyndall

- British physicist
- 1993 Frank Zappa
- American singer-songwriter

HONEST HOOSIER

Christmas is three weeks away. One of my favorite memories is going to grandma and grandpa's house and enjoying the freedom and wonder that only a child can have.



TODAY'S HEALTH TIP

Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



If you work the night shift, put on your sunglasses before going out into the sun until you get home and go to bed.



OBITUARIES

Delores Deer

The Paper appreciates all our customers. Today, we'd like to personally thank Tricia Stanley of Crawfordsville for subscribing!



⇒ THE MONTGOMERY MINUTE Avoid price hike!

OK, it's been a while since we raised our subscription prices (around 17 years), so bear with us if you would please. However, if you want to avoid the increase - renew your subscription now! That way you can enjoy Sunday mornings with a steaming cup of coffee, a comfy place to sit and your tablet so you can read The Paper's Sunday Edition. And you can look forward to the daily edition each morning at 4 a.m. And you can get all seven days right now for only \$42 a year - or you can buy a Sunday-only subscription for just \$29 No other newspaper in Montgomery County offers that! But then again, we've been able to say that about a lot of things for quite a while now.

🗢 TODAY'S QUOTE

"Keep your eyes open and try to catch people in your company doing something right, then praise them for it."

TODAY'S JOKE

What did the stamp say to the Christmas card? Stick with me and we'll go places!



Tom Hopkins



PAGE A2

Saturday, Dec. 4, 2021

OBITUARIES

Delores Deer

June 21, 1943 - Nov. 29, 2021

Delores E. Deer, 78, of Crawfordsville, passed away Monday night in the ER.

Born June 21, 1943 in Crawfordsville, she was the daughter of Edgar Ward Love and Neva Ellen Elmore Love.

She was baptized in the Darlington Christian Church in February of 1956. She graduated from Darlington High School in 1962. She married John Ster-

ling Deer on Oct. 28, 1964, and he passed away in 2003. Survivors include her daughter, Michelle Powell of Crawfordsville; step-daughter, Joni Ems of Biloxi, Mississippi; three step-sons, Jim Deer of Crawfordsville, Ed Deer of Florida and Mike Deer of Minnesota; one sister, Carolyn Stark of Texas; and many grandchildren, all of whom she loved.

She was preceded in death by her parents; and her husband.

Graveside services will be at 11 a.m. local time (Central) on Monday, Dec. 6, 2021 at Southern Memorial Park, 2076 Beach Boulevard in Biloxi, Mississippi, where she will be laid to rest beside her husband. Local arrangements were made through Burkhart Funeral Home.

Kenneth Wayne Conkright

Feb. 20, 1965 - Dec. 1, 2021

Kenneth Wayne Conkright, 56, of Crawfordsville, passed away Wednesday due to complication of lung cancer, at Franciscan Health Crawfordsville.

He was born Feb. 20, 1965 in Crawfordsville to Robert & Barbara Newkirk Conkright.

He was retired as a shift maintenance technician at Closure System International. He was an avid outdoorsman

and loved to hunt and fish. He was a well know "shade tree mechanic" and loved his friends and family. He was married to Tracy Leslie.

In the famous words of Tom Kelsey "I did not die of COVID"

Survivors include his wife, Tracy; his children, James (Macy) Conkright, Ashley (Cole) James and Amanda (William) Beebe; brothers, Robert (Julie) Conkright and Steve (Trixie) Conkright; sisters, Janet (Bill) Stephenson, Nina Hopkins and Cathy (Dan) Turpin; 10 grandchildren, David Long, Emery James, Mayleigh James, Tracy Long, Reminton Peters, Bristol Peters, Liam Beebe, Mason Conkright, Micah Beebe and Presley Conkright.

He was preceded in death by his parents; aunt, Betty Newkirk Graves; uncle, Donald Newkirk; as well as lifelong best friends, Tom Kelsey and Mark Addler.

Funeral services will be held 3 p.m. Monday at Hunt & Son Funeral Home, with Pastor Rich Fuller officiating. Visitation will be from 12-3 p.m. Cremation will follow the service.

Online memories at www.huntandson.com



Witham Health Services to host December meetings

• Witham Health Services will host December Community Education Classes

Witham Health Services will offer the following Community Education Classes in December. The Classes are free unless indicated otherwise.

Diabetes Self-Management Class - Call the Diabetes Education Department at 765-485-8120 for individualized class, scheduling and pricing.

Rock Steady Boxing
- held weekly from 9:00
to 11:00 a.m., Mondays
and Wednesdays, Witham Health Services South
Pavilion Wellness Center.
Please call the Wellness
Department at 765-4858126 for more information
on scheduling and pricing.

· Silver Sneakers – 11:00 a.m., to 12:00 p.m. Mondays, Wednesdays and Thursdays for those 65 or older, at the Witham Health Services South Pavilion Wellness Center. Please call the Wellness



Department at 765-485-8126 for more information on scheduling and pricing.

• Tai Chi - Seven week sessions, Tuesdays, 10:00 to 11:00 a.m. at the Witham Health Services South Pavilion Wellness Center. Please call the Wellness Department at 765-485-8126 for more information on scheduling and pricing.

Pedal for Parkinson's – Held weekly from 9:00 to 10:00 a.m. Tuesdays and Thursdays. Witham Health Services South Pavilion Wellness Center. Please call the Wellness Department at 765-485-8126 for more information on scheduling and pricing.

For more information or to schedule a class, please

contact the Witham Health Services Education Department at 765-485-8120 or visit www.witham.org.

• Witham Health Services will host December Support Group meetings

Witham Health Services will host the following Support Group meetings in December. The Support Groups are free unless indicated.

· Individualized Breast-feeding Support is available on an individual basis with a Lactation Consultant. To schedule an appointment and for pricing, call 765-485-8411.

· Cancer Support Cooking for Wellness – Meets 1:00 to 2:00 p.m., Tuesday, December 21, in the South Pavilion Wellness Center.

· Cancer Support Group – 4th Monday of this month (normally the 4th Monday), meets at 6:00 to 7:00 p.m., December 27, in the South Pavilion Lobby.

· Alzheimer's Support

Group – 3rd Tuesday of each month, meets at 6:00 to 7:00 p.m. Tuesday, December 21, in the VIP Dining Room.

Diabetic Support Group - 2nd Wednesday of each month, meets 6:00 to 7:00 p.m., Wednesday, December 8, in the Beck Room. Call 765-485-8120 for meeting information.

· Grief Support Gathering - 4th Tuesday of each month, meets 6:00 to 7:30 p.m., Tuesday, December 28, in the VIP Dining Room.

We encourage people living with these problems and their families to attend the monthly meetings. These meetings allow support group members the opportunity to discuss with others the coping mechanisms and frustrations of living with these problems.

For more information, please contact the Witham Health Services Education Department at 765-485-8120 or online at www. witham.org

Ivy Tech names Kristin Chapman as a distinguished alumna

Ivy Tech Community College has honored Kristina Chapman of Frankfort, Ind., as one of 19 individuals across the state selected to receive the 2021 Distinguished Alumni Award, the highest honor given to recognize Ivy Tech Alumni. Selected through a highly competitive process, each recipient has made a lasting impact on their community and on Ivy Tech through outstanding professional, philanthropic, or volunteer accomplishments.

"These individuals are examples of how Ivy Tech can change lives," said Ivy Tech President Sue Ellspermann. "Whether they went on to pursue additional education or went straight to the workforce, our distinguished alumni make a difference in our communities every day. We are proud and honored to be part of their stories."

Chapman earned an associate degree in business management from Ivy Tech Community College in May 2004, and a bachelor's degree in business



Kristin Chapman

management from Western Governors University in January 2019. She has over 23 years of experience at American Red Cross and is currently Disaster Workforce Engagement Manager.

Her community service duties include serving on the Ivy Tech Alumni Board and Clinton Prairie Elementary PTO as Vice Chair, Staff Appreciation Committee Chair, and **Enrichment Program** Lead. She has served as a Volunteer EMT with Clinton County EMS since 2007. She is former Chair of the Local Emergency Planning Committee. As the regional subject matter expert in the Home Fire Campaign, she led an

initiative to install over 15,000 smoke alarms in West Central Indiana. In her home community of Frankfort, over 6,000 alarms were installed ensuring that every resident in the community received an opportunity to make their homes safer.

Alumni, faculty, staff, and friends are all encouraged to make nominations for future awards. Awardees must be graduates of Ivy Tech, having received an Associate Degree, Technical Certificate, or Certificate. The College has been honoring Distinguished Alumni since 1998.

For more information, visit www.ivytech.edu/alumniawards.

About Ivy Tech
Ivy Tech Community
College is Indiana's largest public postsecondary
institution and the nation's
largest singly accredited
statewide community
college system, accredited
by the Higher Learning
Commission. Ivy Tech
has campuses throughout
Indiana and also serves
thousands of students

annually online. It serves as the state's engine of workforce development, offering associate degree and short-term certificate programs, and trainings that align to the needs of the community. The College also offers courses and associate degree programs that seamlessly transfer to other colleges and universities in Indiana, as well as out of state, for a more affordable route to a Bachelor's degree.

Ivy Tech Community College Lafayette serves Benton, Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Warren and White counties from the main campus in Lafayette and sites in Crawfordsville, Monticello and Frankfort. Ivy Tech Lafayette offers associate degrees and certificates in the areas of business, health sciences, computing, technology, nursing, public services, education, applied science, engineering technology, and liberal arts.

For more information, visit IvyTech.edu.



1908 Fremont St • Crawfordsville
Sunday school 9:30 am
Church 10:30 am
Sunday Evening 6 pm
Wednesday Night Bible Study 7 pm



110 S Blair Street Crawfordsville, IN 47933 www.hopechapelupci.com

Service Times:

Sunday 10:30 a.m.

Starting August 1: 10 a.m. Sunday School 11 a.m. Worship

Wednesday 6:30 Bible Study





Follow in The Sun

212 E. Wabash Avenue Crawfordsville (765) 362-4817 www.cvfumc.org

Virtual services at 9:00 am Can be watched on channel 3

All are welcome to join and all are loved by God



EAST SIDE BAPTIST CHURCH

2000 Traction Rd • Crawfordsville 765-362-1785 www.eastsidebc.com

> Services: Sunday School at 9 am Church at 10 am

Help and hope through truth and love



NEW ROSS UNITED METHODIST CHURCH

The BRICK CHURCH on State Street

Sunday Worship 9:00 AM

Children's Sunday School during Sunday Worship

In person or on Facebook at Facebook.com/NewRossUnitedMethodistChurch

Pastor Michelle Knight

John 3:16

"Making the World a Better Place"

FAITH

INCLUDE YOUR INFORMATION The Paper of Montgomery County is asking churches to send us church news by noon on Thursday. Information can be e-mailed to: churchnews@thepaper24-7.com

The following is a listing of church services and various programs that organizations around Montgomery County have sent The Paper. If you would like to have your church information included in this free listing, simply e-mail it to churchnews@thepaper24-7.com by Monday for the Wednesday Print Edition.

There may be closures due to health concerns with the COVID-19 pandemic.

FREEDOM BAPTIST CHURCH

If you're looking for something special to do this Christmas, Freedom Baptist Church near Waveland has you covered! On Sunday morning Dec 12 at 9:30, we will be featuring acclaimed jazz pianist Luke Gillespie in a free concert of Christmas music. Gillespie is Professor of Jazz Studies at Indiana University Jacobs School of Music and has performed with David Baker, Buselli-Wallarab Jazz Orchestra, Sylvia McNair, Ann-Margret, Arturo Sandoval, and many others. Stick around for coffee and donuts following the program. Freedom Baptist Church is on SR 234 west, just minutes west of the intersection at SR 234 and SR 47. You won't want to miss this!

NEW MARKET CHRISTIAN CHURCH

Church News for Saturday, November 27, 2021 from New Market Christian Church

The Sanctuary as well as the Drive-in Parking Lot are open for Worship held at 10:00 am. Tony Thomas will speak on "An Angels Message to Zechariah". His text is from Luke 1:5-20.

SUNDAY SCHOOL begins at 9:00 am. COFFEE & DONUT FEL-LOWSHIP is at 8:30 am the first Sunday of each month. The next fellowship is December 5.

The worship service and Sunday school are open to everyone.

NEW MARKET FIRST BAPTIST

New Market First Baptist Church will meet this Sunday at 10:00 am for their morning worship in Hampton Hall. Holy Grounds will open at 9:00 a.m Communion will be served following the service.. The Lord's Closet will be open on Saturday for their FREE clothing. Lots of winter things and lots of coats. It is also the time to donate your clothing. We are located at 106 S, First St. in New Market, WE are open 9:00 a.m. to 12:00 pm

FIRST CHRISTIAN CHURCH

Sundays: Worship (Casual Traditional/Family Friendly/Childcare) - 10:15 am, Adult Faith Learning/Sunday School - 9:15 am, Good News Cafe - 9:15 am, Wednesdays: WOW! - Mid-week Youth Program (Grades 1-12) - 4:30 - 7 pm, Faith Learning and Dinner, Rev. Darla Goodrich, We are located at: 211 S. Walnut St. Crawfordsville IN 47933 Telephone: 765-362-4812

YOUNG'S CHAPEL CHRISTIAN CHURCH

If contemporary worship is not your preference, then you Might want to visit us. A small country Bible based church made up of very friendly, compassionate, loving people. A church where everyone knows everyone's name. You will be warmly welcomed here. Why not try us out? 4527 North 200 East, Crawfordsville Bible Study 9:30 a.m. Worship 10:30 am.

WOODLAND HEIGHTS CHRISTIAN CHURCH

Woodland Heights Christian Church at 468 N Woodland Heights Drive Crawfordsville IN 47933-9689

Telephone Number: 765-362-5284; Fax Number: 765-362-6641

Lead Minister: Tim Lueking

Associate Minister: Steve Wilke Worship Minister: Wayne Wilkinson

Youth Minister: Bryson Feese

Worship Service Times for Sunday:

Traditional service at 8:15a.m. & Contemporary service at 10:30a.m. All Sunday School classes at 9:30a.m., Children's classes for birth to 5th grade at 10:30a.m. All services will be streamed live on our live.whcc.us platform, Facebook, YouTube, and Twitter.

The Christmas Story: The Message that Changes Your Life – Luke 1:26-33 Tim Lueking

NEW MARKET UNITED METHODIST CHURCH

Reverend William "Bill" Pike Office: 765-866-0703 email: bill.pike@inumc.org. Please come join our small town church for a friendly church service using hymnals and the rituals of church that you grew up with. 101 East Main Street, P.O. Box 326, New Market, IN 47965.

Office Phone: 765-866-0703 www.newmarketumc.org
Facebook.com New Market United Methodist Church Indiana
Open Hearts--Open Minds--Open Doors Sunday School 9:30 and
Worship Service 10:45



Southside Church of Christ

153 E 300 South • Crawfordsville southsidechurchofchristindiana.com

Sundays: Worship at 10:30 am

Wednesday Night Bible Study 7 pm



One Way Pentecostal Apostolic Church

802 Mill St. • Crawfordsville

Pastor Steve Lee and his wife, Tamara, invite you all to their spirit-filled church

Services

Sunday at 2 pm

Wednesday Evening Bible Study 7 pm

Saturday evening (speaking spanish service) at 7 pm

Hickory Bible Church

104 Wabash - New Richmond

Sunday Services:

Breakfast and Bible - 9:30

Church - 10:30

a small church with a big heart!

Dr. Curtis Brouwer, Pastor 765-918-4949



Christ's United Methodist Church

Pastor Dirk Caldwell (Dr. David Boyd, Interim)

We're here and we can hardly wait to see you Sundays at 11 a.m.!

We are currently observing current COVID Protocols Mask not required if you've been fully vaccinated. Mask still required until you are fully vaccinated. Not ready to shed the mask? We respect your decision.

909 E Main Street • Crawfordsville 765-362-2383

christsumc@mymetronet.net

Livestreamed and archived at christsumc.org Click the video tab, then the Livestream Link



New Market Christian Church

300 S. Third Street • New Market (765) 866-0421 Dr. Gary Snowden, Minister

Sunday Worship at 10:00 am in the Family Life Center (Masks Encouraged) or in the Parking Lot Tuned to 91.5 FM No Sunday School at This Time

nmcc@sbcglobal.net • newmarketcc.org Visit Us on Facebook

> We Exist to Worship God, Love One Another & Reach Out to Our Neighbors



Helping people to follow Jesus and love everybody!

2746 S US Highway 231 Crawfordsville

Services:

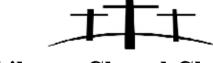
Thursday night at 6:30 Sunday mornings at 10:30

Both services are streamed



Church Service at 10 am

124 West Elm Street • Ladoga (765) 942-2019 ladogachristianchurch@gmail.com www.ladogacc.com



Liberty Chapel Church

Phil 4:13

Church Services:

Sunday School 9 am

Church 10 am

Wednesday Children's Awana Program 6 pm-8 pm



Sunday Worship 10:00 AM

in person or on Facebook at www.facebook.com/LindenUnitedMethodistChurch

Sunday School 9:00 AM

Pastor Clint Fink

Email: lindenum@tctc.com

Website: lindenumchurch.org

"Making disciples of Jesus Christ for the transformation of the world."



Friendship Baptist Church

1981 West Oak Hill Road • Crawfordsville

Romans 15:13

Follow us on Facebook

Sunday school 9:30 am
Church 10:30 am
Wednesday Bible Study 4 pm



Garfield Apostolic Christian

4485 E 300 N • Crawfordsville

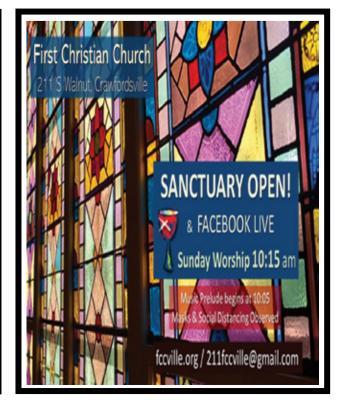
Services

Sunday at 10 am

Tuesday Prayer Meeting

6 pm - 7 pm

Thursday Bible Study 6:30 pm - 8 pm



11 Indiana organizations recognized for achievements in workplace health

Eleven Indiana organizations are being recognized for their commitment to employee health and well-being by the American Heart Association through its 2021 Workplace Health Achievement Index.

The American Heart Association, a global force for longer, healthier lives for all, created the Index in 2016 with its CEO Roundtable, a leadership collaborative of more than 45 members from some of America's largest companies, to apply evidence-based approaches to support employee health.

In Indiana, the following organizations were recognized in the Workplace Health Achievement Index:

Allison Transmission, Indianapolis, Silver Anthem, Indianapolis, Gold

Deaconess Hospital,

Evansville, Gold
Decatur County Memorial Hospital, Greensburg,

Elements Financial, Indianapolis, Silver Ertel & Company, Indi-

Ertel & Company, Indianapolis, Bronze
IDI Composites, No-

blesville, Silver MSD of Lawrence Township, Indianapolis, Gold

OneAmerica, Indianapolis, Gold

Raybourn Group International, Indianapolis, Completer

Saint Meinrad Archabbey, Saint Meinrad, Gold

The American Heart Association's Workplace Health Achievement Index is a free web-based scorecard that looks at organizational best practices and aggregates employee health data to evaluate



the overall quality and comprehensiveness of workplace health programs. Nationwide, more than 450 organizations completed the index assessment this year, which evaluated the time period of July 31, 2020 to June 30, 2021. Of the organizations that completed the Index assessment, nearly all earned gold (43%), silver (31%) or bronze (19%) status. Organizations are provided with free benchmarking

American Heart Association.

reports, which allow them to identify opportunities for advancement.

"The American Heart Association commends these organizations for their achievements in promoting a culture of health and well-being for their workforce. As employees continue to navigate balancing responsibilities at home and at work, it remains critically important to focus not just on the physical health of employees but mental well-being

as well. We look forward to continuing our work with business leaders in our community in support of a healthier workforce in mind, heart and body," said Monte Curnutt, chairman of the American Heart Association's Indianapolis board of directors.

In the new year, the American Heart Association will introduce a reimagined Index, the Workforce Well-Being Scorecard™. Building on the legacy of the Workplace Health Achievement Index, the new Scorecard will provide organizations with a way to measure the total health and well-being of their workforce, including the importance of the mental well-being of employees. Participating organizations will receive specific, evidence-informed tools and services to help build and maximize effective cultures of workforce health and well-being.

For more information, visit www.heart.org/WHSrecognitions.

About the American Heart Association

The American Heart Association is a relentless force for a world of longer, healthier lives. We are dedicated to ensuring equitable health in all communities. Through collaboration with numerous organizations, and powered by millions of volunteers, we fund innovative research, advocate for the public's health and share lifesaving resources. The Dallas-based organization has been a leading source of health information for nearly a century. Connect with us on heart. org, Facebook, Twitter or by calling 1-800-AHA-USA1.

We wish you a very
Merry Christmas and a
happy, healthy & blessed
New Year!

DUTCHER TRENCHING INC.



765-362-3308

Sewer/Septic Install & Cleaning

Grease Trap Cleanout
Risers
Lift Pumps
Rooster & High Pressure Jetting Service
IOWPA Septic Inspections
Camera Service

IOWPA Certified and Licensed for the state of Indiana

Locator Service

THICH GIVEN HIS COURT CANDED BY

Merry Christmas and Happy New Year



11 Years in Business

For all your coyote hunting & night vision needs

Gun stocks are better than pre-Covid!



Find us on Facebook

2303 Indianapolis Road • Crawfordsville

765-361-1242

WABASH COLLEGE



FULL AND PART-TIME CAMPUS SAFETY SPECIALISTS

Wabash College invites applications for full and part-time Campus Safety Specialists. Campus Safety Specialists provide a range of safety and security services to the college community, including emergency response. They directly support the mission of the Student Life team and report to the Dean of Students through the Director of Public Safety. They are expected at all times to be a professional and courteous safety and security resource for students, employees, and guests of Wabash College.

Campus Safety Specialists follow established safety and security policies and procedures, and enforce college policies by monitoring and patrolling the grounds and buildings of Wabash College. They perform standard crime, fire/life safety, and accident prevention duties, including investigation and documentation of incidents. They may be called upon to perform crowd control and traffic management duties for college events.

Public Safety operates 24 hours per day, 365 days per year; therefore, hours and shifts may vary, to include nights, weekends, and holidays.

Minimum Qualifications: High school diploma or GED. Successful completion of a pre-employment background investigation. Experience or equivalent educational training in public safety, security, emergency response, or a related field.

Experience should demonstrate: Excellent interpersonal and problem resolution skills. Ability to maintain composure in stressful situations and to control a situation and diffuse anger or hostility in others. Ability to work effectively with a diverse campus community. Ability to analyze a situation quickly and objectively to determine the correct course of action. Ability to work independently with limited direct supervision. Ability to clearly and precisely communicate both orally and in writing.

Must have or be willing to complete training in: Community Emergency Response Team (CERT) certification, First Aid/CPR/AED certification, HAZMAT First Responder, Blood borne Pathogens, Basic investigative techniques and processing of evidence, NIMS/ICS, Must possess a valid Indiana driver's license with good driving record.

These are hourly positions with a pay rate between \$15 and \$18 per hour commensurate with experience

To apply for this position, please upload a cover letter, resume, and contact information for three (3) professional references by selecting "Apply Now" on this site. Please have all materials ready to submit at the time of application, as it is not possible to save and return to a partially completed application. Materials will be accepted until position is filled. Review of applications will begin immediately and continue until position(s) are filled.

Wabash College, a liberal arts college for men, seeks faculty and staff who are committed to providing quality engagement with students, high levels of academic challenge and support, and meaningful experiences that prepare students for life and leadership among diverse populations around the globe. Wabash is an equal opportunity employer and welcomes applications from persons of all backgrounds.





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Central Indiana's BBB announces leadership change

Better Business Bureau serving Central Indiana (BBB) President and CEO, Tim Maniscalo, announced his resignation.

Since 2013, Maniscalo has been dedicated to advancing BBB's mission by creating a community of trustworthy businesses and charities. Throughout his eight-year tenure, Maniscalo was often seen in the local media sharing empowering information

to help protect consumers, businesses and charities from unscrupulous scams. His lasting impact included reviving BBB's Torch Awards to publicly recognize exemplary businesses and charities within our own local community. He also established the Better Business Bureau Foundation Serving Indiana in order to strengthen BBB's public outreach through educational programs and



services.

"We very much appreciate Tim's commitment to raising awareness surrounding BBB's mission and services for the past eight years," said Central Indiana BBB Board Chairman, Tom Sponsel. "During a time when marketplace trust is needed most, his advocacy brought about positive changes in our communi-

ty."

To ensure there is no in-

terruption to BBB's service to the community, its board of directors has established a search committee for its next CEO and appointed current Chief Operating and Financial Officer, Cathy Armour, as interim President & CEO.

ABOUT BBB SERVING CENTRAL INDIANA: For more than 100 years, Better Business Bureau has been helping people find businesses, brands and charities they can trust. In 2020, people turned to BBB more than 220 million times for BBB Business Profiles on more than 6.2 million businesses and Charity Reports on 11,000 charities, all available for free at BBB.org. There are local, independent BBBs across the United States, Canada and Mexico, including BBB serving Central Indiana, which was founded in 1916 and serves 46 counties.

SafeAuto launches sober driving campaign to give drivers safe ways to celebrate this holiday season

While many Americans celebrated the holidays at home last year, more families are expected to travel and gather once again, which could lead to an uptick in drunk driving.

A new national survey of over 1,900 US adults ages 21+, conducted by The Harris Poll on behalf of SafeAuto, reveals 40 percent of Americans ages 21-34 say they are more likely to drive after consuming alcohol over the holidays than other times of the year. The survey also found more than 6 in 10 Americans ages 21+ (62%) worry they've been a passenger in a vehicle when they've known the driver has had too much to drink, while 49% of those 21-34 say they themselves have regretted driving after having too much to drink.

To encourage drivers to celebrate safely, SafeAuto is launching the We Got You: Drive Sober Get Rewarded campaign to help drivers make a plan when alcohol is involved, giving away Uber rides and hotel stays to help them do so.

"Drunk driving is always more prevalent during the

holidays, with Thanksgiving and the week between Christmas and New Year's Eve often among the deadliest for drivers," said Amber Yeray, Marketing Leader, SafeAuto. "We want everyone to play it safe this holiday season, and that starts by having a plan to avoid drunk driving such as using rideshare, having a designated driver, or making arrangements to stay somewhere for the night.'

Whether behind the wheel or as a passenger, SafeAuto wants to make sure consumers don't end up in a dangerous situation when alcohol is involved over the holidays. Only about 3 in 5 Americans ages 21 + (62%) say they always make a plan to get home safely after drinking alcohol. To help drivers make a plan to celebrate safely, SafeAuto is giving away over \$35,000 in Uber rides and hotel stays through the We Got You: Drive Sober Get Rewarded campaign. For a chance to win all consumers must

I Follow SafeAuto on Instagram.

do is:

- Like the posts about staying sober while driving, which will be posted on Wednesdays from Nov. 17 to Dec. 15.

- Comment on the post "Play it Safe."

- Share the post to your story.

- Additional rules apply*
Each week, 200 people
will be randomly selected
to win a \$25 Uber voucher and 5 people will be
randomly selected to win
a \$500 gift card for a hotel
stay. For more information
about the giveaway, click

*Must be 18 years old or older to enter. Entries will be deemed made by the authorized Instagram account holder used to submit at time of entry. The "authorized account holder" is deemed to be the natural person who is assigned to a particular Instagram account. A potential winner may be requested to provide Sponsor with proof that the potential winner is the authorized account holder of the e-mail address associated with the winning entry. Limit one (1) entry per person and per e-mail address. The Prize



can be redeemed only on Uber accounts and cannot be redeemed against Uber Eats accounts. The Prize is non-transferable and non-refundable. Winning entries will be notified within ten (10) days after entry through a link to the Uber Gift Card in their Instagram Direct Messages and Visa gift cards will be sent electronically to winning entries within ten (10) days. Gift Card terms and conditions apply. There will only be 1,000 Uber gift cards and 25 Visa gift cards distributed throughout the promotion, if 1,000 Uber Gift Cards and 25 Visa gift cards are distributed any entries after will not be eligible to win. Entrants are not eligible to win more than once. Void in New York, Florida, Puerto Rico and where prohibited. Employees,

their immediate families, of SafeAuto ("Sponsor") its affiliates, subsidiaries, and divisions advertising and promotion agencies and prize partners are not eligible to enter. The promotion is subject to all applicable federal, state, and local laws, LIS

state, and local laws. US law governs this promotion. Notwithstanding anything to the contrary, the promotion is void where prohibited. There is no purchase requirement to enter the promotion. Purchases do not improve the chances of winning.

winning. Survey Methodology This survey was conducted online within the United States by The Harris Poll on behalf of SafeAuto between Oct. 19-21, 2021 among 2,006 US adults ages 18+, among whom 1,936 are ages 21 + . This online survey is not based on a probability sample and therefore no estimate of theoretical sampling error can be calculated. Complete survey methodology, including weighting variables and subgroup sample sizes, is available upon request.

About SafeAuto Safe Auto Insurance Group Inc.,

an Allstate Company, has been a leading provider of affordable state minimum coverage since its founding in 1993. From humble beginnings in a small, one-room office downtown to a full office building near Easton Town Center, SafeAuto has always been proud to call Columbus, Ohio home. With an unwavering entrepreneurial spirit and the idea that everybody has the right to have insurance, we're now providing options in 28 states for drivers who are looking to save hardearned dollars. SafeAuto offers flexible payment plans, immediate coverage, and 24/7 customer service through the phone and web. Whether you're looking for auto, commercial, home, life, motorcycle or renters insurance, our dedicated team rides with you around the clock to ensure we are providing you the coverage that fits your needs. Our agents are available to assist you 24/7 at 1-800-SAFEAUTO (1-800-723-3288). Play it safe with SafeAuto! For more

Virtual job fair to feature four long-term care providers with presence throughout state

The Indiana Department of Workforce Development, in partnership with the Indiana Health Care Association and the Indiana Center for Assisted Living, is hosting a virtual job fair featuring four long-term care providers that are hiring statewide.

Long-term care providers American Senior Communities, CarDon, Gardant Management Solutions and TLC Management will be participating in the job fair that will run from 10:30 a.m. to 11:30 a.m. EST on Tuesday, Dec. 14.

Human resources professionals from each company will discuss the qualifications needed, pay and benefits, and how to apply

for current job openings. They are actively hiring administrators, registered nurses, licensed practical nurses, personal care attendants, certified nursing assistants, dietary managers and more.

"Long-term care is a critical industry for the state of Indiana, and fully staffing these facilities is of utmost importance to the state's well-being," said DWD Commissioner Fred Payne. "We are pleased to partner with the Indiana Health Care Association and four of its member providers to announce these important opportunities to potential jobseekers."

Every day, more than 2 million Americans are

cared for in long-term care facilities nationwide. More Americans are expected to need long-term care services over the next couple of decades as the Baby Boomer generation ages.

Accordingly, the number of high-demand, high-wage job opportunities in the health care sector are expected to follow this growth in Indiana, with thousands of health care jobs currently posted across the state. Wages in the long-term care sector have grown approximately 20 percent in recent years, according to the U.S. Bureau of Labor Statistics.

"The long-term care industry offers rewarding careers with tremen-

dous growth potential for dedicated health care workers who want to make a difference in the lives of Hoosier seniors. Our providers have numerous vacant positions that they are looking to fill across the state, offering great starting wages and competitive benefit packages," said IHCA/INCAL President Zach Cattell. "I value our partnership with the state and appreciate Commissioner Payne and DWD for hosting this virtual job fair with us on Dec. 14, so we can hire more Hoosiers in

directors and officers, and

the industry."
Individuals who are interested in the virtual job fair but unable to attend should still register, as all

registrants will receive a link to the recording.

To register, visit:

https://attendee.gotowebinar.com/register/ 8907215583945992975. After registering, a

confirmation email will be sent containing information about joining the webinar.

About the Indiana

About the Indiana
Department of Workforce
Development

DWD serves the worker and the employer to ensure workplace success. DWD is committed to innovating and invigorating Indiana's economic future by providing WorkOne Career Centers, Unemployment Insurance, Labor Market Information, Regional Workforce Strategies and

Professional Training.
Through these services,
DWD is able to develop
a premier workforce that
enables Indiana employers to flourish and entices
businesses from outside our
state to relocate to Indiana.
About IHCA/INCAL

information, visit www.

safeauto.com.

IHCA/INCAL is the state's largest trade association and advocacy group representing for-profit and not-for-profit nursing homes, as well as assisted living communities and independent living. The association provides education, information, and advocacy for health care providers, consumers, and the workforce on behalf of its more than 480-member facilities.

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Local cancer nonprofit expands service area statewide and undergoes name change

Cancer Support Community Central Indiana (CSC) is excited to announce an expansion of services and a new name to reflect significant growth in programming. For more than 26 years, CSC has been serving Hoosiers in central Indiana. In response to the COVID-19 pandemic, CSC quickly adapted to the ongoing needs of those facing a cancer diagnosis, now also facing additional challenges brought on by a pandemic. By transitioning to a virtual platform

of support for patients and their loved ones, CSC also created a new avenue to serve those in need not only locally, but statewide. As a result, CSC has expanded virtual and in-person services to all Hoosiers. Thanks to the support of Bloomington Health Foundation, CSC will open a satellite facility in Bloomington in this month. CSC is also partnering with Franciscan Health to provide much needed support in northwest Indiana. To reflect the growing demand in



programming and expanded reach of our services, Cancer Support Community Central Indiana proudly announces its name change to Cancer Support Community Indiana.

"We are thrilled to expand our services to meet the needs of Hoosiers facing cancer all across the state," Eric Richards, CEO & President of CSC

said. "With our statewide partnerships, we are now serving more cancer patients, their families and loved ones than ever. Our new name reflects our current and future footprint." In addition to the name change, beginning Jan. 1, 2022, Cancer Support Community will have a specialty Indiana license plate available for purchase, where \$25 of the registration cost will go directly towards supporting those impacted by cancer in the state of Indiana. The name change and specialty license plate, both, mark an important point in the evolution of the organization and furthers the organization's mission of ensuring no one faces cancer alone in Indiana. **About Cancer Support** Community Cancer Support Community (CSC), servicing Central Indiana for over

26 years, was founded as

The Wellness Community-Central Indiana in 1995. Operating from the Paulsen Family Center, 5150 W. 71st St., Indianapolis, CSC is a member of a global organization that provides the highest quality social and emotional support for people impacted by cancer through a network of 50 licensed Affiliates, more than 120 satellite locations and vibrant online and telephone communities, touching more than one million people each year worldwide.

O RUSTY

to continue the programs

Security benefit is more consistent with benefits provided to others without an extra non-covered pension. U.S. Social Security is designed to provide a higher percentage of replacement income to lower income workers, and those with an extra non-covered pension

enjoy an unfair advantage

because their income artificially appears lower than it truly is. WEP was implemented by Congress to correct that unfair advantage. However, like you, almost everyone affected by WEP (which, by the way, includes many public service employees in 27 U.S. states) believes it to be unfair and often

From Page A1

complain about it to their Congressional Represen-

For information, there is a legislative bill now before Congress which proposes to eliminate WEP (H.R. 82 – The Social Security Fairness Act of 2021). I must, however, let you know that a bill to either eliminate

or reform WEP has been introduced in nearly every Congress for many years, and no previous bill has ever made it past being introduced on the floor of the House or Senate and then assigned to a committee for review, where progress seems to end.

Although you want your money back, I'm afraid I

can't offer you much hope that will ever happen. Congress is more focused on other issues, including a much broader reform of the Social Security program to restore it to financial solvency before the SS Trust Fund is depleted in 2034 (which would require an across the board 21% reduction

in all benefits). Whether WEP reform will be part of the corrective measures taken to restore Social Security's finances is anybody's guess. But registering your objection to the Windfall Elimination Provision with your Congressional Representative would be a step in that direction.

• MEN From Page A1

As part of a survey sponsored by Teleflex Incorporated of approximately 1,000 men in the United States, 45 years and older, who have experienced at least one bothersome urinary symptom, nearly half (45.49%) reported they have avoided events or activities they enjoy because of their bothersome urinary

When they do attend an event or perform an activity, a significant number of men surveyed make plans or take action to accommodate their bathroom needs. In fact, more than 40% have chosen certain routes on road trips because they have more or better availability of restroom facilities. Additionally, about 1 in 5 said locating the closest bathroom is the first thing they do when they go

somewhere new, and about 43% selected seats when purchasing tickets to an event based on proximity to the restroom.

These "extreme" bathroom planning habits are not just limited to daytime activities. Many men with urinary problems, including BPH patients, experience frequent nighttime waking to urinate.

The majority of those surveyed (more than 70%) said their energy levels have been impacted during the day because they get up frequently at night to urinate. To avoid this, about 3 in 4 men (74.8%) limit the amount they drink in the evening. Some men (about 22%) have even slept in another bed or room than their spouse, partner or significant other to avoid waking him or her when

getting up to urinate.

"It's important for men to be aware of symptoms of BPH, including frequent trips to the bathroom during both daytime and nighttime," said Ana Fadich, vice president of the nonprofit Men's Health Network. "While not all urinary symptoms are caused by BPH, men over the age of 45 who are experiencing urgent or frequent urinary symptoms should consider speaking with their doctor about their prostate health.'

More than 12 million men in the U.S. seek treatment for BPH. BPH is unrelated to, but more common than, prostate cancer, according to the American Cancer Society, and if left untreated can lead to permanent bladder damage.

Medications are a com-

mon treatment option for men diagnosed with BPH. Among those surveyed, more than 65% have taken medication to treat their condition. However, nearly 1 in 4 said their medication was "not very effective" or "not effective at all" at helping reduce their need to plan their next bathroom trip.

BPH relief through medication can be inadequate with potential side effects such as sexual dysfunction, dizziness and headaches, prompting many men to quit using their BPH treatment medications. A study published in the "Journal of Urology" also found commonly prescribed BPH medications are linked to an increased risk of new instances of heart failure in some men. Among men participating in the Teleflex survey, those men taking BPH medication and who have never had a medical procedure or surgery to treat their condition, more than two-thirds (66.81%) said they are extremely, very or somewhat interested in a minimally invasive procedure that could help reduce their bathroom visits and planning needs.

An option like the Uro-Lift System is a minimally invasive treatment for lower urinary tract symptoms due to BPH. It is indicated for the treatment of symptoms of an enlarged prostate up to 100 cubic centimeters in men 45 years or older. The UroLift System permanent implants, in many cases can be delivered during an outpatient procedure and is a proved approach to treating prostate obstruction without heating, cutting, destroying

or removing prostate tissue.

The UroLift System is the only leading BPH procedure shown to not cause sexual dysfunction (no instances of new, sustained erectile or ejaculatory dysfunction) as shown in the LIFT pivotal study. Most common side effects are temporary and include pain or burning with urination, blood in the urine, pelvic pain, urgent need to urinate and/or the inability to control the urge. Rare side effects, including bleeding and infection, may lead to a serious outcome and may require intervention. Speak with your doctor to determine if you may be a candidate.

To talk to a doctor about safe and effective treatments for BPH, visit Uro-Lift.com to find a urologist in your area.

O CRITICAL

The disease impairs both the patient's ability to verbalize their thoughts and his or her ability to understand what you are saying. In addition, in many cases, especially as the disease progresses, they can't remember words or things that have happened in their lives nor, perhaps, recall

From Page A1

who you are. Their capacity to communicate fails them and, as a result, it might hinder their ability to "maintain their dignity and self-esteem." Many amateur caregivers who have been at it for a long time understand the importance of conversation. But, if you are new to it, here are

a few recommendations, courtesy of the Alzheimer's

- Association: • Engaging the person in one-on-one conversation in a quiet space that has minimal distractions.
- Speaking slowly and clearly.
- Maintaining eye contact to show you care about

what he or she is saying

- Giving the person plenty of time to respond so he or she can think about what to say.
- Being patient and offering reassurance to encourage the person to explain his or her thoughts.
- Asking one question at a time.
- Asking yes or no questions. For example, "Would you like some coffee?" rather than "What would you like to drink?"
- Avoiding criticizing or correcting. Instead, listening and trying to find the meaning in what the person says. Repeating what was said to clarify.
- Avoiding arguing. If the person says something you don't agree with, let it be.
- Offering clear, step-bystep instructions for tasks as lengthy requests may be overwhelming.
- Giving visual cues by demonstrating a task to encourage participation.

USSS From Page A1

are anonymous, some are in memory of family or friends. The Paper of Montgomery County and other media will publish lists with the names of the donations. It's important to note that all donations stay in this community.

The Society campaign began 110 years ago.

Here is the first weekly report for the 2021 Cheer Certificate Campaign.

Donation Report - Fri-

day, Dec. 3 - 2021 donations to date = \$1828.07

Donations received from the following: \$28.07 Chuck & Ertha Sommer; \$120 Janna Lawrence in

memory of Pete Walton; \$25 Dean & Maggie Jesse in memory of Pete Walton; \$50 KP'S of the 80'S; \$25 Donna Kahle in memory of Loved Ones; \$20 Marilyn Truax in memory of Steve Truax; \$40 The Quiggs in memory of Francis, Ruth, Jeanne & Chadd Quigg;

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in memory of Chris Doemel & Nathan Hadley; \$100 Anonymous; \$25 Terri Fyffe in memory of Ruth Gentry Fyffe; \$50 Gloria Horney in memory of Robert Horney; \$100 Marilyn Spear in memory of Joe, Joan, & Donnie; \$25 Joann Schlosser in memory of James Schlosser, Euleta

Dowell, Charles & Alma Carter; \$25 Christian Friend; \$50 Dale Milligan in memory of Clara Lou Milligan; \$100 Anonymous; \$20 Anonymous in memory of My Family; \$50 John & Kim Roberts in memory of all who have died from Covid; \$25 Carol Biggs; \$75 Monty & Sherry Harris

in memory of Alice & Stanley Harris, Fred Mitchell; \$100 Browns Valley Christian Church Sunday School Class; \$100 Marilyn & Paul in memory of Floyd Richardson, Thomas& Edith Janzaruk; \$50 Barb Easterling; \$200 Phil Boots; \$25 Cynthia Grimes; \$300 FBC- Fellowship



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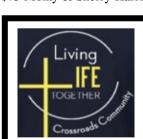
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