

SUNDAY The Paper OF MONTGOMERY COUNTY

Montgomery County's oldest locally owned independent newspaper



Photos courtesy of Butler University

The Nutcracker to be performed in Clowes Memorial Hall on Dec. 2-5

Christmas happenings in Indiana

The Sugar Plum Fairy, an Indiana book party, a gallery full of 6-inch art—your favorite holiday art traditions are back! This week's Indy Arts Guide celebrates the power of reconnecting with friends and family at your go-to places and spaces. Yet... 'tis the season for a change of scenery or tradition with a twist? We have some ideas for you, too.

Holiday Traditions to look out for this season

Dec. 2-5 | Butler Ballet: The Nutcracker | Clowes Memorial Hall

Butler Ballet's family tradition returns with live performances brought to life by the Butler Symphony Orchestra and the Indianapolis Children's Choir.

Dec. 2 & 3 | Bright Lights Holiday Nights | Stutz Business & Arts Center

Featuring live music, food vendors, and holiday cheer, the annual open studios celebration will highlight local talent at the historical building.

Dec. 3-Jan. 7 | TINY 10 | Indy Arts Council's Gallery 924

Great art at your fingertips! Shop from 425 original pieces, created by 124 local artists, all 6" x 6" x 6" or smaller, and typically priced under \$100.

Dec. 4 | Indianapolis Holiday Church Tour | Indiana Landmarks

Take yourself to church—10 of them, to be exact—on the Old Northside, and marvel at the historic steeples,

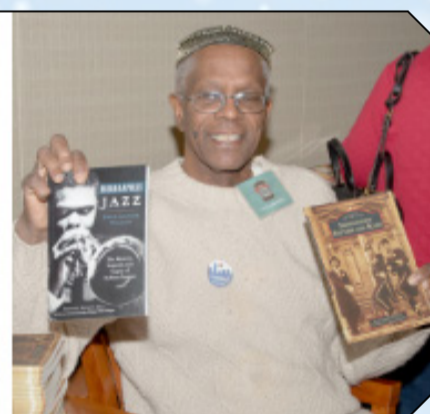


Photo courtesy of Indy Arts Guide

Decked-out Benjamin Harrison Presidential Site, Herron School of Art + Design in the winter, books and authors at the annual Holiday Author Fair at the Indiana Historical Society.

spires, and stained-glass windows.

Dec. 4 | 2021 Holiday Author Fair | Indiana Historical Society

Shop for the book lovers on your list, and for an extra-special touch, get those books signed by the 60+ authors who will be on hand.

Dec. 4 | Holiday Open House | James Whitcomb Riley Museum Home

Have yourself a Victorian little Christmas at the home of the great Hoosier poet, soundtracked by carols tinkling out of a 1906 self-playing piano.

Dec. 12 | Herron Winter Market | Herron School of Art + Design

Discover Indy's next great artists and shop for affordable artwork created by Herron student artists and designers.

Making new traditions:

Dec. 1 | Holiday Open House | Latinas Welding Guild

Have a heavy-metal experience and support the next generation of Latina welders while shopping for holiday gifts, and enjoying tours and class demos.

Dec. 2 | YJP's Menorah Lighting and After-Party | Indiana War Memorial

Last year, Young Jewish Professionals of Indianapolis made history with the first-ever lighting of the menorah on Monument Circle. This year, they're in a different downtown location, and a party with cocktails and a fully-stocked latke bar will follow at Visionloft.

Dec. 4 | Black-Owned Holiday Bazaar | Art Haus Balloon Company LLC

Given the array of dresses, candles, and nibbles from 15 Black-owned local businesses, you may want to block out the whole afternoon for shopping and sampling at this second annual event.

Dec. 4 | Bonfire Jam | 10 East Arts

Live music, open mic, and s'mores roasting over a fire pit. Please bring gently used coats or blankets to be donated to people in need.

Dec. 4 & Dec. 11 | Christmas Carol: Unscripted



Photo courtesy of Indy Arts Guide

Young Jewish Professionals lighting the menorah at Monument Circle.

(A "Nice" Family Performance & A "Naughty" 18+ Performance) | Theater at the Fort

ComedySportz Indy puts Dickens' classic tale of redemption through the irreverent wringer—audience suggestions set the arc—at Arts for Lawrence's Theater

at the Fort.

Dec. 18 | Holiday Artists Open House | 201 Studios

Wander through studios in an old industrial building on the Eastside to meet artists and makers and buy locally made art and crafts.

TODAY'S QUOTE

"The way to develop the best that is in a person is by appreciation and encouragement."
Charles Schwab

TODAY'S JOKE

What does the Queen call her Christmas Broadcast?
The One Show!

TODAY'S VERSE

Matthew 6:33 But seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you.

TODAY'S HEALTH TIP

Take family walks - it's good exercise and good for conversation. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



HONEST HOOSIER

Christmas is two weeks and six days away. One of my favorite memories is looking forward to Christmas break in school. We didn't get that many breaks at school, so we really looked forward to the ones we did have.



13 WTHR 7 DAY FORECAST

31/58 A.M. SUN, RAINY/WINDY FINISH	34/38 BLUSTERY, COLD	19/33 FLURRIES	26/36 LIGHT SNOW POSSIBLE	26/39 MAINLY CLOUDY, CHANCE OF SHOWERS	33/50 WARMER	24/45 RAIN POSSIBLE
SUN	MON	TUE	WED	THU	FRI	SAT

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Merry Christmas and a
happy, healthy & blessed
New Year!*

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SUNDAY

Obituaries

Sunday, Dec. 5, 2021

A3

Miriam Della Rivers

March 20, 1935 - Nov. 27, 2021

Miriam Della Rivers, Crawfordsville, passed into heaven on Saturday, Nov. 27, 2021 at the age of 86.

Mrs. Rivers was born March 20, 1935 in Crawfordsville, Ind. to James B. and Bessie "Carter" Harrington.

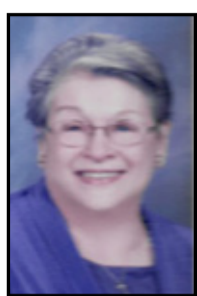
She attended Crawfordsville Schools and one day in her early teens she met Robert Max Rivers who soon became the love of her life. She and Bob were married on March 25, 1951 in her family home in Crawfordsville. She and Bob started a family, raised four children, enjoyed many grandchildren, great grandchildren, great-great grandchildren and celebrated 67 years of marriage before Bob passed away in April 2018.

She was well known locally for her beautiful soprano voice and was called on to sing at many weddings, funerals, and church services. She was a member of Fremont Street Baptist Church in Crawfordsville where she served alongside of her husband in many different areas of service in the church. History records that she was a granddaughter of local Civil War Veteran, James Alexander Harrington whom was honorably discharged from the Union Army on June 6, 1865.

Survivors include her sister, Ann Ward; four children, James (Carolyn) Robert, David (Paula) Matthew, Thomas (Sue) Joel and Melody Rene (Lee) Overfelt. She has 15 grandchildren, Adam, Bob, Jon, Joe, Bekah, Danny, Josh, Brian, Elizabeth, Christina, Jamie, Ryan, Jada, Seth and Haley; as well as a plethora of great-grandchildren and great-great grandchildren.

She is preceded in death by her husband, Robert (Bob) Max Rivers; her parents, James B. and Bessie May Harrington; her brothers, Marlon and James Harrington; and sister, Evelyn M. Frey.

A calling is scheduled at Hunt and Sons Funeral Home on Wednesday, Dec. 1 from 11 - 1:30 p.m. with the funeral service immediately following. The burial will follow at Oak Hill Cemetery in Crawfordsville where she will be laid beside her husband, Bob.



Hershel Junior Crews

Nov. 28, 2021

Hershel Junior Crews, 76, went to his heavenly home on Nov. 28, 2021 surrounded by his loving family.

He was born in Beaumont, Ky., the only son of Hershel William Crews and Reba (Rigsby) Crews.

Mr. Crews began his career at Froedge's, Inc., then served the City of Crawfordsville's Street and Sewage Departments. In 1984 he joined Dicaprel Corporation, formerly Grecco, as a maintenance welder, then maintenance manager. He retired in 2010. In October 2008 he married his best friend, Connie Flick, and she survives. He was a member of the Moose Lodge and American Legion. Mr. Crews loved working outside, spending time in the woods, and telling stories on his porch. His dry humor will be missed.

Survivors include his wife, Connie; his loving daughter, Kristy Crews; son, Shane (Yancy) Crews; stepdaughters, Tonya (Matt) Gudell, Charity Risley and Kendra (Owen) Cooks; grandchildren, Allison (Blaine) Rohlk, Jacob Crews, Jessica Crews, Linsey (Cody) Flick, Kyle Dagley, Tyler (Sheridan) Gudell, Ashlyn Risley, Grace Merriman, Blaine Merriman, Noah (Sara) Merriman and Michael (Alex) Merriman; brothers and sisters-in-law, Rex Hayes, Ed (Lavonne) Myers and Eleanor (Roger) Wilcox; several great-grandchildren; and loving nieces, nephews and cousins.

He was preceded in death by his mother; father; his beloved sisters, Lucy Hayes and Eva Bushong; sister-in-law, Barb Eaton; and brother-in-law, Clifford Eaton.

Visitation is scheduled on Dec. 4, 2021, from 1 p.m. - 3 p.m. at Hunt and Son Funeral Home with the funeral service to follow at 3 p.m. He will be laid to rest at Indian Creek Cemetery.

The family appreciates the skill and compassionate care of the Franciscan Alliance Home Health and Hospice team as well as Dr. Roberts and his staff.

The family requests contributions to the Animal Welfare League of Montgomery County. Online condolences and memories may be shared at www.huntandson.com



Linda Cooksey

Nov. 10, 1956 - Nov. 25, 2021

Linda Joyce Cooksey, Crawfordsville, passed away Thursday night at Majestic Care of Lafayette. She was 65.

She was born Nov. 10, 1956 in Crawfordsville.

She worked at Hi-Tek Lighting for several years before becoming the church secretary at the Crawfordsville First Church of the Nazarene. She was a fan of the Cincinnati Reds. She graduated from Crawfordsville High School.

She is survived by several cousins.

She was preceded in death by her mother, Margaret Cooksey; and her grandparents, William Cooksey and Maye Ruth Cooksey.

Graveside services are scheduled on Thursday, Dec. 2 at 2 p.m. at the Oak Hill Cemetery South on State Road 32, led by Pastor Josh Jones of the Harbor Nazarene Church. Arrangements were entrusted to Burkhart Funeral Home. Online condolences at www.BurkhartFH.com.



Tamera Little

May 21, 1965 - Nov. 28, 2021

Tamera Little, 56, Crawfordsville, passed away on Sunday, Nov. 28, 2021 at her home.

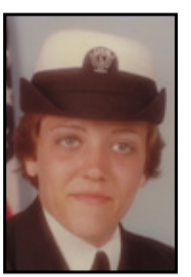
She was born in Crawfordsville on May 21, 1965 to the late Dean Rogers and Charlene Melvin-Booe.

She graduated from North Montgomery High School in 1983 and went on to serve her country in the United States Navy for nine years. She enjoyed sewing, crafting, and spending time with her daughter and grandchildren.

Survivors include her daughter, Cortney (Kenneth) Riley; two grandchildren, Jocelyn Riley and Izabella Reynolds; and nieces and nephews, Whitney (John) Rentauskas, Laura (Dallas) Tyler, Nicholas Rogers, Natosha Rogers and Melissa (Hugh) Falwell.

She was preceded in death by her parents; and two nieces, Danielle Rogers and Elizabeth Rogers.

Cremation was chosen with a visitation at Sanders Priebe Funeral Care 315 S. Washington Street in Crawfordsville on Thursday, Dec. 2, 2021 from 3 p.m. until the time of funeral service at 4 p.m. with Military Honors conducted by the United States Navy and Post 72 Honor Guard. Share condolences online at www.sandersfuneralcare.com



Dr. Fred P. Warbinton

Dec. 29, 1931 - Nov. 30, 2021

Dr. Fred P. Warbinton, 89, passed away peacefully on the evening of Nov. 30, 2021, surrounded by loving family.

He was born in Crawfordsville, Ind., on Dec. 29, 1931, and graduated from Crawfordsville High School in 1949.

Dr. Warbinton received his bachelor's degree from Wabash College in 1953 and received his MD from Indiana University School of Medicine in 1958. He interned at Methodist Hospital. In 1955, he married Barbara Howard, also of Crawfordsville, in the Wabash College Chapel. He practiced family medicine in Plainfield, Ind. from 1959-1971, and Crawfordsville, Ind. from 1971-1997. During his time in Crawfordsville, he also served as the Southmont High School sports physician.

He served as a Captain in the Indiana National Guard. He served as president of the Kiwanis Club of Crawfordsville, and was an elder for the Wabash Avenue Presbyterian Church.

Dr. Warbinton had a passion for sports, particularly baseball. He bled Dodger blue for over 80 years, both the Brooklyn and Los Angeles versions, and was assistant coach for the Crawfordsville Eagles baseball team. His love for music was shown through his playing percussion for the Montgomery County Civic Band, Sugar Creek Players, Scottish Rite Orchestra, Zionsville Community Band and New Horizons Band (both in Indianapolis and Bonita Springs, Florida).

Survivors include his wife of 66 years, Barbara; children, Jeffrey (Kelley), Lee (Paula) and Craig (Dianne); and five grandchildren, Meredith (Tyler Weir), Lauren, Kyle, Katie and Tara.

He was preceded in death by his parents Fred M. and Maude F. Warbinton.

The memorial service will be held in the chapel at Second Presbyterian Church, 7700 N Meridian St, Indianapolis, on Monday, Dec. 6, at 2:30 p.m. He will be buried in a private family service in Oak Hill Cemetery in Crawfordsville, Ind.

Memorial contributions can be sent to the Christian Nursing Service, 802 Mill St, Crawfordsville, Indiana 47933 and the Animal Welfare League, 1104 Big 4 Arch Road, Crawfordsville, Indiana 47933.

Online condolences at www.huntandson.com.

Delores Deer

June 21, 1943 - Nov. 29, 2021

Delores E. Deer, 78, of Crawfordsville, passed away Monday night in the ER.

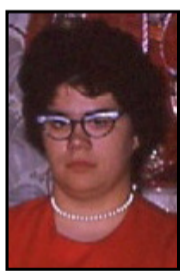
Born June 21, 1943 in Crawfordsville, she was the daughter of Edgar Ward Love and Neva Ellen Elmore Love.

She was baptized in the Darlington Christian Church in February of 1956. She graduated from Darlington High School in 1962. She married John Sterling Deer on Oct. 28, 1964, and he passed away in 2003.

Survivors include her daughter, Michelle Powell of Crawfordsville; step-daughter, Joni Ems of Biloxi, Mississippi; three step-sons, Jim Deer of Crawfordsville, Ed Deer of Florida and Mike Deer of Minnesota; one sister, Carolyn Stark of Texas; and many grandchildren, all of whom she loved.

She was preceded in death by her parents; and her husband.

Graveside services will be at 11 a.m. local time (Central) on Monday, Dec. 6, 2021 at Southern Memorial Park, 2076 Beach Boulevard in Biloxi, Mississippi, where she will be laid to rest beside her husband. Local arrangements were made through Burkhart Funeral Home.



Charlene Coonse

May 20, 1946 - Nov. 29, 2021

Charlene (Wolfe) Coonse, 75, Crawfordsville, passed away on Nov. 29, 2021 at Franciscan Health Crawfordsville.

She was born in Perrysville on May 20, 1946 to the late Charles and Bessie (Deavers) Wolfe.

Mrs. Coonse was the baby of 14 kids and was raised in foster care from the age of five until eighteen, with four of her siblings. She was an avid reader and like to play bingo. She enjoyed spending time with her grandchildren and great-grandchildren. On April 23, 1971, she married the love of her life, Richard William Coonse, in Danville, Ill.

They both moved to Crawfordsville and welcomed a daughter in July of 1973 and another one in April 1976. Mrs. Coonse was a homemaker and worked as a crossing guard for the city of Crawfordsville.

Survivors include her daughter, Julie (Mike) Davidson; grandchildren, Cheyenne and Richard Davidson and Ashlynn Nicole Earle; great-grandchildren, Phoenix Earle, River Earle, Cypress Webber, Borealis Webber and Luna; sisters, Cindy Seifert, Wanda Winegardner and Myrtle Featherston; and several nieces and nephews.

She was preceded in death by her parents; husband, Richard; daughter, Rebecca Lynn Coonse; brothers, Bill Wolfe, John Wolfe and Tommy Wolfe; sisters, Genevieve Wolfe, Mary Wise, Grace Pratt, Dorothy Lyon, Bessie Anglemyer, Marge Yokulis and Josephine Wilder; as well as a nephew, niece and great nephew.

Visitation will be at Sanders Priebe Funeral Care, 315 S. Washington Street in Crawfordsville on Saturday, Dec. 4, 2021 from noon until the time of funeral service at 1 p.m. Burial will follow at Lower Mound Cemetery. Share condolences online at www.sandersfuneralcare.com



Kenneth Wayne Conkright

Feb. 20, 1965 - Dec. 1, 2021

Kenneth Wayne Conkright, 56, of Crawfordsville, passed away Wednesday due to complication of lung cancer, at Franciscan Health Crawfordsville.

He was born Feb. 20, 1965 in Crawfordsville to Robert & Barbara Newkirk Conkright.

He was retired as a shift maintenance technician at Closure System International. He was an avid outdoorsman and loved to hunt and fish. He was a well know "shade tree mechanic" and loved his friends and family. He was married to Tracy Leslie.

In the famous words of Tom Kelsey "I did not die of COVID"

Survivors include his wife, Tracy; his children, James (Macy) Conkright, Ashley (Cole) James and Amanda (William) Beebe; brothers, Robert (Julie) Conkright and Steve (Trixie) Conkright; sisters, Janet (Bill) Stephenson, Nina Hopkins and Cathy (Dan) Turpin; 10 grandchildren, David Long, Emery James, Mayleigh James, Tracy Long, Remington Peters, Bristol Peters, Liam Beebe, Mason Conkright, Micah Beebe and Presley Conkright.

He was preceded in death by his parents; aunt, Betty Newkirk Graves; uncle, Donald Newkirk; as well as life-long best friends, Tom Kelsey and Mark Addler.

Funeral services will be held 3 p.m. Monday at Hunt & Son Funeral Home, with Pastor Rich Fuller officiating. Visitation will be from 12-3 p.m. Cremation will follow the service.

Online memories at www.huntandson.com



WABASH COLLEGE



FULL AND PART-TIME CAMPUS SAFETY SPECIALISTS

Wabash College invites applications for full and part-time Campus Safety Specialists. Campus Safety Specialists provide a range of safety and security services to the college community, including emergency response. They directly support the mission of the Student Life team and report to the Dean of Students through the Director of Public Safety. They are expected at all times to be a professional and courteous safety and security resource for students, employees, and guests of Wabash College.

Campus Safety Specialists follow established safety and security policies and procedures, and enforce college policies by monitoring and patrolling the grounds and buildings of Wabash College. They perform standard crime, fire/life safety, and accident prevention duties, including investigation and documentation of incidents. They may be called upon to perform crowd control and traffic management duties for college events.

Public Safety operates 24 hours per day, 365 days per year; therefore, hours and shifts may vary, to include nights, weekends, and holidays.

Minimum Qualifications: High school diploma or GED. Successful completion of a pre-employment background investigation. Experience or equivalent educational training in public safety, security, emergency response, or a related field.

Experience should demonstrate: Excellent interpersonal and problem resolution skills. Ability to maintain composure in stressful situations and to control a situation and diffuse anger or hostility in others. Ability to work effectively with a diverse campus community. Ability to analyze a situation quickly and objectively to determine the correct course of action. Ability to work independently with limited direct supervision. Ability to clearly and precisely communicate both orally and in writing.

Must have or be willing to complete training in: Community Emergency Response Team (CERT) certification, First Aid/CPR/AED certification, HAZMAT First Responder, Blood borne Pathogens, Basic investigative techniques and processing of evidence, NIMS/ICS. Must possess a valid Indiana driver's license with good driving record.

These are hourly positions with a pay rate between \$15 and \$18 per hour commensurate with experience.

To apply for this position, please upload a cover letter, resume, and contact information for three (3) professional references by selecting "Apply Now" on this site. Please have all materials ready to submit at the time of application, as it is not possible to save and return to a partially completed application. Materials will be accepted until position is filled. Review of applications will begin immediately and continue until position(s) are filled.

Wabash College, a liberal arts college for men, seeks faculty and staff who are committed to providing quality engagement with students, high levels of academic challenge and support, and meaningful experiences that prepare students for life and leadership among diverse populations around the globe. Wabash is an equal opportunity employer and welcomes applications from persons of all backgrounds.



Merry Christmas
& Happy New Year!

Hoping 2022 is a great year for us all!

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HONEST HOOSIER



Thinking of making the trip to Carroll County? The Holiday Craft Market is this Saturday at Flora Park from 9 a.m. to 2 p.m. See ya' there!

I ndiana

F & acts un



Number \div Stumpers

1. What percentage of the county is taken up by Delphi? \geq
2. How old is Carroll County? \leq
3. What is the population density of Carroll County? \geq
4. How long did the Wabash and Erie Canals operate? \leq

Answers: 1. About 7% 2. 190 years 3. Approximately 54/sq mi. \div

Did You Know?

- As of 2010 Carroll County had an estimated population of 20,155 individuals.
- The Wabash and Erie Canals ran through the county from 1840 to the 1870s.
- The county has a total land area of 372.22 square miles and 2.8 square miles of waterways.
- Carroll County was founded in 1828 by Charles Carroll.
- The county seat, Delphi, is 2.73 square miles and has an estimated population of 2,877.

Got Words?

Lancaster Bridge and Adams Mill Bridge are both covered bridges located in Carroll. The two structures allow for easy access across the waterways in the county and connects residents to trails. How do you think the trails and waterways in Carroll County play a role in the everyday lives of the residents?

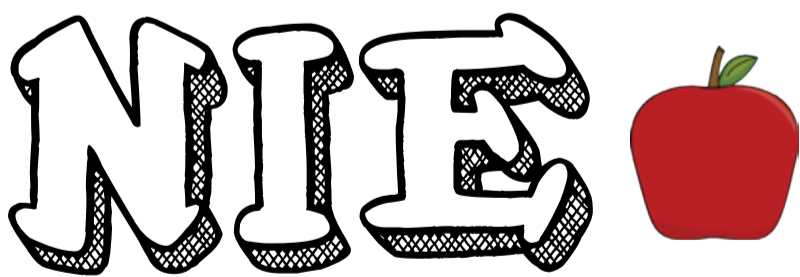
Word Scrambler

Unscramble the words below!

1. RLROLCA OTUCYN
2. WBAHHS
3. TESLNACRA
4. LDIHEP
5. ACALN

Answers: 1. Carroll County 2. Wabash 3. Lancaster 4. Delphi 5. Canal

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A Program That Raises The Bar!

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SUNDAY

Indiana the Strong

Sunday, Dec. 5, 2021

B1

Want to Contact Us? U.S. MAIL, 127 E. Main St. Suite 103, Crawfordsville, IN 47933 ONLINE, www.thepaper24-7.com (765) 361-0100

Farm conference returns to Hendricks County



Registration is open for the 2022 Indiana Small Farm Conference – Indiana’s premier annual event for the state’s small and diversified farming community – at purdue.ag/sfc.

The 10th annual conference and trade show will take place March 3-4 at the Hendricks County Fairgrounds in Danville. One of the featured keynote speakers is Malik Kenyatta Yakini, co-founder and executive director of the Detroit Black Community Food Security Network (DBCFSN).

Since 2013, the conference has featured comprehensive programming about diversified farming and local food systems, bringing together novice and experienced small-scale farmers. For more information and registration to gain full access to the fun, instructive and growing experience, visit purdue.ag/sfc.

“It has been my pleasure to serve on the organizing team for the Indiana Small Farm Conference,” says Mike Hoopengardner, owner of Redbud Farm and Caprini Creamery and ISFC committee member. “As a dairy farmer whose family built Caprini Creamery, our award-winning dairy/cheese-making operation in a cornfield, I bring a boot-on-the-ground per-

spective to organizing the conference. Our conference offers content for beginners to experienced small farmers.”

This year’s conference offers 12 tracks from which attendees can choose sessions that best align with their farming operations and goals:

- Value Added
 - Livestock
 - Pollination
 - Soil Health
 - Vegetable Production
 - Integrating Technology
 - Workshop
 - Marketing
 - Innovations in Response to Climate Change
 - Regenerative Ag
 - Urban Ag
 - Perennial Crop Production
 - Grant Writing Workshop
- “The Indiana Small Farm Conference is a

great way to learn what’s new and what’s next in production, marketing and other areas to make the most of your efforts in 2022 and for years to come,” says Tamara Benjamin, assistant agriculture and natural resources program leader, diversified agriculture specialist for Purdue Extension and a conference organizer.

A detailed conference schedule will be available in early 2022, and currently scheduled sessions are subject to change. For more information, or to sign up, visit the Indiana Small Farm Conference website at purdue.ag/sfc.

Follow the conference on Twitter and Instagram at @SmallFarmPurdue or on Facebook at @PurdueExtensionSmallFarms, with the hashtag #PurdueSmallFarms.

Ivy Tech won’t hold back student transcripts anymore

Ivy Tech Community College announced today that the College will make available the transcripts of all students regardless of whether the student owes a balance to the College. Withholding transcripts has been a common way for most higher education institutions to incentivize students to pay debts. However, the practice makes it difficult for students to transfer and continue their education.

“Our primary goal at Ivy Tech Community College is to prepare individuals to achieve their goals and contribute to their families and their communities through high-wage careers,” said Sue Ellspermann, President of the College. “We are working to remove barriers in the way of achieving that goal, and this is a step we can take to move our students toward a better financial future.”

The new policy does not forgive debt, but it does provide a way forward for students to continue their academic pursuits, which in turn sets them up for greater financial prosperity. The policy positively impacts as many as 82,000 students statewide.

In recent years, the College has explored a number of innovative ways to increase the graduation rate of its students. The new transcript policy, along with the Ivy+ tuition and books program and other initiatives encourage students to complete their degrees faster and with fewer barriers.



Nearly all (98 percent) of the 410 respondents to a 2016 survey from the National Association of College and University Business Officers (NACUBO) indicated their higher education institutions hold transcripts as a debt collection tactic. Nationally, according to the study, Solving Stranded Credits: Assessing the Scope and Effects of Transcript Withholding on Students, States, and Institutions, approximately 6.6 million students have “stranded credits,” or academic credits they earned but cannot access due to unpaid balances.

Additionally, according to a survey from the American Association of Collegiate Registrars and Admissions Officers (AACRAO), public institutions that enroll higher percentages of Pell-eligible students are more likely to withhold transcripts for an outstanding balance. This suggests that students who are most in need are disproportionately affected by transcript hold policies.

FDA OKs pioneering drug for ovarian cancer surgery

Ovarian cancer patient Carol Giandonato admits to being apprehensive when her oncologist told her he wanted to make her cancer cells turn fluorescent green.

“Am I going to glow in the dark? Will I be green?” she asked him.

Her surgeon explained that when viewing the cancer site, the cancerous lesions would be illuminated with near-infrared light during surgery.

Using this approach, her surgeon was able to find a hidden tumor that would have otherwise gone undetected. Giandonato was one of the first patients for a new drug designed to help surgeons find ovarian cancer tumors and cells — that imaging agent was just approved Monday (November 29) by the U.S. Food and Drug Administration.

The drug will be released with the brand name Cytalux. It was invented at Purdue University and will be released by On Target Laboratories.

The imaging agent is delivered via an IV injection between one and nine hours before the surgery for ovarian cancer. The fluorescent imaging agent binds to the cancer cells, allowing surgeons to find additional tumors in 27% of the patients, which would have otherwise been left behind, according to results of the Phase 3 clinical trial.

The drug is the first tumor-targeted fluorescent agent for ovarian cancer to be approved by the FDA.

Philip Low (rhymes with “now”), Purdue University’s Presidential Scholar for Drug Discovery and the Ralph C. Corley Distinguished Professor of Chemistry, is an inventor of the drug. He said that when a surgeon turns on the near-infrared light used in surgery, “Those lesions light up like stars against a night sky.”

“In the pivotal ovarian cancer trials, surgeons

were able to find additional malignant tissue or improve the practice of surgery in 27% of all the patients,” he said. “It seems to me that future surgeries are going to very heavily rely on this technology.”

Giandonato, who lives in Runnemede, New Jersey, said that when she was diagnosed in 2012, her primary care physician told her, “Carol, it’s really serious. You’re filled with tumors. And it’s cancer.”

“My doctor explained to me that he would inject a fluorescent dye and would use a special light to look for other nodules that were not present on the CT scan,” she said. “And lo and behold, he found a hidden nodule and was delighted.”

The drug works by molecular jujitsu. Cancer cells divide rapidly, much faster than normal tissue. To do this, they need folate, a type of B vitamin — and the cancer cells are ravenous for it. Low’s innovation was to tag a folate compound with a fluorescent dye and administer it intravenously to a patient before the surgery.

“Cancer cells have an enormous appetite for this vitamin,” Low said, “and we exploited their greed for folic acid by attaching a fluorescent dye to it.”

Low says the fluorescent imaging agent can allow surgeons to be more precise.

“Cancer lesions are often removed very crudely by cutting large margins around that cancer tissue and resecting a lot of healthy tissue,” he said. “That can often be damaging to the patient, especially when the healthy tissue is very valuable — and in most cases it is.”

Dr. Leslie Randall, professor of gynecologic oncology at the Virginia Commonwealth University School of Medicine, was among those who tested the drug during the clinical trials.

“In the 21st century, there ought to be better ways to image tumors, to see a tumor,” she said. “I think any patient who’s facing a surgery would want their surgeon to have a way to see their tumor better and to be able to better know with certainty that the tumor is out.”

In an analysis of a subgroup of patients during the clinical trials with patients who underwent surgery following chemotherapy (which is called “interval debulking surgery”) use of the imaging agent allowed additional cancer to be found in 40% of patients. However, because of the small size of the group, a representative for On Target Laboratories said, “These results may be overstated and should be interpreted cautiously.”

Randall is optimistic about this use.

“We need this. We want this,” Randall said. “There might be applicability to robotic surgery in the future, which is where a lot of us are taking our interval debulking surgery. Especially in the interval debulking setting, where the tumor has been treated with chemotherapy and you’re not sure not sure what’s still a viable tumor. I think it can be really helpful in that situation.”

Chris Barys, CEO of On Target Laboratories, says the imaging agent is just the first of the fluorescent imaging drugs developed at Purdue undergoing testing.

“Dr. Low’s vision didn’t stop at just one molecule. We believe we have the opportunity to develop a portfolio of molecules,” he said. “We are currently evaluating an imaging agent for detecting lung cancer in a phase 3 trial.”

“Beyond that, we have an ongoing trial for prostate cancer, and we are also making strong progress in the research lab for colon cancer. When you think about these indications, they make up ap-

proximately three-fourths of all in-patient cancer cases here in the United States.”

Low says cancer surgery is moving quickly toward noninvasive precision techniques such as endoscopic and robotic surgeries, and the tumor-targeted fluorescent imaging agents will be essential for these procedures as the surgeon’s use of hands to palpate the tumor site is eliminated.

“I think the technology we’re pioneering is very clearly front and center in making this possible,” Low said.

A YouTube video featuring Low explaining how the drug works is available.

Low conducts his research as part of the Purdue University Center for Cancer Research. The center is one of only seven basic science laboratory cancer centers recognized by the National Cancer Institute, which is part of the National Institutes of Health. The center brings together more than 110 researchers at Purdue who study cancer at the cellular level. ☐☐

Low disclosed his innovation to illuminate ovarian cancer tumors to the Purdue Research Foundation Office of Technology Commercialization. OTC applied for patent protection on the intellectual property and licensed it to On Target Laboratories, which is based in West Lafayette, Indiana. Low is the founder and chief science officer of On Target Laboratories.

According to a statement from On Target Laboratories, the most common side effects of Cytalux reported in clinical trials were nausea, vomiting, abdominal pain, flushing, indigestion, chest discomfort, itching and allergic reaction during administration or infusion (see additional important safety information). The majority of side effects were mild to moderate.

Indianapolis Zoo and CareSource begin three-year collaboration

The Indianapolis Zoo’s annual Christmas at the Zoo is underway for its 53rd year, this year joined by exclusive presenting sponsor CareSource, a nationally recognized nonprofit health plan. This year will mark the start of a three-year partnership as the organizations work together to make lasting memories for the event’s more than 100,000 annual visitors.

The beloved holiday tradition opened the 2021 season on Nov. 20 and will continue daily through Dec. 30, with closures only on Christmas

Eve and Christmas Day. The event uses 100% energy-efficient lights to illuminate its variety of guest experiences, including real reindeer housed in Santa’s Barn, a penguin photo-opportunity bench, warm beverages at Tinsel Tavern, fire pit areas, and much more.

“Meaningful collaboration is one of our values, and our partnership with the Indianapolis Zoo is one way to see that value come to life,” said Steve Smitherman, CareSource Indiana president. “Christmas at the Zoo has been a long-standing tradition

for many families in the Indianapolis community, and we’re excited to take part in it.”

A trailblazer in holiday light events, the Indianapolis Zoo was the first zoo in the nation to put on a “Zoo lights” in 1967 and has been nominated for USA Today’s 10Best Zoo Lights for seven consecutive years. Indianapolis Zoo fans near and far can cast their daily vote to show support of the Zoo.

“We are thrilled to have CareSource as our presenting partner for Christmas at the Zoo,” said Carla Knapp, In-

dianapolis Zoo public relations specialist. “For 53 years, we have been welcoming families from around Central Indiana to the Indianapolis Zoo for a magical holiday experience. Having CareSource’s support enables us to share our beloved tradition with new generations of Hoosiers and help them create lasting memories.”

Christmas at the Zoo is free for Zoo members and included with regular admission. Visit www.indianapoliszoo.com for tickets and more information.

Be Well Helpline provides mental health counseling

The Indiana Family and Social Services Administration today announced that its Be Well Crisis Helpline has surpassed 25,000 calls, a milestone in its ongoing efforts to provide Hoosiers with free, confidential mental health counseling and resources.

The support line is available through Indiana 211 and enables Indiana residents to speak with trained, compassionate counselors 24/7. Approximately 59% of callers have received a referral for additional mental health or substance use services or requested additional crisis counseling. FSSA also announced that federal funding will allow the agency to operate the Be Well Crisis Helpline through at least March of 2023.

“FSSA is proud of the important and continuing role our crisis counselors have played to connect with Hoosiers and provide them with the resources they need to support their mental health,” said Dan Rusyniak, M.D., FSSA secretary. “We remain committed to providing free, confidential and easy access to this resource for Hoosiers in any time of need.”

FSSA’s Division of Mental Health and Addiction initially launched the Be Well Crisis Helpline in July 2020 in response to the increased stress, anxiety and isolation Hoosiers were experiencing because of the COVID-19 pandemic. Since the helpline’s inception, counselors have invested more than 5,823 hours helping Hoosiers manage their mental

health. Individuals who call the crisis helpline seek support for several distress reactions including anxiety or fearfulness, issues with sleep, isolation, intrusive thoughts, difficulty concentrating or making decisions, fatigue and sadness.

There continues to be a growing need for the Be Well Crisis Helpline as the number of calls received reached an all-time high of 2,228 in October 2021. Counselors have reported that not only is the call volume increasing, so is the critical nature of the calls. The most prevalent issues Hoosiers are experiencing recently include depression, anxiety, feelings of being overwhelmed, and loneliness.

“As Hoosiers continue to cope with the effects of the COVID-19 pandemic, along with other stressors brought on by everyday life, it’s clear that resources such as the Be Well Crisis Helpline are still needed to support the overall well-being of individuals statewide,” said Kelsi Linville, DMHA’s director of crisis services.

Indiana residents can speak with a trained mental health counselor by dialing 2-1-1 or the toll-free number, 866-211-9966, entering their ZIP code and selecting the option for the Be Well Crisis Helpline. In addition, Be Well Indiana’s website contains supplemental resources including blog posts and videos offering tips for maintaining mental health as well as self-screening tools. For more information, please visit BeWellIndiana.org.

SUNDAY

Indiana the Strong

Sunday, Dec. 5, 2021

B2

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Holcomb accepting applications for fellowships

Gov. Eric Holcomb is accepting applications through Jan. 28, for the 2022-2023 Governor's Fellowship. The Governor's Fellowship is highly selective and provides a unique experience in Indiana state government by placing fellows in various state agencies on a rotating basis throughout the year.

"Our Governor's Fellows are such a valuable piece to our team," Gov.

Holcomb said. "The wide range of assistance they provide over the course of their fellowship is key to serving Hoosiers in a timely and thorough manner."

The program is open to college graduates who either received their bachelor's degree beginning in summer or fall of 2021 or in spring of 2022. Fellows are paid, full-time employees who participate in the

day-to-day activities of state government.

Many Governor's Fellow participants have gone on to successful careers in both the public and private sectors—with some serving at the highest levels of local, state and federal government.

The application and submission guidelines can be found here. To be eligible for consideration, the application and all

supporting materials must be postmarked or submitted via email by Jan. 28, 2022.

Applicants should know if they have been selected for an interview no later than Feb. 14, 2022. The fellowship will begin July 1, 2022.

If you have questions about the fellowship, contact Emily Clancy at the Governor's Office at eclancy@gov.in.gov.



Photo courtesy of Purdue University

Dan Goldwasser, associate professor of computer science at Purdue University, uses his expertise in machine learning to connect natural language with real-world scenarios and to guide natural language understanding.

Braun and Hassan's Hire Veteran Health Heroes Act signed into law

The Hire Veteran Health Heroes Act of 2021 was signed into law by President Joe Biden this week. This bipartisan legislation was first introduced by U.S. Senators Mike Braun (R-IN) and Maggie Hassan (D-NH).

The Hire Veteran Health Heroes Act of 2021 directs the Department of Veterans Affairs to create a program that will help actively recruit medical personnel, who are within one year of completing their military service, to remain in federal health care in departments like Veterans Affairs.

Representatives Robert E. Latta (OH-05) and Kathleen M. Rice (NY-04) introduced companion legislation in the U.S. House of Representatives.

"The men and women who serve our nation deserve access to the best resources that will help them succeed as they tran-

sition to civilian life. I was proud to lead this bipartisan effort with Senator Hassan that will create a program to actively hire veterans and transitioning service members who have the skills critically needed in federal health care departments. Now that this legislation has been signed into law, we are one step closer to fulfilling our obligation to those who have served to get them the best health services possible."

– Senator Braun
"We promise our veterans that we will be there for them, and today, here at the White House, we took a small step forward in helping keep that promise. I was proud to work with Senator Braun on this important legislation because we must always ensure that veterans have the support and resources that they need to succeed, and a critical way to do that is by expanding employment

opportunities for our nation's heroes and strengthening their health care," said Senator Hassan. "Our veterans continue to serve even after they transition to civilian life and I am pleased to help service members find meaningful employment that allows them to continue their mission to support the safety and health of their fellow Americans."

BACKGROUND
In November 2019, the VA Inspector General stated that staff shortages are a root cause of many of the problems in veterans' care.

The Department of Defense has robust medical departments in the Army, Navy, and Air Force totaling 111,462 Active Duty and 67,951 Reserve personnel in 2020. All or part of the medical education and training has been paid for by the Federal govern-

ment.
Their Military Occupation Specialties (MOSs) span the full spectrum of the medical professions from primary care physicians, to neurosurgeons, nurse practitioners, health care administrators, physical therapists, pharmacists, radiology technicians, medical logistician, biomedical maintenance, etc.

All of these medical specialties can be utilized in the VHA, and their knowledge of the new electronic health record will also be invaluable.

Currently, an average of 13,000 active duty medical department members separate from the military each year at the end of enlistments/contracts or through retirement.

There is no formal program in place to actively recruit them to remain in federal health care in departments like Veterans Affairs (VA).

Training computers to tease out the subtext behind text

It is hard enough for humans to interpret the deeper meaning and context of social media and news articles. Asking computers to do it is a nearly impossible task. Even C-3PO, fluent in over 6 million forms of communication, misses the subtext much of the time.

Natural language processing, the subfield of artificial intelligence connecting computers with human languages, uses statistical methods to analyze language, often without incorporating the real-world context needed for understanding the shifts and currents of human society. To do that, you have to translate online communication, and the context from which it emerges, into something the computers can parse and reason over.

Dan Goldwasser, associate professor of computer science at Purdue University, and other members of his team strive to address that by developing new ways to model human language and allow computers to better understand us.

"The motivation of our work is to get a better understanding of public discourse, how different issues are discussed, the arguments made and the perspectives underlying these arguments," Goldwasser said. "We would like to represent the points of view expressed by the thousands, or even more, of people describing their experiences online. Understanding the language used to discuss issues can help shed light on the different considerations behind decision-making processes, including both individual health and well-being choices and broader policy decisions."

Goldwasser emphasizes that part of the challenge is that so much of online

communication relies on readers already knowing the context – whether it's shorthand on Twitter or the basis of understanding a meme. To analyze the communication, the context is a vital part of the message.

"In many of the scenarios we study, progress relies on finding new ways to conceptualize language understanding, by grounding it in a real-world context," he said. "Operationalizing it requires developing new technical solutions."

Goldwasser and his students use techniques distilled from the combined wisdom of computer science, artificial intelligence and computational social science.

Goldwasser's lab studies the language used on social media, traditional media stories and in legislative texts to understand the context and assumptions of the speakers and writers. In a world where the written word is flourishing and every person with an internet connection can act as a journalist, being able to study and analyze that writing in an unbiased manner is crucial to human understanding of our own society.

Goldwasser is an expert in using machine learning to analyze natural language and can comment on:

- * The context of politics in social media and news media.
- * How the framing of messages and issues in laws, news stories, and online affect real-world behavior.
- * Modeling human mental states and analyzing Twitter user's lifestyle choices.
- * Social media usage by U.S. politicians on two politically divisive issues: gun control and immigration.



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SUNDAY

In The
Kitchen

Sunday, Dec. 5, 2021

C1

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Better-for-You Family Favorites for a Healthier Routine



Tuna Pasta Casserole

Photo courtesy of Getty Images

FAMILY FEATURES

Taking time to nurture your health and well-being starts with building healthier habits. As the seasons change, challenge yourself to make small yet consistent choices that help you and your family through transitions at school, the office or wherever your days take you.

To help you establish (or re-establish) healthy habits during mealtime and beyond, consider these tips.

Eat Meals Together

“Making time for meals together as a family provides a chance to connect and decompress,” said Bridget Wojciak, director of nutrition at Kroger Health, a national sponsor of the American Heart Association’s Healthy for Good initiative. “In fact, regular meals at home can help reduce stress, boost self-esteem and improve feelings of connection.”

Bring everyone together with a better-for-you seasonal favorite like Turkey and Bean Tostadas.

Make Time for Yourself

Chronic stress can have a negative impact on mental and physical health, but turning lost moments – like a meal by yourself spent mindlessly scrolling through social media – into mindful moments can help. Try practicing gratitude at the table by thinking of three things you’re grateful for or putting your fork down between each bite to savor the flavor and consider the nourishment you’re receiving.

Enjoy the Cooler Temperatures

Cooler temperatures can make it more enjoyable to take advantage of outdoor exercise, which is a good way to soak in vitamin D to improve your mood and boost immunity. Going for a brisk walk after mealtime (solo or with your pet), jogging and even raking leaves are examples of activities that count toward the American Heart Association’s recommended 150 minutes of moderate physical activity per week.

Visit heart.org/healthyforgood to download more heart-healthy recipes and find more tips for a healthier you in mind, body and heart.

Tuna Pasta Casserole

Recipe courtesy of the American Heart Association’s Healthy for Good initiative
Servings: 4

- 4 ounces dried whole-wheat rotini pasta (about 1 1/2 cups)
- nonstick cooking spray
- 16 ounces frozen mixed vegetables, thawed
- 1 pouch (11 ounces) low-sodium chunk light tuna
- 1 can (10 3/4 ounces) low-fat, low-sodium condensed cream of chicken soup
- 1/2 cup chopped roasted red bell peppers
- 1/2 cup fat-free half-and-half
- 1 teaspoon all-purpose, salt-free seasoning blend
- 3/4 cup crushed low-sodium, whole-grain crackers
- 1/4 cup shredded or grated Parmesan cheese

Prepare pasta according to package directions, omitting salt. Using colander, drain well. Transfer to large bowl.

Preheat oven to 350 F. Lightly spray 2-quart glass baking dish with nonstick cooking spray.

Stir mixed vegetables, tuna, soup, roasted peppers, half-and-half and seasoning blend into pasta until combined. Transfer to baking dish.

Top with crackers and Parmesan cheese.

Bake, uncovered, 25-30 minutes, or until casserole is warmed through and topping is golden brown.

Nutritional information per serving: 400 calories; 7 g total fat; 2.5 g saturated fat; 0 g trans fat; 2 g polyunsaturated fat; 2 g monounsaturated fat; 30 mg cholesterol; 537 mg sodium; 52 g carbohydrates; 8 g dietary fiber; 7 g sugars; 32 g protein.



Turkey and Bean Tostadas

Turkey and Bean Tostadas

Recipe courtesy of the American Heart Association’s Healthy for Good initiative
Servings: 5

Salsa:

- 2 cups chopped tomatoes (about 2 medium tomatoes)
- 1 medium avocado, halved, pitted and diced
- 1 large ear of corn, husks and silk discarded, kernels removed
- 1-2 medium fresh jalapeños, seeds and ribs discarded, finely chopped
- 2 tablespoons finely chopped red onion
- 2 tablespoons fresh lime juice

Tostadas:

- nonstick cooking spray
- 5 corn tortillas (6 inches each)
- 8 ounces ground skinless turkey breast
- 2 teaspoons chili powder
- 1 teaspoon ground cumin
- 1 teaspoon ground coriander
- 1 can (15 1/2 ounces) no-salt-added black beans, rinsed and drained
- 2 tablespoons water

To make salsa: In small bowl, stir tomatoes, avocado, corn, jalapeños, onions and lime juice. Set aside.

Preheat oven to 400 F.

To make tostadas: Line baking sheet with aluminum foil. Lightly spray foil with nonstick cooking spray. Place tortillas on baking sheet. Lightly spray tortillas with nonstick cooking spray. Using fork, pierce tortillas several times to prevent from filling with air.

Bake tortillas 5-6 minutes on each side, or until golden brown.

In medium nonstick saucepan over medium-high heat, cook turkey, chili powder, cumin and coriander 5-6 minutes, or until turkey is no longer pink, stirring occasionally to turn and break up turkey.

Add beans and water. Cook 5 minutes, or until beans are heated through. Using potato masher, coarsely mash beans. Remove from heat.

To assemble tostadas, spread turkey mixture over each tortilla. Top with salsa.

Nutritional information per serving: 260 calories; 7.5 g total fat; 1 g saturated fat; 0 g trans fat; 1 g polyunsaturated fat; 4.5 g monounsaturated fat; 18 mg cholesterol; 60 mg sodium; 33 g carbohydrates; 8 g dietary fiber; 7 g sugars; 19 g protein.

Ginger Pumpkin Soup

Recipe courtesy of the American Heart Association’s Healthy for Good initiative
Servings: 4

- 1 1/2 teaspoons canola or corn oil
- 1 medium onion, finely minced
- 3/4 tablespoon minced peeled gingerroot or 1/2 teaspoon ground ginger
- 2 medium garlic cloves, minced, or 1 teaspoon bottled minced garlic
- 1/2 teaspoon dried thyme, crumbled
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon freshly ground pepper
- 1/8 teaspoon salt
- 1 tablespoon all-purpose flour
- 1 3/4 cups fat-free, low-sodium vegetable broth
- 1 cup water
- 2 cans (15 ounces each) solid-pack pumpkin
- 1 cup fat-free milk

- 1/4 cup fat-free sour cream (optional)
- 2 tablespoons chopped chives (optional)

In large heavy pot, heat oil over medium-high heat, swirling to coat bottom. Cook onion 6-8 minutes, or until soft, stirring occasionally.

Stir in gingerroot, garlic, thyme, cinnamon, pepper and salt. Cook 1 minute, stirring constantly. Stir in flour. Pour in broth and water. Using spatula, scrape bottom of pot to dislodge any browned bits. Stir in pumpkin. Bring mixture to boil. Reduce heat to low and simmer 10 minutes.

Stir in milk. Remove from heat. Ladle soup into bowls. Garnish with sour cream and chives, if desired.

Nutritional information per serving: 138 calories; 2.5 g total fat; 0 g saturated fat; 0 g trans fat; 0.5 g polyunsaturated fat; 1 g monounsaturated fat; 1 mg cholesterol; 199 mg sodium; 27 g carbohydrates; 10 g dietary fiber; 14 g sugars; 6 g protein.



Ginger Pumpkin Soup

SUNDAY

In The Kitchen

Sunday, Dec. 5, 2021

C2

Have a favorite recipe you want to share? Send it to news@thepaper24-7.com

HEARTY, WHOLESOME WINTER MEALS

FAMILY FEATURES

Seeking comfort from the cold in the form of a wholesome meal is a perfect way to cap off a day with loved ones. During the winter months when brisk temperatures chill you to the bone, warming up with hearty dishes at the family table can bring everyone together.

- Full of seasonal flavors with top-notch taste, Pecan-Crusted Pork Tenderloin offers a delicious main course you don't have to feel guilty about. This easy yet elegant entree puts a unique spin on a dinnertime staple thanks to a crunchy pecan crust.

- With cheddar and ricotta cheeses, sour cream and cavatappi noodles, this Mac and Cheese with Pecan Breadcrumbs is an extra creamy, creative twist on the kid-friendly classic. Pair this family favorite with the pork tenderloin for an easy weeknight combination that little ones can help with in the kitchen by stirring together the cheesy goodness.

This family dinner is made possible with tasty pecans, which are among the lowest in carbs and highest in fiber compared to other tree nuts, helping you stay fuller longer. As a nutrient-dense powerhouse, they have 3 grams of plant-based protein and 3 grams of fiber per 1-ounce serving with 12 grams of "good" monounsaturated fat and only 2 grams of saturated fat. Essential nutrients like thiamin, zinc, copper and manganese – a mineral that's essential for metabolism and bone health – mean you can feel good about serving pecan-infused dishes to your loved ones.

Visit americanpecan.com to find more winter weeknight recipe inspiration.

Pecan-Crusted Pork Tenderloin

Total time: 35 minutes

Servings: 6

- 1 pork tenderloin (about 1 1/2 pounds)
- salt, to taste
- pepper, to taste
- 1/2 cup brown sugar, divided
- 2 tablespoons soy sauce, divided
- 2 teaspoons minced garlic
- 1/2 cup pecan pieces
- 1/4 cup pineapple juice
- 2 tablespoons Dijon mustard

Preheat oven to 400 F and lightly grease large baking dish. Season pork tenderloin with salt and pepper, to taste; set aside.

In small bowl, stir 1/4 cup brown sugar, 1 tablespoon soy sauce and minced garlic. Spread mixture over pork.

Press pecan pieces into brown sugar mixture on pork. Bake, uncovered, 20 minutes.

In medium saucepan over medium-high heat, combine remaining brown sugar, remaining soy sauce, pineapple juice and Dijon mustard. Bring mixture to boil; reduce to simmer 3-5 minutes then remove from heat.

Slice pork, spoon sauce over top and serve.



Pecan-Crusted Pork Tenderloin



Mac and Cheese with Pecan Breadcrumbs

Mac and Cheese with Pecan Breadcrumbs

Total time: 50 minutes

Servings: 6

- 8 ounces cavatappi pasta
- 1 tablespoon butter
- 1 block (8 ounces) cheddar cheese
- 1/2 cup raw pecan pieces
- 15 ounces part-skim ricotta cheese
- 4 tablespoons sour cream
- 1 teaspoon salt
- 1/4 teaspoon ground pepper
- 1 large egg, lightly beaten

Preheat oven to 375 F.

In salted boiling water, cook pasta according to package

instructions. Drain, reserving 1/2 cup pasta cooking water. Return pasta to pot and stir in butter.

Using box grater, shred cheddar cheese.

Using food processor, process 1/4 cup shredded cheese with pecans to coarse breadcrumb consistency.

Add remaining cheddar cheese, ricotta, sour cream, salt and pepper to warm pasta. Stir until thoroughly combined. Add egg; stir. Add reserved pasta water to loosen mixture; stir until smooth.

Pour into buttered 9-inch square or round casserole dish and top evenly with pecan topping. Bake 30 minutes.

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SUNDAY

In The Home

Sunday, Dec. 5, 2021

D1

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Brighten someone's holiday season with Christmas cactus

The holidays have arrived and so has the Christmas cactus. Set this favorite holiday plant in a basket, decorative pot or foil wrap and it will be ready to give as a gift or add to your holiday décor. With proper care this holiday favorite can flower for four to eight weeks and grow for decades, becoming a family heirloom handed down from one generation to the next.

The plant sold as a Christmas cactus may actually be a Thanksgiving cactus. The true Christmas cactus blooms later and has small segments with rounded edges. The Thanksgiving cactus, though often sold as the Christmas cactus, has toothed or jagged segments and typically blooms prior to Christmas.

Fortunately, their growing requirements and care are basically the same so the plants will do fine no matter the name on the label. These, or hybrids of the two plants, flower with cool nights and

long uninterrupted dark periods. A third holiday plant, the Easter cactus, sets flowers in spring as the days start to lengthen.

Christmas and Thanksgiving cacti are epiphytes that naturally grow on trees in shaded and humid forests along the coast of Brazil. They all prefer bright indirect light, high humidity and a thorough watering when the top few inches of soil begins to dry. Don't over water but don't let the soil dry completely. Water a bit more often when the plant is in bloom.

Grow them in an organic well-drained potting mix for best results. Water thoroughly and pour off the excess that collects in the saucer to avoid root rot. Reduce maintenance and improve the growing conditions with the help of gravel trays. Place a layer of pebbles, decorative stones or marbles in the saucer or bottom of the foil wrap or basket. The pot will be elevated above any excess water that collects in the pebbles.

As the water evaporates, it increases the humidity around the plant.

Keep your flowering cactus in a cool bright location to extend its bloom time. Avoid drafts of hot and cold air, moisture stress and other changes in the environment that can cause buds and flowers to drop.

Fertilize with a dilute solution of flowering houseplant fertilizer once it has finished blooming and throughout spring and summer as needed. Grow your cactus in a north-facing window or set back from an east- or west-facing window where it receives bright indirect light throughout the year. Too much sun turns the leaf segments dark red.

Don't be anxious to move these plants to a bigger container. They prefer to be somewhat potbound and can remain in the same pot for years.

Encourage a new flush of flowers with cooler night temperatures around 55 to 60 degrees and slightly drier soil. An

uninterrupted dark period will also help promote flowering.

Start the dark treatment in early to mid-October for holiday flowers. Cover the plants or move them to a location free of any artificial light, indoors or outside, each night and provide bright indirect light each day. Any interruption in the dark period from outdoor, street or reading lights can delay or prevent flowering.

Many experts find providing the same dark treatment as poinsettias, 14 hours of dark each night, promotes flowering. Michigan State University recommends providing 16 hours of total darkness and eight hours of light for at least eight days to promote flowering.

Add a Christmas cactus to your indoor plant collection and share a few with friends and family over the holidays. These easy-care flowering beauties are sure to brighten the recipient's mood and holiday décor.

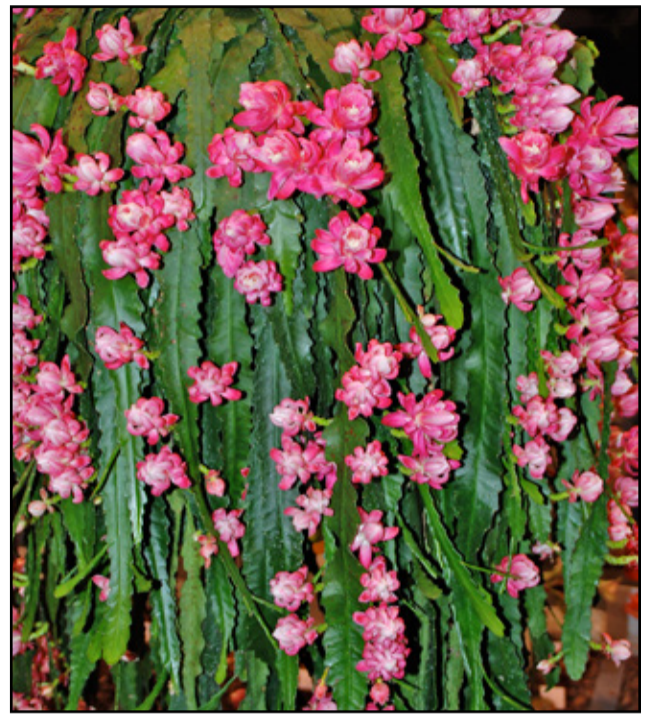


Photo courtesy of MelindaMyers.com

Christmas cactus is a general name given to a small group of cacti called Schlumbergera that are native to southeastern Brazil's coastal mountains.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD series and the *Melinda's Garden Moment TV* &

radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by *Gardener's Supply* for her expertise to write this article. Her web site is www.MelindaMyers.com.

Color Christmas with bulb flowers

Are you looking forward to Christmas, and enjoying the Christmas atmosphere with your loved ones? Bulb flowers provide additional color during the holidays, creating that intimate, cozy atmosphere.

Extra dimension
Christmas is the perfect time to go all out in decorating your home. A Christmas tree, lights, garlands, candles, and baubles; as long as it breathes Christmas. Did you know that flowers can add an extra dimension to your

Christmas decorations? Bringing nature into your home, with intense, deep colors, makes Christmas extra festive.

Pink
With their deep and radiant colors, flowers like amaryllis, tulips, hyacinths, and anemones are real eye-catchers. You don't necessarily need to go for red: why not try pink tones this year for a change? You will see that in between all the glitter and glamour, pink will bring an additional hint of cheer.

Show
To let cut flowers sparkle effortlessly, put them in a beautiful vase and combine them with lights or other decorations. Pre-forced bulbs are also spectacular! Their performance as they grow from bulb to flower is always a fascinating sight to behold! Whatever you choose, go for something that makes you happy.

If you want to find out more about bulb flowers and pre-forced bulbs, visit www.ilsysays.com.



Bringing nature into your home, with intense, deep colors, makes Christmas extra festive.

Improve Your Home and Its Value

6 high-ROI ideas to increase the value of your house

FAMILY FEATURES

Home upgrades happen for different reasons but enhancing your home's curb appeal and value are often at the top of the list. These projects can make it easier to enjoy your home knowing they carry a return on investment of up to 92%, according to the Remodeling 2021 Cost vs. Value Report published in "Remodeling Magazine." Plus, you'll have the added benefit of knowing you're making a sound investment should you decide to sell down the road.

Stone Veneer

Stone veneer is an upgrade that adds warmth and texture with the look of natural stone, but without the expense. It's also a durable product that is low maintenance, so you don't have to worry about sealing or painting.

With the variety of styles and colors available, it's easy for homeowners to mix and match to create a custom look. Mortarless options like ClipStone are designed to be installed with screws and common tools, making them accessible options for both professionals and DIYers. With a built-in water management system, overlapping edges to minimize gaps, reversible outside corners and a variety of accessories, mortarless options allow homeowners to achieve the look of traditional masonry without the hassle.

Garage Doors

Exterior features often bring a big return on investment because a home with strong curb appeal can make a great first impression on potential buyers. The garage doors are no exception. If you think of your garage doors as a purely functional element of your home, you may be surprised to learn garage door replacement is actually the best home upgrade you can make, according to the report.

Garage doors aren't just functional; they can be a focal point of your home's exterior design, completely transforming the exterior. Depending on the style and features you choose, an updated garage door is also a smart strategy for managing climate and adding security to your home.

Windows

Windows are another smart investment for numerous reasons. Not only do they provide a sophisticated presence that can greatly enhance curb appeal, upgraded windows play a major role in energy conservation. Homeowners also rely on windows to make a bold statement. For example, Simonton black exterior windows and patio doors can help perfect a wide range of architectural styles including farmhouse, modern, industrial and contemporary designs.



This award-winning line of vinyl windows offers homeowners a variety of styles and colors to customize both their home's interior and exterior spaces. The windows are AAMA Gold Certified, passing some of the industry's most stringent quality assurance testing for air leakage, water penetration and wind pressure – resulting in low-maintenance windows with lasting durability, weather resistance and energy efficiency.

Deck Additions

Adding a deck is an easy way to improve your home's exterior appeal and increase your livable space. Wooden decks rank in the top 10 for ROI, according to the report. An attractive deck situated off the living room or kitchen can make those rooms feel larger, especially when you're entertaining, and guests can circulate freely between indoor and outdoor spaces. A well-constructed deck also serves as a transition point from the home to the backyard, where you may invest in even more outdoor living features.

You'll achieve the greatest ROI by designing your deck to integrate seamlessly with your home and landscaping and even stone accents. Also take functional features into consideration, including privacy and protection from the wind and sun. Depending on your climate, it may be beneficial to design a deck for maximum shade during the warm months or to make the most of sunlight during the cool seasons. Features like built-in kitchens, stone accents, TV mounts and access to water features all lend high-end custom touches that also boost ROI.

Siding

If you're considering updating your home's color and trim, re-siding is a great way to transform its curb appeal while also earning a hefty return on the investment and giving yourself (or a future owner) the gift of lower maintenance living.

With 15 different collections, Ply Gem Mastic has an array of solutions to help homeowners transform their living spaces such as board and batten, hand-split shake shingles, traditional Dutch lap siding and more. Each is available with detailed wood grain texture in a variety of rich, on-trend colors, including increasingly popular dark options.

Entry Doors

One of the simplest projects in the report, a new entry door can also make a big impact because it's one of the first things potential buyers see. Not only can a steel door help make a good first impression, it also serves as an updated security feature and can offer additional insulation, which makes for a good investment if you live in an area that experiences extreme weather.

Explore more high-ROI ideas and products for upgrading your home and its value at cornerstonebuildingbrands.com/residential.



SUNDAY Business Notes and NEWS DAY

Sunday, Dec. 5, 2021

F1

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Cover your P's – plan, plan and plan some more

I always wondered if marriage counselors have a business background? After all, managing a marriage is a little bit like managing a business, right? You have goals to achieve and you have to figure out ways to get there.

Yeah, right.



TIM TIMMONS
Business Playbook

Business Playbook is written by Tim Timmons. You can reach Tim at timmons@thepaper24-7.com. Timmons' book, Coaching Success: Creating Champions for the Business World is available at www.tim-timmons.com.

Early in my career the company sent me to one of those wonderful seminars on some topic or another. I don't remember the details, but I very vividly remember getting into a "discussion" with my better half not long after I got back home.

It turned into one of those moments when a lightbulb went off over my head and I began patiently nodding my head as she spoke. When she paused, in my most sincere voice, I said: I understand how you feel dear, I'm sure others have felt the same way, but I believe they've found."

Like a sudden thunderclap from the heavens, she looked at me and said in a very straightforward voice – "Don't you try that management crap on me Mister!"

Lesson learned.

Still, there are other lessons here – just

maybe not ones to be shared with the better half.

For example, we've all heard that keeping the spark alive is a challenge, right? In addition to that, we also know that specific years in a marriage have a specific theme. Like the first year is paper, the fifth year is wood, 10 is tin, 25 is silver, 50 is gold, etc.

So why couldn't we plan a theme for each year? My wife and I have done something that's been fun for us. We have a date night weekly, and we alternate who takes who. That way we both get to plan things out and we both have some fun with it.

Why couldn't couples plan a date night that goes with whatever the theme is for that year? For example, dates for the fifth year have to be connected somehow to wood. Maybe a walk through a wooded state park? How about a trip to the Louisville Slugger Museum in Louisville? A romantic weekend getaway to a log cabin (Brown County comes to mind)? Take a wood-carving class together?

Be creative, have some fun and think of the positive impacts on your marriage.

Now, switch the focus just a bit and consider a similar strategy for work? Maybe it's not an entire themed year, but a little thought and a lot of planning can go a long way from turning a dull, boring workplace into an energetic and high-achieving one.

Next week: Looking ahead to 2022

Business Playbook is written by Tim Timmons. Timmons' book, Coaching Success: Creating Champions for the Business World is available at www.tim-timmons.com.

Best Lawyers acquired by Abry Partners and Management

Best Lawyers®, the oldest and most respected purely peer-review™ guide to top talent in the legal profession, announced its acquisition by Boston-based investment firm Abry Partners and Best Lawyers management from private equity firm Levine Leichtman Capital Partners (LLCP).

Under Abry, Best Lawyers will continue to serve as the most reliable indicator of quality and professional excellence within the legal industry. Best Lawyers will maintain the same standards and transparent methodology that have been observed since the company's founding in 1981. For 40 years Best Lawyers has assisted those in need of legal services with identification of the lawyers best qualified to represent them in distant jurisdictions or unfamiliar specialties.

"This partnership with Abry is a fantastic opportunity for Best Lawyers," said Phillip Greer, CEO of Best Lawyers. "We are appreciative of the counsel and guidance that Levine Leichtman Capital Partners gave us over the past three years and are looking forward to working with new partners that also share an appreciation for and understanding of our core values. As one of the most experienced private equity firms within media, information and business services, Abry is an excellent fit to support our vision for continued progress and innovation."

After experiencing exceptional growth and geographic reach during the past four decades, Best Lawyers now completes peer-reviewed surveys in 76 countries and conducts multiple annual rankings such as Best Lawyers, U.S. News – Best Lawyers® "Best Law Firms" and Best Lawyers: Ones to Watch. Best Lawyers awards are published in leading local, regional and national publications across the globe which reach more than 19.6 million readers.

"Best Lawyers represents an ideal investment for Abry," said Nick Scola, Partner at Abry. "Phil and his team have built an amazing company with an industry-leading brand and reputation as the most reliable, unbiased source of legal referrals anywhere. We are excited to partner with the team to help accelerate growth and look forward to continuing to invest in the people, technology and resources that will further enhance the company's product and service offerings."

The terms of the transaction which closed in late November were not disclosed. Citizens Capital Markets, Inc. functioned as the exclusive financial advisor to Best Lawyers and Levine Leichtman Capital Partners for this transaction. Best Lawyers' legal advisor was Honigman LLP and Abry was advised by Kirkland & Ellis LLP.

ABOUT BEST LAWYERS

Best Lawyers is the oldest and most respected lawyer ranking service in the world. For four decades, Best Lawyers has assisted those in need of legal services to identify the lawyers best qualified to represent them in distant jurisdictions or unfamiliar specialties. Best Lawyers awards are published in leading local, regional and national publications across the globe.

Lawyers who are nominated for consideration are voted on by currently recognized Best Lawyers working in the same practice area and located in the same geographic region. Our awards and recognitions are based purely on the feedback we receive from these top lawyers. Lawyers are not required or allowed to pay a fee to be listed; therefore, inclusion in Best Lawyers is considered a singular honor. Those who receive high peer reviews undergo a thorough verification process to make sure they are currently still in private practice. Only then can these top lawyers be recognized by Best Lawyers.

ABOUT ABRYPARTNERS

Abry is one of the most experienced and successful sector-focused private equity investment firms in North America. Since its founding in 1989, the firm has completed over \$90 billion of leveraged transactions and other private equity or preferred equity placements. Currently, the firm manages over \$5 billion of capital across its active funds. For more information about Abry, please visit www.abry.com.

ABOUT LEVINE LEICHTMAN CAPITAL PARTNERS

Levine Leichtman Capital Partners, LLC is a middle-market private equity firm with a 38-year track record of investing across various targeted sectors, including franchising, business services, education and engineered products. LLCP utilizes a differentiated Structured Private Equity investment strategy, combining debt and equity capital investments in portfolio companies. This unique structure provides a less dilutive solution for management teams and entrepreneurs, while delivering growth and income with a significantly lower risk profile.

LLCP's global team of dedicated investment professionals is led by seven partners who have worked at LLCP for an average of 22 years. Since inception, LLCP has managed approximately \$12.7 billion of institutional capital across 15 investment funds and has invested in over 90 portfolio companies. LLCP currently manages \$9.0 billion of assets and has offices in Los Angeles, New York, Chicago, Charlotte, Miami, London, Stockholm and The Hague.

Ring in New Year with 3 simple resolutions

(StatePoint) The New Year offers the perfect time for a fresh start and a renewed commitment to getting finances back on track after a season of spending – one where many Americans felt the effects of the pandemic on their wallets even before the onset of the holidays.

In fact, COVID-19 has already prompted consumers to start thinking differently about their finances. According to Lincoln Financial Group's Consumer Sentiment Tracker, 59% say they are planning to make permanent changes to the way they spend and save due to the crisis. The findings went on to show that consumers' top three financial concerns in today's market include emergency savings (41%), having enough income in retirement (40%) and inflation (39%).

"Our research found consumers are especially interested in protection during times of financial uncertainty, which reinforces the need for financial planning," said Sharon Scanlon, senior vice president, Customer Experience, Producer Solutions and Retirement Operations for Lincoln Financial Group. "Everyone has competing priorities but making a

few easy adjustments can help people achieve their financial goals."

Here are three simple financial resolutions Lincoln Financial recommends for 2022 to help strengthen consumers' financial outlooks in the new year:

1. Review finances holistically. Ensure you evaluate the big picture – not just where you are spending, but where you are saving and protecting your future too. A simple budget will help you differentiate between needs and wants, enabling you to find areas to cut back or eliminate to find money to meet your financial goals, like retirement or emergency savings. Maximize online budgeting tools, calculators and other financial wellness resources available through your employer too.

2. Prepare for the unexpected. Without the right protections in place, an unexpected event can derail retirement savings, disrupt your ability to provide for your family or drive you into additional debt. Look into coverages like disability, accident and life insurance that may be available through your employer or consider an individual life insurance policy. Also, commit

to funding your emergency savings account as part of your budget. And don't forget to think about how you would fund the cost of care if you or a loved one had a long-term care event.

3. Plan for the future. Start with your employer-sponsored retirement plan and commit to save at least up to the match, if available. If you already meet the match, resolve to increase your retirement contributions each year, or with each increase in pay. You don't just need a retirement plan, though – you need a plan for retirement! Consider diversifying your portfolio with an annuity. Also, in-plan guaranteed income options can serve as a powerful tool to protect savings during periods of market volatility, while still benefitting you when the market goes up.

In addition to these resolutions, also consider meeting with a trusted financial professional who can help you identify solutions that best meet your individual needs and situation. Visit www.lfg.com for more tools and resources.

With a few proactive strategies, you can get 2022 started on the right financial foot.

Category	2021 Price	% Change
Partridge	\$222.00	+6%
Turtle Doves	\$450.00	+50%
French Hens	\$255.00	+40.5%
Calling Birds	\$599.99	0%
Gold Rings	\$895.00	+8.5%
Geese-A-Laying	\$660.00	+57.1%
Swans-A-Swimming	\$13,125.00	0%
Maids-A-Milking	\$58.00	0%
Ladies Dancing	\$7,552.44	0%
Lords-A-Leaping	\$11,260.00	+12.6%
Pipers Piping	\$2,943.95	+7.1%
Drummers Drumming	\$3,183.17	+7.1%

THE PNC CPI APPLIES ITS OWN ANALYSIS TO BUYING THE GIFTS FROM "THE 12 DAYS OF CHRISTMAS."
Get the details behind the numbers at pnc.com/ChristmasPriceIndex

2021's annual Christmas price index reflects a mostly-reopened economy

(StatePoint) Following a bah-humbug year for the country's economy, one economic indicator predicts that the 2021 holiday season may resemble 2019 more than 2020 when it comes to price tags on gifts.

A light-hearted take on the Bureau of Labor Statistics' Consumer Price Index, PNC's annual Christmas Price Index calculates the total cost of items bestowed by a "True Love" who repeats all the verses of the classic holiday song, "The 12 Days of Christmas." This year,

purchase the gifts would cost \$41,205.58, a 5.7% increase compared to 2019.

"With most events cancelled in 2020, we removed 'Ladies Dancing,' 'Drummers Drumming' and other live performances from the Index last year, which resulted in an unprecedented 59% drop from 2019," says Amanda Agati, chief investment officer for PNC Asset Management Group. "We're trying to normalize the comparison by excluding a once-in-a-century pandemic that had an outsized impact on last year's data."

Taking 2020 out of the equation, Agati notes that both inflation and consumer habits are driving the rising costs of goods and services. Indeed, a tech-savvy "True Love" will spend an additional \$4,394 by paying for the ease of e-commerce convenience and fulfilling their shopping online.

For more details, visit PNC's interactive website at pncchristmaspriceindex.com.

Holiday shoppers take note, with a mostly reopened economy, being a "True Love" this season may cost you.

got stuff?
sell it in the classifieds.
765.361.8888



Service times:
10:02 am on Sundays
Wednesday night prayer meeting
at 6:30 pm.
vinechurchlife.org

A family for everyone



Waynetown Baptist Church
Service: Sunday 10:30 am
Children's Church
Casual Clothes, Everybody Welcome
Traditional and Contemporary



Woodland Heights Christian Church
Invites you to join us as we welcome our new lead minister:
Dr. Tim Lueking
Beginning Sunday, February 28th, 2021
Weekly Sunday Schedule:
Traditional Service - 8:15 AM
Sunday School for all ages - 9:30 AM
Contemporary Service - 10:30 AM
Woodland Heights Youth (W.H.Y.) for middle schoolers and high schoolers - 5-7 PM
Visit us online at WHCC.US
Woodland Heights Christian Church
468 N Woodland Heights Drive, Crawfordsville
(765) 362-5284
"Know Jesus and Make Him Known"



NEW ROSS UNITED METHODIST CHURCH
The BRICK CHURCH on State Street
Sunday Worship 9:00 AM
Children's Sunday School during Sunday Worship
In person or on Facebook at
Facebook.com/NewRossUnitedMethodistChurch
Pastor Michelle Knight
John 3:16
"Making the World a Better Place"



One Way Pentecostal Apostolic Church
802 Mill St. • Crawfordsville
Pastor Steve Lee and his wife, Tamara, invite you all to their spirit-filled church
Services
Sunday at 2 pm
Wednesday Evening Bible Study
7 pm
Saturday evening
(speaking spanish service)
at 7 pm



Southside Church of Christ
153 E 300 South • Crawfordsville
southsidechurchofchristindiana.com
Sundays:
Worship at 10:30 am
Wednesday Night Bible Study 7 pm



New Market Christian Church
300 S. Third Street • New Market
(765) 866-0421
Dr. Gary Snowden, Minister
Sunday Worship at 10:00 am
in the Family Life Center
(Masks Encouraged)
or in the Parking Lot Tuned to 91.5 FM
No Sunday School at This Time
nmcc@sbcglobal.net • newmarketcc.org
Visit Us on Facebook
*We Exist to Worship God,
Love One Another &
Reach Out to Our Neighbors*



new hope christian church
Helping people to follow Jesus and love everybody!
2746 S US Highway 231
Crawfordsville
Services:
Thursday night at 6:30
Sunday mornings at 10:30
Both services are streamed



Linden United Methodist Church
Making disciples of Jesus Christ for the transformation of the world
Sunday Worship 10:00 AM
in person or on Facebook at
www.facebook.com/LindenUnitedMethodistChurch
Sunday School 9:00 AM
Pastor Clint Fink
Email: lindenum@tctc.com
Website: lindenumchurch.org
"Making disciples of Jesus Christ for the transformation of the world."



Liberty Chapel Church
Phil 4:13
Church Services:
Sunday School 9 am
Church 10 am
Wednesday Children's Awana Program
6 pm-8 pm



LADOGA CHRISTIAN CHURCH
Church Service at 10 am
124 West Elm Street • Ladoga
(765) 942-2019
ladogachristianchurch@gmail.com
www.ladogacc.com



Faith Baptist Church
5113 S 200 W • Crawfordsville
(765) 866-1273 • faithbaptistcville.com
Sunday School 9:30AM
Sunday Morning 10:30 AM
Sunday Evening 6:00 PM
Prayer Mtg Wednesday 7:00 PM
*Where church is still church
Worship Hymns
Bible Preaching*



Hickory Bible Church
104 Wabash • New Richmond
Sunday Services:
Breakfast and Bible - 9:30
Church - 10:30
a small church with a big heart!
Dr. Curtis Brouwer, Pastor
765-918-4949



Garfield Apostolic Christian
4485 E 300 N • Crawfordsville
Services
Sunday at 10 am
Tuesday Prayer Meeting
6 pm - 7 pm
Thursday Bible Study
6:30 pm - 8 pm



Friendship Baptist Church
1981 West Oak Hill Road • Crawfordsville
Romans 15:13
Follow us on Facebook
Sunday school 9:30 am
Church 10:30 am
Wednesday Bible Study 4 pm



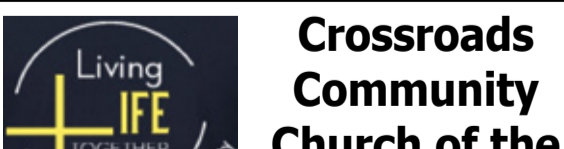
Fremont Street Baptist Church
1908 Fremont St • Crawfordsville
Sunday school 9:30 am
Church 10:30 am
Sunday Evening 6 pm
Wednesday Night Bible Study 7 pm



FIRST UNITED METHODIST CHURCH
Follow in The Sun
212 E. Wabash Avenue
Crawfordsville
(765) 362-4817
www.cvfumc.org
Virtual services at 9:00 am
Can be watched on channel 3
All are welcome to join and all are loved by God



EAST SIDE BAPTIST CHURCH
2000 Traction Rd • Crawfordsville
765-362-1785
www.eastsidebc.com
Services:
Sunday School at 9 am
Church at 10 am
Help and hope through truth and love



Crossroads Community Church of the Nazarene
Church Services: 8:30 and 10:30
Facebook Live Stream 10:30
117 E State Road 234 • Ladoga
765-866-8180



Congregational Christian Church
"Be a blessing and be blessed"
101 Academy Street • Darlington
765-794-4716
Sunday School for all ages 9:30am
Worship 10:30am
You can find us on Youtube and Facebook

SUNDAY

Readings and Writings

Sunday, Dec. 5, 2021

G2

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NEW & RECENT RELEASES



Quick READ
Title: To All the Dogs I've Loved Before
Author: Lizzie Shane
Genre: Romance
For Sale: Now
Price: \$6.99
Page Count: 352
ISBN: 9781538735930

First love gets a second chance when a mischievous dog finds a way to keep fetching the town librarian's high school sweetheart in this charming small-town romance.

The last person librarian Elinor Rodriguez wants to spend time with is her first love, Levi Jackson, but it seems her mischievous rescue dog has other ideas. Without fail, Dory slips from the house whenever Elinor's back is turned. And in Pine Hollow, calls about a dog herding cars on Main Street go straight to Levi. The quietly intense lawman broke Elinor's heart once, and now she's determined to move on, no matter how much she misses him.

As the kid who barely graduated—and still struggles to hide his dyslexia—Levi always believed that Elinor was way out of his league. Even though he ended their engagement all those years ago, Elinor still takes Levi's breath away whenever he sees her. But with a little help from a four-legged friend, Levi and Elinor may just get the second chance they deserve.

Includes the bonus novella 'I'll Be Home for Christmas' by Hope Ramsay!



Quick READ
Title: The Perfect Christmas
Author: Debbie Macomber
Genre: Holidays
On Sale: Now
Price: \$8.99
Page Count: 304
ISBN: 9780778311263

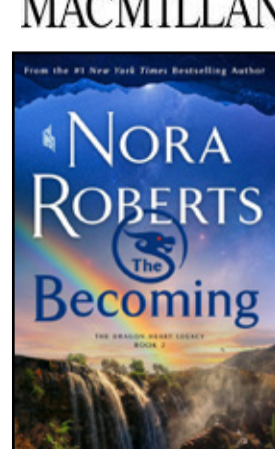
What would make your Christmas perfect?

For Cassie Beaumont, it's meeting her perfect match. Cassie, at thirty-three, wants a husband and kids, and so far nothing's worked. Not blind dates, not the internet and certainly not leaving love to chance.

So she hires professional matchmaker Simon Dodson. He's very expensive and very choosy about the clients he takes on, but he's got a great reputation. Cassie's astonished when he agrees to work with her.

Simon assigns her three tasks to complete before she meets her perfect mate: being a charity bell ringer, dressing up as Santa's elf at a mall and preparing a traditional turkey dinner for her neighbors (most of whom she happens to dislike). Despite a number of mishaps, Cassie does it all—and she's finally ready to meet her match.

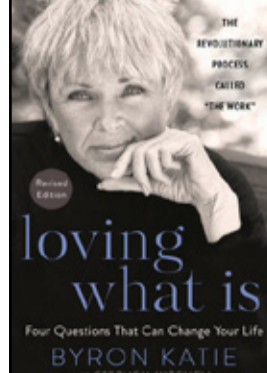
And he turns out to be a wonderful surprise, just like the perfect Christmas gift! "A sweet holiday treat from Macomber has become an annual staple for many readers, and this one doesn't disappoint." —RT Book Reviews



Quick READ
Title: The Becoming
Author: Nora Roberts
Genre: Fantasy
On Sale: Now
Price: \$28.99
Page Count: 448
ISBN: 9781250272706

The world of magick and the world of man have long been estranged from one another. But some can walk between the two—including Breen Siobhan Kelly. She has just returned to Talamh, with her friend, Marco, who's dazzled and disoriented by this realm—a place filled with dragons and faeries and mermaids (but no WiFi, to his chagrin). In Talamh, Breen is not the ordinary young schoolteacher he knew her as. Here she is learning to embrace the powers of her true identity. Marco is welcomed kindly by her people—and by Keegan, leader of the Fey. Keegan has trained Breen as a warrior, and his yearning for her has grown along with his admiration of her strength and skills.

But one member of Breen's bloodline is not there to embrace her. Her grandfather, the outcast god Odran, plots to destroy Talamh—and now all must unite to defeat his dark forces. There will be losses and sorrows, betrayal and bloodshed. But through it, Breen Siobhan Kelly will take the next step on the journey to becoming all that she was born to be.



Quick READ
Title: Loving What Is
Author: Byron Katie, Stephen Mitchell
Genre: Self-Improvement
On Sale: Dec. 7, 2021
Price: \$17.99
Page Count: 400
ISBN: 9780593234518

Discover the truth hiding behind troubling thoughts with Byron Katie's self-help classic.

In 2003, Byron Katie first introduced the world to The Work with the publication of Loving What Is. Nearly twenty years later, Loving What Is continues to inspire people all over the world to do The Work; to listen to the answers they find inside themselves; and to open their minds to profound, spacious, and life-transforming insights. The Work is simply four questions that, when applied to a specific problem, enable you to see what is troubling you in an entirely different light.

Loving What Is shows you step by step, through clear and vivid examples, exactly how to use this revolutionary process for yourself. In this revised edition, readers will enjoy seven new dialogues, or real examples of Katie doing The Work with people to discover the root cause of their suffering. You will observe people work their way through a broad range of human problems, learning freedom through the very thoughts that had caused their suffering—thoughts such as "my husband betrayed me" or "my mother doesn't love me enough."

If you continue to do The Work, you may discover that the questioning flows into every aspect of your life, effortlessly undoing the stressful thoughts that keep you from experiencing peace. Loving What Is offers everything you need to learn and live this remarkable process, and to find happiness as what Katie calls "a lover of reality."



Quick READ
Title: Stories for Christmas
Author: Bernadette Watts
Genre: Holiday
On Sale: Now
Price: \$25
Page Count: 248
ISBN: 9780735844674

Eight heartwarming classic tales for the Christmas season—illustrated by Bernadette Watts—in one beautiful volume.

A beautiful Christmas collection that includes The Smallest Snowflake, The Little Drummer Boy, Shoemaker Martin, The Star Child, The Snow Queen, The Little Donkey, The Christmas Story, and Varenka, this collection of stories will get you in the Christmas spirit.

"Watts' watercolors overlaid with crayon-like texture are appealing and rustic." —School Library Journal

Praise for Little Red Riding Hood (illustrated by Bernadette Watts) "My what big talent she has! The old is new again here, and this is a welcome addition to the fairy-tale shelf." —Kirkus Reviews

"A master in choosing a palette to fit each story." —Eric Carle



Quick READ
Title: A Family Christmas
Author: Caroline Kennedy
Genre: Holidays
On Sale: Now
Price: \$26.95
Page Count: 333
ISBN: 9781401322274

"When I began assembling [this] collection, I was skeptical that I would learn anything new about Christmas, but reading and reflecting on the history and spirit of Christmas brought back many memories, and taught me a great deal. . . . The literature of Christmas ranges from the miraculous to the tragic, the profound to the ridiculous, but always represents the connection to something larger than ourselves." —Caroline Kennedy In A Family Christmas, Caroline shares the Christmas poetry, prose, scriptural readings, and lyrics that are most dear to her, drawing on authors as diverse as Harper Lee, Nikki Giovanni, Martin Luther King Jr., Billy Collins, John and Yoko, and Charles Dickens. There are also many lesser-known gems throughout and personal treasures from her own family—including a young Caroline's Christmas list to Santa Claus and a letter from her father as President to a child concerned about Santa's well-being. This diverse and unique anthology will become a timeless keepsake, and will enrich your heart and mind with the spirit of Christmas. A Family Christmas includes selections from: Groucho Marx, Emma Lazarus, Mark Twain, Sandra Cisneros, Pearl S. Buck, Truman Capote, Gabriela Mistral, Ogden Nash, Clement Clarke Moore, Vladimir Nabokov, Marianne Moore, Calvin Trillin, E. B. White, and many more.

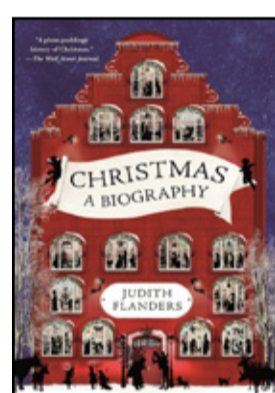


Quick READ
Title: Bright Burning Things
Author: Lisa Harding
Genre: Women's Literary
On Sale: Dec. 7, 2021
Price: \$26.99
Page Count: 336
ISBN: 9780063097148

A rising international literary star makes her American debut with this visceral, tender, and brave portrait of addiction, recovery, and motherhood, as harrowing and intense as Shuggie Bain.

Sonya used to perform on stage. She attended glamorous parties, dated handsome men, rode in fast cars. But somewhere along the way, the stage lights Sonya lived for dimmed to black. In their absence, came darkness—blackouts, empty cupboards, hazy nights she could not remember.

Haunted by her failed career and lingering trauma from her childhood, Sonya fell deep into an alcoholic abyss. What kept her from losing herself completely was Tommy, her son. But her love for Tommy rivaled her love for the bottle. Addiction amplified her fear of losing her child; every maternal misstep compelled her to drink. Tommy's precious life was in her shaky hands.



Quick READ
Title: Christmas, A Biography
Author: Judith Flanders
Genre: Holidays
On Sale: Now
Price: \$16.99
Page Count: 256
ISBN: 9781250190796

Christmas has always been a magical time. Or has it? Thirty years after the first recorded Christmas, one archbishop was already complaining that his flock was spending the day, not in worship, but in dancing and feasting to excess. By 1616, the playwright Ben Jonson was nostalgically remembering the Christmases of the old days, certain that they had been better then.

Other elements of Christmas are much newer—who would have thought gift-wrap was a novelty of the twentieth century? That the first holiday parade was neither at Macy's, nor even in the USA?

Some things, however, never change. The first known gag holiday gift book, The Boghouse Miscellany, was advertised in the 1760s "for gay Gallants, and good companions", while in 1805, the leaders of the Lewis and Clark expedition exchanged—what else?—presents of underwear and socks.

Christmas is all things to all people: a religious festival, a family celebration, a period of eating and drinking. In Christmas, bestselling author and acclaimed social historian Judith Flanders casts a sharp eye on its myths, legends and history, deftly moving from the origins of the holiday in the Roman empire, through the first appearance of Christmas trees in Central Europe, to what might be the origins of Santa Claus—in Switzerland—to draw a picture of the season as it has never been seen before.



Quick READ
Title: Simply Christmas
Author: Tama Fortner
Genre: Holidays
On Sale: Now
Price: \$14.95
Page Count: 128
ISBN: 9780593233382

Between holiday baking, hunting for the perfect tree, decorating, preparing for visiting relatives, and making sure everyone gets the ideal gift, Christmas can be anything but peaceful for a busy mom. Too often, the stress and busyness of the season make it difficult to find time to just sit and reflect on the wonder of the Savior's birth.

If this sounds familiar, allow Simply Christmas to be your personal invitation to slow down and savor the beauty of the manger this year. These thirty-one devotions are not dated, so you're welcome to begin reading anytime—whether that's on December 1, Christmas Eve, the day after Thanksgiving, or the middle of July—without even a smidgen of guilt or shame.

Accompanied by seasonally inspired full-color photographs, this thirty-one-day devotional brings a bit of calm to each day through a short reflection and Scripture, together with points to ponder and fun ideas for simplifying your Christmas traditions



Quick READ
Title: Greenwich Park
Author: Katherine Faulkner
Genre: Thriller
On Sale: Jan. 25, 2022
Price: \$27.99
Page Count: 384
ISBN: 9781982150310

"Gripping and haunting and gorgeously suspenseful. I couldn't put this thriller down and can't recommend it highly enough." —Zakiya Dalila Harris, author of The Other Black Girl

A twisty, whip-smart debut thriller, as electrifying as the #1 New York Times bestseller The Girl on the Train, about impending motherhood, unreliable friendship, and the high price of keeping secrets.

Helen's idyllic life—handsome architect husband, gorgeous Victorian house, and cherished baby on the way (after years of trying)—begins to change the day she attends her first prenatal class and meets Rachel, an unpredictable single mother-to-be. Rachel doesn't seem very maternal: she smokes, drinks, and professes little interest in parenthood. Still, Helen is drawn to her. Maybe Rachel just needs a friend. And to be honest, Helen's a bit lonely herself. At least Rachel is fun to be with. She makes Helen laugh, invites her confidences, and distracts her from her fears.

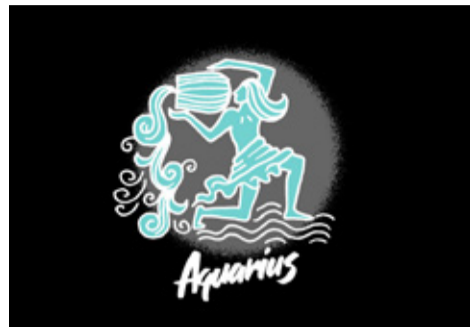
But her increasingly erratic behavior is unsettling. And Helen's not the only one who's noticed. Her friends and family begin to suspect that her strange new friend may be linked to their shared history in unexpected ways. When Rachel threatens to expose a past crime that could destroy all of their lives, it becomes clear that there are more than a few secrets laying beneath the broad-leaved trees and warm lamplight of Greenwich Park.

Sillyscopes and More

Sunday, Dec. 5, 2021

G3

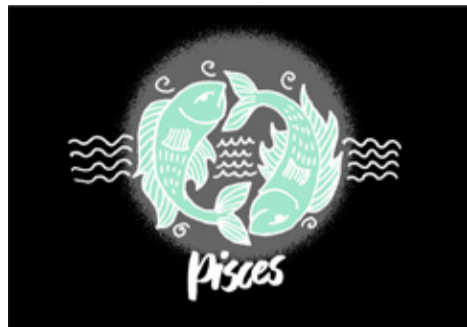
Sillyscopes is intended for entertainment purposes only for readers of The Paper of Montgomery County. It is not intended to be used for practical advice (like anyone really would!).



AQUARIUS

Jan. 20 – Feb. 19

Ever notice how Indiana weather is like a giant tease for us? Just when you want snow to put you in the Christmas shopping mood, Mother Nature gives you spring-like temps. Then when you want spring to stick around, Mother Nature throws the winter switch back on. Sheesh!



PISCES

Feb. 20 – March 20

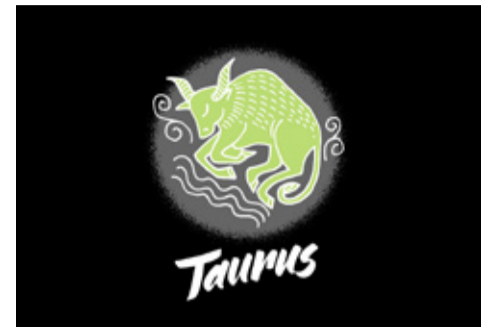
It appears the up-and-down weather is as indecisive as you are Pisces. That's OK, you are also nothing if not kind so you won't let this little short-sleeves vs. layers upon layers get you down. That's why everyone likes you.



ARIES

March 21 – April 20

Ah, the Christmas season is upon us. Of course that also means romantic nights by the fireplace with that someone special . . . or forget the human companionship and go for the four-legged furry friend and a warm cup of hot cocoa!



TAURUS

April 21 – May 21

Admit it Taurus, you can be a bit stubborn at times. However, it won't do you any good to be stubborn about the weather since you can't really control it. So how about showing some of that patience you are known so well for?



GEMINI

May 22 – June 22

You are notoriously sociable, Gemini. So let that great trait be your driving force and chat up all the friends you have! On one hand, you might help a buddy whose feeling down. On the other hand, it might make a difference when those same pals do their Christmas shopping . . . if you get our drift!



CANCER

June 23 – July 23

You are incredibly sensitive Cancer, which isn't necessarily a good thing at this time of year. The Lifetime Channel, Hallmark and other networks are overdosing on Christmas movies. At this rate you'll need to invest in a whole carton of tissues!



LEO

July 24 – Aug. 23

Christmas is the perfect season to make up for a few feelings you may have hurt this year, Leo. So think about it and loosen up those purse strings – or in other words, don't be cheap. Say you're sorry with a nice present!



VIRGO

Aug. 24 – Sept. 23

Virgo, you often wonder about people who read horoscopes, don't you? After all, there can't really be anything to this nonsense, right? Hard to believe some people live their lives through this, isn't it? And yet, here you are. Hmmm . . .



LIBRA

Sept. 24 – Oct. 23

If we told you the sky was blue, Libra, you'd say teal. If we said tomato you'd say . . . well, no thanks because you don't particularly like tomatoes. But the point is that you are too argumentative of late. It's Christmas. Lighten up!



SCORPIO

Oct. 24 – Nov. 22

You are the jokester, aren't you, Scorpio? Well, just remember that when you play tricks on some of the folks who might be close to Santa, they can get the fat man to re-consider what he's leaving in your stocking on Christmas morning. Think about it!



SAGITTARIUS

Nov. 23 – Dec. 22

Was it really worthwhile to spend so much on the "deal-of-the-century" Cyber Monday? Now you're worried about cybertheft, cyberscams and cybercons. Ah Sagittarius, you're pondering some of life's great mysteries. Deep. Very deep.



CAPRICORN

Dec. 23 – Jan. 19

Cheer up, Capricorn. Despite absolutely "knowing" that you are on the Naughty list this year, there's a better than fifty-fifty shot that Santa has you on the Nice list. So don't be pessimistic and keep a positively cheerful holiday attitude.

CROSSWORD												
1	2	3	4		5	6	7		8	9	10	
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	50	51				52				53	54	
55						56				57		58
59						60				61		
62						63				64		

STATEPOINT CROSSWORD THEME: YEAR IN REVIEW

- ACROSS**
- Coalition of countries
 - King trump-er, some-times
 - Cuckoo bird
 - ___ weevil
 - Smelting waste
 - Kitchen-wear
 - Coke or Pepsi
 - Check-in via text, email, etc.
 - Settler transport
 - *2021 Super Bowl winner, two words
 - Before long, to Shake-speare
 - Jeopardy
 - Auction action
 - Puts down
 - Coroner's performance
 - Band booking
 - Snicket of "A Series of Unfortunate Events"
 - Stravinsky's "The ___ of Spring"
 - Mine passages
 - *Build Back Better ___
 - Eucharist plate
 - Table hill
 - Good review
 - "Tit for ___"
 - Buck feature, pl.
 - *First female VP
 - Evergreen creeper
 - It goes with gin, accord-ing to Snoop Dogg
 - Mongolian desert
 - *COVID-19, e.g.
 - Poison ivy or Poison oak
 - International Civil Avi-ation Org.
 - Distinctive smell
 - House coat
 - Asian cuisine food thickener
 - Pelvic parts
 - Gallery display
 - Self-proclaimed greatest boxer
 - Count on
- DOWN**
- "Monty Python" broad-caster
 - Rioter's take
 - Cantina pot
 - Fasteners or holders
 - Cover story
 - *Suez ___, too tight for Ever Given
 - Like custard
 - Mythological ship
 - "High" time
 - Wayside stop
 - Thinly spread
 - Look forward to
 - * ___ Papers, leaked
 - offshore account information
 - Banana refuse, pl.
 - Exchange for money
 - Old World lizard
 - *January 20th honoree
 - Anti-elderly one
 - Those not in favor
 - Pita, alt. sp.
 - Take without asking
 - Gossiper, Yiddish
 - *Perseverance landing spot
 - Edible tuber
 - *Kabul's organization in power
 - *The Nobel ___ Prize was awarded to Ressa and Muratov
 - Snoop around
 - Snowmobile brand
 - Give the boot
 - **"Stronger" by Cindy McCain, e.g.
 - Southwestern hut
 - Sushi restaurant staple
 - ___ gum, food additive
 - Leave out
 - Home to the Leaning Tower
 - Not in use
 - One in mattress
 - Spot for a facial
 - *Actor Liotta, star in "The Many Saints of Newark"



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SUNDAY

Health and WELLNESS

Sunday, Dec. 5, 2021

H1

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Going in for colorectal cancer screenings when needed

This week I want to talk about screening for colorectal cancer (CRC). Fortunately, screening for this type of cancer has become more common due to increased public awareness aided by campaigns such as CDC's Screen for Life Action Campaign www.cdc.gov/cancer/colorectal/sfl/.

There were approximately 148,000 cases of CRC in 2020 and 53,000 deaths in 2020 making it the fourth deadliest cancer in men and third deadliest in women. If caught when the disease is localized to the colon, 90 percent of patients live at least five years after they are diagnosed. However, only 39 percent of people are diagnosed at an early stage.

The good news is that the number of new cases and deaths has continued to drop over the last decade or so. The decreases are likely due to more people undergoing recommended screening, but may also be due to other factors as well. However, we are seeing it appear at younger ages, such as in actor Chadwick Boseman who died at 42.

Warning signs that may indicate CRC include blood in the stool, persistent



JOHN R. ROBERTS, M.D.
Montgomery Medicine

abdominal pain, change in bowel movements (especially smaller diameter stools), unexplained weight loss and iron-deficiency anemia.

An advertisement that ran in the New York Times a few years ago listed three early warning signs of colon cancer: You feel great; You have a healthy appetite; You're only 50. This brilliant ad designed to let people know they can have CRC without any warning signs.

The risk of developing CRC increases with age (93 percent of cancers occur after age 50). A family history of a sibling or parent with CRC or colon polyps also increases one's risk for CRC, though 75 percent of CRC occurs in patients with

no family history.

Inflammatory bowel disease (Crohn's disease & ulcerative colitis) also increases the risk of CRC. Not exercising regularly, eating a diet high in fat and low in fruits, vegetables and fiber, cigarette smoking, being obese, or drinking too much alcohol are also risk factors.

Colorectal cancer usually begins as a small nest of abnormal mucus-secreting gland cells in the wall of the colon (large intestine). The cells eventually grow into finger-like projections inside the colon called polyps. These polyps are not cancerous, but they have the potential to transform into cancer. There are two types of polyps - adenomatous and hyperplastic. Adenomatous polyps have the potential to become cancerous, while the hyperplastic variety do not.

The goal of any cancer screening program is to either find abnormal appearing cells before they have turned into cancer or discover a cancer when it is very small. There are a number of different ways to screen for CRC and different professional groups have produced various

screening recommendations. Descriptions of the various screening methods can be found in the reference link at the end of this article.

CRC screening tests can be divided into those that detect adenomatous polyps and cancer and those that detect only cancer. The former group includes flexible sigmoidoscopy (a scope that visualizes the lower part of the colon), colonoscopy (a scope that looks at the entire colon), double-contrast barium enema (an X-ray procedure where dye and air are inserted in the colon), and "virtual colonoscopy" (an X-ray study using a CT scan to construct a three dimensional image of the colon). Flexible sigmoidoscopy and colonoscopy offer the added benefit of allowing the physician to biopsy and remove polyps or suspicious lesions at the time of screening.

Colonoscopy is certainly the gold standard for detection of CRC, but many patients are sometimes squeamish about having one. There are other less invasive tests that can be done, though they are not as sensitive at detecting polyps and cancer.

Less invasive tests that

may detect cancer include high-sensitivity fecal occult blood testing (FOBT) and fecal immunochemical testing (FIT). FOBT is falling out of favor as it involves following a specific diet and submitting multiple stool samples to a doctor or lab where they are tested for microscopic blood.

The FIT test has, for the most part, supplanted the FOBT in most doctors' offices. It has the advantage of not requiring dietary restrictions prior to doing the test and can be performed on a single stool specimen. It is also specific for human blood proteins whereas the FOBT may detect animal blood protein that a patient consumed and give a false positive test. If any of these tests are positive, it is usually recommended that patients have a colonoscopy to locate the source of the blood.

The newest test to gain FDA approval is Cologuard[®], a stool test that uses a combination of FIT and a test for DNA specific to colon cancer cells. This test has some potential problems including a high false positive rate of 13 percent (the test is positive, but the patient does not have

cancer). The FIT test has about a five percent false positive rate.

If you are over 45 or have other risk factors, you should speak to your doctor about what test or combination of tests may be right for you. The US Preventive Services Task Force gives its highest "Grade A" recommendation for screening patients ages 50 to 75, and "Grade B" recommendation for starting screening at age 45. Screening for those over 75 is generally not recommended unless a physician feels there are other circumstances to warrant it.

Since the Affordable Care Act was signed into law, all insurance companies are required to pay for recommended screening for CRC with no patient cost sharing such as co-pays or deductibles. However, if a patient has a colonoscopy or sigmoidoscopy and a polyp is found, the patient will likely incur the cost of the biopsy procedure and pathology charges to examine the tissue.

For more detailed information, you can visit bit.ly/1znluju6 for the latest Colorectal Cancer Facts & Figures.

How to make the holidays less stressful for the whole family

(Family Features) Between changes in routine and visiting family (or having them visit you), the holidays can be emotionally overwhelming for children and adults alike, even in "normal times." Add in inclement weather, the desire for a perfect holiday and parents still working, and you have a perfect cocktail for emotional meltdowns.

"The key to enjoying whatever this holiday season brings is to acknowledge the range of emotions the entire family may be feeling and hold space for those feelings,"

said Ariel Acosta from KinderCare's Inclusion Services team. "By working on a few key things now before the heightened expectations and busyness set in, families can build a toolbox of skills that will help make the season less stressful for everyone."

Consider these tips to help families prepare for a less stressful holiday season.

Find ways to destress as a family - Throw on some music and have a dance party. Incorporate some simple yoga moves or stretches into your day to create mindful mo-

ments. Help your children create a list of calm-down techniques to choose from when they start to become overwhelmed or as a way to reset after an outburst, such as taking a deep breath.

Set expectations for greetings - Talk with your children about your family's expectations around greetings and help them think of and practice different ways to say hello, such as a hug, handshake, high-five, wave or verbal greeting. Giving your children options ahead of time allows them to choose the greeting that

feels most comfortable in the moment. To lessen the pressure, make sure family members and friends understand what you and your children are comfortable with. For example, "It looks like Zazil doesn't want a hug right now, Auntie Mei. Perhaps a high-five would be better."

Give your children (and yourself) grace - Talk with your children about the range of emotions you feel throughout the day. This can help them learn emotional literacy and flexible thinking. It also normalizes feelings.

When a big feeling does happen, remember to connect before you correct by labeling and validating your child's emotions: "I can see that you're really sad we have to leave the party. Leaving makes me feel sad, too. What would help you feel better?"

If your child is engaged in unsafe behaviors, like hitting, wait until after everyone is calm before talking about what could be done differently next time.

"How you handle your mistakes can be a powerful example for your children," Acosta said. "Once

you're calm, explain what happened to your children. Start by naming your emotion, apologize if you didn't handle your feelings well and let your children know what you plan to do differently next time. "I was really mad you two were arguing and I yelled. I shouldn't have done that. Next time, I'm going to try to remember to take some deep breaths to help me speak more kindly."

For more tips to help your children with social and emotional development, visit kindercare.com.

Keep healthy for the holidays

(Family Features) During this year's holidays, many families are looking forward to celebrating a closer-to-normal season. However, that means staying healthy and keeping all kinds of germs at bay, including seasonal cold and flu bugs.

"With life getting back to normal, we are expecting a more severe cold and flu season than we encountered last year," said Dr. Jennifer Caudle, family physician. "It's important to both take preventative measures and stay prepared for keeping symptoms at bay. I recommend looking for over-the-counter medicines with active ingredients like dextromethorphan and guaifenesin, which help relieve both cough and chest congestion."

Practice good hygiene. Washing your hands has become a common refrain throughout the pandemic because it's a simple and effective way to keep germs away, whether they're of the global pandemic variety or a common cold. As you're out shopping and mingling this holiday season, you're likely to come into contact with more germ-laden surfaces than usual. Shopping carts, doors and public restrooms are major culprits, so carry

sanitizer and be sure to give your hands a thorough wash when you get home.

Treat symptoms. While addressing the symptoms of an illness won't necessarily make it go away, it can ease your discomfort while it runs its course. An option like Mucinex 12 HR Extended Release Tablets provides relief for 12 hours by helping thin and loosen mucus to relieve chest congestion. The tablets are also available in a DM formula, which provides relief for both wet and dry coughs.

Protect your immune system. A healthy immune system helps your body fight off germs so you don't get sick, or if you do come down with a cold or the flu, you may have a milder, shorter illness. Getting plenty of rest, staying well hydrated, eating well-balanced and nutrient-rich meals and getting plenty of regular physical activity can all help keep your body in good condition to fight off seasonal germs.

Keep your medicine cabinet stocked. There's hardly anything worse than waking in the middle of the night with a cough or sinus trouble and discovering your medicine cabinet is empty. Be proactive by restocking on over-the-counter basics to help keep your

symptoms in check. It's also a good idea to check the expiration dates of any medications you do have on hand and replace anything that is out of date.

Be mindful of spreading germs. If you do get sick, you can take steps to protect your loved ones. If possible, stay home until your symptoms have passed and you're less likely to be contagious. Covering your nose and mouth with a tissue when you cough or sneeze, or sneezing into your elbow if you don't have a tissue, can be effective in preventing the spread of germs.

Know when to consult a doctor. In most cases, minor cold symptoms don't require a visit to the doctor (unless you think you may have been exposed to COVID-19 and need to arrange for testing). However, if symptoms don't resolve within a week, grow worse in a short period of time or aren't responding to over-the-counter medicines to ease your symptoms, it's a good idea to schedule an appointment with your doctor or at least speak with a triage nurse for advice.

Find more resources to help you prepare stay healthy for the holidays at Mucinex.com.

Managing grief during the holidays

(Family Features) The holidays, as well as birthdays and other celebrations, are often difficult for anyone who has experienced the death of a loved one, particularly during the first year of adjusting to life without them.

The holiday season may result in a renewed sense of grief, especially as well-intentioned individuals are encouraging those who are grieving to participate in traditional festivities. While there can be joy in being together with family and friends, the holidays can also bring feelings of sadness, loss and emptiness.

For those who find themselves struggling with grief during the holidays and other celebrations, consider these ideas from Remembering a Life, an online resource from the experts at the National Funeral Directors Association.

Talk About Grief
Grief isn't a linear journey. Ignoring pain and emotions won't make it

go away. Don't be afraid to talk about grief with others. Confiding in close family and friends can help a grieving person feel heard and understood.

Establish Boundaries
During the Holidays
Friends and family

may encourage a grieving person to participate in the holiday just as they normally would. While these intentions are typically good, it is important for the bereaved to set boundaries and focus on what they want. While grieving, one should openly and honestly discuss wishes with friends and family and clarify what they are comfortable with and have the emotional bandwidth to do.

Acknowledge the Loss
Families can find ways to honor their loved one's physical absence during holiday celebrations by incorporating their spirit into celebrations and holiday traditions. Examples of this could be decorating ornaments in ways that are symbolic of a loved

one, cooking their favorite meal or making a memorial donation to a favorite charity.

Reflect On and Embrace
Fond Memories
Memories of a loved

one, both from the holidays and other special times, are an important legacy. Rather than ignoring these memories, talk about them with family and friends. It's OK to laugh and it's OK to cry. One way to facilitate this activity is with Remembering a Life's Have the Talk of a Lifetime Conversation Cards, which can help families share stories and memories about loved ones and themselves. It can make for a meaningful activity during holiday gatherings.

It is important to remember that even though an individual may be grieving, they can still celebrate and enjoy the holidays. Find support and resources for grief during the holidays and other special times of the year at RememberingALife.com.

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SUNDAY

Health *and* WELLNESS

Sunday, Dec. 5, 2021

H3

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Special Gifts to Celebrate Loved Ones



FAMILY FEATURES

Stylish, flavorful, healthy, useful for daily life – gifts of all kinds can put smiles on your loved ones' faces this holiday season. Whether the special person on your list is a fashion expert, foodie, work-at-home busybody or the neighborhood gearhead, these practical presents offer exciting ways to make the holidays memorable.

Visit eLivingtoday.com for more gift ideas to celebrate those nearest and dearest to your heart.



Healing in Style

To make stockings extra special this year, consider a colorful and artistic way to cover and protect your family's minor cuts, wounds and scrapes. Designed by graphic artist Kendra Dandy, CURAD Flex-Fabric Bandages feature fun, fashionable designs in multiple shapes and sizes. These eye-catching, wearable pieces of art offer multi-purpose protection for everyone in the family, including kids and fun-loving adults. Find more information at curad.com.



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Shine a light on your home office or e-learning space with a solution like the OttLite Achieve LED Sanitizing Desk Lamp with proven, patented SpectraClean technology that safely breaks down harmful bacteria to create a healthier and more productive space. Plus, with two ways to charge your devices (wireless charging and USB port), it's a gift your recipient can use all year long. Plus, the clean, white light is proven to reduce eyestrain by 51%, making it a valuable way to read, work and study. Find more information at ottilite.com/sanitize-achieve.

5 Tips to Wrap Gifts Like a Pro

The thought is what truly counts, but a crisply wrapped package shows your loved ones just how much time and effort you put into their gifts this holiday season. For a gift that looks like it was wrapped by Santa himself, consider these tips:

- 1. Keep supplies together:** Each year when you're done wrapping, store your scissors, tape, ribbons, bows and tags together. That way, when it comes time to wrap this season's gifts, you're not searching for each item individually.
- 2. Pick the perfect paper:** Shop for a few wrapping paper options that complement one another. This aids the appearance of your assortment of presents under the tree, so they provide an array of colors and styles without clashing.
- 3. Work in shorter sessions:** Rather than trying to wrap all your gifts at once and burning yourself out, make it a fun experience by wrapping 2-3 presents at a time. Add joy to the task by playing your favorite holiday music or turning on a classic movie so it feels more like an exciting tradition than a chore.
- 4. Use household items as helpful tools:** The neater you can keep your wrapping paper, the sharper it'll look as a finished product. Cut an empty cardboard toilet paper roll down the side then use it as a cuff to wrap around your wrapping paper roll to avoid wrinkling. While you're wrapping, an item as simple as a paper clip can make things easier – use it to mark the end of the tape on the roll or clip it on to the edge of your wrapping paper roll to keep things neat and tidy.
- 5. Tag gifts as soon as they're wrapped:** Corners that don't seem as crisp as you hoped might be annoying but wrapping a group of gifts only to forget which is which can be downright frustrating. Once the kiddo's newest toy is safely wrapped, make sure to immediately put a gift tag on the package before it's mixed up with grandma's sweater.



A Gift for Car Aficionados

For the drivers on your list, keep them prepared for the road with an option like Michelin Endurance XT Silicone wiper blades, which provide a smooth, streak-free wipe and improved driver visibility even in extreme weather conditions. With 130 years of rubber expertise, this premium blade is specifically engineered to last twice as long as standard wiper blades. Find more information at Walmart.com.



A Smokin' Good Holiday Spread

Elevate your hosting with Latitude 45 Smoked Salmon from Patagonia's glacial-fed fjords. It's the only available salmon smoked within 24 hours of leaving the water. It's listed in the top 25% of food companies worldwide on the Dow Jones Sustainability Index, and its pure, clean and fresh taste makes for endless pairings options for a crowd pleaser in your holiday spread. Find options near you at latitude45salmon.com/store-locator.

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Sunday, Dec. 5, 2021

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Hammer on victims

Boy, this time of year sure can be tough on some of us. I feel like I'm always too hot because I bundled up too much or too cold because I didn't. And then when the furnace in the office kicks on with the intensity of a noon-day sun, well, I was glad the place was deserted as I started peeling off sweatshirts. Even after that, I was still poring sweat so I thought I might go fiddle with the thermostat when boom - I ran straight into the chest of none other than John Hammer - the big hulk of a man whose neck is red and who bleeds red, white and blue.

"People want to be victims," he boomed. "I've decided that's just who we've become. That kid who was on trial for the shooting in Wisconsin, the one who got acquitted? I was listening to all the talking heads from the entertainment and sports worlds lose their minds. They said him being found innocent was just another example of how the system is broken - how they are oppressed and what an injustice this is . . . never mind the fact that most of the ones talking could buy and sell everything I have 100 times over and not skip a beat. And never mind the fact that not one of them sat through the trial and heard all the facts of the case like the jury



TIM TIMMONS
Two Cents

point is that in this country, at this time, everyone wants to be a victim."

I thought about replying but was spending most of my time trying to catch my breath after going from near heat stroke to just near a stroke.

"They are being bullied," he said in a falsetto voice that sounded really weird coming from his natural deep bass. "They are oppressed. They are fat because the food industry profits from that. They are on medications because the pharmaceutical companies are crooked."

The falsetto ended.

"Everything that's wrong in their lives is someone else's fault," he boomed again. "They are victims. Hell, Timmons. I

Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at ttimmons@thepaper24-7.com.

did. The remember a time in this country when no one wanted to be a victim. Maybe we had too big of chips on our shoulder, maybe we were too insensitive. I don't know. I just know that being a victim meant that you couldn't do anything about it, and nobody I knew wanted to be in that boat. When did that change? When did we decide we're all victims?"

"I don't know John," I said, finally catching my breath. "I mean there are some awfully valid points about minorities historically being victimized by-"

"Oh stop it!" he yelled. "I don't disagree that there have been wrongs, huge wrongs, wrongs I can never make up for. But where is it getting us focusing on that? You think teaching little kids that because they are different colors that it's going to change anything. Let the little kids see us all working together and that's how you impact it. Besides, you see any racism on a playground with 5-year-olds? Hell, no! They just

want to play."

He had a point.

"Look, you're never going to eliminate racism. Just like you're never going to eliminate stupidity. But good Lord, quit focusing on the idiots. What was it one of those comedians said, you can't fix stupid. That's right. But if we stop this insanity where all we do is rant and rave about being victimized then we're sure not fixing anything either. Do you think LeBron James, one of the biggest complainers ever, got to where he is by complaining all the time about what's wrong with basketball? I'm guessing he just worked harder. And by working harder he made a name for himself, and is earning more money than his grandchildren can spend. And good for him for doing it. But now, he wants to mouth off and tell people the system is broken? Kind of hypocritical, ain't it?"

"Well, maybe John. But you have to agree that there's some validity to the question of why this kid was even in Wisconsin because-"

"Timmons, lucky for you and him that being stupid ain't a crime," Hammer jumped in. "I agree that he should have never been there in the first place and if I was his daddy, we'd be having a

pretty frank talk about that - and I don't care how old he is. But that doesn't have a dang thing to do with whether or not he was guilty. And it sure as hell doesn't have anything to do with all this crying about being victims.

"I'll tell you what," he continued. "This kid is going to win a whole lot of money over, what's the term, libel and slander? And you won't hear much about that in the news. But what's worse is while we all sit here and wring our hands and cry that we're victims, we're just getting weaker and weaker as a nation. We got enemies, Timmons. We got countries and terrorist organizations out there who hate us, who want what we got. If we keep this up, if we don't be careful, somebody is going to come along and teach us what it's really like to be a victim."

Hammer stomped off. I felt a chill. Had the furnace quit blowing? Sadly, I didn't think that was it.

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Darkness will always be overcome by the light along the path

Inside the depths sometimes there emerges evil from the darkness.

This is often the image seen as we sit watching a film or TV show as we sit on the edge of our seats, sometimes even screaming at the character - don't go in there!

But inevitably, to push the story along, the character presses on often to his/her own dismay or demise. I wish that these moments were left to the world of fiction but sadly there is a reality that finds each of us at some point in our lives when the darkness envelopes the circumstances of our lives.

The darkness can be brought on by others or us, or a mixture of both. They can also simply be the reflection of things within



RANDALL FRANKS
Southern Style Columns

you not working the way they were intended. Chemical imbalances, mental illness, addictions are all part of that mix.

These moments can push a person on much like the character in the movie. That can

Randall Franks is an award-winning musician, singer and actor. He is best known for his role as "Officer Randy Goode" on TV's "In the Heat of the Night" now on WGN America. His latest CD release, "Keep 'Em Smilin'," is by Crimson Records. He is a member of the Independent Country Music Hall of Fame. His latest book is "A Badge or an Old Guitar: A Music City Murder Mystery." He is a syndicated columnist for <http://randallfranks.com/> and can be reached at rfrankscatoosa@gmail.com.

entail them doing things that they would never do otherwise.

I wish I could say in my life that I have not seen such moments, but I have seen my family struggle with the impact of the darkness. The only thing in science that will chase away the dark is the light. In my belief, the greatest Light emanates from God's love shared through Jesus Christ. He is always there

waiting to shine upon even when we wish to cover our own lives in the darkness. There is no deep cavern of shame, regret or guilt that any of us can enter that His light cannot find where we are. All we have to do is ask.

The asking isn't always easy, but one thing for sure, beyond the asking comes the hardest part of the work to push the darkness away each and every time it creeps into our environs. He will walk along with us providing the Light even when we are weak. He will cry with us when we fail, fall short and are flat on the ground begging for Him to take us back.

The greatest gift is He never let us go, He was there hoping for us to prevail. While we may not do it each and every time,

He is still there.

He is why so many are also still there and did not completely give up to the darkness.

I pray that you always find the Light shining upon your path.

Randall Franks is an award-winning musician, singer and actor. He is best known for his role as "Officer Randy Goode" on TV's "In the Heat of the Night" now on WGN America. His latest 2019 #1 CD release, "Americana Youth of Southern Appalachia," is by the Share America Foundation. He is a member of the Old Time Country Music Hall of Fame. His latest book is "A Badge or an Old Guitar: A Music City Murder Mystery." He is a syndicated columnist for <http://randallfranks.com/> and can be reached at rfrankscatoosa@gmail.com.

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Some of C'ville's best were Presbyterian Church leaders – this one, too

Ten families centered in Rice's Fort near Washington County, PA (near present day Pittsburg) on Short Creek for protection from Native American Indians during uprisings. It was there, young Henry Rice fell in love and married Elizabeth Leffler whose father was with the group. His brother, Daniel married her sister, Anna Margaret and the Rice sister married Henry Fullenwider then later, Jonathan, a nephew of Daniel Boone. Their father, Jacob Rice, according to The Rice Family of Rice's Fort, was one of four German brothers who had settled inagerstown, Md.



KAREN ZACH
Around The County

Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County.



in the Presbyterian Church as well as the town of Corydon, serving as president of the first town board. He passed away Sept 25, 1825, Elizabeth Sept 28, 1831 and are both buried in Cedar Hill Cemetery there.

Our subject, John Rice was their 11th child born in Rice's Fort or at least Washington County PA although one source said Wheeling, Virginia on April 16, 1804 and certainly grew-up in Corydon. He was married twice, the first time to Sophia Hinsdale, quite an impressive woman from Vermont who had an exceptional education and actually came to Indiana to teach, then fell in love with John. They married June 29, 1829. Sadly, she passed away September 4, 1846, blessing him with ten children; however, five had passed – she told him, "I take five children and leave five with you!" John remarried Nan-

cy Baldwin 20 Feb 1849 near Corydon. Nancy was a well-loved local woman and an active member in the Presbyterian Church. Altogether, John fathered 15 children, adding five more with Nancy. At his death, however, there were only seven living. John and Nancy are buried in the Masonic (Oak Hill Grant Avenue) cemetery.

John Rice began his career as a cabinet maker and builder. In 1845, he built his own grist and saw mill at Corydon and prospered. Yet, 15 years later it burned to the ground. He moved to New Albany where he built a mill and ran it until the war broke out when he lost about \$8,000 because of flour he had shipped to New Orleans that was confiscated by the rebels and he never saw payment. After the war, he moved to Bloomington where he worked in a stock business doing a good trade then in 1871, he moved to Crawfordsville and engaged in stock here throwing in some wheat trade. As a mover, shaker and elder of the local Presbyterian Church, he was also a staunch republican, but always said he was not a politician. In fact, he refused the nomination for both sheriff and representative.

His children loved him dearly

and celebrated each birthday with great hoopla. At one, he and his daughter, Ruth prepared an autobiography and read to all with many laughs and some sadness. Then, on his 91st, it was like a card party having contacted lots of his old friends to send him a note and they were enjoyed by all with correspondence from as far away as California, Pennsylvania, New Jersey, Michigan, Missouri. Of course, great feasts were enjoyed by all present at his beautiful home on South Washington each added year.

It wasn't just at his birthday there were visitors to the Washington home, as the papers were full of people visiting for a few days (New Albany, Missouri ...)

In 1890, an interesting tidbit in the Weekly Journal (18 Oct) told of a very large sum of money that was left to John by his mother's uncle, a German who had placed his money in the Bank of England, but I didn't discover the outcome of that.

In 1897, (Cville Review 27 Feb) a brief article was presented discussing the oldest men of the city, and at age 94, John wasn't the oldest, but followed Joseph Ensminger who was 98 who was in "fair health." Mr. Rice, however "walks once or twice a week from his home to his son's house on Water Street, a distance of four square and is not complaining much about his health."

Besides his business problems, one of the sorrows of his life was losing the youngest son, "Little Willie," born in New Albany. This was during the war and Little Willie with his beautiful, sparkling blue eyes and floppy mop of curly blonde

hair, visited the two soldier's hospitals and sang on his own at age two several war songs, such as Rally Round the Flag, Boys. The soldiers adored him and were as devastated as the family when Willie passed a couple months shy of his third birthday of diphtheria.

At the time of John's death, he had lived here for 37 years. Two of his seven children left lived here (Susan Bryant and John B) as well. Nearest I can tell he had 16 living grandchildren, two here who kept a close eye on the old gentleman. At the end of his life, he told this story several times and I believe he was likely living it at the end. "I recall very plainly a sense of a time when my sisters, Lydia and Elizabeth sat in an upstairs room singing, Coronation. Suddenly the roof and windows were covered with martins. So vividly did this sense impress me that, almost unconsciously, I sang All Hail the Power of Jesus' Name, and was joined by these two sisters." He went on to recall that his mother rocked the cradles and sang, Come Ye that Love the Lord and Let Yours Joys be Known, and one of his favorite hymns, How Firm a Foundation Ye Saints of the Lord, "was sung to him at his request, as his spirit took its flight!" Bet he's resting in peace!

Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County. You can reach her at Karen@thepaper24-7.com.

Butch Dale says Marion Morrison was tops!

Did you enjoy watching Marion Morrison in western movies? He had a great screen presence and usually played the courageous "good guy." You never heard of him? Well, when Marion began making movies, he changed his name to . . . John Wayne! In the 1950s, one of my favorite TV westerns was Wyatt Earp, played by Hugh O'Brian, whose real name was Hugh C. Krampe . . . seriously. My brother liked TV stars Roy Rogers and Dale Evans . . . their real names . . . Leonard Slye and Frances Smith. (I'm glad my brother received the Roy Rogers lunchbox for Christmas instead of the Leonard Slye lunchbox.) In the old musicals, I enjoyed watching Fred Astaire and Virginia McMATH . . . better known as Fred Astaire and Ginger Rogers.



BUTCH DALE
Columnist

Kappelhoff), Judy Garland (Frances Gumm), Mickey Rooney (Joe Yule, Jr.), Joan Crawford (Lucille LeSeur), Cary Grant (Archibald Leach), Marilyn Monroe (Norma Jean Mortensen), Kirk Douglas (Issur Demsky), Michael Caine (Maurice Micklewhite), Jack Benny (Benjamin Kubinsky), George Burns (Nathan Birnbaum), Jerry Lewis (Joe Levitch), Dean Martin (Dino Crocetti), Barbara Stanwyck (Ruby

which other actors, actresses, and celebrities had changed their names. Here is a list of a few:

Rock Hudson (LeRoy Harold Scherer, Jr.), Doris Day (Doris

Stevens), Natalie Wood (Natalia Zakharenko), Alan Alda (Alphonso d'Abruzzo), Tony Curtis (Bernard Schwartz), Lauren Bacall (Betty Joan Perske), John Denver (Henry Dentschendorf, Jr.), Donna Reed (Donna Belle Mullenger), Danny Thomas (Muzyad Yahhoob), Audrey Hepburn (Edda Ruston), Bea Arthur (Bernice Frankel), and Robert Fuller (Leonard Lee). And guess who the star of Little House on the Prairie was? . . . Eugene Orowitz . . . better known as Michael Landon!

And here are a few celebrities of today who changed their names:

Jackie Chan (Chan Kong-Sang), Winona Ryder (Winona Laura Horowitz), Jennifer Anniston (Jennifer Anastasakis), Natalie Portman (Neta-Lee Herschlag), Jamie Foxx (Eric Marlon Bishop), Elton John (Reginald Dwight), Tom Cruise (Thomas Mapother IV),

Lady Gaga (Stephanie Angelina Germanotta), Stevie Wonder (Stevland Judkins), Meg Ryan (Margaret Hyra), Demi Moore (Demetria Guynes), Martin Sheen (Ramon Estevez), Hulk Hogan (Terry Jean Bollette), Chuck Norris (Carlos Ray), Vin Diesel (Mark Sinclair) and Shania Twain (Eileen Regina Edwards). And for some reason, Caryn Johnson changed her name to . . . Whoopie Goldberg!

I can understand why many of these celebrities changed their names. This made me wonder about some of our famous politicians . . . and guess what? Many of them changed their names . . . such as:

President Joe Biden's real name is Jerry Attrick, V.P. Kamala Harris (Anita Newjob), Nancy Pelosi (Ima L. Coholic), Donald Trump (Burnham Goode), Dr. Anthony Fauci (Mick Stupp), Bill Clinton

(Mike Rotch), Hillary Clinton (Lyda Lott), Bernie Sanders (Heywood U. Shuddupp), Alexandria Ocasio-Cortez (Ima Nutcase), Barack Obama (Phil Mipockets), Elizabeth Warren (Lotta Bolloni), Maxine Waters (Emma Royds), Mitch McConnell (Rufus Leekin), Mike Pence (Izzy Toogood) and Kim Kardashian (Iona Beegbottom).

After thinking about these, I have decided to change my name so I can become more famous . . . you know . . . a catchy name. I can't decide between Noah Lott or Max Power. My wife suggested I change my name to Stu Pidd, Lou Zarr, or Royal Payne. Now, was that nice of her?

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

A big, (but true) Holiday tail [sic]

Do you believe in signs from above? I didn't, although I consider myself a very spiritual person. Before, I maintained a healthy skepticism of Bible stories, and I looked through narrowing eyes at people who claimed God or the universe counseled them during some supernatural experience.



JOHN MARLOWE
With the Grain

I would never suggest that folks weren't earnest in their belief, or that it all was a bunch of poppycock. However, I decided early on that I wasn't going to buy completely into divine manifestations until the Viburnum in my front yard burst into flames, and started bossing me around.

I may have to rethink that strategy.

In the past three years, I've had three separate events in my life that I can't explain in any typical way. I'm not talking about having a gut feeling, good or bad, or some forewarning that maybe we shouldn't drive down this road, tonight. I'm talking about one of those, I'm-not-really-sure-that-I-want-to-share-with-you occurrences, because I can only explain the happening as . . . God is giving me a sign.

I'm pretty sure the Big Guy is speaking to me now, but for the life of me, I can't figure out what he's saying.

It was Thanksgiving morn. I just snapped the red lid on my Rubbermaid food container. Inside, nestled my world famous Sweet Potato Casserole.

It's become quite a favorite at our family Thanksgiving dinner, although no one remembers why. I use bourbon in my recipe, which adds a little woody sweetness, and whose stockpile in my liquor cabinet was about to come in handy.

I grabbed my keys and coat and spuds, and walked out the door, prepared for the two-hour drive. I decided not to turn on any lights, because the peep of day was nigh, and a thin ribbon of daylight was already sneaking over the horizon.

Let me pause, here, to give you a few chances -- let's say, ten million -- to guess what happened next. Time's up.

As I approached my SUV in the driveway, I was hit squarely in the face by a peacock.

That's about it. End of story. Thank you all for reading. Thanks for joining me. Come back next week for my new

column.

More, you ask? I'm not sure what more I can add.

A peacock evidently decided to sleep on my car, overnight. When I rounded the corner of my back porch, we both reacted in similar fashion, although I'll bet I flew higher. He soared to the roof of my house, and splayed open his giant fan of stunning tail feathers.

(If you need proof that peacocks can fly, I've included links on our website to a video I shot later.)

You've got to understand that it's not like I live on a farm or in the rural backcountry. I live in a quiet suburban neighborhood, in a small suburban town. Except for a three-legged Labrador, and a bipolar parakeet that lives one street over, the animals in our neck of the woods are pretty normal.

Where did he come from? None of my neighbors have peacocks. None of my farmer friends, either. The closest place you're likely to find another peacock sleeping on a car is probably . . . oh, I don't know . . . Sri Lanka?

On my outbound drive, I struggled to make sense of it all. My inner voice kept saying that -- being Thanksgiving -- it made more sense had I been accosted instead by some turkey on the lam. Sure, that's



Photos courtesy John Marlowe and JP (John's peacock)

This peacock just showed up Thanksgiving morning.

more logical. People are hit in the face by sleeping turkeys every Thanksgiving. Right?

A peacock, though? They can't fly very far, so they don't go south for the winter. Even if they did go south, the nearest bus stop is two counties over.

Tremendous guilt descended over me every time I walked past the turkey platter at dinner. Maybe I should have asked him to join me, or at least directed him to a community meal somewhere. He could eat the cranberries.

I found myself worrying about my new blue-feathered friend all day. Will he get cold? What if a cat -- probably a leopard with my luck -- attacks him?

Do I need a leash? I will if I must, but I really don't want to be known as that old man who



The peacock takes flight from atop the car.

walks his peacock when he gets home from work.

In the meantime, I decided this has to be a sign from above. But, a sign of what?

Maybe that I'm using too much bourbon in that casserole.

P.S.: This is day six, and the peacock still sleeps on my car. I don't know where he goes during the day, probably to the gym. I can't believe I'm saying this, but . . . if you've misplaced your peacock, please contact the Editorial Department of this newspaper. I refuse to call Animal Control, and ask them to come lock up my peacock. I don't want to cry fowl.

John O. Marlowe is an award-winning columnist for Sagamore News Media.

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Sunday, Dec. 5, 2021

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LWV talks Induction cooktops reduce bills, indoor pollution

The carbon monoxide detector screeched again. The monitor screen read above four hundred parts per million (PPM) so she opened the backdoor. As she ran upstairs to grab an industrial fan, she shouted to her mother-in-law, "Don't worry, I'm going to circulate air. I will figure out why this keeps happening."

She had 10 dozen cookies to bake for the monthly dinner she served at an Indianapolis outreach, so she couldn't just shut off the oven and give up today.

She'd heard a recent Sporkful podcast about the dangers of gas ovens and cooktops, but she'd always loved hers. She'd long preferred it to an electric range, which seemed to take forever to heat up and cool down. Gas, she reasoned, made it easier to sear and broil. What if she wanted to roast a marshmallow for an indoor 'smore? Gas was more precise, she'd believed. That is until she heard the report on the air pollutants released into her home and the wasted energy as heat transferred to the pan and the food within. Once, she nearly started a fire when drippings from a roasting



The League of Women Voters, open to men as well as women, is a nonpartisan, multi-issue political organization which encourages informed and active participation in government, works to increase public understanding of major policy issues and influences public policy through education and advocacy. For information about the League, visit the website: www.lwvmtoco.org or send a message to LWV, P.O. Box 101, Crawfordsville, IN 47933

squash plopped into the vent slats at the bottom of the oven.

Time to switch, she thought, to the safer, faster, more precise and money saving induction technology. At present, most Americans haven't heard about magnetic induction cooking. That's about to change – in 2019, only about 5 percent of cooktops in the U.S. used induction technology, but this year it's up to 15 percent. Across Europe, 36 percent of cooktops are induction.

Why induction cooking over gas? Because induction cooktops save home owners energy costs while reducing indoor and outdoor pollution. As far back as 2012, an Environmental Defense Fund study showed that 2.5 percent, or 12 million tons, of natural gas leaked from the pipelines that deliver gas across the nation. At that time, scientists thought

only about .4 percent leaked in urban areas and homes, but recent, more accurate studies indicate that anywhere from 1 to 2.5 percent leak between homes and buildings in our cities and towns.

That loss doesn't count the energy burned between the pan and the burner on the gas stove. According to Reviewed, "Induction is able to deliver roughly 80 percent to 90 percent of its electromagnetic energy to the food in the pan. Compare that to gas, which converts a mere 38 percent of its energy, and electric, which can only manage roughly 70 percent."

Gas range and oven also leak nitrogen dioxide, carbon monoxide and formaldehyde into the house every time the burner turns on. Iowa State University reported as far back as 1998 that 51 percent of kitchen ranges tested raised CO concentrations in the room above the EPA

standard of nine parts per million. Five percent had carbon monoxide levels above two hundred parts per million (PPM).

When the carbon monoxide climbed above four hundred PPM, the culprit was the new silicone oven liners. They were cut just a bit too long, trapping the gas, which released into the house. After yanking the liners out of the oven, the detectors stopped shrilling, but the lesson was clear. The gas range was constantly polluting the indoor air.

Induction cooktops heat fast, precisely, and improve safety using electromagnetic energy. It creates heat in the pan (not the cooktop). The cooktop can boil six cups of water in just under four minutes, while electric cooktops take just under six and gas takes longer than eight minutes. Most cooktops can get significantly hotter and cooler than a gas range. They can reach about 665 degrees Fahrenheit and get as cool as 100 degrees, though some newer ones go lower.

That's handy for tempering chocolate and searing steaks. Simmering can be temperature specific, unlike a gas range. While electric ranges can get hotter, the burners hold that heat. Induction cooktops are cool almost immediately since electromagnetism is what creates the heat and does so only in the pan and ingredients. Little fingers could reach up to the cooktop, and unless the pot is nearby, they are far less likely to be burned.

While induction is safer, it does require a few considerations: Cookware must be magnetic, usually stainless steel, iron or ceramic-lined metal. The pan size should match the burner, since some cooktops have a safety feature to shut off if the cookware is too small, too large or not magnetic. The range top is glass and can crack if pans are set down too heavily or scratch if pans are dragged over it. Non-waffled silicone mats can sit between a pan and burner to protect the cooktop from scratches and cracks. Canning is possible, but cooks should avoid long boiling on high. There are modified instructions from trusted

sources to seal jars in water baths or by pressure cooking. When sautéing, most experts suggest pouring oil into a cold pan, rather than preheating, as the pan heats up much faster. Finally, cleaning is usually easier since the cooktop is not hot. Most foods do not "bake" or burn on, so a simple water and detergent or vinegar and water spray will easily clean the cooktop.

It took a few weeks for the new range to come in because of supply chain delays. It cost a little more than an electric-only oven, and required a heavy duty outlet. But within hours, the new owner was able to sauté peppers, onions and garlic, boil water, and air fry in the new oven, all with the satisfaction that the old house had one less pollutant endangering the occupants.

The League of Women Voters is a nonpartisan, multi-issue political organization which encourages informed and active participation in government. For information about the League, visit the website www.lwvmtoco.org; or, visit the League of Women Voters of Montgomery County, Indiana Facebook page.

Mrs. Wolfsie has asked me now not to roost in just any room

Mary Ellen and I have a standing argument—literally, a standing argument. She claims that the first thing I do when I enter a room is sit down. "That makes you seem old," she said, "and I know you are concerned about not portraying that image." Which surprised me, because I always thought it was my wrinkly skin and balding pate that led to that assessment.

"For example," she said, "when we went to Bob and Cathy's for Thanksgiving, you sat down as soon as we walked in the house, while everyone else was chatting in the front hall."

"I wasn't feeling well and I don't think it's fair



DICK WOLFSIE
Life in a Nutshell

to count the bathroom."

Then recently, we were shopping on Mass Avenue in Indy. As soon as we walked in a quaint little boutique, I sat down. Mary Ellen noticed. After we left, she said she was worried.

"When I saw you do that, I thought, oh dear,

frail and 100 years old."

"Well, that's pretty mean, Mary Ellen."

"No, Dick. Not you. The chair was a hundred years old. We were in an antique store."

The irony of all this is that sometimes I stand when I should sit. I never sit when I eat lunch; I stand over the kitchen sink and snarf down a sandwich. Who has time to walk all the way to the table? Sometimes I don't even make it to the counter; I just nibble my way from shelf to shelf in the fridge. I only do this when Mary Ellen is away from home, but when she gets back it's hard to explain mustard and ketchup droppings in the vegetable

bin.

I became very obsessive about this standing/sitting thing. I didn't want Mary Ellen to see me as the "older" man she married, so I checked with her everywhere we went.

"Can I sit here?" I asked one evening.

"Yes, Dick, you can sit there. We're in a restaurant."

That weekend I was still on alert. Maybe overly so.

"Are you going to stand all evening?" Mary Ellen asked me.

"I don't want you to think I look elderly if I sit down too soon."

"Dick, no one will recognize you. It's dark in this theater."

To make me even more

paranoid, I was constantly reminded that my Apple Watch tracks my movements. And I was not doing very well. Every once in a while, the dial lights up to report how much time I've spent standing versus sitting. Apparently, to pass Apple standards, you need to "stand and move at least one minute 12 different hours in the day for a week." I had to read that directive several times to understand it. Like when my pill jar says: Take two tablets three times a day with or without food. Huh? What?

By the way, you can find all kinds of advice online about how to cheat the watch. Yes, people

actually do this. One guy admitted flapping his arms like a bird before he went to bed because he discovered it fools the watch when it registers your standing time. I tried that one night so I could show Mary Ellen on my watch that I had made some improvement. She caught me flapping.

Now she no longer tells me not to sit: she tells me not to roost.

Dick Wolfsie spent his career sharing his humor, stories and video essays on television, radio and in newspapers. His columns appear weekly in The Paper of Montgomery County. E-mail Dick at Wolfsie@aol.com

Ask Rusty – Social Security's WEP unfair – I want my money back!

Dear Rusty: How can a foreign company pay into the U.S. Social Security system? I worked in Barbados before I immigrated to the USA and earned a pension there. Now my U.S. Social Security benefits are reduced because I receive a pension from Barbados. One has nothing to do with the other and I want my money back!

Signed: Angry Immigrant



ASK Rusty
Social Security Advisor

where someone with an extra pension (such as your Barbados pension earned without contributing to US Social Security) had their U.S. Social Security (SS) benefit computed in the same way as a U.S. resident who had no such extra "non-covered" pension. The 1983 WEP rule created a special formula for those entitled to both a U.S. Social Security benefit (earned by contributing to the U.S.

Social Security Matters

by AMAC Certified Social Security Advisor Russell Gloor
This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

program) and another pension earned without contributing to Social Security.

Though you are adamant that one has nothing to do with the other, U.S. law says otherwise. WEP reduces the U.S. Social Security benefit of anyone with a "non-covered" (e.g., foreign) pension so that their U.S. Social Security benefit is more consistent with benefits provided to others without an extra non-covered pension. U.S. Social Security is designed to provide a higher percentage of replacement income to lower income workers, and those with an extra non-covered pension enjoy

an unfair advantage because their income artificially appears lower than it truly is. WEP was implemented by Congress to correct that unfair advantage. However, like you, almost everyone affected by WEP (which, by the way, includes many public service employees in 27 U.S. states) believes it to be unfair and often complain about it to their Congressional Representatives.

For information, there is a legislative bill now before Congress which proposes to eliminate WEP (H.R. 82 – The Social Security Fairness Act of 2021). I must, however, let

you know that a bill to either eliminate or reform WEP has been introduced in nearly every Congress for many years, and no previous bill has ever made it past being introduced on the floor of the House or Senate and then assigned to a committee for review, where progress seems to end.

Although you want your money back, I'm afraid I can't offer you much hope that will ever happen. Congress is more focused on other issues, including a much broader reform of the Social Security program to restore it to financial solvency before the SS Trust Fund is depleted in 2034 (which would require an across the board 21% reduction in all benefits). Whether WEP reform will be part of the corrective measures taken to restore Social Security's finances is anybody's guess. But registering your objection to the Windfall Elimination Provision with your Congressional Representative would be a step in that direction.

SUN DAY

Voice of our PEOPLE

The Paper of Montgomery County

Sunday, Dec. 5, 2021

14

Mark Twain and Winston Churchill: shared experiences and cultural critiques

By Dr. Gary Scott Smith

What do Mark Twain, the highly celebrated American author, and Winston Churchill, the monumental British politician, have in common? Quite a bit. Both were born on November 30, albeit almost 40 years apart—Twain in 1835 and Churchill in 1874.

These two towering figures of their respective eras also both lost an infant child; both had a strong sense of adventure and varied life experiences; both smoked many cigars every day and liked to write while in bed. Both Twain and Churchill penned articles and books and gave lectures to earn income; both struggled with debt several times in their lives. Both married in their mid-30's and had wives they cherished as confidantes and on whom they depended greatly.

In addition, Twain and Churchill both cared deeply about their public persona and sought to shape how posterity would view them. Churchill did so by writing the history of major events in which he participated, from the Boer War to the Cold War. Twain planned to keep his name before the public for many decades by writing

manuscripts that were to be published after his death. Twain's distinctive appearance and extraordinary wit made him the archetypal American for many British; four decades later, Churchill's heroism made him the archetypal Englishman for many Americans. Both had complex, enigmatic religious views that changed over time. Strikingly, Churchill won a Nobel Prize in literature, but Twain did not.

Twain helped to arrange an American lecture tour for Churchill in 1900–1901. The literary lion introduced the 26-year-old newly elected member of Parliament at the Waldorf Astoria in New York City on December 12, 1900 as “the hero of five wars, the author of six books, and the future Prime Minister of Great Britain.” [1] His prophecy came true but not until 40 years later.

Twain also used his introduction to criticize the bellicosity of both Britain and the United States. “I think that England sinned in getting into a war in South Africa which she could have avoided without loss of credit or dignity,” he asserted, “just as I think we have sinned in crowding ourselves into a war in the Philippines on the same

terms.” The two nations were “fellow thieves and robbers”; they were “kith and kin in war and sin.”

Churchill wrote later that he was thrilled to spend time with the famous author. When they argued about the Boer War, Churchill had retreated to the position of “My country right or wrong.” When a “country is fighting for its life, I agree,” Twain replied, but such was not the case in South Africa. Churchill concluded, however, that he had not displeased Twain because the author inscribed “every one of thirty volumes of his works for my benefit.” In his twilight years, Twain energetically opposed imperialism and war. In contrast, Churchill would often defend the British empire's actions as he participated in World War I, helped save the West from Germany's onslaught in World War II, and challenged the Soviet Union during the Cold War.

Both Twain and Churchill deplored the social evils of their day. Twain, Harold Bush, Jr. argues, was “a raving Jeremiah” who decried his era's social and ethical injustices. Arguably, no other American literary luminary wrote so persistently, pas-

sionately, and provocatively, about religious issues and social ills during the Gilded Age. Throughout his long writing career, Twain denounced social injustice, political corruption, sexism, economic exploitation and inequality, and corporate and personal greed. He strove to reduce discrimination against African Americans, Asian Americans, Jews, women, blue-collar workers, and immigrants.

In recent years, numerous scholars and biographers have denounced some of Churchill's social and political stances, perhaps most notably Geoffrey Wheatcroft's “Churchill's Shadow: The Life and Afterlife of Winston Churchill” (2021). Churchill has often been derided as a racist and an imperialist. Briefly consider, however, some of his social concerns and political actions. As a member of the House of Commons from 1906 to 1914, Under-Secretary of State at the Colonial Office, President of the Board of Trade, and Home Secretary, Churchill argued that the state had a responsibility to assist vulnerable citizens and helped pass legislation to aid the sick, destitute, unemployed, and poorly paid workers. In

1908 Churchill argued for implementing a network of state intervention and regulation to abolish child labor, limit adults' work hours, and provide jobs planting trees and building roads and unemployment insurance.

As Home Secretary, which included responsibility for maintaining law and order, supervising the police and probation service, regulating the immigration service, and overseeing the prison system, Churchill gained insight into how Britain's low-income families lived; his numerous visits to urban slums increased his desire to use government resources to help the indigent. Historian Paul Johnson argues that Churchill “was impelled by a genuine passion for the least fortunate members of society, by a strong belief that society could be made both humane and more efficient.” Churchill worked to reform Britain's penal policies by creating better prison conditions, stopping the incarceration of minor offenders, and restructuring sentencing guidelines. For decades, Churchill also warned about the horrors of war, attacked materialism, and insisted that socialism and communism were based on

a faulty view of humanity and destructive to political, economic, and social life.

Although flawed human beings like the rest of us, Twain and Churchill offer much for us to appreciate as we celebrate their shared birthday in 2021.

Gary Scott Smith is the author of “Duty and Destiny: The Life and Faith of Winston Churchill” (2021) and “Mark Twain: Preacher, Prophet, and Social Philosopher” (2021)

[1] John Pearson, *Private Lives of Winston Churchill* (New York: Simon & Schuster, 1991), 105.

Gary Scott Smith is Professor of History Emeritus at Grove City College and is a fellow for faith and politics with the Institute for Faith and Freedom. He is the author of “Duty and Destiny: The Life and Faith of Winston Churchill” (January 2021), “A History of Christianity in Pittsburgh” (2019), “Suffer the Children” (2017), “Religion in the Oval Office” (Oxford University Press, 2015), “Faith and the Presidency From George Washington to George W. Bush” (Oxford University Press, 2009), “Religion in the Oval Office” and “Heaven in the American Imagination” (Oxford University Press, 2011).

Bestselling author and fox news co-host Brian Kilmeade's newest book explores the lives of Abraham Lincoln and Frederick Douglass and their most unlikely friendship

(Pinkston News Service) One hundred and fifty-six years ago this week, the last three states were secured to help successfully ratify the Thirteenth Amendment to the United States Constitution, which abolished slavery and involuntary servitude. In New York Times bestselling author Brian Kilmeade's (briankilmeade.com) new book, *The President and the Freedom Fighter*, the Fox News Channel co-host explores the little-known but historically significant story of how two American heroes, Abraham Lincoln and Frederick Douglass, rose to power and overcame strong disagreements to forge a friendship that changed the entire course of history.

Alabama (December 2, 1865), North Carolina

(December 4, 1865), and Georgia (December 6, 1865) were the last three states needed to ratify the Thirteenth Amendment. In *The President and the Freedom Fighter*, Brian Kilmeade uses the background of this momentous event to tell the story of how abolition in the United States came about. His book covers the lives of Lincoln and Douglass who both moved from strong disagreement to friendship, and in the process changed the entire course of history by paving the way for freedom.

Abraham Lincoln was white and born impoverished on a frontier farm. Frederick Douglass was Black, a child of slavery who had risked his life escaping to freedom in the North. Neither man had a formal education, and

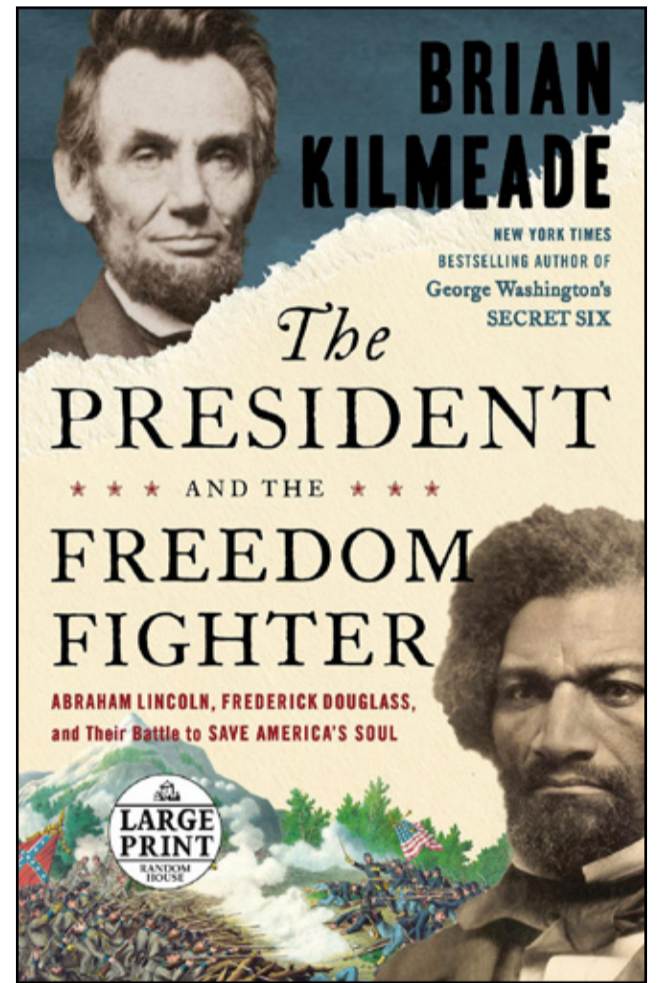
neither had had an easy path to influence. No one would have expected them to become friends—or to transform the country. But Lincoln and Douglass believed in their nation's greatness. They were determined to make the grand democratic experiment live up to its ideals.

Lincoln knew slavery was immoral and it was time to prevent its expansion, but how fast could the country change without being torn apart? And would it be possible to get rid of slavery while keeping America's Constitution intact? Douglass said that the Constitution was irredeemably corrupted by slavery—and he wanted Lincoln to move quickly to end it. Sharing little more than the conviction that slavery was wrong, the two men's paths eventu-

ally converged. Over the course of the Civil War, they'd endure bloodthirsty mobs, feverish conspiracies, devastating losses on the battlefield, and a growing firestorm of unrest that would culminate on the fields of Gettysburg.

In *The President and the Freedom Fighter*, Kilmeade tells the dramatic story of how these two heroes, through their principles and patience, not only changed each other but made America truly free for all and it comes at a time when the first formal steps towards equality were taken by a country that, even today, tries to continually perfect itself.

This is Kilmeade's seventh book. All combined, his books have been bought by over 2 million readers. Kilmeade co-hosts Fox News Channel's morning



show, Fox & Friends and hosts the daily national

radio show, The Brian Kilmeade Show.

Mandates in Build Back Better Act fuel labor crisis in nursing homes

In case you missed it, the Build Back Better Act, recently passed by the U.S. House of Representatives, includes two unfunded nursing home mandates that could force thousands of nursing homes to further limit the number of admissions in their facilities or even shut their doors for good.

The bill requires nursing homes to have a registered nurse (RN) on-staff 24 hours a day and requires the U.S. Department of Health and Human Services (HHS) to conduct a study on minimum staffing ratios and implement the regulations within one year without additional funding, yet offers no resources to providers to implement these provisions.

The intent of the measures is largely supported by the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). In particular, having a 24-hour RN on staff is a key component of AHCA and LeadingAge's comprehensive reform proposal, the Care for Our Seniors Act. However, without funding or programs to recruit tens of thousands of more nurses, providers will be unable to fulfill these requirements. AHCA/NCAL recently held a press conference outlining their concerns.

The Build Back Better Act mandates will cost nursing homes billions of dollars per year. AHCA/NCAL



estimates that if the HHS study found that nursing homes need to increase clinical and direct care staff by 25 percent, it would require hiring more than 150,000 RNs, licensed practical nurses (LPNs) and certified nursing assistants (CNAs), costing \$10.7 billion per year. The RN mandate would require hiring 21,000 more nurses, costing \$2.5 billion a year.

Nursing homes are already facing a historic staffing crisis. Many caregivers have been burned out by the pandemic, and workers are leaving the long term care sector for jobs in other health care settings or other industries altogether.

Hospitals, physicians' offices, outpatient care centers and other health care facilities have reached or surpassed pre-pandemic staffing levels, but nursing homes and assisted living communities are still experiencing substantial job losses. October data from the Bureau of Labor Statistics (BLS) show nursing homes have lost 221,000 jobs since the start of the pandemic – a 14 percent employment

level drop.

Chronic Medicaid underfunding and the billions of dollars spent to fight the pandemic have left providers struggling to compete for qualified staff. The inability to recruit and retain workers has led to many facilities having to limit the number of residents they serve, and some facilities have even had to close permanently. A September AHCA/NCAL survey found that 78 percent of nursing homes and 61 percent of assisted living communities are concerned that workforce challenges may force them to close.

Sadly, this is already a reality for nursing homes across the nation. Facilities in Illinois, Maine, Michigan, Nebraska, New Jersey, and New York, among others, have closed because of staffing shortages, while others in Texas, North Dakota, Oklahoma and Rhode Island have had to reduce or pause new admissions. If this continues, millions of seniors could face limited options for care.

Nursing homes have faced unprecedented challenges due to the COVID-19 pandemic. Lawmakers must help the long term care sector attract and retain more caregivers, so that our nation's most vulnerable have access to the long term care they need and caregivers have access to good-paying, rewarding jobs.

Glenn Mollette talks about when he survived a pulmonary embolism

On Saturday, October 2 I had to go to the hospital emergency room. The prior Tuesday I had an unusual leg spasm from my left thigh to my groin area. I've had pulled muscles from sports off and on and thought it was from exercise or just sitting weird in my recliner.

By later Wednesday I noticed an occasional cough that felt strange. On Thursday I called my family doctor's office and reported I was coughing occasionally and didn't feel right. I was told by the receptionist, “We aren't seeing sick people and the doctor thinks you should have a Covid test.” I went for the test which came back negative.

On Friday evening my wife and I took a casual walk around the block of our neighborhood and I was breathing heavy from a simple walk. I knew there was something going on. I checked my heart rate and it was 85 beats per minute. Typically, it's between 60 and 65 bpm when resting. Thirty minutes later I checked it again and the resting rate was 95.

I spent Friday evening checking my blood pressure and heart rate. The blood pressure was averaging about 150 over 100 which is really high for me and my heart rate was staying between 85 to 95 bpm.

By Saturday morning, I had to go to the emergency room knowing I was in trouble. After a CT scan and ultra sound imaging I was diagnosed with a massive blood clot in my left lung also known as



GLENN MOLLETTE
Guest Columnist

a Pulmonary Embolism. Three doctors worked with me from 6 AM until 6 PM to save my life. They told me if I had waited one more day my story would be very different. I spent the day in the emergency room and the rest of the weekend in Intensive care forbidden to get out of bed. After a heavy dose of Heparin blood thinner and a bottle of daily medication to consume I was released from the hospital to slowly resume life.

There are reports that upward to 180,000 people in the United States die every year from Pulmonary Embolisms. This is more people than the number of people dying from breast cancer, car wrecks and HIV altogether.

Being in the emergency room wondering if I was going to live was scary to say the least. I worried about my wife and children. I knew they would have to make funeral arrangements and this made me feel bad for them.

My new theme is a recommitment to keeping the feet moving. It's an easy thing to do. While traveling flex the feet. Stretch the

legs. Put them up whenever possible. Raise the knees up and down. Look for every possible opportunity to walk. When driving now it's a brief stop every hour for a five-minute stretch or walk. It slows the trip down, but I want to show up eventually than not at all.

I'm writing this because I want you to be aware of your body. Invest in a blood pressure cuff and a finger oxygen/heart rate monitor. Know what your typical numbers are so that you can know when your numbers aren't right and you need to seek medical attention.

Unfortunately, I know people who are no longer in this world because of a Pulmonary Embolism. They sneak up on us. The beginning signs of pain or swelling in your leg are often ignored by most people – including me. However, things can change quickly and this is why if this happens you must go to the nearest hospital emergency room to be checked out. It could save your life. Very fortunately, it did for me. One more day of waiting and it would have been too late. Don't ignore the warning signs.

Dr. Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and Lexington Seminars in Kentucky. He is the author of 13 books including Uncommon Sense, Grandpa's Store, Minister's Guidebook insights from a fellow minister. His column is published weekly in over 600 publications in all 50 states.

SUNDAY

Travel or stay! and Play

Sunday, Dec. 5, 2021

J1

Want to Contact Us? U.S. MAIL, 127 E. Main St. Suite 103, Crawfordsville, IN 47933 ONLINE, www.thepaper24-7.com (765) 361-0100

Cindy Williams to star in one-woman show, Me, Myself & Shirley

Cindy Williams will take The Tarkington Theater stage in her one-woman show, Me, Myself & Shirley for one night only: Wednesday, March 23, 2022. Tickets are on sale now and available at www.MeMyselfandShirley.com for \$48.00.

The legendary star of the iconic comedy series, Laverne & Shirley will share memories of her career and hilarious backstage tales from her lifetime in entertainment. Although best known for her role as Shirley Feeney, Cindy Williams is a versatile actress and comedienne who overcame a challenging childhood to pursue her love of acting and found stardom.

During Me, Myself & Shirley, Williams will chronicle the stories, the secrets, the embarrassing moments, and the highs and lows of her life in Hollywood. Her career includes working with Academy Award-winning directors Francis Ford Coppola, George Lucas, George Cukor, Roger Corman and Jack Nicholson and in several films including two nominated for the Best Picture Oscar: American Graffiti and The Conversation. Her friends and co-stars include Penny Marshall, Ron Howard, Harrison Ford, Henry Winkler, Richard Dreyfus, Gene Hackman, Dame Maggie Smith, Gene Kelly, Andy Kaufman and Robert Duval.

Me, Myself & Shirley creative team includes lighting design by Jose Santiago, video logistics by Josieu Jean, video designs by Declan Duggan & Zak Hudson, Justin

Want TO GO?

WHO: Actors' Repertory of Texas presents
WHAT: Cindy Williams starring in Me, Myself & Shirley, a one-woman show
WHEN: Wednesday, March 23 at 7:30pm
WHERE: The Tarkington Theater at the Center for the Performing Arts, 3 Carter Green, Carmel, IN 46032
TICKETS: \$48.00 at <https://www.MeMyselfandShirley.com>

Duggan as production associate, and production supervision by Charles H. Duggan.

Connect with Me, Myself & Shirley: MeMyselfandShirley.com From there, connect to Facebook, Twitter and Instagram.

About Cindy Williams Born in Van Nuys, California, Cindy became interested in acting during high school. After graduation she attended L.A. City College where she majored in Theatre Arts. After leaving college, she landed her first television roles on Room 222, Nanny and the Professor and Love, American Style. Some guest-starring roles include Law & Order: SVU, 7th Heaven and 8 Simple Rules. Other appearances include starring in an episode of The Odd Couple for CBS, A Dream of Christmas for Hallmark Channel and Sam and Cat for Nickelodeon.

Cindy's stage credits include the national tour of Grease playing Miss Lynch, the national tour of Deathtrap with Elliot Gould, The Female Odd Couple with Joanne Worley, Steel Magnolias as Ouiser Boudreaux and, in 2007, she made her Broadway debut in the role of Mrs. Tottendale in the

award-winning musical The Drowsy Chaperone. She also appeared as Rev. Mother Mary Regina in Nunsense and Nunset Boulevard: The Nunsense Hollywood Bowl Show. Cindy appeared in Menopause: The Musical in Las Vegas for three years, then reprised her role at the Ogunquit Playhouse in Maine. She also co-starred in the premiere of Middletown with Don Most, Didi Conn and Adrien Zmed at The Smith Center for the Performing Arts in Las Vegas and at The Bucks County Playhouse in New Hope, Pennsylvania.

Cindy has enjoyed the privilege of working with extraordinary directors. Her first film was for Roger Corman in GAS-S-S-S with Talia Shire and Ben Vereen. She appeared in Travels with My Aunt with Maggie Smith, directed by George Cukor, and The Conversation with Gene Hackman, directed by Francis Ford Coppola. Next, she co-starred with Ron Howard, Richard Dreyfuss and Harrison Ford in American Graffiti directed by George Lucas, a low-budget film that went on to become a box office smash and film classic.

Among her favorite honors are her star on the



Photo courtesy of MeMyselfandShirley.com

During Me, Myself & Shirley, Williams will chronicle the stories, the secrets, the embarrassing moments, and the highs and lows of her life in Hollywood.

Hollywood Walk of Fame, her TV Land award for Fan Favorite as well as winning Best Actress at the L.A. Comedy Film Festival for the indie film Stealing Roses. Cindy also garnered a BAFTA (British Academy of Film and Television Arts) nomination for best supporting actress in American Graffiti. Unfortunately, she was beat out by Ingrid Bergman. Cindy still wonders how the heck that happened. Cindy's book Shirley, I Jest!: A Storied Life was released to much critical acclaim and is available in paperback.

Charles H. Duggan (Producer) co-produced his first play on Broadway in 1983. Charles has produced the Greater Tuna comedies on Broadway, on continuous tours throughout the United States and has presented the shows at the White House at the invitation of George and Barbara Bush. He also produced the US tour and Broadway run of Joan Collins starring in Private

Lives and the national tour of Acting Shakespeare starring Sir Ian McKellen. From 1983 until 2009, Charles owned and operated the Marines' Memorial Theatre in San Francisco. He has produced on and off Broadway: A Tuna Christmas, If Memory Serves starring Elizabeth Ashley, K2, Private Lives starring Joan Collins, The Twilight of the Golds starring Jennifer Grey, and Feast of Fools. In London: Jeeves Takes Charge starring Edward Duke, and in most major US cities, working with, among others, Julie Harris, Sir Ian McKellen, Lynn Redgrave, Stacy Keach, Carol Channing, Luis Valdez, Cloris Leachman, René Auberjonois, Imogene Coca, Phyllis Diller, Sid Caesar, Peggy Lee, José Greco, Barbara Rush, Emlyn Williams, Barbara Cook and Sammy Cahn. Mr. Duggan served as the co-producer on the feature film version of The Twilight of the Golds starring Faye

Dunaway and Brendan Fraser.

Brian Zucker (Producer) has been involved with theater primarily in Texas as well as in London and New York. His most recent project was the UK tour of the John Cleese adapted comedy, Bang Bang. Other ongoing productions include the Bob Dylan inspired show Girl from the North Country currently playing on Broadway at the Belasco Theatre after a successful run off-Broadway and in London's West End. He is one of the backers for the two new Troubadour theater facilities in London's Wembley Park and Meridian Waters. For many years he was involved with the regional productions of Austin Musical Theater and Broadway Texas. Brian is thrilled to be touring Me, Myself & Shirley and hopefully bringing back many fond memories of a wonderfully talented actress for audiences across the country.



Photo courtesy of DNR

Spring Mill State Park is holding Christmas in the Campground on Dec. 3-4, the same weekend as its Holiday in the Village event.

Holiday light show their shine at DNR destinations

DNR destinations will present on-site holiday light shows in December.

Mounds State Park in Anderson hosts its inaugural Nights of Lights celebration Dec. 3-Jan. 1 on Friday, Saturday, and Sunday only, from 5:30-10 p.m. The show features more than 30 light displays in the campground. Cost is \$5 per vehicle for cash payment, \$6 if paying with credit card.

Lieber State Recreation Area will present its inaugural Wonderland of Lights show Dec. 3-5 and Dec. 10-12, from 6 to 9

p.m. The gatehouse, 10 campsites, and park buildings will be decorated. Donations will be accepted at the campground gatehouse.

Spring Mill State Park is holding Christmas in the Campground on Dec. 3-4, the same weekend as its Holiday in the Village event. Christmas in the Campground runs from 6-9:45 p.m. Visitors can drive through the campground for \$5 and vote on the best-decorated site. The winner gets two nights of free camping in 2022. The campground is full for this event.



Photo courtesy of A Motown Christmas

This is an evening not to be missed, bring the family, dance, sing and enjoy this special, holiday spectacular

A Motown Christmas at the Long Center in Lafayette

A Motown Christmas Monday, Dec. 6, 2021 Show: 8 p.m.

Long Center for the Performing Arts Lafayette, Ind.

A Motown Christmas features a world-class vocal group comprised of past and present members of Motown's most legendary groups...The Temptations, The Miracles and The Capitols.

A Motown Christmas is a powerful family-oriented

show combining Motown's greatest hits with everyone's favorite holiday classics. This show features those famous Motown trademarks...dazzling choreography and unforgettable harmonies all performed in that memorable, soulful Motown style.

This is an evening not to be missed, bring the family, dance, sing and enjoy this special, holiday spectacular



Photo courtesy of Ouabache State Park

Ouabache State Park (on.IN.gov/ouabache) is at 4930 E. St. Road 201, Bluffton, 46714.

Wonderland of Lights open in northern Indiana area

Come see Ouabache State Park like never before during its Wonderland of Lights, which runs nightly through Dec. 31. Wonderland of lights

Wonderland of Lights runs from 6 to 9 p.m. each night. Admission is \$5 per car. Payment is by cash or check only for this safe and exciting way to celebrate the holidays.

This drive-through event features many lighted displays that can be seen from inside your car, including a synchronized light show at the Fire Tower Plaza and more than 40 displays in the campground. Gift certificates for entrance to the event are available for \$5 and are available at the gatehouse only during the

event times.

The Wonderland also provides an opportunity for children to mail letters to Santa and receive an answer. To participate, drop letters into Santa's mailbox and include a self-addressed stamped envelope. Santa's mailbox is available during event hours at the main gatehouse each night until Dec. 20.

Proceeds from this event go to Friends of Ouabache State Park to support park projects.

For more information, email friendsofouabache@gmail.com or call the park at 260-824-0926.

Ouabache State Park (on.IN.gov/ouabache) is at 4930 E. St. Road 201, Bluffton, 46714.

The PAPER

of Montgomery County *Montgomery County's only locally owned independent newspaper*

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SUNDAY

In the Know

Sunday, Dec. 5, 2021

K1

Want to Contact Us? U.S. MAIL, 127 E. Main St. Suite 103, Crawfordsville, IN 47933 ONLINE, www.thepaper24-7.com (765) 361-0100

Top 5 birthday gift ideas for the person who has everything

(StatePoint) We all have someone who has more than enough clothes, jewelry, artwork and overall “stuff,” that you just don’t know where to begin finding a gift they’ll need or want. The next time you need to come up with a clever birthday gift idea for them, try one of the following categories:

1. Something they’ll use. Nowadays, there’s a good chance there’s a subscription box filled with items your recipient needs or will always use, from clothes, snacks and razors, to tools, toys and pet supplies.

For example, if your friend picks up wine every time they grocery shop, a subscription to a monthly wine club won’t go to waste. In fact, it will probably be an appreciated gift! Many boxes offer flexibility for the red, white, or rosé-all-day person’s preferences and include additions each month.

2. Something personalized. If you’re in search of creative birthday gift ideas, consider giving a custom gift. This might sound like a pricey approach, but customization can be as simple

as sending a fun, personalized ecard. With SmashUps from American Greetings, you can start by selecting a fully customizable video featuring some favorite famous faces, including Dolly Parton, Shaq and Alicia Keys. Next, you can personalize the video with a name and other custom elements, so the celebrity is singing directly to your loved one. Finally, you can instantly share the video with the birthday guy or gal by text or email, or you can let other friends join in on the fun by sharing it on social media too.

And because SmashUps is a one-time fee, you can shower relatives or friends with personalized messages that will make them smile all year round.

Custom gifts show true thoughtfulness and can make someone feel extra special on their birthday. Smashups are a fun and lighthearted way to virtually say “happy birthday” to friends, family members, and co-workers.

3. Something they’ve always wanted. Difficult to shop for people often have birthday gift ideas

for themselves or items they’ve always wanted that they’ll never buy or request. Maybe it’s a high-ticket item or maybe it’s something simple that other purchases just get prioritized over. If you know of such an item, consider giving it as a gift! Your friend will feel good receiving a gift from someone who was listening and understands them.

4. Something they didn’t know they needed. Sometimes, you can’t put your finger on a practical item that you know the person will use and have to use your best judgment. Though it could be as simple as a mug or digital picture frame, these are often the best gifts of all, because the people receiving them likely never thought of them either.

5. Something that requires thought. If the person you’re shopping for has a lot of “stuff,” stop thinking of additional items to give them. Shift your focus and gift them your time or attention. If it’s a significant other, plan a special



Photo courtesy of StatePoint

Custom gifts show true thoughtfulness and can make someone feel extra special on their birthday.

date night on the town or in the house. If it’s a parent or grandparent, consider what experiences or events they might appreciate; maybe its going to a play, watching a movie or taking a trip as a

family. Not all gifts have to cost a lot; in fact, some of the best gifts are ones that create memories.

For more clever birthday gift ideas and ways to celebrate, visit: www.

americangreetings.com/smashups.

When it comes birthday gifts for those who have everything, don’t fret. With a bit of creativity, you can make their day special.

Lost and found: tips for managing commonly misplaced items

(StatePoint) In the haste to break free from your pandemic routine, you may find your new schedule overwhelming and hectic. And with that, comes the inconvenience of misplacing commonly used items. According to a survey conducted by Bluetooth tracking company Pixie, Americans spend an average of 2.5 days out of each calendar year searching for lost items.

The most common reason we keep misplacing our items is absentmindedness. Psychologists have a phrase for this, “If you don’t encode, you can’t retrieve.” This means that if you go through your day without consciously thinking about where you’re placing your keys,

your brain has no information stored about the item’s whereabouts. Other factors, such as stress levels and overall mental health, can also play a role in how often you misplace items.

Here are a few tips on how to prevent your precious possessions from going missing:

1. Set digital reminders: If you regularly lose track of specific items, digital reminders might be for you. There are a variety of great productivity apps available on most smartphones to remind you to double check your wallet before leaving the house. Most calendar apps such as Google Calendar and Outlook have remind features that can help you organize your

valuables. There are also useful apps like Todoist that specialize in creating reminders and daily lists.

2. Retrace your steps: “Retracing your steps” after losing an item can be a useful approach when activating your brain’s context-dependent memory. With context-dependent memory, your memory is the strongest when you mentally or physically place yourself back in the environment in which the item was lost. Reconstructing these events visually can help trigger your memories and be an important step in rediscovering a misplaced item.

3. Try a Bluetooth tracker for smaller items:

For smaller items like your phone, wallet and keys, Bluetooth trackers can provide much-needed tech relief. Trackers like these are designed for those times you lose an item within close proximity. Instead of wasting precious moments searching for your lost item, you can pull up an app to tell you where it is.

4. Use the power of GPS tracking devices for high-value items:

When it comes to highly valuable items like photography equipment, luggage and even pets, you’ll need more protection. Products like T-Mobile’s SyncUP Tracker uses a combination of GPS technology and

T-Mobile’s reliable nationwide network to track an item at any moment from anywhere. Other devices that rely on Bluetooth technology often have tracking range limitations and shorter battery life. T-Mobile’s SyncUP Tracker includes a rechargeable battery and virtual boundaries that alert you if an item leaves the designated location, all via your smartphone through an app available on both iOS and Android.

Just because you lost an item doesn’t mean that you should lose hope or panic. With a few changes to your routine and even some tech upgrades, you’ll find it much easier to cope during those forgetful moments.

Super Saturday is coming Dec. 18: what shoppers should know

(StatePoint) With Super Saturday right around the corner on December 18, shoppers can benefit from knowing what to expect as they approach one of the busiest days of the holiday season. Super Saturday -- or Panic Saturday as it is known to some procrastinators -- is the last Saturday before Christmas, when many last-minute shoppers flood the stores to check off items on their gift lists.

However, if shoppers want to ensure they check everyone off their list, they will need to plan their approach to Super Saturday shopping carefully this season. As experts point out, despite continued concerns over COVID-19 variants, consumers are becoming more comfortable with in-store shopping this year than they were last year. According to holiday shopping predictions from Sensormatic Solutions, the leading global retail solutions portfolio of Johnson Controls, browsing may be difficult on December 18 due to busy stores, possible understaffing, and supply chain concerns.

Indeed, the best option for shoppers who know what they want to purchase this season is likely “buy

online, pick up in store,” known as BOPIS in the retail industry.

“Consumers have become more comfortable in stores again, and many will be heading out on December 18 to finish up their holiday shopping,” says Peter McCall, retail services consultant, Sensormatic Solutions, Global Retail Consulting Practice. “The best advice I could give to consumers, and retailers alike, is to plan -- their Super Saturday success depends on how well they’ve thought out their approach.”

Here are several ways consumers can help ensure a safe and successful shopping experience this holiday season, according to McCall:

- As always, Super Saturday will be a crucial day for last-minute shopping. Shipping delays and early cut-offs will only complicate the matter. Shoppers who want to make sure all their gifts are in hand and arrive on time need to head to stores early, and plan accordingly.

- It’s important to consider that store crowds are likely to be different than last year’s holiday season. Black Friday shopper

visits in 2021 saw a 47.5% increase compared to 2020, so consumers should also expect Super Saturday to once again be quite busy.

- BOPIS is a good choice because it guarantees items are in stock, simplifies trips and mitigates exposure to COVID-19 and the flu. In fact, 42% of shoppers say they’ll use BOPIS for holiday shopping and 44% say they’ll use curbside pickup, according to Sensormatic Solutions’ Consumer Sentiment Survey -- 9 and 12% increases from 2020, respectively.

- Shoppers who want to casually browse should consider going to the store before Super Saturday. There are plenty of reasons to make a trip to the store this holiday season. Nearly two-thirds (65%) of U.S. consumers who plan to shop in-store this holiday season will do so for product-related reasons, like browsing for gift ideas or to see and touch products before buying, according to Sensormatic research.

This year’s shopper experience is different than that of previous years, so proper planning is crucial to navigating the season and Super Saturday.

Texting your season’s greetings and gratitude this holiday season

(StatePoint) When it comes to season’s greetings and giving thanks, sending a traditional letter or holiday card doesn’t have to be the only way to do it.

In fact, you can show you care just as impactfully by sending a simple text.

New research from The Journal of Positive Psychology shows that expressing gratitude via text message is nearly as impactful as a face-to-face thank you. Sending a text might be even more effective for expressing your appreciation when you feel embarrassed or awkward about thanking someone in person. Also, research shows that sending that simple text message can help us feel more connected to loved ones and boost feelings of well-being.

Recent data from T-Mobile suggests many of us may already be performing acts of smartphone kindness. As more people turn to texts for the

holidays, T-Mobile found a 20% increase in texting during the Christmas holiday and a 5% increase at New Year’s. Expectations are that those numbers will only increase this year.

If sending holiday notes via snail mail sounds daunting, don’t let pen and paper stand in your way of making someone else, and yourself feel appreciated. Your best recipe for holiday success could simply be to send a thank you text.

However, if you are someone who prefers something more tactile than a text, you can still use your smartphone to send season’s greetings and gratitude with a handwritten note via services like Handwrytten and Postable. Simply type your message and the receiver’s address, and the apps will generate a handwritten letter or holiday card and take care of mailing it for you.

And if you’re ever unsure of when it’s ap-

propriate to communicate over text, digital etiquette expert Elaine Swann’s advice can steer you in the right direction:

When sharing logistics: For information, like addresses or event arrival and departure details, texting is the easiest and most accurate way to receive the information needed, especially for guests coming into town for the holidays.

When asking for requests and favors: Sending a simple request, such as asking a loved one to pick up a forgotten item for Christmas dinner, is an acceptable thing to do.

When you can’t talk: Sending a text message letting the person know you’ll return their call when you have a free moment is perfectly acceptable.

With these tools in your back pocket, you won’t have to hesitate before using your smartphone to spread cheer to loved ones near and far this holiday season.

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Montgomery County's Most Wanted

The Montgomery County Sheriff's Office is requesting your assistance in locating a subject wanted on a felony warrant. If you have any information on the whereabouts of this wanted person please contact the Montgomery County Sheriff's Office at (765) 362-0885 or (765) 362-3740.

WANTED



Caleb J. Mathews
Born 1984
Charge: P/V Dealing Methamphetamine (Level 3)

WANTED



Wyatt W. Hunt
Born 1996
Charge: FTA Resisting Law Enforcement/Criminal Confinement (Level 5)

WANTED



Mario G. Ortega
Born 1977
Charge: Sexual Misconduct with a Minor (Felony 4)

WANTED



Robert E. Butler
Born 1984
Charge: Possession of a Firearm by Serious Violent Felon (Level 4)

WANTED



Devin R. Post
Born 1990
Charge: FTA Possession of Methamphetamine (Level 6)

WANTED



Amanda J. Fry
Born 1987
Charge: P/V Theft (Felony 6)

WANTED



Thomas W. Farley II
Born 1991
Charge: FTA Possession of Methamphetamine/Carrying Handgun w/out license

WANTED



Cole M. Williams
Born 1995
Charge: P/V Escape

WANTED



Stephen C. Shaffer
Born 1992
Charge: Domestic Battery (Level 5)

WANTED



Tasha L. McCray
Born 1991
Charge: FTA Fraud (Felony 6)

Please Read Our Disclaimer:

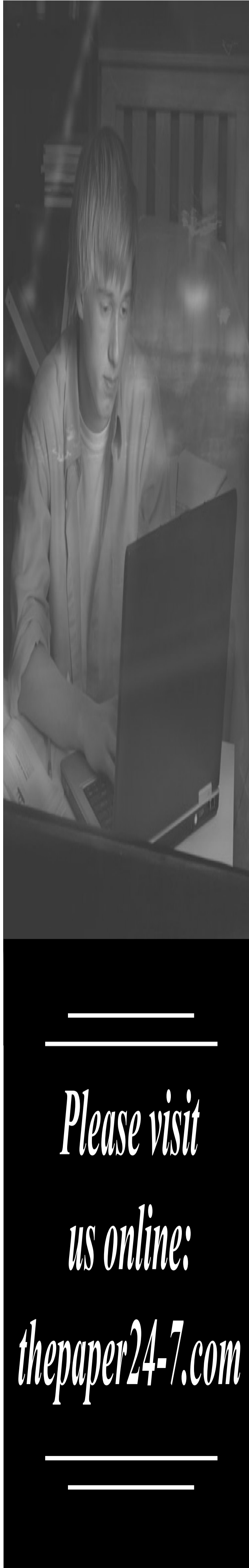
All warrants are the property of Montgomery County, Indiana. This list of wanted suspects is updated on a daily basis, but all warrants need to be verified through the Montgomery County Sheriff's Office Warrants Division before any action is taken. If you feel a warrant is listed in error, please contact the Montgomery County Sheriff's Office.

Notice:

If you have information about the whereabouts of any of the listed suspects, please contact the Montgomery County Sheriff's Office at the numbers provided, or contact your local law enforcement agency. The issuance of a warrant by no means indicates that a person is guilty of a crime, only that probable cause exists to believe that person has committed a crime.

DO NOT ATTEMPT TO APPREHEND ANY OF THESE SUSPECTS AS THEY MAY BE ARMED AND DANGEROUS.

PUBLIC NOTICES



The Paper

Public Notices Deadline:

11:00 a.m. 2 Business Days Prior to Publication

legals@thepaper24-7.com

NOTICE TO TAXPAYERS MONTGOMERY COUNTY COUNCIL MEETING

Notice is hereby given the Taxpayers of Montgomery County, Indiana, that the proper legal officers of Montgomery County will consider the following additional appropriations in excess of the 2021 Budget Order from the DLGF at the regular Council meeting on December 14, 2021 at 9:00 a.m. at 100 E Main Street, Room 103, Crawfordsville, Indiana and also virtually at: <https://global.gotomeeting.com/join/991875645> You can also dial in using your phone. United States (Toll Free): 1 866 899 4679 Access Code: 991-875-645

ADDITIONAL APPROPRIATIONS:

Fund #:	Fund Name:	Expense Category:	Amount:
1119	Clerk's Perpetuation	Supplies	\$5,000.00
8130	BVP GRANT	Capital outlays	\$1,127.75
1000	COUNTY GENERAL	Wellness	\$28,906.00
TBD	21-22 DOC Drug Court Grant	Cell phones	\$600.00
TBD	21-22 DOC Drug Court Grant	Office supplies	\$100.00
TBD	21-22 DOC Drug Court Grant	Group insurance	\$7,777.00
TBD	21-22 DOC Drug Court Grant	SS/MED/INPRS	\$10,549.00
TBD	21-22 DOC Drug Court Grant	Salary	\$55,965.00
TBD	21-22 DOC Grant	Travel/mileage	\$830.00
TBD	21-22 DOC Grant	Lodging	\$2,235.00
TBD	21-22 DOC Grant	Seminars & training	\$1,685.00
TBD	21-22 DOC Grant	Vehicle insurance	\$874.00
TBD	21-22 DOC Grant	Cell phones	\$1,200.00
TBD	21-22 DOC Grant	Dues & subscriptions	\$350.00
TBD	21-22 DOC Grant	Class materials	\$300.00
TBD	21-22 DOC Grant	Staff incentives	\$400.00
TBD	21-22 DOC Grant	Participant incentives	\$400.00
TBD	21-22 DOC Grant	Gas/fuel	\$1,000.00
TBD	21-22 DOC Grant	Group insurance	\$12,424.00
TBD	21-22 DOC Grant	SS/MED/INPRS	\$11,332.00
TBD	21-22 DOC Grant	Salary	\$51,774.00
TBD	21-22 DOC Grant	Salary	\$58,514.00
TBD	Supplemental Public Health Workforce Grant	Public health liaisons salaries	\$220,000.00
1159	HEALTH FUND	Social security & other taxes	\$1,600.00
1159	HEALTH FUND	Public health educator	\$800.00
TBD	2021 EMPG	Travel/training/contractual services	\$27,278.15
TBD	2021 EMPG	Equipment & supplies	\$9,000.00
TBD	2021 Government Center Lease Rental Proceeds	Capital outlays	\$5,745,788.00

Taxpayers represented virtually at such meeting shall have a right to be heard. The additional appropriations as finally made will be referred to the Department of Local Government Finance (DLGF). The DLGF will make a written determination as to the sufficiency of funds to support the appropriations made within fifteen (15) days of receipt of a Certified Copy of the action taken. This will be considered a work session for the Board of Commissioners in conjunction with the scheduled Council meeting. Dated this 11/29/2021
Jennifer Andel
Auditor, Montgomery County

Notice to Bidders: Demolition of Unsafe Buildings
Notice is hereby given that sealed bids will be received:
BY: Crawfordsville Board of Public Works and Safety
c/o Crawfordsville Clerk-Treasurer
City Building
300 East Pike Street
Crawfordsville, Indiana 47933
(765) 364-5150
FOR: Demolition of unsafe buildings at 202 Canby Avenue., Crawfordsville, under City unsafe building orders issued to Rick L. Haggard.

UNTIL: December 22, 2021 at 10:00 a.m. local time at office of the Clerk-Treasurer, address above. Bids received after that time will be returned unopened. The sealed bids will be publicly opened and read aloud at a public meeting of the Board of Public Works and Safety of the City at that date and time at the City Building, address above.

The City has designated the following property as an unsafe building pursuant to I.C. 6-7-9: 202 Canby Avenue, Crawfordsville, Indiana and is in the process of enforcing said law against the owner(s) of this property. These premises contain one abandoned house is located within the City's corporate limits. Bidders must contact Barry Lewis at (765) 364-5152 for inspection.

All demolition work must include, at a minimum: (1) complete removal of the structures, specifically the house and outbuilding, on the premises and their foundations and all debris, (2) filling of any basements, (3) stubbing utility lines to the lot, (4) removal of large dead and scrub vegetation and tree stumps (but not any living trees that may be designated by the City), (5) application of soil cover as necessary, and (6) grading and grass seeding of the finished lot. Work must not damage adjacent properties, all of which are believed to be occupied, and account for dust control and other measures to reduce the impact of demolition on the neighborhood. It is not known whether asbestos, lead paint, or other hazardous conditions exist on these premises, but your work must comply with all legal requirements.

In addition to price estimates, Bidders must submit references, a statement of experience, a proposed plan and timetable for performing the job(s), the equipment that the bidder has available for the performance of the job(s), and proof of insurance. The work to be performed and the proposals to be submitted shall include a price bid for all general construction/demolition, labor, material, tools, equipment, applicable taxes, permits, licenses, insurance, service costs, etc., incidental to and required for the job(s). Bidders may submit bids for multiple jobs reflecting a discount for two or more jobs, in any combinations of jobs and pricing the Bidder desires. But the bid must reflect an allocation of the bid amount among the various unsafe premises in proportion to the work to be accomplished if bidding on multiple properties. Proposals must be enclosed in a sealed envelope with "Crawfordsville Building Demolition Bid 22 December 2021 - 202 Canby" or similar and the name of the Bidder on the outside.

The City of Crawfordsville at its discretion reserves the right to waive any and all informalities in the bidding and to reject any and all bids. All bids submitted will be valid for 60 days from opening.

Both the bid price of the licensed contractor who accomplishes the work and an amount representing a reasonable estimate of the cost incurred by the enforcement authority in processing the matter of the unsafe premises may, if not paid, be recorded after a hearing as a lien against all persons having a fee interest, life estate interest, or equitable interest of a contract purchaser in the unsafe premises at 202 Canby Avenue, Crawfordsville, Indiana.

Enforcement Authority contact information:
Jeff Davenport, Building Inspector
300 E. Pike Street
Crawfordsville, IN 47933
Telephone: 765-364-5152
Barry Lewis, Code Enforcement Officer
300 E. Pike Street
Crawfordsville, IN 47933
Telephone: 765-364-5160 Ext. 214
Terri Gadd, Clerk-Treasurer
City of Crawfordsville, Indiana

Never miss a public notice on legal proceedings!
After it prints in your local newspaper, it goes online:
IndianaPublicNotices.com

TO THE OWNERS OF THE WITHIN DESCRIBED REAL ESTATE AND ALL INTERESTED PARTIES
NOTICE OF SHERIFF'S SALE

By virtue of a certified copy of a decree to me, directed from the Clerk of the Circuit Court of Montgomery County, Indiana, in Cause No. 54C01-1910-MF-001205, wherein PNC Bank, National Association was Plaintiff, and Michelle L. Oakley, Community Action Program, Inc. of Western Indiana and Franciscan Alliance Inc. AKA Franciscan Health Crawfordsville were Defendants, requiring me to make the sum as provided for in said Decree, with interest and cost, I will expose at public sale to the highest bidder on the 12th day of January, 2022, at the hour of 10:00 a.m., or as soon thereafter as is possible, at Sheriff's Office at 600 Memorial Drive, Crawfordsville, IN 47933, the fee simple of the whole body of Real Estate in Montgomery County, Indiana.

Lot numbered 4, as the same is known and designated on the recorded plat of Cap Subdivision to Montgomery County, Indiana, as the same appears of record as Instruments numbered 2005008365 and 200501077 in the Recorder's Office.

More commonly known as: 4 Gladiator Drive, Waynetown, IN 47990
Parcel No. 05-14-443-039.004-037
Together with rents, issues, income, and profits thereof, said sale will be made without relief from valuation or appraisal laws.
"Subject to all liens, encumbrances and easements of record not otherwise extinguished in the proceedings known as Cause 54C01-1910-MF-001205 in the Circuit Court of the County of Montgomery, Indiana."
Attorney for Plaintiff: J. Dustin Smith
ATTORNEY NO. 29493-06
Manley Deas Kochalski LLC
P.O. Box 441039
Indianapolis, IN 46244

Sheriff of Montgomery
Wayne Township
4 Gladiator Drive

The Sheriff's Department does not warrant the accuracy of the street address published herein
PL4218 12/1 12/8 12/15 3t hspaxlp

NOTICE OF PUBLIC HEARING
CRAWFORDSVILLE BOARD OF ZONING APPEALS

Notice is hereby given that the Board of Zoning Appeals of the City of Crawfordsville will hold a public hearing at 7:00 p.m. on Wednesday, December 15, 2021, in the Common Council Chambers, 2nd Floor, Municipal Building, 300 E. Pike Street, Crawfordsville, Indiana, to hear the request for a development standard variance from the fence and wall standards of the City Zoning Ordinance to allow a six-foot privacy fence in the front yard of an R-1, residential zoning district.

The property location 720 East 150 South, Crawfordsville, Indiana
(Parcel No: 54-10-08-100-034.000-030)
The petition is on file and available for examination (and purchase at cost) in the Department of Planning & Community Development on the 2nd floor of the Municipal Building, 300 East Pike Street, Crawfordsville, Indiana 47933 (765.364.5152); office hours are 8:00-12:00 noon and 1:00-4:00 p.m., weekdays except holidays.

The public is invited to attend the hearing and to comment on the proposed request. Oral comments concerning the request will be heard. Written comments and objections to the requests may also be submitted to the Director of Planning & Community Development, City of Crawfordsville, at the address above prior to the hearing and will be considered.

In accordance with the Americans with Disabilities Act, if anyone wishes to attend, hear or present evidence at the public hearing and is in need of reasonable accommodation, please contact the Crawfordsville Department of Planning & Community Development at the address or phone number above so accommodation can be made.
Department of Planning & Community Development
Brandy Allen, Director, City of Crawfordsville
PL4215 12/1 1t hspaxlp

NOTICE OF PUBLIC HEARING
CRAWFORDSVILLE BOARD OF ZONING APPEALS

Notice is hereby given that the Board of Zoning Appeals of the City of Crawfordsville will hold a public hearing at 7:00 p.m. on Wednesday, December 15, 2021, in the Common Council Chambers, 2nd Floor, Municipal Building, 300 E. Pike Street, Crawfordsville, Indiana, to hear the request for a development standard variance from the lot and yard requirements of the City Zoning Ordinance to allow an industrial expansion project to be constructed closer to the property line than the ordinance allows in an I-2, industrial zoning district.

The property location: 1241 North Concord Road, Crawfordsville, Indiana
(Parcel No: 54-07-20-30-015.000-028; 54-07-20-300-016.003-028; 54-07-20-300-016.000-028)
The petition is on file and available for examination (and purchase at cost) in the Department of Planning & Community Development on the 2nd floor of the Municipal Building, 300 East Pike Street, Crawfordsville, Indiana 47933 (765.364.5152); office hours are 8:00-12:00 noon and 1:00-4:00 p.m., weekdays except holidays.

The public is invited to attend the hearing and to comment on the proposed request. Oral comments concerning the request will be heard. Written comments and objections to the requests may also be submitted to the Director of Planning & Community Development, City of Crawfordsville, at the address above prior to the hearing and will be considered.

In accordance with the Americans with Disabilities Act, if anyone wishes to attend, hear or present evidence at the public hearing and is in need of reasonable accommodation, please contact the Crawfordsville Department of Planning & Community Development at the address or phone number above so accommodation can be made.
Department of Planning & Community Development
Brandy Allen, Director, City of Crawfordsville
PL4214 12/1 1t hspaxlp

TO THE OWNERS OF THE WITHIN DESCRIBED REAL ESTATE AND ALL INTERESTED PARTIES
NOTICE OF SHERIFF'S SALE

By virtue of a certified copy of a decree to me directed from the Clerk of Circuit Court of Montgomery County, Indiana, in Cause No. 54C01-2101-MF-000034 wherein Wells Fargo Bank, N.A. was Plaintiff, and Jennifer Avalee Dozier; Indiana Housing & Community Development Authority; were Defendants, requiring me to make the sum as provided for in said Decree with interest and cost, I will expose at public sale to the highest bidder, on the 12th day of January, 2022, at the hour of 10:00 am or as soon thereafter as is possible, at 600 Memorial Drive; Crawfordsville, IN 47933, the fee simple of the whole body of Real Estate in Montgomery County, Indiana.

Lot Numbered 44, as the same is known and designated on the recorded plat of John Hulet's Addition to the Town of Darlington, in Montgomery County, Indiana.
More commonly known as: 211 West Adams Street, Darlington, IN 47940-7117
State Parcel No.: 54-08-08-114-052.000-015

Together with rents, issues, income, and profits thereof, said sale will be made without relief from valuation or appraisal laws.

Union Township
211 West Adams Street, Darlington, IN 47940-7117
Street Address

The Sheriff's Department does not warrant the accuracy of the street address published herein.

Type of Service:
Jennifer Avalee Dozier, 211 West Adams Street, Darlington, IN 47940-7117
Sheriff
Jennifer Avalee Dozier, 3873 Anchor Lane, Denver, NC 28037-7567
Certified Mail
Jennifer Avalee Dozier, 4828 Burton Lane, Denver, NC 28037
Certified Mail

NOTICE
This firm is deemed to be a debt collector.
PL4213 11/24 12/1 12/8 3t hspaxlp

TO THE OWNERS OF THE WITHIN DESCRIBED REAL ESTATE AND ALL INTERESTED PARTIES
NOTICE OF SHERIFF'S SALE

By virtue of a certified copy of a decree to me directed from the Clerk of Circuit Court of Montgomery County, Indiana, in Cause No. 54C01-1805-MF-000573 wherein UMB Bank, National Association, not in its individual capacity, but solely as legal title trustee for LVS Title Trust XIII was Plaintiff, and Daniel Heath Burns; State of Indiana; were Defendants, requiring me to make the sum as provided for in said Decree with interest and cost, I will expose at public sale to the highest bidder, on the 12th day of January, 2022, at the hour of 10:00 am or as soon thereafter as is possible, at 600 Memorial Drive; Crawfordsville, IN 47933, the fee simple of the whole body of Real Estate in Montgomery County, Indiana.

Lot Numbered 3, as the same is known and designated on the recorded Plat of Rodan Development, a subdivision of part of the East half of the Southeast Quarter of Section 19, Township 19 North, Range 4 West, in Montgomery County, Indiana, as the same appears of record in Deed Record 166, page 479 in the Recorder's office of the said county.

Except:
Beginning at the southwest corner of said Lot 3; thence North 00 degrees 27 minutes 56 seconds East 33.87 feet along the west line of said Lot 3 and the grantor's land; thence South 89 degrees 38 minutes 38 seconds East 90.00 feet to the east line of said Lot 3 and the east line of the grantor's land; thence South 00 degrees 27 minutes 56 seconds West 34.04 feet along the east line of said Lot 3 and the east line of the grantor's land to the southeast corner thereof; thence North 89 degrees 32 minutes 04 seconds West 90.00 feet along the south line of said Lot 3 and the south line of the grantor's land to the point of beginning, containing 0.070 acres, more or less, inclusive of the presently existing right of way which contains 0.022 acres more or less.
More commonly known as: 101 McCormick Drive, Crawfordsville, IN 47933-1084
State Parcel No.: 54-07-19-444-031.000-028
Together with rents, issues, income, and profits thereof, said sale will be made without relief from valuation or appraisal laws.

Union Township
101 McCormick Drive, Crawfordsville, IN 47933-1084
Street Address

The Sheriff's Department does not warrant the accuracy of the street address published herein.

Type of Service:
Unknown Occupants, 101 McCormick Drive, Crawfordsville, IN 47933-1084
Sheriff

NOTICE
MARINOSCI LAW GROUP, P.C. IS A DEBT COLLECTOR. THIS IS AN ATTEMPT TO COLLECT A DEBT, AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

PL4212 11/24 12/1 12/8 3t hspaxlp

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20 DAYS UNTIL CHRISTMAS

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