

SUNDAY

The Paper

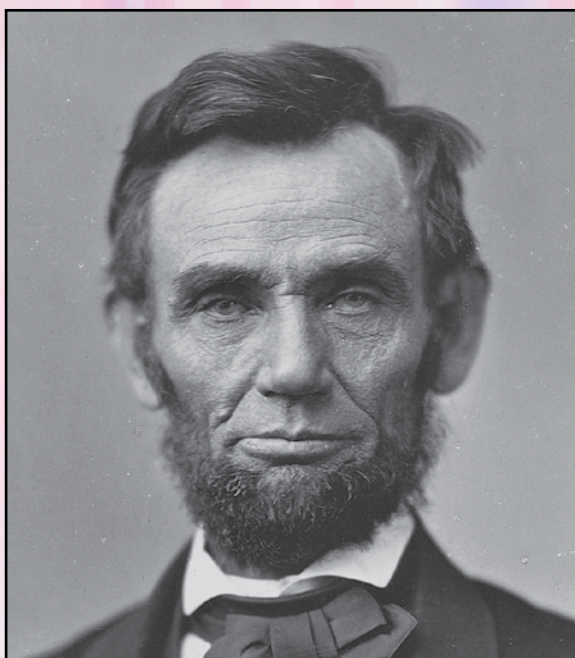
OF MONTGOMERY COUNTY

Montgomery County's oldest locally owned independent newspaper

Facts About Presidents Day And Our Parks That Honor Their Life And Legacy



President George Washington



President Abraham Lincoln



President Theodore Roosevelt

We're excited to celebrate Presidents Day this year. Do you have any plans for visiting a national park that pays homage to a great American leader of yesteryear?

With so many options to choose from, you may not have to go far to find a park that's protected in honor of a former Commander-in-Chief. Some sites commemorate the birthplaces of past presidents (e.g. Kennedy and Hoover), while others memorialize the places where they sought solace in the years after their presidency (e.g. Van Buren, Eisenhower, and Johnson). One thing's for sure: there's no shortage of places to celebrate, so find a park near you and take some time to learn something fun about these famous heads of state.

For example, did you know that Jimmy Carter was a peanut farmer before kicking off his political career? Or that Gerald R. Ford is the only American president to have served as a park ranger?

As a tribute to our fearless leaders, here are some neat facts about Presidents Day and our parks that honor their life and legacy. Did you know that ...

- Presidents Day is celebrated on the third Monday in February, thanks to the 1968 Uniform Monday Holiday Act
- It was established in 1885 in honor of President George Washington's birthday
- Washington's birthday was actually on February 22, 1732 (this would be his 290th birthday!)
- Washington's birthplace is a national monument and is located in Colonial Beach, VA
- It is still officially called Washington's Birthday by the federal government
- The government debated renaming the holiday to Presidents Day to include President Abraham Lincoln's birthday, but the proposal failed in committees
- Lincoln's birthday was actually on February 12, 1809 (this would be his 213th birthday!)
- Lincoln's birthplace is a national historical park and is located in Hodgenville, Kentucky
- President Ulysses S. Grant established Yellowstone as the first national park
- President Theodore Roosevelt has the most national parks named in his honor
- Lincoln is a close runner-up for that title
- Roosevelt's birthplace is a national historic site and is located in New York City, NY
- Adams National Historical Park was the birthplace of two presidents: John Adams and John Quincy Adams
- The most recent presidential birthplace added to the National Park System belonged to William Jefferson Clinton
- There are 35 parks named after American Presidents, and one park that celebrates four of them (but it's named after a New York attorney)

➔ TODAY'S QUOTE

"Change will not come if we wait for some other person, or if we wait for some other time."
Barack Obama

➔ TODAY'S JOKE

The leopard can't play hide-and-go-seek with all the other kids. It always is spotted.

➔ TODAY'S VERSE

Psalm 16:8 I have set the LORD always before me: because he is at my right hand, I shall not be moved.

➔ TODAY'S HEALTH TIP

Low doses of antidepressant medications can help hot flashes in some women.

Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



➔ HONEST HOOSIER

Don't forget, I'm taking a day off tomorrow to celebrate our presidents. See you Tuesday!



13 WTHR MISTY QUIZ

7 DAY FORECAST

26 SUNNY AND COLD	18/50 BREEZY WARMER	37/58 WARM, RAIN LATE	50/60 MILD AND RAINY	26/36 BREEZY AND COLDER	24/36 WINTRY MIX	23/33 WINTRY MIX TO SNOW
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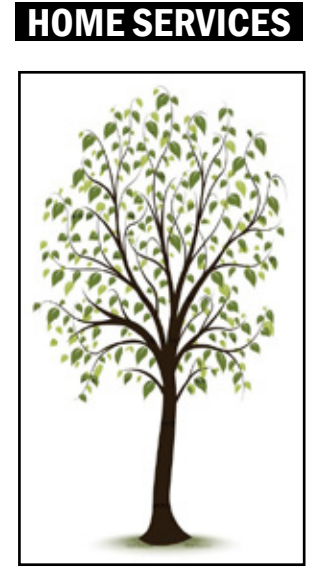
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Contact our advertising department at 765-361-0100 ext. 1 to be included in our next Service Directory.

SUNDAY

Obituaries

Sunday, Feb. 20, 2022

A3

Lee Harold Williams

Nov. 2, 1946 - Feb. 11, 2022

Lee Harold Williams, 75, rural Veedersburg, passed away 4:56 PM Friday Feb. 11, 2022 at St Vincent Hospital in Indianapolis, Indiana.

He was born Nov. 2, 1946 in Danville, Ill., the son of the late Harold Lee and Rosemary Gretchen (Brown) Williams.

He married Betty Jean Davis Aug. 3, 1975 at the Pleasant Hill Church in Thorntown, Ind.

Mr. Williams graduated from Kingman High School in 1964, and worked as a life-long dairy and grain farmer in rural Veedersburg. He was a member of the Sterling Christian Church, Indiana Guernsey Breeders Association, Fountain County Soil & Water Board, South Fountain Pioneers and board member of Bonebrake Cemetery. He was very involved with the Fountain County 4-H program, and had served there as the Dairy Superintendent for 29 years.

He loved and enjoyed spending time with his grandchildren. He also enjoyed being outside tending to his cows and tinkering with his tractors.

Survivors include his wife, Betty Jean Williams of Veedersburg; three daughters, Nancy Jean (Devin) Bell of Colfax, Lee Ann (Josh) Thompson of Crawfordsville and Laura Sue (Andrew) Bush of Veedersburg; six grandchildren, Jayden Thompson, Tyler Thompson, Dawson Bell, Bryce Bush, Ainsley Bell and Avery Bush.

Funeral service is scheduled at 2 p.m. Friday Feb. 18, 2022 at Sterling Christian Church 701 South Sterling Avenue in Veedersburg, with Pastor Gary Johnson officiating. Visitation is scheduled to begin at 11 a.m. Friday and continue until the time of service. Burial will be at Bonebrake Cemetery near Veedersburg. Memorial contributions may be given to the Fountain County 4-H, payable to Fountain County 4-H Council.

Online condolences at www.dickersonfuneralhome.com



Timothy Lee Melvin Sr

July 25, 1970 - Feb. 13, 2022

Timothy Lee Melvin Sr, 51, Alamo, passed away on Sunday, Feb. 13, 2022 at Franciscan Health in Crawfordsville.

He was born in Fort Benning, Ga. on July 25, 1970 to Thomas Lee Melvin and Carolyn Sue Axsom.

He attended Crawfordsville High School and married the love of his life, Kim Shumate, on March 21, 1997. He was a carpenter, mechanic and general laborer. He enjoyed hunting, fishing, working on cars, loved mushroom hunting and family get togethers. He would help anyone and never knew a stranger.

He is survived by his wife of 24 years, Kim; four children, Timothy Lee (Abby) Melvin Jr, Natasha J. (Anthony Wells) Melvin, Samantha Tyann (Brian Kolep) Melvin, Brett Dale Melvin and Zach Owens; five grandchildren, Trinity, Conner, Ella, Nolan and Karolyne; one brother, Michael (Tammy) Melvin; three sisters, Cyndy (J.R) Wilson of Crawfordsville, Michelle (Dave) Laflen and Nikki Melvin; his father, Thomas Lee Melvin; and several aunts, uncles, nieces, nephews and cousins.

He was preceded in death by his mother, Carolyn Sue Axsom; and a brother, T.G. Melvin.

Visitation is scheduled at Sanders Priebe Funeral Care, 315 S Washington St, in Crawfordsville on Thursday, Feb. 17, 2022 from 11 a.m. till the time of the funeral service at 2 p.m., with Pastor Steven Lee officiating. The service will be live-streamed and recorded which can be viewed on his obituary page at www.sandersfuneralcare.com Burial will follow at Oakland Cemetery in Elmdale. Memorial donations may be given to the funeral home to assist with funeral expenses. Envelopes will be available at the funeral home or you may donate online by clicking on the Donation Tab on his obituary. Share memories and condolences online at www.sandersfuneralcare.com.



Esther G. Freed Barnes Rich

Nov. 4, 1927 - Feb. 12, 2022

Esther G. Freed Barnes Rich, 94, Lafayette and a former New Richmond resident, passed away Saturday, Feb. 12, 2022 at IU Health Hospital Lafayette, following a period of failing health.

She was born in Wolcott, Ind. on Nov. 4, 1927 to the late Fred and Sylvia Royce Freed.

She first married Francis Wayne Barners June 30, 1945 and he preceded her in death June 23, 1977. She married Charles Rich Sept. 5, 1978 and he preceded her in death Dec. 4, 1995.

She was a graduate of Jackson Heights High School. She was employed at Landis-Gyr for many years as a production worker. She later was employed by Weaver Popcorn in New Richmond. Previously she owned and operated the New Richmond Grocery. She had enjoyed square dancing, horse racing, gambling, gardening and canning her produce.

Survivors include two sons, Marvin Barnes and Leonard (Mariam) Barnes both of New Richmond; a daughter-in-law, Sue Barnes; grandchildren, Tracy Michael, Rhonda (Bub) Cook, Misty (Brad) Mills, Dustin (Daymia) Barnes, Christina Sanchez, Samuel Sanchez and Matthew Barnes; great-grandchildren, Haley Michaels, Nash Barnes, Abby Cole, Clay Linn and Austin (Kelsey) Barnes.

She was preceded in death by her parents; two husbands; daughter, Judy Barnes; son, Terry Barnes; two brothers, Harold and Raymond Freed; two sisters, Agnes and Ruth; and grandson, Robby Childress.

Visitation hours are scheduled 12 - 2 p.m. Friday, Feb. 18, 2022 at Family and Friends Funeral Home of Wingate, with funeral services following at 2 p.m., with Pastor Mary Hollis officiating. Interment will follow in West Point Cemetery.

Memorial Contributions may be directed to charity of one's choice. Visit us at www.familyandfriendsfh.com to sign the guest book or leave a condolence.



Liddy Denham Summers

Nov. 9, 1968 - Feb. 10, 2022

Liddy Denham Summers passed away Thursday, Feb. 10, 2022 at Franciscan Hospital East in Lafayette.

She was born Nov. 9, 1968 to Robert and Barbara Allen Denham.

She graduated from North Montgomery in 1987 and worked as an LPN at Ben Her Nursing Home. She married the love of her life Neal Summers on August 25, 1990. She loved spending time with her children and grandchildren.

Survivors include her husband, Neal of Crawfordsville; a daughter, Shelby (Kyle) Summers Rowe of Waynetown; three sons, Robert (Karen) Summers of Ohio; Quentin Summers of Crawfordsville and Nicholas Summers of Crawfordsville. She has four grandchildren, Landon Wayne Pugh of Waynetown, Chase Summers, Matthew Summers and Jeremy Summers all of Ohio. She is also survived by her mother, Barbara Denham of Lafayette; sister, Lorinda Swank; brothers, Greg (Connie) Denham, Tony (Tracy) Denham and Jeff (Kim) Denham; mother in law, Dorothy Summers; sister in law, Tracey (Ace) Kinner; and several nieces and nephews.

She was preceded in death by her father, Robert Denham; and father in law, Pete Summers.

A funeral service is scheduled at 2 p.m. Friday Feb. 18 at Hunt & Son Funeral Home with Pastor Terry Gobin officiating. Visitation is scheduled from 12-2 p.m. on Friday. Interment will follow in the Rose Hill Cemetery, Hillsboro, Ind.

Online condolences and memories may be shared at www.huntandson.com



Amy L. (Gleason) VanGilder

April 30, 1959 - Feb. 12, 2022

Amy L. (Gleason) VanGilder, 62, Crawfordsville, passed away on Saturday, Feb. 12, 2022 at St Vincent Hospital in Indianapolis.

She was born in Crawfordsville on April 30, 1959 to the late William "Bill" & Phyllis Jean (Allen) Gleason.

She attended Crawfordsville High School and on Feb. 7, 1976 she married the love of her life, Carl VanGilder, who survives. She was a loving mother and homemaker who enjoyed playing bingo and Candy Crush and visiting friends and family.

Survivors include her husband of 46 years, Carl VanGilder; a daughter, Carly VanGilder; a brother, Billy (Grace) Gleason; a sister, Patricia (John) Branson; and several nieces and nephews.

She was preceded in death by her parents; a brother, Ben Gleason; and a sister, Linda Walker.

Cremation was chosen with no services. Sanders Priebe Funeral Care entrusted with care.

Share memories and condolences online at www.sandersfuneralcare.com.

Effie Marie Rodgers

July 25, 1935 - Feb. 12, 2022

Effie Marie Rodgers, 86, Russellville, Ind., passed away peacefully on Feb. 12, 2022.

She was born on July 25, 1935 in Center Point, Ind. to the late William and Okla (Moss) Young.

She married James A. Rodgers on Sept. 21, 1957 in Crawfordsville, Ind. She was a 1953 graduate of Ashbors High School. She was a loving wife and mother and enjoyed taking special care of her family.

Survivors include her son, James R. Rodgers; two grandchildren, Nick Gentry and Rochelle Gentry; one great-granddaughter, Madeline Gentry; sister, Rosemary Mitchell; and several nieces and nephews.

She was preceded in death by her husband, James A. Rodgers; her daughters, Catherine Sue Rodgers and Julie M. Woods; and three brothers, Charles, John and William Jr. Young.

A graveside service is scheduled at 11 a.m. on Thursday, Feb. 17, 2022 at Hebron Cemetery in Russellville, Ind. Pastor Rodney Coffman will be officiating. A light luncheon will be served at the Russellville Community Center for close friends and family following the graveside service. You are invited to visit www.machledtservices.com where you may leave an online condolence for the family.

Machledt & Servies Funeral Home has been entrusted with her funeral arrangements.



Grayson Wade Hodges

April 26, 2021 - Feb. 14, 2022

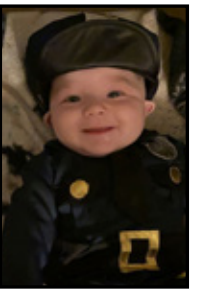
Grayson Wade Hodges passed away Monday, Feb. 14, 2022 at home. He was nine months old.

He was born April 26, 2021 at Lafayette to Jared and Rosie Hodges.

Survivors include his parents; sisters, Temprance Gleason and Penelope Hodges; brother, Jared Hodges II; maternal grandparents, Annie and Chuck Gleason; paternal grandparents, Larry Hodges and Jean (Mike) Abney; great-grandparents, Beverly Gleason, Karl and Colette Spurlock and Bonnie Spurlock; aunts Paige, Melisa, Randi, Amanda, Katie, Jessica Hodges, Jessica Alton, Kayla, Nicole, Crystal and Chelsea; Uncles Isaiah, Chris, Darrin, Austin, Johnathan, Ryan, Zane and Hunter; as well as many cousins.

He was preceded in death by uncle, Richard Hodges; uncle, Ricky Hodges; grandparents, Butch Copner, Chuck Gleason, Judith Copner, Donald Hodges, Geneva Hodges, Herman Hodges and Sharon Mefford; aunts, Jackie Nearon and Trudy Hodges; cousins, Justin Pearson and Chase Ritter; and uncle, little Larry II.

Visitation is scheduled on Friday, Feb. 18th from 5 to 7 p.m. at Burkhardt Funeral Home, Crawfordsville. Funeral services are scheduled at 11 a.m. Saturday Feb. 19th at the funeral home with Pastor Tyler Lowe officiating. Burial will follow at Oak Hill Cemetery North.



Mary Elizabeth Klutzke

Feb. 13, 2022

Mary Elizabeth Klutzke, 92, rural Wingate, passed away Sunday, Feb. 13, 2022 in her home following a lengthy illness.

Arrangements are incomplete at Family and Friends Funeral Home of Wingate.



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SUNDAY

Obituaries

DAY

Sunday, Feb. 20, 2022

A3

Susan Chambers

April 16, 1973 - Feb. 14, 2022

Susan Chambers, Crawfordsville, passed away Monday morning at University Hospital after a long illness. She was 48.

Born April 16, 1973 in Crawfordsville, she was the daughter of Hubert Dowell and Rosalie Blanton Dowell.

She was a huge fan of the show Grey's Anatomy and Patrick Swazye. She loved spending time with family and especially spending time with her grandkids. She was a 1992 graduate of Crawfordsville High School. She married David Chambers on June 21, 1992. He survives.

Survivors include her husband, David Chambers; two daughters, Megan Chambers and Danielle Chambers; two granddaughters, Sophia and Madalynn; three sisters, Ronda Blanton, Vonda Shively and Angie Watkins.

She was preceded in death by her parents and grandparents.

There will be a gathering to celebrate her life from 2 p.m. to 3 p.m. on Saturday, Feb. 19th at the Christian Union Church, 1472 North 650 West, Wayne-town, Ind. A memorial service will begin at 3 p.m. Arrangements were made through Burkhardt Funeral Home.

Online condolences may be made at www.BurkhardtFH.com.



Glenn Altus Dieterlen

Aug. 1, 1935 - Feb. 17, 2022

Glenn Altus Dieterlen, 86, Frankfort and formerly of Crawfordsville, passed away on Thursday, Feb. 17, 2022 at IU Arnett Hospital in Lafayette.

He was born in Scott County, Ind. on Aug. 1, 1935 to the late Altus & Nellie (Mahan) Dieterlen.

He graduated from Boswell High School in 1953 and married the love of his life, Wanda Purcell on Nov. 27, 1955. He farmed in the Shannondale area for many years. He also worked at Life Time Gate Company, Harpel Seeds, and for his son at J&J Woodcrafters in Thorntown. He was a member of Indiana Farm Bureau, International Order of Foresters, Mace United Methodist Church and attended New Ross United Methodist Church.

Survivors include his wife of 66 years, Wanda of Frankfort; a son, Jon (Kim) Dieterlen of Thorntown; a daughter, Julie (Dennis) Lester of Crawfordsville; six grandchildren, Megan (Andrew) Taylor, Sarah (Tim) Joly, Jonathon (Chanda) Dieterlen, Jacqueline (Dustin) Foster, Jasmine (Danish) Patel and Emily (fiancé Mike Sheryk) Harrison; seven great-grandchildren, Damien, Rowan, Alyssa, Carter, Cheyenne, Brooklyn and Katy; two brothers, Dr. Paul (Jan) Dieterlen DVM of Avon and Carl (Leona) Dieterlen of Millington, Tenn.; a sister, Janice (Norman) Segal of St. Clair, Minn.; and several nieces and nephews.

He was preceded in death by his parents; a sister, Freda (Don) Melama; and a great granddaughter, Lylah Dieterlen.

Visitation is scheduled at Sanders Priebe Funeral Care, 315 S Washington St, in Crawfordsville on Saturday, Feb. 26, 2022 from 11 a.m. till the time of the funeral service at 1 p.m., with Pastor Tami Mussche officiating. The service will be live-streamed and recorded which can be viewed on his obituary page at www.sandersfuneralcare.com. Burial will follow at Mace Community Cemetery.

Share memories and condolences online at www.sandersfuneralcare.com



Joseph Clay Krutzsch, Jr.

Jan. 24, 1940 - Feb. 16, 2022

Joseph Krutzsch "Joe", 82, passed away Wednesday morning at Hickory Creek Nursing Home, Crawfordsville, with his children by his side.

He was an insurance broker over the years. He sold life and health insurance for multiple companies. He produced enough in sales to make the Million Dollar Round Table.

His true love was the game of basketball. He started out playing basketball in North Salem, Ind., where he finished his junior year as the leading scorer. His senior year was at Crawfordsville High School. He was elected the MVP and also was the leading scorer for his team. The Athenians then went to the State Tournament, where he was the leading scorer. The Crawfordsville High School 1958 team was the state runner-ups. He attended Ball State for two years and played varsity there. In 2002 he was inducted into the CHS Athletic Hall of Fame. In 2008 he was selected as a member of the Montgomery County Basketball Hall of Fame.

Survivors include his daughter, Teresa Krutzsch of Crawfordsville; son, Joe Krutzsch (Staci) of Crawfordsville; son, Brett Krutzsch (Kevin) of New York, NY; grandson, Austin Krutzsch (Taylor) of McCordsville, Ind.; granddaughter, Paytin Krutzsch of Carmel, Ind.; granddaughter, Kasey Krutzsch of Crawfordsville; and great-granddaughter, Kemper Krutzsch.

He was preceded in death by his father, Joseph Krutzsch, Sr.; mother, Maxine Krutzsch; step-mother, Martha Jane Krutzsch; and daughter, Cynthia Krutzsch Standefer.

A private service will be held Wednesday, Feb. 23 at 1 p.m. at Burkhardt Funeral Home, Crawfordsville, led by Pastor Mike Whitacre. He will be laid to rest at Oak Hill Cemetery North.

Donations can be made to a memorial of your choice. Online condolences may be made at www.BurkhardtFH.com.



Nancy Switzer Hohenstein

July 9, 1933 - Feb. 14, 2022

Nancy Switzer Hohenstein, 88, Waveland, passed away on Feb. 14, 2022 at home with family close by her side.

Born and raised in Linden, she was the daughter of Lawrence (Bunk) Switzer and Lillie Boller Trombley. She will now be at the euchre table once again with her dad, mom and brother Billy.

She attended Linden High School and worked several different jobs in her lifetime. Her most recent job was managing a group home in Crawfordsville for several years which she loved. She was an avid reader, Jeopardy contestant (at home), crossword puzzle solver, euchre specialist, fishing expert and Colts cheerleader who never missed a game. She loved to garden and crochet in her spare time as well. In her younger days she was a fantastic pianist and gave concerts.

Survivors include her four children, Belinda Kiger, Deborah Tarnow Nolen, Rudy (Darla) Hohenstein and Janet Hohenstein Rivers; eight grandchildren, Amy Malelo, Vicki Knuth, Belinda Hohenstein, Erin Hohenstein Weaver, Trevor Hohenstein, Meggan Rivers Hood, Eric Rivers and Emily Kay Nolen; 17 great-grandchildren; five great-great-grandchildren; a niece, nephew and several cousins.

Graveside services with the family will be held at the Linden Cemetery at a later date. Memorial donations can be made to the organization of choice.

A special thank you to Franciscan Hospice, and granddaughters Meggan Hood and Erin Weaver for helping to make Nancy more comfortable toward the end of her life.

Hahn-Groeber Funeral Home of Linden is honored to serve the Hohenstein family.

Please leave memories and condolences at www.hahngroeberfuneralhome.com



Rachel L. Gardner

March 26, 1949 - Feb. 6, 2022

Rachel L. Gardner, Crawfordsville, passed away Sunday night at home. She was 72.

Born March 26, 1949 at Crawfordsville she was the daughter of the late Everett Lutes and Barbara (Ralph) Vaughn.

She married Jack Gardner on June 10, 1972. He preceded her in death on June 23, 2021.

She had been a realtor. She enjoyed drawing, wood burning, bowling and enjoyed spending time with her family. She was a member of the Moose Lodge and the American Legion. She and her late husband, Jack, enjoyed feeding birds and squirrels on their back deck.

Survivors include her sons, Lonnie (Rose) Coffenberry of Crawfordsville, Shawn (Melanie) Gardner of Crawfordsville, Bradwick (Karri) Gardner of New Market and Chadwick (Summer) Gardner of Crawfordsville; eleven grandchildren, Brandon, Javan (Susanna), Skyler (Rebecca), Vyctoria, Blake, Slayde, Lilly, Creed, Victoria and Angel; and eight great-grandchildren.

A celebration of life is scheduled to be held on March 27, 2022 from 1-4 p.m. at the Lake Holiday Club House. Cremation arrangements have been entrusted to Burkhardt Funeral Home.

Memorial donations can be made to the Animal Welfare League of Montgomery County, 1104 Big 4 Arch Rd, Crawfordsville, IN 47933

Online condolences can be made at www.Burkhardt-FH.com.



FEMA Is Offering COVID-19 Pandemic Funeral Cost Assistance

The COVID-19 pandemic has brought overwhelming grief to many FEMA, our mission is to help people before, during and after disasters. We are dedicated to helping ease some of the financial stress and burden caused by the virus.

Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021, FEMA is providing financial assistance for COVID-19 related funeral expenses incurred on or after January 20, 2020.

How to Apply
COVID-19 Funeral Assistance Helpline
844-684-6333
Hours of Operation:
Monday - Friday
9 a.m. to 9 p.m. Eastern Time

Call this dedicated, toll-free phone number to complete your COVID-19 Funeral Assistance application with a FEMA representative. Multilingual services are available.

If you use a relay service, such as your videophone, Innocaption or CapTel, please provide the specific number assigned to you for service. It is important that FEMA is able to contact you, and you should be aware phone calls from FEMA may come from an unidentified number.

Get answers to frequently asked questions about the application process on our Funeral Assistance FAQ page.

Funeral Assistance Policy

On June 29, 2021, we amended the COVID-19 Funeral Assistance policy to assist with COVID-19 related deaths that occurred in the early months of the pandemic.

Policy change FAQ
Required Documents
Official death certificate that shows the death occurred in the United States, including the U.S. territories and District of Columbia.

If the death certificate was issued between Jan. 20 and May 16, 2020, it must either 1) attribute the death directly or indirectly to COVID-19 or 2) be accompanied by a signed statement from the original certifier of the death certificate or the local medical examiner or coroner from the jurisdiction in which the death occurred listing COVID-19 as a cause or contributing cause of death. This signed statement must provide an additional explanation, or causal pathway, linking the cause of death listed on the death certificate to COVID-19.

If the death certificate occurred on or after May 17, 2020, the death certificate must attribute the death directly or indirectly to COVID-19.

If you are eligible for funeral assistance you will receive funds by direct deposit or a check by mail, depending on which option you chose when you applied for assistance.

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HONEST HOOSIER



I ndiana Facts & Fun



Number Stumpers

1. How many total schools are there in DeKalb?
≥
2. How old is DeKalb County?
≤
3. What median age of people live in DeKalb?
≥
4. What is the poverty rate of the county?
≤

Answers: 1. 15 Schools 2. 183 Years 3. Around 39 4. 12.5%

Did You Know?

- DeKalb County was formed in 1837. It was named for the heroic General Johann de Kalb, a Continental Army officer from Bavaria.
- DeKalb County, is inhabited by approximately 43,226 residents as of the 2018 census.
- DeKalb is home to the Auburn Cord Duesenberg Automobile Museum that has the most extensive collection of Auburn Cord and Duesenberg automobile in the world.
- The county contains 5 high schools, 2 middle schools and 8 elementary schools
- The county's cities consist of Altona, Ashley, Auburn, Butler, Garrett, Corunna, Garrett, Hamilton, St. Joe, Spencerville, Waterloo

Got Words?

A courthouse for the county was built in 1829, and was located in the center of the square. On Jan. 9, 1842, the building caught fire, destroying nearly all the county's records. Although the cause of the fire remains mysterious, many believe it was intentionally started. In your opinion do you think rumors such as this add to the county's history, or diminish it?

Word Scrambler

Unscramble the words below!

1. NEERLGA
2. BLKAED
3. EIRF
4. MOTOELIBUA
5. CHSLOOS

Answers: 1. General 2. DeKalb 3. Fire 4. Automobile 5. Schools

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SUNDAY

Indiana the Strong

Sunday, Feb. 20, 2022

B1

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IDEM Offers Free Virtual Earth Day Presentations To Hoosier Students

The Indiana Department of Environmental Management (IDEM) is offering free virtual presentations to elementary schools across the state to celebrate Earth Day 2022. Every year, IDEM staff meet with students to talk about their careers and share science, technology, engineering, and math (STEM) based lessons about air, land, water, and recycling.

"IDEM's annual Earth Day presentations are a great way to teach students about the importance of protecting our environment," said IDEM Commissioner Brian Rockensuess. "These virtual lessons encourage students to understand how their actions can impact them-

selves and their community."

Virtual Earth Day presentations are available for elementary schools across the state and vary in length from 30 to 50 minutes. The interactive presentations offer activities such as reduce, reuse, recycle your trash; or a demonstration on how water flows through a watershed. Teachers who participated in IDEM's virtual presentations last year commented about how much they enjoyed the "hands-on way of learning" and "my students are still using the words they learned from the presentation."

Registration is required and is now open. Please visit www.idem.in.gov/iee/index.htm to see

dates, topics, and to register. Educators may direct questions to IDEM's Environmental Education Outreach Coordinator at education@idem.in.gov or 800-988-7901. Presentations are also available throughout the year. For more information, please visit IDEM's Environmental Education website: www.idem.in.gov/iee/.

About IDEM
IDEM (idem.in.gov) implements federal and state regulations regarding the environment. Through compliance assistance, incentive programs and educational outreach, the agency encourages and aids businesses and citizens in protecting Hoosiers and our environment.

ICRC Celebrates Black History Month

The Indiana Civil Rights Commission (ICRC) and Dr. Martin Luther King, Jr. Indiana Holiday Commission (MLKIH) are pleased to share their "What are you Doing for Others?" light show throughout the month of February in honor of Black History Month.

With the help of Downtown Indy and Innovative, ICRC's light show, inspired by Dr. King's famous quote, "Life's most persistent and urgent question is, 'What are you doing for others?'" will be displayed on the AES building nightly throughout February. Featuring community members and leaders, the video shares a storyline emphasizing the importance of service.

The video will play nightly following the Signature Salute at approximately 6:45, 8:15, and 10:15pm through Feb. 28. ICRC welcomes all Hoosiers to visit the heart of our state to view the illuminating light show.

"After such a great response from our community members on our Dr. Martin Luther King, Jr. Celebration, we were thrilled to have Innovative offer to share our light show throughout Black History Month. While celebrating the achievements of African Americans this month, it is vital to make your own contributions to society in the acts of service," said Greg L. Wilson, ICRC executive director.

ICRC will continue its "What are you Doing for Others?" campaign

throughout the month of February while highlighting some of Indiana's most minority-supportive companies and organizations. Follow ICRC on Facebook, Instagram, and Twitter @INCivilRights to learn more.

About Indiana Civil Rights Commission
The Indiana Civil Rights Commission (ICRC) enforces the civil rights laws of the State of Indiana. We investigate complaints of discrimination in employment, housing, public accommodation, credit and education. We also educate organizations, companies, landlords, associations, and individuals on their rights and responsibilities under Indiana Civil Rights Laws and the mission to eradicate discrimination.



Virtual Reality Enhances Lives of ASC Residents

American Senior Communities is pleased to announce a new partnership with MyndVR, the leading provider of virtual reality solutions for older adults in the United States, ASC is bringing MyndVR's virtual reality (VR) program to our residents. MyndVR's immersive VR platform allows seniors to engage in an array of fields including learning, travel, art, music and nature.

MyndVR debuted the innovative technology recently at Allisonville Meadows Assisted Living in Fishers, Indiana. ASC plans to expand this service to additional Senior Living locations. This immersive technology allowing residents to experience a variety of scenarios, including visiting foreign cities, interacting with animals, joining a Broadway musical on stage, and even sky diving.

"We are so excited to be partnering with American Senior Communities to bring our headsets to their residents," said Chris Brickler, CEO of MyndVR. "Their team has been incredible to work with and we can't wait to see how the community responds to the technology."

ASC is an Indiana owned and operated senior community that takes pride in incorporating Hoosier hospitality in all of their services. ASC has created an Integrated Care Network with a full range of lifestyle and care options

to bring innovative ways to serve their residents. Their latest partnership with MyndVR is one of the ways their team is honoring this commitment.

The video link below captures a recent demonstration of the MyndVR technology as it was introduced at Allisonville Meadows Assisted Living.

<https://vimeo.com/661315762/f496827595>

As the largest senior healthcare provider in Indiana, ASC is proud to be the first such industry member to incorporate this immersive technology for their residents. While virtual reality is certainly entertaining, it has many applications for older adults and can be used to enhance various therapies.

"ASC is intentional in choosing partnerships that allow us to leverage cutting edge technology to enrich the lives of the residents that we are honored to serve," said David Stordy, Chief Operating Officer at ASC. "We are truly excited to partner with MyndVR to bring these innovative virtual reality experiences to our residents as part of our mission to serve each customer with quality care and excellence."

About American Senior Communities

American Senior Communities offers a variety of senior lifestyle and care options throughout Indiana and Louisville. To learn more visit ASCCare.com.

Indiana Department Of Education Provides Update On Indiana GPS Dashboard Development

At last week's State Board of Education (SBOE) meeting, the Indiana Department of Education provided an update on development of the Indiana Graduates Prepared to Succeed (Indiana GPS) dashboard. This included an update on how data could be used to show performance of student populations across a range of measures.

"We know that the pandemic's academic disruptions disproportionately impacted many of our students who were already struggling to master foundational skills," said Dr. Katie Jenner, Indiana Secretary of Education.

"As we develop the Indiana GPS dashboard, we will continue working with stakeholders to ensure each indicator is accessible and useful. This includes functionality that empowers users to dive in to learn more about how student populations have been impacted by learning disruptions and how they are recovering. Transparency will help drive continuous improvement for our students."

By allowing users to view data disaggregated by student population across multiple indicators, the Indiana GPS dashboard will allow stakeholders to view

where students are today – and work towards helping students gain support where they need it the most. For example, as just one data point, last spring's ILEARN results show that achievement gaps persist among Indiana's racially and ethnically diverse, low-income, special education and English language learner students – gaps that were exacerbated by the pandemic.

As IDOE works to have the initial version of the dashboard operational this fall, the department is engaging school leaders, teachers, families and community members

to gain feedback on how data is displayed – making it accessible across a variety of indicators. This information will be presented on landing pages, school summary pages and informational pages that display trends and data comparisons.

Dashboard development follows the SBOE's unanimous approval last year of five characteristics that best indicate a student's preparation for success after high school, as well as the indicators that will measure these characteristics. These characteristics and indicators will be the basis for the dashboard.

Nearly \$500,000 In Federal Grant Funds Available For Specialty Crop Industry

The Indiana State Department of Agriculture (ISDA), beginning Feb. 15, will seek project proposals from Indiana's specialty crop sector for funding from the U.S. Department of Agriculture's (USDA) Specialty Crop Block Grant Program. Eligible projects must enhance the competitiveness of specialty crops in Indiana, defined as fruits, vegetables, tree nuts, horticulture and nursery crops.

"Indiana is home to an abundance of agricultural sectors, including a robust specialty crop industry that contributes significantly to our economy," said Lt. Gov. Suzanne Crouch, Secretary of Agriculture. "The funding through this program, whether that be research, market development or education and training, will help to greatly advance this industry in our state."

The USDA Specialty Crop Block Grant Program offers federal funding annually to the state departments of agriculture to support their specialty crop industries. Indiana's allocation is \$486,095.35.

ISDA created and distributed a funding priority survey in early 2022 for specialty crop funding; respondents included stakeholders across the specialty crop industry. Based on the survey suggested projects included enhancing food safety, pest and disease control, developing organic and sustainable production practices, and developing local and regional food systems. When the application opens please refer to the notice of funding opportunity for a full list of suggested projects.

Funding will not be awarded to projects that benefit a particular commercial product, or provide a profit to

a single organization, institution or individual. Each project must identify at least one of the new USDA performance measures that specifically demonstrates the project's impact on enhancing the competitiveness of eligible specialty crops.

"These funds have the potential to make a substantial impact on the specialty crop industry," said Bruce Kettler, Indiana State Department of Agriculture director. "I encourage those involved in the specialty crop sector to apply and work toward further supporting this industry and enhancing its significance in our state."

Applications open on Feb. 15, 2022 and are due by 11:59 p.m. ET on March 8, 2022. Proposals must be submitted online through the Indiana State Department of Agriculture's Grants Management System.

ISDA will host a SCBGP webinar for interested applicants on February 22, 2022. Registration information is available on ISDA's Funding Opportunities website.

ABOUT ISDA
The Indiana State Department of Agriculture (ISDA) was established as a separate state agency by the Legislature in 2005. Administratively, ISDA reports to Lt. Governor Suzanne Crouch, who also serves as Indiana's Secretary of Agriculture and Rural Development. Major responsibilities include advocacy for Indiana agriculture at the local, state and federal level, managing soil conservation programs, promoting economic development and agricultural innovation, serving as a regulatory ombudsman for agricultural businesses, and licensing grain firms throughout the state.

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SUNDAY

In The Kitchen

Sunday, Feb. 20, 2022

C1

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Made with Love

Set the table for romance with a delicious date night at home

FAMILY FEATURES

Planning a delicious, romantic date night doesn't have to take you any further than your own kitchen. You don't have to be an accomplished chef to set the table for romance, but you can take inspiration from simple, quality Italian dishes to celebrate the link between food and love.

As these recipes show, a romantic meal can be ready in minutes or, like a great love story, simmered to perfection. To plan the ultimate date night at home, start by choosing one of these dreamy main dishes made with mouthwatering sauces.

Flavorful sauces make a great Italian meal, but the sauce doesn't need to be made from scratch (at least, not completely). For example, Bertolli d'Italia sauces are made in Italy for authentically delicious flavor. They are crafted with tomatoes vine-ripened under the Italian sun, finely aged Italian cheeses, fresh cream and Mediterranean olive oil. The result is a sauce that's perfect for your date-night meal.

Once you select your main course, prepare a simple salad of greens with a drizzle of Italian vinaigrette or Caesar dressing. Pop a loaf of bakery-fresh Italian or focaccia bread into the oven to warm through and serve with butter or olive oil for dipping. If you're so inclined, cap off the meal with a classic Italian dessert from your local bakery, like tiramisù, cannoli or a creamy panna cotta topped with fresh fruit.

Find more romantic dishes perfect for sharing at Bertolli.com.

Italian Sausage Spinach and Tomato Rigatoni

Prep time: 10 minutes
Cook time: 20 minutes

Water

- 1/2 box rigatoni pasta
- 1 tablespoon olive oil
- 1/2 cup onions, chopped
- 4 cloves garlic, minced
- 1/2 cup mushrooms, sliced
- 16 ounces sweet Italian sausage
- 1 jar Bertolli d'Italia Marinara Sauce
- 2 cups fresh baby spinach
- salt, to taste
- pepper, to taste
- Parmesan cheese, for garnish

Bring large stockpot of water to boil. Boil rigatoni pasta until al dente. Drain and set aside.

In saute pan over medium heat, add olive oil. Add onions, garlic and mushrooms. Saute until vegetables start to brown. Add Italian sausage and cook until done, breaking into small pieces. Add sauce and bring to low boil.

Add baby spinach. Cook until spinach is mostly wilted. Season with salt and pepper, to taste.

Add drained pasta to pan with sausage and sauce. Toss and divide between plates. Garnish with Parmesan cheese.



Italian Sausage Spinach and Tomato Rigatoni



Red Wine Braised Beef Short Rib Ragù

Red Wine Braised Beef Short Rib Ragù

Prep time: 25 minutes
Cook time: 3 hours

- 2 tablespoons olive oil
- 4 pounds bone-in beef short ribs
- salt, to taste
- ground black pepper, to taste
- 1 stalk celery, chopped
- 1 large carrot, peeled and finely diced
- 1 small onion, chopped
- 8 cloves garlic, finely chopped
- 4 tablespoons tomato paste
- 1 cup red wine
- 4 sprigs fresh rosemary
- 2 sprigs fresh sage leaves, chopped
- 8 sprigs fresh thyme
- 2 bay leaves
- 1 jar Bertolli d'Italia Marinara Sauce
- 2 cups beef bone broth
- water
- 24 ounces pappardelle pasta or preferred pasta
- freshly grated Parmesan cheese, for garnish

Heat oven to 350 F.

In 5-quart Dutch oven, heat olive oil over medium heat. Season short ribs with salt and ground black pepper, to taste. Place one layer of short ribs in pot. Set remaining ribs aside.

Cook ribs 3-4 minutes per side until browned. Transfer to plate and set aside. Repeat with remaining short ribs.

Add celery, carrots and onion to pot used to brown ribs. Stir and cook until vegetables are browned, about 15 minutes.

Add garlic and stir 1-2 minutes. Add tomato paste. Cook 2-3 minutes.

Carefully pour red wine into pot. Stir and scrape any browned bits from bottom of pot. Cook 3-4 minutes until wine is almost completely absorbed into vegetables.

Add rosemary, sage, thyme and bay leaves to pot. Add sauce, bone broth and browned ribs. Cover pot and place in oven 2 1/2-3 hours, or until ribs are fall-apart tender.

Remove pot from oven. Transfer ribs to plate or cutting board. Remove and discard herb stems and bay leaves.

Remove bones from ribs then shred meat into bite-sized pieces using two forks or tongs. Return shredded ribs to pot with ragu. Stir to combine. Set aside.

Bring large stockpot of water to boil. Boil pappardelle pasta until al dente. Add drained pasta to pot with beef ragu and toss until combined.

Garnish with freshly grated Parmesan cheese.

Creamy Italian Garlic Chicken Pasta

Prep time: 10 minutes
Cook time: 20 minutes

- 2 tablespoons olive oil
- 2 large chicken breasts
- 1 teaspoon Italian seasoning
- salt, to taste
- pepper, to taste
- 4 cloves garlic, minced
- 1/4 cup onions, chopped
- 1/4 cup sun-dried tomatoes, cut into strips
- 2 tablespoons capers, drained
- 6 fresh basil leaves, sliced
- 1 jar Bertolli d'Italia Creamy Rosa Sauce
- 1/2 cup heavy cream

water

- 1/2 box Casarecce or preferred pasta
- parsley, for garnish
- Parmesan cheese, for garnish

In saute pan over medium heat, add olive oil. Season chicken with Italian seasoning and salt and pepper to taste. Sear chicken breasts on both sides until browned. Remove from pan and set aside.

Add garlic and onions to hot pan. Cook until starting to brown. Add sun-dried tomatoes, capers and basil; stir. Add sauce and heavy cream; cook until mixture starts boiling.

Bring large stockpot of water to boil.

Boil Casarecce pasta until al dente. Divide pasta between two plates. Place one chicken breast over pasta on each plate and top with additional sauce, parsley and Parmesan cheese.



Creamy Italian Garlic Chicken Pasta

SUNDAY

In The Kitchen

Sunday, Feb. 20, 2022

C2

Have a favorite recipe you want to share? Send it to news@thepaper24-7.com

Sustainable Family Meals from Farm to Table

FAMILY FEATURES

Much time is often spent planning and preparing family meals, from choosing recipes to gathering ingredients and working in the kitchen. However, where that food actually comes from and how it's made is an often-overlooked part of food preparation.

Next time you lay out a weekly menu that includes recipes like this Bone-In Prime Rib, keep sustainability in mind by considering the practices put in place by America's farmers. For example, the corn industry's evolution in sustainability along with its documented environmental, economic and social improvements over the last several decades points to farmers' willingness to embrace change.

As the largest sector in American agriculture, corn farmers impact hundreds of thousands of jobs, infuse billions of dollars into the economy and care for critical resources while overseeing substantial improvements in production.

The family farm belonging to Nathan and Nicki Weathers in Yuma, Colorado, includes 3,000 acres of irrigated crops and 300 cows. They harvest grain corn, which goes to a feedyard, dairy or an ethanol plant, and silage, which is sold to local feedyards.

According to Nathan, corn is the best feed available for his farm and makes his beef production more sustainable.

"They go hand in hand," Nathan said. "To be able to drive the protein market and meet the demands of the future, we have to be sustainable in both. We need to have protein and be able to grow it and have a feed source for pork and poultry. Corn is an efficient and economic feed source for all our protein."

Consider these ways the corn industry is continuing its efforts toward sustainable practices, according to the National Corn Growers Association's Sustainability Report.

Soil Conservation

Healthy soils are the foundation of agriculture production and why corn farmers are committed to leaving land in better shape than they found it. Adoptions in conservation tillage and other soil conservation strategies have contributed to a reduction in erosion.

Water Stewardship

Farmers recognize the invaluable role water plays in raising crops each year. They also know they must actively protect this resource for the benefit of their crops, their communities and the planet.

Ecosystem Resilience

With approximately 90 million acres planted annually, corn is grown in a variety of ecosystems. Supporting the health of those ecosystems requires active attention from farmers, who respond by using integrated pest management techniques, establishing wildlife habitats on their lands and more.

Energy Efficiency

Technology that enhances farmers' productivity also help reduce the amount of energy and emissions required for corn production. Farmers provide a carbon reduction strategy through the production of ethanol and the support of the Renewable Fuel Standard, a program created by Congress intended to reduce greenhouse gas emissions and expand the nation's renewable fuels sector while reducing reliance on imported oil.

Minimal Waste

Due to corn's versatility, from animal feed to ethanol production and bioplastics, the components of each kernel find homes in a variety of uses, leaving little to go to waste.

Find more information at ColoradoCorn.com.



Weathers Family



Photo courtesy of Getty Images

Bone-In Prime Rib

Recipe courtesy of chef Jason K. Morse, C.E.C., 5280 Culinary, LLC, and Ace Hardware Grill Expert on behalf of the Colorado Corn Administrative Committee

- 1 bone-in prime rib roast (8 pounds) oil
- 5280 Culinary Rub-a-Dub seasoning, to taste
- 5280 Culinary Island Boys Coffee seasoning, to taste

Remove roast from packaging and place on large sheet pan. Drain juices and warm at room temperature 20 minutes.

Starting at tail on bone side of roast, cut bone along ribs, between meat and ribs, to back side, separating bones from meat.

Rub prime rib with light coat of oil. Season on all sides and under bone with blend of seasonings. Return bones to bottom side and, using butcher twine, secure in 2-3 areas by tying bones to meat. Wrap in plastic wrap or place in pan and refrigerate 12-16 hours.

Preheat smoker or grill to 200 F and load with preferred smoking wood chunks, if desired.

Place prime rib on grill rib side down, fat side up, allowing drippings to collect in drip tray. Increase heat to 350 F. Close lid and cook, uncovered, until desired doneness is reached.

5 Cooking Swaps to Help Manage Cholesterol

FAMILY FEATURES

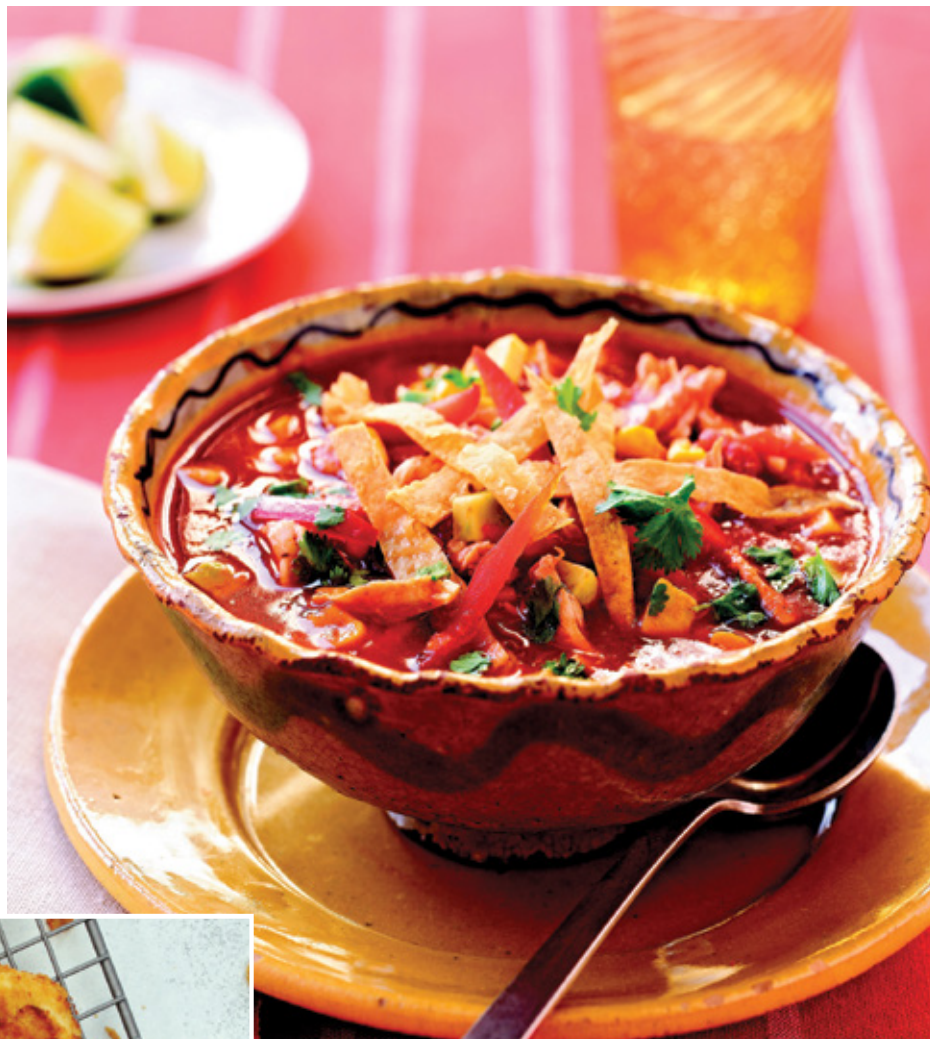
When cooking, keep in mind small changes that can make a big impact on heart health.

High cholesterol is one of the major controllable risk factors for heart disease and stroke, with about 38% of American adults diagnosed with high cholesterol, according to the American Heart Association. It can be managed by getting levels regularly tested and making lifestyle changes like eating a heart-healthy diet.

- **Reduce saturated fat** – Select lean cuts of meat or opt for plant protein, limit processed meats, broil or bake rather than pan-fry meats and remove skin from poultry before cooking.
- **Eat more fish** – Fish can be fatty or lean, but it's still low in saturated fat. Choose oily fish like salmon or trout, which are high in omega-3 fatty acids.
- **Use liquid oils in place of solid fats** – For roasting, sauteing and more, use non-tropical liquid vegetable oils like canola, safflower, soybean or olive instead of butter, lard or shortening.
- **Lower dairy fats** – Low-fat, fat-free or non-dairy milk can be used in many recipes instead of whole milk or half-and-half.
- **Increase fiber and whole grains** – Add high-fiber vegetables to meals, serve fruit instead of juice and try brown rice instead of white.

These simple tips and better-for-you recipes like Chicken Tortilla Soup and Air Fryer Crispy (Un) Fried Chicken can help you eat healthy without sacrificing taste.

Find tips for managing cholesterol and other risk factors at heart.org/cholesterol.



Chicken Tortilla Soup

Chicken Tortilla Soup

This recipe is reprinted with permission from "Healthy Slow Cooker Cookbook, 2nd Edition." Copyright 2018 by the American Heart Association. Published by Harmony Books, an imprint of Penguin Random House, LLC. Servings: 4

- 1 pound boneless, skinless chicken breasts, visible fat discarded, cut into 1/2-inch cubes
- 2 cups frozen whole-kernel corn, thawed
- 2 cups fat-free, no-salt-added chicken broth
- 1 can (14 1/2 ounces) no-salt-added, diced tomatoes, undrained
- 1/4 cup finely chopped onion
- 1 teaspoon sugar
- 1 teaspoon ancho powder
- 2 medium garlic cloves, minced
- 1/4 teaspoon salt
- 2 corn tortillas (6 inches each), cut into 1/4-inch-wide strips
- 1 corn tortilla (6 inches), torn into pieces
- 2-4 tablespoons snipped fresh cilantro
- 1/4 cup finely chopped avocado
- 1/4 medium red bell pepper, cut into matchstick-size strips

In slow cooker, stir chicken, corn, broth, tomatoes, onion, sugar, ancho powder, garlic and salt. Cook, covered, on low, 6-8 hours, or on high, 3-4 hours.

Preheat oven to 350 F.

On baking sheet, arrange tortilla strips in single layer. Bake 8-10 minutes, or until crisp. Transfer baking sheet to cooling rack. Let strips stand 15 minutes, or until cool. Transfer to airtight container and set aside.

When soup is ready, transfer 1 cup to food processor or blender. Stir in tortilla pieces. Let mixture stand 1 minute. Process until smooth. Stir mixture into soup. Stir in cilantro. Ladle soup into bowls. Sprinkle with avocado, bell pepper and reserved tortilla strips.



Air Fryer Crispy (Un) Fried Chicken

Air Fryer Crispy (Un) Fried Chicken

Recipe courtesy of the American Heart Association Servings: 4

- 1/2 cup all-purpose flour
- 2 tablespoons minced fresh parsley
- 1/2 teaspoon ground oregano
- 1/4 teaspoon pepper
- 1/4 teaspoon cayenne pepper (optional)
- 1/2-1 cup low-fat buttermilk
- 1/2 tablespoon hot pepper sauce (optional)
- 1/3 cup whole-wheat panko breadcrumbs
- 1/3 cup shredded or grated Parmesan cheese
- 4 boneless, skinless chicken breasts (about 4 ounces each), visible fat discarded, flattened to 1/4-inch thickness, patted dry with paper towels
- nonstick cooking spray

Preheat air fryer to 390 F.

In shallow dish or pie pan, whisk flour, parsley, oregano, pepper and cayenne.

In separate shallow dish or pie pan, whisk buttermilk and hot sauce.

In third shallow dish or pie pan, stir panko and Parmesan. Place dishes and large plate in row. Dip chicken in flour mixture then buttermilk mixture then panko mixture, turning to coat at each step and gently shaking off excess. Using fingertips, gently press panko mixture so it adheres. Place chicken on plate. Cover and refrigerate 30 minutes.

Lightly spray chicken with nonstick cooking spray. Arrange chicken in single layer in air fryer basket, working in batches if needed. Cook 10-15 minutes, or until chicken is no longer pink in center and coating is golden brown, turning once halfway through and lightly spraying with nonstick cooking spray.

SUNDAY

The Paper
OF MONTGOMERY COUNTY

In The Home

DAY

Sunday, Feb. 20, 2022

D1

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Vertical Gardening Maximizes Beauty And Harvest

by Melinda Myers
Go vertical to expand your outdoor gardening space, create privacy and add beauty to bare walls and fences. This centuries-old technique has been used to grow food and flowers, adding beauty and productivity from the ground up. Even those gardening on small city lots, balconies and decks can go vertical to expand their gardening opportunities.

Grow pole beans, peas, squash, melons, tomatoes, and other vining edible plants onto supports. This saves space, reduces the risk of disease, and makes harvesting much easier.

Enjoy the many benefits of vertical gardening even when growing in containers. Create your own or purchase a support that securely fits and supports the vines growing in the planter. Or purchase a container with an integrated trellis. Further reduce maintenance by utilizing a self-watering pot like the City Jungle Self-Watering Tomato Planter large enough to grow and support two indeterminate tomatoes.

Mount containers on a wall or fence or stack and secure them vertically to increase growing space. Systems like the Vigoroot 4-Tiered Balcony Garden provide lots of planting space in just a few square feet.

Include trellises and arbors in raised beds and elevated gardens to further maximize growing space.



Photo courtesy of Gardener's Supply Company/gardeners.com

Grow a vegetable garden vertically in a compact space whether on a balcony or patio.

Trellises train vines upward while arches allow you to grow two layers of plants, one over the trellis and one below.

Dress up a bare wall or fence, screen a bad view or create privacy with a plant-covered trellis. Leave space between the wall and trellis when gardening next to a building. This space allows airflow between the building and plants, reducing the risk of mildew on the wall and diseases infecting the plants.

Grow annual vines for quick cover and perennial vines for years of beauty.

Mix the two to quickly cover the trellis with the annual vine while waiting for the perennial to establish and reach its mature size. Plant two vines with different bloom times on one trellis to extend the colorful flower display. Or look for those that bloom at the same time to double the floral impact.

Use decorative supports to add beauty or a focal point year-round. Select the style – rustic, formal or colorful – that complements your garden design, furnishings, and personality. Make sure whatever you

choose is strong enough to support the plants you grow.

Mask rain barrels, compost bins and other functional areas in the landscape with a wall of plants. Leave space for easy access as you fill your compost bin or harvest finished compost and rainwater.

Dress up a lamp or mailbox post with a vine covered support. Create your own from chicken wire or purchase a curved trellis like the Bosmere Trellis (gardeners.com) suitable for this application.

Use trellises and arbors to brighten often overlooked spaces. A vine-covered arbor makes a nice floral welcome at the entrance to a walkway or colorful transition between garden areas. Make sure the opening is large enough to accommodate visitors and any equipment needed.

No matter your style and location, vertical gardens can help you maximize your growing space and garden's beauty.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply for her expertise to write this article. Her web site is www.MelindaMyers.com.

Perennials Are Great For Biodiversity

If you dream of a garden filled with butterflies, bees, and bumblebees, use flowering perennials to create a wonderful garden that is buzzing with life. And you will boost biodiversity at the same time. Way to go!

Mix & match
The more variety in plants, the more life in the garden. Perennials offer so much variety: different types, colors, shapes, heights, and flowering times. If you have flowers in your garden from early spring until well into autumn, there will be plenty of nectar to go around for butterflies, bees, and other insects. What's more, birds will eat the seeds of various flowering plants. Even more life in your garden!

10 great nectar providers
Many flowering plants make excellent nectar sources. Here are ten great ones:

1. yarrow (Achillea),
2. knotweed (Persicaria),
3. stonecrop (Sedum),
4. Michaelmas daisy (Aster),
5. catmint (Nepeta),
6. thoroughwort (Eupatorium),
7. bugleweed (Ajuga reptans),
8. lavender (Lavandula),
9. sage (Salvia)

10. and purple coneflower (Echinacea).

Low maintenance, lots of joy

Perennials are easy plants: they come back every year and require very little maintenance. Fast-growing perennials and ground covers are real must-haves if you don't want to spend too much time on garden maintenance. These plants cover the ground quickly, giving weeds little chance. If you introduce lots of variety in your plants, you will make your garden more resistant to pests and diseases.

Tips
• Leave perennials alone in winter (cut them in spring). This allows insects to hibernate between the leaves and stems. And you will be able to enjoy the winter silhouette; ornamental grasses and umbelliferae in particular are beautiful when covered in a layer of frost.
• Not enough space? Remove a few tiles and create a façade garden with several perennials. Even small gardens contribute to more biodiversity in the area. And they brighten up the neighborhood!

• Visit www.perennial-power.eu for more inspiration for a flower-filled garden.

5 Important Things to Know About Radon Exposure

(StatePoint) Radon is present at high levels in a surprisingly large number of American homes, schools and other buildings. While this naturally-occurring gas is odorless, tasteless and colorless, it's far from harmless. Experts are raising awareness about the serious health risks associated with radon exposure and what you can do about it.

"Elevated radon in homes is more common than you may think. In fact, at least one in 15 American homes have elevated levels of radon, and this is something that shouldn't be taken lightly. Exposure to radon is the second leading cause of lung cancer in the United States," says Albert

Rizzo, M.D., chief medical officer for the American Lung Association. "The good news is that it is easy to test for radon. Do-it-yourself test kits are simple to use and inexpensive."

In an effort to eliminate this preventable lung cancer risk factor, protect all communities and buildings, and save lives, the Environmental Protection Agency (EPA), along with strategic partners like the American Lung Association, have launched a new five-year National Radon Action Plan. The campaign is sharing five important things to know about radon:

1. Radon exposure is life-threatening. Radon-related lung cancers are responsible for an estimated

21,000 deaths annually in the United States.

2. Smoking and radon exposure can separately increase the risk of lung cancer. If you smoke, exposure to both tobacco and radon enhances the risk of lung cancer even further.

3. The only way to detect radon in your home is to test the air. The EPA urges anyone with radon levels above 4 picoCuries per liter (pCi/L) to take action to fix their homes. Both the EPA and the American Lung Association recommend that mitigation be considered if levels are greater than 2 pCi/L. After high levels are detected and confirmed, a radon mitigation system should be installed by a radon professional.

4. Radon testing should always be done when you buy a home and after building a new home. Many states now require radon results (if known) to be disclosed during a real estate transaction. Some states require testing in priority buildings like schools and daycares.

5. When high levels of radon are detected, professional radon mitigation should be a priority. Do-it-yourself radon mitigation is typically not an effective long-term solution. Some state health departments offer financial assistance or low interest loans for radon mitigation.

Learn more about radon testing and mitigation at Lung.org/Radon.

Thanks for reading The Paper!



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SUNDAY

Business

Notes and

NEWS

Sunday, Feb. 20, 2022

F1

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NFIB State Director: Our Small Business Have Suffered Enough From Pandemic

NFIB, the National Federation of Independent Business here in Indiana, is urging lawmakers to pass sensible legislation that would reduce the tax burden on Hoosier small businesses who are already suffering from the continuing impacts of the COVID-19 pandemic. NFIB, which represents nearly 11,000 small business owners across the state, supports HB 1002, which is being heard by the Senate Tax and Fiscal Policy Committee tomorrow. The legislation would help entrepreneurs across the state by reducing the cost of purchasing and operating production equipment and machinery in Indiana. The bill would also reduce the individual income tax rate from 3.23% to 3%. This would benefit all taxpayers, especially small businesses that operate as pass-through entities and pay taxes at the individual rate.

State Director Natalie Robinson is testifying in support of this bill at 9 am on Tuesday February 15th in room 431.

Here's why this bill matters to small business owners across Indiana:

In Anderson, John Raine

of Raine Tactical Gear encourages legislators to let entrepreneurs make their own decisions on how to spend their own hard-earned money. Raine Tactical has been in business since 1986. John's small business was the first to produce gear with nylon and has been used in every military operation since Grenada. Their motto is to build a well-engineered product like a tank.

"What Indiana small business owners need right now is to have the flexibility to spend their income where it makes the most sense. Legislators need to understand that their local mom and pop entrepreneurs are the backbone of their community. They should trust that we will spend our money wisely, and what we need right now is to be able to invest back in our workforce. Instead of paying the government more in taxes on equipment, we could take that money to increase our wages or hire a new employee," said John Raine. "Over time, these tax cuts will pay for themselves."

Military members returning from the front lines regularly

tell John that his gear is reused and not thrown out, giving our U.S. service members the best bang for their buck.

According to a recent NFIB survey, a historic number of small businesses are struggling to increase their workforce. Half of all small business owners have reported raising compensation, up two points from December and a 48-year record high. Open positions are at record levels. About half of small businesses say they have already raised wages to hire workers and other 27% plan to in the next 3 months.

"This legislation would provide small business owners across the state with much-needed tax relief. They're facing historic workforce shortages and the highest inflation levels in 40 years. Tax savings would free up funds to help main street better compete with big business in this tight labor market and adjust to the increased cost to do business," said Natalie Robinson, NFIB State Director in Indiana. "Indiana's business personal property tax is a levy on small business, and many have been bearing the bunt of this for years."

Nominations Sought For Statewide Human Resources Award

The Indiana Chamber of Commerce is accepting nominations for the 2022 Ogletree Deakins Human Resources Professional of the Year Award, which will be presented at the 58th Annual Indiana HR Conference, May 4-6 at the Indiana Convention Center.

The award is open to all full-time human resources practitioners in Indiana. Individuals who have made significant contributions to their organization over the past year through implementation of best practices, organization design and effectiveness, and alignment and accomplishment of the strategic direction of their company are encouraged to apply. Nominees for Ogletree Deakins HR Professional of the Year should also have a proven track record of giving back to the community and the HR profession.

"HR professionals are increasingly expected to administer a multitude of tasks at their respective organizations," says Indiana Chamber President Kevin Brinegar. "Throw in the challenges of the pandemic and

a talent shortage and you have the makings of a very difficult job. We'll be especially excited to recognize an HR star this year."

Nominations can be made via self-nomination or by a peer, subordinate, supervisor or other, but must be accompanied by a sponsorship letter from the nominee's organization.

The award winner will be announced during the 2022 Human Resources Awards Luncheon on May 6 at the Indiana Convention Center.

Deadline for nominations is March 4. Submissions can be made at www.indianachamber.com/hrpro. Please send direct questions to Jesse Brothers at jbrothers@indianachamber.com.

Three industry leaders shared the award in 2021: Geoff Gailley, vice president of human resources at Miller Pipeline in Indianapolis; Melissa Hubler, senior manager of human resources at Subaru of Indiana Automotive (SIA) in Lafayette; and Jean C. Neel, vice president of corporate affairs at Haynes International, Inc. in Kokomo.

Braun, Burr Lead Senate Colleagues In Preserving Independent Contractor Classification

Senator Mike Braun and Senator Richard Burr, Ranking Member of the Senate Committee on Health, Education, Labor and Pensions, are leading an amicus brief to the National Labor Relations Board regarding The Atlanta Opera, Inc. 371 NLRB No. 45 (2021), which may upend the established precedent for classifying workers as independent contractors under the National Labor Relations Act (NLRA). They are joined by Senators John Barrasso, Cynthia Lummis, James Lankford, Ted Cruz, Cindy Hyde-Smith, Jerry Moran, Rand Paul, Bill

Hagerty, Roger Marshall, and Tim Scott.

This action by the National Labor Relations Board is a thinly-veiled attempt to institute worker classification changes contained within the Protecting the Right to Organize ("PRO") Act that Congress could not enact. In August, Senator Braun anticipated that supporters of the PRO Act would "enact the remaining portions of the PRO Act by regulatory fiat through the NLRB," which is now under Democrat control.

The Senators write: "The Amici are the 12 under-

signed United States Senators that are concerned with the potential attempt by the National Labor Relation Board ("NLRB" or the "Board") to revise the definition of independent contractor under the National Labor Relations Act ("NLRA" or "Act"). Such a revision would constitute significant overreach and circumvention of Congress. Further, the questions posed by the Board are of great importance to our constituents, as the Board's determination will have both immediate and long-term effects on millions of workers currently classified as indepen-

dent contractors."

In the House of Representatives, Republican Study Committee Chairman Banks (IN-03), Rep. Rick Allen (GA-12), and Ranking Member Virginia Foxx (NC-5) are also leading an amicus brief on this case. They are joined by Madison Cawthorn (NC-11), Jeff Duncan (SC-03), Scott Perry (PA-10), Glenn Grothman (WI-06), Tim Walberg (MI-07), Elise Stefanik (NY-21), Marinette Miller-Meeks, M.D. (IA-02), Chris Jacobs (NY-27), Michelle Steel (CA-48), Bob Good (VA-05), Scott Fitzgerald (WI-05), Byron

Donalds (FL-19), Glenn 'GT' Thompson (PA-15), John Rose (TN-06), Jay Obernolte (CA-08), Ralph Norman (SC-05), Debbie Lesko (AZ-08), Dan Bishop (NC-09), Tom McClintock (CA-04), Russ Fulcher (ID-01), Burgess Owens (UT-04), Ted Budd (NC-13), Diana Harshbarger (TN-01), and Buddy Carter (GA-01).

Read the full amicus brief <https://www.braun.senate.gov/sites/default/files/2022-02/Senate%20NLRB%20Amicus%20Brief%20on%20Worker%20Classification%20Standard%202.10.22.pdf>

Materials Prices Soar 20 Percent Between January 2021 And January 2022

Prices of construction materials jumped more than 20 percent from January 2021 to January 2022, according to an analysis by the Associated General Contractors of America of government data released today. The association recently posted a new edition of its Construction Inflation Alert, a report to inform project owners, officials, and others about the challenges volatile materials costs, supply chain disruptions, and labor shortages posed for construction firms.

"Unfortunately, there has been no letup early this year in the extreme cost runup that contractors endured in 2021," said Ken Simonson, the associ-

ation's chief economist. "They are apparently passing on more of those costs but will have a continuing challenge in getting timely deliveries and finding enough workers."

The producer price index for inputs to new nonresidential construction—the prices charged by goods producers and service providers such as distributors and transportation firms—increased by 2.6 percent from December to January and 20.3 percent over the past 12 months. In comparison, the index for new nonresidential construction—a measure of what contractors say they would charge to erect five types of nonresidential

buildings—climbed by 3.8 percent for the month and 16.5 percent from a year earlier.

A wide range of inputs contributed to the more than 20 percent jump in the cost index, Simonson noted. The price index for steel mill products soared 112.7 percent over 12 months despite declining 1.6 percent in January. The index for plastic construction products climbed 1.8 percent for the month and 35.0 percent over 12 months. The index for diesel fuel jumped 5.1 percent in January and 56.5 percent for the year. The index for aluminum mill shapes jumped 5.6 percent in January and 32.7 percent over 12 months, while

the index for copper and brass mill shapes rose 4.1 percent in January and 24.8 percent over the year. Architectural coatings such as paint had an unusually large price gain of 9.0 percent in January and 24.3 percent over 12 months. The index for lumber and plywood leaped 15.4 for the month and 21.1 percent year-over-year. Other inputs with double-digit increases for the past 12 months include insulation, 19.2 percent; trucking, 18.3 percent; and construction machinery and equipment, 11.4 percent.

Association officials said construction firms are being squeezed by increases costs for

materials and labor shortages. They urged federal officials to take additional steps to address supply chain disruptions and rising materials prices. These include continuing to remove costly tariffs on key construction components.

"Spiking materials prices are making it challenging for most firms to profit from any increases in demand for new construction projects," said Stephen E. Sandherr, the association's chief executive officer. "Left unabated, these price increases will undermine the economic case for many development projects and limit the positive impacts of the new infrastructure bill."

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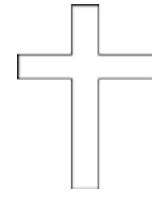
Weekly Sunday Schedule:

Traditional Service - 8:15 AM
Sunday School for all ages - 9:30 AM
Contemporary Service - 10:30 AM
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10:02 am on Sundays

Wednesday night prayer meeting
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7 pm

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Services:

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Both services are streamed



Linden United Methodist Church

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Sunday Worship 10:00 AM

in person or on Facebook at
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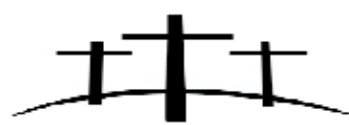
Sunday School 9:00 AM

Pastor Clint Fink

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Phil 4:13

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11 a.m. Worship

Wednesday 6:30 Bible Study



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Tuesday Prayer Meeting

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Thursday Bible Study

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5:00 PM: Bible Study

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Sillyscopes and More

Sunday, Feb. 20, 2022

G3

Sillyscopes is intended for entertainment purposes only for readers of The Paper of Montgomery County. It is not intended to be used for practical advice (like anyone really would!).



AQUARIUS

Jan. 20 – Feb. 19

You are objective, yet idealistic. You are restless, yet stubborn. It's a good week to use all of that to your advantage. Not sure how, but you can figure it out because you are brilliant, yet sometimes slow.



PISCES

Feb. 20 – March 20

If wishes and dreams were candy and nuts . . . actually, no one is exactly sure what that odd saying means. But you do Pisces. You are usually a step ahead, especially in the common sense area.



ARIES

March 21 – April 20

It's a good week to release some of the pent-up energy that's been building all winter and do some early spring cleaning, Aries. Now if the weather would just cooperate and act like it!



TAURUS

April 21 – May 21

Been watching the NBA and getting ready for March Madness, Taurus? This is a perfect week to leap off that couch, shout at the top of your lungs . . . and then settle back with a blanket. No sense being silly.



GEMINI

May 22 – June 22

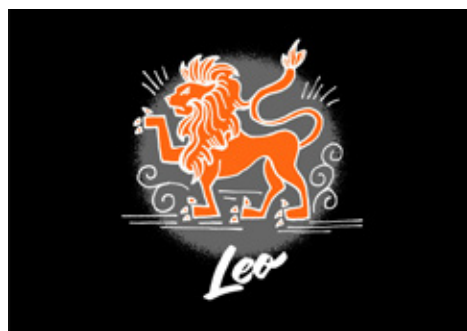
You are smart, Gemini, and that has served you well. While everyone rushed out to buy the pricey flowers and such for their sweeties, you waited for Feb. 15 and paid half price. You may end up lonely, but hey, you'll have disposable income!



CANCER

June 23 – July 23

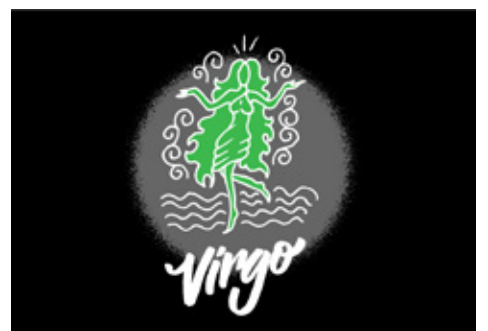
You can be incredibly sympathetic, Cancer but this is not the week to dwell on sympathy. No, cast off the bow lines, carpe diem and all that good stuff. It's smooth sailing ahead!



LEO

July 24 – Aug. 23

If money grew on trees then your life would be absolutely perfect, Leo. But hey, this is the real world and money must be earned. So suck it up, buttercup. Get to work and earn your keep!



VIRGO

Aug. 24 – Sept. 23

Picky, picky, picky, Virgo. Chill out. Play some Adele on the iPad and get your groove on. This is a week to take a step back and assess what's important.



LIBRA

Sept. 24 – Oct. 23

Last week was about details, Libra. Life is balance, so this is the week to go the other way. Have a fling. Take a dare. Be adventurous. You'll like what you find.



SCORPIO

Oct. 24 – Nov. 22

Finances are on your horizon, Scorpio. Yes, it's tax time but the signs all point to some sort of financial benefit. Maybe you've got a rich relative you've never met who's going to remember you in their will!



SAGITTARIUS

Nov. 23 – Dec. 22

Was it the philosopher Bertrand Russell who said that sometimes you just have to say, "What the . . . heck?" Or was that John Belushi on Saturday Night Live? Either way, wise words.



CAPRICORN

Dec. 23 – Jan. 19

Stay away from computers as much as possible this week. That's because the tech squad geeks are out to get you. Nothing personal. They're always out to get somebody and this is your week in the barrel.

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Check back daily for updates!

SUNDAY

Health and WELLNESS

Tuesday, Feb. 20, 2022

A8

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Is it Alzheimer's? Here's what you should know ...

"Dad is getting awfully forgetful - could he have Alzheimer's?" That's becoming a more common question. It is becoming more likely to encounter someone with Alzheimer's dementia as the proportion of elderly in our society increases. Some forgetfulness is normal for most of us as we age but many of us carry the fear of developing Alzheimer's or another form of dementia.



JOHN R. ROBERTS, M.D.
Montgomery Medicine

The word dementia stems from the Latin root de- "apart or away" and mentis "mind." It is characterized by a progressive decline in cognitive and behavioral function due to damage or disease in the brain beyond what is expected in normal aging. Alzheimer's dementia or AD is the most common type of dementia.

Approximately 5.5 million people in the U.S. suffer from clinically significant AD. There

are many more who have mild disease (mild cognitive impairment) and remain functional. Most cases of AD are sporadic while about seven percent of cases are genetic in origin.

About 14 percent of individuals over age 65 and 40 percent of those over 80 have AD. It is estimated that by the year 2030 there will be 7.7 million Americans over age 65 with AD. The cost of caring for Americans

with AD is over \$100 billion a year and the cost of caring for a single AD patient comes close to \$200,000 over his or her lifetime.

Alzheimer's is a type of dementia resulting from specific anatomic changes in the brain. The two hallmark findings in brain tissue examined under the microscope are neurofibrillary tangles (NFT) and senile plaques (SP). Alois Alzheimer first described these abnormalities in 1907.

Although NFTs and SPs are found in AD, they can also be seen in other neurodegenerative diseases such as Chronic Traumatic Encephalopathy (CTE), the degenerative brain disorder thought to be the result of concussions in athletes like NFL football players. NFTs and SPs must be found in sufficient numbers and in a specific anatomic pattern in the brain to make

the diagnosis of AD.

Normally, nerve cells (neurons) are very organized, following specific pathways that allow them to communicate with other neurons. These connections allow us to think and act clearly. The appearance of normal nerve cells would be analogous to straight strands of hair. The nerve cells in AD look like badly tangled hair and the senile plaques that form are like mixing bubble gum in the tangles. The resulting mess of nerve cells drastically reduces the ability of the cells to communicate effectively.

The diagnosis of AD is very complex and there are numerous criteria that have to be met that are too detailed to recount here. Diagnosis usually requires the involvement of a team of medical experts. Physicians start by doing a history and physical exam along with

some basic blood work to look for other conditions that can mimic AD. These may include, among others, infections, vitamin deficiencies, depression, and thyroid disease.

The next level of testing usually involves brain-imaging tests such as a CT and/or MRI scan. A brain wave test or EEG may also be done and genetic testing may be done if there is a family history of AD. Specialized neuropsychological testing may be performed to identify exactly which parts of the brain are affected.

The earliest finding in AD is that of slowly progressive memory loss. Forgetfulness is what causes most people to worry they may be developing AD. Occasionally forgetting things like where you placed your keys or why you came into a room is usually not a cause for concern. It's more worrisome when

memory problems start to consistently disrupt daily functioning. There is a list of ten warning signs found on the Alzheimer's Association website at bit.ly/3ajnKKV. This site also contains a wealth of information about the disease.

The underlying cause of AD has been very elusive. Recent research is shedding light on the biochemical pathways leading to AD. This is providing scientists with targets for drug therapy to prevent the disease instead of just trying to slow the progression with currently available medications. Hopefully Alzheimer's will be soon be a treatable or preventable disease.

Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine as well as the Deputy County Health Officer in Montgomery County.

How To Choose Quality Vitamins And Supplements

(Family Features) More than half of Americans take an over-the-counter vitamin or dietary supplement, but many may not realize that the quality of these products can vary greatly. Because supplements are not regulated by the Food and Drug Administration like other medicines, not all are quality products. When choosing a vitamin or other supplement, checking for independent verification can help ensure quality.

A recent study in the "Journal of Clinical Sleep Medicine" found that the amount of actual melatonin in 71% of supplements is off by a 10% margin, meaning that labels of many melatonin substances

do not accurately reflect how much melatonin is in the pill. The study also found the amount of melatonin within pills in a single jar can vary by 465%. This incident illustrates the value of verification, which confirms what is on the label is what is in the bottle.

Measures of Quality
The following are some of the characteristics to consider when evaluating the quality of a dietary supplement:

- **Positive Identification:** There are products on the market that do not contain the ingredients indicated on the label. Tests by an independent third party can confirm that what is on the label is in the bottle.

- **Potency:** It is crucial that ingredients are present in the right amount. Too little may have no effect on your health, while too much may be harmful.

- **Purity:** Unwanted ingredients can have a negative effect on health. Examples may include heavy metals, mold or mildew, and chemicals from pesticides.

- **Performance:** A pill or tablet must properly dissolve, or else ingredients cannot be absorbed by the body. In that case, it is more likely to pass through your system without any effect on your health.

Another example is saw palmetto extract, a supplement commonly used to support prostate

health and help to reduce frequent urination. Studies indicate that not all saw palmetto products are the same. Differences in purity, potency and quality among the various available saw palmetto products are thought to affect the usefulness of these supplements.

"As with any supplement, a consumer should look for the most reliable option," said Ed Wyszumiala, head of the Dietary Supplement Verification Program at U.S. Pharmacopeia (USP). "Only consistent and quality saw palmetto extracts have been shown to be effective based on clinical research. Therefore, consumers seeking

a quality dietary supplement can feel confident choosing products with third-party verification, such as Flomentum, the only saw palmetto extract supplement that has been independently verified by USP."

How to Make Supplements Part of a Healthy Daily Routine

Following a few simple guidelines can make it easy to include supplements as part of your daily routine.

1. Talk with your doctor or pharmacist before taking any supplements, as they may interact with your prescription medications.

2. Do your homework on the manufacturer to make sure it is a reputa-

ble company that adheres to good manufacturing practices and does not appear to be the subject of frequent consumer complaints.

3. Avoid companies making questionable claims about curing diseases and do your research on the science behind the products.

4. Carefully follow the directions on the labels, so you take the supplement exactly as intended.

Tests by an independent third party can confirm that what is on the label is in the bottle. Learn more about quality supplements and check whether your products are USP Verified at Quality-Supplements.org/Verified-Products.

Take Charge Of The Risk Factors Impacting Heart Health

(Family Features) Cholesterol - a waxy substance created by the liver or consumed from meat, poultry and dairy products - isn't inherently "bad" for you. In fact, your body needs it to build cells and make vitamins and other hormones. However, too much "bad" LDL cholesterol, or not enough "good" HDL cholesterol, can pose problems.

High cholesterol is one of the major controllable risk factors for heart disease and stroke. Because it typically has no symptoms, you may not know you have high cholesterol until it's causing problems.

Knowing key health numbers like blood sugar, blood pressure and cholesterol, and working

closely with your doctor to manage them, are keys to preventing heart disease and stroke.

Those who have already experienced a heart attack or stroke or have family history of cardiovascular disease, chronic inflammatory disease or kidney disease may need to have their cholesterol and other risk factors checked more often and may need medication to manage their conditions to prevent another event. According to the American Heart Association, as many as 1 in 4 survivors will have another heart attack or stroke.

Along with taking medication as prescribed, some lifestyle habits can help manage your risk and help you live a longer,

healthier life like watching what you eat, getting more exercise and managing stress.

Make Healthy Menu Choices

A healthy eating plan is a well-rounded diet with plenty of fruits and vegetables (at least 4-5 servings each day). In fact, researchers at the University of Columbia found each daily serving of fruits or vegetables was associated with a 4% lower risk of coronary heart disease and a 5% lower risk of stroke.

Other smart choices for your menu include nuts and seeds, whole grains, lean proteins and fish.

Limit sweets, sugar-sweetened beverages, saturated fat, trans fat, sodium and fatty or processed meats. **Get Moving**

You likely know exercise is good for you, but an Oxford University study revealed simply swapping 30 minutes of sitting with low-intensity physical activity can reduce your risk of death by 17%.

Mortality aside, in its Physical Activity Guidelines for Americans, the U.S. Department of Health and Human Services noted physical activity offers numerous benefits to improve health, including a lower risk of diseases, stronger bones and muscles, improved mental health and cognitive function and lower risk of depression.

The greatest impacts come from getting the recommended amount of activity: at least 150 minutes of moderate activity,

75 minutes of vigorous activity or a combination of those activities per week. Be sure to discuss with your doctor which activities may be best for you.

Reduce Stress

Constant or chronic stress can have real consequences on both emotional and physical health. In fact, research shows chronic stressors like long work hours, financial stress and work-life conflict may be as risky for health as secondhand smoke, according to a report by the Behavior Science and Policy Association.

Aside from the toll on your body - including elevated risk for heart disease and stroke from high blood pressure, depression

or anxiety - stress can lead to unhealthy habits like overeating, physical inactivity and smoking.

Exercise is an effective way to keep your body healthy and release stress. You might also consider incorporating meditation and mindfulness practices into your day to allow yourself a few minutes to distance yourself from daily stress.

Research compiled by the American Heart Association suggests meditation can reduce blood pressure, improve sleep, support the immune system and increase your ability to process information.

Learn more about managing your cholesterol and habits to protect your heart health at heart.org/cholesterol.



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SUNDAY

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Sunday, Feb. 20, 2022

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Hammer takes Whoopi's side?

"Timmons, are you familiar with The View?"

Seven words, albeit spoken in a voice loud as thunder, and I wondered if my heart was going to attack John Hammer and me both. My first thought was I wondered if that electric fly zapper thingamabob could double as a defibrillator?

For those new to these scribblings, John Hammer is a mountain of a man. February, with all its red, is a good month for him because that's exactly the color of his neck and the red (white and blue) all-American blood coursing through his veins. He loves this country and has a hard time with those who don't. Every so often he comes by to share what's on his mind - and somehow, despite his size, manages to sneak in unnoticed and scares the living bejeezus out of me.

"Yeah, John. I know the show. It's a panel of women who-

"They're idiots," Ham-



TIM TIMMONS
Two Cents

mer interrupted.

"Well, idiots is a pretty strong term, John. I think-

"That's not the point though, Timmons. Did you hear that one of them got suspended because she made an idiotic comment about the Holocaust?"

"I did, John," I answered. "That was Whoopi Goldberg. In fact, I think she just came back and-

"She never should have been suspended, Timmons."

Whoa. I didn't see that one coming. I'm sure Goldberg and Hammer are about as far

Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at timmons@thepaper24-7.com.

apart politically as anyone could be. Hammer defending her? What's the world coming to?

"Does anyone understand free speech," he asked. "Is everything in this country about canceling other people these days?"

Not sure what I was more surprised about - Hammer standing up for a woman he can't tolerate politically or the fact that he knows what cancel culture is.

"Look, what she said was racist and pig-headed," he continued. "She's as two-faced as anyone can be . . . but so what? That's the problem in this country. Not only can no one disagree anymore, but some folks just go out of their

way to make sure you believe what they believe. And heaven help you if you don't. That Goldberg woman is like that, so if it wasn't so damn scary it'd be kind of funny it got turned around on her.

But it's not. It's just scary and wrong."

"What do you mean?" I asked.

"I mean free speech, Timmons. Aren't you listening? The founders of this country thought that freedom of speech was so important they made it part of the very first amendment they wrote. And do you know what free speech is, Timmons?"

I wasn't sure if that was rhetorical, so I decided the wise move was listening.

"It's easy to let people say whatever they want when you agree with them. But free speech means letting the folks you disagree with have their say. We've somehow forgot

that these days. There's so much hate and rage out there. Too many folks are choosing sides. Their side is right and everyone else is wrong. And they run their mouths and close their ears - and that's a recipe for disaster."

The man called the Hammer paused. "Timmons, we're turning into lefts and rights and there's not much middle ground any more. We need to talk, but more than that, we need to listen with an open mind and an open heart. The answers aren't that hard. But ain't nobody going to find them if they never listen."

With that he turned and left. I hope he knew he got me to listen.

Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at timmons@thepaper24-7.com.

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Meet George's Child # 3 – Susan

As we continue our series on Alamo George Fruits (one of our many Revolutionary Soldiers as well as fighting in the War of 1812) we come to child number three, Susan, appropriately born on the third day of April in 1809, Butler County, Ohio. Although married when she came here it was the same time frame as did her parents. Sadly, she died quite young (13 May 1847) but not until she had ten children, which she was able to raise most to a decent age but never meeting any of her many grandchildren. Sadly, their youngest was only 20 when their father died at age 64.

Susan married John R. Newkirk while still in Butler County (3 April 1827 her 18th birthday) and they came to Montgomery County where he was in the 1850 census alone, raising those children.

John W. Newkirk was their oldest son born May 6, the year after their marriage, coming with his parents as a mere youngster (some accounts say when he was three but others at age two – definitely they were here when his brother, George, passed away in early 1833 (born 14 April 1830). John W. married Elizabeth Bowman and parented five children (at least – David, George, Rebecca, Mary,

and Joseph) and they are buried in Phanuel Lutheran Cemetery at Wallace.

Most accounts have John and Susan's son Henry Newkirk born 12 April 1832 in Fountain County so this might be the closest estimation of when they arrived in our area. Henry and his wife Mary Jane (McKinsey) were farmers in Jackson Township, Fountain County and as the theme seems to go, had three sons, as well (Samuel, John and Thomas).

Jackson Newkirk and his wife, Ann were parents to four sons (Elwood, John, Edgar Earnest, and Herb), two born before he volunteered and went to the Civil War and two afterwards. He received several severe wounds and was never well afterward. He passed away at the Danville, Illinois County Poor Farm 6 July 1908 never being able to make it on his \$24 pension. Sadly, Herbert got his hand caught in a new type corn husking machine while working for a local farmer in 1894 – lost two fingers, at least; however,



KAREN ZACH
Around The County

Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County.

he was in the newspapers quite a bit working in other capacities on the farm for various farmers. He was also an active "wheel man," or in other words, he was adept at riding bicycles, but not so amazing at that as in 1898 he was going too fast and plowed an old man down, smacked him head on at top speed. Didn't see an obituary for the old feller so he must have been a toughy.

Jackson's son, John sadly was murdered, and he died in a few minutes. He had gone to arrest someone, being the Judson marshal in Parke County. Barney Roberts the ruffian walked right up to the sheriff, pulled a gun and shot him right in the breast. It was obvious in the upcoming news that Jackson was devastated and wanted the man to pay for the injustice. Barney ended-up in the county jail a couple of hours later and assume went on to a tougher place! Edgar Earnest lived in Hammond and

ran a shoe store, having one son that Ed named after his brother, Herb.

Daughter, Matilda was born in Alamo (or likely near, possibly even over the border into Fountain) 13 January 1836 and passed away in Shelby County, Illinois Oct 22, 1931, quite a nice age. She married Andrew Jackson Patterson and, although they had eleven children, only six survived. She passed away at 95 years old, after receiving a broken hip.

Another November baby, Malinda Jane was born (29 Nov 1837) in or near Alamo and died in June of 1890 in Warren County, Illinois. She and her husband, Daniel "Pop" Rose (married Jan 24, 1859) and five children (Bertha, Myrtle, Charles, John and Margaret) are all buried there in Warren County.

Although I did not have Evans listed he wouldn't have shown-up in any census (with names, anyway) and several have him with the family in Ancestry. Evans according to the family trees was born Nov 28, 1839 and passed away 13 Sept 1847 born and died in Fountain County.

William was in a couple of census records born 18 Nov 1842 but so sadly died during the Civil War 29 May 1862 in Corinth, Mississippi. He is on

the Civil War Roll of Honor, a member of the 10th Indiana Infantry, Company B (private) and is buried in Corinth in the National Cemetery there.

Margaret was also born in November on the 15th in 1844. Family trees have her passing in Cedar Rapids, Linn County, Iowa.

Last child of Susan and John was Jonathan born 5 July 1846 in Fountain County. He passed away in Alamo 7 May 1929. He married Ellender Myers in October of 1869 and they lived in the Alamo area. At least two children, Ida M. and Charles J. Newkirk were born to them. As a day laborer, it was kind of sad that in the 1900 census, he was not employed for eight of the twelve months.

Thus you have Susan the third child of Alamo George and Catherine Stonebraker Fruits, passed young but sure left her mark in the community with her children, grandchildren, and beyond!

Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County. You can reach her at karen.zach@sbcglobal.net.

Little Bowers High School Wins The 1927 Sectional

On the first day of school in the fall of 1959, my sixth grade teacher announced to the class that there would be ten new students joining us, as their school...Bowers...had closed. I didn't know much about Bowers school, except that there was a cute little girl I had seen that summer who was going to be in my class. I had never seen the school building, but I had been to Bowers Station, the only "town" in Sugar Creek Township...not much there...an elevator, general store, and five or six houses. I soon found out that the Bowers students were very friendly and were great classmates. But I also learned that, as far as athletic ability, the boys from Bowers who played sports were smart and tough... and did not like to lose! Being the smallest school in the county, the Bowers boys were always underdogs, and they really enjoyed competition. I played basketball with Joe and Phil Mahoy, Ed Gable, Don Carpenter, Steve Emmert, and Dick Clouser, and I learned how to be more aggressive on the court and be a "team player."

Bowers was the first school in the county, other than Crawfordsville and Wingate, to win



BUTCH DALE
Columnist

the Sectional Tourney...in 1927. An article in the Darlington Herald newspaper stated: "You can't judge a man by the kind of clothes he wears...neither can you judge the strength of a high school basketball team by the size of the school it represents. The truth was clearly demonstrated when the Bowers high school team, representing the smallest high school in the county, won the Sectional tournament at Crawfordsville, defeating Wingate by a score of 20 to 10 in the final game, last Saturday night. To the all-wise dopsters throughout the county, the victory of the Bowers team came as a complete surprise, but



Photo courtesy of Butch Dale

Front Row (L to R): Coach Chayce Cox, Martin Campbell, Principal Bernal Klipsch; Standing (L to R): Walter Tribbett, Lawrence Deck, Lee Wells, Boyd Price, Maurice Clouser, Willis Loveless and George Boots

to the people of this community, who are personally acquainted with Coach Chayce Cox and the members of the Bowers squad, the wonderful playing of this team was not luck or just happen so, but the result of excellent coaching, clean living, constant training, and a lot of basketball brains on the part of the players."

Bowers won the 1927 championship by defeating Ladoga 17-12 on Friday night, demolishing New Ross 34-16 on Saturday afternoon, and then winning over



Photo courtesy of Butch Dale

Little Bowers High School

Wingate 20-10 on Saturday night...holding the Spartans to only two points in the second half. The Blackshirts went on to the Greencastle Regional, winning their first game against Montezuma 23-19, but then losing to Greencastle 24-15 in the finals, with two of Bowers starters ill during the game. It is interesting to note that there were only 47 students in the top four grades at Bowers that year! And Bowers didn't even have a gym, except for a basement with a low ceiling in the school building. All games were played away from home until the team began using the Darlington Armory, which was constructed in 1938. The Blackshirts also won their first and only County Tourney in

1942, twelve years before Darlington won their first. And Darlington never won a Sectional at Crawfordsville, although they did win a tremendous Sectional championship at Lebanon in 1969. Linden, Ladoga, and Alamo all won at least one County Tourney, but never a Sectional.

After the 1927 Sectional championship, the Bowers community had a big celebration, with a pitch-in supper, music, and the presentation of honor sweaters. The Darlington businessmen also donated fifteen gallons of ice cream to their Bowers neighbors.

Well, that's Bowers and their basketball legacy...And oh yes...that cute little 6th grade girl from Bowers...I married her two days after I turned 18...and we have been married 55 years!

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

Save The Spoon

Regardless of what you're hungry for, the next time you dine out, I'm going to change the way you look at your next meal. There's something you've enjoyed at every feeding that is fast becoming extinct.

No, it's not the snowy egret or the flamingo. Although I've been told they both taste like chicken, few of us have dined on those through the years. What I've noticed missing is actually not on the plate. It is next to it.

Gone, gone perhaps forever, is the spoon.

Have you noticed? It took my friend, Brian, to bring it to my attention. He likes sweetener in his iced tea, and goes livid every time he has to stir his beverage with a knife or fork. Each time we dine at a restaurant, he sets the tone

for indigestion when he asks the waiter to retrieve a tea-spoon for his drink.

"What's a guys supposed to do to get a spoon around here?"

The spoon used to be the mainstay of our table setting. It is the oldest of our utensil trinity. The fork wasn't innovated until conceived by the Ancient Greeks and Persians in the fourth century. The knife dates way back 1.8 million years when early humans discovered how hard it was to pierce dinosaur flesh with chop sticks.

Nevertheless, we were all gatherers of food long before we became meat eaters, and



JOHN MARLOWE
With the Grain

let's face it, there's little reason to stab a raspberry.

The word itself gives us a clue to its antediluvian ancestry. "Spoon" is derived from the Scandianavian/German "Span", which means "chip of wood". I imagine that our caveman forerunners finally got tired of

scooping Ranch™ dip with their fingers at their Super Bowl™ parties.

The spoon is the most elegant of our dinnerware. It is smooth, with inviting lines and soft rounded edges. It is graceful and welcoming — almost intimate. Lovers "spoon". And when we snuggle, front to back, with our knees folded inside the bend of our partner's

knees, that's called "spooning".

Split up, and we are knifed in the back.

We give babies spoons! Who wants to be impaled by flying peas? We don't introduce babies to forks until age 15 months, and let kids have knives until they are much older... age seventeen, in some cases.

Today, unroll the napkin shrouding your dinnerware next time you eat out, and you will normally find only a knife and fork. Often, you'll find a knife and two forks, which is awfully pretentious. I've discovered very little food that is so delicious that we need to shovel it in with both hands.

The only time a restaurant brings a spoon these days is if you order the soup. Even then, the utensil that arrives

looks more like a ladle, with a scoop so wide they must have pinched it from Carol Channing's silverware drawer.

I understand the reasoning. We have no one to blame but ourselves. We don't order soup like we did in the past. We have sacrificed elegance for efficiency. Restaurants must wash every utensil that is brought to the table, regardless if it is used or not.

Personally, at the fancy establishments that I frequent, I believe that if restaurant owners just understood how hard it is to scoop out the last remnants of ketchup from those little white cups, they'd bring spoons back immediately.

Stick a fork in it.

John O. Marlowe is an award-winning columnist for Sagamore News Media.

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The Last Time That I Saw Harris

I almost deleted the e-mail, thinking it was spam, but lately I have nothing else to do, so I read everything. I didn't recognize the sender's address but I clicked on it, anyway. Maybe it was some rich guy in Uganda who wanted to send me a million dollars—after I send him \$5,000 for shipping and handling, of course. I didn't want to miss out on an offer like that.

I stared at the correspondence in disbelief. It wasn't from a chief financial officer in Africa. Or any kind of chief. It was from Harris, my freshman year roommate at college. The e-mail went something like this:

"Hi there! Remember me? Harris? Your long-lost roommate? I think the last time we saw each



DICK WOLFSIE
Life in a Nutshell

other was 1967. How have you been? I've been fine. I Googled you and found your phone number. I'll give you a call tonight and we can catch up.

Signed, Harris, class of '69

My mouth dropped open. I hadn't talked to this guy in 55 years—

including the year we shared a dorm room. We didn't have a lot in

common. He was a night person and I was a morning person, which made for lousy roommates, although 14 years later that combination made for the start of a very successful marriage for me.

What would Harris and I talk about? How do you "catch up" with someone you never "caught" anything with in the first place? I was panic stricken. When my wife came home, I shared my concern.

"Mary Ellen, who is the last person in the world you'd think would email me?"

"Your cousin, Leo. He doesn't have a computer."

"No, it was an email from Harris. And he's calling me tonight."

"Harris? Your freshman roommate from col-

lege? That's wonderful. You two can talk about old times."

"I don't think so. We didn't have any old times."

About 8:30 the phone rang. "Hi, it's Harris. I hope I caught you at a good time. How have you been?"

"Let's pick a decade, Harris. I've really had some ups and downs." "You were always a comedian. So, what's been going on with you?"

"Well, I got married after college, we had a kid and I've been working for the last 40 years until I recently retired. What have you been up to?"

"Wow! That is an amazing coincidence. That's pretty much exactly what has been happening with me, also."

(Looooooooooooong

pause.) Finally, Harris picked the conversation back up. "My wife's name is Sherrie."

"My wife's name is Mary Ellen. I guess that ends those amazing coincidences right there."

"Let's see...you don't have a dog named Hector, do you?"

"No, every dog we ever had is dead. I forgot to mention that, when you asked me what's been happening."

"How's the weather there?"

"Uh...since we last saw each other, there's been some global warming. Have you heard about it, Harris?"

"No, I live in Michigan now."

(Another long pause.) Harris spoke again:

"Hey, I gotta go. We could probably talk for-

ever. We should do this again."

"Harris, I'm afraid if we talk every half century, this was probably our last conversation."

"Well, it was fun to catch up with you, Eric."

"Eric? Wait, Harris, my name is Dick. Wasn't Eric your roommate sophomore year?"

"Oh! I'm sorry. Eric is my 8:45 call. It was fun talking to you, anyway. Just like old times."

"Yup, exactly like old times."

Dick Wolfsie spent his career sharing his humor, stories and video essays on television, radio and in newspapers. His columns appear weekly in The Paper of Montgomery County. E-mail Dick at Wolfsie@aol.com.

Ask Rusty – Swiss Immigrant Asks About Spouse Benefits

Dear Rusty: I am originally from Switzerland. I moved to the States, got married in 2012, and became a US Citizen in 2016. I never worked in the United States but have 44 years of Social Security contribution in Switzerland and have received a pension from there since I turned 62 (I'm now 64). Is it correct that I cannot apply for Social Security here in the States on my husband's account unless he is collecting his Social Security benefit? He will turn 62 this year but is still working and does not want to collect before 70.

Signed: Immigrant from Switzerland

Dear Immigrant: Yes, it is correct that you cannot collect U.S. Social Security spousal benefits from your husband until he starts collecting his own Social Security



ASK Rusty
Social Security Advisor

benefit. As soon as your husband's benefits start, you can apply for your benefit as his spouse, even though you aren't eligible for U.S. Social Security on your own. As a U.S. Citizen and current legal resident of the United States, you are eligible for U.S. spousal benefits from your husband even though you spent most of your life as a resident of Switzerland.

Since you mentioned

Social Security Matters by AMAC Certified Social Security Advisor Russell Gloor

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your contributions to the Swiss social security program, I'd like to point out that there is a Social Security "totalization" agreement between the U.S. and Switzerland which permits using some of your Swiss credits to qualify for U.S. Social Security retirement benefits, but since you have never worked in the U.S. that bilateral agreement won't work for you. To use some of your Swiss

credits to get U.S. Social Security on your own, you would need to have at least six (6) credits from working in the U.S. in a job which contributed to the U.S. Social Security program. Unless you have at least 6 U.S. Social Security credits, you cannot use the bilateral agreement with Switzerland to get your own SS retirement benefit, so you will need to wait until your husband claims his

Social Security to start collecting spouse benefits from him. Assuming your spousal benefit from your husband will be higher than you would be eligible for on your own anyway, not getting your own Social Security retirement benefit using the bilateral totalization agreement is inconsequential.

You should be aware, too, that by your husband waiting until age 70 to claim his maximum SS benefit, and since you will have passed your own full retirement age by that time, the higher amount he gets at age 70 will be your survivor benefit if your husband should pass before you do. Upon his death you would get his full age 70 benefit instead of the smaller spousal benefit you will get while you are both living. Your benefit as his spouse while both of you

are living will be 50% of the benefit your husband is entitled to at his full retirement age, but your benefit as his surviving widow will be 100% of the benefit he is receiving at his death.

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Butch Recalls The High School Prom In The "Old Days"

Do you baby boomers remember your high school Junior-Senior Prom? It was a rite of passage and a milestone event in a high school student's life. The proms at Darlington High School were similar to the ones held at all of the other little schools in Montgomery County. The Junior class members spent countless hours decorating the gym for the big event. Wires were strung from wall to wall, and crepe paper was then hung to create a dance ballroom. My yearbook describes our "Moonlight Magic" prom, which was held on the first weekend in May, 1966... "An exotic atmosphere was created with a touch of the Orient lent by thousands of orange blossoms and colors of ice blue and turquoise. Guests entered through a garden featuring an actual miniature waterfall in which swam real goldfish. Daisies, daffodils, and violets illuminated the garden with an array of colors. Descending onto the dance floor, a gazebo attracted everyone with its dainty latticework, which took on the many colors of its rotating light wheel. Another garden was found at the



BUTCH DALE
Columnist

opposite end and displayed a tiny bridge with an artificial brook." Well, no one would have known it was our basketball court... that's for sure!

I honestly don't remember any of those details, but I'll bet that most of the girls in my class remember all of it! For a boy and a girl who were already a "couple," the prom date was a certainty. For those currently "unattached," it could be a nerve-wrecking time...hoping and praying they would be asked by someone special... or avoiding anyone not so special. Parents often insisted that "you will be polite and go with whom-ever asks you first!"

Once the prom date was chosen, there were other details to work out. I could not afford a tuxedo, so my



Photo courtesy of Butch Dale

only option was to borrow my cousin's white sport coat, which he had worn to his 1958 prom. It fit perfectly, but was it really necessary to wear a bowtie and cummerbund? According to my mother...yes. All of the girls chose great looking gowns, with some being strapless and cut surprisingly low at the top... Holy Cow! And the girls really got "dolled up" with generous amount of eye shadow, mascara, lipstick, and blush...also adorning themselves with fancy earrings and a necklace, and of course their hair coiffed by local beauticians and sprayed with layer upon layer of hairspray. The boys shelled out money for a corsage, and the girls reciprocated with a boutonniere, which they pinned

to our lapel.

What about a cool car? I knew that my gal was not going to be impressed by our family Chevy station wagon, but unfortunately that was it. A few boys had sporty cars or were able to borrow a "hot" car from an older relative or friend. At many high school proms, the boy took his gal to eat at a fancy restaurant beforehand, but at our prom, the mothers prepared the meals in the school cafeteria, and the freshmen served the dinners to us. Many of the high school teachers and their spouses attended the prom, and it was always hilarious to watch them dancing. Have you ever seen your teacher or coach dance "the pony," the "watusi," the "mashed potato,"

the "jerk", or the "twist?" It is a moment never to be forgotten! And I can still see Emerson and Mabel Muttterspaugh, along with Don Hannon and his wife, doing the "bunny hop" and "the stroll" at the prom when I was a junior. Coach Smith even tried the "limbo!" Some of my classmates were quite depressed to see their parents show up as chaperones, who of course wanted as many photos as their Kodak cameras could muster. Most proms played 45 or 78 rpm records for the dance, but a few were able to hire an actual band, usually a local group of complete unknowns who entertained for a mere pittance.

During the course of a three-hour prom, I surmise that most couples actually danced less than an hour during that time. A few boys would absolutely NOT dance at all, and instead, sat there and made fun of all the boys who danced with two left feet and stepped on the toes

of their partner. I don't remember anyone bringing alcohol to the prom, even though there were rumors to that effect. The next day, many couples spent the day at Turkey Run, Lake Shafer, or an amusement park.

And what do I remember the most about my senior prom? Well, it was dancing cheek to cheek... slow dances of course (the best song being "Moon River" by Andy Williams)...with my steady girl...and becoming intoxicated...not with alcohol... but with the smell of her enticing "Shalimar" perfume and

Aqua-Net hairspray... and thinking someday that she might be my wife. And that summer, after we had graduated, when we were still both seventeen years old, I proposed... and she said "yes"...and I wore that same white sport coat to my wedding. "Shalimar" does it every time!

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

VOICE of our PEOPLE

The Paper of Montgomery County

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Dear American Truckers, God Bless You And Please Keep Driving

by Dr. Glenn Mollette

Grocery store shelves are not like they used to be. Before the pandemic there was plenty of whatever we typically wanted. It's not like that today.

Car dealerships have changed. Before the pandemic most dealers had plenty of new and used cars to sell. We were accustomed to browsing several lots as we shopped and compared models and prices. It's not like that today.

When you needed your car fixed, parts were readily available or just an overnight order away. Today, you might wait three or four months for a part.

I recently looked into adding an additional heating unit to my house and



GLENN MOLLETTE
Guest Column

was told, "Order it now and you might have it by summer."

A friend of mine ordered a small boat last August with the hopes he will have it by May or June this year, maybe.

The pandemic has changed our lives in more ways than sickness and death. The new normal is having to wait longer

on what used to be so available.

If you think America's products, food and merchandise are difficult to get now, then can you imagine if our American truckers all went on strike?

Canadian truckers have recently blocked the flow of goods into the United States. The protest follows rallies over opposition to COVID-19 mandates in cities across Canada. In a show of solidarity with a demonstration in Ottawa that has gone on for more than a week by the so-called Freedom Truck Convoy. The protests have paralyzed the Canadian capital's business district and led the mayor to call for 2,000 extra police officers to quell the

nightly demonstrations.

Several people involved in the protest Tuesday in Canada said the demonstrations had expanded from its original purpose, opposing mandates for cross-border truck drivers, and were there in opposition to all vaccine mandates, in addition to supporting truck drivers, the Windsor Star reported.

"Any delay or disruption in the supply chain creates problems, not just for agriculture but the state economy," said Chuck Lippstreu, president of the Michigan Agri-Business Association, which represents businesses that support farmers, early in the closure.

The Canadian Vehicle Manufacturers' Associa-

tion, which represents the Detroit Three automakers, called for an end to the protest, citing its effect on the country's economy. (NNY.360.com)

If the American truckers stopped driving today, the grocery stores would dry up and the movement of most everything you would want or need would not be available.

Truckers work hard. They have long hours. They sacrifice a lot by being gone so many hours, days and weeks. They deserve whatever they are paid and I'm sure in many cases are deserving of more. However, to our truckers, I have this request, please help us keep this country moving. We have enough problems in this country. A

shut-down of any kind by America's truckers would create severe hardship on the people everywhere in America.

We respect you. We appreciate you. We need you to keep this country moving. Furthermore, God bless you for what you do.

Enjoy the book titled, Grandpa's Store, a reflection of my childhood by Glenn Mollette. Available from Amazon.com or wherever books are sold. The book is told from the perspective of a child and young teen from an era of simpler American small community life of the late fifties and early seventies.

Hear Glenn Mollette every weekday morning EST at 8:56 on XM radio 131

Inflammaging; Making Aging, Itself, A Disease

by John Grimaldi

As we age we become more susceptible to inflammatory diseases such as Rheumatoid arthritis. Thus a new moniker for the process of growing old has emerged – inflammaging. It makes sense once you consider that the majority of age-related diseases have an inflammatory origin and that aging, itself, is a disease.

The National Institutes of Health [NIH] has weighed in on the discussion arguing that: "Aging as the passage of time and the accumulation of wisdom is not undesirable; the physiological decline that accompanies the process, however, most certainly is ... aging

is a 'special form of disease' ... Whilst many aging researchers have openly declared that the universality of the aging process means it is not a disease, aging fits the given medical definition of a disease. There is no disputing the fact that aging is a 'harmful abnormality of bodily structure and function.' What is becoming increasingly clear is that aging also has specific causes, each of which can be reduced to a cellular and molecular level, and recognizable signs and symptoms ... As aging appropriately fits the definition of disease, there is a shifting consensus that aging should be seen as a disease process in itself,

and not a benign progression of age that increases the risk of disease."

Meanwhile, the National Library of Medicine points out that inflammation is a normal bodily response to cell injury; it's part of a natural healing process when one is injured or has an infection. The inflammatory response occurs when tissues are injured by bacteria, trauma, toxins, heat, or any other cause your body releases chemicals that cause swelling. This, in turn, isolates the injury and attracts white blood cells that help the healing process.

But a runaway reaction can occur when there is no injury or infection.

Since there's nothing to heal, the immune system cells that normally protect us begin to destroy healthy arteries, organs and joints, according to the Scripps Clinic Health Website.

And now the folks at Stanford University and the Buck Institute of Research on Aging have come up with a way to use a blood test to determine an individual's so-called inflammatory age – or iAge. Your iAge differs from your chronological age in that it's a measure of the chronic inflammation in our bodies.

Stamford's Dr Nazish Sayed, who helped develop the iAge blood test, says that "Our

chronological age shouldn't matter to us so much. What should matter is how well we age. Our goal should be a healthier old age, one in which we prevent some of the ill health that is all too commonly associated with it ... Chronic inflammation is characterized by being low-grade and persistent, and ultimately it leads to collateral damage to tissues and organs. It has been associated with heart disease, cancer, and neurodegenerative diseases. Thus, we hypothesize that by testing for and then working to lower iAge, we can minimize the diseases that are associated with chronic inflammation."

Sayed explains that they tested blood samples from 1,000 individuals. He said it turned out that some of those blood tests showed that a number of donors with a chronological age of 45 had high levels of inflammation and an iAge of 65. The iAge factor is essentially a measure of an individual's inflammatory markers. "Our test isn't commercially available yet, but we hope it could be used to screen for these inflammatory markers as part of annual check-ups. This could allow for early detection of a variety of chronic conditions including heart disease and maybe even type 2 diabetes and dementia," he said.

Should We Be Celebrating Presidents' Day In 2022?

by Dr. Gary Scott Smith

Given the low approval ratings of both Donald Trump and Joe Biden, should we celebrate Presidents' Day this year? Trump's highest approval rating during his four years in office was 49 percent, and he ended his tenure with a 34 percent positive rating. Biden's approval rating at the end of his first year in office was only 42 percent, the second lowest since pollsters began measuring this in the 1930s. Only Trump had a lower approval rating after one year as president. Meanwhile, statues of George Washington, Thomas Jefferson, Abraham Lincoln, Ulysses S. Grant, and Theodore Roosevelt are being removed or torn down because of their involvement in slavery, racism, or imperialism.

Are our recent presidents performing more poorly than their predecessors? Are they less popular because of their personal traits? Do their lower approval ratings reflect the challenges the world and our nation are dealing with, most notably a pandemic? Are Americans becoming more cynical, judgmental, and difficult to please? To what extent has our nation's toxic and divisive political climate contributed to these neg-

ative assessments of our chief executives? To what extent have the outrage and public shaming so common on social media and the increased critical analysis of politicians on online, on radio, and on television affected our perceptions?

George Washington died in December 1799, and thereafter his birthday, February 22, became an important occasion for honoring his indispensable role in guiding our nation. During the antebellum years, Washington was widely venerated as the most notable person in American history. The centennial of his birth in 1832 and the beginning of construction of the Washington Monument in the nation's capital in 1848 were extensively celebrated. Unofficially commemorated throughout the 1800s, Washington's birthday became an official national holiday in 1879, making it one of only five federal bank holidays along with Christmas, New Year's Day, July 4th, and Thanksgiving.

During the Great Depression in 1930s, many newspapers and magazines featured portraits of Washington on his birthday to help uplift millions of Americans grappling with economic woes. On the bicentennial

of Washington's birthday in 1932, the federal government reinstated the Purple Heart, a military decoration he created to honor soldiers who had been killed or wounded while serving the nation.

In 1971, Congress created Presidents' Day to honor all our chief executives and designated it as the third Monday in February so that it would fall begin the birthdays of two of the greatest giants in the pantheon of presidents—Washington and Lincoln.

Throughout the history of the United States, our presidents have often led us courageously and effectively as we have dealt with national and global challenges. The pressures they have confronted are immense, and the criticisms they have endured have often been brutal. Presidents have frequently been blamed for matters that are beyond their control. Many times they have felt that they are between a rock and a hard place, that no matter what choice they make, many Americans will be upset.

We have rightly looked to our presidents to serve as role models, to exemplify good character, to provide comfort during tragedies, and to inspire us to tackle obstacles. The founders insisted that the success

of the fledging republic depended on the character of both its leaders and citizens. "The destiny of the republican model of government," Washington proclaimed in his First Inaugural Address, rested upon high levels of both private and public morality.

Americans have wanted presidents to be moral exemplars, to establish lofty standards for ethics and excellence. The president, Franklin Roosevelt declared, "sets the moral tone for our nation. He is a mirror in which we see what kind of people we are." The president needs to be "the moral leader of our country," Harry Truman maintained. Many of the presidents who are rated most highly by scholars have been men of exceptional character. Their moral fortitude and integrity have enabled them to deal with crises, criticism, and controversy.

Their trials and tribulations have stimulated many chief executives to develop a deeper faith. Many of them have testified that the enormous responsibilities of their office prompted them to seek God's guidance and assistance more than they previously did. Numerous presidents have applied Lincoln's statement to themselves: "I have been driven many times

upon my knees by the overwhelming conviction that I had nowhere else to go."

Perhaps we should be less critical and condemning and more charitable and sympathetic in our appraisal of presidents. We live in an era that claims to value tolerance, but people quickly denounce the apparent, alleged, and actual failures of others whether it is athletes falling on the snow or ice at the Olympics, individuals not realizing their potential, Congress not passing the legislation we desire, businesses not supplying the material goods we crave, or presidents not promoting the political policies we prize.

As President Biden said recently at the National Prayer Breakfast, "It's hard to really dislike someone when you know what they're going through is the same thing you're going through." And we are going through many of the same things today—a global pandemic, economic struggles, racial strife, and escalating violence at home, and worries about hostile relations between nations—so let's be kind, considerate, and civil toward each other.

Biden also declared in his speech that "I pray that we follow what

Jesus taught us: to serve rather than be served." Many presidents have said something similar. And they have sought to serve our marvelous country, promote the common good, and make our nation more productive, stronger, and more just. So, we should celebrate Presidents' Day with great enthusiasm and gratitude. Even though we disagree with some of their decisions, let's be thankful for the gifted, dedicated, and hard-working chief executives who have led our nation for the past 222 years.

--Gary Scott Smith is Professor of History Emeritus at Grove City College and is a fellow for faith and politics with the Institute for Faith and Freedom. He is the author of "Duty and Destiny: The Life and Faith of Winston Churchill" (January 2021), "A History of Christianity in Pittsburgh" (2019), "Suffer the Children" (2017), "Religion in the Oval Office" (Oxford University Press, 2015), "Faith and the Presidency From George Washington to George W. Bush" (Oxford University Press, 2009), "Religion in the Oval Office" and "Heaven in the American Imagination" (Oxford University Press, 2011).

SUNDAY

Travel or stay! and Play

Sunday, Feb. 20, 2022

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MÖTLEY CRÜE, DEF LEPPARD With POISON And JOAN JETT & THE BLACKHEARTS

After two summers of delays it is FINALLY happening!! The world's most iconic and celebrated rock legends will hit the road together this summer for a co-headlining tour SO MASSIVE that it could only be held in North America's biggest stadiums. THE STADIUM TOUR featuring, MÖTLEY CRÜE, DEF LEPPARD with POISON and JOAN JETT & THE BLACKHEARTS will hit select cities in the U.S. and Canada where each band will bring their electrifying stage shows while promising to perform their stadium sized anthems. Produced by Live Nation, the summer tour is set to steamroll through North America starting June 2022. The show in downtown Indianapolis will take place at Lucas Oil Stadium on Tuesday, August 16. Tickets will go on-sale to the general public for the Indianapolis show beginning Friday, February 25 at 10:00am local time.

Due to fan demand, the tour is adding 5 all new stadium shows to the epic run. Tickets for the new dates will go on-sale to the general public beginning Friday, February 25 at 10 am local time at www.LiveNation.com, check local listings for details. Def Leppard & Mötley Crüe VIP offerings for the 5 new shows will be available coinciding with the general on sale next Friday Feb. 25 at 10 am local time.

Citi is the official card of The Stadium Tour. Citi cardmembers will have access to purchase presale tickets for Indianapolis and Las Vegas shows begin-

ning Tuesday, February 22 at 10 am local time until Thursday, February 24 at 10 pm local time through the Citi Entertainment program. For complete presale details visit www.citientertainment.com. For Toronto, Vancouver, and Edmonton shows American Express® Card Members can purchase tickets before the general public beginning Tuesday, February 22 at 10 am local time until Thursday, February 24 at 10 pm local time.

Following the huge success of their NETFLIX biopic THE DIRT, Mötley Crüe has seen a massive surge in new audience with fans around the world demanding the band tour again. This led to the band members reuniting and announcing that "Mötley Crüe is back" in 2019. While The Dirt caused a meteoric 350% increase in streams of Mötley Crüe's music across all platforms and the younger 18-44 demographic now represents 64% of the band's fanbase most of the new fans have never seen any of the band's legendary live shows that Crüehads have relished for 4 decades. In 2021, Mötley Crüe celebrated their 40th band anniversary, as well as the 40th birthday of their iconic debut album, TOO FAST FOR LOVE. The 35th anniversary of their GIRLS, GIRLS, GIRLS hit album is coming up on May 15. Mötley Crüe have sold over 100 million albums worldwide, achieving 7 platinum and multi-platinum albums, 9 Top 10 albums, 22 Top 40 Mainstream Rock hits, 6 Top 20 Pop singles and 3

GRAMMY nominations. The band have amassed close to 5 billion streams across digital platforms. They have over 15 million social media followers, a New York Times best-seller and a star on the Hollywood Walk Of Fame. The band is ready to deliver an over the top stage show packed full of hit songs.

"It's on! We don't think we've ever looked forward more to kicking off a tour than this one. We can't wait to finally see all the fans across North America again. Get ready for a wild ride this summer!" Mötley Crüe said in a joint statement.

ROCK & ROLL HALL OF FAME INDUCTEES Def Leppard are one of the most important forces in rock music. In 2019, the icons closed out a sold-out worldwide tour including a North American stadium run & headlining the UK's Download Festival to 90k screaming fans. Def Leppard's star continues to rise and prevail. The band have amassed a staggering 5.5 billion streams since 2018, reaching a younger 18-44 demographic that now represents 58% of their fanbase. Additionally, the band have garnered an impressive 15 million followers across their social media platforms. Def Leppard also celebrates the landmark 45th anniversary of their formation this year, marking 45 years of legendary rock 'n' roll history making. Def Leppard's influential career crosses generations and includes 110 million records sold, numerous hit singles and ground-breaking multi-platinum albums—including

two of the best-selling albums of all time, Pyromania and Hysteria, both of which are certified Diamond (10x platinum).

"On behalf of the band, we're beyond thrilled that the stadium tour is finally happening this summer ... it's been a while coming and we can't wait to get back on stage again & we can't wait to see you in one of the many stadiums soon!" said Joe Elliott.

POISON will be bringing a rocking real and relevant no holds barred thunderous live show to the Stadium tour this summer with the all original lineup of Bret Michaels, C.C. DeVille, Bobby Dall and Ricki Rockett. POISON will be unleashing an onslaught of hit after hit songs in its set. The humanitarian of the year, two years running, Michaels along with POISON is known to bring a unique style of passionate high energy, sincere gratitude and a positive attitude. Michaels engages all the fans and makes it an absolute epic ride of true live music. Together With C.C.Deville on guitar, Bobby Dall on bass, and Ricki Rockett on drums POISON will rock the stadium with a chemistry that will bring a big summer mega party vibe and Michaels promises to give 1000 % on the stage as the hotter it gets the harder POISON promises to rock!!!

Poison's Bret Michaels also added: "There are not enough words to thank the three generations of fans for making this such an exciting, record breaking, historical tour with the fastest sell outs in history

at these stadiums."

Joan Jett grew up during a time when rock 'n' roll was off limits to girls and women, but as a teenager, she promptly blew the door to the boys' club right off its hinges. After forming her band the Blackhearts in 1979, with whom Jett has become a Rock and Roll Hall of Fame inductee, she has had eight platinum and gold albums and nine Top 40 singles, including the classics "Bad Reputation," "I Love Rock 'N' Roll," "I Hate Myself For Loving You," and "Crimson and Clover." With a career that has spanned music, film, television, Broadway, and humanitarianism, Joan Jett remains a potent force and inspiration to generations of fans worldwide. As a producer, she has overseen seminal albums by Bikini Kill, and the Germs' LA punk masterpiece 'GI.' Jett and Kenny Laguna (her longtime producer and music partner) co-founded Blackheart Records from the trunk of Kenny's Cadillac after rejections from no less than 23 labels. 40 years later, Blackheart is a thriving entertainment company producing music, film and television, and continues to champion emerging bands. Joan Jett and the Blackhearts continue touring the globe with headline shows alongside fellow rock legends like The Who, Green Day, Heart, and Foo Fighters. After two COVID-19 postponements, the group will return to the road in summer 2022 for The Stadium Tour with Def Leppard, Motley Crue and Poison. 'Bad Reputation,'

a documentary about Jett's life, premiered to critical acclaim at the 2018 Sundance Film Festival and is now available for streaming.

"We are so excited to be back out on the road! We missed doing what we love most and can't wait to see the fans out there again!" said Joan Jett and the Blackhearts.

Emerging rock band Classless Act, signed to Better Noise Music, is set to open the tour. With the release of their single "Give It To Me" in 2021, the band has already received critical praise from the likes of rock media including SPIN, Loudwire, and more. Mötley Crüe's Tommy Lee was an early follower of the band and is excited to have them join him and his bandmates on the road, saying, "I remember when we went out with Ozzy in 1984 and how it was an insane game changer!! We literally blew up after having that opportunity to play live in front of 20,000 people every f***ing night! Since then, we've always felt it was important to help new bands; whether it was Guns N Roses, Skid Row or so many others. This summer we're gonna help out Classless Act."

About Live Nation Entertainment: Live Nation Entertainment (NYSE: LYV) is the world's leading live entertainment company comprised of global market leaders: Ticketmaster, Live Nation Concerts, and Live Nation Sponsorship. For additional information, visit www.livenationentertainment.com.

Jason Aldean To Bring Rock N' Roll Cowboy Tour To 34-Cities Nationwide In The Summer 2022

Multi-Platinum entertainer Jason Aldean announces today that he will gear up for the road this summer with his ROCK N' ROLL COWBOY TOUR, produced by Live Nation. The 34-city trek will include special guests Gabby Barrett, John Morgan and Dee Jay Silver. The "Aldean Army" fan club can first purchase tickets tomorrow (2/15 at 10:00A Local Time), before general on sale this Friday (2/18 at 10:00A Local Time) at www.livenation.com. The tour will make a stop at Ruoff Music Center located in Noblesville, Indiana on Saturday, August 13, 2022 as part of the Coors Light Concert Series.

"I'm ready to get back out and feel the nights come alive," Aldean said. "We are already thinking about the the setlist... there will be some songs off the new record like 'Rock And Roll Cowboy,' which felt like a great tour name because it's all about knowing you belong on the road."

This year's CRS Humanitarian Award recipient built the ROCK N' ROLL COWBOY TOUR namesake from his recently released heavy-hearted dispatch track "Rock And Roll Cowboy" off his upcoming expansive 10th release double-album MACON, GEORGIA (Macon Music/Broken Bow Records), available in its entirety on April 22. As "MACON exhibits Aldean's dynamic ap-

proach to Country music" (American Songwriter), it is sure to translate onstage as "he knows how to augment and enrich the fan experience with dazzling light shows and pyrotechnics," (Spokesman Review).

The three-time ACM "Entertainer of the Year" has bolstered 26 No. One hits, 15 billion streams and more than 20 million albums sold as "he has blended his own recipe and it's one that has vaulted him to the pinnacle of Country music success," (Atlanta Journal Constitution). Notably, seven of Aldean's previous studio albums have been certified PLATINUM or more and he has the most Top 10 song on Billboard's Hot Country Songs chart, more than any other artists, since making his chart debut in 2005. The current GRAMMY nominee continues to be one of a card-carrying member of Country's elite headliners whose incendiary tours are nearing legendary status as his shows are "filled with the perfect mix of rock-in' anthems and raucous drinkin' songs," (Herald Extra). The multi-Platinum singer also founded Wolf Moon Bourbon, an 80 proof bourbon that has been distilled from Midwestern grains and aged for four years offering a finish of caramel, oak and spice. For more information, visit www.JasonAldean.com.

Warner Music Nashville's multi-PLATINUM

star Gabby Barrett is setting the trend in Country music. Amassing nearly 2 BILLION global streams to her credit, Barrett's expanded version of her acclaimed debut album, GOLDMINE (DELUXE), features current single "Pick Me Up." Breaking out with her top-streaming GOLD LP, the wildly-praised collection launched her meteoric 5X PLATINUM "I Hope" – the most-streamed Country song of 2020; 4-week Hot AC #1 crossover "I Hope (feat. Charlie Puth)" – which earned the iHeartRadio Titanium Award for reaching over 1 BILLION radio spins; and PLATINUM three-week #1 "The Good Ones." Next to be honored at Billboard's 2022 Women in Music Awards with the "Rising Star Award" presented by Honda, ACM's reigning "New Female Artist of the Year" is also set to co-host the 57th Academy of Country Music Awards™ and nominated for "Female Artist of the Year." Adding even more elite wins to her goldmine of accolades from American Music Awards, Billboard Music Awards, iHeartRadio Music Awards, and CMT Music Awards, Barrett was recognized as one of the five 2021 CMT Artists of the Year. For more information visit www.gabbybarrett.com.

John Morgan brings a blue-collar toughness to Country that's pulled straight from the only life he knows. Hailing from

a tiny town called Sylva, deep in the Great Smoky Mountains of North Carolina, John Morgan grew up immersed in Bluegrass tradition and even toured the festival circuit each summer in a family band, before diving into songwriting, inspired by six-string legends from Tony Rice to John Mayer. More than a year after selling everything he had to follow his dream, an only-in-Nashville story involving Uber drivers and impressive demos led to a writing session with Kurt Allison and Tully Kennedy—two incredible songwriters and longtime bandmates of Aldean. That session led to the superstar cutting eight songs written by John, including "If I Didn't Love You". Aldean signed John to Night Train Records, his imprint with BBR Music Group and his debut track, COLDEST BEER IN TOWN was released in 2021. For more information visit www.johnmorganmusic.com.

SPONSORS: The 2022 Coors Light Concert Series at the Ruoff Music Center is made possible through the generous support of its sponsors including Ruoff Home Mortgage, Coors Light, CITI and more. TICKETS: Tickets are available at www.LiveNation.com. All dates, acts and ticket prices are subject to change without notice. Ticket prices are subject to applicable fees.

Whiskey Myers 'Tornillo Tour' 2022

Country-rockers Whiskey Myers have announced their new album "Tornillo" to be released on July 29th along with a 41-date tour which includes a stop in downtown Indianapolis at TCU Amphitheater at White River State Park on Friday, May 20, 2022. Tickets go on sale to the general public starting Thursday, February 24 at 10 AM local time at www.livenation.com. The show will feature support from Shane Smith & The Saints and Goodbye June.

ABOUT WHISKEY MYERS

Genre-bending band Whiskey Myers have played more than 3,000 live shows to ever-increasing crowd sizes since their emergence in 2007. Their self-produced fifth studio album, WHISKEY MYERS, debuted at No. 1 on both the Country and Americana/Folk sales charts, at No. 2 on the Rock chart and No. 6 on the all-genre Billboard 200 chart. The self-titled project follows their previous album, Mud, which reached No. 1 on the iTunes Country chart with single "Stone" hitting Top 10 all-genre. In total, Whiskey Myers have sold more than 1.2 million albums and amassed over 1.5 billion streams while earning three RIAA Gold certifications.

USA Today describes the band led by frontman Cody Cannon as "a riff-heavy blend of Southern rock and gritty country that has earned comparisons to

the Allman Brothers Band and Led Zeppelin," with Rolling Stone noting "it's the seminal combination of twang and crunchy rock & roll guitars that hits a perfect sweet spot." The band known for their high-energy live show and unique sound has also earned sync success with features (and an appearance) in Paramount Network's hit show "Yellowstone" as well as the Renée Zellweger-led Netflix series "What/If," the Angelina Jolie film "Those Who Wish Me Dead" and hit CBS series "SEAL Team."

For more information, visit www.whiskeymyers.com and follow on social media @WhiskeyMyers.

SPONSORS: The 2022 concert series at the TCU Amphitheater at White River State Park is made possible through the generous support of its sponsors including TCU, Coors Light, and more.

VIP PREMIUM SEATS: Be a VIP and take your concert experience to the next level! With a full-service VIP Club & Restaurant, VIP parking and prime seats, it's the only way to see a show. For full and mini-season ticket information, contact 317-829-5147 & IndyPremium-Seating@livenation.com.

TICKETS: Tickets are available at www.LiveNation.com. All dates, acts and ticket prices are subject to change without notice. Ticket prices are subject to applicable fees.

SUNDAY

In the
Know

Sunday, Feb. 20, 2022

K1

Want to Contact Us? ☒ U.S. MAIL, 127 E. Main St. Suite 103, Crawfordsville, IN 47933 ☒ ONLINE, www.thepaper24-7.com ☒ (765) 361-0100

Tips To Lower Your Home's Heating Bills This Winter

(StatePoint) A frosty winter wonderland is fun to experience -- outside. Inside is another story. By keeping your home heating system running at peak performance, you'll lower your winter utility bills and experience increased comfort.

According to North American Technician Excellence (NATE), here's how to stay toasty this winter without breaking the bank.

Get the Right Equipment

It all starts with the right heating equipment. Choosing a furnace with an ENERGY STAR logo is important, however, it's also a good idea to understand standard efficiency ratings so you can easily compare the performance of different systems.

When you need to measure the thermal efficiency of your furnace or water heater, Annual Fuel Utilization Efficiency (AFUE) helps determine

the actual, annual, average efficiency of that piece of equipment. It measures the amount of heat delivered to your house compared to the amount of fuel that you must supply to the furnace. The U.S. Department of Energy determined that all furnaces sold in the U.S. must have a minimum AFUE of 78%.

The Heating Seasonal Performance Factor (HSPF) is the most commonly used measure of the heating efficiency of heat pumps. Typically, a high-efficiency heat pump pays for itself in savings in a few years.

Take These Steps

A little DIY can work wonders. Follow this checklist for improved efficiency of heating equipment:

- Check heating filters every couple weeks and change them at least twice in the season, or as directed by the manufacturer.
- Check and maintain

insulation. Improperly insulated walls, floors, attics, basements and crawlspaces drain away heat and can also lead to moisture imbalance.

- Check ductwork for insulation and leaks. No matter how "state of the art" your heating system is, if your ductwork is bad, it will diminish efficiency.

- Turn down the thermostat by a few degrees and dress more warmly.

- Clean the furnace area. Don't keep chemicals or cleaning products near your heater, and don't store anything next to it that could impede ventilation.

- Keep vents and returns free of obstructions.

- Install a humidifier to make indoor air feel warmer.

Work With Experts

Be sure all work performed on your heating equipment is carried out by a trustworthy, NATE-certified technician.

Even the most efficient system can suffer if it's not properly maintained. NATE-certified technicians have demonstrated knowledge of today's heating and cooling systems. Better installation and service means your equipment will run at peak efficiency. Visit nate.org for additional winter tips and resources, and to find a NATE-certified technician in your area.

If you do call in a technician, prep for their arrival. You can help your technician diagnose a potential problem with your heating equipment by being prepared to share important information, such as the age, brand and model of your furnace and whether it's been leaking, making unusual noises or emitting odors.

With a combination high-efficiency equipment, a little DIY and the help of professional expertise, you can stay warm and cozy on-budget, all season long.

Is It Too Late To Reduce Your Mortgage Payment By Refinancing?

(StatePoint) Experts say that with mortgage rates beginning to rise, refinancing your home now might be your last best chance to lower your monthly mortgage payment, as rates remain near all-time lows.

Those who refinanced early in 2021 have already reaped the benefits. Borrowers who refinanced their 30-year fixed rate mortgage into another 30-year fixed rate mortgage during the first half of 2021 saved over \$2,800 in mortgage payments on principal and interest annually, according to a recent Freddie Mac research report.

But mortgage rates are rising. Indeed, in October 2021, the 30-year fixed-rate mortgage, which is the most common type of mortgage, rose to its highest point since April, surpassing 3.0%. Freddie Mac forecasts that mortgage rates will continue to rise, averaging 3.5% for the 30-year fixed in 2022. That's up from an average of 3.0% in 2021.

So is it time to refinance your home loan? To help you make an informed decision, Freddie Mac is offering answers to commonly asked questions about the refinancing process:

- What does refinancing mean? When you refinance your mortgage, you're applying for a new mortgage to replace your current one, which will result in a new rate, term and monthly payment. The most common type of refinancing is a no-cash-out refinancing, in which you're refinancing the remaining balance on your mortgage.

- When should I consider refinancing? Generally speaking, refinances make the most financial sense when average interest rates are at least half a percentage point lower than the interest rate on your current mortgage. Another reason to consider refinancing is if your financial situation has improved, allowing you to secure a loan with a shorter term and own your home sooner. Finally,

if you currently have an adjustable-rate mortgage (ARM) and it's adjusting upward, you may wish to convert to a fixed-rate mortgage that provides you with the security of consistent payments.

- Is refinancing free? Although refinancing your mortgage could save you money both in the long- and short-term, it isn't free. For the most part, refinancing costs are similar to what you paid when you purchased your home, including a loan origination fee. There are required services involved, such as appraisals, and state and local fees that can vary significantly based on where you live. The average cost to refinance is almost \$5,000, so you should carefully consider how long you plan to stay in your home to ensure the savings to outweigh the costs.

- Who should handle my refinance? You don't have to use your current lender to refinance your loan. In fact, it's in your best interest to shop around and compare multiple lenders' loan estimates in search of the best terms and cost. It may take more time, but even a difference as small as one-quarter of a percentage point can save you thousands of dollars over the life of your home loan. The good news? Rates are often negotiable. In other words, you can ask lenders to match the rate quoted by another lender.

There may be no time like the present to lock in the lowest possible rate and receive the highest monthly savings. To get a sense of what refinancing could save you, access Freddie Mac's refinance calculator, along with additional homebuying and refinancing resources, at myhome.freddie.mac.com.

As with any big financial endeavor, you'll want to do your homework, look carefully at your short- and long-term goals, and work closely with your lender to do a cost-benefit analysis.

4 Ways To Go Green If You're Not Ready For An Electric Vehicle

(StatePoint) Countless headlines suggest you have to drive a battery-powered electric vehicle (EV) if you care about the planet. Yet consumers, including many who want to be "green," are still opting for gasoline-powered vehicles 98 percent of the time. What's standing in their way?

—Cost. It may cost as much as \$10,000 or \$15,000 more up-front for a battery-electric car compared with a similar gas-powered car.

—Charging. Installing a home charger that's required to run a EV can cost an additional \$1,000 to \$3,000. Additionally, a home charger may not be possible for those who park on the street or live in an apartment building.

—Road trips. The number of public charging spots is growing, but it's not like the nationwide network of gas stations. Even with a relatively robust 200-mile range, EV owners must plan carefully for charging

breaks every few hours of driving. It may take 30 to 60 minutes to add enough battery power for another couple hours of driving. Bigger battery packs can give longer range, but also longer charging times.

If any of these realities are the deal-breakers preventing you from going green behind the wheel -- relax! There are still at least four good alternatives to EVs that will still help the environment without breaking the bank.

Hybrids

Hybrid technology has been around since the late 1990s. Hybrids combine a smaller gas engine with battery-powered electric motors for better fuel economy. Hybrid sedans like the Toyota Camry, Honda Accord or Hyundai Sonata now average more than 50 miles per gallon. The Toyota Prius Eco gets 56 mpg in combined city-highway driving, according to fuelconomy.gov. A 50-mpg hybrid replacing

a 30-mpg vehicle will save \$625 a year in fuel costs, or \$3,100 over five years. You'll save even more if your trade-in gets less than 30 mpg!

Plug-in Hybrids

A plug-in hybrid is a hybrid you can plug-in to charge a separate battery and then drive for 30-50 miles on pure electric power. After that, a gasoline engine kicks in, operating like a hybrid. For commuting, a plug-in like a Toyota RAV4 Prime or Prius Prime is a great choice. The average U.S. commute is 16 miles. With just 32 miles of electric-only range, that commuter wouldn't need gasoline to get to work.

Fuel-Cell Electric Vehicles

Fuel-cell electric vehicles (FCEVs) are electric vehicles powered by a reaction from hydrogen fuel and oxygen, making water vapor the only emission. The 2021 Toyota Mirai, for example, has a range of more than 400 miles, compared to

200-300 for most newer EVs. FCEVs are refilled at a station, like the gas stations you're used to. The main challenge is a lack of hydrogen infrastructure. California is the only state with a robust network of fueling stations -- but more are on the way.

More Efficient Gasoline-Powered Cars

While not as dramatic in helping the environment as the other options mentioned, conventional gas engine cars still have a lot to offer. Automakers have been improving them continuously to meet tougher federal fuel economy regulations. Some gas-powered SUVs you see around town, like the 2021 Honda CR-V or the Toyota RAV4, might get 30 percent better mileage than the 10-year-old car or SUV they're replacing. That would cost about \$400 less per year to operate than their 2011 counterparts, or an extra \$2,000 in your pocket after just five years!

How To Protect Children In A Digital Age

(Family Features) Keeping a watchful eye on your kids requires an increasing level of tech savvy many parents find intimidating. Not only are your kids vulnerable to bad actors online, but your family's personal information could be at risk, as well.

Learn how to protect your children and family in this digital age with these tips:

Elementary-Age Children

- Encourage open communication. Have conversations about what your kids see and do online and talk with them about potential dangers. Avoid lecturing in favor of an open exchange of information.

- Make their inherent interest in privacy work in your favor. Kids in this age group, particularly toward the middle school years, understand the concept of privacy and value it immensely. Use

that context to help them understand what goes online is there to stay. Talk about what kinds of information should always be kept private, including identifying details like addresses and social security numbers.

- Stay on alert. Not all apps are completely safe (even the ones you can access from trusted stores) and not all filters are foolproof. Keep close tabs on what your kids are downloading by reading comments and reviews, and regularly monitoring what kind of content they see.

Middle School and High School Kids

- Continue talking about privacy. You can never have too many conversations about privacy. What seems like harmless sharing on social media can be quite revealing. For example, frequent posts about visits to a favorite store or restaurant can allow a predator

to begin tracking behavior patterns that make your child a target. It's also important for kids to understand how their privacy settings work. For example, settings that allow exposure to friends of friends make their visibility to strangers much broader than they may realize.

- Help manage their online reputation. Behaviors that once resulted in a day or two of hallway chatter can now live forever. Documenting mischief online is only fun until it spills over into real life and everyone sees those mistakes in full color -- including prospective future employers.

- Be clear about your position on bullying. From the safe distance of a screen, it's easier for kids (and adults) to say things they'd never say in person. Teach your kids to handle problems constructively offline and avoid engaging in attacks

on others through social media, email and other platforms.

College Students

- Reinforce the risks. Once they're on their own, kids may feel more liberated to make their own choices online. However, college students are easy prey for identity theft and worse. Remind them what's at stake if they fail to protect their identity and private information, like where they live and what they do on a regular basis.

- Teach smart practices. With all the independence that comes with college life, this is an ideal time for your student to take personal responsibility for his or her online security, including learning about virus protection, updating software, avoiding scams and backing up data.

If you're looking for more practical advice for everyday family matters, visit eLivingtoday.com.

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thepaper

Montgomery County's Most Wanted

The Montgomery County Sheriff's Office is requesting your assistance in locating a subject wanted on a felony warrant. If you have any information on the whereabouts of this wanted person please contact the Montgomery County Sheriff's Office at (765) 362-0885 or (765) 362-3740.

WANTED



Caleb J. Mathews
Born 1984
Charge: P/V Dealing Methamphetamine (Level 3)

WANTED



Wyatt W. Hunt
Born 1996
Charge: FTA Resisting Law Enforcement/Criminal Confinement (Level 5)

WANTED



Mario G. Ortega
Born 1977
Charge: Sexual Misconduct with a Minor (Felony 4)

WANTED



Robert E. Butler
Born 1984
Charge: Possession of a Firearm by Serious Violent Felon (Level 4)

WANTED



Devin R. Post
Born 1990
Charge: FTA Possession of Methamphetamine (Level 6)

WANTED



Amanda J. Fry
Born 1987
Charge: P/V Theft (Felony 6)

WANTED



Thomas W. Farley II
Born 1991
Charge: FTA Possession of Methamphetamine/Carrying Handgun w/out license

WANTED



Cole M. Williams
Born 1995
Charge: P/V Escape

WANTED



Stephen C. Shaffer
Born 1992
Charge: Domestic Battery (Level 5)

WANTED



Tasha L. McCray
Born 1991
Charge: FTA Fraud (Felony 6)

Please Read Our Disclaimer:

All warrants are the property of Montgomery County, Indiana. This list of wanted suspects is updated on a daily basis, but all warrants need to be verified through the Montgomery County Sheriff's Office Warrants Division before any action is taken. If you feel a warrant is listed in error, please contact the Montgomery County Sheriff's Office.

Notice:

If you have information about the whereabouts of any of the listed suspects, please contact the Montgomery County Sheriff's Office at the numbers provided, or contact your local law enforcement agency. The issuance of a warrant by no means indicates that a person is guilty of a crime, only that probable cause exists to believe that person has committed a crime.

DO NOT ATTEMPT TO APPREHEND ANY OF THESE SUSPECTS AS THEY MAY BE ARMED AND DANGEROUS.

PUBLIC NOTICES

MONTGOMERY COUNTY SOLID WASTE MANAGEMENT DISTRICT MEETING SCHEDULE NOTICE
Monday, February 28, 2022 @ 1:30 pm
Monday, May 23, 2022 @ 1:30 pm
Monday, August 22, 2022 @ 1:30 pm
Monday, November 28, 2022 @ 1:30 pm
Crawfordsville City Building – Council Chambers 2nd Floor –
300 E Pike Street - Crawfordsville, IN 47933
PL4271 2/17 1t hspaxlp

PUBLIC NOTICE OF RECONSTRUCTION:
Reconstruction of Claude Moody #583 Per IC 36-9-27-52, on Wednesday, January 26, 2022 the Montgomery County Drainage Board determined that the costs, damages and expenses of the proposed reconstruction are less than the benefits accruing to the owners of lands benefited by the reconstruction.
The Board adopted the reconstruction report of the county surveyor and the schedule of damages and assessments including annual assessments for periodic maintenance into its findings
An order declaring the proposed reconstruction is established. The findings and order of the board have been filed and are available for inspection in the office of the surveyor.
Unless judicial review of the findings and order of the board is requested under IC 36-9-27-106 within twenty (20) days after publication of this notice, the findings and order are conclusive.
PL4267 2/16 1t hspaxlp

Notice to Bidders
City of Crawfordsville Street Department— 2022 Community Crossings Paving Program
Notice is hereby given that the City of Crawfordsville, Indiana (“Owner”) will receive sealed bids for the Community Crossings Paving Program, located in the City of Crawfordsville, Montgomery County, Indiana.
Sealed bids are invited and may be forwarded by mail or other courier services addressed to the City of Crawfordsville, Indiana, C/O the Office of the City Clerk-Treasurer, 300 East Pike Street, Crawfordsville, Indiana 47933, until 10 A.M. (local time) on February 23, 2022. Bids received after such hour will be returned unopened. Bids will be opened and publicly read aloud at the Crawfordsville Board of Public Works and Safety’s meeting, February 23, 2022, at 10:00 o’clock A.M. in the Council Chambers, Second Floor, City Building, 300 East Pike Street, Crawfordsville, Indiana. Bids will then be taken under advisement for review by the owner and architect/engineer.
The contract will consist of HMA Mill & Overlay, scarification and ADA Ramps of various streets throughout Crawfordsville, Indiana.
Requests for specifications and other project information can be made at (765) 364-5166.
Each bid must be enclosed in a sealed envelope bearing the title of the Project and the name and address of Bidder.
Each bid shall be accompanied by a certified check or acceptable bidder’s bond made payable to the Owner, in a sum of not less than five percent (5%) of the total amount of the bid, which check or bond will be held by the Owner as evidence that the bidder will, if awarded the contract, enter into the same with the Owner upon notification from him to do so within ten (10) days of said notification. A one hundred percent (100%) performance and payment bond will also be required of the successful bidder.
The Owner reserves the right to reject any bid, or all bids, or to accept any bid or bids, or to make such combination of bids as may seem desirable, and to waive any and all informalities in bidding. Any bid may be withdrawn prior to the above scheduled time for the opening of bids or authorized postponement thereof. Any bid received after the time and date specified shall not be considered. No bid may be withdrawn after the scheduled closing time for receipt of bids for at least sixty (60) days.
Bids shall be properly and completely executed on bid forms included in the Contract Documents. Bids shall include all information requested by Indiana Form 96 (Revised 2013) included in the Contract Documents. Bidder shall pay prevailing wages as set forth by the State of Indiana on this project.
Scott Hesler, Street Commissioner
Crawfordsville, Indiana
PL4264 2/9 2/16 2t hspaxlp

The Paper
Public Notices Deadline:
11:00 a.m. 2 Business Days Prior to Publication
legals@thepaper24-7.com

City of Crawfordsville, Indiana
Notice to Taxpayers of Hearing on Proposed Cumulative Capital Fire Fund under I.C. 36-8-14
Notice is hereby given the taxpayers of Crawfordsville, Montgomery County, Indiana that the Crawfordsville Common Council will consider the reestablishment of a Cumulative Capital Fire Fund under Indiana Code Section 36-8-14 for all uses set out under that statute at its regular meeting place, Council Chambers, 2nd floor, City Building, 300 East Pike Street, Crawfordsville, Indiana, at 6:00 P.M., on the 14th day of March, 2022.
The tax will be levied on all taxable real and personal property within the taxing district and will not exceed \$0.333 per \$100 of assessed valuation payable in the year 2023, continued until reduced or rescinded. Taxpayers appearing at the meeting will have a right to be heard. The proposed reestablishment of the Cumulative Capital Fire Fund is subject to approval of the Department of Local Government Finance, who will require a Notice of Submission to be given to taxpayers by publication. After the publication of the Notice of Submission, 50 or more taxpayers in the taxing district may file a petition with the County Auditor not later than 30 days after publication, setting out their objections to the proposed levy. If accommodations are required to attend this meeting, please call 765-364-5150.
Dated this 15th day of January, 2022
Fiscal Officer Crawfordsville Common Council
Terri Gadd, Clerk Treasurer Adopting Body
PL4272 2/18 2/25 2t hspaxlp

NOTICE OF EXECUTION OF LEASE BETWEEN THE MONTGOMERY COUNTY REDEVELOPMENT COMMISSION AND THE MONTGOMERY COUNTY REDEVELOPMENT AUTHORITY
Pursuant to action previously taken by the Montgomery County Redevelopment Commission (“Commission”), a lease between the Commission and the Montgomery County Redevelopment Authority was executed and entered into on February 9, 2022 (“Lease”) and the Montgomery County Council is expected to approve the Lease by resolution on or about March 8, 2022. The Lease covers the acquisition of Nucor Road from the intersection at State Road 32, south to the intersection at Ladoga Road. The Commission will use the acquisition proceeds to fund the redemption of certain outstanding Redevelopment District Bond Anticipation Notes of 2021 and the construction of certain road, drainage and sanitary sewer improvements, in, serving or benefiting the Nucor Road Economic Development Area, located in Montgomery County, Indiana. A copy of the Lease is on file in the office of the Department of Redevelopment, 100 Main Street, Crawfordsville, Indiana, and is available for inspection during normal business hours.
Dated February 15, 2022.
MONTGOMERY COUNTY REDEVELOPMENT COMMISSION
PL4266 2/15 1t hspaxlp

MONTGOMERY COUNTY BOARD OF COMMISSIONERS
NOTICE TO TAXPAYERS OF HEARING ON RE-ESTABLISHMENT OF CUMULATIVE BRIDGE FUND
Notice is hereby given to the taxpayers of Montgomery County, Indiana that the Montgomery County Board of Commissioners will consider at Room 103 of the Montgomery County Courthouse, 100 East Main Street, Crawfordsville, Indiana at 8 o’clock a.m. on February 28, 2022, the re-establishment of the Cumulative Bridge Fund under the provisions of Indiana Code §8-16-3 for the following purposes: the construction, repair, maintenance and inspection of bridges in Montgomery County.
If accommodations are required to attend this meeting, please contact Auditor Jennifer Andel at 765-364-6403.
The tax will be levied on all taxable real and personal property in Montgomery County and will not exceed \$0.075 per \$100 of assessed valuation. The proposed tax will be levied beginning with taxes due and payable in the year 2023. Taxpayers appearing at this public hearing will have the right to be heard on this issue. The proposal to re-establish the Cumulative Bridge Fund is subject to approval by the Department of Local Government Finance.
Within thirty (30) days of the adoption of the ordinance re-establishing the Cumulative Bridge Fund by the Board of Commissioners of Montgomery County, Montgomery County will publish a Notice of Adoption. Upon publication of the Notice of Adoption, ten (10) or more taxpayers in the taxing district (Montgomery County) may file a petition with the County Auditor not later than 12 noon, thirty (30) days after the publication of the Notice of Adoption setting forth their objections to the proposed fund.
Dated this 14th day of February, 2022.
Board of Commissioners of Montgomery County, Indiana
PL4269 2/16 2/23 1t hspaxlp

MONTGOMERY COUNTY BOARD OF COMMISSIONERS
NOTICE TO TAXPAYERS OF HEARING ON RE-ESTABLISHMENT OF CUMULATIVE CAPITAL DEVELOPMENT FUND
Notice is hereby given to the taxpayers of Montgomery County, Indiana that the Montgomery County Board of Commissioners will consider at Room 103 of the Montgomery County Courthouse, 100 East Main Street, Crawfordsville, Indiana at 8 o’clock a.m. on 28 February, 2022, the re-establishment of the Cumulative Capital Development Fund under the provisions of Indiana Code §36-9-14.5 for the following purposes: construction, remodeling and repair of the courthouse, construction, repair, remodeling, enlargement of and equipment for a county jail or juvenile detention facility, the purchase, lease or payment of all or part of the motor vehicles for the community corrections program, purchase, construction and maintenance of public buildings and equipment therefor, acquisition of land and improvements that are necessary for construction of public buildings, for the demolition of any improvements on land to be acquired to level grade and prepare land for construction of a public building, provide funds for a cumulative drainage fund, acquire land or rights-of-way to be used for public ways or sidewalks, construction and maintenance of public ways or sidewalks, acquire land or rights-of-way for the construction of sanitary sewers or storm sewers, or both, to construct or maintain sanitary sewers or storm sewers or both, to purchase, lease or pay for all or part of a utility, to acquire, by purchase or lease, land, buildings or rights-of-way for the use of any utility that is acquired or owned by the County, to purchase or acquire land, with or without buildings, for park or recreational purposes, to purchase, lease or pay all or part of the purchase price of motor vehicles for the use or any combination of the police, community corrections program or fire department, to retire in whole or part or in part any general obligation bonds of the County, to purchase or lease equipment and other non-consumable personal property needed for any public transportation use, to purchase or lease equipment to be used to illuminate a public way or sidewalk, to purchase, lease, upgrade, maintain or repair computer hardware, computer software, wiring and computer networks, communication access systems used to connect with computer networks or electronic gateways, to pay for the services of full-time or part-time computer maintenance employees, to conduct nonrecurring in-service technology training of employees, and to purchase body armor for active members of the County police department.
If accommodations are required to attend this meeting, please contact Auditor Jennifer Andel at 765-364-6403.
The tax will be levied on all taxable real and personal property in Montgomery County and will not exceed \$0.0333 per \$100 of assessed valuation. The proposed tax will be levied beginning with taxes for 2022 which are due and payable in the year 2023. Taxpayers appearing at this public hearing will have the right to be heard on this issue. The proposal to re-establish the Cumulative Capital Development Fund is subject to approval by the Department of Local Government Finance.
Within thirty (30) days of the adoption of the ordinance re-establishing the Cumulative Capital Development Fund by the Board of Commissioners of Montgomery County, Montgomery County will publish a Notice of Adoption. Upon publication of the Notice of Adoption, fifty (50) or more taxpayers in the taxing district (Montgomery County) may file a petition with the County Auditor not later than 12 noon, thirty (30) days after the publication of the Notice of Adoption setting forth their objections to the proposed fund.
Dated this 14th day of January, 2022.
Board of Commissioners of Montgomery County, Indiana
PL4268 2/16 2/23 1t hspaxlp

City of Crawfordsville, Indiana
Notice to Taxpayers of Hearing on Proposed Cumulative Capital Development Fund under I.C. 36-9-15.5
Notice is hereby given the taxpayers of Crawfordsville, Montgomery County, Indiana that the Crawfordsville Common Council will consider the reestablishment of a Cumulative Capital Development Fund under Indiana Code Section 36-9-15.5 for all uses set out under that statute at its regular meeting place, Council Chambers, 2nd floor, City Building, 300 East Pike Street, Crawfordsville, Indiana, at 6:00 P.M., on the 14th day of March, 2022.
The tax will be levied on all taxable real and personal property within the taxing district and will not exceed \$0.05 per \$100 of assessed valuation payable in the year 2023, continued until reduced or rescinded. Taxpayers appearing at the meeting will have a right to be heard. The proposed reestablishment of the Cumulative Capital Development Fund is subject to approval of the Department of Local Government Finance, who will require a Notice of Submission to be given to taxpayers by publication. After the publication of the Notice of Submission, 50 or more taxpayers in the taxing district may file a petition with the County Auditor not later than 30 days after publication, setting out their objections to the proposed levy. If accommodations are required to attend this meeting, please call 765-364-5150.
Dated this 15th day of January, 2022
Fiscal Officer Crawfordsville Common Council
Terri Gadd, Clerk Treasurer Adopting Body
PL4273 2/18 2/25 2t hspaxlp

NOTICE OF PUBLIC HEARING:
Notice is hereby given that on August 9, 2021, Robert B. Hudson filed with the Montgomery County Board of Commissioners a Petition to Vacate a portion of Old Oak Hill Road in front of 907 Lafayette Avenue in Crawfordsville, Indiana. A copy of this petition is available for public inspection at the office of the Auditor, Montgomery County Courthouse, 100 E Main Street – Room 103, Crawfordsville, IN 47933 from 8:00 am to 4:30 pm Monday through Friday and at www.montgomerycounty.in.gov.
On Monday, February 28, 2022 @ 8:00 am the Montgomery County Board of Commissioners will conduct a hearing at the Montgomery County Courthouse, 100 E Main Street – Room 103, Crawfordsville, IN in order to receive public comment on the vacation of a portion of Old Oak Hill Road in front of 907 Lafayette Avenue, Crawfordsville, IN and to determine the public utility of vacating the road as requested. The public is invited to attend the hearing and to comment on the proposed request.
Jennifer Andel, Montgomery County Auditor
PL4270 2/17 1t hspaxlp

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