

➔ TODAY'S VERSE

Isaiah 30:21 And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it, when ye turn to the right hand, and when ye turn to the left.

➔ FACES OF MONTGOMERY

People who call our community their own.



Kaley Remley offers a fabulous smile while doing a little local shopping. Thank you for your smile, Kaley!

➔ THREE THINGS You Should Know:

1 Congratulations to Nucor for being recognized as one of the Best Places to Work in Indiana by the Indiana Chamber of Commerce. A total of 125 Hoosier businesses have been named to the Best Places to Work list, which includes nearly 40 newcomers from last year. The annual program started in 2006. "Best Places to Work in Indiana not only recognizes our state's outstanding employers, but also sets a high standard for other Hoosier companies by encouraging them to realize the importance of evaluating their own workplace," says Indiana Chamber President and CEO Kevin Brinegar.

2 The DNR Division of Historic Preservation and Archaeology (DHPA) is sponsoring the Historic Preservation Month photo contest again in 2022. The subject of entry photos must be in Indiana, be at least 50 years old, and be something that was designed/built by people. It can be a building that's been restored to perfection or one that needs some love. The idea is to show the value of historic preservation. Photos of exclusively natural elements are not eligible. The photos should be JPEG files (less than 10MB). Each photo and the required entry form should be emailed to aborland@dnr.IN.gov as attachments. Photographers can submit up to three photos, but submit only one photo and entry form per respective email. For the complete rules and guidelines and the required entry form, visit our website. The contest deadline is Friday, April 1.

3 Crawfordsville Mayor Todd Barton would like to invite the public to The Joshua Cup, 115 E. Main St., Crawfordsville, on February 23 at 8-9 a.m. to start conversations about any concerns, input, or suggestions that the public may have.

The Paper

OF MONTGOMERY COUNTY

Montgomery County's oldest locally owned independent newspaper

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CRAWFORDSVILLE, INDIANA

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Photo courtesy of Wabash College

Wabash College professors Wally Novak (center left) and Erika Sorensen-Kamakian (center right) are pictured with students involved in their interdisciplinary research project on protein level control on human development and disease. This project applies computational design, biophysical analysis, and experiments in roundworms using gene editing (CRISPR-Cas9) to fuse LOCKR to genes of interest.

Two Wabash Professors Land \$470K NSF Grant

Wabash College professors Erika Sorensen-Kamakian and Wally Novak received a nearly \$470,000 grant from the National Science Foundation (NSF) to study the impacts of protein level control on human development and disease. This project will engage undergraduate students in year-round interdisciplinary research, improving their creative problem-solving skills,

critical thinking, and the ability to communicate with both scientific audiences and the general public. Portions of this research also will be integrated into the molecular genetics and biochemistry courses at the College, enlisting a large number of students in new scientific discovery. "We are proud of the work that our students accomplish in independent research projects,"

said Novak. "This funding will allow us to engage even more students in these exciting research experiences. In addition, we are thrilled to take part in science that will have a large impact on the future of genetic research in *C. elegans*." Sorensen-Kamakian, Assistant Professor of Biology and Principal Investigator, and

➔ See WABASH Page A6

Darlington Basketball Super Star Center Dan Nichols

The Darlington Indians went undefeated during the regular season in both 1969 and 1970, also winning their first and only Sectional in '69, and certainly one of the players who helped them achieve that feat was Dan Nichols, their all-star center, who had transferred to DHS from New Ross to play



BUTCH DALE
COLUMNIST

for coach Dave Nicholson. Dan could do it all. Not only was he a proficient scorer, but he was an excellent rebounder and assist man. The run-and-gun fast break Indians depended on him to get things rolling after a defensive rebound. When Dan grabbed the ball, the fans knew what was going to happen next...a pass out to Don Threlkeld, Fred Warren, Rich Douglas, Jim Gable, or Gary Dale for an easy lay-up or chip shot at the other end...and no

➔ See BUTCH Page A6

Local Facility Adding 50 Jobs

International Paper is growing in Crawfordsville. The company announced that it is expanding its local plant to operate around the clock. In addition, International Paper is adding 50 jobs to support the additional operating hours. Those jobs will be in production, maintenance and supervision. "We look forward to welcoming more team members to

our Crawfordsville plant," said Adam Odorizzi, Site Manager at Crawfordsville. "Our Crawfordsville team is a highly engaged workforce that cares deeply about safety and delivering quality products to our customers. New employees will have the opportunity to work in an advanced manufacturing center that has a strong history

➔ See JOBS Page A6

IRS; You Are Not

My friend is having trouble with the Internal Revenue Service. We'll call him Mr. Farmer, be-cause — one; it's the IRS, and two; well, they already know his real name. They know it far too well, as far as he's concerned.

First, a little background. Mr. Farmer is known among friends and strangers alike as the epitome of honesty and integrity. He and his wife own a small family farm down the road from me, and



JOHN MARLOWE
COLUMNIST

aside from the occasional help he gets to vaccinate his small herd of cattle in the Spring, he operates the farm on his own. He buys his farm implements used, and makes any repairs himself. The last piece of new equipment he purchased was a 1990 Holland hay bine, and the only reason he bought that new was because it was the only model that fit the power takeoff of his forty-year-old 1979 John

➔ See MARLOWE Page A6

➔ HONEST HOOSIER

There's a reason why February is the shortest month of the year. We hate it!



➔ INSIDE TODAY'S EDITION

Obituaries.....A2
Meeting Notes.....A5
Slim Column.....A5
Classifieds.....A4

➔ TODAY'S HEALTH TIP

Are you a "shoveler?" - put down your fork in between bites of food and chew your food thoroughly. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



➔ OBITUARIES

Paul C. Evans

The Paper appreciates all our customers. Today, we'd like to personally thank Mark Kipp of Crawfordsville for subscribing!



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➔ THE MONTGOMERY MINUTE

Have you voted yet?

Readers' Choice '22 has kicked off and the most popular and largest contest in Montgomery County is already hot! The Paper's Readers' Choice contest debuted more than 15 years ago and has been copied and imitated, but no one else does it as good as the folks who originated it. Weigh in by simply going to www.thepaper24-7.com and clicking on the top Readers' Choice banner! It's that easy!

➔ TODAY'S QUOTE

"Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it."
Lou Holtz

➔ TODAY'S JOKE

We know about the highway to hell and the stairway to heaven. What's that tell you about numbers?
bers?

The Daily Almanac



Sunrise/Sunset
RISE: 7:31 a.m.
SET: 6:32 p.m.



High/Low
Temperatures
High: 60 °F
Low: 54 °F



Wacky Holiday Today
• National Margarita Day
• Walking the Dog Day



What Happened On This Day
• 1879 The first Woolworth store opens in Utica, New York
• 1986 The People Power Revolution begins in the Philippines



Births On This Day
• 1732 George Washington American general, politician, 1st President of the United States
• 1932 Ted Kennedy American politician

Deaths On This Day
• 1987 Andy Warhol American artist
• 1983 Adrian Boult English conductor

13 WTHR 7 DAY FORECAST

36/60 CLOUDS INCREASE, SHOWERS LATE	54/60 RAIN AND STORMS LIKELY	26/35 COLDER, PARTLY CLOUDY	25/33 WINTERY MIX AND SNOW	24/30 MORNING SNOW	17/32 PARTLY CLOUDY	12/32 CHANCE OF SNOW
MON	TUE	WED	THU	FRI	SAT	SUN

OBITUARIES

Paul C. Evans

Aug. 19, 1935 - Feb. 18, 2022

Paul C. Evans, 86, Crawfordsville, passed away Feb. 18th at Franciscan Health Et. Elizabeth in Crawfordsville.

He was born in Speedway on Aug. 19, 1935.

He married Veda Jones and she survives.

Survivors include his children, David (Gail) Shugart, Dennis (Sara) Evans, Kimberly (Carl) Bryant and Bethony Evans; grandchildren, Tyler, Brionna, Tucker and Justin; and great-grandchildren, Aneesa, Teersa, Mason, Matthew, Landyn and Brantley.

He was preceded in death by his first wife Dorothy Miles; along with his beloved dog, Taz. Also preceding him are brothers, Herman and Floyd Evans.

Funeral services are scheduled at 11 a.m. on Thursday, Pastor Keith Jones officiating at Hunt & Son Funeral Home with a visitation on Wednesday from 4-6 p.m. Burial will follow at Bethany Cemetery near Marshall. Condolences and memories may be left at www.huntandson.com



Rix Quinn Will Be Coming To The Paper

The Paper has long been known as the best media outlet for intriguing columnists. From Butch Dale to Karen Zach, John Marlowe, Kenny Thompson, Dick Wolfie, Tim Timmons and others, The Paper brings you interesting food for thought every day.

Beginning soon, we are pleased to bring you a new voice, Rix Quinn.

Quinn is a former magazine editor who writes the weekly humor column "Quinn Summary," to which about 140 newspapers now subscribe. A Fort Worth native, he has also written

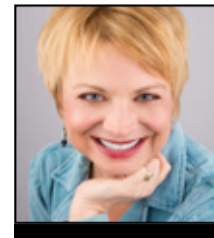


Rix Quinn

comedy for radio and for the newspaper syndicate DBR Media.

And beginning this week, you'll be able to read his talented work exclusively right here. We hope you'll enjoy his work!

Listening To The Bells



Carrie Classon
Columnist

Want MORE?

Carrie Classon's memoir, "Blue Yarn: A Memoir About Loss, Letting Go, & What Happens Next" is available at Amazon, Barnes and Noble, and other fine stores. Learn more at CarrieClasson.com.

The bells ring more or less all the time here.

My husband, Peter, and I are in San Miguel de Allende, Mexico, a city filled with old churches. Every old church has at least a couple of old bells, and all the bells are rung frequently. Since there is so much I do not understand when I travel to another country, I assumed that the bells rang according to some sort of system that everyone else understood and I did not. (This is an assumption I've made about a lot of things over the course of my life, but that's another story.)

As it turns out, none of the English speakers in town have any idea what is going on with the bells.

"I thought it was military time because it rang more than 12 times," someone said. "But then it rang 34 times!"

"There is no rhyme or reason," someone replied.

"They don't ring on the hour and they don't ring any number of times that makes sense!"

"Well, they are all rung by people," someone else added. "It's not automated. Maybe they just ring them when they feel like it?"

So now I'm listening to the bells.

I was right in the center of town, near the largest, oldest church, when the bells started. "One... Two... Three... Four." They stopped. I checked the time on my phone. It was exactly 4 o'clock. "Well!"

Now I'm thinking the bells are just rung to get our attention. Maybe we would pay more attention to them if we knew they were right all the time.

The roosters in town operate on a similar principle. Every town in Mexico I have ever spent a night in has had multiple roosters alerting me to the first hint of sunrise. But at our temporary home here,

we have one who has decided to up his game. He lets us know that it is 4 o'clock in the morning and that sunrise is only a couple hours off, in case we were interested.

None of the other roosters are following his lead. I suspect the other roosters think this guy is a showoff, crowing his head off in the dark. But he keeps it up. It gets our attention, and I guess that is the point. He's letting us know that he is keeping track of the time. It's not morning yet, but morning is on the way.

We have lots of ways to keep track of time and, honestly, I'm not sure why it is so important that the bells ring at any particular time. Peter and I are not meeting anyone at a given time. We have no appointments to keep. This idea that we need to keep track of time is a little odd, given the circumstances.

And yet, nearly every day, Peter or I will say, "Can you believe it's 2 o'clock already?" as if 2 o'clock had some special significance. As if we had had something special we had to prepare for at 3 o'clock.

I am rather pessimistic that I will ever solve the mystery of the bells. I think they will keep ringing when I least expect, at odd intervals, for an indeterminate amount of time. But every time they ring, I will be reminded of the time—even if it's not the actual time. Even if I have nowhere to go.

They'll remind me that time is passing and will pass. They remind me that sometimes the very best thing I can do with my limited time is to stop whatever I'm doing and listen to the bells.

Till next time,
Carrie

Carrie Classon's memoir is called "Blue Yarn." Learn more at CarrieClasson.com.

Rokita Assists Hoosiers Victimized By Hackers Following Donations To Freedom Convoy

Attorney General Todd Rokita is helping protect Hoosiers impacted by hackers who infiltrated a crowdfunding website that was facilitating donations to the Freedom Convoy.

Hackers broke into the GiveSendGo website earlier this month and obtained records of online donations to the Freedom Convoy — a group of truckers and other pro-liberty individuals protesting COVID-19 vaccine mandates and other restrictions. The demonstrators have rallied at several U.S.-Canada border crossings and elsewhere.

A database containing donors' names, zip codes and emails became public-

ly available as a result of the hack.

"Our data privacy team sprang into action and identified Hoosier victims," Attorney General Rokita said. "We are emailing them to put them on notice and advise them on steps they should take at this juncture to protect themselves — and we are standing ready to assist them further however we can."

Of approximately 92,000 donors, Attorney General Rokita's team has identified 519 Indiana residents who donated a total of \$27,524.

Most demonstrators affiliated with the Freedom Convoy have simply par-



Attorney General Todd Rokita

ticipated in the time-honored tradition of peaceful protest, Attorney General Rokita said.

"The hackers' primary objective is to squelch free speech through their harassment and intimidation of the protesters," Attorney General Rokita said. "But Hoosiers will

not be silenced from speaking out in defense of their liberties, whether through direct participation in rallies or through contributing resources to fellow patriots staging the demonstrations."

Attorney General Rokita's team continues to investigate this breach and the subsequent use of the data. A Canadian hacker has claimed responsibility for this incident.

Anyone who believes their personal information has been compromised — through any type of breach or scam — should file a complaint at indianaconsumer.com or call Attorney General Rokita at 1-800-382-5516.

Education 'Reforms' Come At Volatile Time

Here's a pop quiz: What do Richard Lugar, Joe Donnelly, Mike Braun, and Todd Huston have in common?

Early in their public service careers, they served on local or parochial school boards. This is notable because there is legislation in the Indiana General Assembly - House Bill 1182 - that will politicize school board races, which are currently run on a non-partisan basis. "I think you can tell the difference between financial responsibility and moral character," said State Rep. J.D. Prescott, R-Union City, who is sponsoring the bill. "Having that on the ballot will help tell voters a little bit more about the candidate."

Newly-elected Hamilton County Republican Chairman Mario Massillamany, explained, "We will get involved in school board races. The Democrats have been running candidates the last six to eight years because they are non-partisan races. They help candidates behind the scenes. Those days are over."

And there's House Bill 1134 that would require teachers to post an outline of classroom curriculum materials by Aug. 1 annually, including textbooks, articles and surveys teachers plan to incorporate, as well as course syllabi. This is the so-called "critical race theory" legislation that became du jour in conservative politics this past year.

State Sen. Linda Rogers, R-Elkhart, offered an amendment on Wednesday that would narrow a list of "concepts" that lawmakers want banned from the classroom from eight to three, removing one that would forbid teachers from teaching that



BRIAN HOWEY
HOWEY POLITICS

students should feel guilt or discomfort based on their personal characteristics like race or national origin.

A similar bill - Senate Bill 167 - was pulled after its author, State Sen. Scott Baldwin, R-Noblesville, said that "we need to be impartial" when he comes to teaching Marxism and Nazism.

Baldwin quickly backtracked after he was flogged on late night shows: "Nazism, Marxism and fascism are a stain on our world history and should be regarded as such, and I failed to adequately articulate that in my comments during the meeting."

Indiana Democrats see HB 1134 as a key peg in what they call "culture wars" and the politicization of school policy. Party Executive Director Lauren Ganapini, said, "It's imperative that Hoosiers know that Indiana Republicans will do everything they can to use conspiracy theories and misinformation to politicize our classrooms just to influence elections."

While Hoosier school board races have been non-partisan, there is a long history of school boards seeking social change into the political realm. When Richard Lugar joined the Indianapolis School Board in 1964, he urged the board to embrace federal funding of school lunch programs,

something widely opposed by conservatives. The future mayor and senator also introduced and passed the "Shortridge Plan" that voluntarily desegregated public schools. It was quickly rescinded, leading to a federal desegregation busing plan that lasted three decades and induced "white flight" from Center Township into surrounding suburbs.

Since the pandemic arose in 2020, school boards have become a hotbed of unrest over masking, social distancing and virtual attendance. Several school boards have had to end public comment portions of their meetings.

These bills being considered by the General Assembly come at a critical time.

The pandemic has negatively impacted millions of students. According to 2021 analysis by McKinsey & Co.: "The impact of the pandemic on K-12 student learning was significant, leaving students on average five months behind in mathematics and four months behind in reading by the end of the school year. High schoolers have become more likely to drop out of school, and high school seniors, especially those from low-income families, are less likely to go on to postsecondary education."

USA Today reported that 60% of the current collegiate freshman class is female. This prompted Purdue President Mitch Daniels to ask in his annual letter to the university on Jan. 5, "Where are all the men?"

"There is nothing new about the phenomenon; it dates back at least three decades," Daniels continued. "What was new was the dawning realization that, in a knowledge econ-

omy where educational credentials and the skills that (theoretically) they confer are more and more essential, leaving half the population behind would be a problem for society. How ironic if, after a half-century of historic, overdue progress integrating women fully into the nation's economic, social and political life, we gave back the immense societal gains of that climb because men stopped holding up their end."

And, according to an annual Indiana State University survey reported by the Terre Haute Tribune-Star, 96.5% of participating Indiana school districts reported teacher shortages, the highest in the seven years of surveying school corporations. Said Terry McDaniel, ISU professor of educational leadership, "As a result, we are seeing educators being burned-out, scared, disappointed, and no longer enjoying the profession. We are also seeing fewer people entering the profession."

Lewis Cass School Board member Amy Miller resigned, telling the Logansport Pharos-Tribune, "Increasingly there has been pressure on the board to take a more partisan stand and that is concerning to me."

Reuters reported earlier this week that "local school officials across the United States are being inundated with threats of violence and other hostile messages from anonymous harassers nationwide, fueled by anger over cultural war issues."

There is great volatility in our education sector, and these reforms are poised to intensify them.

The columnist is publisher of *Howey Politics Indiana* at www.howeypolitics.com

Home Buyer Tip #1

Know what you can afford. The problem with viewing beautiful homes for sale online or on television, is that it shapes what you want in a home.

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Photos courtesy of Subaru



Photos courtesy of Subaru

2022 Subaru Forester Wilderness: Bred For Trails, Tamed For Suburbia

There's no doubt the 2022 Subaru Forester Wilderness is capable of tackling really challenging trails. My trip to Bend, Oregon last October for the press preview proved that. I think we hit every log road in the state and it demonstrated its substantial prowess. But, back in the real world, all of the upfitting for the back country pays dividends in suburbia with easy maneuvering and safe traveling.

Upon first glance, there's no doubt this is not the usual compact Forester crossover. Setting the Wilderness apart are black cladding around the wheels, lower body, and covering shaved bumpers that improve approach/departure angles. The hood's black anti-glare patch, 17" black alloy wheels wearing Geo-

lander all-terrain tires, and reinforced roof rack that can hold 800 lbs. of tent add purpose. The anodized copper accents look chic, but also hide attachment points. Look close and you'll notice an additional 0.5" of ground clearance. When snow comes, you won't worry about getting yourself to work or the kids to band class.

Environmentalist customers said they wanted a vegan leather option, so they get one with Subaru's StarTex upholstery that looks like leather and feels like suede, but wipes clean. Alloy pedals, Harman Kardon audio, and an extended-length sunroof add luxuries while automatic climate control, heated front seats, actual knobs for volume/tuning, and Apple/Android connectivity ease

driving. Rubber floor mats throughout, full-size spare with identical fifth black wheel, and LED light on the liftgate confirm this Forester is for extreme fun. Subaru's twin camera EyeSight system provides auto emergency braking, adaptive cruise, and lane centering for safety.

I was surprised at how enjoyable the Forester Wilderness. Those big tires grip trails, but also better absorb potholes and rough pavement. In town or on the highway, it provides a comfortable ride. The 182 horsepower flat-four engine provides plenty of power and 25/28-MPG city/highway, but lacks the oomph of the Outback Wilderness' turbo engine. I'm not a fan of continuously-variable transmission, but the Forester's keeps the engine

in a peppy rev range and can be manually shifted through eight "gears" with the paddles. Tow up to 3,000 lbs. of boats or RVs.

When we were out in Oregon, Subaru sent us on a combination of pavement, gravel roads, and near impassible trails. The updated suspension certainly clears obstacles better, but also reduces lean through fast corners. At several points, the X-Mode system, with settings for Snow/Mud that allow more wheel slip-page, simply shifted torque around without notice. There's more road noise and suspension harshness than in the Outback Wil-

2022 Subaru Forester Wilderness

5 passengers, AWD Crossover
 Powertrain: 2.5-L I4, CVT
 Output: 182 hp/176 lb.-ft.
 Suspension f/r: Ind/Ind
 Wheels f/r: 17"/17" alloy
 Brakes f/r: disc/disc
 Must-have features: Style, Performance
 Fuel economy: 25/28-MPG city/hwy
 Assembly: Gunma, Japan
 Base/as-tested price: \$32,820/\$34,165



CASEY WILLIAMS
Auto Reviews

derness, but the Forester Wilderness costs thousands less.

According to Subaru, 25% of Forester owners camp and more than 33% carry bikes. Subaru is second only to Jeep for people who actually go off-road. But, adventurous customers are unwilling to compromise on their vehicle's ability to get the kids to school, run errands to the mall, or

pick up dinner. In the end, Subaru delivered exactly that vehicle. It's also pretty affordable with an as-tested price of \$34,165. Competitors include the Toyota RAV4 TRD, Ford Bronco Sport, and GMC Terrain AT4

Storm Forward!

Send comments to Casey at AutoCasey@aol.com; follow him on YouTube @AutoCasey.

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Non-Hodgkin Lymphoma And What You Need To Know

One of my patients asked me recently what lymphoma is. My knowledge of the subject was a bit dusty before I started researching this column. Medical knowledge of non-Hodgkin lymphoma has rapidly evolved over the last decade or so. It is a very interesting disease and a type of cancer that is illustrative of where cancer treatment in general is heading in the years to come.

"Lymphoma" is a broad term used to describe a large number of "lymphoid neoplasms." A neoplasm is an abnormal growth of cells that can be benign (not usually dangerous to one's health) or malignant (cancerous). Lymphoid neoplasms are composed of cells found in the lymph system. This system is responsible for filtering tissue fluid and killing foreign substances in our bodies, particularly infectious agents.

The lymph system contains two types of spe-



JOHN R. ROBERTS, M.D.
Montgomery Medicine

cialized cells that can kill or remove these foreign agents, either directly (T cells), or indirectly (B cells). B cells produce antibodies that bind to the foreign substances to assist in their removal from the body. When B and T cells multiply out of control, it results in different types of lymphomas.

The various types of lymphomas are named using a complex classification system based on cell morphology (what they look like) and lineage

(their genetic makeup). Lymphomas are broadly classified into Hodgkin and non-Hodgkin lymphomas (NHL). Non-Hodgkin lymphoma is further divided into B-cell and T-cell types. B-cell lymphomas account for about 80% of NHL.

Medical oncology used to make a clear distinction between solid tumors (lymphomas) and tumors comprised of cells circulating in the blood stream (lymphoid leukemias). Now that we have more sophisticated testing methods, particularly genetic testing, it's becoming more clear that these neoplasms can have both solid and circulating components. This makes it even more confusing to describe the multitude of lymphoma types.

Non-Hodgkin lymphomas account for about 4% of all cancers and we expect to see about 80,500 cases in 2022. These lymphomas are about one and a half times

more likely in men than women. NHL caused about 20,000 deaths last year. It is more common in Caucasians, and is usually diagnosed after age 50. The five-year survival of patients with NHL is about 73%.

Interestingly, specific types of NHL are more common in certain geographic areas around the world. A person's lifetime risk of developing NHL currently is a little over 2%. However, the risk has been increasing about 3% a year over the last 40 years. This rise is likely due to improvements in diagnostic testing and new classification systems that include people who were previously felt to have benign disease. Our aging population, use of immunosuppressive drugs, transplant medicine and HIV infections have also been implicated in the increasing number of cases.

Most NHL is caused by the physical rearrange-

ment of various parts of our chromosomes that contain our DNA. Certain occupations carry an increased risk of developing NHL. These include farming, pesticide application, flour milling, meat processing, painting, and those who work with rubber, plastics and other synthetics. Exposure to herbicides, solvents, petroleum products and organic chemicals like benzene & carbon tetrachloride (dry cleaning fluid) also increase one's risk.

Symptoms of NHL can be highly variable. The most concerning, and those that often carry a poorer prognosis, include fevers, drenching night sweats, and weight loss. These are all termed "B symptoms." Swollen lymph nodes (including the liver and spleen) are another ominous sign. Some people present with shortness of breath, chest pain, cough, and abdominal or bone pain.

The diagnosis of NHL usually involves blood tests, various radiologic imaging procedures (X-rays, CT scans, MRI, PET scans) and biopsies of suspicious lesions. It may also include examination of the bone marrow. Diagnosis and classification involves a lot of testing to identify the genetic signature to nail down the specific type of NHL. This makes NHL one of the leading examples of how genetic testing is being used in modern day cancer treatment. This is the future of medicine - determining the genetic makeup of cancer cells to try and determine what chemotherapy or biologic treatments will offer the best chance at remission or cure.

Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine as well as the Deputy County Health Officer in Montgomery County.

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Durham Home, Inc. Continues Scholarships For Montgomery County High School Seniors

Scholarship applications are now available for Montgomery County high school seniors, sponsored by Durham Home, Inc. One scholarship per county high school district will be awarded to a female accepted as a freshman to a college or university in the state of Indiana. Applications are available from guidance counselors at the three Montgomery County high schools. Home schooled students should complete an application from the high

school district in which they reside. "We are thrilled to offer this scholarship for another year and to increase each reward amount to \$2,500," said Lucy Moody, Executive Director of Durham Home. "The Sarah Durham Scholarship will provide financial assistance to three deserving young women in Montgomery County who desire an academic degree. It is an honor to carry on Sarah Durham's

legacy of helping women of all ages especially high school senior girls who want to learn, grow and achieve higher goals for themselves and create a better world for others." Durham Home in Crawfordsville offers exceptional living in a historic residence for active and independent women. Residents enjoy private bedrooms, prepared meals, and housekeeping in a beautiful, quiet home. Durham Home is the former residence of

civic leaders Sarah E. and George T Durham. Sarah had a vision of providing a luxury residence for women, and therefore left provisions for her home to become Durham Home after her death. The home opened to residents in 1944 and is currently managed by Moody, along with Director Emeritus, Shirley O'Neill. More information about Durham Home, Inc. may be found at www.durhamhome.com

Don't Let Anyone Tell You Being The Official Town Dog Is Easy



Slim Randles
Home Country

Want MORE HOME COUNTY?

In The Paper of Montgomery County. Slim is out of Albuquerque, N.M. and his writing is enjoyed all over the country.

I don't mind Boots. He just curls up quietly against my belly and stays put. But sleeping with Desdemona can be a bit unnerving. She snores. Sometimes she gets little bad dreams and scratches me, too. But hey, I get to come in out of the cold and sleep with Aunt Ada's cats on her sofa, and a guy can tolerate a certain amount of cat snoring for that.

I was glad when I heard Aunt Ada puttering in the kitchen because I knew it was time to get up. After she let me out, she fed me, and let me tell you ... that kibble was just as good this morning as it was yesterday. And then she petted me, called me her dear Billy, and let me out to do my rounds.

Don't let anyone tell you being the official town dog is easy. Nossiree. First, there are the kids. Me and Martin, the crossing guard, have to see them safely across the street and to school each morning. Must be band day, because I see a lot of instrument cases. Martin gets smiles from the children. I get smiles AND ear rumples, so what do you think of that!

Once those kids are safely across, the time is pretty much my own until the final bell rings in the afternoon. That would be after I get snacks at the back door of the Mule Barn and after my nap curled up against the brick wall of the drugstore downtown. You ever notice how those bricks hold the sunshine in them? Better than that white wall on the newspaper office.

This is a good day to stop by the Rest of Your Life retirement home and check on Pop Walker and Mabel Adams. Oh, I make the rounds and check on everybody, of course, but I have to admit those two are my favorites.

If today is band day at school, tomorrow will be sale day at the sale barn at the edge of town. That's when the men bring their dogs in from the ranches to look at cows. They yell and talk funny. Not the dogs, of course. Getting your sniffing up to date is always a good thing.

Love, Billy

Brought to you by the horses and other animals from their forever home at Masleña Rescue. Help feed one or two at www.masleñarf.org.

DHS Celebrates EMA Appreciation Week

Indiana Governor Eric J. Holcomb has proclaimed Feb. 20-26 as EMA Appreciation Week, honoring those county-level emergency managers who work around the clock to protect their communities from disasters.

EMA appreciation week

Indiana Department of Homeland Security (IDHS) celebrates this week by shining a spotlight on the many faces that work behind the scenes to mitigate and respond to disasters. These EMAs work closely with IDHS to share information, train and exercise emergency response.

Most recently, emergency managers were on the clock as Winter Storm



ries, watches or warnings to guide Hoosiers in their decision to travel in the storm.

"Emergency Managers were in constant contact with the State Emergency Operations Center. While IDHS was able to assist if needed, emergency managers were in full control of what was happening



Governor Eric J. Holcomb

in their counties and initiating the assistance needed by their communities. It was an impressive effort by everyone to dig Indiana out from Winter Storm Landon," said Mary Moran, IDHS emergency management and preparedness director. "They are the reason Indiana communities were able to return to normal so quickly after

the storm. They'll also continue to work on long-term recovery."

Throughout the week, IDHS will be highlighting emergency managers across the state and asking them why they enjoy serving Hoosiers. Follow IDHS on Facebook, Twitter and Instagram to learn about the emergency managers serving your county. For more information about EMA Appreciation Week, visit the IDHS website.

To learn more about the EMA in your county, you also can visit the IDHS State Contact dashboard on the IDHS website.

2022 marks the third time Holcomb has issued a proclamation to honor emergency managers in Indiana.

Meeting Notes

UNION TOWNSHIP TRUSTEE
MONTGOMERY COUNTY, INDIANA
TUESDAY, FEBRUARY 22, 2022
5:30 P.M.
UNION TOWNSHIP TRUSTEE'S OFFICE

- 1311 DARLINGTON AVENUE CRAWFORDSVILLE, IN 47933
- I. CALL TO ORDER - President Dennis Hohlbein
- II. APPROVAL OF MINUTES
- A. January 4, 2022
- III. OLD BUSINESS
- A. Approval of Con-

- tract of Sale for Chassis for Fire Department
- B. Approval of Contract for Emergency Equipment for Fire Department
- IV. NEW BUSINESS
- C. Approval of 2021 Annual Report
- V. OTHER BUSINESS
- A. Revised Financial

- Officer's Report (as of December 31, 2021)
- B. Account Balance Sheet (as of December 31, 2021)
- VI. NEXT MEETING
- VII. PUBLIC COMMENT
- VIII. ADJOURNMENT
- (Agenda Subject to Change)

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'Heart' Your Heart This February During American Heart Month

While February is a month to celebrate love, it is also a time to bring awareness to the heart in your body. This month marks American Heart Month, a time when all people can focus on cardiovascular health. With the ongoing pandemic and continuing effects of COVID-19, it is even more important now to be proactive with your heart health and to show your heart some love.

How Do I Know If My Heart is Healthy?

The first step is an annual physical exam. Even if you do not suspect there is an issue, these exams use screenings and lab tests to ensure your heart is healthy. The exams help gauge your heart-health numbers, such as blood sugar and cholesterol levels, and serve as important preventive measures. If you are experiencing symptoms such as shortness of breath, chest pain, arm pain or a sudden change in your ability to exercise, you should schedule an appointment

with your provider.

It is also important to evaluate the factors that drive heart disease. Glucose, total cholesterol, triglycerides, body mass index (BMI) and weight are important factors that should be tracked on a regular basis. Finally, it's important to examine your family history. There are several hereditary conditions such as diabetes, high cholesterol and high blood pressure that can increase your risk for heart disease. Utilizing resources like the American Heart Association can help you determine your heart-health numbers and find out if you're at greater risk for heart disease.

What Can I Do to Improve My Heart Health?

There are several preventative measures for keeping your heart healthy. Following a healthy diet – such as avoiding foods with high saturated fat, large amounts of sodium or high amounts of sugar – can help maintain a healthy heart. It is also



important to avoid a sedentary lifestyle and incorporate activity on a daily basis. Even if you can get a little exercise each day, such as a walk outside or an at-home workout, it will help keep your heart in shape. Finally, I recommend avoiding smoking, and if you are an active smoker, consider quitting. According to the Centers for Disease Control and Prevention (CDC), smoking is a major cause of cardiovascular disease (CVD) and causes one of every four CVD deaths. If you are looking to quit smoking, the Indiana Tobacco Quitline is a great resource to learn about the importance of quitting and to discover helpful tips in starting the quitting

process.

How Do Heart Disease Symptoms Vary Between Men and Women?

Many people wonder whether your gender affects your chances of heart disease. While both men and women can experience chest pain, the degree of the pain and the likelihood of other symptoms may vary. Women may experience symptoms that are more subtle or not chest-related, such as jaw pain and indigestion, and should pay particular attention to any unusual symptoms and get them checked out.

In addition, we also know that people of color are at a greater risk for heart disease. According to the U.S. Department of Health and Human

Services Office of Minority Health, in 2018, African Americans were 30% percent more likely to die from heart disease than non-Hispanic whites. Your health care provider is the best resource to discuss your unique health picture and make recommendations.

How Are Heart Health and COVID-19 Related?

The pandemic has undoubtedly increased our focus on our overall health and well-being. With the increase of people working from home and living a more sedentary lifestyle, people are less likely to go to the gym and maintain a robust exercise routine. Additionally, mental health can play a large role in your physical health. A report from the CDC shows that mental health is associated with risk factors for heart disease even before the diagnosis of a mental health disorder. It is especially important to focus on fostering positive mental health during the continued era

of COVID-19, and if you do have comorbidities such as diabetes, lung disease or heart disease, you are at a higher risk for COVID-19 infections and are more likely to be hospitalized.

How Can CareSource Help?

CareSource is passionate about helping our community and connecting them with specialists. Our care managers are eager to help coordinate care by providing annual exams, screening labs, electrocardiogram (EKG) or stress tests, and even connecting patients with nutritionists. CareSource also has a disease management program where we provide literature to educate and empower patients dealing with heart disease. Additionally, CareSource has a robust tobacco cessation program for patients to receive counseling and cessation products. To explore your options and start prioritizing your heart health, visit www.caresource.com.

WABASH From Page A1

Novak, Professor of Chemistry and co-Principal Investigator, will lead a three-year effort to develop new methods for controlling protein levels in the roundworm, *C. elegans*, using the LOCKR (Latching Orthogonal Cage Key pRoteins) method, which could lead to insights into life processes and disease states.

"We are excited to create and develop this new research team that

will be led by undergraduate scientists," said Sorensen-Kamakian. "This work is a fantastic opportunity to show our students how scientists collaborate and leverage each other's expertise to tackle complex scientific problems. Our long-term goal is that this work will set the stage for use of the LOCKR system in other animal models."

LOCKR can be programmed to modify gene expression, leading to

multiple applications like new therapies for cancer, autoimmune disorders, and other diseases. Using LOCKR in this study gives researchers a reliable protein control method with tissue specificity, and the ability to independently control multiple genes at various time points in development. This project applies computational design, biophysical analysis, and experiments in the roundworm using gene

editing (CRISPR-Cas9) to fuse LOCKR to genes of interest.

LOCKR's flexibility and its ability to control signaling pathways and cellular targeting could support biologists seeking to produce new and lifelike systems. The use of LOCKR in roundworms like *C. elegans* sets the foundation for its use in other more complex organisms.

The results of this study will be shared by

the project team through presentations and publications. *C. elegans* strains and DNA constructs from the study will be deposited at the Caenorhabditis Genetics Center and Addgene, a scientific non-profit repository that shares research materials, respectively.

The NSF is an independent federal agency created by Congress in 1950 "to promote the progress of science; to

advance the national health, prosperity, and welfare; to secure the national defense." The NSF is vital because it supports basic research and people to create knowledge that transforms the future. With an annual budget of \$8.3 billion, the NSF is the funding source for approximately 25 percent of all federally supported basic research conducted by America's colleges and universities.

BUTCH From Page A1

opponent could stop them!

Dan had the ability to know who was open, and he was able to deliver the ball to anyone on the court. But he also had the "soft touch," averaging 18 points per game during his last two years, in addition to hauling in an average of 15 rebounds per game! In fact, during a game against Granville Wells, Dan scored 33 points and grabbed 30 rebounds... amazing! His most memorable game, however, was when the Indians defeated Speedway in the final game of the Sectional at Lebanon in 1969 to claim the championship... the greatest victory in Darlington basketball history... and no, they could not have done it without Dan Nichols. In



Photo courtesy of Butch Dale

Dan Nichols

1970 he was voted as the team MVP, along with Rich Douglas, who was Darlington's all-time leading scorer. Dan led the team his senior year in rebounds, assists, and field goal percentage, also being named to the All-County, All-Sectional,

and All-Regional teams.

Many colleges had their eyes on Dan upon graduation, and he ventured south to play for the University of Evansville. During his freshman year, he started at forward and was the team's leading rebounder. Because of knee surgery, Dan had to lay out his sophomore season. In his junior year, Dan tore a ligament in his ankle, and that unfortunately ended his playing career with the Purple Aces.

Dan taught and coached high school for a few years, and then entered the business world, working for Lithonia Lighting here in Crawfordsville before transferring to their facility in Georgia. Sadly, Dan had some health problems later in

life, and he passed away in May of 2020 at the age of 67. Being a Darlington graduate myself, I compiled a book several years ago, which has all of the players listed, along with their accomplishments. And I can say this with no uncertainty, Dan "Dan-O" Nichols was the greatest center to ever play for the Darlington Indians. In 1971, Dan was named by voters in Montgomery County to the All-Time Modern team as one of the best to ever play the game.

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

JOBS From Page A1

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MARLOWE From Page A1

Deere 4440.

In this age of high-tech agribusiness, the most sophisticated piece of technology he owns is his smart phone. He owned a flip phone until 2019, when his wife made him upgrade, because the hinges on the phone broke off, causing him to "pocket dial" her accidentally throughout the day.

He goes to church every Sunday.

He is generous with his treasure. I personally have seen him seek out a local landlord in order to pay — anonymously, of course — the back rent for a single mother of two. He had heard she was having trouble paying her rent, running the risk of eviction. Heck, he even loaned me a sizable chunk of money long ago, of which I'm making payments — once a decade or so. He never says a word about it when I see him.

He does let a curse word fly every once-in-

awhile, when he cracks his knuckles on something he's working on, but even then it seems appropriate for the occasion. The last time he blurted one out in public, his 96-year-old mother, who still lives with the Farmers, sent him to bed with-out supper.

By all accounts, he is the salt of the earth he farms ... and the IRS hates him.

Seven months ago, out of the blue, he received a letter from the IRS, demanding that he pay \$23,129, because — he failed to pay his taxes in 2019. He had ten days to make good ... or else.

Now, you have to understand that the last time Mr. Farmer was so much as late with a tax payment was when President Nixon resigned office in 1974. Mr. Farmer believed there was a good chance that the government might not even exist by the time his check got there.

Sure enough, a quick examination of his personal records, revealed that all was paid. He even had the canceled checks, endorsed by the IRS proving receipt. Problem solved, he thought.

He called the toll free IRS number listed on the demand notice for appeals and disputes, and the automated phone system explained that "because of significant staffing shortages" his call would be answered in FOUR HOURS!

Well, since \$23,129 divided by four hours is still a considerably large sum of money, Mr. Farmer stuck it out. He was assigned a case number and a case manager — Mrs. Sims — beginning a relationship outlasting many marriages.

Mrs. Sims, evidently unaware that some people do pay their taxes on time, had difficulty understanding Mr. Farmer's complaint. Finally, Mrs. Sims grasped the issue.

"Yes, now I do see that you made the payment, Mr. Farmer," she assured him. "I will take care of that here. We are always here to help you."

Two weeks later, Mr. Farmer received notice in the mailbox that if he didn't pay \$23,129 in ten days the IRS has the authority to remove the amount from his bank account without announcement or further indication.

For Mr. Farmer, few things are more immoral than touching another man's money. He was quickly on the phone, enduring another four hour wait to talk to Mrs. Sims. "Don't forget, we are always here to help you," she said. This time she directed Mr. Farmer to send copies of the canceled checks to an IRS address, and that would solve the issue for good.

Two weeks later, Mr. Farmer received notice that his account was paid. However, the letter explained, he was still

responsible for the \$5,344 he owed in interest and penalties — on taxes he didn't owe!

Mr. Farmer was furious, and was on the horn again to Mrs. Sims. This time the wait was seven hours, but if he liked, he could call when the IRS opened in the morning at 7:30 AM.

At 7:33 AM Mr. Farmer called, and the automated phone system explained that there were only 356,345 callers ahead of him in the phone queue!

Two hours later, Mrs. Sims — who Mr. Farmer describes in his notes documenting his calls as "stupid, with a willingness to help" — confirmed that the canceled checks were indeed received and in the system. She assured Mr. Farmer that she would personally transfer monies manually, thereby crediting his account properly.

"We are always here to help you," she echoed.

Two weeks later,

Mr. Farmer received another IRS notice in the mail. This time the letter demanded that he pay \$32,493, because he failed to pay his 2020 taxes! Somehow, Mr. Farmer figures, in discharging his 2019 taxes, the IRS transferred monies assigned to his 2020 taxes.

Wednesday, Mr. Farmer called the Taxpayer Advocate Service. The independent unit of the IRS was established by Congress in 1979 to advocate for taxpayers who run afoul of the IRS bureaucracy. Mr. Farmer didn't like playing tough, but this was getting ridiculous.

After waiting two hours on the phone, a familiar voice came on the line. "This is Mrs. Sims. I'm away from my desk, and won't be back until Monday. We are always here to help you."

John O. Marlowe is an award-winning columnist for Sagamore News Media.