

➔ TODAY'S VERSE
John 10:10 The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

➔ FACES OF MONTGOMERY
People who call our community their own.



Calab Chastain and Ava Schultz were kind enough to offer nice smiles for one of The Paper's roving photographers. Many thanks!

➔ THREE THINGS You Should Know:

1 Join The Arts Federation and area grade school students for the annual Youth Art Month exhibition and Kickoff Celebration on March 4 from 5 - 7 pm. This exhibition joins celebrations happening all around the U.S. and showcases the work of students in grades K - 8. Artwork for this exhibition is selected by school arts teachers, and the exhibition will be on view March 4 - 25, 2022. If you'd like more information about Youth Art Month, contact Ann Fields Monical at TAF. TAF Gallery Hours: Monday - Friday, 9 am - 5 pm

2 The sign of a successful local saloon is its ability to win loyal patrons year-after-year, century-after-century, says the Association of Mature American Citizens [AMAC]. One such establishment in the U.K. has been attracting steadfast regulars for 1,229 years -- Ye Olde Fighting Cocks pub in St. Albans, England. The pub opened its doors for the first time in the year 793 and managed to survive the plague known as the Black Death that ravaged England in the mid-1300s. But, alas, the pub was apparently unable survive a more recent plague better known as COVID-19. Manager Christo Tofalli says: "the past two years have been unprecedented for the hospitality industry and have defeated all of us who have been trying our hardest to ensure this multi-award-winning pub could continue trading into the future."

3 Indiana's finest young musical talent will be on full display at Hilbert Circle Theatre on Saturday, March 5 for the Michael Ben and Illene Komisarow Maurer Young Musicians Contest Winners Concert. The concert features the 2020 and 2021 Maurer Young Musicians Contest Winners in concert with the Indianapolis Symphony Orchestra. The Maurer Young Musicians Contest, which is organized by the Indianapolis Symphony Orchestra Association, encourages accomplished young Indiana musicians (through grade 12) to set and achieve goals of technical and artistic excellence by providing an opportunity to perform in a competitive setting. ISO resident conductor Jacob Joyce leads the orchestra for this exciting performance.

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BTN By The Numbers, a look at what's in the news . . . by the numbers. These are just numbers, not suggestions that they mean more or less than what they are. We do not suggest that one number is connected to another. These are simply facts with no extraneous details, bias or slanted reporting. To borrow (and perhaps mangle a bit) a quote from legendary fictional detective Joe Friday, it's just the numbers, ma'am!

INTERNATIONAL



PAPER



If you're tired of being cooped-up because of COVID and just want to spend two hours laughing hysterically, get tickets for the Wabash Theater Department's production of **The 39 Steps**, which opens February 23 and runs through 26 with performances at 8 p.m. each evening. Tickets are free and can be reserved through the Fine Arts Center Box Office.

International Paper is growing in Crawfordsville. The company announced that it is expanding its local plant to operate around the clock. In addition, International Paper is adding **50** jobs to support the additional operating hours. Those jobs will be in production, maintenance and supervision.



\$470,000

Wabash College professors Erika Sorensen-Kamakian and Wally Novak received a nearly \$470,000 grant from the National Science Foundation (NSF) to study the impacts of protein level control on human development and disease.

1002 The Indiana Chamber of Commerce is calling on Indiana Senate Majority Republicans to restore the tax reductions in House Bill 1002 that would benefit all taxpayers. In a recent committee meeting, the Senate group removed all the tax relief from the legislation, which is a top priority of House leadership and the business community.

1,679,591 According to the Indiana State Department of Health on Friday, that's how many Hoosiers have been diagnosed with the virus.

10,593 Number of COVID-19 cases found so far in Montgomery County, according to the State Health Department.

78,595,529 According to the CDC, that's how many Americans have been diagnosed with the virus.

21,858 How many Hoosiers have died because of this pandemic.

157 How many people in Montgomery County who have lost their lives to the pandemic.

939,654 How many Americans have lost their lives to the pandemic.

➔ HONEST HOOSIER
So long February!



➔ TODAY'S HEALTH TIP
When you read a food label, make sure you determine how many servings are in the package. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



➔ OBITUARIES
NONE

The Paper appreciates all our customers. Today, we'd like to personally thank Barbara Robinson of Crawfordsville for subscribing!



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➔ TODAY'S QUOTE
"If what you did yesterday seems big, you haven't done anything today."
Lou Holtz

➔ TODAY'S JOKE
What do you call the horse who lives next door?
Your Neighbor!

The Daily Almanac

Sunrise/Sunset
RISE: 7:22 a.m.
SET: 6:38 p.m.



High/Low Temperatures
High: 42 °F
Low: 24 °F



Wacky Holiday Today

- International Polar Bear Day
- National Strawberry Day



What Happened On This Day

- 2010 A massive earthquake strikes Chile
- 1932 The neutron is discovered



Births On This Day

- 1932 Elizabeth Taylor English/American actress
- 1934 Ralph Nader American lawyer, author, activist

Deaths On This Day

- 2011 Frank Buckles American soldier
- 1989 Konrad Lorenz Austrian zoologist, Nobel Prize laureate

13 WTHR 7 DAY FORECAST

26/32 WETTER AND CLOUDY FRI	18/36 SUNNY AND DRY SAT	24/44 SUNNY AND REASONABLE SUN	22/48 MOSTLY SUNNY MON	25/50 BREEZY AND MILD TUE	30/56 BREEZY AND MILD WED	33/48 WINDY AND WARMER THU
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Adequate Accommodations



Carrie Classon
Columnist

Want MORE?

Carrie Classon's memoir, "Blue Yarn: A Memoir About Loss, Letting Go, & What Happens Next" is available at Amazon, Barnes and Noble, and other fine stores. Learn more at CarrieClasson.com.

"I can always sleep in my rain jacket," my husband Peter announced.

Vacationing in rental homes is usually a bit of an adventure. We don't need luxurious digs, and instead look for apartments offering a hefty discount if we stay for a full month.

We did this three years ago in Pamplona, Spain. The apartment required climbing six flights of stairs, but it had a great view of the city—because we were right in the center of it. Only at night did this become a problem, as we discovered that the residents of Pamplona didn't have dinner until 9 o'clock and really didn't get going until midnight. It was loud. There was drunken singing and bottle-smashing and hollering seven nights a week. Miraculously, the streets were swept clean by morning. The next night, it began all over again.

"Let's stay a little more out of the way next year," Peter suggested.

The next year we stayed in a little village in Spain. The apartment was described as "cozy," which every Realtor everywhere will tell you is code for "tiny," but it was historic and on a quiet street and we were only two people. How bad could it be?

It turns out that, several hundred years earlier, this apartment had provided very adequate accommodations for cows—who were quite a bit shorter than Peter. Peter spent the entire month ducking his head as he went from room to room and, inevitably, missing a few times. The bathroom was located up a very narrow and impossibly steep flight of stairs. Peter started taking a hiking pole with him to the bathroom at night for security. I would hear "Tap! Tap! Tap!" and know Peter was beginning his harrowing ascent to the bathroom.

"Let's get a little bigger place next year," Peter suggested.

The next year's trip did not happen, but this year we are staying in

the mountains of Mexico and got an especially terrific discount—because we rented it a year in advance, at the height of the pandemic, hoping things would work out. We thought others might join us but no one did, so Peter and I are rattling around in an enormous three-story home—like pennies in a jar. We'd booked it because the location is ideal and the pictures were lovely, showing little gas fireplaces in every room.

When we arrived, we were told how to turn on the television and the Wi-Fi, but no mention was made of the charming gas fireplaces.

"How do we light these?" I asked the property manager.

"You don't," he said. "If you are cold, there are extra blankets."

Before I had time to ask anything further, he left. For the first few days, this didn't seem as if it was going to be a problem. Then it got cold—not below freezing, but fairly close.

That's when Peter's rain jacket came out.

I was already in bed, wearing a puffer jacket when Peter donned his bright green jacket, hopped into bed, and turned off the lights.

"I wonder how many people have slept in their rain jacket?" Peter wondered aloud.

"Oh, I imagine the folks who climb Mount Everest and camp on the North Pole do. It's an elite crowd," I assured him.

Peter started to laugh, and his jacket made crinkling noises as he did.

"We came here to escape the cold, as I recall," he said.

And we did. But, more than that, we came to do something new, to see another part of the world, and to experience life in a different way.

And we are. Till next time, Carrie

Carrie Classon's memoir is called "Blue Yarn." Learn more at CarrieClasson.com.

Spring Cleaning: Is Your 'Junk' Worth A Fortune?

(StatePoint) If your family is like most, you have "junk" in your basement, garage or attic, such as sports cards, memorabilia and toys. Before you toss them out during spring cleaning, consider that the prices of sports cards, games and other ephemera are skyrocketing.

How can you determine if your stuff is valuable and, if it is, how can you sell it?

A widely accepted rule for sports cards, memorabilia and toys is that older items are worth more. However, these days even more recent items are also commanding high prices.

"Vintage sports cards from the early periods of a sport are almost always highly collectible, especially of Hall of Famers," says Al Crisafulli, Auction Director at Love of the Game Auctions, an internet sports and memorabilia auction that helps families sell collectibles. "But don't assume sports

cards or other memorabilia have to be old to be valuable. Modern cards of such stars as Tom Brady, Mike Trout, LeBron James, Michael Jordan, Derek Jeter and others can sell for lots of money."

He is offering tips to help determine if your belongings are valuable:

Older Sports Cards
Cards from the 1960s and earlier are collectible, and those from before the 1940s can be extremely valuable. Big-name Hall of Famers like Babe Ruth, Ty Cobb, Lou Gehrig, Honus Wagner, Mickey Mantle and others bring high prices.

With old cards from the 1880s and early 1900s, look for tobacco and candy brands, such as Old Judge, Piedmont, Sweet Caporal or American Caramel. Really old Sports memorabilia from the 19th and early 20th Century, such as photographs, postcards, bats, gloves and balls are also collectible.

When opting to sell sports items, consider a specialty auction, such as Love of the Game, which has the expertise to professionally research sports items and maintains lists of bidders specializing in this area, to get top dollar. More information is available at loveofthegameauctions.com.

Modern Cards
Prices on recent baseball, basketball and football cards have risen rapidly. The three keys are condition, star power and cards from early in player careers.

Do you have major current stars, like Mike Trout, Patrick Mahomes, Tom Brady and LeBron James? Or do you have greats from the recent past, like Michael Jordan, Kobe Bryant, Magic Johnson, Derek Jeter or Joe Montana?

Check if your cards are denoted as Rookie, Prospect, Draft Pick or other indicators they're from a player's first season.

And condition is king, as cards that look pack fresh with sharp corners and a well-centered image command highest prices. Additionally, unopened packs and boxes from almost any year can be valuable.

Memorabilia
Do you have old advertising posters depicting sports stars or famous entertainment personalities together with food, tobacco or sporting goods brands. Many original signs, store displays and promotional items are collectible, especially those dating from the early 1900s into the 1960s. But low-quality reproductions aren't. Look for memorabilia spotlighting sports heroes, superheroes, early Walt Disney characters and Star Wars subjects.

So, while you're spring cleaning that attic, basement or garage, don't rush to the garbage. Before throwing out old "junk," determine if it's valuable!

WABASH COLLEGE

CAMPUS DRIVER

Wabash College seeks candidates who wish to be a campus driver. Campus Drivers perform work in the operation of a vehicle to assure safe transportation of clients to and from various destinations and to assist clients on entry and exit from vehicles as necessary.

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Exemption status: Non-Exempt
Payroll status: Hourly

Duties: This position requires an employee to drive a vehicle (car, minivan or 12 passenger van) over a scheduled route to transport individuals to and from their desired locations. Additional responsibilities include maintaining a variety of records, such as; time and date, record mileage, and record of passenger names. Independent judgment must be exercised in handling unusual situations arising with passengers. Employees receive direction and are supervised by the Travel Coordinator. Work is reviewed through observation and review of records.

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Thank You for Reading The Paper!

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Hodgkin Lymphoma And What You Should Know

Last week I tried to explain the very complex non-Hodgkin lymphomas (NHL). This week I want to cover Hodgkin lymphoma, more commonly known as Hodgkin's Disease (HD). It gets its eponymous name from Dr. Thomas Hodgkin who first described it in 1832.

Hodgkin's is a potentially curable malignant lymphoma that carries a much better prognosis than non-Hodgkin lymphomas. It is a very specific type of lymphoma, defined by its microscopic appearance and by specific proteins that are found in the cell membranes of the tumor cells.

We expect about 8,500 new cases of Non-Hodgkin lymphomas to be diagnosed this year. The death rate from this cancer is declining due to improved treatment. The disease has what is called a bimodal age distribution, with occurrences between



JOHN R. ROBERTS, M.D.
Montgomery Medicine

the ages of 15 and 34 and another in those over age 55. Most patients, if not cured, usually die from HD much later in life. Hodgkin's is more common in Caucasians and slightly more common in men, except in childhood where 85 percent of the cases are found in boys.

The cause of HD is unknown. It's hypothesized that a viral infection, perhaps Epstein-Barr virus (EBV) may cause HD.

Epstein-Barr virus causes mononucleosis (mono). EBV is found in half of HD tumors in people with normal immune systems and all of the tumors in people infected with HIV. One percent of people with HD have a family history of the disease. Siblings of a person with HD are about three to seven times more likely to develop HD themselves.

Symptoms of HD are very similar to those of non-Hodgkin lymphomas. About 40 percent of patients develop B Symptoms (weight loss, fever and drenching night sweats). Hodgkin tumors are frequently found in the chest. Patients may therefore present with chest pain, cough and shortness of breath. Most patients present with enlarged lymph nodes in the neck (60-80%), armpits (6-20%) and less commonly, the groin. Patients may also present with an

enlarged liver or spleen.

The diagnosis of HD is made by doing blood work and radiologic studies. A definitive diagnosis of HD can only be made by removing involved lymph nodes for microscopic examination. A simple chest X-ray may show a tumor. If the diagnosis is suspected, a CT scan of the chest, abdomen and pelvis are usually ordered to look at the internal lymph nodes.

More recently, the standard test for the diagnosis and staging of HD is the PET/CT scan. PET stands for positron emission tomography. These scans are performed by tagging sugar molecules with a radioactive tracer. Since cancer cells require a lot of energy, they take up a larger proportion of the tagged sugar molecules. This results in increased radioactivity in the tumor that is detected using a special camera. This information, combined with

standard X-rays from the CT scan, is very specific for determining how extensive the HD is.

I mentioned staging. This is something that is done in cancers to describe how extensive the disease is. This is very important for determining treatment and prognosis. The staging of HD can vary from stage I (found in one lymph node area) to stage IV (found in many areas or involving other organs or the bone marrow). The presence or absence of B symptoms is also part of the staging of HD.

The five-year survival rate with stage I and II disease is about 90percent, while stage III carries an 84percent survival and stage IV roughly 65percent. Patients who have very large "bulky" disease, greater than three sites of involvement, B symptoms, or disease outside the lymph nodes have a worse prognosis.

Hodgkin lymphoma is considered curable. The goal of treatment is to induce a complete remission where there is no evidence of disease as evidenced by PET/CT, physical exam and lab studies. Treatment usually involves a combination of chemotherapy and radiation. These treatments can potentially cause long-term toxic effects. Newer combinations of chemotherapy are much less toxic than those used just a few years ago. Still, patients can develop heart disease, lung disease, thyroid problems, and other cancers (lung, breast & leukemias) as a result of treatment. The treatments can also reduce fertility.

Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine as well as the Deputy County Health Officer in Montgomery County.

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Photos courtesy of BWN

2022 BMW X3 M Competes For Your Crossover Attention

It's a conundrum. Do you buy the fast obnoxious sport coupe or a proper luxury crossover for your family? On one side of the driveway, you want a car that can provide weekend thrills and elevate your standing in the corporate carpark. On alternate concrete, though, you really need space and comfort when taking little Cooper and Aurora to piano lessons or for a week away to Grandma's. Freeing space in your garage will be easy since the 2022 BMW X3 M Competition can do all of this – and do so with style that demands attention.

It gets it too, even when sitting still. This starts with the matte Frozen Marina Bay Blue Metallic paint that should be hand-washed, but draws eyes towards its larger grille, thinner LED headlamps, and aero-tuned air breathers on the front fenders.

Black accents and 21" competition wheels give it a more sinister look while quad exhausts poking through the rear bumper wave good-bye.

Interiors are more welcoming, but clearly crafted for spirited travel. Sueded contrasting color M Sport seats are unique to the Competition Package and look like they'll grip you, your mother, and all of your offspring on curvy roads while keeping them comfortable with heated cushions front and rear. A thick heated steering wheel M stitching, lustrous carbon fiber trim, and tri-zone automatic climate control add panache. Check the red, white, and blue M stripes on the seatbelts too.

A full technology suite keeps everybody entertained and safe. Apple CarPlay and Android Auto ease device connections to the standard

Harman Kardon audio system. BMW still employs its console joywheel-based iDrive infotainment system and all of its deep menus, but it's easier to navigate with a dash touchscreen. Gesture with your finger in the air to change volume or tracks and configure the flatscreen instrument display to your choosing.

Safety was clearly a priority given automatic emergency braking, lane keep assist, blind spot warning, and rear cross path detection systems. Adaptive cruise, rain-sensing wipers, and a head-up display lighten the driving load across all conditions.

I think you'll find substantially more than adequate performance whether cruising effortlessly on the Interstate or making haste on twisty two-lanes for some weekend stress relief. Beneath the hood

is a 3.0-liter turbocharged inline-six engine producing 503 horsepower and 479 lb.-ft. of torque – all delivered to the all-wheel-drive system through an eight-speed automatic transmission. Acceleration rivals super-cars, running 0-60 mph in 3.7 seconds. But, you don't really need that to get your offspring to band class. Fuel economy, however, is a hideous 15/20-MPG city/highway.

Driving the M3 Competition goes far beyond the rocketry. By adjusting drive modes in the console, the steering weight, transmission shift points, throttle sensitivity, suspension firmness, and exhaust tone can be configured from Comfort

2022 BMW X3 M Competition
 5 passengers, AWD Crossover
 Powertrain: 3.0-L I6, 8-spd
 Output: 503 hp/479 lb.-ft.
 Suspension f/r: Elect Ind/Ind
 Wheels f/r: 21"/21" alloy
 Brakes f/r: disc/disc
 Must-have features: Style, Performance
 0-60 mph: 3.7s
 Fuel economy: 15/20-MPG city/hwy
 Assembly: Spartanburg, SC
 Base/as-tested price: \$43,700/\$87,345



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(soft/quiet) to Sport + (stiff/obnoxious). You can even turn the exhaust rumble down when exiting your subdivision in early morning. In no mode is it a 7-Series sedan, but the X3 M can be coerced into family-friendly pleasantness for long trips while retaining the ability to amp it up for a little fun.

There's never perfection when one starts making compromises, but BMW did admirable work in creating a comfortable daily family car that

can do double-duty as a weekend track toy with minor compromises in either mission. But, the capability to transform from one to the other does not come cheap. While a base X3 starts at \$43,700, this one came to \$87,345. Competitors include the Mercedes-AMG GLC, Audi SQ5, Genesis GV70, and Tesla Model Y.

Storm Forward!
 Send comments to Casey at AutoCasey@aol.com; follow him on YouTube @ AutoCasey.

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