

SUNDAY The Paper OF MONTGOMERY COUNTY

Montgomery County's oldest locally owned independent newspaper

It's National Library Week!

The theme for National Library Week 2022, "Connect with Your Library," promotes the idea that libraries are places to get connected to technology by using broadband, computers, and other resources. Libraries also offer opportunities to connect with media, programs, ideas, and classes—in addition to books. Most importantly libraries also connect communities to each other. Overall, the theme is an explicit call to action—an invitation for communities to join, visit, or advocate for their local libraries.

Head on over to our local libraries and see all of the cool and exciting things that they have to offer!

•Ladoga-Clark Twp. Public Library
Coming soon! Adult Reading Challenge. April 4th - May 14th
* Program for 18+
* Read materials of your choice. One entry equals one physical, audio, or electronic book or 5 magazines.
* Each of the six weeks, a winner will be drawn from the entries for the week. Winner will receive a \$10 gift card.
* On Monday, May 16, a final drawing from all of the program's entries will be held. Two names will be drawn and each winner will receive a \$50 gift card.
* Weekly winners are able to continue to read and submit entries during the remaining weeks.
To submit your reading and enter our drawing, fill out this online form: <https://forms.gle/Jwz-FUsv9yqGT2MgYA>
You may also call the library or email us at ladoga@ladoga.lib.in.us
If anyone would like a free I Love My Library sign, they can sign up for our newsletter on the website <https://ladoga.lib.in.us/>
128 E Main St, Ladoga, IN 47954
Hours: Sunday - closed, Monday 12 -5 PM, Tuesday 1 - 7 PM, Wednesday 10 AM - 5 PM, Thursday 1 -7 PM, Friday 10 AM, 5 PM, Saturday 9 AM, 1 PM
Phone: 765-942-2456

•Crawfordsville District Public Library
Connect or reconnect with the library at an Open House on Sunday, April 3rd, from 2:00 to 4:00 p.m. Children can join in the fun with a craft, stories, music and limbo, games, a picture hunt, and a goodie bag. Teens can go on a Quest (a scavenger hunt) for library treasure and take part in a button-making activity. Adults can engage in book giveaways and fun activities in the Reference Department, including Grab-n-Go Origami Art, a My Reading List activity, and Color by Numbers. And there will be popcorn for all!
Let us know if you have any questions.
205 S Washington St, Crawfordsville, IN 47933
Hours: Sunday 1 - 5 PM, Monday-Thursday 9 AM - 9 PM, Friday 9 AM - 9 PM, Saturday 9 AM - 5 PM
Phone: 765-362-2242

•Linden
102 S Main St, Linden, IN 47955
Hours: Sunday - closed, Monday 1 - 5 PM, Tuesday 12 - 7 PM, Wednesday 1 -5 PM, Thursday 12 - 7 PM, Friday 1 - 5 PM, Saturday 8:30 AM - 12:30 PM
Phone: 765-339-4239

•Waveland-Brown Township Public Library
We have ended up combining Library Week with our Earth Day theme, because we believe they both should be celebrated everyday. We are building a "Poet-Tree" that patrons will help fill the leaves of the tree with books they have read. It will be cute!
115 Green St, Waveland, IN 47989
Hours: Sunday - closed, Monday - Thursday 9 AM - 6 PM, Friday - closed, Saturday 9 AM - 1 PM
Phone: 765-435-2700

•Darlington Library
203 W Main St, Darlington, IN 47940
Hours: Sunday - closed, Monday - Thursday 12 - 6 PM, Friday 12 - 4 PM, Saturday 9 AM - 1 PM
Phone: 765-794-4813

Wrapping Up Readers' Choice 2022



Readers' Choice is wrapped up for another year, and once again, The Paper's annual promotion to recognize your favorites in a multitude of categories was a huge success. Back when our company was founded, the staff at The Paper brought Montgomery County this fun and good-natured promotion that features local businesses, people, products and more and gives

you, our readers, the opportunity to vote for your favorites. We often joke that this is like Chicago politics and encourage you to vote early and vote often. You see, this has never been about the rigidity of the process. Instead, it is designed to be an absolutely fun and very positive way for our readers to cast a good light on their favorites. And oh, how you

have responded! We annually see ballots that number in the hundreds of thousands - so many in fact that we had to find a way to automate the counting process. This year, rather than unveil all the winners at one time like we have in the past, we are revealing several categories a day. Today's categories can be found inside and a quick list is also provided here. When the

final winners, runner-ups and honorable mentions are revealed, we will compile all of them into one keepsake edition that will stay posted on our website for the entire year. Lastly, we encourage you to pay attention to the many businesses who are saying thank you with their ads. Without those supporters, local news and specifically your daily edition, wouldn't be here.

➔ TODAY'S QUOTE

"Reporters go through four stages in a war zone. In the first stage, you're Superman, invincible. In the second, you're aware that things are dangerous and you need to be careful. In the third, you conclude that math and probability are working against you. In the fourth, you know you're going to die because you've played the game too long."
Richard Engel

➔ TODAY'S JOKE

Why was the donkey so loud?
It was April Mules' Day!

➔ TODAY'S VERSE

Psalms 88:2 Let my prayer come before thee: incline thine ear unto my cry

➔ TODAY'S HEALTH TIP

Kids who get cavities are more prone to get them as adults. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



➔ HONEST HOOSIER

Welcome back, Spring and a not-very-fond farewell to Old Man Winter. Can't say I'll miss you much!



13 WTHR
7 DAY FORECAST
MISTY QUICK

33/56 PARTLY SUNNY	43/61 SPOTTY SHOWER EARLY	43/60 BREEZY, SCT'D RAIN SHOWERS	50/61 SCT'D RAIN SHOWERS	42/53 SCT'D RAIN SHOWERS	37/42 COLDER, WINTRY MIX	32/48 CLOUDY AND CHILLY
SUN	MON	TUE	WED	THU	FRI	SAT

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#1 in the Laundromat Category



F&F Mart

Runner Up in the Grocery Store Category



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SUNDAY

Obituaries

DAY

Sunday, April 3, 2022

A3

Ernest "Ernie" Caudill

March 26, 2022

Ernest "Ernie" Caudill, 78, of Russellville, Ind. went to be with the Lord on March 26, 2022.

He was born in Jeremiah, Ky. to John D. and Vergie (Eldridge) Caudill.

He married Janet Sue (Williams) on June 23, 1963 at Crawfordsville, Ind. He attended Christians in Action Church at Waveland. He owned and operated A.C. Auto Repair in Russellville for 50 + years. He attended schools in Kentucky. He loved to be outdoors, working with horses and planting a garden every year.

Survivors include his wife, Janet; two daughters, Sherry Marie (Doug) Drummond of Marshall, Ind. and Sue Ann (Jim) Newlin of Russellville; three grandkids, Christian Newlin of Russellville, Amanda (Joe) Drummond of Georgia, Greg (Terry) Drummond of Georgia; two great-grandkids, Marley and Parker Drummond; several nieces, nephews, sister in laws and brother in laws.

He was preceded in death by his parents; three sisters; and six brothers.

Funeral service are scheduled at 11 a.m. on Thursday, March 31, 2022 at Machledt & Servies Funeral Home, 301 E. Green Street, Waveland, IN 47933, with Pastor Rodney Coffman officiating. Burial will follow in Russellville Cemetery. Friends are invited for a time of visitation on Wednesday, March 30, 2022 from 4 to 7 p.m. at the funeral home. You may visit www.machledtservies.com where you may share a memory or leave an online condolence for the family. Machledt & Servies Funeral Home has been entrusted with Ernie's funeral arrangements.



John Francis Gosnell

Oct. 19, 1938 - March 27, 2022

John Francis Gosnell passed away Sunday, March 27 at Enville Healthcare in Indianapolis, where he had been a patient since February 28th.

Born Oct. 19, 1938 in Crawfordsville to Kenneth Elwood Gosnell and Louise Schanzel Gosnell, John graduated from Crawfordsville High School in 1956.

He served in the United States Navy from Aug. 1, 1956 to Aug. 3, 1959, receiving an honorable discharge.

He worked at Mid-States Wire and the Montgomery County Highway Department, retiring in 2000.

Over the years, he was an avid fisherman, hunter, gardener and loved doing anything outdoors, living the last 40 plus years on the banks of Sugar Creek. He enjoyed the many family and friends that would come to his property to fish and hunt. After retiring in 200 he enjoyed pulling his 5th wheel camper and traveling out West and into Canada along with many camping trips to Wisconsin, Michigan, Kentucky, Louisiana and Southern Indiana. He attended New Hope Christian Church and often talked about the Wednesday night Bible study classes that he enjoyed.

He married Patricia A. Nehrig Smith on May 3, 1994. She preceded him in death on February 8, 2019.

Survivors include one sister, Janet Jersey of New Market; sister-in-law, Margie Gosnell of Crawfordsville; six step-children, Beverly Martin (Rodger) of Thorntown, Vicki Lutes of Crawfordsville, Darrell Smith of Crawfordsville, Debra Swearingen (Don) of Crawfordsville, Kenneth Smith (Kimberly) of Darlington and Roger Smith (Cindy) of Crawfordsville; several grandchildren, great-grandchildren, nieces, nephews and his beloved dog, Hunter, who is being cared for and spoiled by Kenny and Kim Smith.

He was preceded in death by his parents; his wife; his brother, James Robert Gosnell; and granddaughter, Jennah Sue Smith.

In keeping with his wishes, he will be cremated with a private family memorial at a later date. Arrangements were entrusted to Burkhart Funeral Home.



Kristina D. Fugate

Sept. 30, 1979 - March 25, 2022

On March 25th 2022, Kristina D. Fugate (age 42) unexpectedly left this earth to be with God in Heaven. We all have a deep feeling of loss and heartache knowing that she is not physically with us anymore, but we are also very honored to have gained so many memories of her that we will be able to cherish forever.

She was born in Lafayette, Ind. Sept. 30, 1979, the daughter of David E. and Nelita A. (Haley) Weaver.

She graduated from Central Catholic High School in 1998. During her high school years she participated in basketball, track, cross country and swimming. She holds the record for the 1600 M Relay in track with three of her former classmates in 1996 at CC. This is when her passion for running and basketball started.

After graduation, she attended Purdue University and graduated with a Bachelor of Arts degree in Education in 2007. She worked as a Special Education teacher at Tecumseh Junior High School in Lafayette, Ind. for 15 years. She had a passion for teaching and helping others, and she made a positive impact in everyone's lives that she touched.

She married Byron Fugate in 2008, and they have three wonderful children Liam (12), Caleb (10) and Mia (5). She was a loving wife and devoted mother. She shared a love with her husband Byron that was truly a match sent by God. Not only did they love each other with all their heart but the friendship they shared could be seen by all. Byron has always said that he is a better person, husband and father because of her. But then she would say that she was a better person, wife and mother because of him. The love they shared was unbreakable and could with stand any hard times. She was a type of mom that was always prepared for whatever activities were going on that day. She loved her kids fiercely and devoted her life to them to teach how to love others, love themselves and love God. Her kids and husband meant the world to her. She always put her family and loved ones first. Her kids loved her so much. When her kids talk about their mother you can just see the love on their face for her and joy that she brought them. Her children were her world and she meant the world to her children.

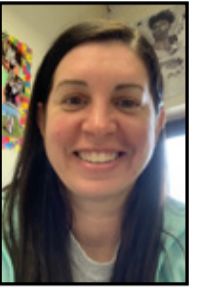
She had a passion for the outdoors and spending time with her family. She loved to go hiking and taking camping trips with her family. She loved reading and spending her summers on Lake Freeman with her family. She loved teaching her kids how to swim and tube on the water. She loved to spend time with all her nieces and nephews which meant the world to her also. She was a hard worker and showed her kids to work hard for what you want and to always help others. She has parents that loved her unconditionally and through them, she was able to show her unconditional love to her three siblings growing up which led to unconditional love to all of her family. She was an amazing sister, a wonderful sister in law and a dedicated daughter. You could always rely on her if you needed anything, whether that be advice, a shoulder to lean on, an ear to listen, help with homework, a side dish at the last minute, or even help with physically hard projects like building a dock.

She was a dedicated Boilermaker fan who loved watching and cheering on the Purdue Men's Basketball team. Her favorite thing to wear was a Purdue shirt of any type. This was a passion that her husband and her had together and they held season tickets to the basketball games. She was the type of person that you wanted to be around, and brought so much joy to others. She always made others feel comfortable. She was a selfless, caring, and passionate person who could always bring a smile to your face. She loved life and she loved her family. She brought joy and happiness into this world. She will be greatly missed by all who knew her. We believe Kris truly gained her angel wings. The world was a better place because she was in it.

In honor of her love for Purdue Basketball we ask that you come dressed for game day for her visitation.

Survivors include her husband, Byron W. Fugate; a daughter, Mia Rose Fugate; two sons, Liam and Caleb Fugate, all at home; her parents, David E. and Nelita A. Weaver of Monticello; two brothers, Patrick Weaver (Nicole) of Lafayette and Matthew Weaver (Kayce) of Monticello; a sister, Becky Long (Kyle) of Lafayette; her in-laws, Bill and Sue Fugate of Linden; along with numerous aunts, uncles, nieces and nephews.

The Rosary will be recited at 4:45 p.m. Monday April 4 at St. Mary Cathedral in Lafayette, followed by visitation until 8 p.m. Monday. A Mass of Christian Burial will be held at St. Mary Cathedral on Tuesday April 5 at 10:30 a.m., Fr. Dennis O'Keefe officiating, with the interment service at 1 p.m. Tuesday in Riverview Cemetery in Monticello, Ind. Memorials may be made to the Kris Fugate Family c/o Hoosier Heartland State Bank, Linden, IN. Hahn-Grober Funeral Home of Lafayette is honored to serve the Fugate family. Please leave memories and condolences at www.hahngroberfuneralhome.com



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ONEST HOOSIER



Go 'stangs

I ndiana



Facts Fun

23 Fountain

23

Number %00 ÷ Stumpers

1. How many people in the county do not live in Attica? \geq
2. How old is Fountain County? \leq
3. What is the population density of the county? \geq
4. How long ago was Covington officially established? \leq

Answers: 1. About 13,995 people 2. 193 Years 3. Around 4.43/sq mi 4. 192 Years

Did You Know?

- Fountain County was founded in 1826 and named after James Fontaine.
- Covington, the county seat, was officially established in 1827.
- The county is 397.88 square miles and has a population of 17,240 residents.
- The largest city in the county, Attica, is home to 3,245 residents and is 1.61 square miles.
- The county contains 2.2 square miles of water because of its proximity to the Wabash River.

Got Words?

After rebuilding the county's courthouse for the third time, in 1861 it completely burned down after only one circuit court meeting. In your opinion, what is the purpose of having a courthouse and do you think it is necessary in every town?

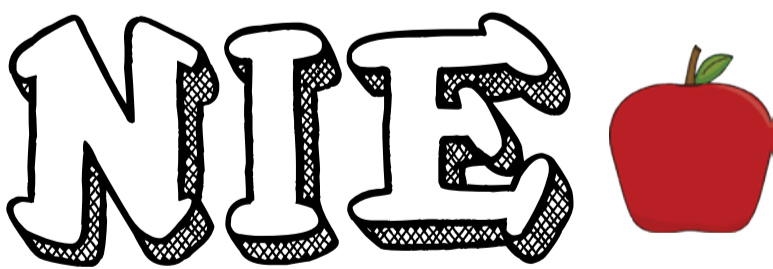
Word Scrambler

Unscramble the words below!

1. OEHSCORTUU
2. UAIFONTN OUTCNY
3. ICTTAA
4. AHAWSB VERRI
5. OCGNVNOTI

Answers: 1. Courthouse 2. Fountain County 3. Attica 4. Wabash River 5. Covington

Indiana Facts & Fun Is Presented This Week By: Newspapers In Education



A Program That Raises The Bar!

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SUNDAY

Indiana the Strong

Sunday, April 3, 2022

B1

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Caresource Hosted Community Vaccination Clinics With The Indiana Immunization Coalition, Administering Over 1,000 Vaccines

CareSource, a nationally recognized nonprofit health plan, recently partnered with the Indiana Immunization Coalition to host a series of Community Immunization Clinics across the Indianapolis area. Participants in the clinics received all Centers for Disease Control and Prevention (CDC) recommended vaccines, including COVID-19 and Childhood Wellness vaccinations. In all, over 1,000 vaccines were given to Hoosiers as a result of the free clinics.

“CareSource knows the importance of meeting people where they are for their health care,” said Steve Smitherman, president of CareSource Indiana.

“We’re proud to work with strong, community-based organizations to increase our state’s vaccination rates and protect more Hoosiers.”

The Indiana Immunization Coalition aims to reduce the spread of vaccine-preventable diseases through immunization education, advocacy, promotion and statewide collaborative partnerships.

“The COVID-19 pandemic has highlighted the need for solid vaccine distribution plans for all immunizations,” said Lisa Robertson, executive director at Indiana Immunization Coalition. “We’ve found that community located vaccination clinics are essential in improving

accessibility and fostering equity. We appreciate partners like CareSource for ensuring that we can continue to host these clinics throughout the state.”

Additional vaccine clinics can be found at VaccinateIndiana.org.

About CareSource CareSource is a nonprofit, multi-state health plan recognized as a national leader in managed care. Founded in 1989, CareSource administers one of the nation’s largest Medicaid managed care plans and offers a lifetime of access to care through health insurance, including Medicaid, Health Insurance Marketplace, Medicare Advantage and dual-eligible programs.

Headquartered in Dayton, Ohio, CareSource serves over 2 million members in Georgia, Indiana, Kentucky, Ohio and West Virginia. CareSource is also a partner in CareSource PASSE, which serves Arkansans with complex behavioral health and individuals with intellectual and developmental disabilities. CareSource understands the challenges consumers face navigating the health system and is transforming health care with industry-leading programs that improve the health and well-being of our members.

For more, visit www.caresource.com, follow @caresource on Twitter, or like CareSource on Facebook.

Holcomb, Sec. Chambers To Foster International Business Opportunities In Slovakia, Israel

Governor Eric J. Holcomb, Adjutant General R. Dale Lyles and Secretary of Commerce Brad Chambers will lead an economic development trip to Slovakia and Israel beginning March 27, building on the governor’s focus of increasing Indiana’s international engagement and cultivating new business relationships and people-to-people ties in central Europe and the Middle East. While encouraging collaborative opportunities to advance innovation, investment and bolster strategic relationships, the delegation will show humanitarian support during a critical time for the geopolitical situation in the region.

“Secretary Chambers and I are energized to strengthen relationships with global leaders and job creators while forging new partnerships to advance economic growth and further diversify our dynamic economy,” said Gov. Holcomb. “This visit also provides an opportunity to do what’s right and offer Hoosier support through humanitarian efforts to the Ukrainians who have found refuge in Slovakia and the greater region. As Hoosiers we continue to do our part from Indiana, but we have an opportunity to prove our support and commitment to Ukrainians whose lives are being directly impacted by the Russian invasion.”

Gov. Holcomb, Sec. Chambers, Adjutant General Lyles and First Lady Janet Holcomb will depart for Slovakia on Sunday, March 27, and finish the trip in Israel, returning to Indiana on Saturday, April 2. This trip comes weeks ahead of Indiana hosting the inaugural Global Economic Summit, which will welcome delegations from both Slovakia and Israel. The delegation will build on Indiana-Slovakia and Indiana-Israel ties and help inspire future economic partnerships, propel innovation and advance the global economy. Adjutant General Lyles representing the Indiana National Guard will reinforce its partnership with and support of Slovakia and Israel. The First Lady will support the economic development and humanitarian aspects of the trip while also strengthening cultural ties. In 2018, Gov. Holcomb and the Slovak Minister of Economy signed a memorandum of understanding (MOU) that shares best practices and identifies opportunities to partner in advanced manufacturing,

defense, automotive, energy, agriculture technology, information technology and cybersecurity. Also in 2018, through an MOU between the IEDC and the Israel Innovation Authority, Indiana and Israel continue working to identify 21st century challenges in agbiosciences, life sciences, technology and cybersecurity and connecting respective companies to work collaboratively on developing innovative solutions.

Indiana and Slovakia share a growing trade relationship, exporting more than \$1 million worth of goods to Slovakia including chemicals, computer and electronic products, machinery, petroleum and coal products, and transportation equipment. Slovakia is also home to several Indiana-based businesses, including Berry Global Group, Eli Lilly and Company and Green Cubes Technology. The Indiana National Guard also shares a more than 25-year partnership with Slovakia through joint military trainings and security cooperation objectives. Additionally, Indiana and Israel share a strong trade relationship, with Indiana being the 4th largest goods exporter to Israel in the Midwest and the 19th largest in the U.S. In 2021, Israel-based renewable energy developer Doral broke ground on one of the largest solar farms in the U.S., phase one of which is expected to bring 1.3 gigawatts of clean energy to Northern Indiana.

In Slovakia, Gov. Holcomb, Sec. Chambers, Adjutant General Lyles and the First Lady will meet with nongovernment and civil society organizations, to voice Indiana’s support of Ukraine and Ukrainian refugees, in partnership with the Indiana National Guard. The delegation will meet with Slovak leadership in Bratislava, Slovakia’s capital, to promote Indiana as a top destination for global innovation in economy of the future industries including sustainable energy and Industry 4.0. On March 30 and March 31, the delegation will meet with Israeli leadership in Tel Aviv, Israel, to discuss agbioscience, electric vehicle (EV) mobility, innovation, and start-up/scale-up businesses, particularly in the green economy space, followed by meeting with prospective businesses to grow agtech accelerators and opportunities to encourage future economic cooperation.

More Than \$162 Million Going To Local Communities For Infrastructure Improvements

The Indiana Department of Transportation announced today that \$162 million in federal transportation funding is being awarded to 50 cities, towns, and counties in rural portions of Indiana.

The funding will help these communities to invest in local road and bridge improvements and sidewalk projects.

For this latest round of funding, rural communities will design, develop and purchase land for projects that would be bid during the fiscal year beginning July 2027. While the funds awarded now are dedicated to construction, INDOT will also be financially participating in design, engineering, and right of way acquisition components of these projects.

INDOT dedicates approximately 25 percent of its federal highway funds

to supporting local projects each year. Metropolitan Planning Organizations distribute those funds to cities, towns, and counties within the state’s larger urbanized areas while INDOT distributes funds outside MPO areas. Communities must contribute at least 20 percent in local matching funds and meet other federal requirements to receive federal funding.

A list of all communities receiving funds can be found online here.

Stay Informed

Get updates on INDOT projects and programs via:

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- Twitter: @INDOT
- CARS 511: [indot.carsprogram.org](https://www.indot.carsprogram.org)
- Mobile App: iTunes App Store and the Google Play store for Android

About Next Level Roads

“With a sustainable, data-driven plan in place to fund roads and bridges, Hoosiers can rest assured that Indiana will remain within the Crossroads of America for generations to come.” – Governor Eric J. Holcomb

Governor Holcomb’s Next Level Roads plan is a fully-funded, data-driven investment in Indiana’s transportation infrastructure. Implemented in 2017, Next Level Roads dedicates more than \$60 billion to construction and maintenance projects for at least the next 20 years to improve and maintain Indiana’s state highways, finish major projects, and plan for the future. The plan fosters partnerships between the state and Hoosier cities, towns, and counties to deliver high-priority local road projects. Next Level Roads

is enhancing Indiana’s economic edge and the quality of life for all Hoosiers. View our interactive Next Level Roads construction map at www.nextlevelroads.com.

About the Indiana Department of Transportation

Over the past 100 years, INDOT has transformed the state of Indiana into the Crossroads of America we know today. With six district offices and 3,500 employees, the agency is responsible for constructing and maintaining more than 29,000 lane miles of highways, more than 5,700 bridges, and supporting 4,500 rail miles and 117 airports across the state. Indiana once again ranked #1 in the U.S. for infrastructure in CNBC’s 2019 “America’s Top States for Business” ranking. Learn more about INDOT at in.gov/indot.

Indiana Governor Signs Law Protecting Patients From Medical Title Misappropriation

Indiana Gov. Eric J. Holcomb signed into law Senate Bill 239, a vital patient safety measure that prevents the misappropriation of medical specialty titles, including “anesthesiologist.” The American Society of Anesthesiologists (ASA) and Indiana Society of Anesthesiologists (ISA) applaud this action, which will protect patients in Indiana from misleading titles, such as “nurse anesthesiologist,” that misrepresent the professional’s true education, licensure, certification, and expertise.

“Using the medical term ‘anesthesiologist’ for nurse anesthetists, confuses patients who deserve to be fully informed of their health care provider’s qualifications,” said ASA President Randall M. Clark, M.D., FASA. “This new

law affirms the most fundamental right of patients to know the qualifications of their health care professional.”

The law, which will become effective on July 1, 2022, prohibits anyone who is not a physician from using medical specialty titles or designations, including “anesthesiologist,” “cardiologist,” “dermatologist,” and others. It also prohibits health care professionals from using deceptive or misleading advertising that misrepresents or falsely describes their profession, education, or skills.

“ISA, in collaboration with the Indiana State Medical Association, worked tirelessly to ensure this patient safety bill was signed into law,” said ISA President Nicholas Datzman, M.D. “We congratulate the

governor on prioritizing patient safety by ensuring clarity and accuracy in health care titles.”

Anesthesiologists are medical doctors who specialize in anesthesia care, pain management, and critical care medicine, bringing the knowledge required to treat the entire body. Their education and training includes 12 to 14 years of education, including medical school, and 12,000 to 16,000 hours of clinical training to specialize in anesthesia care and pain control. Nurse anesthetists do not attend medical school and have about half the education of a physician anesthesiologist and only 2,500 hours of clinical training.

ABOUT THE AMERICAN SOCIETY OF ANESTHESIOLOGISTS
Founded in 1905, the

American Society of Anesthesiologists (ASA) is an educational, research and scientific society with more than 55,000 members organized to raise and maintain the standards of the medical practice of anesthesiology. ASA is committed to ensuring physician anesthesiologists evaluate and supervise the medical care of patients before, during and after surgery to provide the highest quality and safest care every patient deserves.

For more information on the field of anesthesiology, visit the American Society of Anesthesiologists online at asahq.org. To learn more about the role physician anesthesiologists play in ensuring patient safety, visit asahq.org/madeforthismoment. Like ASA on Facebook and follow ASALifeline on Twitter.

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SUNDAY

In The
Kitchen

Sunday, April 3, 2022

C1

Have a favorite remedy you want to share? Send it to news@thepaper24-7.com

POWER YOUR DAY WITH

Peanut Protein

FAMILY FEATURE

Give your family a powerful boost from breakfast to dinner with better-for-you recipes that pack a protein punch. Keeping the at-home meals nutritious is vital, but it also includes delicious dishes morning, noon and night.

Adding a protein-rich powerhouse like peanut as a key ingredient in meals throughout the day makes it easier to stay on track with your goals. In fact, peanuts are so nutritious that they're delivering 17 vitamins and minerals plus 7 grams of protein per serving.

Start the morning with Peanut Butter Oatmeal for a ready-to-go breakfast that's easy to make with fresh yogurt and fruit. End the day with Peanut Butter on an afternoon snack. When it's time for feeding up the family at the dinner table, give Thai Chicken and Pork Skewers with Sweet Chili Sauce and Peanut Chipotle Vinaigrette for a protein-packed meal.

Find more nutritious family-friendly recipes at papersmile.com.

Thai Chicken and Pork Skewers

Recipe courtesy of the Georgia Peanut Commission

- 1 tablespoon minced ginger
- 4 cloves garlic, crushed
- 2 eggs, beaten
- 1 egg white
- 1 egg yolk
- 1/2 cup peanut butter
- 1/2 cup soy sauce
- 1/2 cup fish sauce
- 1/2 cup honey
- 1/2 cup peanut oil
- 1/2 cup rice wine
- 1/2 cup lime juice
- 1/2 cup chili sauce
- 1/2 cup peanut butter
- 1/2 cup peanut oil
- 1/2 cup rice wine
- 1/2 cup lime juice
- 1/2 cup chili sauce

In mixing bowl, combine ginger, garlic, peanut butter, egg, egg white, egg yolk, soy sauce, fish sauce, honey and peanut oil. Mix well and season with salt and pepper, to taste.

Put chicken and pork into strips and thread onto skewers. In non-stick skillet, marinate meat in half of peanut butter sauce 1-2 hours in refrigerator. Remove remaining sauce for dipping.

Heat oven to broil.

Broil skewered meats until done, turning once. In pan, bring remaining sauce to boil and serve warm as dipping sauce.



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Peanut Chipotle Vinaigrette

- 1/2 cup peanut oil
- 1/2 cup lime juice
- 1/2 cup chili sauce
- 1/2 cup peanut butter
- 1/2 cup rice wine
- 1/2 cup soy sauce
- 1/2 cup fish sauce
- 1/2 cup honey
- 1/2 cup peanut oil
- 1/2 cup rice wine
- 1/2 cup soy sauce
- 1/2 cup fish sauce
- 1/2 cup honey

...and other ingredients...

Peanut Butter Oatmeal

...and other ingredients...



ThePaper.com



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Peanut Butter Oatmeal

- 1/2 cup peanut oil
- 1/2 cup lime juice
- 1/2 cup chili sauce
- 1/2 cup peanut butter
- 1/2 cup rice wine
- 1/2 cup soy sauce
- 1/2 cup fish sauce
- 1/2 cup honey
- 1/2 cup peanut oil
- 1/2 cup rice wine
- 1/2 cup soy sauce
- 1/2 cup fish sauce
- 1/2 cup honey

SUNDAY

In The Home

DAY

Sunday, April 3, 2022

D1

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ON-TREND Ideas for Sprucing Up Your DECK

Outdoor Living
The outdoor living market is expected to continue its growth in 2022, with a focus on creating comfortable and functional outdoor spaces. This includes investing in high-quality furniture, lighting, and decor that can withstand the elements while providing a relaxing atmosphere.

Outdoor Lighting
Outdoor lighting is becoming a popular trend for homeowners looking to extend their outdoor living season. From string lights to modern sconces, there are many options to choose from that can create a warm and inviting glow.

Outdoor Chairs
Outdoor chairs are a key component of any outdoor living space. In 2022, homeowners are leaning towards chairs with clean lines and neutral colors. Materials like wicker and rattan are also popular for their durability and classic look.

Outdoor Tables
Outdoor tables are essential for providing a surface for drinks and food. In 2022, homeowners are opting for tables with a mix of materials, such as wood and metal, and designs that are both functional and stylish.



Outdoor Dining
Outdoor dining is a popular trend for homeowners looking to enjoy their outdoor space. In 2022, homeowners are investing in high-quality dining sets that are both functional and stylish, including tables, chairs, and benches.

Outdoor Storage
Outdoor storage is a practical and stylish solution for homeowners looking to keep their outdoor furniture and accessories organized. In 2022, homeowners are leaning towards storage units with a modern design and durable materials.

Outdoor Bar
Outdoor bars are a popular trend for homeowners looking to entertain guests. In 2022, homeowners are investing in high-quality outdoor bar sets that include a sink, countertop, and seating.

Outdoor Lighting
Outdoor lighting is becoming a popular trend for homeowners looking to extend their outdoor living season. From string lights to modern sconces, there are many options to choose from that can create a warm and inviting glow.



Photo courtesy of Pixabay

Getting your yard ready for months of outdoor enjoyment will take a little work, but you'll quickly see and appreciate the results.

Five Steps To Prep Your Yard For Spring

(Family Features)
When spring arrives, days of enjoying your outdoor living space aren't far away. Getting your yard ready for months of outdoor enjoyment will take a little work, but you'll quickly see and appreciate the results.

These five steps can have you on your way to a lush, healthy lawn and outdoor area in no time.

1. Dethatch
Throughout the winter, dead grass and other debris accumulate on your lawn. This waste, known as thatch, can be quite a hindrance to your spring lawn. It promotes fungi, encourages pests and keeps new grass seed

from sprouting. You can use a special dethatching rake or any rake with sturdy tines.

2. Aerate
Before spreading grass seed, you'll want to give the new roots room to spread and grow. Aerating the lawn helps make your soil more welcoming to new growth by allowing moisture, nutrients and air to sink deeper into the soil. Depending on the size of area you need to aerate, two of the easiest options are doing the job by hand or using an attachment on a riding lawn mower.

3. Prune
The lawn isn't the only place debris can pile up.

Your flower beds and any other vegetation can become a holding ground for twigs, branches, leaves and other yard waste. Give your plants, shrubs and trees a close look to find broken, damaged or dead material and remove it to make way for new growth.

4. Weed
Even the healthiest lawns are susceptible to weeds, but getting a jump start on weeding early in the season can help you keep control. You can manage weeds by treating with an herbicide before the sprout or, if you prefer, there are chemical-free alternatives like vinegar, salt or cornmeal. Be aware that

many alternative products don't distinguish between the vegetation you want (like grass) and weeds, so these remedies are best used along borders and within beds to discourage weed growth.

5. Seed
Winter weather and wear can cause uneven patches in the lawn. Seeding in the spring requires more work than the fall (especially if you tend to have hot, dry summers), but with enough nurturing and regular water, you can fill those spots in for a more uniform lawn.

Visit eLivingtoday.com for more advice to make your outdoor living space spectacular.


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SUNDAY

Business

Notes and

NEWS

DAY

Sunday, April 3, 2022

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Closing The Wealth Gap, One Woman Entrepreneur At A Time

(StatePoint) Women represent the majority of all entrepreneurs today. In 2020 alone, women started 2,000 small businesses nationwide and of those, 64% were founded by women from diverse backgrounds, according to Fundera statistics.

While this trend is encouraging, a recent study conducted by the Nasdaq Entrepreneurial Center, Penn State University and Fair Pay Workplace shows that pay, ownership and valuation disparities are compounding the already large gender wealth gap.

Barriers to profitability and pay equity. According to the study, access to capital is the number one barrier impacting the profitability of women entrepreneurs. The top three reasons women entrepreneurs don't seek

additional funding are:

- They don't want to accrue debt.
- They don't think they'd be approved by a lender.
- They decided to wait until their company hit a milestone to be in a stronger position to raise funds.

The second barrier identified by the study is declining sales, followed by the unpredictability of business conditions. Fifty-nine percent of women entrepreneur respondents said their income varies from month to month, and 53% said they're spending equal to or more than their income. Additionally, more than half of early-stage women entrepreneurs (55%) do not pay themselves for the work they do for their company.

On average, women pay themselves \$53,000

less than men. Men who are entrepreneurs earn an average salary of \$232,659 versus women entrepreneurs, who earn an average of \$179,444. According to the 2018 Inc Women Entrepreneurship Report, the broader workforce pay gap shows that among entrepreneurs, women earn 77% of what men earn.

Investment disparity. Additionally, data reveals a significant gender gap in the venture capital (VC) system. According to the Angel Resource Institute, nearly 75% of investments in 2019 and 2020 went to white men, and less than 2% went to women of color. Additionally, the Center for Venture Research finds that:

- Only 5% of accredited women investors have access to invest in VC funds, even though wom-

en control 50% of wealth today.

- Only 1.8% of VC investments go to solely women-led startups. There are no large funds focused solely on women founders.
- Only 5% of general partners in VC firms are women.

The total impact of these pay and investment disparities added up to a \$140 billion gap in 2020, according to Crunchbase. If the current growth trajectory of women entrepreneurs continues, the Global Gender Gap Report 2021 calculates that it will take 135.6 years to close the gender gap worldwide.

Closing the gap and empowering women entrepreneurs. Closing the gender wealth gap starts with education and awareness, empowering women

to break the cycle of debt, and equipping them with the tools and financial knowledge to start their own businesses and be successful entrepreneurs, say experts.

"Acknowledging the gender gaps that exist today is one of the first steps toward eradicating inequalities," said Jenny Flores, head of Wells Fargo Small Business Growth Philanthropy. "By bringing more awareness, additional resources, and key connections and conversations to the table, we can create more avenues to capital, more equality, and help more women reach their full potential."

According to Flores, these are actions women entrepreneurs can take to support the growth of their businesses:

- Start with a strong foundation to support

business decisions and strategic planning, and to help build wealth that can be reinvested into scaling the business over time.

- Connect with mentors and experts to exchange knowledge, share best practices and learn from each other.
- Utilize resources that guide business owners to getting to a place where they're paying themselves a fair wage.
- Gain knowledge and support critical business decisions by turning to trustworthy resources.

For additional tips, visit wells Fargo.com.

While women are founding new enterprises every day, data reveals there's still a long way to go toward ensuring they have equal opportunities to be successful. Fortunately, there are resources to help.

Graduating This Spring? Reasons To Consider A Home Healthcare Career

(StatePoint) Those graduating in the spring of 2022 and other job seekers should take note -- industry experts say that not only are home healthcare caregivers needed more now than ever before, but this industry offers many rewarding career paths.

"A growing number of families and medical professionals are discovering that home healthcare is a great option -- and not just for seniors. Home healthcare can be used to treat medical needs across a full continuum of care," says Jennifer Sheets, president and chief executive officer of Interim Healthcare Inc., which is actively recruiting caregivers nationwide.

According to Sheets, here are three of the top reasons home healthcare caregivers are in such high demand today:

1. It's a safe alternative: The pandemic shifted the spotlight to home healthcare as a means to keep loved ones safe. What's more, at-home caregivers are supporting hospital burnout by keeping acute care patients at home, allowing hospital staff to focus on the most critical patients.

2. The role of home caregivers has expanded: The scope of care and services that can be delivered at home has greatly expanded. There are more diverse care needs today, requir-

ing a diverse set of caregivers to fill those needs, including ventilator care, speech therapy, palliative care and more.

3. It can fill a necessary gap: The physical, mental and emotional demands of caring for family members can be overwhelming, and with the healthcare worker shortage, family caregivers need additional help at home.

Why Home Healthcare?

It is an employees' market when it comes to working in the home healthcare industry and these positions are very desirable for a number of other reasons, especially for new graduates. Here are just a few:

- With on-the-job training available, a helping career such as a home care aide is emotionally rewarding, and home healthcare provides that same opportunity to make a difference in other people's lives, albeit in a less hectic, more personal environment. Even for current licensed medical professionals, 74% say they have considered a career shift to home healthcare at one point in their medical career, according to an Interim Healthcare study. The COVID-19 pandemic only intensified these considerations for professionals, many of whom in the same survey say home healthcare would be a way to reconnect with why they got into health-

care in the first place.

- Clients depend on caregivers to manage their health and achieve the best results. They appreciate the help, support, care and connection that comes with home care. Caregivers get one-on-one time with clients so they're able to focus on the care of one individual at a time, and in many cases, they become part of the family.
- The healthcare industry is changing rapidly, which means that home caregivers have continual opportunities to learn new professional skills based on their interests that will help them meet the needs of the industry.
- Careers in home healthcare are dynamic, interesting and meaningful. They're also flexible, giving those in the industry the choice of part-time or full-time work, as well as flexibility in location and availability.

Major providers of home healthcare are actively hiring for those with healthcare experience and those without, including Interim HealthCare which has locally owned and operated franchises nationwide. To learn more about home care careers, visit ihcmadeforthis.com.

"At a time when families are struggling to find at-home care, you can answer that call for help," says Sheets.

How Retailers Can Offer Customers Sustainable Shopping Experiences

(StatePoint) Environmental concerns are impacting shopping decisions for consumers of all ages, according to recent research.

A new survey from Sensormatic Solutions, the leading global retail solutions portfolio of Johnson Controls, reveals that consumers are highly invested in shopping sustainably and are willing to pay more for sustainable products. In fact, 70% of those surveyed say they're willing to pay at least 5% more for products that demonstrate a fully sustainable supply chain. However, consumers believe that the responsibility for sustainability initiatives falls on businesses, not government regulators or individuals. At the same time, many consumers think that retailers can do more to showcase their sustainability efforts, so additional accessibility to these initiatives is essential in today's market.

"If there's anything this data tells us, it's that consumers are asking for changes that retailers are uniquely positioned to implement," says Kim Melvin, global leader of marketing, Sensormatic Solutions. "Consumers' sentiments are now sitting firmly on the side of sustainability and retailers who follow these asks, like switching to sustainable packaging materials, enhancing inventory intelligence to avoid overstocks and wasted products, investing in energy efficient measures and implementing apparel recirculation programs -- are

more likely to capitalize on this growing trend."

Fifty-three percent of respondents said they would use a brand or store less frequently if they discovered it wasn't operating sustainably, and 18% said they would stop shopping with that retailer altogether. With that, brands may consider aligning their values with their customers' to ensure loyalty. Green initiatives may also attract new customers -- 30% strongly agree they would go out of their way to buy environmentally-friendly products.

While Melvin notes that much of the change will have to come from retailers themselves, consumers can also implement sustainable shopping practices. For example, buy online, pickup in store (BOPIS) and curbside pickup helps minimize wasted trips by ensuring a product is available and ready for pickup. Using these alternative shopping methods can limit returns, which will help minimize the environmental impact of a purchase.

To learn more about how emerging technologies are helping businesses go green, visit sensormatic.com.

"Ultimately, sustainability means something different to everyone," says Melvin. "However, now is the time for retailers to start implementing and demonstrating sustainability practices to improve the shopper experience, making participation in these initiatives more convenient."



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and high schoolers - 5-7 PM

Visit us online at WHCC.US

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southsidechurchofchristindiana.com

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Services:

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Both services are streamed



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in person or on Facebook at
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Sunday School 9:00 AM

Pastor Clint Fink

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Phil 4:13

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Church Service at 10 am

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Starting August 1:

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11 a.m. Worship

Wednesday 6:30 Bible Study



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SUNDAY

Health and WELLNESS

Sunday, April 3, 2022

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Hot Flashes And What You Should Know About Them

Sometimes I get asked questions in unusual places. A few months ago at church I was pulled aside and asked if I could write my column on the menopausal malady of hot flashes.

Hot flashes are usually described as a feeling of intense heat, usually with sweating and a rapid heartbeat. They can last a few minutes up to a half hour or so. The feeling usually starts on the face or upper chest but can also be on the neck and even spread over the entire body. Many women experience flushing of the skin over the involved area, hence they may also be called hot flushes.

Interestingly, some women never experience them. There is no hard and fast rule when, or if, a woman will develop hot flashes. Some women are fortunate enough to have them for only a few months, while others



JOHN R. ROBERTS, M.D.
Montgomery Medicine

(up to 45 percent) may suffer for five to ten years. Some may have infrequent episodes while others may have them numerous times a day.

Hot flashes are caused by a reduced level of estrogen, the hormone that is made primarily by the ovaries. The production of estrogen gradually tapers off as a woman ages. If a woman has undergone surgical removal of the ovaries,

the estrogen level drops rapidly and she develops “surgical menopause.”

One of estrogen’s biochemical targets in the body is the hypothalamus, a collection of nerve cells found at the base of the brain. One of the jobs of the hypothalamus is to function as the thermostat of the body. It regulates body temperature via the autonomic nervous system. Autonomic nerves cause blood vessels in the skin and elsewhere to either expand (vasodilation) allowing the release of heat from the body, or to constrict (vasoconstriction) which helps to conserve heat.

Blood levels of estrogen are in constant flux in and around menopause. This gives the hypothalamus confusing signals, resulting in vasodilation at inappropriate times. This increases blood flow to the skin

that causes the warmth, sweating and flushing that is typical of a hot flash.

This also explains the problems many women have with night sweats. The level of circulating estrogen in the body is usually lowest during sleep. This, on top of the already low level of estrogen in menopause, triggers the hypothalamus to cause vasodilation. Hot flashes at night can result in poor sleep that is the felt to contribute to irritability that many women describe in menopause. Lack of sleep can also cause cognitive difficulties with concentration and memory.

The most effective treatment for hot flashes is replacement of estrogen. Taking estrogen after menopause is associated with a slight increased risk of breast cancer (depending on

length of exposure) and does increase the risk for cancer of the uterus if it is not taken with progesterone. Estrogen has also been shown to increase the risk of cardiovascular disease (heart attack and stroke) if taken for an extended period of time, particularly in women who smoke.

Current science suggests that estrogen replacement is probably safe for about the first five years after menopause in low risk women who have intolerable hot flashes. Women who have a history of breast cancer, undiagnosed vaginal bleeding after menopause, severe liver disease, or a history of blood clots should not take estrogen. Smoking also increases a woman’s risk of complications. Any woman who decides to take estrogen should take it at the lowest effective dose for the

shortest amount of time.

Some herbal preparations may be somewhat helpful with hot flashes. The most popular one is black cohosh, a member of the buttercup family. There have not been many well designed studies to assess its effectiveness, but anecdotal evidence seems to indicate it may be helpful and probably not harmful. If a woman is interested in using it, I usually recommend Remifemin® which is a standardized preparation. Recall that herbs are not regulated by the FDA. Some antidepressant medications can also be helpful. The one that seems to work the best is venlafaxine or Effexor®.

Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine as well as the Deputy County Health Officer in Montgomery County.

How To Safely Dispose Of Used Household Needles And Medical Sharps

(Family Features) When it comes to disposing used household medical needles or sharps, safety is the point. Every day, millions of people around the United States use needles, lancets and syringes – otherwise known as sharps – to manage health conditions like diabetes, arthritis, cancer or auto-immune diseases from the comfort of their own homes or while on the go. Some commonly used medical sharps include:

- Needles – fine, slender, hollow pieces of metal, typically attached

to syringes, used to inject medication under the skin or withdraw fluid from the body

- Lancets, also called “fingersticks” – often used by people with diabetes to get drops of blood for testing
- Auto injectors, including epinephrine pens – syringes pre-filled with fluid medication designed to be self-injected into the body
- Infusion sets – tubing systems with needles used to deliver drugs to the body
- Connection needles – needles that connect to

a tube used to transfer fluids in and out of the body

Managing a health condition can be overwhelming enough, so learning how to dispose of used household sharps may not be top of mind for those who use them.

Even for sharps users looking for safe disposal resources, finding state or local regulations can be challenging, but safely disposing of household sharps is an important issue and can help prevent injury.

A resource like SafetyIsThePoint.org provides consumers with free

resources and up-to-date information about how to safely dispose of their household used sharps. This resource helps connect sharps users with safe disposal options across the United States and offers state-specific disposal guides.

“Our years of research have shown that people want to do the right thing with their used household sharps, but they did not know where to turn for guidance,” said Bruce Taylor, senior director of government affairs and market access at Dexcom, one of the companies that

supports the free public education resource. “SafetyIsThePoint.org takes the guesswork out of household sharps disposal by giving consumers easy instructions no matter where they live or travel.”

People who use sharps can often dispose of them at home. It’s as simple as 1-2-3:

1. Place used household sharps in a strong, plastic container like a laundry detergent or bleach bottle.
2. When the container is 75% full, seal it tightly with duct tape and label it “do not recycle.”

3. Place the sealed container in regular household trash.

People in most areas of the United States can follow the steps above. In states or counties that do not allow household disposal, sharps users can use the ZIP code search function at SafetyIsThePoint.org to find local drop-off locations, such as household hazardous waste collection centers and drop boxes or supervised collection points.

To learn more about disposing of used needles and sharps safely, visit SafetyIsThePoint.org.

Four Steps For Recovery And Daily Living After A Stroke

(Family Features) In the weeks and months immediately following a stroke, an early rehabilitation program offers the best possible recovery outcomes. While each patient’s journey may be different, starting the path toward rehabilitation as soon as it’s medically safe allows stroke survivors to mitigate the lasting effects.

According to the American Stroke Association, a division of the American Heart Association, each year, approximately 800,000 people in the United States have a stroke. About 4 in 5 people who suffer a stroke

will survive, but the majority have some degree of physical impairment or disability.

Early Intervention

The first three months after a stroke are especially critical. Although recovery may continue for years after a stroke, this golden time in the immediate aftermath of a stroke is when the brain is most able to adjust to the damage done by the stroke so the survivor can learn new ways to do things.

“There is a critical period of neuroplasticity, which is the brain’s ability to create new connections where there has been damage from a stroke,”

said Elissa Charbonneau, M.S., D.O., chief medical officer of Encompass Health and an American Stroke Association volunteer. “The early period after a stroke is crucial for helping the brain to establish those connections again.”

Customized Rehabilitation

Once a stroke survivor’s medical condition is stabilized and he or she is ready to leave the hospital, post-stroke rehabilitation can help restore function and teach new ways to complete everyday tasks. Rehabilitation may take place in an inpatient facility, skilled nursing

facility, long-term acute care facility or nursing home. Outpatient clinics and home health agencies can also provide rehabilitative care in certain circumstances.

One patient’s rehab journey might include therapy to improve balance, strength or mobility, while another might need speech or other therapies. A rehabilitation designed for the individual is critical.

Support for Your Journey

Following a stroke, your medical team will likely help connect you with a local rehabilitation center where you can find

experts to guide your rehabilitation and recovery. Other resources, including the American Stroke Association, provide resources for stroke rehab and recovery including step-by-step videos for stroke survivors and caregivers.

These tools help answer your questions, explain what to expect and address practical concerns daily living tasks such as grocery shopping, doing laundry and meal preparation.

Preventing a Recurrence

After a first stroke, 1 in 4 survivors will have another. Although some risk

factors, like age, gender and family history, are beyond control, survivors have the power to reduce that risk by working with a doctor.

Simple habits like eating healthfully, moving more and taking medications as prescribed can help your brain and reduce your risk of a repeat stroke. Controlling conditions like high blood pressure, diabetes and sleep apnea also reduce your risk of having another stroke.

Find additional recovery tips, including advice from stroke survivors, caregivers and health care professionals, at stroke.org/recoverytips.

Don’t Be Shy About Discussing Constipation With Your Doctor

(StatePoint) Constipation is something that most people have likely experienced at one time or another. For some people however, symptoms can occur over the long term.

Symptomatic individuals and patients should learn more about two types of long-term constipation: Chronic Idiopathic Constipation (CIC) and Irritable Bowel Syndrome with Constipation (IBS-C). While CIC and IBS-C share many of the same symptoms, there are important differences

between the two.

One in seven U.S. adults have CIC and those with this condition may experience:

- Infrequent bowel movements (BMs)
- Hard-to-pass BMs
- Straining
- Discomfort
- Not feeling empty after a BM

In addition to symptoms of CIC, patients with IBS-C also experience abdominal pain related to changes in bowel movements, and one in 20 U.S. adults are

living with this chronic condition.

The causes of CIC and IBS-C are not known. That said, for some, the cause could be linked to changes in the connections between the brain and the gut.

If you’re experiencing constipation, you should consider speaking to your doctor who may help address your symptoms.

Your physician can diagnose your condition and offer treatment options that may provide relief. Ask your health

care provider the following questions during your next office visit:

- What are my options if lifestyle changes and over-the-counter medications haven’t worked?
- How many bowel movements should I be having each week?
- What consistency should they be?

It’s also helpful to go to your appointment prepared to share what symptoms you’re experiencing and how long you’ve been trying to manage them. You might

also be asked to identify what type of stool you most frequently experience when you are not taking medication using the Bristol Stool Form Scale. The Bristol Stool Form Scale is a visual representation of the seven types of BMs that you can have.

While it might seem awkward to talk about, telling your doctor which type or types of stool you typically have can help you both create a treatment plan that works for you and your body.

The good news is that now more than ever, it is possible for a doctor to evaluate your symptoms and diagnose IBS-C and CIC during a virtual visit, so take advantage of telehealth appointments.

To learn more about the difference between IBS-C and CIC and for additional resources, visit ConfrontConstipation.com.

If you are experiencing constipation, you are not alone. Constipation is not only common, it’s treatable.

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Transgender Question Still Up In Air

Less than a year ago I wrote about the controversy of transgendered people in sports. I got crucified over it, but what opinion doesn't get you that with today's cancel culture? To sum up, I pointed out the inherent unfairness of allowing male to compete against female.

If you have followed the issue, then you already know the Indiana legislature recently passed a bill that basically bans transgender athletes from competition in high schools. And you also know that Gov. Eric Holcomb vetoed it.

Good for the governor. Wait, what?

Like so many things in life, there's more to this than meets the eye. Of course, in today's world of instant everything, details aren't really important. Everyone wants the 50,000-foot view and the issue summed up in a soundbite. So,



TIM TIMMONS
Two Cents

yes, it would seem that the legislature's proposal to keep boys from competing against girls is a good thing, and that the governor is playing to the woke crowd with his veto.

But that's not the case. The Indiana High School Athletic Association already has rules in place, and those rules have prevented any sort of big movement of Hoosier high school boys competing as Hoosier high school girls. As one of my favorite lawmak-

Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at timmons@thepaper24-7.com.

ers says, this is just the state micromanaging. Holcomb, presumably, knows there isn't a big problem and nixed the attempt of the good lawmakers to tell the IHSAA how to do their jobs.

Seems fair to me. Look, my position hasn't changed one iota. It seems appropriate that in March, a month dedicated to recognizing the achievements of women, we take on what can be a blatantly unfair advantage males have over females in some sports. And to be clear, don't hand me that sorry line that this is discrimination.

In the immortal words of

Col. Henry Potter, sufferin' sheep dip!

Sports, at its core, is purported to be about fairness and sportsmanship. One side may be better than another, but the playing field is supposed to be level. How fair was it that a male weight-lifter competed as a female for the New Zealand Olympic team? How fair was it that a male swimmer decimated his female competitors in collegiate swimming?

This isn't about discrimination, it's about fairness.

And if, at some point in the future, transgender athletes actually become an issue in Indiana, then all the IHSAA has to do is create a separate category for transgenders. Don't tell me it can't be done. Many of us remember when the IHSAA didn't have competition for girls. Heck, you can

even bring up a topic I hate, class sports. If fairness wasn't a major point of emphasis, we'd still have every basketball team in the state playing in one tournament.

We live in a strange world today, my friends. Facts aren't facts anymore. One side makes some outlandish claim and the world is too politically correct to react accordingly. I said it before and I'll say it again. Everyone - every color, creed, size, gender, persuasion - should have the opportunity to take part in sports if they choose. No one should be left out. They just ought to start on equal footing.

Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at timmons@thepaper24-7.com.

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David: #9 As The Fruits Saga Continues

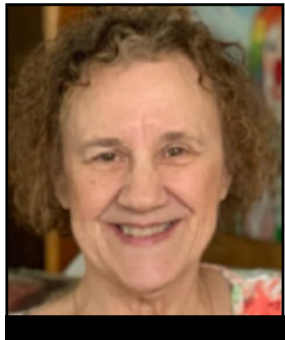
"Parents of at least eleven sons and five daughters" is the description on several family trees in Ancestry, Family Search and Heritage Quest for George and Catherine (Stonebraker) Fruits' children, but it is just information passed from person to person with no real proof so will mention the names and dates of three here but will not write articles about them, as I'm pretty picky on proof.

Charles was mentioned actually as their second son, 1807-1884. This name does not follow down through anything nor can I find anything on him, although I believe he is the one who was born in 1851 and died in 1884, and that would make Catherine about my age when she had him. William R. (they have a William Jason who will appear in the saga later on so I don't believe there would be two Williams) but this William is supposed to have been born in 1821 and died in 1861 plus they have another one, Henry (also a name that does not continue much if any in the family) also born in 1821 but no one had a death date, just marked "deceased" and I'm thinking that makes a bit of sense at this point. Suppose William and Henry might have been twins and Henry passed at birth or shortly thereafter but again twins are not common in the Fruits family. So,

all speculation but David I'm 99.9% sure is legit as one of Alamo George and Catherine Stonebraker Fruits' sons!

David was another one hard to chase but I spent four days scoping him out and here's the story. I assume he was named for Alamo George's brother, David, who was just married with one child when he passed away. Double trouble with David as did not find a complete birth or death date, but he was born about 1825, married Phoebe Jones in 1849 who was about four years older. They farmed for several years in the Ripley (lived right next door to Alamo George), Wayne and Coal Creek Township areas. Evidently, he was also quite mechanical and made pumps and did blacksmithing. For the times, Alamo George's children were fairly well educated, and David could read and write but Phoebe was tallied as not being able to in the census records.

All seemed to be going very



KAREN ZACH
Around The County

Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County.

well for these two until in early May of 1879, their home caught fire. Neighbors saved some of the contents but the home itself was completely wiped away. Oh so sadly, it wasn't just the home David and his children lost that night, but Phoebe was so terrified that she literally died from fright. Her body was taken to James Morrow's home where funeral services were held in lieu of the circumstances, but sadly, no tombstone seems to exist for her. Likely there was no money since he lost so terribly much.

David and Phoebe were parents of two children, Lucinda and William who partially grew up with I assume Phoebe's brother, Harrison Jones' two children (Sarah and William) as he must have been a widower living with the Fruits family. Several Jones-Fruits marriages appear throughout the Saga. About a year after Phoebe's death, David married Harriet Cartright Reeder Krout. She was mother of several

children mainly grown when they married.

Lucinda was David's first child, who married Aaron Cronk. They lived long, good lives (taking after her gpa' George) moving their family from Clinton County, Indiana (Aaron from there) to Rockville, then Terre Haute and finally the Streator, Illinois area for many years. Lucy was born August 2nd, in 1854 in Montgomery County and married June 8, 1871 to Aaron. They were the parents of ten children, all but one (passed at age 12) growing to adulthood. Both Aaron and Lucy were quite active in the Baptist Church of Long Point, Illinois. Thought it was neat that she named her first child after her father, David.

She passed away from bronchial pneumonia 23 April 1936 after a short illness, leaving 27 grandchildren to prompt more Fruits.

A wild chase finally led me to Lucy's brother yet I'd not say 100% sure he's even yet completely correct, but think you have William Fruits, born here in December of 1855. He was an excellent blacksmith and could also read and write as sister Lucy. Fairly sure he moved to Birch Tree, Missouri where he passed and is buried. He too had two children: sons, Otis (born

Dec 1883 in Shannon County, Missouri) and Alonzo "Lonnie" born back here in June 1886. Sadly, Lonnie had epilepsy and passed away during a seizure in March of 1945 (FindAGrave). Otis in turn had three sons and is buried in Greene County, Missouri.

Ancestry has William remarried and had a daughter Agatha with Martha, a widow woman who had several grown children at their marriage. Others have William's first wife as Mary Louise Posey but either their marriage date is off or Otis' birth. William died in Shannon County June 25, 1917 suddenly of a stroke, but absolutely nothing (other than he was a blacksmith) was on his death record.

So, here you have David a 99.9% sure son of Alamo George and Catherine, starting with such a happy life, two wonderful children and a darling wife, but then fire ruined his life and took his wife's. If anyone knows more on David, do let me know, please. Thus ends #9!

Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County. You can reach her at karen.zach@sbglobal.net.

High School Track ... The Best And Worst Of Times

Like many of you fellows who attended the little high schools in our county before consolidation, I participated in every sport. There were only three...baseball, basketball, and track. Our school started up cross country during my senior year. I had no interest in it, but my basketball coach made all of the players run cross country to get in shape. My favorite sports were baseball and basketball, which were the most popular sports in the county. I participated in track during the spring, but I had no interest in running...just the long jump and pole vault.

During my freshman year, Emerson Mutterspaugh was my basketball and track coach. No field events for me. All freshmen had to run the mile. The mile run was boring, and when I finished near the last...also embarrassing. But I stuck with it...until the county meet at Wabash College. I did not want to finish last in front of a large crowd, so I came up with a plan. I rode in Mr. Mutterspaugh's car to the meet, and when we got out, I purposely left my track shoes in the car. I watched the events take place, and when it was almost time to run the mile,



BUTCH DALE
Columnist

the race...great timing on my part...got out of that one!

The next year I had matured enough physically to not only be able to start on the varsity basketball team, but also participate in the pole vault and long jump. However, all track members had to run each afternoon to get in shape...starting at the school, through town to Empire Gas (now the Mini-Mart), east around St. Rd. 47, and back past Greenlawn cemetery to the school...a total of about three miles. Not fun. A classmate of mine, who only participated in the shot put, came up with a great idea. He jogged to Empire Gas, where a fellow student picked him up in his car...and drove him to the cemetery,

I informed Emerson that I had left my track shoes in his car. Well, I took my time... and just as I reached the car, the gun went off to start

where he would rest (and maybe smoke a couple of cigarettes) until the other track team members made it around. He then joined back up and finished the run... saving himself almost two miles of running!

I didn't win very many ribbons that sophomore year, but I did start placing in the pole vault and long jump during my junior year. Our new coach, Galen Smith, also placed me in the mile relay, in which each of the four boys ran 440 yards (a quarter mile). In my first race, I was designated as the fourth runner to carry the baton. We were at Ladoga, and those Cannons always seemed to excel in track. My three teammates, however, had built a great lead after the first three laps around the track. When they handed me the baton, I took off like a bolt of lightning, hoping the Ladoga boy could not catch me...Wrong! About halfway around the cinder track, I hit "the wall." I felt like I was running in slow motion, and the Ladoga boy passed me in a breeze to win that event.

During my senior year, I was able to win the pole vault competition at most meets, and in addition, often placed first in

the long jump. However, at the county meet, I had to compete against Phil Myers of Waveland in the long jump and Dale Conrad of New Market in the pole vault...both of whom had bested me during the regular season. The coach also had me run the 220-yard dash, in which I finished a dismal sixth. Each boy was given four attempts in the long jump. I was determined to do my best, but I "scratched" (toe went over the take-off board) all four tries! No placing...no ribbon.

The pole vault was my last chance, and the event started with the crossbar at nine feet. Each boy gave it his best, but by the time the crossbar reached 10 1/2-feet, there were only two vaulters left...Conrad and me. The sky became cloudy and a misty rain covered the track field. Dale Conrad's hands slipped on all three of his attempts. After missing my first two attempts, I drenched my hands in pine tar, held on tight, and cleared the crossbar...the new county pole vault champion! Poor Dale Conrad shook his head in disbelief.

My track and field days were over. After graduating, I married

my wife two days after I turned 18, started college at Purdue, and worked full-time to pay my tuition and living expenses. I also started smoking...big mistake! As a college student and then as a teacher, I smoked perhaps 3 or 4 cigarettes a day, but later on, when I was a deputy sheriff, I got up to two packs a day...and then after being elected Sheriff in 1994...three packs a day. By the time I left the Sheriff's Department, my health was not good. I gave up smoking "cold turkey," and started walking every day. The next year I started jogging a mile a day...and the next year...around our block...five miles each morning. A cross country runner at last! That is...until my knees started aching. Now I am back to walking each day. But they do have pole vaulting competition for those 65 and older...maybe some day for me...I am 73 years old and just crazy enough to try it!

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

Routines Are Habit Forming

I was surprised to learn, Tuesday morning, that I was out of milk. I was quite certain that milk was on my weekly grocery list, and I was equally certain that I had walked out of the store with a jug of fodder fuel in my hand.

Nevertheless, when I opened the refrigerator door, in the spot on the upper shelf where gallon milk jugs have stood tall for most of my life -- or at least for most of my refrigerator's life -- no milk was to be found.

After briefly considering the irony -- that after decades of using milk cartons to locate people, there is no vehicle for people to locate missing milk -- I set out to find the lamming liquid.

It wasn't hard.

In the cool spot where the milk once stood was my favorite Carefree Nordic™ Syracuse

china cereal bowl. I recognized it, because it has a chip in the green abstract leaf. That chip distinguishes it from the unchipped "company" bowls. I trot those out for guests when throw-away paper bowls overstate how long I'm hoping they will stay.

If my favorite cereal bowl is in the refrigerator, I thought, then there's a good chance that the milk is in the ... sure enough. Upon opening the cabinet door, there stood an almost full gallon of milk, sweating like Joe Frazier in a title fight.

For nearly all of my adult life, my morning routine has been to take my bowl out of the cabinet, tumble in a cup or



JOHN MARLOWE
With the Grain

two of crunchy cereal, and then submerge the grains in a deluge of milk from the fridge.

However, here lately, I've been trying to eat a healthier breakfast, and slow the consumption of carbs. Somehow, in breaking my breakfast routine, I managed to also break the habit of putting the milk back

in the right place.

My diet is just one of the many habits I'm trying to change. I'm trying to see if changing habits can really change my life.

Habits are different than routines. For one thing, they are more popular. James Clear's Atomic Habits has resided atop the New York Times Bestseller list for weeks. So, too, has Dean Graziosi's Millionaire

Success Habits and Tiny Habits by BJ Fogg, PhD.

Good. Bad. Ugly. Naughty. We are obsessed with habits.

Why not? Who doesn't appreciate the idea of putting some tasks on autopilot, so we can use our cognitive brain power on important stuff? But herein lies the problem. We tend to equate a habit with something that comes effortlessly. It's just the opposite. Habits and routines are easily confused.

According to research psychologist and "habitologist" Benjamin Gardner, habits are behaviors we do without thinking. Routines are actions we regularly follow. And, while all habits start out as routines, all routines cannot become habits. It takes time and effort for a habit to form.

The easiest test to distinguish the two is to decide if you

have to think about them. For instance, Gardner's example of fastening a seat belt when you first get in your car is a habit, because it is a behavior that has become second nature. Going to the gym everyday, or writing this column before the deadline are routines. I have to think about doing them.

As my old farmer friend, Red, commenting on quitting his smoking habit says, "Habits are hard to break, because you have to work really hard to acquire them in the first place."

We've been told that cultivating the right habits can lead us to becoming virtually any kind of person we want to be. I've still got a long way to go.

Luckily, I haven't yet soured on the idea.

John O. Marlowe is an award-winning columnist for Sagamore News Media.

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What's Cooking?

Mary Ellen and I were in the middle of spring cleaning (we do it every three or four years) when I found a book in the back of the storage closet that I thought Mary Ellen could benefit from. I retrieved the book from a dusty shelf and placed it on the kitchen counter, as a subtle hint.

"What's with this, Dick? After 42 years of marriage, I don't think I need a refresher course in this area. True, I never really enjoyed the process, but I expected you to participate more than you have."

"Mary Ellen, the book is 'The Joy of Cooking.' Not 'The Joy of Cleaning.'"



DICK WOLFSIE
Life in a Nutshell

Apparently, Mary Ellen inherited this volume from her mother. First published in 1931, this was the 1936 release, with 800 pages and hundreds of recipes. It's actually a collector's item. I skimmed the pages and was disappointed to discover there were no

photos showing what it looks like when steps are followed properly. Does "The Joy of Sex" have photos like that? No clue.

The first chapter in this kitchen essential is about cocktails. Here's what the author, Irma Rombauer, wrote: "Cocktails loosen tongues and unbutton reserves of the socially shy...and they should be served the sooner the better." This is no longer considered good advice—especially if you are a flight attendant.

In the poultry and game chapter, here is a snippet of the introduction: "Draw out the entrails, cut the neck close

to the body, remove the windpipe end, then chop off the feet." As you can tell, this book was also a big hit with serial killers.

The fish chapter begins by saying the key to a good dinner party is the proper preparation. I'm not sure whether the author refers to preparing the fish or the guests, but I'll be ready either way. "I hope you enjoy the blowfish, which is poisonous if not cooked properly. Just in case, be advised you might experience violent stomach pain, convulsions, and possible death."

One section references people retiring to the drawing room after the meal. First of all, if people

are retiring at your party, you need to liven things up with a stripper or the Chippendales, to celebrate. And what's a drawing room? The only guy I know personally with one of those is the cartoonist Gary Varvel.

Doesn't this, taken right from the book, sound like it could be the climax scene from the original movie "The Thing"? "When it comes to vegetables, cooks often suffer from arrested development," says Irma, "and the result is indescribable, looking like it came from a siege, drained of all life force and surrendered to the inevitable."

When Irma finished

writing "The Joy of Cooking," her husband, Edgar, had an idea. He told Irma that if she made every dish he would taste them all, but she had to cook them in alphabetical order, as listed in the index. This was the perfect publicity stunt, he thought, but it was doomed to ultimately fail before the very last meal. Edgar, you see, was allergic to zucchini.

Dick Wolfsie spent his career sharing his humor, stories and video essays on television, radio and in newspapers. His columns appear weekly in The Paper of Montgomery County. E-mail Dick at Wolfsie@aol.com.

Ask Rusty – Should I Claim Early Due To Social Security's Financial Condition?

Dear Rusty: I plan on retiring at 62, one year from now. I have been coached to (if financially possible) leave my Social Security earnings for my wife to collect in the future if I die, considering that she was a homemaker for the majority of her income earning years.

My instinct is to get Social Security coming (I understand I'm settling for a lesser amount at age 62) as soon as possible considering the forecast of our government's inability to fund Social Security for the rest of my life. No one has a crystal ball, and no one knows what our government will or will not be able to fund even into next week, so we weigh what we know and see, and then decide. Is my question clear?
Signed: Skeptical

Dear Skeptical: Well, your question is clear but contains two opposing factors - you say you wish to provide well for your wife if you die,



ASK RUSTY
Social Security Advisor

but also say you wish to claim at age 62 because you're not confident that Social Security (SS) will be there in the future. Yet claiming at age 62 will mean the lowest possible survivor benefit for your wife because her benefit as your widow will be the amount you are receiving at your death. I'll try to put all this into perspective for you.

Although Social Security is facing some future financial issues, it will never go bankrupt and be unable to pay benefits. The worst that could

Social Security Matters by AMAC Certified Social Security Advisor Russell Gloor

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happen, if Congress takes no action beforehand, would be that benefits will be cut by about 22% if the SS Trust Fund is fully depleted in 2033 (right now, reserves in the Trust Fund are used to supplement SS expenses because SS revenue is currently less than program costs). If that happens, Social Security can only pay out as much as it brings in. But that almost certainly won't happen, because Congress won't permit it to. Congress already knows how to fix Social Security's financial

issues – they just currently lack the political will and bipartisan spirit to implement the changes needed. But there's little doubt that they will fix the issue before allowing an across-the-board benefit cut to over 65 million beneficiaries (because seniors vote). FYI, there was \$2.9 trillion in reserves in the Social Security Trust Fund at the end of 2020.

I don't recommend you make your Social Security claiming decision based on fear of the program going bank-

rupt – it won't. Even if Congress doesn't act and a benefit cut is imposed in 2033 (which is highly unlikely), a 22% cut to your age 62 benefit amount would be more painful than a 22% cut to your benefit at your full retirement age (FRA) which would be about 30% higher than your age 62 benefit amount. The longer you wait to claim, the higher your benefit, and your wife's survivor benefit, will be even in the unlikely event of a later cut in benefits. Instead, I suggest you make your claiming decision based only upon your personal circumstances. If you wish to increase your wife's survivor benefit, then waiting longer to claim is the way to do that. If you retire from working at age 62, Social Security's earnings test won't apply to you (the earnings test limits how much you can earn while collecting early SS benefits), thus you

can certainly claim at 62 if you so wish. But it's important to consider the consequences of claiming early (including a lower survivor benefit for your widow) and make a decision based on facts, not fear of Social Security going bankrupt - because it won't.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadviser@amacfoundation.org.

Butch's Friend Recalls "Life Back Then"

People are complaining now about inflation, the cost of things, and the quality of life today. But what about the past? Marian Hiatt Johnson graduated in 1943, and before she passed away, Marian wrote about her life as a youngster growing up in Darlington....

"I was born in the middle of the 1920s, so I was less than ten years old when the worst of the Depression hit. We thought everyone lived the way we did, and that was just the way of life since we younger ones didn't know any better. We always did have plenty to eat, and if we needed a doctor we got one, but we knew better than to ask for anything else because we knew we wouldn't get it. The boys seemed to get new pants and shirts once in a while, but the girls usually wore hand-me-downs from aunts, cousins, etc. Most were too old for us, but we wore these anyway.



BUTCH DALE
Columnist

Back then Darlington was a small, close-knit community and was pretty well self-sufficient. We had several grocery stores, dry goods stores, doctors, dentists, drug store, a newspaper, a restaurant, furniture store, a photography studio, a theater, and so many other things that there was no need to go to a bigger town...at least we kids didn't get to go, so we didn't know there were other things out there to want.

My brother Glenn graduated from high school right in the middle of the

Depression in 1933. No one could get a job. He tried everything and finally got hold of an old truck to do livestock hauling. The payment on the truck was \$4.00 a month, and he couldn't get enough work to make the payments without help. Back then we also didn't buy much canned goods. Mom home-canned everything, so a tin can was something to hold on to. I remember Glenn saying that if you would paint the inside of a tin can, it would last forever! Things were just hard to come by, and it is no wonder some of us turned out to be packrats. I can't bear to throw anything away, as we never know what we might need.

Transportation wasn't so good back then. For the most part boys did not have their own cars. They made arrangements with their dads to borrow his car for a Saturday night date. Most women did not drive back then,

so I never heard it called the 'family car.' The understanding was you got a girl close to home, took her to the show at Crawfordsville (tickets ten cents), stopped at the Triple-X drive-in for a hamburger (ten cents) and a Coke (five cents). This was a date, and if you didn't have a date, you went to the Sunshine Theater in Darlington. As the boys started on their dates, Dad would hand them 50 cents. Back then that was a lot! Only one boy in a family could have a date on the same night (always on a Saturday night), as there was only one car. For us girls, the folks didn't have a hard job keeping track of our boyfriends. The folks already knew them, who their folks, grandparents, aunts, uncles, etc. were... It is no wonder then that most marriages were between hometown people with all the familiar names and their genealogy lines criss-crossing

back and forth. If a new family moved to town, it was quite a big event, and everyone could hardly wait to see the newcomers.

Marian also recalled the following...Kell's grocery selling peanut butter in the bulk, placed on a cardboard tray...Mom wringing the chickens' heads off and having fried chicken every Sunday...the mustard and onion poultices for a chest cold...making our own boiled syrup for pancakes...churning butter in the wooden plunger churn...poking a hole in the cellophane wrapper of a twin loaf of bread to get the balloon or piece of candy out...wearing long white underwear to school...turning the crank of the wall telephone and saying 'Hello, Central?'...Mom baking fourteen pies on Saturday 'while the oven was hot'...tracking down the skunk oil for whoever had an earache...drinking out

of the tin cups at the two town hand water pumps...when most side streets in town were gravel and sometimes oiled down to keep the dust down...Dad stopping the Model A to and from Crawfordsville to let us kids throw up from motion sickness...and old Daisy, our milk cow.

Marian was amazed when someone told her that by 1950 every home would have their own picture show (a TV). She also said that the kids all ran outdoors to look when an airplane went over... "Not jets then... and you could hear them coming, and they flew so low compared to today."

Yes, Marian, times have changed...thanks for the memories....
John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

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SUNDAY Voice of our PEOPLE

The Paper of Montgomery County

Sunday, April 3, 2022

14

Ukraine Refugees Are Coming

By Dr. Glenn Mollette

America has been good to help people and more are on the way.

Refugees from Ukraine are coming to America, up to 100,000 would be welcomed as recently announced by President Biden. The population of some communities will grow depending on where the federal government places these people.

Since the passage of the refugee act there are already over 3 million refugees in America. They are located throughout the United States with large populations in some towns and cities.

A refugee is “a per-



GLENN MOLLETTE
Guest Column

son who is unable to return his or her country of origin because of a well-founded fear of persecution based on race, religion, nationality, political opinion, or membership in a particular social group.” A refu-

gee legally resides in the country of resettlement and is eligible for federally funded cash assistance for up to 8 months. Refugees are resettled in the United States by the federal government and are afforded specific refugee assistance to help them rebuild their lives in America. This federal funding is limited in both duration and amount. It is important to note that most refugees arrive with very little in terms of possessions, beside a few bags of luggage, and if they are lucky, all of their family members.

All refugees arriving in the United States are

entitled to 8 months of Refugee Cash Assistance (RCA) from the date of their U.S. arrival. The RCA amounts vary based on the size of the family: Single person (\$230/month), Family of 2 (\$363/Month), Family of 3 (\$485/month), Family of 4 (\$611/month), etc. If a family qualifies for Temporary Assistance to Needy Families (TANF), offered by the State Department of Health and Human Services, they will not receive RCA funds, but will immediately begin receiving TANF funds, which provide the same amounts of funds as outlined above

for families (Refugee or American), yet unlike RCA, there is 5 year time limit to their receipt of funds which can be reviewed and extended depending on need. All TANF recipients must be participating in verified educational courses, volunteer placements, and/or employment searches in order to access these funds. Source, Catholic Charities

The Ukrainian people appear to be hard working people. Once they make it to America I would not be surprised if some of our worker shortage will start to disappear. These people

have nothing. If you still want a job you probably should take one and go to work.

At this point we have no choice but to help these people as the economy and infrastructure of the countries surrounding Ukraine cannot absorb them all.

Can you imagine if Russia and China combined to attack America? What if we had to run to Canada to survive? We would appreciate anything anybody would do to help us.

Hear Glenn Mollette every weekday morning EST at 8:56 and 11:31 on XM radio channel 131

An Incredible Life And Legacy: Remembering Charles Wiley

by Dr. David Ayers

My old and dear friend and mentor, Charlie Wiley, passed away in his sleep this week. He was 95 years old. If living a long life with your mind intact, your interest in life and its affairs still intense, your oldest memories as keen as yesterday, and then dying peacefully in one's sleep is a reward from God for a life well lived, then Charles Wiley is most surely an example.

Moved to write a tribute to him, how do I know where to start?

I remember the last time I saw him alive. His rumpled brown overcoat, patch on one eye, World War II veteran's baseball hat, sneakers, and everything he traveled with in something like a grocery bag as I dropped him off, shaking his hand for the last time, at the Pittsburgh airport in April 2019. With the onset of COVID, his April 2020 speaking trip to Grove City College had to be cancelled. That was a rare spring at the college without Charlie—he had visited the campus consistently almost every year since 1997. He would arrive Sunday evening and stay until Thursday morning, with a big evening talk on Monday, lectures to several classes, and wrapping up on Thursday with a talk at George Junior Republic and then sometimes Rotary.

After seeing off Charlie at the airport in April 2019, there were just the regular long and warm phone calls, Charlie passionately analyzing the world in light of everything he had been saying to me and anyone else who had been listening, for several decades. I had enjoyed Charlie calls since the 1980s.

I remember the first time I saw him, at about age 60, in the basement men's room of the college where I was teaching, about 1987. He was applying ointment for a skin condition he had picked up, he said, in the South Pacific. A skin condition that accompanied him on trips to virtually every place in the world after that, through one war after another, and hundreds of speeches yearly well into his 90s. Two things were obvious right off the bat: He had

a strong ego, but he also did not have a pretentious bone in his body. He was absolutely confident, with a high but accurate opinion of himself, and afraid of nothing. But he was honestly interested in, and concerned about, everyone, high or low. I liked him instantly.

How do you summarize a one-in-a-million person like Charles Wiley? It is easy to focus on his amazing experiences and accomplishments, so full that even after 35 years he could surprise me with some new story. A child actor who performed in the first staging of *Our Town*, from a family of actors from New York City who traveled the country, he served in the USO after failing to get into the Marines when lying about his age a couple of days after Pearl Harbor. As soon as he was legally able, he joined the Navy, and pestered them until they gave him a combat assignment. He was a gunner on the first ship to dock in Japan following the surrender and was on the team that evacuated people ahead of the first famous atomic test blast at Bikini Atoll. Later, NYU tried to deny him his bachelor's degree in journalism when the dean discovered that, due to his enlistment, he didn't have a high school diploma. His straight A average, rare at the time, and while employed full-time, convinced the dean to back down. I don't think he ever graduated high school, but he graduated summa cum laude from NYU.

Charlie became a war correspondent, among other things, with at least four tours in Vietnam, including Tet. Where do I begin? The last journalist to interview Malcolm X, in a restaurant in NYC, a few weeks before his assassination. His hunger strike in a Cuban dungeon, daring Fidel Castro to let an American journalist starve to death rather than knuckle under. His deportation from the USSR in 1962 ordered personally by the head of the KGB, whom he later met with for over five hours in an apartment in Moscow, with a picture to prove it. His trip to the Soviet border with the Red Army back in the 1970s,

for which Soviet spotters retaliated by shooting two Chinese soldiers. The letters of testimony and notes of thanks from Ronald Reagan, Richard Nixon, the former president of South Vietnam, General Westmoreland, the captain of the ill-fated Pueblo, the leader of the Cuban patriots who were slaughtered at the Bay of Pigs. There was his time with Gloria Steinem when she was a CIA agent posted at an Eastern European embassy or chatting with someone who appears to be then-Mujahideen soldier Osama Bin Laden on a mountain side in Afghanistan during the Soviet invasion. Watching Humphrey Bogart waiting for his girlfriend after rehearsal for a stage show Charlie was in. Hanging out with a fellow USO performer named Bob Hope when they bumped into each other in Hong Kong. His friendship with Mike Wallace and conversations with Charlton Heston. The hardened African American gang member at our local George Junior Republic rehabilitation facility hugging Charlie after his talk there and then bugging the staff for over a year to bring him back. (Charlie literally had tears when he told me about it.) And best of all, Charlie and Alice selling Tony Randall his prized poodle. Pictures with Robert Dole, Edward Teller, Gerald Ford. Our own J. Howard Pew personally writing and handing him checks to fund his work infiltrating communist youth congresses in Eastern Europe during the 1950s and 1960s.

Charlie used to say that the only thing that had kept him from visiting almost every country on the planet was that they kept creating new ones. He spent a lot of time in the Ukraine, for example, and loved the Ukrainian people dearly. But it wasn't a country then. Ditto lots of others.

There were some of my favorite “Charlie sayings.” “Life is hard, but it's a lot harder if you're stupid.” “Not enough of our people in charge have learned to look at things from the other's guy's point of view.” “Being old is great, except you die a lot sooner.” “When I was a

kid, I never heard FDR's name in my home. To my father, he was just ‘that son of a bitch.’”

Charlie was the most intelligent and interesting man I have every known. He was deeply loyal to his friends. He was madly in love with his wife Alice, and his family. He was a survivor of personal tragedy, losing his first wife young, and a son to drowning. He was a patriot deeply in love with America and its historical freedoms. He was a passionate and effective Cold Warrior, but always a happy one. He never talked to me without expressing a serious interest in how I was doing and how my wife and children were. By the way, my kids adored him and were in awe of him.

When I remember Charlie speaking at our college, I think of the “donut.” What's that? The donut of students around him at the end of his talk, speaking with him and firing questions and laughing, often for a half hour or more until I would literally drag him away. I saw that donut in three states and as many colleges, dozens of times. I used to joke with him that he was the Pied Piper.

Charlie revolutionized the way that I think, the way I analyze things. I have read incredible books, had amazing professors, met some real geniuses, but no one like him. What did I learn that I have and will continue to try my best to apply, but without the benefit of his unique mind, inductive logical ability, encyclopedic memory, and passion?

First, without prejudice, look at reality from the other person's point of view. If you want to understand Mao, or Stalin, Putin, the average Russian, the average Chinese loyalist, Palestinians, Biden, Trump—anyone—get into their heads. More importantly, what would you do if you were them? How would you think and feel about this if you were them? How does the world look to them?

Second, acquire new knowledge and integrate it with your existing knowledge, constantly. In doing so, learn from everyone. Listen to people you don't like. A sworn

enemy of communism, he read and saved every issue of the *Daily Worker* for many years. During the 1930s, Charlie found ways to get translated broadcasts from Germany. As a boy he listened to and read Hitler speeches back when Chamberlain was still trying to appease him. He read and clipped news from everywhere, box after box of it, and especially tuned into and read non-American news sources daily, right up to the end.

Third, after doing all this, set aside your prejudices and ideology, and let the facts speak to you whether or not you like what they tell you. For example, the person you hate may be evil, but he may also be incredibly smart, not crazy. Yes, winning that war might be easy, but can you hold what you win? Charlie's predictions were almost always accurate, given well in advance, and frequently defied popular conservative wisdom. His uncanny gift of induction based on an incredible grasp of facts fitted to other facts, free of ideological blinders, was his secret.

Fourth, never stop growing and improving. Let me illustrate this from two things I observed. First, when Charlie forgot some fact, even in his 90s, he refused to “Google” it. He just kept thinking until he remembered it. Charlie told me that this kept his mental connections fresh, kept his brain from getting lazy and stale. Second, a stellar and riveting speaker, he always insisted I ask students to write up honest evaluations of what they liked and didn't like about his speech. He said he was most interested in reading the negative comments, because praise didn't help him improve.

Finally, fight for what is true and good regardless of whether you are on the winning side. Charlie used to often remind me that Whittaker Chambers, in renouncing his loyalty to communism, said clearly that he chose what he believed at the time to be the losing side in order to choose truth rather than live by lies under communism.

The last time I spoke to Charlie was about a month

ago. I expressed despair over seeing the gradual victory of everything I have fought against and cared about for most of my adult life. He answered, “Dave, I have fought on the losing side my entire life.” Even the defeat of Soviet communism and the Iron Curtain—something he had sacrificed to see for decades—had been, as he saw it, squandered by the feckless, clueless foreign policy of both parties since the close of the Reagan era. Charlie often reminded me that he had been a conservative activist when you could fit all the champions of true conservatism in a phone booth, during the early days of William Buckley.

And in that, he reminded me, as he had many times before, that I need to do more than just fight, more than just stand for truth. I also need, as he did, to not let all those evils and disappointments befoul my private world, to wreck the peace or warmth of my marriage and family. He lived that, relying on his wonderful and beloved wife Alice every day, calling her at least once a day on the road, talking everything over with her, his partner in every way. He talked about the joy and accomplishment he got from his son and daughter and grandchildren and in-laws. He nurtured and protected his private world and the people and friends he loved, and this gave him strength to engage the public world through one losing battle after another, right up to the day he left us.

Charlie, your leaving has left a big hole in my life and a lot of others. But I am grateful to God for having known you this well and this long. I appreciate your loyalty and how you always had my back. I know you did everything you could to make sure Alice was taken care of, that she will miss you terribly but will be okay. Yours has been an incredible life and legacy. You lived well. You died well. May you rest in peace.

Dr. David J. Ayers is the Fellow for Marriage and Family with the Institute for Faith & Freedom. His latest book is “Christian Marriage: A Comprehensive Introduction.”

SUNDAY

Travel or stay! and Play

Sunday, April 3, 2022

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Experience The Magic Of Disney With The Terre Haute Symphony Orchestra

The magic of Disney is coming to Terre Haute! The Terre Haute Symphony Orchestra is pleased to present Disney in Concert: Magical Music from the Movies on April 9, 2022, at 7:30pm at Tilson Auditorium on Indiana State University's campus. Arguably the most anticipated concert of the 2021-2022 season, this concert will enchant Mouseketeers of all ages! Every new generation has a favorite Disney musical, whether it's The Little Mermaid, Beauty and the Beast, Aladdin, The Lion King, or Frozen. And then there are the classics, from a Mary Poppins medley to the "Yo ho" of Pirates of the Caribbean. When everyone joins together for memorable moments and melodies we all know by heart, it feels like a small world, after all.

"We are thrilled to bring back Disney in Concert to Terre Haute! We are particularly excited to welcome so many families to the symphony and share with them the excitement of live music, right here in Terre Haute," commented Samantha JohnsonHelms, Executive Director and Principal Clarinet.

Audiences will be enchanted by the THSO musicians, conductor Dr. David Bowden, projected video clips from iconic Disney films, and four Broadway caliber vocalists: Lisa Livesay, Whitney Claire Kaufman, Aaron Phillips, and Andrew Johnson!

Lisa Livesay is no stranger to Disney: she's

played Belle in Disney's Beauty & the Beast! You also may have seen her in the role of Glinda in the national tour of Wicked, as well as other theatrical productions like Monteen in Jason Robert Brown's Parade (LA Music Center), Olive in 25th... Spelling Bee, Peter Pan in Peter Pan, and Cathy in The Last 5 Years. Lisa has performed with the San Francisco Symphony, Houston Symphony, Dallas Symphony, Oregon Symphony, and now the Terre Haute Symphony Orchestra!

Whitney Claire Kaufman recently completed two years with the North American Tour of the Broadway smash-hit Mamma Mia! (Ensemble, Understudy for Sophie and Lisa). She's performed as Guest Soloist with the Malaysian Philharmonic Orchestra and the Pacific Symphony Orchestra, Guest Soloist with the Florida Orchestra, and has appeared in Cabaret (Sally Bowles), A Midsummer Night's Dream, (Peaseblossom), Marisol (June), The Los Angeles Theatre Ensembles' production of Wounded, as well as many other theatrical productions. Her favorite



Disney movie is The Little Mermaid, with Cinderella as a close second.

Aaron Phillips is an Ovation Award nominated actor/singer, proud member of Actor's Equity, and can frequently be seen on film and TV. You may have seen Aaron as Carl, half of the duo that is the face of Lipton Iced Tea. He is also an accomplished voice-over talent and can be heard in video games such as World of Warcraft, Grand Theft Auto V, Red Dead Redemption, and Lord of the Rings. Aaron has been a Disney fan his entire life and is happy to help bring this music to fans of all ages.

Andrew Johnson is a

Disney kid at heart and is humbled to share the music and magic from the stage! Andrew has performed on FOX's The X-Factor, The Conan O'Brien Show, and the MTV Video Music Awards. He has sung background for artists such as Demi Lovato, Fifth Harmony, LeAnn Rimes, and Florence and the Machine. His theatrical credits include Frozen-Live at the Hyperion (Prince Hans), Rent (Ben), Five Guys Named Moe (Four-Eyed Moe), and Joseph and the Amazing Technicolor Dreamcoat (Joseph). He's also performed with singer/actress Jodie Benson, the

voice of Ariel in Disney's film The Little Mermaid!

Disney in Concert is proudly sponsored by Union Health, Thompson Thrift, and Old National Bank. The THSO could not bring spectacular shows like Disney in Concert to Terre Haute without the generosity of our community sponsors!

This presentation is licensed by Disney Concerts © All rights reserved.

Supper at the Symphony The THSO is pleased to

host Supper at the Symphony prior to Disney in Concert! Come to the concert early and enjoy a delectable three-course meal served in the Heritage Ballroom of Tirey Hall, right down the hall from Tilson Auditorium. The cash bar opens at 5:00pm, and dinner is served promptly at 5:30pm. Dinner reservations are \$25 per person. Patrons will enjoy a starter salad of mixed greens, strawberries, crumbled blue cheese, walnuts, and sliced red onion with a honey balsamic poppyseed dressing. Guests may choose from three entrees including Grilled Chick-

en Breast with a classic tomato bruschetta salad, Salmon with Lemon and Dill Sauce, or vegetarian Portobello Mushroom Napoleon. Both dishes will be served with Basil Orzo and Squash Oreganato. Dessert includes White Chocolate Raspberry Mousse. Reservations can be made at www.thso.org or by calling the THSO office at (812) 242-8476. Reservations close at 12pm on April 5, 2022.

Tickets Patrons can purchase concert tickets by visiting www.thso.org or calling the Hulman Center at (812) 237-3737. Ticket prices for adults are \$17, \$38, and \$54. Low-cost student and youth tickets are also available. Prices do not include facility and venue fees.

Masks Masks are now optional per Indiana State University's COVID-19 policy.

Handicap Accessibility An elevator entrance is available for patrons who need assistance at the rear of Tilson Auditorium. An elevator is accessible from the ground floor of Tilson. Please follow posted signage to the elevator.

Parking Patrons may park in the Indiana State Parking garage located at 750 Cherry Street for free between 4 PM and 11 PM on the day of the concert. This parking garage is located across the street from Tilson Auditorium. Check www.thso.org for additional parking and travel suggestions related to Disney in Concert.

Historic Paramount Theatre Expands Diverse 2022 Lineup With Addition Of Two New Shows

The historic Paramount Theatre is pleased to announce the addition of two live performances - Ireland-based Christian rockers We Are Messengers and popular comedian Jim Breuer - to its entertainment lineup. Tickets go on sale this Friday, March 18 at 10 a.m. via AndersonParamount.org.

About These New Shows:

We Are Messengers: The Wholehearted Tour - Wednesday, April 20, 2022 at 7:30 p.m.

Most seats are \$15 and \$20. Limited premium seating is \$30.

Christian contemporary rock band We Are Messengers are on tour in support of their latest album, "Wholehearted." Their latest single "Come What May" reached No. 1 on Billboard's Christian Airplay charts. The tour will also feature special guests Apollo LTD and Stephen Stanley.

Jim Breuer - Friday, Aug. 5, 2022 at 7:30 p.m.

Tickets are \$25, \$35 and \$75.

Freewheeling, comic storyteller Jim Breuer made the list of Comedy Central's 100 Greatest Standups of all time.

After being a "Saturday Night Live" regular in the late 90s, Breuer went on to garner a successful touring standup career, became a regular on "The Howard Stern Show" and currently hosts "The Jim Breuer Podcast." For mature audiences.

Current Paramount Theatre Lineup:

• Three Dog Night - Friday, March 25, 2022

• Church Basement Ladies - Thursday, March 31, 2022

• We Are Messengers: The Wholehearted Tour - Wednesday, April 20, 2022

• The British Invasion - Thursday, April 28, 2022

• Get the Led Out - Saturday, May 21, 2022

• Killer Queen - Saturday, July 16, 2022

• Jim Breuer - Friday,

Aug. 5, 2022

• Little River Band - Friday, Aug. 12, 2022

• Tusk: The World's #1 Fleetwood Mac Tribute - Friday, Sept. 30, 2022

Tickets can be purchased via AndersonParamount.org or by calling the Paramount Box Office at 765.642.1234.

Live shows at the Paramount Theatre are offerings of Honeywell Arts & Entertainment.

About the Anderson Paramount Theatre

The Paramount Theatre Centre & Ballroom has been in operation since Aug. 20, 1929. The Paramount has inspired many spectators with its architecture, entertainment, and history. On behalf of generous local benefactors with an appreciation of history, the theatre continues to shine as brightly on the outside as the stars do inside. The Paramount offers residents and visitors unique entertainment options year-round in partnership with Honey-

well Arts & Entertainment. For more information about the Anderson Paramount Theatre, visit AndersonParamount.org.

About Honeywell Arts & Entertainment

Honeywell Arts & Entertainment encompasses the full range of arts opportunities and venues of The Honeywell Foundation, a nonprofit public arts charity in Wabash, Indiana. The organization is dedicated to the enhancement of artistic, social, cultural, and recreational opportunities for all. Offerings take place online and at six venues: the Honeywell Center, Honeywell House, Eagles Theatre, Charley Creek Gardens, Dr. James Ford Historic Home, and the 13-24 Drive In. Programs are made possible by the Indiana Arts Commission and the National Endowment for the Arts: a federal agency, and by generous donors. For more information about The Honeywell Foundation, visit HoneywellArts.org.

Country Star Lee Brice Live At TCU Amphitheater

One of Country music's biggest names and Grammy nominated artist, Lee Brice, has announced he will be headlining his highly awaited Label Me Proud Tour produced by Live Nation. Kicking off this June, Brice will bring his "Soul" to 23 markets, including a stop in downtown Indianapolis at TCU Amphitheater at White River State Park on Friday, September 17, 2022.

"Man, it feels good to announce this tour! It's been a while since we've all been back out on the road and to have my good buddies, Michael Ray and Jackson Dean, join me is a blessing," says Brice. "Can't wait to be back in all these places I've grown to love over the years with fans that are bar none the best ones out there! See y'all this summer!"

Since the release of Brice's latest album, Hey World, the CMA and ACM Award winner has landed three consecutive #1 hits including "I Hope You're Happy Now" with Carly Pearce, "One of Them Girls," and "Memory I Don't Mess With" - bringing him to an impressive nine #1 career singles. His masterful storytelling and way of bringing a song to life is on full display with his history making track "One of Them Girls" for which he swept the 2021 ASCAP, BMI and SESAC Awards as "Country Song of the Year" - the first time one song took all three awards in the same year.

Supporting Brice out on the road this summer is his good friend and artist, Michael Ray, who

is coming off his RIAA Platinum-certified multi-week No. 1, "Whiskey and Rain," and whose current single "Holy Water" continues to climb the Country charts. Also hitting the road with Brice and Ray during the Label Me Proud Tour is Big Machine recording artist, Jackson Dean, whose stomping first single at Country radio, "Don't Come Lookin'," is making a massive impact for the rising Country star.

TICKETS: Tickets go on sale to the general public on Friday, April 1 at 10 AM local time at www.livenation.com. All dates, acts and ticket prices are subject to change without notice. Ticket prices are subject to applicable fees.

PRE-SALE: Pre-sale tickets for the Label Me Proud Tour, including special VIP Experience packages where fans will have the chance to meet Brice and Ray, are available through Lee Brice's fan club on Tuesday, March 29th at 10:00am (local time).

SPONSORS: The 2022 concert series at the TCU Amphitheater at White River State Park is made possible through the generous support of its sponsors including TCU, Coors Light, and more. VIP PREMIUM SEATS: Be a VIP and take your concert experience to the next level! With a full-service VIP Club & Restaurant, VIP parking and prime seats, it's the only way to see a show. For full and mini-season ticket information, contact: 317-829-5147 & IndyPremiumSeating@livenation.com.

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THE PAPER classifieds.

SUNDAY

In the Know

Sunday, April 3, 2022

K1

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Crouch, IHCD A Accepting Applications For The Indiana Homeowner Assistance Fund

Lt. Gov. Suzanne Crouch and the Indiana Housing and Community Development Authority (IHCD) today announced the state's mortgage assistance program, the Indiana Homeowner Assistance Fund (IHAF). The portal is accepting applications for mortgage assistance for Hoosiers impacted by the COVID-19 pandemic.

As part of the American Rescue Plan Act, the U.S. Department of Treasury awarded Indiana with \$167,921,663 to be used for assistance with the mortgage payments, property taxes, homeowner insurance and homeowner/condominium fees of eligible Hoosiers.

"The Indiana Home-

owner Assistance Fund (IHAF) is designed to promote housing stability and prevent foreclosures across the Hoosier state," Crouch said. "We are pleased to work with our network of program partners and participating lenders to provide this assistance."

Applications are being accepted through 877gethope.org. Accommodations can be made for homeowners who would prefer non-electronic applications or who would prefer assistance in completing their online application by calling 877-GET-HOPE.

To qualify for IHAF, as determined by the U.S. Treasury, at the time of application you

must:

Be a homeowner who is defined as the owner-occupant of a single-family home, condominium, 2-, 3-, or 4-family dwelling or manufactured homes permanently affixed to real property. The home must be located in Indiana and be the homeowner's primary residence

Have an income equal to or less than 150% of Area Median Income, adjusted for household size or 100% of the National Median Income, whichever is greater

Have experienced a financial hardship after January 21, 2020, associated with the COVID-19 pandemic

The maximum per

household IHAF assistance amount is capped at \$35,000 and is limited to one time per household. This assistance is paid directly to the mortgage lender and is not considered taxable income.

"IHCD remains committed to allocating funds from the federal government to Hoosiers in need," said Jacob Sipe, Executive Director of IHCD. "Housing stability continues to be one of our top priorities as we recover from the pandemic. We look forward to administering this mortgage assistance Hoosiers across the state."

The following documents may be required in the application:

- Income documents:
- Acceptable income documents may include paystubs or other wage statements, depository institution (or bank) statements demonstrating regular income, or a statement of income from an employer
- IRS Form 1099s and tax filings (for self-employed applicants only)
- Social security, child support, unemployment, and other income statements as applicable
- Mortgage statements or other mortgage documents
- Property tax statements from your city, town or county
- Homeowner's Insurance statements
- Homeowner or

Condo Association fee statements

In addition to the IHAF program, IHCD has additional resources for Hoosiers in need of assistance:

Rental Assistance – The Indiana Emergency Rental Assistance Program provides up to 18 months of rental and utility assistance to those who self-attest to having been impacted by COVID-19.

Utility Assistance – The Low-Income Home Energy Assistance Program (LIHEAP) and the Low-Income Home Water Assistance Program (LIHWAP) helps Hoosier homeowners and renters pay their heat, electric and water bills: eap.ihcd.in.gov.

What To Do If You're Behind On Your Mortgage

Although the pandemic has impacted the financial lives of millions, one of its largest effects has been on individuals' housing situations. Since the onset of the pandemic, Americans have missed a combined \$83.9 billion in mortgage payments, according to the Mortgage Bankers Association, creating undue stress and anxiety about their futures.

"Even as governments across the country begin to lift lingering pandemic restrictions, the effects on housing instability remain a critical issue for millions of homeowners," said Michael Sullivan, a personal financial consultant with Take Charge America, a nonprofit credit and housing counseling agency. "If you've fallen behind on your mortgage — or soon will — there are several steps you should take to protect yourself

and improve the chances of staying in your home."

If you're behind on your housing payments or struggling, Sullivan suggests the following actions:

- Contact your lender. Don't wait to call your lender until you have missed a payment. Be up front and honest about your situation, asking about potential programs or options they may have available, such as mortgage forbearance or loan modification. The sooner you contact your lender, the more options you'll likely have available.

- Research housing assistance programs. Nonprofits and government agencies at both national and local levels support individuals struggling with mortgage payments. Homeowners can check out the Fannie Mae website to find information and possible resources for

assistance.

- Consider a refinance. Exploring a refinance on your mortgage could potentially make your payment more affordable either through a lower interest rate or extending the timeline to pay off your balance.

- Seek legal help. Depending on the severity of your situation, you may want to find legal assistance to act on your behalf with your lender and negotiate any potential agreement to resolve the issue.

- Get it in writing. Document all your communication with your lenders, banks or servicers. You'll also want to request any agreements you come to with them in writing. Properly documenting everything will help you if a dispute arises.

- Seek nonprofit housing counseling. If your situation is overwhelming,

nonprofit housing counseling agencies, like Take Charge America, can provide you with one-on-one guidance and tailored resources to help you determine the best path forward.

For additional housing resources and assistance, explore housing counseling services from Take Charge America.

About Take Charge America, Inc.

Founded in 1987, Take Charge America, Inc. is a nonprofit agency offering financial education and counseling services including credit counseling, debt management, student loan counseling, housing counseling and bankruptcy counseling. It has helped more than 2 million consumers nationwide manage their personal finances and debts. To learn more, visit takechargeamerica.org or call (888) 822-9193.

7 Ways To Pay Less On Auto Insurance

(StatePoint) Inflation is driving rising costs on everything from gasoline to groceries. And recent research shows that auto insurance is expected to rise for most policyholders this year too. While you can't control how insurers price their policies, you can avoid shouldering higher costs.

Here are a few ways to directly reduce your car insurance rates or mitigate increases:

- Reduce coverage. Look at your insurance policy to see if you could forego any add-ons, such as roadside assistance. If you have an older vehicle, consider all your options to see if paying for collision and comprehensive coverage is worth it.
- Increase your deductible. You may be able to lower your insurance premium by choosing an increased deductible (the amount you spend for repairs before insurance kicks in). Although increasing your deductible could save you money now, it could result in you paying more out of pocket if you have an accident down the line.
- Use driver tracking programs. Insurers typically base your premium on the information you provide them that indicates the level of risk they take on by insuring you. By using a driver tracking program, you'll provide your insurer additional information on your driving habits, which—if you are a careful and safe driver—could reduce your cost by 25% or more.
- Check for discounts. Depending on where you are in life, you may be eligible for new savings opportunities like senior/retirement or good student discounts. Ask your insurer about the various discounts you may be eligible for to see how you can save even more on your premium.
- Compare quotes. Comparing quotes from different insurance providers can help you save money and lock in the best possible deal. Using price comparison websites can help simplify this process, allowing you to compare

personalized quotes from multiple providers in real time. For example, Experian's auto insurance comparison service leverages technology to compare quotes from over 40 top providers in minutes. Its average user saves more than \$900 on auto insurance each year. Plus, the service offers free active rate monitoring, scouring the market on an ongoing basis to make sure you are getting the best rate among the Experian network of providers.

"Right now, consumers are looking for ways to maximize their budget. Our tool allows them to do in minutes what used to take hours, as well as possibly save hundreds of dollars," says Rod Griffin, Sr. director of Public Education at Experian.

To learn more, visit www.experian.com/save.

- Improve your credit score. Some insurers consider your credit-based insurance score when determining your premium. These scores use information in your credit reports to look at the likelihood that you'll file a claim so insurers can raise or lower your rates accordingly. To find out where you stand, you can check your credit report and score for free. Think about using services like Experian Boost to add positive payment history for utility and telecom accounts as well as video streaming services to your Experian credit report, which can potentially increase your FICO Score in real time.
- Pay off your loan. If you're still paying off your current vehicle, your lienholder may require that you hold a higher level of insurance, such as comprehensive and collision. If manageable, paying off the loan could help you eliminate extra coverage expenses from your policy—lowering your monthly insurance payment.

With inflation and interest rates on the rise, finding savings on big-ticket costs like auto insurance could make a significant impact on your budget. Fortunately, new tools and smart strategies can help you save.

5 Ways To Get Kids Excited About STEM Learning

(StatePoint) The events of the past couple of years have shown how important scientists are to making the world a better and safer place.

According to an independent research study, 91% of people believe that scientists are critical for our future well-being, and 89% say that science brings hope for the future. Here are five ways to get kids, the next generation of scientists, excited about STEM.

1. Widen access. All kids should have access to STEM education opportunities, at school and outside of the classroom, whether it's through an after-school program, science camp, competition, or at home. Fortunately, online learning tools have made it possible for more children to access such programs. Today, there is a wide variety of free resources available to families and students looking to expand STEM learning outside of the classroom. Websites like youngscientistlab.com and 3M.com/ScienceAtHome feature fun and engaging projects for grades K-8, along with tools for parents and teachers to guide kids through the experiments.

2. Connect science to something your child already loves. We often think of science in a silo, but the application

of science is all around us. Connecting science to something your child already loves can help broaden their conception of what a future in STEM could entail. For example, kids who play sports may be interested in exercise science or sports medicine. Kids who love building toys may find engineering an exciting career path. Introducing kids to science kits, experiments, and other hands-on activities can help fast-track learning, make the subject more fun and engaging, and demonstrate firsthand how science fits into the activities and interests they already love.

3. Promote gender equity in STEM education. Gender should never affect a child's goal to pursue STEM. Yet, young girls often feel limited in their ability to excel in STEM-related activities due to the gender gap in the sciences and a lack of relatable representation. We can help shift antiquated thinking that science is not for girls by instilling confidence in them to challenge these stereotypes and by exposing them to the valuable work of women inventors, doctors, mathematicians, and scientists, so they can start to see themselves in these positions. Sign them up for extracurriculars like math team and coding camp,

visit math and science museums together, and talk about the contributions of and need for girls and women to solve real-world challenges.

4. Diversify STEM. Science is not tied to one gender, race, ethnicity, or nationality. Young kids in minority groups need to understand that they can be involved in STEM careers so that our future workforces reflect our diverse societies.

Shaking up the way we approach science and technology could be one way to help do this. Without a real-world connection, it's too easy for kids to feel lost or like "this" is not for them. If we expose kids to different career landscapes in ways they can connect to, they can better understand the importance of learning these subjects, build self-awareness around their unique attributes, and open them up to envision themselves in future STEM careers.

5. Bring science to life. Hands-on projects help bring science to life. Look for science competitions and programs that allow young minds to explore and develop real-world experience. For example, the 3M Young Scientist Challenge, a national science competition for students in grades 5 through 8 created with Discovery Education, asks students to identify

a problem and come up with a unique innovation to solve it. It can be something they're already passionate or curious about. The best part is anyone can get involved; all you need is an idea to get started.

Last year's winner, 13-year-old Sarah Park, started with the idea to create a treatment to help people with mental health disorders. During the competition and a once-in-a-lifetime opportunity to work with a 3M scientist, she went from idea to prototype developing a new solution called Spark Care+, a personalized music therapy treatment that uses artificial intelligence, galvanic skin response, and photoplethysmography.

Bring learning into the real world of innovating by actively presenting STEM learning opportunities to your budding scientist. Learn more about this year's competition, the chance to win \$25,000, and the title of "America's Top Young Scientist" at youngscientistlab.com.

As we confront 21st century challenges like climate change and community health crises, scientists, engineers, and doctors will be the heroes on the frontlines. For a brighter future for everybody, give your child the resources and encouragement needed to pursue STEM.

Thanks for reading The Paper!

Montgomery County's Most Wanted

The Montgomery County Sheriff's Office is requesting your assistance in locating a subject wanted on a felony warrant. If you have any information on the whereabouts of this wanted person please contact the Montgomery County Sheriff's Office at (765) 362-0885 or (765) 362-3740.

WANTED



Caleb J. Mathews
Born 1984
Charge: P/V Dealing Methamphetamine (Level 3)

WANTED



Wyatt W. Hunt
Born 1996
Charge: FTA Resisting Law Enforcement/Criminal Confinement (Level 5)

WANTED



Mario G. Ortega
Born 1977
Charge: Sexual Misconduct with a Minor (Felony 4)

WANTED



Robert E. Butler
Born 1984
Charge: Possession of a Firearm by Serious Violent Felon (Level 4)

WANTED



Devin R. Post
Born 1990
Charge: FTA Possession of Methamphetamine (Level 6)

WANTED



Amanda J. Fry
Born 1987
Charge: P/V Theft (Felony 6)

WANTED



Thomas W. Farley II
Born 1991
Charge: FTA Possession of Methamphetamine/Carrying Handgun w/out license

WANTED



Cole M. Williams
Born 1995
Charge: P/V Escape

WANTED



Stephen C. Shaffer
Born 1992
Charge: Domestic Battery (Level 5)

WANTED



Tasha L. McCray
Born 1991
Charge: FTA Fraud (Felony 6)

Please Read Our Disclaimer:

All warrants are the property of Montgomery County, Indiana. This list of wanted suspects is updated on a daily basis, but all warrants need to be verified through the Montgomery County Sheriff's Office Warrants Division before any action is taken. If you feel a warrant is listed in error, please contact the Montgomery County Sheriff's Office.

Notice:

If you have information about the whereabouts of any of the listed suspects, please contact the Montgomery County Sheriff's Office at the numbers provided, or contact your local law enforcement agency. The issuance of a warrant by no means indicates that a person is guilty of a crime, only that probable cause exists to believe that person has committed a crime.

DO NOT ATTEMPT TO APPREHEND ANY OF THESE SUSPECTS AS THEY MAY BE ARMED AND DANGEROUS.

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Readers' Choice 2022 Results - Service Category

- **Accountant**
Winner – Rod Curran
Runner Up – Mike Gaby
Honorable Mentions – H&R Block, Ed Hensley, Steve Selby, CS Oats ***
- **Alarm Company**
Winner – Haley's Lock Safe & Key
Runner Up – B&R Alarmax
Honorable Mentions – Alarmax ***
- **Animal Shelter**
Winner – Animal Welfare League
Runner Up – Home for Friendless Animals ***
- **Apartment Complex**
Winner – Cloverdale Heights
Runner Up – Autumn Woods
Honorable Mentions – Washington Manor, Laurel Falts, PKRD, Shady Knoll ***
- **Appraiser**
Winner – Sondi Eden
Runner Up – Real Estate Valuations
Honorable Mentions – Bryan at Gould's, Matt Walters, Max Boots, Larry Walters ***
- **Auto Body Shop**
Winner – Gould's Body Shop
Runner Up – Miller's Body Shop
Honorable Mentions – Stull's, Jeff Neal, Morris Neal, Harwood, Sheets ***
- **Architect**
Winner – Judith Kleine
Runner Up – Akers & Associates
Honorable Mentions – Myler, Walker Church Consulting ***
- **Armed Services**
Winner – Army Guard
Runner Up – National Guard
Honorable Mentions – Air Force, U.S. Marine Corps, U.S. Navy, Space Force ***
- **Attorney**
Winner – Monty Harris
Runner Up – Justin Froedge
Honorable Mentions – Tyler Nichols, Kent Minnette, Kurt Holman, Greg Miller ***
- **Auctioneer**
Winner – Bill Services
Runner Up – Jeremy Edwards
Honorable Mentions – Kenny Booth, Route 32, McIntyre & Wiley ***
- **Auto Repair Shop**
Winner – Pomp's Tires
Runner Up – Jared Brock
Honorable Mentions – Froedge, JTR, Etter Ford,

Kenny Vice Ford ***

- **Bank**
Winner – HHSB
Runner Up – Tri-County Bank & Trust
Honorable Mentions – Fountain Trust, Chase, First Merchants, PNC, First Financial ***
- **Barber Shop**
Winner – Carpenter's Barber Shop
Runner Up – Andy Biddle
Honorable Mentions – Great Clips, Hairport, Lavender & Hops, Bill Carpenter ***
- **Bed and Breakfast**
Winner – Cabins and Candlelight
Runner Up – His Harvest Home
Honorable Mentions – The Queen and I ***
- **Cable Company**
Winner – Metronet
Runner Up – AT&T U-Verse
Honorable Mentions – TDS, Comcast ***
- **Carpenter**
Winner – Jim Bidde
Runner Up – Town & Country
Honorable Mentions – Woodkey, Hard Hats & Hammers, HSD ***
- **Carpet Cleaners**
Winner – Service Masters
Runner Up – Menard's Carpet Care
Honorable Mentions – Rainbow International, May's Carpet Care ***
- **Cell Phone Provider**
Winner – AT&T
Runner Up – Verizon
Honorable Mentions – Cricket Wireless, Sprint, Boost Mobile ***
- **Check Cashing Service**
Winner – Check Into Cash ***
- **Chiropractor**
Winner – Advanced Chiropractic
Runner Up – Northridge Chiropractic
Honorable Mentions – Russel Chiropractic, Montgomery County Chiropractic, Chiro Med ***
- **Church**
Winner – Rock Point
Runner Up – Alamo Christian Church
Honorable Mentions – Woodland Heights, First United Methodist, Whitesville Christian, Darlington Congregational ***
- **Club/Organization**
Winner – 4-H
Runner Up – Boys & Girls Club
Honorable Mentions – Eagles, C'Ville Firefight-

ers Local 4143, American Legion, Kiwanis ***

- **Computer Repair**
Winner – Livesay PC & Software
Runner Up – Phantom Point
Honorable Mentions – Edge Information Technologies ***
- **Contractor**
Winner – Biddle
Runner Up – Woodkey
Honorable Mentions – Akers Construction, Hard Hats & Hammers ***
- **Counseling Service**
Winner – Rockpoint Grief Share
Runner Up – Center for Women's Ministries
Honorable Mentions – Valley Oaks, Pleasant View Counseling, Karen Cover, Mike Uhl ***
- **Credit Union**
Winner – TCU
Runner Up – IFCU ***
- **Daycare Provider**
Winner – Discovery
Runner Up – New Beginnings
Honorable Mentions – Rainbows and Rhymes, Tabitha (France), Jennifer Pruitt, Little Creations ***
- **Driving School**
Winner – AB Driving School ***
- **Dry Cleaner**
Winner – Crawfordsville Cleaners ***
- **Electric Company**
Winner – CEL&P
Runner Up – Tipmont
Honorable Mentions – Duke ***
- **Electrician**
Winner – Ratcliff
Runner Up – Hobson Electric
Honorable Mentions – Brian Purcell, Demoret Electric, Kevin McCord, Blake's ***
- **Employment Agency**
Winner – Workforce Plus
Runner Up – Manpower
Honorable Mentions – ProResources ***
- **Excavating Service**
Winner – Busse
Runner Up – Arthur
Honorable Mentions – Douglas, Glenco, Maxwell, Price ***
- **Factory**
Winner – Nucor
Runner Up – Random House
Honorable Mentions – Pace Dairy, Acuity, LSC Communications, Midwest Bale Ties ***
- **Financial Planner/Planning**

- **Company**
Winner – Mike Gaby
Runner Up – Joseph Marion – Joe Sadowski
Honorable Mentions – CS Oats, Edward Jones – South, Edward Jones – Tyler Baer, Edward Jones – Brad Gonzo, Mariner Finance Co. ***
- **Fire Department**
Winner – Wayne-town
Runner Up – Crawfordsville
Honorable Mentions – Walnut Twp, Waveland, Ladoga, Madison Twp, Coal Creek, New Market ***
- **Funeral Home**
Winner – Burkhardt
Runner Up – Family & Friends
Honorable Mentions – Hunt & Son, Porter, Sanders – Shoemaker, Machledt, Servies-Morgan ***
- **Grain Elevator**
Winner – New Ross Grain
Runner Up – Newtown Farm Service
Honorable Mentions – Waynetown Ag Center, Cargill, Peavy Co, Westland Co Op, ADM Grain ***
- **Hair Salon**
Winner – Hair Cellar
Runner Up – Beauty Bar on The Boulevard
Honorable Mentions – Blondie's, Essentials, Savvy Chic, Nogginz ***
- **Health Food Store**
Winner – Sunflower
Runner Up – Lighthouse Natural Living
Honorable Mentions – One Step Closer, Elderberry Everything, Healthie's ***
- **Heating/Cooling Company**
Winner – Hay-Bush Mechanical
Runner Up – Myers
Honorable Mentions – Edward's Heating & Cooling, Riggins, Cox & Pritchett, Cook ***
- **Home Builder**
Winner – Jim Bidde
Runner Up – Ratcliff Homes
Honorable Mentions – Chism, Gary Nesbitt, Livesay Construction, TK Homes, Gary Estep, King Builders ***
- **Hotel**
Winner – Hampton Inn & Suites
Runner Up – Holiday Inn Express
Honorable Mentions – Crawfordsville Motel, Motel 6, Comfort Inn, Ramada Limited, Super 8 ***
- **Insurance Agency/Agent**
Winner – Farm Bureau/Terre Hatke
Runner Up – JM Thompson
Honorable Mentions –

- **Interior Designer**
Winner – Lora Craft-Whiles ***
- **Internet Service Provider**
Winner – Metronet
Runner Up – AT&T
Honorable Mentions – TDS, Hughes Net, Comcast/Xfinity ***
- **Investment Broker**
Winner – Edward Jones – South
Runner Up – Joe Sadowski
Honorable Mentions – Edward Jones (Brad Gonzo), Edward Jones (Tyler Baer), Terry Daniels ***
- **Landscape/Lawn Care Provider**
Winner – Crawfordsville Outdoor
Runner Up – Davidson's
Honorable Mentions – Hutson, Light's Lawn Care, McKlaskey Lawn Care, Pro Green ***
- **Laundromat**
Winner – Wash N Go
Runner Up – Citgo ***
- **Library**
Winner – Darlington
Runner Up – Crawfordsville
Honorable Mentions – Linden, Waveland, Ladoga ***
- **Massage Therapist**
Winner – Healing Arts Center
Runner Up – Candi Bell
Honorable Mentions – Kelly McKinney, Heather Allen, Kasey Hoffman/Advanced Chiropractic, Nancy Morrison ***
- **Mini-Storage**
Winner – Storage of America
Runner Up – Pac Away
Honorable Mentions – Storage Express, U-Rent-It Center, Wilson's, Alcatraz, U-Haul ***
- **Moving Company**
Winner – Superior Moving Red Ball
Runner Up – U-Haul ***
- **Museum**
Winner – Lew Wallace Study
Runner Up – Carnegie
Honorable Mentions – Old Jail ***
- **Music Store**
Winner – Music on Grant
Runner Up – Wabash Revisited ***
- **Septic & Sewer Services**
Winner – Dutcher

- **Trenching**
Runner Up – Scott Septic & Portables
Honorable Mentions – Roto Rooter ***
- **Dog Trainer**
Winner – Shaffer Dog Training
Runner Up – Sugar Creek K-9 Academy
Honorable Mentions – Stepping Stone Animal Training, VonBernd K9 Training Center ***
- **Welding – Fabricator**
Winner – New Market Welding
Runner Up – Jarrod Zachary Welding
Honorable Mentions – B&L Engineering, C&F Fabricating, Sugar Creek Fabricators ***
- **Real Estate Agency/Agent**
Winner – Steve Zachary
Runner Up – Carpenter Realty
Honorable Mentions – Greg Morrison, Cali Bridges, Sarah Broadwater, FC Tucker ***
- **Preschool**
Winner – Creation Station
Runner Up – Little Mountie Preschool
Honorable Mentions – New Beginnings, Discovery, Wilson Development, Hand in Hand ***
- **Plumber**
Winner – French's Plumbing
Runner Up – Cox & Pritchett
Honorable Mentions – Plumb Crazy LLC, D&R, Edwards Plumbing, H&M Plumbing, Elder Plumbing, Harold Mennen ***
- **Police Department**
Winner – Montgomery County Sheriff's
Runner Up – Crawfordsville
Honorable Mentions – Waynetown, Darlington, Waveland, Ladoga ***
- **Post Office**
Winner – Crawfordsville
Runner Up – New Ross
Honorable Mentions – Waveland, Waynetown, Linden, New Richmond ***
- **Pet Kennel**
Winner – Rin Tin Inn
Runner Up – Cat's Nap
Honorable Mentions – R and R Pet Boarding ***
- **Pest Exterminator**
Winner – Arab
Runner Up – Orkin
Honorable Mentions – Brian Ledbetter ***
- **Pet Groomer**
Winner – Ruffcuffs
Runner Up – Jamie Halsey
Honorable Mentions – Doggie Boutique, Puppy Cuts, C'Ville Vet Clinic

Readers' Choice 2022 Results - Entertainment Category

- **Band (Local Country)**
Winner – Darlington Road
Runner Up – Desperate Measures
Honorable Mentions – Honky Tonk Attitude ***
- **Band (Local Rock)**
Winner – Coffinsville
Runner Up – Desperate Measures
Honorable Mentions – Eric Barr, Gertie's Ride, Stompin' Ground, Beautiful Calamity ***
- **Band (Local Gospel)**
Winner – Rock Point Band
Runner Up – Luke Menard
Honorable Mentions – Beautiful Calamity, Woodsman Gospel Trio, Overtones, Glorious Rebellion, Woodland Heights ***

- **Band (Local Jazz)**
Winner – North Montgomery Jazz Band
Runner Up – Remote View
Honorable Mentions – Wabash College ***
- **Band (Local Gospel)**
Winner – Rock Point Band
Runner Up – Luke Menard
Honorable Mentions – Beautiful Calamity, Woodsman Gospel Trio, Overtones, Glorious Rebellion, Woodland Heights ***

- **DJ**
Winner – Sizzlin' Sounds
Runner Up – Aaron Melvin/ DTP Entertainment
Honorable Mentions – Chris Heinz, Andrew Vaughn, DJ Chris Smith ***
- **Dance Studio**
Winner – Dance by Deborah
Runner Up – Center Pointe
Honorable Mentions – Crawfordsville Dance Academy ***
- **Golf Course**
Winner – Craw-

- **Country**
Winner – Crawfordsville Country Club
Runner Up – Rocky Ridge (Darlington)
Honorable Mentions – Turkey Run, Crawfordsville Municipal ***
- **Health Club**
Winner – Crossfit 54
Runner Up – Park & Rec
Honorable Mentions – Powerhouse, Planet Fitness, Elavus CrossFit, Iron Smith's Gym, Anytime Fitness ***
- **Lodge**
Winner – Eagles

- **Runner Up – American Legion**
Honorable Mentions – Moose, VFW ***
- **Newspaper**
Winner – The Paper
Runner Up – Journal Review
Honorable Mentions – The Bachelor ***
- **Newspaper Columnist**
Winner – Tim Timmons
Runner Up – Butch Dale
Honorable Mentions – John Marlowe, Karen

- **Zach, Dick Wolfsie, Purdue Extension** ***
- **Historic Landmark**
Winner – Lane Place
Runner Up – Elston Homestead
Honorable Mentions – Lew Wallace, Rotary Jail ***
- **Photographer**
Winner – Abbey Elaine Photography
Runner Up – Victoria Hunt Photography
Honorable Mentions – Lori Poteet, Memories by Madison, Amanda Bannon, Amethyst Crosby



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April 15 7:00 PM Good Friday Service
April 17 9:30 AM Easter Service

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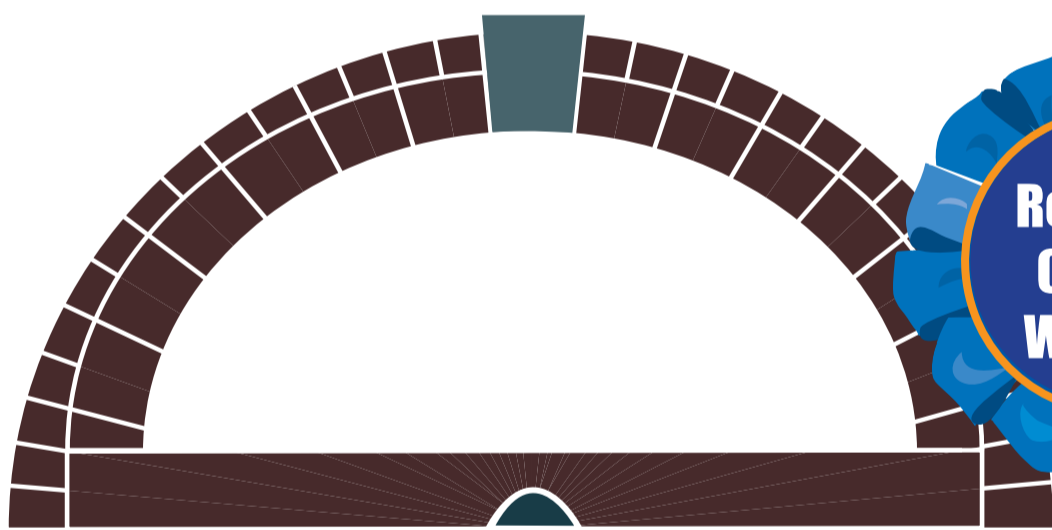
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**Readers'
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Winner!**

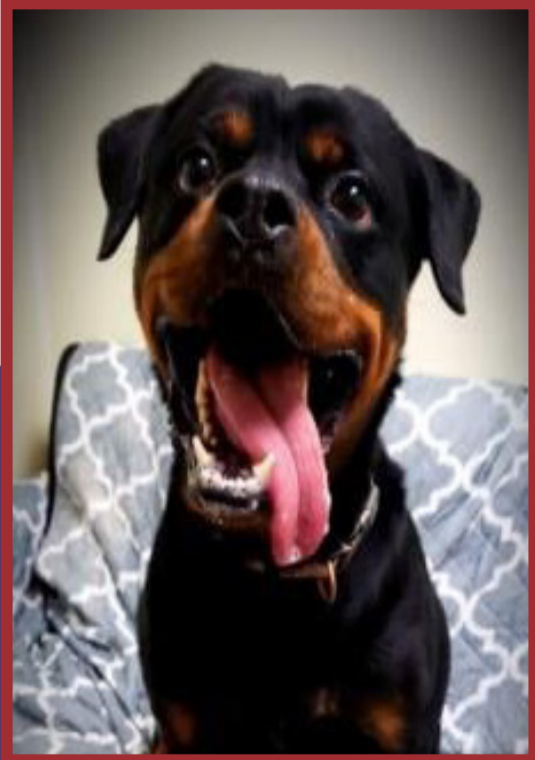
Shaffer Dog Training, Boarding and Daycare would like to thank every single one of our clients for their votes and their support. As a new business, being considered Readers' Choice after a year in business is never something we would have dreamed of achieving with several local trainers in the area that are also well qualified. Word of mouth drives our business in a service field, and we can never say enough to thank our dedicated clients for recommending our services. We have expanded from simply offering training, to now offering full boarding, daycare, and some grooming while of course still offering all of our training services including day trains, board and trains, individual and group sessions. We also want to thank Windy Hill Pet Ranch for collaborating with us and hosting our group classes at their wonderful facility. We welcome all dogs, and all dog behavior problems in our program. We pride ourselves in "no bad dogs" and correcting even some of the most difficult situations. We could not do what we do without our community supporting us every step of the way. Thank you all for making this dream become reality and allowing us to work with your 4 legged family members every single day! We do have openings for new clients currently, please do not hesitate to call/text us at (765) 918-7553 or check out our Facebook page at Shaffer Dog Training and Boarding for more information!

THANKS FOR VOTING IN THE READERS' CHOICE CONTEST!

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