#### TODAY'S VERSE

Matthew 6:9-13 Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation. but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen. (The Lord's Prayer)

#### TACES OF **MONTGOMERY**

People who call our community their own.



Angie Hedrick owner of Hedrick Family Farm gives a beautiful smile at The Farmer's Market. Thank you for your smile, Angie!

#### THREE THINGS You Should Know:

Cats aren't for everyone, but those who love them really love them. Cat people will put up with just about anything to keep their feline overlords happy. And it turns out that Florida really loves its cats. Orland and Ft. Lauderdale rank in the top four cities for cat lovers, according to the good folks at LawnStarter. Unfortunately, we Hoosiers were more toward the bottom of the litter box. Indianapolis was ranked 108th out of 200 and Ft. Wayne was even lower. And for those who care. International Cat Day is today.

The Crawfordsville Investment Club will meet ■Tuesday at 6:30 p.m., at the Crawfordsville District Public Library. The program is "High Yield Dow Stocks." The Crawfordsville Investment Club meets for educational purposes only. Visitors are welcome. For more information call (765) 362-2826.

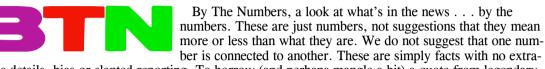
Hey, guys, if you're in love and are looking for a sure-fire way to pop the question, you might want to get in touch with Abdul Gafur Anadiyan, managing director at SWA Diamonds, says the Association of Mature American Citizens [AMAC]. You'll find him in Malappuram, India and, if you have the dough, he has an engagement ring that will knock your lady's socks off. It features 24.679 diamonds and the Guinness Book of World Records attests to the fact that it's a one of a kind. Guinness describes Abdul as specializing "in diamond jewelry with a mission of making it affordable for all." Sure enough, he's asking a mere \$95,243 for this piece of bling.



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#### **CRAWFORDSVILLE, INDIANA**



neous details, bias or slanted reporting. To borrow (and perhaps mangle a bit) a quote from legendary fictional detective Joe Friday, it's just the numbers, ma'am!

Candles Holocaust Museum and Education Center in Terre Haute offers educators free admission on the first Saturday of each month. University and K-12 educators can experience the museum for free with a valid school ID. Candles is Indiana's only museum dedicated to the Holocaust.



The Department of the Interior yesterday

announced that nearly \$725 million from

President Biden's Bipartisan Infrastructure

Law is available to 22 states and the Navajo

Nation, including over \$24.5 million for the

state of Indiana. These funds are aimed at

creating good-paying union jobs and cata-

lyze economic opportunity in coal commu-

nities by reclaiming abandoned mine lands

(AML). The Notice of Funding Opportunity

opened vesterday and follows the release of

The House and Senate reached a deal for

distributing more than \$1 billion in surplus

appropriations and discretionary funding

an abortion ban. The deal was part of an

amendment approved Thursday to Senate

TODAY'S HEALTH TIP

light on cloudy days too.

Your skin can be damaged by UV

Today's health tip was brought to you

by Dr. John Roberts. Be sure to catch

online at www.thepaper24-7.com.

his column each week in The Paper and

for social service programs in the wake of

accounts and providing \$75 million in direct

final guidance for how eligible states and

**Attorney General Todd Rokita** 

# HOLOCAUST MUSEUM & EDUCATION CENTER

After years of fighting intrusive robocalls, Indiana Attorney General Todd Rokita said that Indiana is one of the leaders of the nationwide Anti-Robocall Litigation Task Force, which will include 50 attorneys general. The task force will investigate and take legal action against the telecommunications companies responsible for bringing a majority of foreign robocalls into our country. This bipartisan national task force has one goal: to stop illegal robocalls.



The Military Family Relief Fund Back to

School Program is designed to assist veterans and their families that are experiencing financial hardship. This special program can assist qualified veterans with essential school expenses for the children that reside in their homes. The assistance amount would be \$500.00 per child residing in the veteran's household This program began on July 1, 2022, and end on Sept. 15, 2022. Any applications received after 4 p.m. on Sept. 15 cannot be processed. Any applications that are not complete at 4 p.m. Sept. 15 will be closed.



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#### Sunrise/Sunset RISE: 6:53 a.m. SET: 8:53 p.m.



High/Low **Temperatures** High: 88 °F Low: 73 °F



#### Today is...

- International Cat Day • National CBD Day
- National Dollar Day



#### What Happened On This Day

- 1974 Nixon Announces His Resignation
- 1908 Wright Brothers **Publicly Show Off Their** Flying Machine For the First Time





#### **Births On This Day**

- 1937 Dustin Hoffman American actor
- 1953 Nigel Mansell English race car driver

#### **Deaths On This Day**

- 1973 Dean Corll
- American serial killer • 1985 Louise Brooks American actress, dancer

#### HONEST HOOSIER

I forgot my phone when I had to go to the toilet the other day. My bathroom has 612 tiles.

Bill 2.



#### Obituaries.....A2 Gwynn Wills......A2

INSIDE

TODAY'S

**EDITION** 

Carrie Classon..... A2 Casey Williams.....A3 John Roberts......A2

#### THE MONTGOMERY MINUTE

#### **Churches! Listen Up!**

The Paper is offering any Montgomery County church a free ad to let folks know what time services are, sermon topics . . . or really, anything they want - something that is especially valuable as we all try to get people together in places of worship so that we can begin to find some common ground that unites us, instead of focusing on what divides us? If you represent a church and would like a free ad each week in our Faith section, just e-mail ttimmons@thepaper24-7.com.

#### TODAY'S QUOTE

"I like to see a man proud of the place in which he lives. I like to see a man live so that his place will be proud of him." Abraham Lincoln

#### 🗢 TODAY'S JOKE

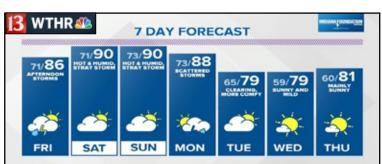
Sometimes I feel like I'm losing my train of thought. But as long as I can keep the part that tells me it's time to go to the bathroom, I'll be alright.

#### OBITUARIES NONE



The Paper appreciates all our customers. Today, we'd like to personally thank **Brad Rader** for subscribing!









PAGE A2 🗉 MONDAY, AUGUST 8, 2022

#### **Gwynn Wants To Know What's On Your Playlist?**

It's been 52 years since the Class of 1970 flipped their tassels. Crawfordsville High School graduates from that year are finally going to celebrate their 50th reunion, postponed twice because of the mutating pest named COVID. There is even the threat of the newest and more rapidly spreading strain, but our reunion committee made it clear if we don't meet this year, we'll have to wait until another milestone. So, we are forging ahead on Saturday to relive better days (maybe) and create new memories with old friends.

One of the highlights of our gathering will be the music. The reunion committee has commissioned The Leadsmen to play. If you were around Crawfordsville and surrounding areas in the 1960s, chances are you attended one of their gigs. A garage band that practiced in family rooms, Dan Wills, Marc Tucker, Ray Kirtley and Dave Will played at "sock hops" school dances, pool parties and the Battle of the Bands at the Armory. Kenn Clark joined the band in high school and added another dimension with a trumpet and keyboard. I once sang "These Boots are Made for Walking" with them at a junior high dance. I thought I was pretty cool until a girl confronted me in the restroom and said, "You might be good if you practiced." My "girl singer with the band" days were short-lived. Fast forward 40 years and the group reunited, minus two of the original members, Marc and Dave; but with the addition of John Ford,



**GWYNN WILLS** A Better Word

they have been performing around west-central Indiana since the early 2000s. The "Old Guys Rock" band is guaranteed to play songs that set the soundtrack to our adolescence. Not all crowds dance at their shows, but I expect to see a group of ladies (Sue Ann, Jamie, Jan, Kris, Sheri) doing their best frug, swim and hitch-hiker!

I don't know anything that evokes stronger memories and accompanying emotions than music. Further research into the subject of music, memory and emotions increased my awareness into how invaluable music is in our lives. The world-renowned neurologist Oliver Sacks states in the 2014 documentary, Alive Inside:

"Music is inseparable from emotions. It's not just a physical stimulus. It's the back door to the mind. Music has more ability to activate more parts of the brain - auditory, visual, emotional, physical coordination than any other stimulus. If it works at all, it pulls together many emotions and memories from many parts of a person's life. People re-acquire their identity; they re-connect with themselves."

His work in the area

of music as referenced in his 2009 book Musicophilia Tales of Music and the Brain, Sacks states "music and emotion are the last parts of the brain touched by Alzheimers." When given headphones and an iPod with person-specific music downloaded, elderly dementia patient suddenly come alive. If you watch the documentary, you will be amazed at how lucid some of the folks become when the connection is made between those rusty synapses. It is astounding to see the non-responsive, nearly catatonic "golden-agers" start moving limbs and bobbing heads that had been stilled far too long.

I felt brave last Wednesday night, snapped on a K95 and headed to the local AMC to watch "Elvis" on the big screen. I cried within the first five minutes and then again near the end when Austin Butler / Elvis sang, "If I Can Dream" from his 1968 comeback special which aired on national television. That song induced a flood of memories of an era rife with universal tragedy and personal growing pains. (Even if you were not an Elvis fan, I highly recommend the movie. It is a good one.) In the movie, the deaths of JFK, Martin and Bobby impacted Elvis greatly and this song was a way of providing tribute to three very influential men in that decade of life.

Seriously, who doesn't feel like crying when you hear "Abraham, Martin and John" by Dion, especially when he sings the last line about Bobby "walkin' up over the

hill?"

So I think about my personal playlist and what I want to download in the event I need to be ushered back into the world from a fugue state. (Shane, Beth and Leslie, take note!)

\* Dan Fogelberg - his music will bring back all my loves and losses

\* The early Beatles what red-blooded American girl from the 1960s wouldn't have them on their playlist?

\* "Memories" by Elvis to remember the first love of my life

\* "China Grove" by The Doobie Brothers so I can rock out

\* "Home" by Gary Puckett and the Union Gap to remind me how thankful I was no one I loved lost their life in Vietnam.

\* "The Dance" by Garth Brooks for all the times I took chances and didn't miss the pain.

\* "Tusk" by Fleetwood Mac" so the staff at the nursing home can see me keep a beat!

\* "We Don't Talk About Bruno" from Encanto so I can remember dancing around the room with all seven of my grandchildren.

\* "You've Got a Friend" by James Taylor so I can envision the pack of dogs, cats and horses I've saved and loved over my lifetime.

\* "Miracles" by Jefferson Starship (I'm keeping that one a secret)

\* "Harvest Moon" by Neil Young because Dan sent it to me one night as he was thinking of me.

I could go on, but you get the idea, right? One final thought, though; don't wait until someone else has to plug you into the music. Listen to the songs that evoke the memories and make the playlist of your life.

Gwynn Wills is a former speech therapist, certified Amherst Writers and Artists workshop Affiliate and Leader and founder of The Calliope Writers Group. After growing up in Crawfordsville, her and her husband returned several years ago.

# The Wonderful Lulu

My husband, Peter, and I are back in our little place in San Miguel de Allende, Mexico.

Of course, it is not really "our" place. We don't own it and have no desire to own anything here larger than a pressure cooker (yes, Peter bought one). When we arrived, Pepe at the front desk said, "Welcome home!" in English, and that is exactly how it felt: as if we had been away from home and were now returning.

A large box that had formerly held boxes of Cocoa Puffs was already in our apartment, filled with the things we had been allowed to leave behind: kitchen stuff and some art and clothing. It's nice having our things stored for us while we are away. It is nice to have other people worry about the internet and water and electricity and watering the many plants that fill the courtyard. It's nice having someone at the front desk who will accept packages if we have any and say "good morning!" and "good afternoon!" whenever we come and go. And, I have to admit, it is nice to have Lulu.

I'm not used to having housekeeping. But Lulu comes twice a week, and I'm getting to like it.

Of course, I wash all my dishes, and six days of the week I make my own bed. I don't leave clutter lying about. I find myself looking nervously around the kitchen to make sure the place looks OK before she comes. But then Lulu arrives with fresh white towels and a rag mop and a bucket full of cleaning supplies, and I smile at her and say, "How are you doing today, Lulu?" Lulu always says she is doing fine.

Lulu is an older womsevere. Her hair is pulled back into a tight bun and she wears glasses. She does not readily smile and so, when she does, it is a special treat, because I am quite sure she is not doing it for show. Getting Lulu to smile has become



CARRIE CLASSON The Postscript

one of my major goals on Mondays and Thursdays.

It was a bit awkward at first. I was nervous having her in the apartment. Should I leave? Was I in her way? I'm pretty sure I made Lulu nervous, skittering around to avoid her and constantly apologizing for my existence. But this is our second stay in this apartment hotel, and we are getting used to one another, Lulu and I. Now I stay put until she lets me know when she'd like to clean the area I am currently occupying, and I tell her about all the amazing vegetables I found in the market and, when she leaves, I give her a larger tip than is, perhaps, customary.

Because I can't think of a better person to have a little extra money than Lulu.

She always thanks me, and I thank her, and we have a moment of awkwardness, and then she is gone until the next Monday or Thursday.

And, of course, it is her job. But there is an ordinary kindness that Lulu embodies that warms my heart. She appreciates my gratitude, and I think she even enjoys my company for the short while we are together—even though my Spanish is not good and I am a little nervous around her. I think she knows I mean well, and that I appreciate her.

When Lulu is gone, the apartment smells of disinfectant soap—a pungent smell I will always associate with Mexico, a clean white bedspread, a spotless floor, and Lulu.

Till next time, Carrie

Photos from the column and other info can be found at CarrieClasson.com.



Looking for a part-time job that does not involve the words: Would You Like Fries With That?

The Paper of Montgomery County offers jobs that include pagination and page design, basic clerical and even some photography and writing.

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## Senior Golf Results

The dog days of summer are here and the Crawfordsville Senior Golf League is back at it again.

Taking first place this week at 13-under-par was the fivesome of Dave Hart, Gary Duncan, Dick Baker, Steve Winningham and John King.

In 2nd place at 12-under-par is the team

consisting of Steve Hoagland, George Hassler, Bill Franklin, Dale Wilson and Jack Foos. Two strokes behind them at 10-under Dave Creech. Les Clardy, Fred Phelps, Bo Broski and Dave Crispin.

Dan Welliever unseated Bill Boone with the long drive of the day from the 80-and-up group.



#### **EMPLOYMENT OPPORTUNITY Meter Technician**

Crawfordsville Electric Light & Power is seeking an individual with electrical knowledge to join our team as a Meter Technician. The position is responsible for performing the inspections, maintenance, operations, and construction of utility electrical metering systems. Proficiency in the full Microsoft suite and database programs are essential. Send resumes to amcarthur@celp.com.

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Check back daily for updates!















### 2022 Kia EV6 GT-Line Sends A Postcard From 2030

Kia sends you a postcard from 2030. While several automakers are plotting plans to convert their internal combustion line-up to all-electric by then, the Kia EV6 is already driving there. Its sleek muscular profile covers a swift and silent powertrain that gives passengers every opportunity to luxuriate in a tech-laden cabin. It's the car we were promised in the future, fully realized today. Let's take it for a ride.

It looks the part with its wide electric car stance, squinty angry headlamps, and slashed lower facia. Bulging fenders surround fat 20" wheels. Kia wants us to think of the EV6 as a crossover, and it was quite large resting in my garage, but think more of a tall swagger wagon. I especially like the barely sloping roof, gently kissed by the upturned

rear pillar, and a wide curvy rump with just a strip of LEDs arching over.

The minimalist artwork continues inside where twin thin screens top the dash for gauges and infotainment, sueded sport seats are heated/ventilated, and the flybridge console houses cupholders, gear selector, and wireless phone charger. Sueded sport seats are heated and ventilated. Check too Meridian audio, heated steering wheel, and power moonroof. Safety is highlighted by front/rear automatic braking, widescreen head-up display, and safe exit assist that prevents passengers from

stepping into traffic. Living with the EV6 is pretty easy. Fully charged, our all-wheeldrive GT-Line goes 274 miles (310 miles without the sports gear) and can fast charge from 10-

80% in just 18 minutes. Charge overnight at home on a 240v charger, but employing just household current consumes 68 hours. Definitely get the home charger. If you care about economy, the car boasts 116/94-MPGe city/highway.

GT-Line means this EV6 looks like the superfast GT, but isn't nearly as quick. Though, it's not slow. The 77.4 kWh lithium-ion battery pack sends 320 horsepower and 446 lb.-ft. of torque to the road through allwheel-drive. While the GT can click off 0-60 mph in a scant 3.5 seconds, the GT-Line will require 5.2s. I know, the sacrifices we must make. Just be aware that if you keep going fast, you won't go very far.

And, that would be a shame because the EV6 is a joy to drive. Energize the big pedal and it whooshes silently away.

#### 2022 Kia EV6 GT-Line

Five-passenger, awd 5-door Powertrain: Li-ion batteries/motor Output: 320hp/446 lb.-ft. Suspension f/r: Ind/Ind Wheels f/r: 20"/20" alloy Brakes f/r: regen disc/disc Must-have features: Style, Driving **Driving range: 274 miles** 0-60 mph: 5.2s

Economy city/hwy: 116/94 mpg-e Assembly: Hwasung, Korea Base/as-tested price: \$41,400/57,410

It's very happy slipping through city traffic or making haste on the Interstate with regenerative braking allowing one-pedal control. Adaptive cruise and lane centering steering add to the relaxation. The car is quite heavy – over 4,000 lbs - but the weight is low down in the chassis and the suspension does a good job of stepping

through corners and over rough pavement.

If the EV6 had a gas engine, I'd still like it. It is beautiful and works simply. The cabin is roomy and sets the standard for ease of use with all of the latest infotainment and safety features. But, it is electric and that makes it a better car. I'm not enjoying being home from 2030, but I



CASEY WILLIAMS **Auto Reviews** 

can't wait to see what Kia builds eight years hence.

A base price of \$41,400 rises to \$57,410 as-tested (minus \$7,500 federal tax credit). Competitors include the Ford Mustang Mach-E, Tesla Model Y, Chevy Bolt EUV, Subaru Solterra, Toyota bZ4X, and Hyundai IONIQ 5.

Storm Forward!

Send comments to Casey at AutoCasey@aol.com; follow him on YouTube @ AutoCasey.





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# Signs Of A Concussion And Treatment To Follow

I see a number of patients each year who have suffered a concussion. Usually this is an athletic injury, but it is commonly seen in others as well. Concussions have always been a part of sports, particularly those involving high-energy impacts including football, wrestling, soccer, lacrosse, and basketball. Intensive research, along with lawsuits including the one the NFL Players Association brought against the NFL, are causing research to move rapidly to help get a firmer grasp on how to prevent and manage concussions.

A concussion is a trauma-induced alteration in mental status that usually does not involve a loss of consciousness and does not have to be a result of a blow to the head. In fact, only ten percent of concussions are associated with a loss of consciousness.

Concussions are the result of soft brain tissue moving violently inside the bony skull. It is important to realize that this movement can result in varying degrees of



JOHN R. ROBERTS, M.D. Montgomery Medicine

microscopic injuries to brain tissue, the majority of which do not show up on radiologic imaging studies like CT or MRI scans

Concussions alter the ability of brain cells to use energy to communicate. The brain's demand for energy exceeds what can be delivered, resulting in the many concussion signs (observable by others) and symptoms (what the athlete perceives). The injured brain is at increased risk of additional injury, sometimes catastrophic, until this mismatch of energy supply and demand is resolved.

Concussion signs may

include appearing dazed, stunned, or confused. Observers may note the person is moving clumsily, saying nonsensical things, or exhibiting mood changes such as aggression or sadness. It may cause amnesia, either retrograde (forgetting what happened before the injury) or anterograde (forgetting events after the incident - a more concerning symptom).

Most sufferers usually report a headache. Other common symptoms may include nausea, dizziness, balance problems, blurred or double vision, light or noise sensitivity, "brain fog," concentration or memory problems, fatigue and changes in sleep patterns.

Athletes who sustain a concussion should be immediately removed from the contest or practice until they are evaluated by a certified athletic trainer, coach, or physician who has received training in concussion management. This is especially critical in younger athletes who are likely more suscep-

tible to potential severe neurologic injury if they are allowed to return to competition before recovering from a concussion.

Although a patient's signs and symptoms may appear to resolve, often the brain has not recovered completely. There are subtle neurologic changes that often can't be picked up by doing a medical history or physical examination.

Computerized neurocognitive testing such as ImPACT, has enhanced our ability to manage concussions more effectively. These tests are more objective and, most importantly, can assist us in getting athletes back on the field more safely. Typically, athletes take a baseline examination at the start of the season and repeat the test at varying times following a concussion. Athletes are usually kept out of competition until their physical exam is normal and their test returns to their baseline.

All NFL and NHL teams and most colleges utilize neurocognitive

assessment software. Thankfully, its use has filtered down to the high school level in most areas. While not infallible, most doctors consider these tests to be a standard aid in the management of concussions. However, it is important to note that these tests are but one tool in determining a patient's readiness to return to normal activity. Concussion is a clinical diagnosis that requires an assessment by a clinician with experience in concussion management.

We are constantly searching for tools to aid in the diagnosis and management of concussions. Some of my patients have brought the "concussion blood test" to my attention. These questions have originated from headlines such as this one from the New York Times: "Concussions Can Be Detected With New Blood Test Approved by FDA." Unfortunately, this is inaccurate.

The test was developed to detect two proteins released into the blood-

stream that indicate there is bleeding in the brain, not to aid in the diagnosis of concussion. The test will be used primarily in emergency rooms to determine if a patient needs a CT scan to evaluate for bleeding in the brain.

There are steps that can be taken to help reduce the risk of suffering a concussion. It is critical to teach players to wear properly fitted safety gear and instruct them on proper technique, especially tackling in football. Prevention of falls is also important in non-athletes as well.

Everyone should understand the potential serious nature of even a "minor" concussion. Athletes in particular need to be taught to report their own or their teammates' symptoms or signs immediately.

More information may be found at www.cdc. gov/TraumaticBrainInjury/

Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine.

### The Paper

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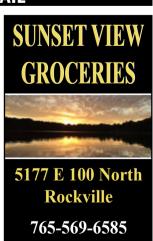
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Mon & Fri: 7:30 am - 7 pm

Tues, Wed, & Thur: 7:30 am - 5:30 pm

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