#### **⇒** TODAY'S VERSE

Philippians 1:6 Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ

# **⇒** FACES of MONTGOMERY

People who call our community their own.



Liam Washer smiles brightly while working hard to pay for college and has won an opportunity to play classical music in the State Fair. Thank you for your smile, Liam!

# THREE THINGS You Should Know:

The Indiana Department of Transportation announces restrictions on U.S. 231 starting on or after Monday, August 15 for the inspection and repair of an underground gas pipeline near Crawfordsville. The southbound lane of U.S. 231, between Co. Rd. 400 N. and the I-74 interchange will be restricted to allow crews to work safely. Traffic will be directed via a temporary signal and concrete barriers. The project is expected to be completed by the end of August, weather permitting. INDOT reminds motorists to slow down, use caution and consider worker safety when driving through a work zone.

Looking for a part-time job that does not involve the words: Would You Like Fries With That? The Paper of Montgomery County offers jobs that include pagination and page design, basic clerical and even some photography and writing. We're looking for bright and eager people to join our winning team! This could be the perfect job for part-time students all the way up to Baby Boomers looking for something to do. Let us know you are interested by sending an e-mail with your resume and a note telling us what you love about newspapers to jobs@ thepaper24-7.com.

Indiana has been ranked No. 1 for infrastructure in CNBC's 2022 Top States for Business annual rankings. This marks the sixth consecutive year Indiana has been ranked in the top five, including No. 1 rankings in 2016 and 2019. "Indiana continues to attract national and global attention for leading the way in providing quality infrastructure for residents and businesses," Gov. Eric J. Holcomb said. "This No. 1 ranking affirms our approach to making strategic investments in transformative projects, our strong commitment to taking care of what we have, and our close collaboration with local communities and private partners. I'm looking forward to building on our momentum to further leverage our competitive advantage on infrastructure."

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By The Numbers, a look at what's in the news . . . by the numbers. These are just numbers, not suggestions that they mean more or less than what they are. We do not suggest that one number is connected to another. These are simply facts with no extra-

neous details, bias or slanted reporting. To borrow (and perhaps mangle a bit) a quote from legendary fictional detective Joe Friday, it's just the numbers, ma'am!



The Wabash College fall semester begins on August 24 and

close to 25 international students will begin their freshman year along with the rest of the Class of 2026. It is a banner year for international students, the most for several years.



Yesterday, during National Health Center

Week, the U.S. Department of Health and

Resources and Services Administration

(HRSA), awarded \$1,979,675 in American Rescue Plan funding to 31 community

health centers in Indiana to advance health

reporting. On Friday, August 5, President

role health centers play in safeguarding the

well-being of Americans and honor the he-

roic staff who keep these facilities running.

American Senior

Communities..

American Senior Communities, L.L.C.

(ASC), a provider of skilled nursing and

long-term care services throughout Indi-

ana, has agreed to pay \$5,591,044.66 to

Claims Act by submitting false claims to

resolve allegations that it violated the False

equity through better data collection and

Biden issued a proclamation on National Health Center Week to recognize the vital

Human Services (HHS), through the Health

Attorney General Todd Rokita

# 22,000

Attorney General Todd Rokita has finalized a \$2 million settlement with ImmediaDent of Indiana P.C., a chain of dental clinics that closed in March of 2020. The entirety of the settlement will be paid in refunds to more than 22,000 Hoosiers who, according to the state's allegations, paid for treatments they never received.



Students from 21

Indiana schools will

1,454

take field trips to
Indiana State Park properties this academic year
thanks in part to the Discover the Outdoors grant
program administered through the Indiana Natural
Resources Foundation (INRF), the supporting
nonprofit of the DNR. The program awards
public, private, parochial, or home-school educators grants that range from \$180-\$250 to fund
transportation costs, program fees, and classroom
supplies related to preparation or follow-up for
the field trips. An estimated 1,454 students from
K-12 will benefit from the \$5,080 in grants the
program expects to distribute.



#### Sunrise/Sunset RISE: 6:58 a.m. SET: 8:46 p.m.



High/Low Temperatures High: 82 °F Low: 64 °F



#### Today is... • Stay At Home With

Kids Day

National Relaxation Day



#### What Happened On This Day

- 1973 US involvement in Vietnam ends
- 1969 The Woodstock Music & Art Fair opens its doors to participants and spectators





#### Births On This Day

- 1912 Julia Child
- American chef, author
   1769 Napoleon
  Corsican/French military
  officer, political leader

#### **Deaths On This Day**

- 1935 Will Rogers
  American actor
- 2011 Rick Rypien Canadian ice hockey player

#### **⇒** HONEST HOOSIER

the Medicare program.

This from a reader: Democrats spent six years calling Trump supporters stupid. So they voted for someone who managed to get \$5 gas, skyrocketing inflation and food shortages. Who looks stupid now?



#### TODAY'S HEALTH TIP

If you have diabetes, it's important to do aerobic AND weight training. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



# **○ INSIDE**TODAY'S EDITION

#### **⇒** THE MONTGOMERY MINUTE

#### Churches! Listen Up!

The Paper is offering any Montgomery County church a free ad to let folks know what time services are, sermon topics . . . or really, anything they want – something that is especially valuable as we all try to get people together in places of worship so that we can begin to find some common ground that unites us, instead of focusing on what divides us? If you represent a church and would like a free ad each week in our Faith section, just e-mail ttimmons@thepaper24-7.com.

#### **⇒** TODAY'S QUOTE

"Do more for the world than it does for you." Henry Ford

#### TODAY'S JOKE

In today's world, for every action there is an equal and opposite criticism.

## **OBITUARIES**



The Paper appreciates all our customers.

Today, we'd like to personally thank

Ron & Sandy Carmony

for subscribing!







PAGE A2 MONDAY, AUGUST 15, 2022

# **Wishing Dad A Happy Birthday**

My father would have turned 94 yesterday. He died 27 years ago, alone, in an apartment in California. He left the area when I was a toddler. The only real contact I had with him after that was via phone and those conversations were few and far between. My Aunt Margie, who also lived in California at the time, called to tell me of his passing. She said, "Your dad didn't have much, but do you know of anything you might want?" I knew he liked to write poetry so I asked her to send anything he may have written. A few weeks later an enormous cardboard box sat on the front stoop of my raised ranch home in East Tennessee. Inside were 14 spiral-bound journals and enough poetry and short stories to fill two oversized binders.

I may not have known my father as he lived, but I know him now. I'm certain he never intended for his only child to read his very personal thoughts. Some things between a parent and child are best kept secret, but I have read and reread his tirades, epistles and musings. He was a brilliant, yet deeply troubled man. I will not dwell on the demons that haunted him; you can read about that in my memoir if I ever get it finished. For this column, I would like to honor the man by allowing his voice to be released into the universe. So let me introduce to you the guest columnist of A Better Word, Robert Samuel Gott. This in an excerpt from one of his journals where he describes a few

*l*e Are

not involve the words:

writing.



GWYNN WILLS
A Better Word

childhood memories:

"Who is Robert Samuel Gott? My earliest memories are of the house in the country near Crawfordsville across the road from where I was born. I remember exploring my environment but with a strange kind of sensuousness. I loved the sun, in fact, the mood of the day seemed to set my own moods. I savored the changing things and somehow was involved with them. I remember lying in fields with the warm sun overhead and being aware of the little universe of insects, dust motes and weeds around about where I lay. I think I sensed that this was all the world for certain things; ants, for instance. Somehow putting myself in the ants' place, things were, I knew, sufficient. I recall feeling sunwarmed wood and the great iron plate between the back steps and the well which kept feet from getting muddy. In the summer, it would get so hot you couldn't walk on it barefoot. In the winter, it would be slick to slide on. The water pump at the end of the plate often had to be primed in the summer and once it was dry, we would have to take lard

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cans and go to the spring over in the woods to get our water.

The women, Mother and Mamaw, used to throw dishwater off the back porch and here the soil turned white from the soap and it stunk. Some strong, flat weeds grew up from there and I remember cutting my hand on the sharp edges. We always had a small garden or two on the two acres of land we had. It was always a delight to watch them grow, but sometimes my brother and I would tear things up, chasing each other through the plantings.

It was my grandparents house and we lived there with them during the depression until my youngest uncle was killed in an auto wreck in 1937. My grandparents, grief stricken, moved to town and joined the Seventh-Day Adventist

Church. I first knew of death out there when he was killed, I recall touching his waxen, plastic hands in the ruffled folds of the casket, and the artificial, overpowering smell of funeral flowers. I was too young or too inexperienced to know what death meant. I somehow related it to the humming power lines that were strung down the road. The soul, it seemed would enter that energy and be carried off down the way and dissipated to the skies which were heaven. I don't know where this idea came from. Maybe I was watching and listening to the infinite-disappearing wires during the cortege. Things were never the same in the family

afterwards. There was a gloom and solemnity overall; playing and yelling were frowned upon. The grief was profound."

Dad often expressed himself through poems. He wrote poems about a laundromat at midnight, walking down San Pablo Avenue at dusk or seeing a dead dog in a gutter. I love how he took time to examine small, often overlooked objects. I arranged his poetry in plastic sleeves inside a large, black, three ringed binder. I keep all of his writings in a plastic bin and in the event of a house fire, that bin would be the first inanimate object to come with me after all living breathing creatures were safely removed. He wrote this poem about me and sent it to me in a letter after I reconnected with him in the early 1970s:

Gwynn Ellen Just when the grass got its deeper green, do you remember?

We walked, you and I, out across the meadow to the stream.

the stream.

Then, suddenly, you slipped your hand into

mine and running made a laughing somersault in the tufted field. And I, chasing after, tripped and lay sprawled,

laughing beside.
You found many things to laugh at that day; a

broken shoelace, the bobbing white tail of a bunny, a flickering

butterfly.

After a while, we came to the stream and as we

watched as the cold water undulate over the impersonal stones, you slipped your small

warm hand into mine. I don't remember if I ever sent him a card or called to wish him a happy birthday. Dad, if you are looking down from the Great Beyond or listening through those humming wires, I love you and want you to know you mattered. Happy Earthly Birthday!

Gwynn Wills is a former speech therapist, certified Amherst Writers and Artists workshop Affiliate and Leader and founder of The Calliope Writers Group. After growing up in Crawfordsville, her and her husband returned several years ago.

### **At Least Two Degrees**

They call the impossibly complicated screen I am looking at a "dashboard," which I do not find reassuring at all. It would be nice not to associate my ignorance of technology with crashing some out-of-control machine into a ravine, although, as I think about it, that is very much how it feels.

Learning new technology is a bear. I don't care what they say.

I understand the need to play with it, get familiar with the functions and learn in a less-than-linear fashion. But less-than-straightforward learning often leads me to travel in circles—I do the same thing again and again, and discover that I have learned nothing at all.

This is what I have been doing of late.

The goal is simple: I'm going back to some of "The Postscripts" from early on and making videos of them to post on my website and You-Tube channel. I thought it would be a fun way for new readers to enjoy old columns. But I had to wade through a forest of fear and insecurities first—and I'm not home yet.

First, there are the required hours of staring at my face on the screen.

I was a stage actor before I started writing, where we take lots of photos but do not film the work. The result is that I know more or less how to position my face when a camera is in the vicinity to keep from looking completely ridiculous.

Video is different. My face is in constant motion on video. I stop the video midframe and see that I have an expression on my face that I did not know I was capable of making. It is never flattering. It is always grotesque.

"Do other people move their faces that much?" I wonder. I don't think so. This is fear No. 1: having an abnormally mobile face.

Fear No. 2 is what to do with all this captured footage of my grotesque face contortions. Now we're back at the "dashboard," aptly named as I prepare for a crash landing.



CARRIE CLASSON The Postscript

The tutorials drone on and on about how to achieve an effect I would never dream of trying and merrily speed over the section where they explain, "This is how you can actually see what you are working on!" That would be nice to know.

There are dials and buttons and functions and reams of information about this video, less than five minutes long. There are special effects and filters I will never use, editing tricks I will never need and multilayering track capabilities that are totally superfluous to what I am doing. And, on every control, there is a long list of measurements I am supposed to understand to achieve the desired result. I suddenly feel that I am about two years old.

There is a story told about me when I was two. I got up on the bathroom scale and declared, "I'm going to see how tall I am. Oh!" I announced confidently, "Two degrees!"

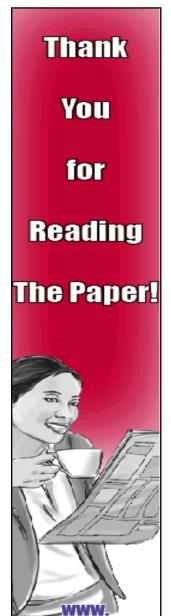
I'm not sure I ever got over the feeling that measurements are not intuitive in the least.

But I am back at it today. The dashboard is all in shades of black and gray. I'm sure this is to make it look more intimidating and serious. We couldn't have a candy-colored dashboard with little animated mascots helping me along the way.

By the end of yesterday, I had done what a typical video editor would accomplish in approximately 15 seconds. It felt like a tremendous accomplishment.

I think I progressed by at least two degrees. Till next time, Carrie

Photos from the column and other info can be found at CarrieClasson.com.



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Photos courtesy of Nissan

# 2022 Nissan Frontier Pro-X Goes Farther Than Expected

Not every pickup truck must be fourwheel-drive. When I was growing up too long ago, my father owned four successive Chevy pickups, in snowy Indiana, and not one had fourwheel-drive. They rode better, handled better, delivered better fuel economy, and still had enough ground clearance to handle hunting duties. That said, none of my dad's trucks looked as cool as the 2022 Nissan Frontier PRO-X.

Even without fourwheel-drive, the PRO-X comes with all of the off-road kit. The new brawnier body is fronted by a black grille, 17" black wheels with grippy off-road tires, steel step plates, and side bars. Strings of LEDs light up the front and rear while spray-in bedliner and a household power port are ripe for weekend toil and play. Look underneath to see front skid plates.

It looks like the most trail-worthy pickup ever to roll out of a Nissan factory.

The larger body enables a roomier five-passenger cabin that looks like it can be hosed out before a night at the opera. Stitched dash coverings kiss a large touchscreen for controlling the 10-speaker Fender audio system, navigation, and media - made easier with wireless phone charging, Wi-Fi hotspot, Apple CarPlay and Android Auto connectivity. Heated leather front seats, heated leather-wrapped steering wheel, power sunroof, and dual-zone automatic climate control

are primo on-trail or off. Wherever power is sent, the 3.8-liter V6 dishes out a healthy 310 horsepower and 281 lb.-ft. of torque – not a lot for a full-size pickup, but plenty for a compact. It connects to the rear axle through a 9-speed

automatic transmission. When kicked, it takes some time for the transmission to get its act together, but moves out when it does. And, you can move up to 6,470 lbs. of camper, boat, or side-by-side. Fuel economy is rated 18/24-MPG city/highway – a couple of digits better than 4x4 versions.

No matter the pavement condition, Bilstein shocks absorb all the rough stuff while providing a reasonably settled ride. The wider track improves handling, but those meaty off-road tires will do little to improve lateral maneuvers. You may still think fourwheel-drive is necessary for inclement weather and off-roading, but with today's advanced traction and stability control systems, you can go surprisingly far without powering all the corners. And to make your journey as safe as possible,

#### **2022 Nissan Frontier**

PRO-X Five-passenger, RWD Pickup
Powertrain: 3.8-liter V6, 9-spd trans
Output: 310hp/281 lb.-ft. torque
Suspension f/r: Ind/Solid axle
Wheels f/r: 17"/17" alloy Brakes f/r: disc/disc

Must-have features: Style, Simplicity

Towing: 6,470 lbs Fuel economy: 18/24 mpg city/hwy

Assembly: Canton, MS
Base/As-tested price: \$28,690/\$44,220

our truck came with automatic emergency braking, adaptive cruise, rear cross path detection with auto brake, and lane

departure warning.
So, what don't I
like? Despite some
nice stitching, there's
a lot of plastic inside.
Handling is about what
you expect for a heavily-tired compact pickup,
which means it leans
and bounces. There's
plenty of power, but gas

mileage is no match for \$5 gasoline. Step into the throttle and it takes seemingly forever for the 9-speed transmission to dial the right cog. Still, none of this would keep

me from buying one.
Going back to the
Datsun days, Nissan
has long (sometimes too
long) built one of the
most popular compact
pickups. Beefy styling,
comfy interiors, and
more space for all you



CASEY WILLIAMS
Auto Reviews

love and carry make it a much better truck. Whether you get four-wheel-drive or not is up to you, but the PRO-X goes further than expected. A base price of \$28,690, or \$44,270 as tested, makes it tough competition for the Toyota Tacoma, Honda Ridgeline, Chevy Colorado, Ford Ranger, and GMC Canyon.

Storm Forward!

Send comments to Casey at AutoCasey@aol.com; follow him on YouTube @ AutoCasey.

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#### **What You Should Know About Rosacea**

The comedian W.C. Fields once said, "I never drink water; that is the stuff that rusts pipes." This referred to his penchant for drinking alcohol. So what do alcohol and W.C. Fields have to do with this week's topic of rosacea? Read on.

Rosacea is a common skin condition usually found on the face, which can be a great source of consternation. It is a disease with various clinical presentations. These can include redness, flushing, coarse skin, and bumps and pustules resembling acne. It may also present with visible spider-like superficial blood vessels called telangiectasias.

The condition is found three times more often in women and usually presents between 30 and 60 years of age. It is also more common in fairskinned people of European and Celtic origin, also being known as the "curse of the Celts."

The diagnosis of rosacea is made on clinical grounds (i.e. signs and symptoms). There has to be a persistent rash on the central part of the face for at least three months to qualify as rosacea. Classifying rosacea is important in determining the best treatment.

The exact cause of rosacea is not well understood, though there are numerous factors that likely play a role. The flushing associated with rosacea is thought to be due to the increased number of blood vessels that are close to the skin surface as well as the increased sensitivity of the vessels to heat. Sun exposure may play a role based on the location of the rash though some studies refute this.

Skin inflammation is a major finding in rosacea.



JOHN R. ROBERTS, M.D. **Montgomery Medicine** 

Demodex, a species of skin mite, may also play a role in the development of an inflammatory reaction though studies are somewhat conflicting. Free radicals in the skin produced by various biochemical reactions can also cause damage.

There are four subtypes of rosacea based on clinical findings, likely the result of how a particular patient responds to various biologic factors and triggers. The first is the erythematotelangiectatic type. Its main signs and symptoms are central facial flushing, often with burning or stinging. The redness usually is not found around the eyes. The involved skin can be rough with some scaling.

The second type of rosacea is the papulopustular type. This is the most common type, typically found in middle-aged women. It presents with redness of the central part of the face with small red bumps (papules) that have small pustules on top of them.

The third type is the phymatous type. This presents with severe thickening and irregular contours of the skin of the nose, chin, forehead, ears and/or eyelids. W.C Fields suffered from this type that caused his distinctive enlarged nose, known as a rhinophyma.

The last subtype of rosacea is the ocular type. It can present with signs that may be present for years before the skin manifestations develop. Patients can develop inflammation of various structures of the eyelids and coverings of the insides of the lids. Symptoms can include burning eyes, dryness, light sensitivity or the sensation of a foreign body in the eye.

There are various triggers that can worsen flushing in rosacea. These include stress, alcohol, spicy foods, hot drinks, wind, topical skin products, caffeine, exercise, hot or cold weather and hot baths or showers.

The first goal of treatment is to identify a patient's triggers so that he or she can avoid them (alas, W.C. Fields could not). Daily use of broad-spectrum sunscreen (protection from UV-A and UV-B) is recommended for all patients. Sufferers should also avoid astringents, toners, menthols, waterproof cosmetics that require solvents for removal, camphor, and products containing sodium lauryl sulfate.

Some types of rosacea respond to topical medications including antibiotics and acne agents. Oral antibiotics may also be used. Mild cases can be masked with creams containing green pigments. Laser surgery aimed at reducing blood vessels are the mainstay of treatment. Surgery, dermabrasion or laser treatments may also be used to reduce excessive skin.

Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine.

# Sign-Ups Have Started For **United Way Golf Outing**

It won't be long before the summer draws to a close and some of the great fall events get rolling.

One such event is the annual golf scramble for the Montgomery County United Way. From back in the days when it was a United Fund to its new identity with the United Way, the golf outing has brought businesses and individuals alike out to the golf course.

This year will be no exception. The event is scheduled for Sept. 9 at Rocky Ridge Golf Club. It kicks off with breakfast at 8 a.m. and a shotgun start at 9. As play wraps up, the campaign kickoff luncheon will take place at noon.

There is plenty of room still for golfers to sign up, as well as sponsors. York Automotive is the title sponsor. However, there is still room for two Kick-off sponsors, six hospitality sponsors, contest sponsor and hole sponsors. Contact United

Way's Montgomery County Director Gina Haile 362-5484 or chair Michele Hunley at 505-8132.

Golfers get green fees and cart, a continental breakfast, lunch, and opportunities to compete in several contests. Individual golfers are \$100 and of course there are opportunities to purchase mulligans. Registration can be done on line at www.uwmontgomery. org or by contacting Haile.



## **Duke Energy Reminds Residents** That Safe Digging Starts With 811

Duke Energy wants to remind everyone to call 811 before digging to prevent potential personal injury and avoid electric outages.

"Keeping our customers safe and protecting our underground utility infrastructure are top priorities," said Stan Pinegar, president of Duke Energy Indiana. "Even simple digging jobs can cause serious injuries and disrupt vital utility services to communities, so it is important to call 811 to prevent unnecessary and potentially dangerous situations and outages in our communities.

The national "811 Call Before You Dig" system was created so anyone who plans to dig can make a free call to have underground utility lines clearly marked. Contractors, homeowners, business owners and anyone preparing for a digging project should call 811 at least three business days before digging begins. The local utilities will then send a crew to mark underground lines in the area (electric, natural gas, water, sewer, phone, cable TV and others) with stakes, flags or paint.

From January to June 2022, Duke Energy reported nearly 260 cuts to its underground electric

"Our best defense is awareness and ongoing education to call 811

lines in Indiana.

before you dig," added Pinegar. "We are committed to sharing this message with our customers and communities to avoid these accidents."

For a video that shows how to use 811, click here. For additional information about 811, visit Call 811 Before You Dig. To get in touch with the 811 center in your state, dial 811 or visit Call811.com.

Duke Energy Indiana Duke Energy Indiana, a subsidiary of Duke Energy, provides about 6,300 megawatts of owned electric capacity to approximately 870,000 customers in a 23,000-square-mile service area, making it Indiana's largest electric supplier.

Duke Energy (NYSE: DUK), a Fortune 150 company headquartered in Charlotte, N.C., is one of America's largest energy holding companies. Its electric utilities serve 8.2 million customers in North Carolina, South Carolina, Florida, Indiana, Ohio and Kentucky, and collectively own 50,000 megawatts of energy capacity. Its natural gas unit serves 1.6 million

customers in North Carolina, South Carolina, Tennessee, Ohio and Kentucky. The company employs 28,000 people.

Duke Energy is executing an aggressive clean energy transition to achieve its goals of net-zero methane emissions from its natural gas business and at least a 50% carbon reduction from electric generation by 2030 and net-zero carbon emissions by 2050. The 2050 net-zero goals also include Scope 2 and certain Scope 3 emissions. In addition, the company is investing in major electric grid enhancements and energy storage, and exploring zero-emission power generation technologies such as hydrogen and advanced nuclear.

Duke Energy was named to Fortune's 2022 "World's Most Admired Companies" list and Forbes' "America's Best Employers" list. More information is available at duke-energy.com. The Duke Energy News Center contains news releases, fact sheets, photos and videos. Duke Energy's illumination features stories about people, innovations, community topics and environmental issues. Follow Duke Energy on Twitter, LinkedIn, Instagram and Facebook.



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