

➔ TODAY'S VERSE

Isaiah 50:10 "Who is among you that fears the LORD, That obeys the voice of His servant, That walks in darkness and has no light? Let him trust in the name of the LORD and rely on his God."

➔ FACES OF MONTGOMERY

People who call our community their own.



Peggie Coffman took a quick break to offer one of The Paper's roving photographers a nice smile while she was hard at work recently!

➔ THREE THINGS You Should Know:

1 Hey, guys, if you're in love and are looking for a sure-fire way to pop the question, you might want to get in touch with Abdul Gafur Anadiyan, managing director at SWA Diamonds, says the Association of Mature American Citizens [AMAC]. You'll find him in Malappuram, India and, if you have the dough, he has an engagement ring that will knock your lady's socks off. It features 24,679 diamonds and the Guinness Book of World Records attests to the fact that it's a one of a kind. Guinness describes Abdul as specializing "in diamond jewelry with a mission of making it affordable for all." Sure enough, he's asking a mere \$95,243 for this piece of bling.

2 The TASTE of Tippecanoe is now booking entertainment for next year's festival that will be held on Saturday, June 17, 2023 in Downtown Lafayette. This year's planning committee is focusing on creating a lineup of diverse musical acts from the regional arts scene. Individuals and groups who wish to perform live at the TASTE are encouraged to apply. Preference may be given to performers of original content who are from North Central Indiana. Please note that cover bands will not be accepted. Submissions will be reviewed by the TASTE planning committee on a rolling basis. Submissions will close on Oct. 31, 2022. Notification to applicants will occur in early Jan. 2023.

3 Looking for a part-time job that does not involve the words: Would You Like Fries With That? The Paper of Montgomery County offers jobs that include pagination and page design, basic clerical and even some photography and writing. We're looking for bright and eager people to join our winning team! This could be the perfect job for part-time students all the way up to Baby Boomers looking for something to do. Let us know you are interested by sending an e-mail with your resume and a note telling us what you love about newspapers to jobs@thepaper24-7.com.

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No Lost Art – Athens Art Offers Scavenger Hunt

Athens Art Gallery has a special opportunity for art lovers and Crawfordsville residents on Sept. 10. From 10 a.m. to 1 p.m., anyone interested can take part in the Athens Arts' Art Quest.

Clues will lead you to cultural locations, each with a cache of prizes for the first ten arrivals. Test your wit against the clues, and you could be going home with original artwork and other prizes.

Teams must travel together as they compete, and the event starts and ends at Athens Arts. Check-in will run from 9:30-10:30 a.m.

The cost for entry is \$40 per group, with a maximum of six

people per group. However, extra tickets can be purchased for anyone hoping to win extra prizes.

There is a \$5 discount for anyone who registers early online.

Each person or team will receive one canvas tote bag for the quest, while supplies last, and each person or team is eligible for one prize at each location, while supplies last.

The riddles were put together by Mary Lou Dawald and her team.

If you would like to donate a giveaway prize to Athens Arts, please contact Director Diana McCormick at director@athensartgallery.com.

Intern With The Indiana Senate

Senate interns are an invaluable part of our staff during the legislative session, and like every year, we are in search of high quality candidates to fill those roles.

The Indiana Senate Republican Caucus offers paid spring-semester internships in a number of different fields, including communications, information technology, legal, legislative, page and policy positions.

Candidates can be of any major, but must be at least a college sophomore. Recent graduates, as well as graduate and law school students, are also encouraged to apply. Positions are open to Indiana residents and nonresidents who attend a college or university in Indiana.

Interns earn an \$800 biweek-

➔ See INTERN Page A6

Butch Is Up-To-Date On Technology !



BUTCH DALE
Columnist

My wife and kids think I live in the past. They want me to keep up with all of the modern technology. Well, I just keep telling them that I have all of the modern technology that I want or need...for instance....

(1) SMARTPHONE... Yes, I have a "smart" phone...my wife's old flip phone. I can receive calls, even though most of the calls are fraudulent. My wife doesn't answer her smart-

➔ See BUTCH Page A6

Teachers Friend Volunteers Needed

According to the Indiana Department of Education, many Indiana elementary students need help. On Aug. 10, the IDOE reported that the recent IRead results showed that nearly 1 in 5 students "have not mastered foundational reading skills by the end of third grade." Here in Montgomery County, children are blessed with excellent schools, yet there are still students who need extra help to improve or receive enrichment.

Are you a person who just shakes his or her head when hearing this type of statistic, or are you more willing to lend a hand to help make a change?

Until it had to be paused due to Covid protocol in the schools, the Teachers Friend program, was administered by Volunteers for Mental Health in Montgomery County as a method to match volunteers to teachers who need an extra hand. Teachers register their needs with Volunteers for Mental Health, and community volunteers are matched to that teacher.

Does a Teachers Friend volunteer need to have a college degree, be a trained teacher, plan lessons, or create materials? No, the Teacher Friend

➔ See TEACHERS Page A6

A 'Brief' Near-Death Experience



JOHN O. MARLOWE
With the Grain

I don't know if this is a curse or a blessing, but I'm pretty certain I know how I'm going to die. I can hear the coroner's pen scratching now:

Cause of Death: Extermination by Underwear.

I figure it would only be manslaughter. I don't think my underwear have it in for me, but who could blame them. I literally put them through the wringer.

Maybe I shouldn't be glib. I did a quick Internet search for "Death from Underwear," and learned from a BBC article that more than 6,000 people a year in the UK are injured by

➔ See JOHN Page A6

The Daily Almanac



Sunrise/Sunset
RISE: 7:20 a.m.
SET: 8:10 p.m.



High/Low Temperatures
High: 79 °F
Low: 67 °F



Today is.....
• Barbie Doll Day
• Telephone Tuesday



What Happened On This Day
• 1870 A woman casts her vote in the US for the first time
• 1995 Cal Ripken Jr. plays in his 2,131st consecutive game, breaking 56 year record



Births On This Day
• 1969 CeCe Peniston Singer-songwriter, actress
• 1972 Idris Elba English/American actor

Deaths On This Day
• 1978 Tom Wilson American record producer
• 2012 Art Modell American businessman, owner of the Cleveland Browns and founder of the Baltimore Ravens

➔ HONEST HOOSIER

You've got to love politics. Democrat Nancy Pelosi goes to Taiwan and it's the worst thing that could happen! Republican Eric Holcomb goes and everyone celebrates the first governor to visit there since the pandemic.



➔ INSIDE TODAY'S EDITION

Obituaries.....A2
Slim Randles.....A5
Notes.....A2, A3

➔ TODAY'S HEALTH TIP

If you're inactive and overweight, get tested for diabetes. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



➔ OBITUARIES

John Alan Kiger
Ronald Joseph Brown
Sharon Kay Bone
Sharon Sue (Eakle) Sparks

The Paper appreciates all our customers. Today, we'd like to personally thank Kerry Kleiber for subscribing!



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➔ THE MONTGOMERY MINUTE

For Your Information

If you are one of the many who were Readers' Choice winners in our annual huge recognition promotion, you may be getting e-mails from Showmark, a company trying to sell plaques and such. Please know, that has nothing to do with our company and the actual Readers' Choice program. For years, we have produced the annual popular Readers Choice contest and we give, absolutely free of charge, certificates suitable for framing to our winners, runner-ups and honorable mentions. We're not familiar with this Showmark group, and we certainly don't blame them for trying to wiggle in to one of the biggest contests around, we just want you to know we have never charged a penny for those recognized – and we never will!

➔ TODAY'S QUOTE

"All labor that uplifts humanity has dignity"
Martin Luther King, Jr.

➔ TODAY'S JOKE

Knock, knock.
Who's there?
Noah.
Noah who?
Noah any good jokes about September?

13 WTHR 7 DAY FORECAST

80 LABOR DAY MON	67/79 TUE	64/82 WED	61/83 THU	62/85 FRI	67/80 SAT	65/77 SUN
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OBITUARIES

John Alan Kiger

Sept. 18, 1962 - Aug. 30, 2022

John Alan Kiger, of rural Crawfordsville passed away unexpectedly at home. He was 59.

Born Sept. 18, 1962 in Crawfordsville, he was the son of Marion Kiger and Carole Ingram Whitaker.

He and Linda Kiger were married on Aug. 11, 1989. She passed away June 26, 2005.

He was a graduate of North Montgomery High School and Ivy Tech Community College. He was a paint and body specialist for many years, retiring from that job and going to work at Raybestos in Crawfordsville. He served his country in the Naval Air as a mechanic where he spent time in Japan. For several years he restored antique farm tractors.

Survivors include his son, Kyle Kiger; sister, Belinda Kiger; step-mother, Rosemary Kiger; step-father, Frank Whitaker; nephew, Cary Brock; and niece, Amy Shirar Malelo.

He was preceded in death by his father, Marion Kiger, mother, Carole Ingram Whitaker and a sister, Debbie Griffin.

There will not be a public visitation or service. There will be a graveside ceremony for family and friends at the Linden Cemetery at a later date. Donations in memory of John Alan Kiger can be made to, Through the Gate, 811 Whitlock Avenue, Crawfordsville, IN 47933 or throughthegate.org

Online condolences may be made at www.BurkhartFH.com .

Ronald Joseph Brown

Aug. 22, 1939 - Sept. 4, 2022

Ronald Joseph Brown, age 83 of Crawfordsville, passed away peacefully on Sunday, Sept. 4, 2022 at The Lane House in Crawfordsville.

He was born Aug. 22, 1939 to Thomas and Winifred Brown in West Haven, CT. He married the love of his life, Judith Kelly, on April 30, 1960. They were married for 59 years until her death in 2019.

He worked at Raybestos for many years transferring to Indiana in 1984. He retired in 2006 from Raybestos. He served in the United States Army and loved his country. He enjoyed fishing and loved the New York Giants. He enjoyed working out in the yard and talking politics. He was a great role model and a man of his word. He was a hardworking man all of his life. His family was very important to him. He will truly be missed by all.

He and Judith raised four sons, Ronald (Judy), Wayne, Christopher (Ann) and Stephen (Hollie). He had 10 grandchildren, Christina, Lisa, Laura, Michael, Taylor, Tess, Tatum, Elizabeth, Jarrett and Sarah; eight great grandchildren, Gemma, Zavier, Cassius, Nazir, Zarina, Brennan, Kieran and Rowan; and several nieces and nephews.

He was preceded in death by his parents; five siblings, Pammy, Carmen, Rayma, Tommy and Reggie; his son, Wayne; and his wife of 59 years, Judith.

Visitation will be at Sanders Priebe Funeral Care, 315 S Washington St., in Crawfordsville on Saturday, Sept. 10, 2022 from 1 p.m. till the time of the funeral service at 3 p.m., with military honors by the United States Army and Legion Post 72 Honor Guard. Cremation will follow the service. The service will be live-streamed and recorded which can be viewed on his obituary page at www.sandersfuneralcare.com.



Sharon Sue (Eakle) Sparks

May 16, 1942 - Sept. 3, 2022

Sharon Sue (Eakle) Sparks, age 80 of Crawfordsville, passed away on Saturday, Sept. 3, 2022 at The Lane House in Crawfordsville.

She was born in Crawfordsville on May 16, 1942 to the late Frank James & Elma Imogene (Demoret) Eakle.

She graduated from Crawfordville High School in 1960 and in 1961 she married Layton Sparks, who preceded her in death on Jan. 15, 2022. She was a member of Harvest Fellowship Church. She was very crafty and enjoyed painting with watercolor and acrylic paints, worked in a craft store, seemed to accumulate lots of stuff and loved her family dearly.

Survivors include her two sons, Brian Lee (Penny Lea) Sparks and Gregg Allen Sparks; seven grandchildren; and seven great-grandchildren.

She was preceded in death by her parents; her husband, Layton; a brother, Ronne Eakle; and aunt, Nancy Day.

Cremation was chosen with a memorial service at Harvest Fellowship Church, 1618 W 500 S, in Crawfordsville on Saturday, Sept. 17, 2022 from 2 p.m. till the time of the memorial service at 4 p.m., with Pastor JD Bowman officiating. The service will be recorded which can be viewed on her obituary page at www.sandersfuneralcare.com Burial of cremains will be at a later date at Kingman Fraternal Cemetery. Sanders Priebe Funeral Care entrusted with care. Share memories and condolences online at www.sandersfuneralcare.com.



Sharon Kay Bone

Nov. 21, 1942 - Sept. 4, 2022

Sharon Kay Bone of rural Crawfordsville passed away at Home-wood Health in Lebanon with family by her side. She was 79.

Born Nov. 21, 1942 in Biloxi, Mississippi, she was the daughter of James Ehrnwald and Ida Kathryn Ehrnwald.

She married Jesse Eugene Bone on Feb. 24, 1975. He survives.

She taught school in Champaign, Ill. before coming to Lafayette and teaching at Tecumseh Jr. High and Jefferson Jr. High. She loved to read, cook, sew and do crossword puzzles. She graduated from high school in Armstrong, Ill. and later earned her Master's Degree at the University of Illinois.

Survivors include her husband, Jesse Eugene Bone; son, Joseph (Katrina) Bone; daughter, Gina (Dave) Gordon Fields; son, Mike Bone; sister-in-law, Patricia Ehrnwald; along with several grandchildren; and great-grandchildren.

She was preceded in death by her parents; brother, Dennis Ehrnwald; and sister, Sheila "Mickey" Stephen.

Visitation is scheduled from 5 - 8 p.m. Thursday at Burkhart Funeral Home, 201 W. Wabash Avenue. A funeral Mass will be held Friday at 11 a.m. at St. Bernard's Catholic Church, 1306 E. Main Street led by Father Michael Bower. Private interment will take place at Calvary Cemetery in Crawfordsville.



Obituary deadline
 The Paper publishes obituaries daily at www.thepaper24-7.com.
 All obituaries must come from a funeral home.
 A photo may be included and should be sent as a high-resolution JPEG.
 Daily obituary deadline is 3 p.m. for the following day's print publication.
 To read more obituaries, visit www.thepaper24-7.com.

Senior Golf Results

The Crawfordsville Senior Golf League is still going strong as the summer winds down and school starts back up, with an ultra-competitive week on the course.

Coming in first place this past week with a score of 9-under-par was the foursome of Dave Hart, Gerry Moore, Steve Winningham and

Steve Snyder.

One shot behind them in second place, at 8-under, was the team consisting of Scott Baker, Ed Roberts, Bud Wright and Mike Dozier.

Two shots back at 6-under, finishing in third place, was the team of Jim Long, Steve House, John Lewis and Larry Lynch.

Not Much Of A Joke

It wasn't much of a joke, as far as jokes go.

I saw the man wearing two hats, one on top of the other. The second hat may have been for his wife. It was decorated with intricate drawings. He was walking with her, a third hat tied to the handle of a stroller, and the family was making its way through the artisan market, where hats and ceramics and glass and handwoven, hand-carved, handmade items of all types are sold.

The man had his hands full, guiding the stroller loaded with purchases and keeping an eye on his wife, who was darting in and out of the artists' stalls and, as I passed him, noting his two hats, I gave him a serious look and said, "I believe you need another hat."

The man touched his hand to his hat, remembered he was wearing two and burst into laughter.

It was a real laugh, a belly laugh. He suddenly realized he looked silly, and he thought it was funny that I was bringing this to his attention in such a serious voice. And I was ridiculously pleased because I'd made the joke in Spanish.

Language is so tricky.

For decades, I've been able to ask where the bathroom is located and how much something costs. I've steadily picked up vocabulary because so many cognates are shared between Spanish and English. But then I've gotten stuck. I have to plan sentences before I say them. I have to ask people to speak more slowly or to repeat themselves three times. I do better with cab drivers and hotel employees because they have made it their life's work to understand the fractured sentences of tourists and can make a reasonable guess as to what I've said.

But I've never been able to make a spontaneous joke.

I reached the conclusion about 10 years ago that I was never going to be fluent, so there wasn't much point in trying. I'd become a writer, and I realized in a new way how inadequate my



CARRIE CLASSON
 The Postscript

Spanish was, how far I was from being able to say anything important or meaningful. And so I quit.

But coming back to San Miguel de Allende has changed my mind. Because at its core, language is not about putting together beautiful sentences or showing off my vocabulary and grammatical skills.

Language is about connecting with people.

I will never understand Spanish as clearly as I would like. I won't get the subtle inferences, the implied meanings. I'll always be a little naïve and clueless and have to have things spelled out for me. But, as I think about this, I realize I'm a little like this all the time—in any language.

What matters is that last night, I overheard two elderly Mexican tourists who could not find their way back to their hotel. The hotel was only a block and a half away. It was not an emergency. But I understood their confusion and said, "I know where that is. I am going there."

They looked a little skeptical. This blond woman did not look like a local. But they slowly followed me (one had a cane) and, when we finally made it to their hotel, I was absurdly pleased.

My progress in Spanish is slow. I lose hope on a regular basis.

But yesterday, I helped two old women find their way. And the day before that, I made a joke. It wasn't much of a joke, but somebody laughed and—at least for today—that is all the motivation I need.

Till next time,
 Carrie

Carrie Classon is a freelance writer and author and lives in New Mexico. Her columns appear each week.

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Insect Sentience And The Yellow Jacket Effect

Last Thursday, I was having a great day. I went to lunch with a dear friend, spent an hour perusing the sale racks at Kohl's (didn't buy a thing, though) and drove over to Zionsville to see my horse. When I pulled down the drive, I could see Wrangler's hulking brown shape pawing furiously at the barn aisle. I sat and watched a minute to decide if he was trying to stir up a few crumbs of grain or if something more sinister was afoot. Anyone who has been around horses as long as I have knows relentless pawing tends to be the precursor to dreaded horse colic. Colic, in layman's terms, is a bellyache. For a horse it could mean trapped gas, an impaction or worst case, a twisted gut. He didn't seem to be in a lot of pain, so I grabbed his halter and lead rope and took him for a walk. I was hoping the activity of movement coupled with the anxiety of being separated from his friends would encourage him to "pass" whatever was ailing him. The other three horses were going bonkers, running back and forth along the fence line so I walked Wrangler back toward the barn. No luck in getting him to expel the cause of his discomfort, though.

As we rounded a corner heading to a small pasture, he took a bad step and went into a hole. I glanced at his left rear foot to be sure he was OK when all of a sudden he began to kick, rear and bolt. He ran over the top of me, knocked me down, all the while kicking up under his belly. I was on the ground hanging on for dear life when I discovered the reason why my gentle giant turned



GWYNN WILLS
A Better Word

into a 1,200-pound raging wrecking ball. Yellow jackets! I saw my life flash before my eyes. Not really, but I did see myself chasing a horse running down Hunt Club Road covered in a cloud of yellow jackets. I managed to pull up without the aid of something to hold onto (adrenaline works wonders for moving the body), opened the gate and shoved him back into the enclosure. Now he was contained. He zipped through the barn a couple of times, trying to outrun those spawns of the Devil. I hurried over to the water spigot and started spraying myself with the hose while those vicious little demons stung and stung. Yellow Jackets, unlike honey bees, do not die after stinging. They can live to sting another day. When a honey bee stings you, it leaves the stinger embedded in your flesh and a gaping hole in its abdomen. So, basically, a honey bee commits hari kari on itself. And as much as I dislike injuring any living thing, I knew the yellow jackets in this nest had to die for the safety of the horses and humans.

I often question why we kill sentient beings when they are only doing what is natural to them. Sentience is defined as something that has the "capacity to experience sensation or feeling"

and there's much disagreement over whether or not insects can be considered sentient. In an article published by The Independent out of the UK, the author states "Insects have a form of consciousness and can display egocentric behavior as evidenced by brain scans." I once carried a tomato hornworm down over the hill after I discovered him decimating my tomato plants. I didn't get so much as a thanks. However, there was a time when I observed what I can only describe as gratitude from a pair of dragonflies.

A few years ago, when we still lived in Broad Ripple, I had driven home from work and pulled into the parking space right outside of our condo. As I approached the front porch, I noticed a large spider web holding two dragonflies, both of them wrapped like mummies. One was alive and vibrating; the other was still. I put down my purse and binder and grabbed the pooper-scooper I used to clean up after my dogs. It was a perfect tool for cutting through the web with its long handle, tiny bucket and jagged teeth. I opened it carefully and made sure the dragonfly was in the bucket and pulled it away from the web. I removed the remainder of the sticky silk with my fingers. Voila, he is free! Good deed for the day, I thought. Then as I turned to go in the house, I notice the smallest of movements coming from the other dragonfly. The one I assumed dead was wiggling now. I repeated the same process and it, too, flew away. Pleased that I had saved two innocent creatures from death, I started back to the door.

But I am stopped dead in my tracks, for at my feet, sat the two dragonflies, side by side. Then in unison, they rose up and flew away together. It was as if they were saying thank you. I still recall the chill that went through me and the connection I made with what we humans consider the lesser of God's sentient beings.

I went back to the barn yesterday. My friend Dawn had taken care of the yellow jacket infestation. No "airport activity" was noted around the entrance to the nest, so I leaned over to look inside. The carnage was extensive. Even though I had welts on me the size of a fist, I felt sorry for these little creatures that were only protecting what was theirs. I guess my horse, the yellow jackets and I had a double dose of sentience the other day. Wrangler and I had the short-term effects of an unpleasant sensation. The yellow jackets, because of their brutality, gave up their right to live in harmony. As defined by the Butterfly Effect, (a property of chaotic systems by which small changes in initial conditions can lead to large-scale and unpredictable variation in the future state of the system), the yellow jackets began their own chaotic charge which ended in their demise. Maybe there is a lesson in this for all of us to learn. As for me, I am still trying to sort it out.

Gwynn Wills is a former speech therapist, certified Amherst Writers and Artists workshop Affiliate and Leader and founder of The Calliope Writers Group. After growing up in Crawfordsville, her and her husband returned several years ago.

I Can't Sleep Doc, What Should I Do? Part 2

This week I want to focus on basic prevention and treatments for insomnia. If the cause of insomnia is not readily identifiable it's helpful to keep a sleep diary for 2-4 weeks to share with your doctor. It should include sleep and wake times, naps, and actual time spent sleeping. You can download a blank sleep diary at bit.ly/3KHxjE7.

Poor sleep hygiene is one of the most common things we find when taking a sleep history or reviewing a sleep diary. Sleep hygiene is defined as "daily activities and habits that are consistent with or promote the maintenance of good quality sleep and full daytime alertness."

When we ask patients what they do when they can't fall asleep in a few minutes, most people answer that they continue to lie in bed and watch the clock. A key concept to remember is that the bedroom should be reserved for sleep and sex. It should not be used for watching TV, surfing the Internet, playing video games, doing work, exercising, etc. Your brain needs to be trained that when it's in that room it should be shutting off and recharging.

If you find yourself in bed unable to sleep, you should get out of bed and go to another room. Engage in a low-energy activity such as reading or perhaps doing a crossword puzzle. The room should have the minimum light you need to do the activity. Do this until you become drowsy and then go back to bed. If you find you can't sleep after 15-20 minutes, get out of bed again and repeat the process. You may have to do this numerous times. However, don't be tempted to sleep in the following day - the total hours you spend in bed should remain about the same each day.

It's important to have a ritual before going to bed. This should include quiet "wind down" time for at least 30 minutes before retiring. A warm bath or shower two hours before bedtime can be helpful for some people. A light snack may also promote drowsiness.

It is very important to try and maintain a consistent bedtime. It seems that a consistent wake time is even more important. This is extremely difficult for folks that may work nights Monday through Friday who are then off on the weekends. They need to try and maintain the same schedule as closely as possible and get the same total number of hours of



JOHN R. ROBERTS, M.D.
Montgomery Medicine

sleep that they get while working nights.

A tip for night workers is to put on dark wrap-around sunglasses before leaving the workplace and wear them until you get in a dark room at home. This helps to keep the brain's daytime switch from being turned on and allows you to get to sleep more easily.

If you're still having trouble sleeping, it can be helpful to meet with a therapist to discuss relaxation therapy. Prayer and meditation are also commonly used to help the brain relax. Cognitive Behavioral Therapy for Insomnia (CBT-i) can be very helpful with difficult cases; you can read more online at mayoclinic.in/2L-Srmp8.

I touched on medications last week, but I want to briefly mention drugs that frequently cause insomnia. Caffeine can stay in the system for up to eight hours so don't consume it within eight hours of bedtime if you're having trouble sleeping. Cold medications containing pseudoephedrine (Sudafed®) keep the brain awake. Nicotine is also a stimulant, so if you're a smoker, you should discuss quitting with your doctor. Alcohol is the last thing you want to consume if you're having trouble with insomnia; it prevents the brain from getting into the deep stages of sleep.

There are some natural products, particularly melatonin, that can help some people. It's important to start at a low dose, perhaps 1/2 to 1 mg, and to take it at least two hours before bedtime. Prescription sleep medications should be the absolute last resort for treating insomnia. These medications are all very addictive and may cause unwanted or dangerous side effects in some people, particularly the elderly.

An excellent resource for more information on insomnia can be found at bit.ly/39XAkPC.

Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine.

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WALNUT TOWNSHIP COMMUNITY DAY

Saturday, September 10, 2022

Downtown New Ross

Basketball Tournament • Lego Display • Car Show • Entertainment • Food • Games

Honoring Our Local Officials

2022 Schedule of Events

8 - 10 AM	Breakfast at New Ross Christian Church
8 AM	Yard Sales open all over town
9 - 9:45 AM	Registration for "3 Point Shooting Contest" & "3 on 3 Basketball Tournament"
9 AM - 9 PM	Concession Stand Open at Community Club Building
10 AM	3 Point Shooting Contest followed immediately by the 3 on 3 Basketball Tournament
10 AM - 1 PM	Car Show Registration
11 AM - 2 PM	Lunch Served by the "HE MEN" at Fire Station
11 AM - 3:30 PM	Music by "Mobile DJ" at Car Show
11 AM - 5 PM	LEGO Display at New Ross Methodist Church
11 AM - 5 PM	Music by Ivan Brown at Main Stage
1:00 PM	Register Entries for Pie Baking Contest
1:30 PM	Pie Judging at Main Stage
2:00 PM	Pie Auction at Main Stage
2 - 4 PM	Free Kids Activities
2:30 PM	Car Show Judging
3:30 PM	Car Show Awards Presentations
4 PM	Parade "Honoring Our Local Officials"
5 - 8 PM	Dinner Served by the "HE MEN" at Fire Station
6 - 8 PM	Kids Games by Southmont Band Boosters
6 - 8 PM	Free Face Painting for Kids
6 - 9 PM	Bingo
9 PM	50/50 drawing

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Trump's Voice Echoes, 'No One Will Be Above The Law'

Three weeks ago, the FBI recovered hundreds of pages of top secret documents from Donald Trump's Mar-A-Lago resort, some from U.S. intelligence human sources. If you or I or David Petraeus or Sandy Berger had hoarded these documents, we would be facing federal felony charges, and, with a law signed by President Trump in 2018 - the Foreign Intelligence Surveillance Act - a sentence of up to five years.



BRIAN HOWEY
Howey Political Report

"By signing this Act today ... I am ensuring that this lawful and essential intelligence program will continue to protect Americans for at least the next six years," President Trump said of the law that updated the Foreign Intelligence Surveillance Act of 1978. The revised law includes Section 1924 that makes it a felony crime to wrongfully possess top secret documents. "We cannot let our guard down in the face of foreign threats to our safety, our freedom, and our way of life," Trump said.

At an Aug. 18, 2016 campaign rally in Charlotte where supporters chanted "Lock her up!", candidate Trump said, "In my administration, I'm going to enforce all laws concerning the protection of classified information. No one will be above the law."

Mar-A-Lago is a resort that doubles as Trump's home. It has not been designated as a secure place to review top secret documents and it has almost certainly attracted the attention of adversarial foreign intelligence spies.

NBC News reported that in a late-night Wednesday filing responding to Trump's

request to appoint a "special master" to review documents, the Justice Department:

- Revealed that it seized more than 100 unique classified documents - beyond what Trump's team initially turned over in January 2022 and then later in June;

- Argued that Trump's legal team intentionally misled investigators - by signing a letter stating that the documents turned over in June were part of a "diligent" effort to locate and produce "any and all documents" in question;

- And alleged that after further investigation, the government discovered new evidence that "records were likely concealed and removed from the Storage Room and that efforts were likely taken to obstruct the government's investigation."

What could possibly be at stake? Why should we be concerned about the careless handling of human intelligence by any U.S. official?

This was reported by the New York Times on Oct. 5, 2021: "Top American counterintelligence officials warned every C.I.A. station and base around the world last week about troubling numbers of informants recruited from other countries to

spy for the United States being captured or killed, people familiar with the matter said. The message, in an unusual top secret cable, said that the C.I.A.'s counterintelligence mission center had looked at dozens of cases in the last several years involving foreign informants who had been killed, arrested or most likely compromised. In recent years, adversarial intelligence services in countries such as Russia, China, Iran and Pakistan have been hunting down the C.I.A.'s sources and in some cases turning them into double agents."

On Sunday, U.S. Sen. Lindsey O. Graham, R-S.C., said on Fox News: "Most Republicans, including me, believe when it comes to Trump, there is no law. It's all about getting him. And I'll say this: If there's a prosecution of Donald Trump for mishandling classified information after the Clinton debacle ... there'll be riots in the streets."

All about "getting him?" How about the Russian FSB out to get American spies in the Kremlin?

Graham is the senator that has maintained the closest relationship with the former president, so this was a warning. Trump then posted the Fox News clip on his social media site. The last time Trump summoned his mob - on Jan. 6, 2021 ("Will be wild") - insurrectionists assaulted the U.S. Capitol. According to Insider.com, at least 896 people are now facing federal charges.

Also on Sunday, Trump sought to undermine FBI: "When are the great Agents, and others, in the FBI going

to say 'We aren't going to take it anymore?'"

And at 1:46 a.m. Tuesday, an unhinged Trump made this bizarre post: "The Presidential Election was BADLY & IRREPARABLY TAINTED by the FBI's FAKE description of the 'Laptop from Hell' to Facebook & the Lame-Stream Media - & for MANY other reasons as well. Declare the rightful winner, or hold a new Election, NOW!"

We know from former attorney general Bill Barr and a group of eight conservative jurists - including former Sens. John Danforth and Gordon Smith, Republican lawyer Benjamin Ginsberg; former federal judges Thomas Griffith and J. Michael Luttig and former solicitor general Theodore Olson - that there was no widespread election fraud.

"We conclude that Donald Trump and his supporters had their day in court and failed to produce substantive evidence to make their case," the group wrote in a 72-page report that analyzed 64 court cases pursued by the 2020 Trump campaign.

All of this prompted Los Angeles Times reporter David Lazarus to tweet: "Correct me if I'm wrong, but Trump is now under investigation for tax fraud, election fraud, insurrection and violating the Espionage Act. And he's the Republican frontrunner for 2024."

Through the din of scandal are Trump's own words ... "No one will be above the law."

The columnist is publisher of Howey Politics Indiana at www.howeypolitics.com.

The Locate Call

It's the music of the Western mountains, and this is the only time we get to hear it. It has a hollow sound, as though a flute were a foot thick and 12-feet long, and it is the lonely call of the bull elk.



SLIM RANDES
Columnist

It starts in early September and by October becomes more of a war chant. When winter shuts down the breeding season, the bulls go quiet once again, and pal up with other bulls to face winter together.

But now, the call is there. Veteran elk hunters call it "the locate call." It isn't meant to be intimidating to other elk, either. The spirit ghost of the mountains dictates the bull sends this high, hollow note out to the world.

If I may be permitted to translate, the locate call is just a reminder, not a threat.

"Anybody oooooo-ut there?"

That was Pete, sitting on top of a ridge near the Continental Divide. From the bottom of the canyon to the west, maybe four miles away, we hear an answer.

"This is She-r-r-r-r-r-m. Remember me from last winter? Goin' girlin'-n-n-

n-n soon, Pete?"

"Thought I mi-i-i-ight, Sherm. Luck to you." "And you-u-u-u-u-u too-o-o-o-o-!"

In a month, they'll be gathering cows and Pete will threaten to dismember ol' Sherm with a single antler, but that's during the rut, and that has more grunting sounds in it. If you should go out there and try to call one in close enough for a picture, or at least a conversation, they would like me to remind you they are both 12 feet tall, weight more than a ton each, and could whip a freight train. And they're good-looking guys, too. Pass the word.

Brought to you by A Cowboy's Guide to Hunting Elk by Slim Randles. Now on Amazon.com.

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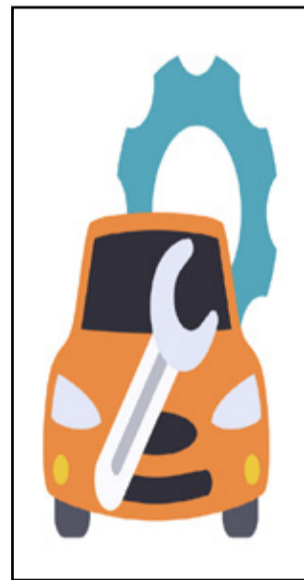
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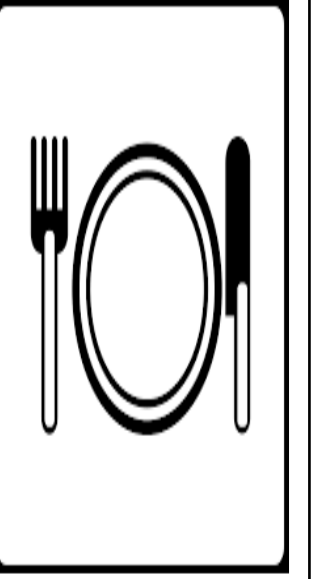
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Photos courtesy of Kia

2022 Kia Forte GT Kicks It German-Style...With Value

If you take a look at the Kia Forte GT and think it could just have easily been a Volkswagen or Audi, your mind isn't cloudy. A good portion of Kia's design team and engineering gnomes come from The Fatherland. And, that rapid insolence carries over on the road where the car kicks it like it's swallowing Autobahn - wherever your version of the famed motorway leads. Beyond all of that, it spoils passengers rotten and presents a window sticker that reflects Kia's reputation for value.

Autobahn-ready looks begin with angry LED headlamps, slashed lower facias, and strings of running lamps. It definitely throws some attitude given it's essentially an economy sedan with added zing. It is sophisticated

though, with complex body sculpting, arching roofline, and meaty 18" wheels. Around back, a full swath of LED lamps, subtle decklid spoiler, and under-bumper diffuser(ish) leave a strong impression as the Forte seats by. Red accents front and rear echo the VW GLI - an obvious competitor.

It's all business inside, but that cool relaxed kind of business that's fashionable today. GT brings deeply bolstered sport seats and thick leather-wrapped steering wheel with red stitching on both. Add to that heated and ventilated front thrones, dual-zone automatic climate control, and a power sunroof. Seats are SynTex, but feel real and are easy to clean. Devices connect to the smooth Harman Kardon audio system via Apple

CarPlay, Android Auto, and wireless charging. Automatic emergency braking, lane keep assist, blind spot warning, and rear cross path detection bolster safety while adaptive cruise and rear seat occupant alert add convenience.

Kia recently made waves with the EV6 electric crossover and Sportage Hybrid, but the Forte GT proves the Korean automaker has mastered the art of powerful little powertrains. Behind the sleek face is a 1.6-liter turbocharged four-cylinder engine laying down 201 horsepower and 195 lb.-ft. of torque - all routed to the front wheels through a 7-speed dual-clutch automatic transmission. Shift it with paddles if you please and click through the drive modes to

2022 Kia Forte GT

Five-passenger, FWD Sedan

Powertrain: 1.6-liter T4, 7-spd trans

Output: 201hp/195 lb.-ft. torque

Suspension f/r: Ind/Torsion beam

Wheels f/r: 18"/18" alloy

Brakes f/r: disc/disc

Must-have features: Style, Driving

Fuel economy: 27/35 mpg city/hwy

Assembly: Pesqueria, Mexico

Base/As-tested price: \$19,490/\$26,840

configure the powertrain from Eco to Sport. Fuel economy rates a frugal 27/35-MPG city/highway.

The rear is suspended by torsion beam, but you'd never guess it from behind the wheel. The chassis is firm enough for carving up backroads but compliant enough to soak up rough city pavement and sail over bridge expansion joints. I did driving duties on the way to a state park about 70

miles away, over which fast sweepers illuminated the competence of steering and suspension. My neighbors could do without the sport exhaust rumble, but I kinda dig it.

If you're going to buy an affordable sedan for daily commutes, you might as well get one that's pleasing to the eyes and fun to drive on the weekends. It's also up to very long days on fast Interstates. Pick



CASEY WILLIAMS
Auto Reviews

your destination, dial in directions, and enjoy the journey. A base price of \$19,490 came to \$26,840 well-equipped, making the Forte GT serious competition for the Honda Accord Sport, Toyota Corolla XSE, Nissan Sentra SR, Hyundai Elantra N Line, and that other car from Germany.

Storm Forward!

Send comments to Casey at AutoCasey@aol.com.

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State Supreme Court Upholds Firing Of Catholic High School Teacher In Same-Sex Marriage

By Casey Smith

The Indiana Supreme Court ruled Wednesday to uphold the Catholic Archdiocese of Indianapolis's decision to fire a Cathedral High School teacher for being in a same-sex marriage.

In a 4-0 decision, the court found the Archdiocese has autonomy protection under the First Amendment, which allows churches to decide matters of faith and doctrine without government interference.

Chief Justice Loretta Rush did not participate in the case.

State Supreme Court justices side with Archdiocese

"Religious freedom protected by the First Amendment to the United States Constitution encompasses the right of religious institutions 'to decide for themselves, free from state interference, matters of church government,'" Justice Geoffrey Slaughter wrote in the court's opinion. "This principle, known as the church-autonomy doctrine ... applies in this case and requires its dismissal."

Slaughter held that the Archdiocese's communications with Cathedral High about the teacher's termination fell under internal Church policy and administration

He added that the school had to choose to "either retain its recognition as a Catholic school by following the archdiocese's instruction on what was required to be recognized as a Catholic school or forfeit contin-



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ued recognition."

"This choice reflects the archdiocese's authority to declare which schools are Catholic," Slaughter said in the opinion.

The Archdiocese of Indianapolis applauded the ruling, saying the court had "unanimously protected (its) right to ensure students and families receive an authentic Catholic education."

Background on the case

Joshua Payne-Elliott worked as a foreign language and social studies teacher at Cathedral for 13 years before he was terminated in June 2019.

His lawsuit alleged the Archdiocese of Indianapolis illegally ended his employment as a result of his 2017 same-sex marriage to a math teacher at a separate private Catholic school, Brebeuf Jesuit Preparatory School.

Payne-Elliott maintained he was fired after the Archdiocese ordered all Catholic schools under its purview to enforce a "morality clause" barring employees from same-sex marriages.

The former teacher said in his lawsuit that he was offered a new teaching contract in May 2019 before he was terminated a month later.

He settled with the school over his employ-

ment discrimination claims and filed a lawsuit against the Archdiocese in August 2019.

The Archdiocese additionally sought to terminate Payne-Elliott's husband, Layton Payne-Elliott, from his role at Brebeuf, but the school declined to fire him. In June 2019, Archbishop Charles C. Thompson responded by dropping the school from the Archdiocese. The Vatican temporarily suspended that decision in September 2019, however. Brebeuf was reinstated as a Catholic Jesuit school pending a final decision.

"While we are disappointed by today's decision, we would like to make clear that the Archdiocese of Indianapolis ordered the school to breach my valid, legal employment contract - a contract that the school had renewed three times after the school was aware of the relationship," Joshua Payne-Elliott said in a statement Wednesday.

"We would also like the citizens of Indiana to know that millions of taxpayer dollars are being redirected each year from public schools (where teachers have enforceable contract rights and rights to be free from discrimination) to private

schools which target LGBTQ employees. We fear for the well-being of LGBTQ students and faculty in Catholic schools," he continued.

Luke Goodrich, the attorney for the Catholic Archdiocese of Indianapolis, tweeted after the court's decision: "Today's decision is a powerful dose of common sense. It is also a powerful application of the principle of 'separation of church and state,' rightly understood: The state can't insert itself into the internal governance of the church. Catholic schools exist to teach the faith to the next generation-and they can't carry out that mission if the law forces them to employ teachers who reject core aspects of the Catholic faith."

Kathleen DeLaney, one of Joshua Payne-Elliott's attorneys, said in a statement that legal counsel are now "evaluating all options" and determining next steps. The ruling provides Joshua Payne-Elliott with 10 days to amend his case before a Marion County judge.

"We lament this decision's movement towards immunity from civil liability for religious institutions that discriminate against their employees," DeLaney said.

INTERN

From Page A1

ly stipend and benefit from scholarship and academic credit opportunities, professional development, community involvement and networking.

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a variety of issues impacting our communities and state, which grants them the prime opportunity to network, narrow their occupational interests and enhance their professional skills. I encourage students from Senate District 23 to take advantage of this great opportunity.

For more information and to access an application, visit www.IndianaSenateRepublicans.com/Intern.

The deadline to apply is Oct. 31.

JOHN

From Page A1

garments (mostly by tripping), including two women who were killed when lightning struck the metal clips in their bras.

Sadly, the Centers for Disease Control does not openly publicize U.S. deaths by underwear, but in a twist of irony, they do refer to all of their public death information as "Data Briefs."

(By the way, searching for "Death from Boxers" does not yield pertinent information.)

One thing that journalists pride themselves on is getting to the bottom (ahem) of a story. So, here's the long and shorts of it:

I was running late for fitness class, Friday, and after successfully negotiating the showering process, I rushed to get dressed. I grabbed a pair of my finest compression shorts out of the dresser drawer, and proceeded to finish dressing as I have thousands of times before.

Compression garments are those trendy athletic clothes that hit the markets a decade ago or so. They are made of moisture wicking, space age fabrics, and the claim is that they are woven in such a way as to stimulate the muscles underneath. They are supposed to foster a better workout, a quicker recovery, and several lingering looks from the opposite sex.

I, of course, wear them for the better workout.

Well, I was standing in the middle of my dark bedroom, and after sliding the right leg through the opening in the underwear, I raised my other leg to insert similarly

through the left. Because of the lingering moisture from my shower, the fabric didn't slide up as quickly as I expected. Standing peg-legged like a heron, I just tugged harder. That's when the middle toe of my left foot got caught on the spandex-like fabric at the bottom, sending me into free fall.

I tottered around the bedroom, trying to regain my balance. Instead of just dropping the underwear, and letting my leg return safely to the floor, I instead continued to yank. Soon I was pogo-sticking around the room, bouncing off first the dresser, then the bed, then the closet door.

However, it was when I reached to brace myself against the wall displaying my vintage Farrah Fawcett poster that things really became hairy. Instead of the wall, I was heading directly for the plate glass window!

I saw my life flash before my eyes, and I was about to flash everything else before my neighbors'.

It was at this moment that my toe dislodged, and the stretchy fabric sling-shotted up into nether-nether land, doubling me over in excruciation.

I know I should be embarrassed telling you all this, but I'm not. I blame my parents. Despite telling me for years that everyone puts their underpants on the same way, I know now that they don't.

Let's be glad.

John O. Marlowe is an award-winning writer for Sagamore News Media

BUTCH

From Page A1

phone if she does not recognize the number. I can answer all of my calls because the caller cannot steal any information. There is no information on it! It is also very small, and I can carry it in my front pocket. No chance of "butt-dialing!" Now that's a smart phone!

(2) APPS...We used to have an "app." In fact, it's name was Appy. But that horse died several years ago of old age. Now my granddaughter has a quarterhorse. It's name is Tia, and she rides it here at our farm. Beautiful horse...no app needed.

(3) BLACKBERRY...I have blackberry...It's Smuckers fruit spread, which I use each morning on my whole wheat muffins. In fact, I also have Smuckers raspberry and Welch's grape jelly...so I'm good!

(4) BLUETOOTH...I don't have bluetooth per

se, but I did have an abscessed tooth two weeks ago. My face was turning blue from the pain, but my dentist took care of it. Thanks, Dr. Walker!

(5) FACEBOOK... "It's great to connect with others." So I am told. When I "connect" with someone, I prefer actual "in person face-to-face" communication. And at my age, I would certainly like to DISCONNECT with a few people. I enjoy talking with people every day at the library. But at home, I want to be left alone...I have a FACE, somewhat wrinkled at age 73, and I have a good BOOK to read each evening...problem solved!

(6) TWITTER...Yes, I have many twitters... mostly finches, robins, swallows, doves, red-tailed hawks, and even a few hummingbirds at our house and farm. And this spring, we had our first bald eagle! Whoopee!

(7) TIK TOK...I have one of these at the library...a beautiful grandfather clock that has been here since the library was built in 1915. I have listened to its calming ticking sound for the last 33 years. I wind it up every three days...I love it!

(8) TABLET...I don't have very many tablets... just plain old asprin... because I am... "knock knock"...in very good health. However, if I do become ill, I promise to get some prescription tablets if necessary. Now if you want me to buy one of those computer tablets, forget it. And whoever decided to have school children use tablets instead of books...needs to be fired!

(9) VIDEO STREAMING...I watch reruns of "Tales of Wells Fargo" at 6:30pm as I eat supper, and then watch the weather report at 10:30pm. That's pretty much

it. Except, I do watch "Hoosiers" and "Forrest Gump" on our DVD player every once in a while. I also like "Viva Las Vegas" with Elvis and Ann-Margret. Any questions? And no, I do not stare at Ann-Margret. Well, maybe a little.

(10) DNA TESTING... Yes, I guess some people are a little too inquisitive about their ancestral background. I am a Dale. Everyone says I look like a Dale. I am satisfied with that. I would hate to have DNA testing done, and find out that my real father was the Fuller Brush salesman. Bummer.

Well, as you can see, I have arrived in the future. All is well....

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

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TEACHERS

From Page A1

works under the direction of the teacher to help meet the teacher's goals and objectives for the students in the class. Often this is accomplished by the Teachers Friend working with a small group to assist with reading or mathematics.

Does volunteering require an entire day of time spent in the school? No, the Teachers Friend can volunteer as little as one hour on one day per week. This will still be a wonderful gift to the teacher and students!

Does the Teacher Friend need to complete a background check? Yes, schools want to know that the students will be safe while working with a volunteer, so all three Montgomery County school corporations have established background clearance procedures that

are easily accomplished and quickly determined. Volunteers for Mental Health happily offers scholarships if an individual who wishes to volunteer but does not have a lot of extra funds. How can you get involved? Just visit the Volunteers for Mental Health website www.vmhmc.org and click on the yellow volunteer registration button to learn more details as well as choose your time and school for volunteering. You may also volunteer on the Montgomery County Leadership Academy POINT volunteer app <https://events.pointapp.org/11313> or scan the code with this article.

Questions may be addressed by calling Denise Booher Walker, (765) 275-2689, or e-mailing dbw@vmhmc.org

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