

# SUNDAY

# The Paper

## OF MONTGOMERY COUNTY

Montgomery County's oldest locally owned independent newspaper

## 2022 United Way Campaign



Live United, Montgomery County! The United Way's annual fund drive is going on right now. This fund drive helps these agencies, which do so much good work in our county, keep their doors open. Check out page A2 for more information about these great agencies below. If you would be willing to donate, you can do so at [www.uwmontgomery.org](http://www.uwmontgomery.org). Or you can mail donations to PO Box 247, Crawfordsville IN 47933. And if your employer doesn't offer the ability to donate through work, you can drop off the donation at 221 E Main St, Second floor.

Boys & Girls Club



Youth Service Bureau



Recovery Coalition



Family Crisis Shelter



Sunshine Vans



Pam's Promise



Willson Preschool



Volunteers for Mental Health



Fuzzy Bear



Trinity Life Mission



CARA



New Beginnings Child Care



Community Chest



Head Start



HHCL



### TODAY'S QUOTE

"The true soldier fights not because he hates what is in front of him, but because he loves what is behind him."  
G.K. Chesterton

### TODAY'S JOKE

How can you tell a Navy veteran by looking at their past report card?  
They have seven C's!

### TODAY'S VERSE

Isaiah 43:1-3 Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine. When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee. For I am the LORD thy God.

### TODAY'S HEALTH TIP

If you feel overwhelmed, write down your to-do list and prioritize it. Simplify large tasks into smaller ones.

Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at [www.thepaper24-7.com](http://www.thepaper24-7.com).



### HONEST HOOSIER

As we approach Veterans Day, here's a tip of the seed corn cap to the memory of Brian Bowman and family. Thank you for your service and sacrifice. We can never say thank you enough.



**13 WTHR** MISTAKE QUIZ

**7 DAY FORECAST**

46/66 SUNNY FALL BACK SUN	47/62 MOSTLY SUNNY MON	43/60 MILD I VOTED TUE	44/66 MAINLY SUNNY & WARM WED	53/70 PARTLY CLOUDY THU	46/50 A FEW SHOWERS FRI	30/38 MUCH COLDER SAT
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## Live United, Montgomery County! Join The United Way Campaign

Every school, business, and family has some type of safety plan. You do not call 911 or grab for your first aid kits every day, but when an emergency hits, you seek help. Recently, I visited with each of the United Way in Montgomery County partner agencies and I realized that these agencies play an important role in our community's safety plan.

Perhaps we reach for a band aid to attend to a small child and ensure they are cared for, protected, and able to continue forward prepared to tackle the next adventure. That's the role of our 5 partner daycares & preschools.

Perhaps you need multiple items from the kit – some gauze, antiseptic wipes, a pair of tweezers. The hurt is a little more extensive and may take a few more strategies to address the

multiple concerns. That's where our Boy's and Girl's Club and Youth Services Bureau enter the picture. Proving the entire "first aid kit" for schools-aged children. Taking care of educational, social, physical, and mental health needs as our youth develop.

Perhaps you need one of those protective wraps or a brace so you can protect your bones while they heal. Life has difficult challenges and obstacles and sometimes an individual simply needs additional resources to wrap around them. Crawfordsville Adult Resource Academy (CARA) and Volunteers for Mental Health are two agencies that provide that extra support through education, counseling, and training.

Perhaps you are faced with an alarming emergency and you need a fire extinguisher. In

our community we face the flames of domestic abuse, substance abuse disorder, and homelessness. Thankfully, you can call the Family Crisis Shelter, Trinity Life Ministry, the Recovery Coalition or Pam's Promise. These agencies provide food, shelter, counseling, and a network of services while providing a safe drug-free place for people to learn work skills and social skills so they can become productive members of society and caring family members.

Perhaps as you age, you need a cane or a walker for safety or your vision lessens and you can no longer drive to a doctors' appointment or to pick up groceries or prescriptions. Perhaps your social security benefits can't be stretched any farther and you can't pay a utility bill. Our Sunshine Vans and Com-

munity Chest programs serve our elderly and disabled neighbors, providing aid and assistance for their unique needs.

We may not face a daily struggle or currently have a major life emergency, but we are thankful that there are agencies in place ready to assist when we do. This is why the 2022 United Way campaign is so important. The funds raised through these efforts will ensure that our 15 partner agencies can continue to be our community first aid kit – fighting for the health, education, and financial stability of all in Montgomery County.

*Kathy Steele, retired superintendent of Crawfordsville Schools, is the drive chair for this year's Montgomery County United Way fund-raiser. She wrote this as part of the campaign efforts this year. Over the*



Kathy Steele

*next several days, The Paper will urge you to Live United, Montgomery County! We'll share a continuing series that explains a little bit about each United Way agency. The annual fund drive helps these agencies, which do so much good work in our county, keep their doors open. If you*

*would be willing to donate, you can do so at www.uwmontgomery.org. Or you can mail donations to PO Box 247, Crawfordsville IN 47933. And if your employer doesn't offer the ability to donate through work, you can drop off the donation at 221 E Main St, Second floor.*

### New Beginnings Child Care

The mission of New Beginnings Child Care is to provide a high-quality, Christian-based learning environment. They provide care to children between the ages of 6 weeks and 5 years through childcare and preschool. The Christian-based curriculum centers on academics, but also social and emotional learning skills such as focus, kindness, sharing, and more. United Way in Montgomery County funds are used to increase access to quality childcare for low-income families. The funds are used to provide partial scholarships to families requesting assistance through an application process.

### Willson Family Literacy Preschool

We want to celebrate the work of Willson Family Literacy Preschool which provides tuition-free preschool classes for the most at-risk children. Target students are those learning English as a second language, those who are in foster care, those being raised by grandparents, and those who meet the federal free/reduced lunch program requirements. United Way in Montgomery County funding covers the cost of teaching assistants. Without these assistants, the number of children who could attend would be significantly lower as staff wouldn't have enough manpower to keep up. Additionally, funding for teaching assistants is critical to success for the students. The more interaction at-risk students can have with caring adults, the better off they will be!

### Hand in Hand Creative Learning

Hand in Hand's mission is to provide high-quality, compassionate, developmentally appropriate early childhood education to Montgomery County children ages 5 and younger, with an emphasis on infant and toddler care. Their guiding

principles are community engagement, creative teaching and learning, and holistic care. United Way in Montgomery County funds are used to stabilize the staffing in the classrooms. This includes partial funding of a teaching position and support of training modules for all the staff.

### Montgomery County Head Start

Head Start serves as a child and family development program for low-income infants, toddlers, and preschoolers. Children are provided with high-quality, research-based early learning experiences as well as a full assessment of their health and a full assessment of their health status to ensure status to assure that they transition into school healthy and ready to learn. United Way in Montgomery County funds are used to help offset the costs of child assessment systems. These systems allow the teachers/home visitors to track a child's progress and look for trends in each child's learning. This aids teachers and parents to best meet each child's educational needs.

### Fuzzy Bear Ministry Preschool & Daycare

Fuzzy Bear Ministry is focused on the development of the whole child. They partner with families and the community to help children achieve sustainable growth academically, spiritually, socially, physically, and emotionally to prepare them for the next stage in life. They provide a safe, secure, and stimulating environment for infants six weeks old through pre-kindergarten. United Way in Montgomery County funds are used for the Family Relief Program (FRP) which was created to help families afford childcare. Through the FRP, Fuzzy Bear can offer scholarships, sliding scale fees, and financial grace to families in need.

### Montgomery County Youth Service Bureau

The Montgomery County Youth Service Bureau believes every child deserves nurturing, encouragement, and the opportunity to become whatever they dream of being. They want to make a positive difference in the lives of children because they care. YSB has 10 core programs and provides evidence-based interventions such as mentoring, advocacy, restorative justice, and provision of basic needs. YSB helps youth grow into responsible adults by providing guidance and support. United Way in Montgomery County funds are integral to the YSB fulfilling their mission. Our funding provides critical operating funding to help pay salaries, buy program supplies and help with occupancy costs. Without these things YSB would not be able to provide the vital programs that serve between 4,000 and 5,000 children and youth annually.

### Boys & Girls Club

Boys & Girls Club is a youth service organization that serves kids ages 5 to 18. They provide after-school programming, athletic leagues, and a summer program that is open Monday-Friday. They serve children from all 3 local school corporations and have been making a difference in the lives of many children since 1956. 100% of all United Way dollars go directly to programming. Without support from United Way in Montgomery County, the Boys & Girls Club would not be able to support our communities' children and provide these important programs.

### Volunteers for Mental Health

The mission of Volunteers for Mental Health in Montgomery County is to support healthy and happy mental health in citizens of Montgomery County. VMHMC has several endeavors including the Bridge Counseling Voucher Program providing counseling vouchers to students at

all Montgomery County schools, Christmas Gift Life Program providing basic foundational support items to 235 individuals in 11 Montgomery County nursing home and transitional living facilities, and the Teacher Friend Program matching volunteers with teachers in all three school corporations to support academic success and remediation in the classroom. United Way in Montgomery County funds are primarily directed toward the Christmas Gift Lift program but ensure all VMHMC programs are supported

### CARA

The Crawfordsville Adult Resource Academy (CARA) is an adult education program designed to help adults improve basic skills. CARA offers High School Equivalency Diploma preparation, academic remediation, career pathways and certifications, and language reinforcement for non-English speakers. The donations from United Way in Montgomery County are used in a myriad of ways to help teachers and students reach their goals. These funds help cover costs for High School Equivalency exams and help teachers purchase research-based curriculum that is relevant and diverse. At CARA, students with learning disabilities can be tested by a school psychologist and receive accommodation as needed. Resources such as educational software, testing materials, technology for students in the classroom, and the ability to loan computers to those who need them for online classes are some of the ways that campaign donations help to fulfill CARA's mission.

### Trinity Life Ministry

Trinity Life Ministry is a redemptive community that gives hope to those in addiction. This is done by transforming men and reconciling their families through the power of Jesus Christ. Trinity offers a 12-month residential addictions program for

adult men and operates two thrift stores. One store is based in Lafayette and the other is in Crawfordsville. These stores help to support the residential program. United Way in Montgomery County funds are used to support the Family Ministry in whatever ways they need.

### Community Chest

Community Chest is one program offered by Community Action Program of Western Indiana (CAP), whose mission is to empower communities, families, and individuals toward self-sufficiency by removing the causes and conditions of poverty. This is done through services, support and education. Community Chest is a supplement to the Energy Assistance Program and the Emergency Food and Shelter Program. It is funded 100% by United Way in Montgomery County to provide emergency assistance with shelter and utility needs.

### Pam's Promise Transitional Housing

The mission of Pam's Promise is to provide transitional housing to homeless women in Montgomery County. They provide temporary housing while case managers work side by side with clients to teach life skills, encourage faith and family rebuilding, and provide the necessary tools to transition the client into stable, sustainable housing. United Way in Montgomery County funds are used to provide clients with social service and case management staff who provide stability, accountability, and skills that are needed to transition out of homelessness.

### Family Crisis Shelter

The Family Crisis Shelter is a residential emergency shelter for victims of domestic violence and/or sexual assault. They also provide remote case management and advocacy to survivors who are unable or unwilling to leave a violent rela-

tionship. Family Crisis Shelter also apartments to offer survivors safe housing with continued services as they rebuild their self-esteem and life after violence. United Way in Montgomery County funds are used to purchase remote services technology, as well as assist with operational costs and residential needs that are unable to be met through state and federal funding such as steel-toed boots, children's clothing, and medicine.

### Recovery Coalition

The Recovery Coalition was formed by recovering addicts, probation officers, a judge, and a social worker to bring together the recovery community in Montgomery County and to foster recovery for those still struggling with addiction. The Recovery Coalition created the Recovery Recreation Center to promote sobriety, community, fellowship, and growth for those in recovery. United Way in Montgomery County funds are used to pay the rent for the Recovery Recreation Center. Without this building, the Recovery Coalition would not have a place to host critical meetings or events for the recovery community and those seeking a better way of life.

### Sunshine Vans

Sunshine Vans provides ground transportation for Montgomery County Residents who are at least 60 years old and/or disabled. All services are donation based and funds from the United Way campaign ensure vehicles and staff are in place to run this vital transportation service. Transportation can be used for many things including medical appointments, pharmacy, groceries, or other health and wellness needs. Sunshine Vans has been a part of Montgomery County for over 40 years. Last year they helped over 300 residents, provided over 6,000 round trips, and drove over 20,000 miles to serve our community.



# SUNDAY

## Obituaries

Sunday, November 6, 2022

A3

### Jay Wilson Abbott

Nov. 30, 1953 - Oct. 30, 2022

Jay Wilson Abbott, 68, passed away at home on Sunday, Oct. 30, 2022.

He was born on Nov. 30, 1953 in Frankfort to James and Alice (Keese) Abbott.

He attended Crawfordsville Schools. He was the owner of Jay Abbott's Window Cleaning Service for over 30 years.

He was an auxiliary member of the VFW Post 1431. He attended church services at Calvary Chapel. His greatest passion was playing music on his guitar, and he played gigs at several local venues.

Survivors include his brother, James Abbott (Susie); nieces and nephews, Jimmy Abbott (Jessica) and Tami Abney (Matt); great nieces and nephews, Cole Abney, Oliva Abney and Lexie Abbott; and several cousins and extended family.

He preceded in death by his parents and his sister, Jana Abbott.

Visitation is scheduled on Wednesday, Nov. 2, 2022 at Sanders Priebe Funeral Care, 315 S Washington Street in Crawfordsville from 5 p.m. until the time of the service at 7:30 p.m. Cremation will follow. Share memories and condolences at [www.SandersFuneralCare.com](http://www.SandersFuneralCare.com).



### Loretta L. Hunsinger Haas

Nov. 25, 1932 - Oct. 27, 2022

Loretta L. Hunsinger Haas age 89, of Lafayette and formerly of Wingate, passed away peacefully in her home surrounded by family, 6:10 PM Thursday, Oct. 27, 2022.

She was born in Howard County, Nov. 25, 1932, daughter of the late Rev. Homer and Florence Shrock Hunsinger.

Her father, Rev. Hunsinger was appointed minister of the Pleasant Hill Church in Wingate in 1945. She married Alton Guy Jr. Haas Oct. 22, 1950 in Seymour, IN, he preceded her in death Dec. 22, 2007.

She was a 1950 graduate of Wingate High School. She was a stay at home mother/homemaker until her children were in school. She worked in the kitchen of Coal Creek Central School from 1968-1983. She was a member of and accepted Christ in 1946 at Pleasant Hill Church, where she was an active member, until moving to Lafayette. She played the piano and organ at church and was active in the Ladies Guild. For 20 years she and the Ladies Guild visited Hickory Creek Nursing Home where they ministered to the residents. She was the 'flower chairman' for the Wingate community, ensuring flowers were ordered for funerals.

She was a lady of grace and kindness, and made everyone she met feel special. She had her own 'card ministry', letting people know they were in her thoughts and prayers. She enjoyed sports, reading and her church. She looked forward to and attended (even if she wasn't feeling well) her grandchildren's sporting and school activities.

Survivors include three children, a son; Rick (Becky) Haas of Crawfordsville and two daughters, Rachel Haas of Lafayette and Robin (Jeroen) Honingh of Arcadia; grandchildren, Darren (Tami) Haas of Crawfordsville, Kambria (Steve) Harris of Amherst, NH, Derek (Shellie) Holman of Sheridan, Kelly (Jason) Tuntland of Arcadia and Rob (Alyssa) Beck of Romney; great-grandchildren, Tayla (Jack) Reimondo, Demi and Hutton Haas, Hadley, Grant and Judson Harris, Dawson Holman, Dominic (Kara), Victoria and Tyler Guy Tuntland and Aden and Mathis Beck; sister-in-law, and Rosalie Hunsinger of Lebanon.

She was preceded in death by her parents; husband, Jr.; a brother, Mickey Hunsinger; and a sister, Janet Kemp.

Visitation hours are scheduled 1:30 - 3:30 p.m. with funeral services following at 3:30 p.m. Sunday, Nov. 6, 2022, with Pastor Duane Mycroft officiating at Family and Friends Funeral Home of Wingate. Burial will follow in Greenlawn Cemetery, Wingate. Memorial contributions are preferred to Pleasant Hill Church. Visit us at [www.familyandfriendsfh.com](http://www.familyandfriendsfh.com) to sign the guest book or share a memory.



### Jaxtyn Kole Rogers

Oct. 16, 2015 - Nov. 1, 2022

Jaxtyn Kole Rogers of Crawfordsville passed away Tuesday at Riley Hospital.

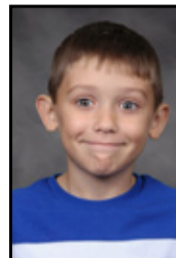
He was born Oct. 16, 2015 in Lebanon.

Hewas in first grade at Hose Elementary, where he enjoyed math. He loved playing Xbox, playing Fortnite, eating peanut butter and spicy chips. Most of all, he loved his family and loved being a big brother.

Survivors include his mother, Taylor McClure; his father-figure, Clayton Shirar; sister, Ellanor; brother, Travis; grandparents, Lori and Larry Jarvis, Burette and Stacie McClure, Cecil and Tonya Wolfe; great-grandparents, Judy McClure, Ralph McClure and Julie Estep; along with many aunts, uncles, cousins and extended family members.

A Celebration of Life will be held Sunday, Nov. 6 from 2 - 6 p.m. at the Lake Holiday Clubhouse, 5000 South 400 West. Attendees are encouraged to wear green, since that was Jaxtyn's favorite color.

A memorial account has been established at TCU in memory of Jaxtyn. People are also encouraged to donate blood in his memory. Arrangements were entrusted to Burkhart Funeral Home.



### Paul Middleton

March 9, 1960 - Oct. 24, 2022

Paul Middleton passed away at home on Oct. 24, 2022.

He was born on March 9, 1960 to William and Doris (Rogers) Middleton in Crawfordsville.

He was a graduate of Crawfordsville High School, Class of 1981 and Ball State University, Class of 2002. He proudly served in the US Marines and attended helicopter school in North Carolina. He was stationed in Hawaii, Lebanon and South Korea.

He worked for various manufacturers in the community including, Heritage, Crawford and most recently Lakeside. He enjoyed hunting, fishing, and farming.

Survivors include his mother, Doris Middleton; siblings, Linda Siggins (Daniel), Mike Middleton (Joann), Kevin Middleton (Carol) and Karen Waldon (Tony); and several nieces and nephews.

He was preceded in death by his father, William Middleton and his grandparents, David and Cecil Middleton, Ruth Middleton, Robert and Jennie Rogers.

Cremation was chosen with a memorial gathering from 1 - 3 p.m. on Saturday, Nov. 19, 2022 at Sanders Priebe Funeral Care, 315 S Washington Street in Crawfordsville. Burial will follow at Oak Hill North Cemetery. Share memories and condolences at [www.SandersFuneralCare.com](http://www.SandersFuneralCare.com).



Dreaming of a new home?

find it here!  
the paper

# BUTCH DALE



John "Butch" Dale is a former teacher, County Sheriff, author, artist, and local historian. He is the librarian at Darlington and has been there for 33 years! You never know what Butch might offer his readers two times each week...from funny and nostalgic stories about his childhood and hometown...to stories about life and death incidents when he was Montgomery County Sheriff. Sometimes he highlights sports stars from our county's past...or he might just poke a little fun at some of our national politicians and celebrities. He can make you laugh, make you cry, help you to appreciate the past or make you think about the future. But no matter what, Butch will keep you on your toes and keep you entertained!

Catch Butch every Tuesday & Friday,

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# KENNY THOMPSON



With decades of experience as an award-winning sports writer and sports editor - most of it covering Purdue athletics - Kenny Thompson has a perspective and inside knowledge that few others have. Whether it's putting what's going on in the Big Ten in historical perspective or shooting straight from the hip on what's happening today, no one has a better take on Purdue and sports than Kenny!

Catch Kenny every Friday,

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Our local boys are making a trip to Blackford County Friday as North Montgomery takes on Blackford in the football sectional semifinal. Go Chargers!



# Indiana Facts & Fun



## Number $\div$ Stumpers

1. What is the population of the county per square mile?  $\geq$
2. How old is Blackford County?  $\leq$
3. How many square miles of the county are covered in corn and soybean fields?  $\geq$
4. If the total population in Hartford City, the county seat, is 6,220, then what percentage of the entire county is made up of Hartford residents?  $\leq$

Answers: 1. 77 per square mile 2. 180 years 3. Around 119.22 square miles 4. Around 48.7%

## Did You Know?

- Founded in 1838, Blackford County is the site of multiple unincorporated communities and ghost towns.
- The county has the 8th smallest population in Indiana with only 12,766 individuals.
- For a brief amount of time in the 1800s the town was the site of an Indian reservation for the Miami Tribe.
- 72 percent of Blackford County is covered with corn and soybean fields.
- The county is the 4th smallest in size in Indiana being only 165.58 square miles.

## Got Words?

Blackford county is divided into two incorporated cities and one incorporated town. Throughout the rest of the county visitors may find numerous uninhabited ghost towns. What do you think might have been some of the causes for the ghost towns in Blackford County?

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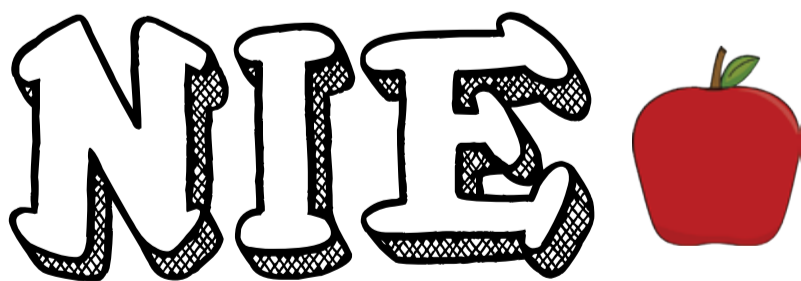
## Word Scrambler

Unscramble the words below!

1. BLODKACFR YOTUNC
2. IAMMI BRTEI
3. CONR
4. OHGST OSTNW
5. OYNASBE FISDEL

Answers: 1. Blackford County 2. Miami Tribe 3. Corn 4. Ghost Town 5. Soybean Fields

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# SUNDAY

## Indiana the Strong

Sunday, November 6, 2022

B1

Want to Contact Us? U.S. MAIL, 127 E. Main St. Suite 103, Crawfordsville, IN 47933 ONLINE, www.thepaper24-7.com (765) 361-0100

## Ag Economy Barometer Declines Again

Farmer sentiment weakened again in October as the Purdue University/CME Group Ag Economy Barometer dropped 10 points to a reading of 102. Both barometer's sub-indices also declined this month. The Current Conditions Index dipped 8 points to a reading of 101, while the Future Expectations Index dropped 11 points to a reading of 102. The "Ag Economy Barometer" is calculated each month from 400 U.S. agricultural producers' responses to a telephone survey. This month's survey was conducted Oct. 10-14.

"Concern over rising interest rates grew once again in October and is adding to the unease among producers who are worried about its impact on their farm operations," said James Mintert, the barometer's principal investigator and director of Purdue University's Center for Commercial Agriculture. "Additionally, challenging shipping conditions throughout the Mississippi River valley have hampered exports recently, and the corresponding widespread weakening of corn and soybean basis levels could be contributing to heightened unease about financial performance."

Producer concern

# P

about the financial performance of their farms was one of the primary drivers of weakening sentiment in October. The Farm Financial Performance Index fell 13 points this month to 86 and was a distillation of producers' concerns about high input costs combined with weaker commodity prices. Looking ahead to next year, over 40% of producers viewed high input costs as their top concern, followed by 21% who chose rising interest rates, 13% who chose lower output prices and 13% who chose input availability. After dipping to a new record low last month, the Farm Capital Investment Index improved throughout the Mississippi River valley have hampered exports recently, and the corresponding widespread weakening of corn and soybean basis levels could be contributing to heightened unease about financial performance."

lowed by rising interest rates (20%) and uncertainty about farm profitability (17%).

Producers' expectations for short- and long-term farmland values rose this month. The Short-Term Farmland Value Expectation Index rose 10 points to a reading of 133, while the Long-Term Farmland Value Index rose 5 points to 144. Strength in both indices comes on the heels of reports from farmland auctions around the Corn Belt that land values are setting new record highs again this fall. Even with this month's rise, both indices remain weaker than a year earlier. The short-term index this month was 15% lower and the long-term index was 11% lower than in October 2021.

Farm policy discussions are underway as Congress prepares for debate on a new Farm Bill in 2023. As a result, several farm policy related questions were included in this month's barometer survey. Crop producers were asked which two policies or programs would be most important to their farm in the upcoming five years. More than one-third (36%) of crop producers chose interest rate policy as the most important policy issue for their farming operation,

followed by the crop insurance program (27%), environmental policy (16%), conservation policy (11%) and climate policy (10%). When asked how effective the current ARC-County and Price Loss Coverage (PLC) programs are at providing a financial safety net, 72% of respondents rated the two programs as either "somewhat effective" (61%) or "very effective" (11%). When the same question was posed relative to crop insurance, 84% of respondents rated it as either "somewhat effective" (56%) or "very effective" (28%).

Each month, the Purdue Center for Commercial Agriculture provides a short video analysis of the barometer results. For even more information, check out the Purdue Commercial Ag-Cast podcast. It includes a detailed breakdown of each month's barometer, in addition to a discussion of recent agricultural news that affects farmers.

The Ag Economy Barometer, Index of Current Conditions and Index of Future Expectations are available on the Bloomberg Terminal under the following ticker symbols: AGECSBARO, AGECCURC and AGECFTEX.

## Hunters Asked To Donate Deer For Hungry

Hoosiers Feeding the Hungry is asking for hunters throughout the state to help feed Hoosiers in need this deer season.

Founded in 2011, Hoosiers Feeding the Hungry partners with various community members and organizations to get nutritious meat into hunger-relief agencies and into the hands of residents in need. Farmers, hunters, and 4-H members donate deer and livestock to their "Meat The Need" program. Donations are then processed at local participating meat processors and the meat is distributed to hunger-relief agencies within the community it was donated in. Hoosiers Feeding the Hungry pays 100% of the processing fees so there is no charge to donors or agencies receiving meat.

According to Feeding America, an estimated 47% of the over 726,000 Indiana residents struggling with food insecurity make above the threshold to qualify for the federal Supplemental Nutrition Assistance Program. To make ends meet, many are turning to local hunger-relief agencies such as food banks, food pantries, and soup kitchens. "Due to the lasting effects of the pandemic and the continuing rise in inflation, families are struggling to buy groceries and many are turning to food pantries for help for the first time." Said Katie DeForest, Fund Development Director for Hoosiers Feeding the Hungry. "Unfortunately, these agencies are experiencing the same diminished purchasing power that families are facing with their own grocery budgets. Meat is especially difficult to obtain."

In fact, according to the most recent data from the Consumer Price Index, meat prices have risen over 13% since February 2021, making a noticeable impact on hunger-relief agencies throughout the state.

"More food pantries than ever have been reaching out for help from us this year. They simply can't afford to purchase meat with the rising cost of groceries, and most of their donations are non-perishable items." Said DeForest. "Meat is hard to come by and there's a great need for it. It's a major source of protein, which is so important for a healthy diet."

Executive Director Debra Treesh said this is where hunters can

help. Last year, venison accounted for more than 37,000 pounds of the over 213,000 pounds of meat distributed by Hoosiers Feeding the Hungry—a number they hope to surpass this deer season. "On average, each donated deer provides enough meat for about 200 high-protein meals to those reached through hunger-relief agencies." Said Treesh. "Every donation helps."

Hunters who wish to contribute can take field-dressed deer to any one of several participating butchers in the area and inform the butcher of their intent to donate. Hoosiers Feeding the Hungry will pay the processing costs. After processing, local food banks, pantries, and soup kitchens are called to pick up the donation. There is absolutely no charge to the livestock and deer donors. For a list of participating meat processors, visit [www.HoosiersFeedingtheHungry.org](http://www.HoosiersFeedingtheHungry.org).

But hunters aren't the only ones that can help. Farmers can donate livestock to the program year-round, and monetary donations are always appreciated.

"Thanks to our partnerships throughout the community, our average costs are only \$1.43 per pound." Said DeForest. "That means that funds donated to our program can purchase anywhere from 50-to-75% more meat than the same funds at current grocery store prices. The meat is then given to area hunger-relief agencies at no cost to them."

Hoosiers Feeding the Hungry serves all 92 counties within Indiana. For more information on how to get involved or become a partner food agency to receive meat, visit [www.HoosiersFeedingTheHungry.org](http://www.HoosiersFeedingTheHungry.org).

About Hoosiers Feeding the Hungry

Founded in 2011, Hoosiers Feeding the Hungry has paid to process almost 2 million pounds of meat – providing over 8 million meals. Partnering with 85 meat processors statewide, the organization gives approximately 250,000 pounds of meat annually to an average of 600 hunger relief agencies throughout Indiana. Hoosiers Feeding the Hungry accepts donations and is always looking for volunteers to help in efforts to reduce food insecurity throughout Indiana. For more information, please visit [www.HoosiersFeedingtheHungry.org](http://www.HoosiersFeedingtheHungry.org) or call (260)233-1444.

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# SUNDAY

## Indiana the Strong

Sunday, November 6, 2022

B2

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## USDA Launches Loan Assistance Tool To Enhance Equity And Customer Service

The U.S. Department of Agriculture (USDA) launched a new online tool to help farmers and ranchers better navigate the farm loan application process. This uniform application process will help to ensure all farm loan applicants receive equal support and have a consistent customer experience with USDA's Farm Service Agency (FSA) regardless of their individual circumstances.

"USDA recognizes more must be done to ensure all customers have equal access to our programs and services," said FSA Administrator Zach Ducheneaux. "The Loan Assistance Tool is another example of USDA taking accountability and ensuring we update our existing systems, processes, and policies to make them equitable for all customers. The tool will help loan applicants better understand the application process and gather the needed documents before the process even begins."

USDA experiences a high rate of incomplete or withdrawn applica-



tions, particularly among underserved customers, due in part to a challenging and lengthy paper-based application process. The Loan Assistance Tool is available 24/7 and gives customers an online step-by-step guide that supplements the support they receive when working in person with a USDA employee, providing materials that may help an applicant prepare their loan application in one tool.

Farmers can access the Loan Assistance Tool by visiting farmers.gov/farm-loan-assistance-tool and clicking the 'Get Started' button. From here they can follow the prompts to complete the Eligibility Self-Assess-

ment and start the farm loan journey. The tool is built to run on any modern browser like Chrome, Edge, Firefox, or the Safari browser, and is fully functional on mobile devices. It does not work in Internet Explorer.

The Loan Assistance Tool is the first of multiple farm loan process improvements that will be available to USDA customers on farmers.gov in the future. Other improvements and tools that are anticipated to launch in 2023 include:

- A streamlined and simplified direct loan application, reduced from 29 pages to 13 pages.
- An interactive online direct loan application

that gives customers a paperless and electronic signature option, along with the ability to attach supporting documents such as tax returns.

- An online direct loan repayment feature that relieves borrowers from the necessity of calling, mailing, or visiting a local Service Center to pay a loan installment.

Background

USDA provides access to credit to approximately 115,000 producers who cannot obtain sufficient commercial credit through direct and guaranteed farm loans. With the funds and direction Congress provided in Section 22006 of the Inflation Reduction Act, USDA is taking action to immediately provide relief to qualifying distressed borrowers whose operations are at financial risk while working on making transformational changes to loan servicing so that borrowers are provided the flexibility and opportunities needed to address the inherent risks and unpredictability associated with agricultural operations.

## FSSA Announces New Statewide Campaign To Support Hoosier Youth That May Be At-Risk

The Indiana Family and Social Services Administration's Division of Mental Health and Addiction is launching a new program to support Hoosier youth in building a stronger sense of self through the Believe in You campaign. The campaign includes resources focusing on specific topics and behaviors that have been identified as risk areas for alcohol and substance misuse, such as developing mental strength, positive thinking, coping techniques and self-control.

Community groups or organizations that engage with youth are invited to consider adopting the program and encouraging youth to opt-in.

Youth who engage with the Believe in You campaign will receive a series of weekly text messages that provide a mix of verbal and written support, education, polls, questions and links to a video portal. The videos focus on specific topics identified by Hoosier youth as critical points of importance to them and their mental wellness, including mental wellbeing support, inspirational stories and helpful information from mentors, health professionals, peers and influential members of the community.

"Mental health challenges in adolescence can often lead to serious negative long-term impacts, especially when substance misuse is factored into the equation," said Jay Chaudhary, director of the Division of Mental

Health and Addiction. "DMHA is committed to improving access to quality behavioral health services for children and adolescents across Indiana, but we know that there are significant unmet needs today. We are launching this new program to help fill that gap by giving youth who may be at-risk direct access to mental wellbeing tools."

As an added layer of encouragement, youth who take the campaign's challenge to have a sponsor to guide them through program may be eligible to receive an additional incentive. At the end of each four-week challenge period, participants meet with their sponsor to discuss the program's messaging and takeaways. In exchange, each participant may be eligible to receive a \$10 gift card for their participation. While having a sponsor is encouraged for the campaign, it is not required for youth to opt-in.

To opt in to the Believe in You direct message program, text BE-YOU to 877.861.6807.

For additional information on how to leverage this program in your community, contact Amber Becker, DMHA Director of Child, Youth, and Family Systems, at amber.becker@fssa.in.gov or 317.232.8908 to sign up for a 30-minute virtual training session.

Youth who are experiencing a mental health or substance use crisis can call 988 for immediate support.

## IWU Receives \$3.2M In Grants Related To Strengthening Ministry With Children

Lilly Endowment Inc. has awarded two grants totaling \$3,214,109 to Indiana Wesleyan University (IWU) to support initiatives designed to strengthen ministry with children.

The first grant, totaling \$998,397, will fund the Christian Parenting and Caregiving Program. The School of Theology and Ministry at IWU will work with churches and families in Grant County to identify meaningful, realistic ways of doing spiritual formation with children within the home. To do so, the program will curate a combination of resources, family workshops, and various publications pertaining to faith formation in everyday activities.

"We are hoping to see parents and caregivers grow in confidence and skills in knowing how to help their children know and love both God and their neighbor," said Dr. Amanda Drury, professor of practical theology. "We want to see families operate from the understanding that faith

isn't something that we 'do' on Sundays; rather, it's who we are—and that the person of Jesus Christ affects every single part of our lives and completely changes the way we interact with others."

The second grant, totaling \$2,215,712, will fund the School of Theology and Ministry's efforts to oversee the Strengthening Ministry with Children Coordination Program. The school will develop and direct the coordination program for fellow Lilly Endowment grant recipients of several child-focused ministry programs, including the Christian Parenting Caregiving Initiative.

The goal of the coordination program is to ensure grant programs flourish and move toward sustainability. This will be done through convening and facilitating relationships, offering resources, and advocating for grantees through coaching and consulting. The coordination program will work alongside

each grantee's program in order to help them achieve goals, address challenges, and disseminate research, resources, and stories.

"We are absolutely thrilled that we get to be a part of amplifying other's voices," said Drury, "and are eager to facilitate conversations in order to try to help name where the Holy Spirit might be at work in the lives of children."

To learn more about the IWU School of Theology and Ministry, visit [www.indwes.edu/undergraduate/school-of-theology-and-ministry/](http://www.indwes.edu/undergraduate/school-of-theology-and-ministry/).

About IWU

Indiana Wesleyan University celebrates 100 years as a Christian, global, comprehensive university providing liberal arts and professional education to approximately 10,000 students worldwide. IWU is one of the largest faith-based universities in America with rich undergraduate, graduate, master's, and doctoral programs in such highly acclaimed academic units as the School of Nursing,

School of Physical and Applied Sciences, College of Adult and Professional Studies, and School of Arts and Humanities. An early leader in adult and online education, IWU is known for excellence in innovation. Students live and learn on the beautiful 350-acre IWU-Marion traditional campus and study through IWU-National & Global programs offered online and at education centers in Indiana, Kentucky, and Ohio. Wesley Seminary at Indiana Wesleyan University, founded by the Wesleyan Church denomination and IWU, prepares Christian leaders to engage in missional ministry locally and globally. Indiana Wesleyan University is accredited by the Higher Learning Commission ([hlcommission.org](http://hlcommission.org)), a regional accreditation agency recognized by the U.S. Department of Education. It is a member of the North Central Association of Colleges and Schools. For more information, visit [indwes.edu](http://indwes.edu).



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## THE PAPER

# SUNDAY

## In The Kitchen

Sunday, November 6, 2022

C1

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## Bring the Family Together with Breakfast for Dinner



Huevos Rancheros

### FAMILY FEATURES

Despite busy lives and full schedules, finding time for regular meals with loved ones encourages connections and conversations that can benefit mental and physical well-being. Gathering your family, friends, coworkers or neighbors at least once a week to spend time together over a meal provides opportunities to decompress and socialize. If you're looking for a little delicious inspiration, the American Heart Association recommends scheduling one night per week to create a recurring tradition and enjoy favorites such as breakfast for dinner. Recipes like Egg, Avocado and Black Bean Breakfast Burritos; Huevos Rancheros; and Southwestern Quinoa and Egg Breakfast Bowls from the Healthy for Good Eat Smart initiative, nationally supported by Egghand's Best, are perfectly suited for sharing while making time to destress at the dinner table.

In fact, according to a study by "Canadian Family Physician," regular meals at home with loved ones can reduce stress, boost self-esteem and make everyone feel connected with mealtime conversations that allow a chance to unplug and unwind.

Meals don't have to be elaborate for a successful evening together. Despite the perceived effort involved with preparing a meal, research published in "Preventive Medicine" shows those who have frequent meals with others, particularly parents with their children, may improve social and emotional well-being.

In addition to the mental and emotional benefits of meals with loved ones, eating together can also encourage healthier choices when better-for-you recipes are on the menu. Dining as a group can provide inspiration to try heart-healthy recipes that include the wide variety of vegetables, fruit, whole grains and healthy protein sources recommended by the American Heart Association to help prevent heart disease and stroke.

To find recipe ideas, conversation starters and more tips for mealtime, visit [heart.org/together](http://heart.org/together).

### Huevos Rancheros

Servings: 4

#### Salsa:

- 1 teaspoon canola oil
- 1/2 cup diced yellow onion
- 1/2 cup diced poblano pepper, seeds and ribs discarded
- 1 small fresh jalapeno pepper, seeds and ribs discarded, minced
- 1 1/2 teaspoons minced garlic
- 1 can (14 1/2 ounces) no-salt-added crushed tomatoes
- 2 tablespoons water
- 1/4 teaspoon salt

#### Huevos Rancheros:

- 1 teaspoon canola oil
- 4 large eggs
- 4 corn tortillas (6 inches), warm
- 1 can (15 1/2 ounces) no-salt-added black beans, rinsed and drained
- 1/4 cup shredded low-fat Mexican cheese blend

- 1 small avocado, quartered and sliced
- 2 tablespoons chopped fresh cilantro (optional)
- 1 medium lime, cut into four wedges (optional)

To make salsa: In medium saucepan over medium heat, heat oil, swirling to coat bottom. Cook onion 2 minutes, or until almost soft, stirring frequently. Cook poblano and jalapeno peppers 2 minutes, stirring frequently. Stir in garlic. Cook 1 minute. Stir in tomatoes, water and salt. Bring to boil. Reduce heat to low. Simmer 5 minutes. Remove from heat. Cover to keep warm.

To make huevos rancheros: In medium nonstick skillet over medium heat, heat oil, swirling to coat bottom. Cook eggs 3-4 minutes, or until whites are set and edges are fully cooked.

Place one tortilla on each plate. Top each tortilla with beans and one egg, being careful not to break yolk. Gently top each egg with warm salsa, cheese and avocado slices.

Sprinkle each serving with cilantro and serve with lime wedge, if desired.



Southwestern Quinoa and Egg Breakfast Bowls

### Southwestern Quinoa and Egg Breakfast Bowls

Servings: 4

- 1/4 cup uncooked quinoa, rinsed and drained
- 2 medium tomatoes, chopped (about 2 cups)
- 1 cup no-salt-added frozen corn, thawed
- 1/2 medium avocado, pitted and diced
- 1/4 cup chopped green onions
- 1/2 cup chopped fresh cilantro (optional)
- nonstick cooking spray
- 4 large eggs
- 1/8 teaspoon salt
- 1/4 teaspoon pepper
- red hot-pepper sauce, to taste (optional)

Cook quinoa according to package directions. Remove from heat.

Spoon quinoa into four bowls. Top each with tomatoes, corn, avocado, green onions and cilantro, if desired.

Lightly spray large skillet over medium-high heat with nonstick cooking spray. Crack eggs into skillet. Sprinkle eggs with salt and pepper. Cook, uncovered, 3-4 minutes, or until egg whites are set but yolks are still runny. Using spatula, carefully transfer one egg sunny side up into each bowl. Sprinkle with hot sauce, if desired.

### Egg, Avocado and Black Bean Breakfast Burritos

Servings: 4

- Nonstick cooking spray
- 1 1/3 cups liquid egg whites
- 1 can (15 1/2 ounces) no-salt-added black beans, rinsed and drained
- 4 whole-wheat tortillas (6 inches, lowest sodium available)
- 2 medium avocados, sliced
- 1/4 cup hot sauce or salsa (lowest sodium available, optional)

Lightly spray large skillet with nonstick cooking spray. Heat over medium heat.

In skillet, stir egg whites constantly with rubber spatula to scramble. Cook until eggs are almost set. Add beans, stirring until combined and heated through.

Microwave tortillas on high 45 seconds. Transfer to work surface.

Spread egg mixture in center of each tortilla. Top with the avocado and hot sauce, if desired.

For each burrito, fold two sides of tortilla toward center. Starting from closest unfolded side, roll burrito toward remaining unfolded side to enclose filling. Transfer with seam side down to plates.



Egg, Avocado and Black Bean Breakfast Burritos

# SUNDAY

## In The Kitchen

Sunday, October 6, 2022

C2

Have a favorite recipe you want to share? Send it to [news@thepaper24-7.com](mailto:news@thepaper24-7.com)

# Master the Art of Italian Comfort Cuisine

### FAMILY FEATURES

Cool, crisp days call for comfort foods, like the classic flavors of traditional Italian cooking. Whether you're Italian by heritage or simply by heart, learning the art of Italian cuisine may be easier than you may think.

Perfect your pasta game. Limp, mushy, overcooked pasta can ruin an otherwise delicious Italian dish. Aim for al dente pasta, which is soft but still firm. It's important to note variables like the type of pasta, size of your pot and amount of water can all affect cooking time. Treat the package instructions as a guide and start taste testing 1-2 minutes before you expect it to be done.

Be choosy about your ingredients. Many of the best Italian dishes are incredibly simple, so it's important to select quality ingredients that allow the flavors to really stand out. Made in Italy, Bertolli d'Italia sauces are available in premium red and white varieties to elevate the at-home culinary experience and bring the authentic and delicious flavors of Italy to your table. Every jar reflects more than 150 years of authentic Italian culinary tradition using high-quality ingredients like tomatoes vine-ripened under the Italian sun, finely aged Italian cheeses, fresh cream and Mediterranean olive oil.

Give seasonings time to simmer. Great things come to those who wait. That's why the best Italian chefs sample their sauces along the way, adding and adjusting until the taste is just right. Then, they allow the ingredients to simmer together to create a perfectly balanced harmony of flavors.

Experiment with proteins and veggies. For many Italian recipes, you can create an entirely new dish by adding or swapping the protein and adding fresh produce. Try introducing juicy strips of grilled chicken and fresh, steamed broccoli to an alfredo pasta like this Cavatelli with Cacio e Pepe Sauce. Or, if you're a seafood lover, reimagine this Fresh Tomato Bruschetta Chicken by swapping in a mild white fish like halibut, cod or snapper.

Get cozy in your kitchen this fall with more comforting recipes at [Bertolli.com](http://Bertolli.com).



Cavatelli with Cacio e Pepe Sauce

### Cavatelli with Cacio e Pepe Sauce

Prep time: 5 minutes  
Cook time: 10 minutes  
Servings: 4

- Salt, to taste
- 1 box dry Cavatelli pasta
- 1 jar (16.9 ounces) Bertolli d'Italia Cacio e Pepe Sauce
- 1 cup finely grated Pecorino Romano cheese, or to taste
- freshly ground black pepper, to taste

Bring large pot of cold water to boil. Salt water heavily.

Cook dry pasta according to package instructions until al dente. Strain pasta, reserving pasta water.

In large saucepan over low heat, warm pasta sauce 3-5 minutes. Add 1-2 tablespoons pasta water.

Transfer cooked pasta to saucepan.

Stir and toss pasta approximately 30 seconds over medium heat to integrate it with sauce. Add pasta water as needed for creamier texture.

Plate pasta and top with finely grated Pecorino Romano and freshly ground black pepper, to taste.

### Fresh Tomato Bruschetta Chicken

Prep time: 15 minutes  
Cook time: 28 minutes  
Servings: 6

- 1/3 cup extra-virgin olive oil
- 3 tablespoons finely chopped fresh basil, plus additional, for garnish
- 3 cloves garlic, minced
- 2 teaspoons kosher salt
- 1/2 teaspoon ground black pepper
- 1/2 teaspoon dried oregano
- 6 thinly sliced boneless, skinless chicken breast cutlets (about 1 1/2 pounds)
- 1 large onion, thinly sliced
- 1 jar (24.7 ounces) Bertolli d'Italia Marinara Sauce
- 2 cups multi-colored grape tomatoes, halved
- 2 stems cherry tomatoes on the vine
- 1/2 cup shredded Parmesan cheese
- 2 tablespoons balsamic glaze

Preheat oven to 400 F.

In small bowl, whisk olive oil, basil, garlic, salt, pepper and oregano until combined. Combine 2 tablespoons oil mixture and chicken in resealable plastic bag. Let stand 5-10 minutes at room temperature to marinate.

In medium skillet, heat 2 tablespoons oil mixture over medium heat. Add onions; cook 3-4 minutes, or until crisp-tender. Stir in marinara sauce. Pour mixture into lightly greased 13-by-9-inch baking dish. Arrange chicken breasts in dish, overlapping if necessary. Top with grape tomatoes and cherry tomato stems. Spoon remaining oil mixture over tomatoes.

Bake, covered, 25 minutes, or until chicken is done (165 F) and tomatoes start to burst. Sprinkle with Parmesan, drizzle with balsamic glaze and garnish with fresh basil leaves before serving.



Fresh Tomato Bruschetta Chicken

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# SUNDAY

## In The Kitchen

Sunday, November 6, 2022

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## Make the Holidays Magical with Hearty Meals



Roasted Chateaubriand with Red Wine Gravy and Lemon-Garlic Asparagus

### FAMILY FEATURES

**C**apturing the magic of the holidays often happens at the dinner table as loved ones toast the season with stunning meals worth celebrating. This year, call the entire family together and make your festive feast truly memorable with pairings that offer favorite flavors for all.

Starting with tender cuts of meat hand-trimmed by master butchers at Omaha Steaks, these dishes from chef David Rose call to mind the extravagant holiday gatherings of yesteryear with modern twists you can claim as your own.

Roasted Chateaubriand with Red Wine Gravy and Lemon-Garlic Asparagus offers classic taste while Pepper-Crusted Prime Rib with Creamy Horseradish Sauce and Crushed Potatoes brings some zing to the kitchen. For seafood lovers looking to make a splash at this year's get-togethers, Crab Stuffed Lobster Tails with Dirty Rice provide a savory, succulent pairing worthy of the season.

Visit [OmahaSteaks.com/Blog](http://OmahaSteaks.com/Blog) to find more recipes fit for the holidays.

### Roasted Chateaubriand with Red Wine Gravy and Lemon-Garlic Asparagus

Recipe by Omaha Steaks Executive Chef David Rose  
Prep time: 15 minutes  
Cook time: about 90 minutes

#### Chateaubriand:

- 1 Omaha Steaks Chateaubriand (2-4 pounds)
- kosher salt
- ground black pepper
- 1/4 cup grapeseed oil

#### Red Wine Gravy:

- Reserved chateaubriand juices
- 1 medium shallot, small diced
- 2 garlic cloves, minced
- 1 1/2 cups red wine
- 4 tablespoons unsalted butter, divided
- 2 tablespoons all-purpose flour
- 2 1/2 cups water

- 2 beef bouillon cubes
- 1 tablespoon stone ground mustard
- kosher salt, to taste
- ground black pepper, to taste

#### Lemon-Garlic Asparagus:

- 1/4 cup olive oil
- 1 pound jumbo asparagus, stems trimmed and spears blanched in salted water
- 1 pinch kosher salt, plus additional, to taste, divided
- 1 pinch ground black pepper, plus additional, to taste, divided
- 1/4 teaspoon crushed red pepper flakes
- 2 garlic cloves, minced
- 1/2 lemon, juice only
- 2 tablespoons unsalted butter

To make chateaubriand: Pat chateaubriand dry with paper towels. Season on all sides with salt and pepper; bring to room temperature, about 30 minutes.

Preheat oven to 250 F.

In large cast-iron pan, bring grapeseed oil to high heat. Sear chateaubriand on all sides until golden brown, 2-3 minutes per side.

Remove chateaubriand from pan, reserving pan drippings; place chateaubriand on wire rack-lined baking sheet. Bake according to cooking chart for cook time and desired doneness. Use meat thermometer to ensure doneness.

Rest chateaubriand 15-20 minutes. Slice to desired thickness.

To make red wine gravy: Bring cast-iron pan with reserved chateaubriand drippings to high heat then add shallots and minced garlic. Brown 30 seconds. Add red wine and deglaze pan, cooking until reduced by half, about 3 minutes.

Reduce heat to medium and whisk in 2 tablespoons butter and flour until all clumps have disappeared and mixture is well-incorporated, 3-4 minutes.

Add water and bouillon cubes; bring to boil then whisk in stone ground mustard.

Reduce to low heat and simmer until achieving sauce-like consistency, 7-8 minutes.

Season with salt and pepper, to taste. Turn off heat and whisk in remaining butter until fully melted and emulsified into sauce.

To make lemon-garlic asparagus: In large saucepan, bring olive oil to medium-high heat.

Add asparagus and season with salt, ground black pepper and crushed red pepper flakes. Sear undisturbed about 1 minute.

Turn asparagus and add minced garlic, sauteing about 10 seconds. Add lemon juice and continue sauteing until reduced by two-thirds, about 1 minute.

Turn off heat and add butter, stirring until emulsified into pan sauce. Season with salt and ground black pepper, to taste.

Serve chateaubriand with lemon-garlic asparagus and red wine gravy.



Crab Stuffed Lobster Tails with Dirty Rice

### Crab Stuffed Lobster Tails with Dirty Rice

Recipe by Omaha Steaks Executive Chef David Rose  
Prep time: 15 minutes  
Cook time: 30 minutes  
Servings: 4

#### Dirty Rice:

- 2 cups jasmine rice
- water
- 1/2 cup vegetable oil
- 1 pound Omaha Steaks Ultra-Premium Ground Beef
- 1 tablespoon kosher salt, plus additional, to taste, divided
- 1 teaspoon black pepper, plus additional, to taste, divided
- 1 teaspoon garlic powder
- 2 teaspoons smoked paprika
- 2 tablespoons unsalted butter
- 1 medium red bell pepper, small diced
- 2 green onions, minced
- 1 cup small diced yellow onion
- 1/2 cup tomato-based sofrito
- 3 1/2 cups chicken broth

#### Crab Stuffing:

- 3/4 cup mayonnaise
- 2 teaspoons seafood seasoning
- 2 teaspoons Dijon mustard
- 1 teaspoon Worcestershire sauce
- 1/2 lemon, juice only
- 20 butter crackers, finely crushed
- 1 pound jumbo lump crab meat

#### Crab Stuffed Lobster:

- 2 tablespoons unsalted butter, melted

- 1 teaspoon kosher salt
- 1 teaspoon fresh lemon juice
- 4 Omaha Steaks Cold Water Lobster Tails (5 ounces each), halved lengthwise

To make dirty rice: Rinse jasmine rice with water until water is clear. Drain.

In large saucepot, bring vegetable oil to medium-high heat.

Add ground beef, 1 tablespoon salt, 1 teaspoon black pepper, garlic powder and smoked paprika; saute 5 minutes until browned.

Using slotted spoon, remove browned beef and set aside.

Add butter to pot then add red bell pepper, green onions and yellow onions. Saute 2 minutes until lightly caramelized.

Add sofrito and jasmine rice to pot; saute 1 minute. Add cooked ground beef and chicken stock; bring to boil. Once mixture boils, reduce heat to simmer 10 minutes. Turn off heat and leave lid on pot 5 minutes. Fluff rice with fork and season with salt and pepper, to taste.

To make crab stuffing: In medium bowl, whisk mayonnaise, seafood seasoning, Dijon mustard, Worcestershire sauce and lemon juice.

Gently fold in crushed butter crackers and crab meat. Set aside.

To make crab stuffed lobster: Preheat oven to 425 F.

Stir melted butter, salt and lemon juice. Brush lobster tails with butter mixture.

Divide crab stuffing into eight portions. Stuff each lobster tail half with crab stuffing, pressing stuffing into lobster. Place stuffed lobster tails on aluminum foil-lined sheet pan and bake 10-12 minutes, or until golden brown. Serve with dirty rice.

### Pepper-Crusted Prime Rib with Creamy Horseradish Sauce and Crushed Potatoes

Recipe by Omaha Steaks Executive Chef David Rose  
Prep time: 10 minutes  
Cook time: about 2 1/2 hours  
Servings: 4-6

#### Creamy Horseradish Sauce:

- 15 ounces crema or sour cream
- 1/3 cup mayonnaise
- 2 tablespoons horseradish
- 2 tablespoons apple cider vinegar
- 2 tablespoons minced fresh chives
- 2 teaspoons Worcestershire sauce
- 1 tablespoon fresh lemon juice
- 1 teaspoon hot sauce
- 1/2 teaspoon kosher salt, plus additional, to taste, divided
- 1/2 teaspoon white pepper, plus additional, to taste, divided
- 1/4 teaspoon onion powder
- 1/4 teaspoon garlic powder
- 1/4 teaspoon smoked paprika

#### Pepper Rub:

- 3 tablespoons kosher salt
- 1 tablespoon ground peppercorn medley
- 2 teaspoons ground guajillo chili
- 1 teaspoon dried thyme leaves

#### Prime Rib:

- 1 Omaha Steaks Boneless Heart of Prime Rib Roast (4 pounds)
- pepper rub
- 1/4 cup grapeseed oil

#### Crushed Potatoes:

- 1 pound baby red skin potatoes
- cold water
- 1 pinch kosher salt, plus additional, to taste, divided
- 1/4 cup olive oil

- 2 garlic cloves, minced
- 2 tablespoons finely minced Italian parsley
- ground black pepper

To make creamy horseradish sauce: In medium bowl, whisk crema, mayonnaise, horseradish, vinegar, chives, Worcestershire sauce, lemon juice, hot sauce, 1/2 teaspoon salt, 1/2 teaspoon pepper, onion powder, garlic powder and paprika until well-incorporated. Season with additional salt and white pepper, to taste.

To make pepper rub: In small bowl, stir salt, peppercorns, chili and thyme.

To make prime rib: Pat prime rib dry with paper towels. Season on all sides with pepper rub and bring to room temperature, about 30 minutes.

Preheat oven to 250 F.

In large cast-iron pan, bring grapeseed oil to medium-high heat.

Sear prime rib on all sides until golden brown, 2-3 minutes per side.

Place seared prime rib on wire rack-lined baking sheet. Bake according to cooking chart for cook time and desired doneness. Use meat thermometer to ensure doneness. Cook until internal temperature is 10 F below desired doneness.

Rest prime rib 15-20 minutes. Slice to desired thickness.

To make crushed potatoes: Preheat oven to 425 F.

Add potatoes to stockpot. Cover with cold water by about 1 inch and add 1 pinch salt. Over high heat, boil 8-10 minutes, or until fork tender. Drain and completely cool with running cold water.

Once cool, carefully crush potatoes with palms until skin breaks and potatoes are slightly crushed.

In medium bowl, whisk olive oil, garlic and parsley.

Place crushed potatoes on aluminum foil-lined baking sheet and toss lightly with olive oil mixture. Season potatoes on both sides with kosher salt and ground black pepper, to taste. Roast potatoes until crisped and golden brown, 15-17 minutes.

Serve prime rib with crushed potatoes and creamy horseradish sauce.



Pepper-Crusted Prime Rib with Creamy Horseradish Sauce and Crushed Potatoes

# SUNDAY

## In The Kitchen

# DAY

Sunday, October 6, 2022

C4

Have a favorite recipe you want to share? Send it to [news@thepaper24-7.com](mailto:news@thepaper24-7.com)

## Celebrate the Holidays with Festive Mexican Favorites

### FAMILY FEATURES

As you gather with loved ones for the holidays, you can enhance the magic of the season by adding Chispa – a special spark – to your dinner table. It's as easy as adding classic Mexican dishes to your menu.

The key to adding this special spark is using authentic Mexican ingredients, which you can find in recipes like Chorizo and Oaxaca Tamales and Oaxaca, Potato and Chorizo Empanadas. These flavorful dishes feature delicious additions from Cacique, one of the country's top authentic Hispanic food brands, that the whole family will love.

When planning your flavor-fueled festivities, consider these must-have ingredients.

- **Chorizo:** Whether pork, beef or soy, chorizo adds the spices and hearty flavors of Mexican cuisine to any recipe.
- **Oaxaca:** Similar in flavor to mozzarella but even meltier, you can enjoy this buttery cheese in many dishes.
- **Crema Mexicana:** With a neutral, fresh-tasting flavor and silky, pourable texture, this everyday table cream is used for balancing spicy dishes.

Find more delicious additions to your holiday menu at [CaciqueFoods.com](http://CaciqueFoods.com).



Chorizo and Oaxaca Tamales

### Chorizo and Oaxaca Tamales

Prep time: 60 minutes  
Cook time: 60 minutes  
Servings: 10-12

- 40 dried corn husks
- water
- 3 packages Cacique Pork, Beef or Soy Chorizo
- 1 medium onion (about 1 cup), minced
- 8 pounds basic tamale dough, at room temperature
- 3 packages (10 ounces each) Cacique Oaxaca Cheese, cut into 1/2-inch strips

tamale steamer  
Cacique Crema Mexicana, for serving  
Cacique Homestyle Mild Salsa, for serving

In large bowl, cover corn husks with boiling water and soak at least 1 hour. Remove excess water and pat each husk dry.

In large skillet, cook chorizo according to package instructions. Add onions; saute over

medium heat until translucent, about 5 minutes. Cool thoroughly.

To make tamales: Prepare one husk at a time by placing husk on open palm, smearing 3 tablespoons tamale dough on husk from side to side and to bottom, leaving 3 inches of top untouched for folding. Place 1 tablespoon chorizo mixture in center and top with one strip of Oaxaca. Fold 1/3 of husk to left and 1/3 to right, overlapping; pinch bottom to seal and gently fold over top to create small rectangle.

Add adequate room temperature water to tamale steamer and set steamer grate. Place formed tamales, vertically and upside down, tightly packed. Once first layer of tightly packed tamales is complete, begin second layer of tamales horizontally.

Cover and steam over medium-high heat 45 minutes-1 hour. Check water level at 45 minutes. If water is low, gently add hot water to side of pot.

Remove one tamale to check doneness. Tamale is cooked when dough separates from husk when unwrapping. Serve hot with crema and salsa.

### Oaxaca, Potato and Chorizo Empanadas

Prep time: 20 minutes  
Cook time: 30 minutes  
Yield: 24 empanadas

#### Dough:

- 1 stick, plus 6 tablespoons, cold unsalted butter, cubed
- 4 cups all-purpose flour
- 1/2 teaspoon salt
- 1/2 cup warm water
- 1 egg, at room temperature, whisked

#### Filling:

- 1 package Cacique Pork Chorizo
- 2 russet potatoes, cubed
- 5 ounces Cacique Oaxaca Cheese, cubed
- 1 egg, well-beaten, for egg wash

Preheat oven to 350 F.

To make dough: Use pastry cutter or fork to cut butter into flour until it forms crumbly consistency. Sprinkle in salt and stir. Pour in warm water and egg; stir until clumpy dough forms. Knead dough about 5 minutes. Cut dough into 24 pieces and, using hands, roll each piece into ball. With rolling pin, roll balls evenly into 5-6-inch circles.

To make filling: In pan over medium heat, cook chorizo, stirring until it crumbles. Add cubed potatoes. Cover and cook until potatoes are soft then uncover and cook 5-10 minutes until liquid evaporates.

Fill empanadas by placing 2-3 tablespoons chorizo and potato mixture with 2-3 Oaxaca cubes in each dough circle. With finger, run egg wash across one side of circles. Fold over and seal edges by pressing down with fork or create folds and pinch to seal filling inside. Brush tops with egg wash.

Prepare parchment-lined baking sheets and place empanadas on sheets. Bake 12-15 minutes until golden-brown.



Oaxaca, Potato and Chorizo Empanadas

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# SUNDAY

The Paper  
OF MONTGOMERY COUNTY

# In The Home

# DAY

Sunday, November 6, 2022

D1

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## Give The Gift Of Preserving The Garden's Harvest

By Melinda Myers

Give a gift that helps your favorite gardeners enjoy the flavors of their garden well past the end of the growing season. Both new and experienced gardeners often spend their gardening budget on plants and seeds, leaving little or none to invest in food preservation equipment and supplies. Prepare your favorite gardener for the next harvest season with some food preservation supplies and equipment.

Canning jars, freezer containers, spice cubes and airtight bottles for canning, freezing, and storing dehydrated herbs and vegetables are always welcome gifts. These supplies come in handy throughout the harvest season and are often in short supply when food preservation is at its peak.

Most gardeners grow their own fresh herbs and drying is the easiest way to preserve the harvest. Simply gather stems, secure with a rubber band, and suspend in a warm, dry location. As the stems dry and shrink, the rubber band does as well, keeping the stems secure. Use a spring clothespin to secure the herb bundles to wires or other support. Create your own drying set up or invest in one of the commercial herb drying racks.

If space is limited, your gift recipient will appreciate a system like the Stack-it Herb Drying Rack ([gardeners.com](http://gardeners.com)) that allows them to dry lots of herbs in a very small footprint. The drying system you purchase or create should provide



Photo courtesy of Gardener's Supply Company/[gardeners.com](http://gardeners.com)

**Tomato press and sauce makers turn garden-ripe tomatoes into seed-free, skin-free sauce with the turn of a handle.**

the needed space for the harvest and allow sufficient air circulation for fast drying.

Herbs with high moisture content like basil, oregano, lemon balm and mints will mold if not dried quickly. If this has been a problem in the past, try placing a small bunch in a paper bag with holes in the side and stems outside the bag. Hang these from a drying rack or speed up the process by using a microwave or food dehydrator.

Many gardeners grow onions, garlic, and potatoes for long-term storage. All three of these vegetables prefer cool, dark storage locations with good air circulation. Separate potatoes from

onions that give off pungent gases that can taint the potatoes' flavor.

Avoid plastic bags that retain moisture and can shorten these vegetables storage life. Breathable potato and onion storage baskets have been used by gardeners for centuries. Boost the style and space savings with the Stackable Bamboo Harvest Storage Basket with Lid. Just stack as needed and place on the rolling base for easy storage and accessibility.

Help your gift recipient turn their harvest into something delicious. Fermentation is a relatively easy preservation technique that has been used for thousands of years. Preserve some of your

cucumbers as pickles, cabbage as sauerkraut, and berries as preserves with fermentation.

For most projects you just need the fruit or vegetables, water, salt, and spices. The desired ingredients are placed in a covered vessel like a Stoneware Pickling Crock. Weights are used to keep the fruit and vegetables submerged in water throughout the fermentation process.

Consider smaller fermentation kits for those with limited space. A three-liter glass jar with an air-lock lid and ceramic weights will allow you to ferment small quantities of vegetables.

Reduce the workload and boost the enjoyment for those making tomato juice, sauces, and soups. Hand crank and electric tomato presses, strainers and sauce makers allow gardeners to separate the skins and seeds from the tomato meat for quicker and easier processing.

Giving a gift that helps preserve flavors from the recipient's garden will be useful and remembered for seasons to come.

*Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening and Midwest Gardener's Handbook, 2nd Edition. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply for her expertise to write this article. Her web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).*

## Creating The Most Beautiful Spring Garden

Fall is the perfect time to plant flower bulbs in the garden. This delightful fall chore is the perfect way to create a breathtaking spring garden.

**Relaxed**  
Whether you love tulips, daffodils, crocuses or hyacinths, you should prepare for spring in fall. Natural-looking 'wild' gardens are completely on trend at the moment. Flower bulbs enhance this natural atmosphere if you plant them in a 'casual' way. You can achieve this effect by mixing different types of flower bulbs and scattering them all over the garden. Plant the bulbs wherever they happen to land. You will be rewarded with a lavish explosion of color in spring.

**Structured**  
If you like order and peace in the garden, choose flower bulbs in a single color that suits your color palette. You could opt for a single type, like tulips. Or you

could choose different varieties, like tulips, daffodils and hyacinths, but in the same color. Group them and plant them in your border(s) in a repeated manner for a repetitive and structured result that creates an impressive atmosphere in your garden.

**Tips**  
If you want a true color paradise in the spring, go for quantity. Loads of flower bulbs mean loads of color and cheerfulness. Extend the flowering period as much as you can by alternating spring bloomers with early bloomers, such as crocuses (January/February) and late bloomers, such as allium (May/June). Planting flower bulbs is a doddle with this rule of thumb: plant the bulb twice as deep as the bulb is high, with the tip facing up. Piece of cake!

Would you like to know more about flower bulbs? Then take a look at [www.flowerbulbs.com](http://www.flowerbulbs.com).

## Garden Trend 2023: A Tribute To Nature

The effects of climate change make us realize ever more that nature is a formidable element in our lives. There is a sense of urgency as a result of the realization that if we save the earth, we will also save ourselves. This realization causes not only fear, but also decisiveness, which can be witnessed in the trend in wild gardens.

**Natural atmosphere**  
Nature is given a more free rein and gardens are becoming wilder. The biodiversity is improved through the use of many plants of lots of different varieties, rather than planting just one and the same. Slabs and other hard surfaces are less important. Surfacing, if any, is being done through semi-paving which threads its way through the vegetation.

**Small outdoor area**  
Gone are the days when having a small garden or balcony was a reason not to have any vegetation. Rise to the challenge to surround yourself by nature even in the smallest of outdoor spaces. In every outdoor space, no matter how small, people create viva-

rious green experiences, with a rich and diverse vegetation. On the railing, in pots or through vertical planting, or even better, all of the above. Nature is everywhere.

**Organic symbiosis**  
Natural, balanced colors such as shades of brown and green are key. Add subtle whites, pale purples and soft reds, all without disturbing the natural character. The use of flowers and plants is fanciful and natural. You no longer find plants standing upright in designer pots, but a symbiosis between the different elements of nature.

**Poetry in the garden**  
Flower bulbs play an important part in the wild garden atmosphere. Tulips, daffodils, grape hyacinths and hyacinths increase the green volume. Choose mainly botanical varieties such as botanical tulips, daffodils and common bluebells and use them like a natural poem in which flower bulbs correspond in form or composition with the rest of the plants.

Would you like to know more about flower bulbs? Then visit [www.flowerbulbs.com](http://www.flowerbulbs.com).

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**Check back daily for updates!**

# SUNDAY

*In The*  
**Home**

# DAY

Sunday, November 6, 2022

D2

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## 4 Benefits of Adding a Fireplace to Your Home

### FAMILY FEATURES

Whether you're constructing a new home or simply redesigning your current living space, there are many considerations that can truly make a house a home.

Amid budget considerations, design vision boards, specs and blueprints, amenities like a new fireplace can allow homeowners to celebrate the warmth, comfort and ambiance a fireplace or other hearth product can provide. In fact, 7 out of 10 of homeowners have a fireplace and usage has increased during all four seasons since 2020, according to research from the Hearth, Patio & Barbecue Association (HPBA), showcasing that including a fireplace in your construction or renovation plans is a gift to yourself and your family.

"When we're designing our ideal homes, too often we may only think about what we want others to see and enjoy when they visit," said Jack Goldman, president and CEO for HPBA. "The reality is visitors account for less than 1% of your in-home time. A fireplace is for you and your family, a personal addition that serves you and your household in more ways than you may realize."

Consider these four benefits of including a fireplace as part of your next home update:

1. It can be a sanctuary from the ever-changing world outside. As people continue to spend more time at home, a fireplace can serve as a source of calm and relaxation, helping you and your family escape from the challenges daily life may throw your way.
2. It's an artful piece of decor to display year-round. Whether it's a centerpiece for your living room or family room, or an accent to your bedroom, bathroom or study, a creatively designed fireplace can provide an artful design element for your home, no matter the season.
3. It's a safe, reliable heating source. A fireplace is an extra layer of security when weather wreaks havoc and can provide safe, reliable heat and lighting in the event of a power outage.
4. It can be the heartbeat of your home. Between screen time, remote work schedules and commitments to extracurricular activities, many families experience fragmented home lives. A fireplace, though, can serve as a central gathering spot for you and your loved ones when together.

To learn more about the benefits of fireplaces and find a nationwide directory of specialty retailers and certified installers, visit [HPBA.org/House-warming](http://HPBA.org/House-warming).



Photos courtesy of Getty Images



### Fireplace Safety Tips

Whether it's the warm glow of the fire, the crackle of the wood or the deep penetrating warmth, woodburning fireplaces have a way of making people feel relaxed and at home. However, there are some precautions that should be taken to ensure safe operation:

- Never leave a fire unattended.
- Keep a fire extinguisher on hand.
- Keep small children and pets away from the fireplace.
- Clear an area of at least 3 feet around the fireplace of furniture, books, newspaper and other potentially flammable materials.
- Inspect gaskets, door seals and the chimney annually.

- Have the chimney professionally cleaned as necessary to ensure it's clear of obstructions and creosote.
- Install smoke and carbon monoxide detectors.
- Utilize fireplace tools to tend the fire.
- Never burn garbage, rolled newspaper, charcoal, plastic or chemically treated or painted wood.
- Avoid using gasoline or any liquid accelerant to help start a fire.
- Do not overload the fireplace to avoid burning wood or embers tumbling out.
- Never close the damper until embers have completely stopped burning.

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*Breakfast and Bible - 9:30*  
**Church - 10:30**  
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**Woodland Heights Christian Church**

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Beginning Sunday, February 28th, 2021

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Traditional Service - 8:15 AM  
Sunday School for all ages - 9:30 AM  
Contemporary Service - 10:30 AM  
Woodland Heights Youth (W.H.Y.) for middle schoolers and high schoolers - 5-7 PM

Visit us online at [WHCC.US](http://WHCC.US)

Woodland Heights Christian Church  
468 N Woodland Heights Drive, Crawfordsville  
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*"Know Jesus and Make Him Known"*



**Waynetown Baptist Church**

Service: Sunday 10:30 am

Children's Church

Casual Clothes, Everybody Welcome

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**Service times:**  
10:02 am on Sundays

Wednesday night prayer meeting  
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153 E 300 South • Crawfordsville  
[southsidechurchofchristindiana.com](http://southsidechurchofchristindiana.com)

**Sundays:**  
*Worship at 10:30 am*

*Wednesday Night Bible Study 7 pm*



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802 Mill St. • Crawfordsville

*Pastor Steve Lee and his wife, Tamara, invite you all to their spirit-filled church*

**Services**  
Sunday at 2 pm

Wednesday Evening Bible Study  
7 pm

Saturday evening  
(speaking spanish service)  
at 7 pm



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John 3:16

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300 S. Third Street • New Market  
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Dr. Gary Snowden, Minister

Sunday Worship at 10:00 am  
in the Family Life Center  
(Masks Encouraged)  
or in the Parking Lot Tuned to 91.5 FM  
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**Services:**  
Thursday night at 6:30  
Sunday mornings at 10:30

*Both services are streamed*



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*Making disciples of Jesus Christ for the transformation of the world*

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in person or on Facebook at  
[www.facebook.com/LindenUnitedMethodistChurch](https://www.facebook.com/LindenUnitedMethodistChurch)


Sunday School 9:00 AM

Pastor Clint Fink

Email: [lindenum@tctc.com](mailto:lindenum@tctc.com)

Website: [lindenumchurch.org](http://lindenumchurch.org)

*"Making disciples of Jesus Christ for the transformation of the world."*



**Liberty Chapel Church**  
*Phil 4:13*

**Church Services:**  
Sunday School 9 am  
Church 10 am

Wednesday Children's Awana Program  
6 pm-8 pm



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Sunday 10:30 a.m.

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11 a.m. Worship

Wednesday 6:30 Bible Study



**Garfield Apostolic Christian**

4485 E 300 N • Crawfordsville

**Services**  
Sunday at 10 am

**Tuesday Prayer Meeting**  
6 pm - 7 pm

**Thursday Bible Study**  
6:30 pm - 8 pm



**Friendship Baptist Church**

1981 West Oak Hill Road • Crawfordsville

*Romans 15:13*

Follow us on Facebook

Sunday school 9:30 am  
Church 10:30 am  
Wednesday Bible Study 4 pm



**Fremont Street Baptist Church**

1908 Fremont St • Crawfordsville

Sunday school 9:30 am  
Church 10:30 am  
Sunday Evening 6 pm  
Wednesday Night Bible Study 7 pm




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**Sunday Morning 10:30 AM**  
**Sunday Evening 6:00 PM**  
**Prayer Mtg Wednesday 7:00 PM**

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[www.eastsidebc.com](http://www.eastsidebc.com)

**Services:**  
Sunday School at 9 am  
Church at 10 am

*Help and hope through truth and love*



**Crossroads Community Church of the Nazarene**

**SUNDAY**  
9:00 AM: Small Group  
10:15 AM: Worship  
5:00 PM: Bible Study

**WEDNESDAY**  
6:00 PM: Mid-week Service

117 E State Road 234 • Ladoga  
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# SUNDAY

## Health and WELLNESS

Sunday, November 6, 2022

H1

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## Alzheimer's Association Offers Six Essential Terms Every Alzheimer's And Dementia Caregiver Needs To Know

During National Family Caregivers and National Alzheimer's Disease Awareness Month in November, the Alzheimer's Association is highlighting six essential terms that are important for Alzheimer's and dementia caregivers to know. Currently, there are more than 216,000 caregivers in Indiana providing care to more than 110,000 living with Alzheimer's.

"Nearly half of all caregivers who provide help to older adults do so for someone with Alzheimer's or another dementia," said Natalie Sutton, executive director, Alzheimer's Association Greater Indiana Chapter. "There are six essential terms that are commonly used by professional dementia caregivers that we think family caregivers should understand as well. These terms can help empower family caregivers during their journey caring for a loved one living with the disease."

Six Essential Terms Alzheimer's and Dementia Caregivers Need to Know

1. Person-centered care – Most often associated with professional caregivers in long-term care settings, person-centered care offers important guidance for family caregivers as well. It requires understanding the world from the perspective of the individual living with dementia. It encourages caregivers to take into account a person's interests, abilities, history and personality to inform interactions and care decisions.

2. Dementia-related behaviors – The term

is used to describe wide-ranging behavioral symptoms associated with Alzheimer's and other dementia. While most people associate Alzheimer's and dementia with memory loss due to changes in the brain, there are several other challenging behaviors that can accompany an Alzheimer's or dementia diagnosis, including:

- ☐ Aggression and anger
- ☐ Anxiety and agitation
- ☐ Depression
- ☐ Sleep disturbances and sundowning
- ☐ Wandering
- ☐ Suspicious and delusions

Underlying medical conditions, environmental influences and some medications can impact these behaviors or make them worse. The Alzheimer's Association offers tips and strategies to help caregivers address these and other disease-related behaviors.

3. Caregiver Burnout – Caring for someone living with Alzheimer's or another dementia can be exhausting – mentally, physically and emotionally. In fact, according to the Alzheimer's

Association 2022 Alzheimer's Disease Facts and Figures report, Alzheimer's caregivers report experiencing higher levels of stress than non-dementia caregivers, including:

- ☐ 59% of Alzheimer's caregivers report their emotional stress as high or very high (non-Alzheimer's caregivers – 41%)
- ☐ 35% report declining health because of caregiving (non-Alzheimer's caregivers – 19%)
- ☐ A recent national poll found 27% of caregivers for people with dementia

delayed or did not do things they should for their own health.

The Alzheimer's Association offers Caregiver Stress Check to help caregivers identify and avoid caregiver burnout.

4. Respite Care – Respite care provides caregivers a temporary rest from caregiving, while the person living with Alzheimer's continues to receive care in a safe environment. It can be provided at home — by a friend, other family member, volunteer or paid service — or in a care setting, such as adult day care or long-term care community. Using respite services can support and strengthen family members' abilities to be a caregiver.

5. Care Consultations – A care consultation can help family members work through tough decisions, anticipate future challenges, develop an effective care plan. The Alzheimer's Association offers free care consultations through its 24/7 Helpline (800.272.3900). During these consultations, master-level clinicians work with families to discuss wide-ranging, disease-related issues, including disease progression, care and living options and referrals to local support services.

In addition, Medicare covers care planning for individuals with cognitive impairment. Many family caregivers overlook or are not aware of this valuable benefit, which reimburses health professionals to provide affected individuals and their caregivers with information about medical and non-medical treatments, clinical trials and

support services available in the community — all of which can contribute to a higher quality of life. The Alzheimer's Association encourages caregivers caring for someone covered by Medicare to ask their health provider about this important benefit.

6. Treatment Pipeline – Currently, there are more than 100 disease-modifying Alzheimer's treatments in clinical trials – researchers often refer to this as the treatment pipeline. Earlier this fall, positive topline results from phase 3 clinical trials for the treatment of early-stage Alzheimer's disease were announced. These are the most encouraging results in clinical trials treating the underlying cause of Alzheimer's to date.

While these new treatments will not provide a cure to Alzheimer's and other dementia, the Alzheimer's Association is hopeful these new treatments will address the underlying biology of the disease in new ways to help slow the progression of Alzheimer's disease. This could mean more time for individuals to actively participate in daily life, have sustained independence and hold on to memories longer. Alzheimer's Association recent statement on latest treatment.

Caregivers are encouraged to stay abreast of these and other potential treatments as they move forward. In addition, caregivers and individuals living with Alzheimer or another dementia can play an active role in helping advance potential new treatments by enrolling in a clinical trial.

## 19 Health Care Organizations In Indiana Recognized

Across Indiana, 19 health care organizations received American Heart Association outpatient program achievement awards for commitment to reducing the risk of heart disease and stroke by improving high cholesterol, type 2 diabetes and blood pressure management. The awards recognize a commitment to following the latest evidence- and science-based care guidelines.

Nearly half of all adults in the U.S. have some form of cardiovascular disease, including heart attack, stroke or heart failure.[1] High cholesterol, type 2 diabetes and uncontrolled high blood pressure are leading risk factors for cardiovascular disease, but with timely diagnosis, research-based treatment and education, these conditions can be managed.

According to America's Health Rankings, Indiana ranks in the bottom half of states for the percent of people with high cholesterol (30th), type 2 diabetes (34th) and high blood pressure (35th).

"Addressing these risk factors is key not only for better cardiovascular health but for

longer, healthier lives in general," said Dr. Jerry Smartt, a neurologist on the American Heart Association's Indianapolis board of directors. "The outpatient achievement award programs put the unparalleled expertise of the American Heart Association to work for hospitals and clinics nationwide, helping ensure the care provided to patients is aligned with the latest evidence- and research-based guidelines."

This year, in Indiana:

- 14 health care organizations received the American Heart Association's Check. Change. Control. Cholesterol™ award,
- 12 organizations received the American Heart Association and American Diabetes Association's Target: Type 2 Diabetes award, and
- 19 organizations received Target: BP™ award recognition jointly presented by the American Heart Association and the American Medical Association.

Links to the complete list of winners can be found at <https://www.heart.org/en/professional/quality-improvement/outpatient>

## Help And Protect The Blood Supply By Donating To The Red Cross Today

The American Red Cross is urging blood donors of all types and those who have never given before to book a time to give blood or platelets now and help keep the blood supply from dropping ahead of the holidays.

People of all blood types are needed, especially platelet donors and those with type O blood – blood products that are critical to keeping hospitals ready to help patients depending on transfusions in the weeks ahead.

Book now by using the Red Cross Blood Donor App, visiting [RedCrossBlood.org](http://RedCrossBlood.org) or calling 1 (800) 733-2767. As a thank-you for taking the time to give this fall, all who come to give between Nov. 1-22 will receive a \$10 e-gift card by email to a merchant of choice. Details are available at [rcblood.org/perks](http://rcblood.org/perks).

How to Donate Blood: Simply download the American Red Cross Blood Donor App, visit [RedCrossBlood.org](http://RedCrossBlood.org), call 1 (800) 733-2767 or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients

A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements. Blood and platelet do-

nors can save time at their next donation by using RapidPass to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive.

To get started, follow the instructions at [RedCrossBlood.org/RapidPass](http://RedCrossBlood.org/RapidPass) or use the Blood Donor App.

Amplify Your Impact by Volunteering:

Another way to support the lifesaving mission of the Red Cross is to become a volunteer blood donor ambassador at Red Cross blood drives. Blood donor ambassadors help greet, check-in and thank blood donors to ensure they have a positive donation experience.

Volunteers can also serve as transportation specialists, playing a vital role in ensuring lifesaving blood products are delivered to nearby hospitals. For more information and to apply for either position, contact 1 (888) 684-1441 or visit [redcross.org/volunteertoday](http://redcross.org/volunteertoday).

**About the American Red Cross:**

The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission.

For more information, visit [redcross.org](http://redcross.org) or [Cruz-RojaAmericana.org](http://Cruz-RojaAmericana.org), or go their Twitter account at @RedCross.

## Exercise Is Not Just For The Young

"All parts of the body if used in moderation and exercised in labors to which each is accustomed, become thereby healthy and well developed, and age slowly; but if unused and left idle, they become liable to disease, defective in growth, and age quickly."

Hippocrates

Few things benefit the body more than maintaining physical fitness (anyone remember Jack LaLanne)? While doctors routinely recommend exercise for younger patients, we're realizing how critical it is for our older patients as well. Regular exercise, even in one's senior years, can still reduce your risk of a number of health conditions, particularly heart attacks, strokes, and falls. It also may be one of the few things that helps slow the onset of dementia.

Most communities are blessed to have many options available to seniors for exercise, especially programs that are supervised. I prefer supervised activities because a trained professional typically leads the individual or a group. This person can make recommendations to get the most out of a program in the safest way possible.

Why is regular exercise so important for

seniors? You may have noticed that as our bodies age a number of physiologic changes occur. We lose muscle mass and tone that leads to weakness and difficulty with balance. Flexibility becomes an issue (the most common cause of night time leg cramps). Our bones become weaker from reduced weight-bearing activity. Balance problems along with poor flexibility and weak muscles often lead to falls and fractures. Our hearts and lungs can also get out of condition resulting in reduced stamina and difficulty breathing with activity. This can lead to a reduced level of confidence and independence.

Regular exercise can go a long way to delay or even reverse some of these effects of aging. Exercise is a critical component in the treatment and prevention of conditions such as arthritis, diabetes, high blood pressure, obesity, elevated cholesterol, heart disease, stroke, dementia, depression, and anxiety.

Exercising in the water is one of the best and safest ways for seniors to work on their fitness. Aquatic programs are excellent for people with painful arthritic joints, particularly the knees, hips and back. Water buoys up the body,

reducing stress on the joints. The natural resistance of the water helps build and tone muscles and also improves balance. I had one patient a few years ago who faithfully attended his aquatics classes and was able to graduate from his wheelchair to using a walker.

Exercising on dry land is certainly acceptable. Again, I usually recommend supervised programs such as Silver Sneakers®. This is a program that is available to all seniors. Many Medicare Advantage plans even pay for memberships at a partnered exercise facility because they know that regular exercise greatly reduces hospitalizations and medical expenses. More information on the program can be found at [www.silversneakers.com](http://www.silversneakers.com). Simple things like gardening, yard work, or walking are certainly better than sitting all day. Walking should always be done in a safe area that is flat and well lit.

Another benefit of regular exercise that most seniors don't consider is socialization. Seniors often become socially isolated either through the death of a spouse and/or loss of friends. This has certainly been exacerbated with COVID-19. Organized exercise

programs provide a way for seniors to get out and interact with people. Most of my patients who have joined one of these programs can't wait to get back for the next session. Regular exercise is also very good for improving mental health and keeping the mind sharp.

Many seniors simply don't want to be bothered with a formal exercise program. Any exercise is better than no exercise, but seniors need to be careful not to do too much too fast. Certain medical conditions may preclude doing certain types of activities.

If you are considering starting an exercise program, it's always a good idea to discuss it with your physician. This is true especially if you suffer from obesity, diabetes, hypertension, heart disease, lung disease, or smoke. Your doctor may even provide you with an "exercise prescription" that outlines what he or she wants you to do or avoid. "A great set of basic exercises for seniors can be found at [bit.ly/3zmEhtJ](http://bit.ly/3zmEhtJ). "Just Do It" – it's not just for the young!

*Dr. John Roberts is a member of the Franciscan Physician Network specializing in Family Medicine.*

# SUNDAY

## Health and WELLNESS

Sunday, November 6, 2022

H2

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# Healthy Winter Habits



Photos courtesy of Getty Images

## Maintain your health through the colder months

### FAMILY FEATURES

**A**nother cough and cold season calls for healthy preparation, and while there may not be a foolproof plan for escaping pesky germs, taking preventive steps and practicing self-care can help protect your health.

You can catch a cold or flu any time of the year, but they seem more common during the cooler months.

“As much as we all would love a quick cure for the common cold, unfortunately, that doesn’t exist,” said Ian K. Smith, MD. “However, there are many options one can try to relieve cold and flu symptoms, including over-the-counter medications. These medications can provide fast and much-needed relief.”

Reduce the chances you’ll contract a serious illness this cold season by following these tips from the experts at Mucinex:

**Make handwashing a priority.** Preventive measures like washing your hands often can significantly lower your odds of getting sick. In fact, handwashing is such a powerful tool against germs that the Centers for Disease Control and Prevention compared it to a “do-it-yourself vaccine.” Wash regularly with soap and water for about 20 seconds, especially when handling food, caring for someone sick or after using the restroom.

**Get your flu shot.** The CDC recommends getting a yearly flu vaccine to protect yourself from flu viruses. Ideally, everyone 6 months and older should get one, especially anyone at high risk for flu complications due to underlying conditions or other factors.

**Make overall wellness a way of life.** Adopting healthy everyday habits means your body is in better condition to fight off potential attacks by germs and combat an illness more effectively if you do get sick. A well-balanced diet that includes moderate portions from each of the major food groups can help ensure you’re getting the nutrition and nutrients your body needs. Staying physically active can help promote a stronger immune system. Getting enough sleep and making sure you’re drinking enough water can also ensure your body is ready for whatever the season brings.



**Stock up on necessary supplies.** If you do get sick, the best place for you is at home, where you can nurse yourself back to health. That means having the essentials on hand, like over-the-counter medications to treat uncomfortable cold and flu symptoms. Be sure to check last year’s leftovers, as some may have expired. A shopping list to fight common cold and flu symptoms should include pain relievers, fever reducers, decongestants, antihistamines, throat lozenges and cough suppressants, as well as plenty of facial tissue, a working thermometer, humidifier and more. Also update your supply of hand sanitizer and disinfecting cleaners and sprays to protect family members in your home.

**Relieve bothersome symptoms.** When you’re under the weather, treating your symptoms gives you a reprieve and lets your body rest so you can get back to feeling better. A cough is a common cold symptom, and relieving chest congestion that causes you to cough frequently can make a big difference.

An option like Mucinex Extended-Release Bi-Layer Tablets, with the No. 1 pharmacist recommended expectorant, is clinically proven to relieve chest congestion and thin and loosen mucus to make your cough more productive for up to 12 hours. If symptoms persist, contact your health care professional.

**Do your part to prevent spreading germs.** If you do get sick, know you can take steps to protect those around you. Simple acts like covering your nose and mouth with a tissue when you cough or sneeze and using your elbow if you don’t have a tissue can be effective in preventing the spread of germs. It’s also important to wash your hands well and keep a distance from others to help prevent the spread of your illness.

Find more advice for preventing illness and protecting yourself this cough and cold season at Mucinex.com.

### Fight Congestion Like a Pro

When you have a cough, you’ll try just about anything to feel better. Over-the-counter medications such as decongestants and some lifestyle habits can make a difference.

Nasal decongestants that include the ingredient phenylephrine or pseudoephedrine work by constricting blood vessels, which allows more air to pass freely through your nose. This leads to drier nasal tissues and less mucus draining down the back of your throat. Reducing postnasal drip means you’ll cough less often and experience less pain and soreness in your throat.

As decongestants constrict your blood vessels, other symptoms like sinus pressure and a stuffy nose also tend to improve. If you take a multi-symptom cough medicine, you can reap the benefits of a decongestant plus an expectorant to loosen mucus, a cough suppressant to minimize coughing and a pain reliever for any throat or sinus pain.

Lifestyle habits can also go a long way toward easing cough symptoms on their own or paired with medication.

- **Stay hydrated.** Drinking plenty of water or other fluids helps thin the mucus in your chest.
- **Suck a lozenge.** Let a lozenge dissolve in your mouth to soothe your throat and ease a tickling, dry cough.
- **Use a humidifier.** Dry air can worsen throat pain and coughing. A humidifier can help by moistening the air you breathe.
- **Rest.** Skipping on rest when you have a cough or cold can make healing harder. Allow yourself to relax and sleep as needed.

# SUNDAY

## Health and WELLNESS

Sunday, November 6, 2022

H3

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Photos courtesy of Getty Images

## Smart Choices for Your Health Resources for selecting a provider

### FAMILY FEATURES

Getting health care for yourself or a loved one is a big responsibility, especially if you're just getting started with Medicare or have changes in your life, such as a new diagnosis of a condition or disease. It can be overwhelming if you need services like nursing home care, have to find a new doctor or get home health care.

Using online tools like "Find Care Providers" on Medicare.gov can make it easier to make comparisons and help choose doctors, hospitals, nursing homes and more for you or the person you are helping provide care to. Consider these benefits of using the comparison tools to narrow your options.

#### A Resource for Research

The website provides a simple search and compare experience that allows you to find providers near you. Simply put in a ZIP code and the type of provider to receive a list of providers, their contact information and a map of locations. The information even includes "star ratings" and services provided. The tool can be used to find all sorts of providers, including doctors, hospitals, home health care agencies, skilled nursing facilities, rehabilitation providers, hospice and dialysis facilities.

For example, two sisters needed to find a nursing home that was right for their father. This proved to be a difficult, emotional decision. They didn't know what nursing homes were in the area where he lives, so they entered his ZIP code and searched for nursing homes. They then received a list of each one in his area, complete with ratings as well as staffing data and inspection reports.

Using a laptop, desktop, tablet or mobile device, you can see how patients rate their care experiences at the hospitals in your area and find home health agencies that offer the services you might need, like nursing care, physical therapy and occupational therapy.

Contact information for local inpatient rehabilitation facilities or long-term care hospitals is available, as well as hospice quality care ratings and specific care details, such as which dialysis facilities offer home dialysis training.

#### Finding Health Care Services

Many factors influence who you trust with your health care. In some cases, family, caregivers or friends may offer referrals to a doctor or medical

facility based on their own experiences, and that can be a helpful guide.

Whether you have referrals or are starting from scratch, you can compare health care providers near you using the Medicare.gov tool, pinpointing which category of services you need, whether it's doctors and clinicians, hospitals, hospice and home health agencies, dialysis facilities, inpatient rehabilitation centers or nursing homes.

In addition to searching by your location using your address or a combination of city, state or ZIP code, you can search by provider type and keyword to generate a list of providers that could fit your needs.

#### Finding a Doctor Who Fits

When you're looking for a new doctor and not sure where to start, the tool makes it quick and easy to find and compare doctors in your area. You can find contact information, practice locations, specialty and hospital affiliation as well as hospital ratings.

Selecting the "compare" button allows you to compare up to three different health care providers at once. When you're ready to schedule a visit with a new provider, be sure to take time during your scheduling call to verify general information, like the office location, whether the office is accepting new patients with Medicare and whether you need a referral to be treated.

#### Comparing Nursing Homes

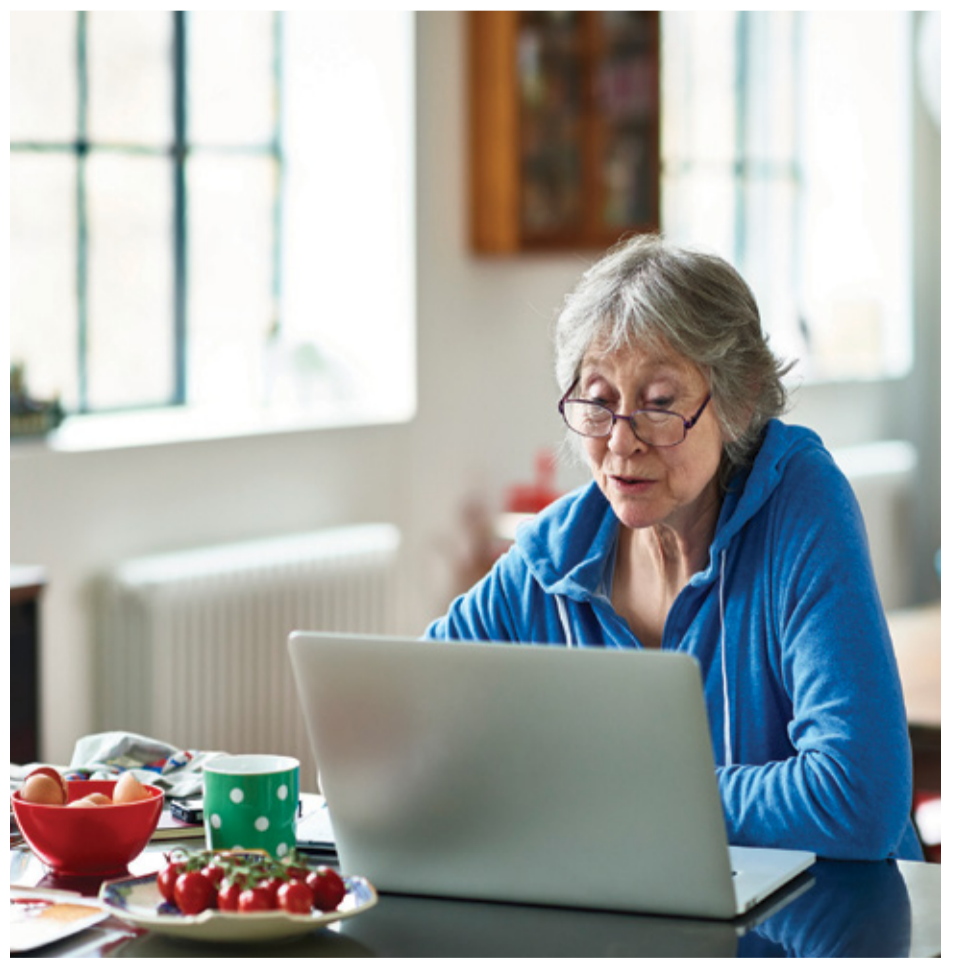
Whether you're planning ahead or need to make an unexpected decision, there's a lot to think about when choosing the right nursing home for you or someone else. Many family members and caregivers prioritize location so they're able to check in and visit frequently, but there are many other important factors you may want to consider, too.

The comparison tool at Medicare.gov provides filtering options that allow you to personalize your results by sifting through the criteria that matter most to you, such as inspection results, number of beds, staffing data and more.

You'll be able to check out the nursing home's overall "star ratings." The information can serve as a guide of a provider's track record to help assist you with finding a home that best suits the person's needs.

Visit Medicare.gov/care-compare to access the tool and find health care providers and services in your area that fit your needs.

Paid for by the U.S. Department of Health & Human Services.



### Caregiver Guide

Making decisions as a caregiver can be challenging but taking advantage of available resources can help you feel more confident in your choices.

For example, Medicare.gov allows you to find information about health care providers, hospitals, nursing homes, hospice, home health agencies, dialysis facilities, inpatient rehab and long-term care hospitals near you. The website also provides quality ratings, so you can see the provider or facility's history of service, among other details that help you make the most informed decision on behalf of the person you're helping.



# SUNDAY Voice of our PEOPLE DAY

Sunday, November 6, 2022

11

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## Bannon Saga #4 – John C. Andrew Bannon

John C. Andrew Bannon's birthdate or even year for sure is unknown to me but when he joined the service in December 1863 he was 37 years old and age 33 in the 1860 (Randolph County, Indiana) census thus he'd have been born in the mid 1820s, probably about 1826 and definitely in Warren County, Ohio according to the rest of his brothers and sisters births and his Civil War records. He married Sarah Bell several years younger than he, daughter of George and Jane (Kerns) Bell on August 10th in 1854 Darke County, Ohio, his brother, Lewis, performing the wedding ceremony. Buried Liberty Chapel near Elmdale (thanks to R&S Fine for the photo)

Sadly, his Sarah passed away two days after Christmas in 1861. It seems such a shame that John would leave two babies and enlist (12-20-1863 but mustered in on Jan 30th following) to fight for his country but that he did, joining the same regiment (Co B, 120th Indiana Volunteers) as his brother, Michael and his nephew, Samuel (just 16), son of Lewis Wesley Bannon. When he signed up, his records noted age; had dark eyes and light hair and was 5'8" tall. He had dark complexion and was a brick layer, born Warren County, Ohio died Jeffersonville, Indiana in a hospital from the war-popular, often deadly disease of that war, dysentery. He passed 4 Jan 1865 after being in the service not quite one year and is buried in Liberty Chapel. Sure wonder if his brother preached his funeral as well as his wedding? This death indicated he was the first of the Bannon brothers to pass away.

Only two children, left with his brother Lewis who had a big family of his own (six by his first wife, four by the sec-



**KAREN ZACH**  
Around The County

ond who basically grew-up with JCA's two), were born to John and Sarah Bell Bannon, first was Frank Andrew Bannon born in Arcanum, Darke County, Ohio 28 Oct 1859 and married Fannie Lee Alward, a distant cousin of mine on 11 April 1885 in Fountain County. They were parents of four children: Walter Andrew born 29 Jan 1888 in Parke County but died in Fresno, California 30 March 1970. He married Juanita Strong and they were parents of five children. 1) Eunice married Albert Schofield who was a Civil Engineer and worked for the Forestry Service (parents of Bonny and Toni); 2) Pauline married Fred Martin - had son Fred 3) Walter Andrew Bannon married Juanita Creech and #2 Lois Hall and fathered Michael; Dwight; Tracey and Sondra. 4) Dorothy born 1918 married Winston James Eichen. She passed in 2000; he in 2004. Don't believe any children. 5) Dwight Frank Bannon born 31 May 1922 died at sea during WWII.

Another child of Frank and Fannie was Sarah Helen (Dec 1890 - Dec 1968) who married Fred Owen. They had two daughters (Kathryn and Pauline who had



produced four grandchildren and six greats at Sarah's death). Sadly, her sister, Mary Luella lived less than two years and is buried in Harveysburg, Parke County and their brother, John Leslie Bannon the same.

Frank Andrew lost Fannie in Aug 1897 and remarried in March 1899 another distant cousin of mine, Ros"etta" Emilene Barker. Their first born was Marvin Paul who went to college, became an industrial engineer working in NY and later settling for good in Hueytown, Alabama. Marvin married Clara Wedlake and had sons Paul and Laurence both carrying mom's maiden name as their middle. One was a Col. and a fighter-pilot in Vietnam and his plane was shot down - never found, and his brother Laurence was a psychologist in Alabama.

Cliston Wayne born May 1901 to Frank & Etta married Elizabeth Mitchen - three children (Druscilla; Susan; John Andrew) and with wife, Bertha McMullen had Norman Jean. Cliston worked for the Pennsylvania RR and grew-up in the back woods area connecting to Turkey Run State Park. Merrill Rex born May 1904

married Ruth Lamb and were parents of Elcie and Alice (grandchildren were: Patricia, Norma, John, Edward, Nancy and Laurel). When still at home, it was he and Cliston's job to fish and hunt squirrel and rabbit for the family meat. Add gathering wild honey and dandelion greens to their list. He, Ruth and the girls moved to Attica where he worked at Chevrolet and the Plymouth-Dodge Agencies until 1952 then retired to Florida.

Frank and Etta's daughter, Thelma Vance married Ruth Lamb Bannon's brother, James Lamb and parented Joan; Donna; Carol and James William. James did farming, teamster work and was at Harrison Steele, Attica.

Doris Oneda married Harold Bugg and I think it is so nifty that all three of their children (Shirley, Ed and Nancy) were teachers. Harold himself had some interesting teaching experiences (defense weapons; in a transient camp during the Depression); Baltimore, St. Louis and Kokomo.

Carrie Mildred Bannon married Melvin Leo Davies, industrial arts teacher for 36 years and helped establish the potters shop at Conner Prairie (obit). They were parents of Carolyn and Mary Margaret.

The last of Frank and Etta's was Mary Lucille born July 1913 and married Oct 1932 to Lloyd E. Harvey, son of Edgar and Mary Etta Norman Harvey. To my knowledge, they had just one daughter, Mary Kay who married Phil Stryker. We have compared information several times. Well, Frank Andrew really blessed the family tree with many branches; now, let's talk about his one and only sibling.

Martha "Belle" reflecting her mother's maiden name was born June 8, in 1861. She always

went by Belle. Very sadly, she would really know neither of her parents as her mother died about six months after her birth and you read above what happened to her father, but think she had a good life with Uncle Lewis' family. In 1882, she married Lucien Hockett (55 years married at her death) and they had four sons. They lived much of her life in Florida where she was a beautician, and worked with the prisoners in the Sumpter Prison, Florida but are buried back in Poplar Grove, Parke County with no stone. Allen Hockett lived much of his life in Vermilion, Illinois, married and had a daughter, Lucille and son, Arthur. Roscoe remained in the area as a farmer, married Margie Chumley and at least one daughter, Madge was born. They are buried in Poplar Grove, Roscoe passing at 90 years old. Oral Lee Hockett lived most of his life in the New Richmond area until his last few years. He was a trucker, married Julia Crisp and Louella Simms and fathered Roy and William. Then, the last of the Hockett boys, Austin, was born the day after Christmas Parke County 1898. Living with his parents until both were gone, he married at 49 years old to Alice Myrtle Myers in her late 40s. They are buried in Poplar Grove passing 8 Oct 1984 after a siege with pulmonary troubles.

There you have #3 of the Bannon Saga and have a few of how the saga spread all over the country!

*Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County. You can reach her at karen.zach@sbglobal.net.*

## Butch Takes A Trip To The Elevator



**BUTCH DALE**  
Columnist

Harvest season is coming to a close. The farmers had good weather this fall, with very little rain, and many were able to pick corn or combine beans every day. After our fields were cleared, I decided to fire up my 1951 Farmall H tractor, hitch up the old John Deere spreader, and haul some horse manure out to the fields. The tractor had been sitting in my shed for a year. I opened up the gas line, sprayed two shots of ether into the air chamber, crossed my fingers, set the choke, said a silent prayer, and pushed the starter button. The engine groaned, hesitated, coughed . . . and then BINGO . . . it started . . . amazing! Three hours later, after shoveling, hauling, and spreading eight heaping loads, I was done. My son had offered to load the manure with his small John Deere tractor, but I always like to do it by hand . . . keeps me in shape . . . and I feel like a teenager again, when I used to help Dad.

When I'm on that old tractor or see the local farmers with their gigantic tractors and combines, I think about how much farming has changed since the 1950s and '60s. Dad had a two-row picker which was mounted to his Farmall M tractor, which also pulled a wagon behind it where the ear corn ended up. Near our barn, the wagon was unloaded into an open chain-driven elevator, driven by a PTO from a little Ford 8N tractor, which carried it to the opening in the top of an open-air steel grated crib. As the corn piled up near the top, I had to climb into that hole and scatter the corn to the sides with my feet



Photo courtesy of Butch Dale

**The Darlington elevator served the area's farmers for over eight decades. This photo was taken in 1976, when it was known as the Farmers Feed and Grain Company.**

so the crib could hold more.

Dad raised hogs and chickens, along with a few other farm animals from time to time, so every so often it was time to load up corn to take to the Darlington elevator and have it ground into feed. Dad backed up the '52 Dodge truck, handed my brother and me a couple of scoop shovels, and we went at it. Occasionally we got into a nest of rats, which took off in all directions and between our legs. Loading the truck took about a half hour, and we were both soaked with sweat by then, so Dad let us ride on top of the truckload of corn to cool off, as he lit up a Chesterfield cigarette and headed down County Road 400 North to town.

Harry Yount owned the elevator at that time, and both of his sons, George and Allen, worked there. I also remember Jim Endicott, Wilbert Renick, Gordon Day, and Joe Parks as employees. Dad pulled the Dodge inside until the front wheels stopped on a lift, which raised the front end up so the corn would fall out and into the dump bin. When I was about 4 years old, I accidentally fell into that dump hole when the augers were running. Allen Yount happened to see me fall in, ran over there, and hit the emergency stop switch . . . Thank God!

As the corn was being ground into feed, the three of us headed to the office, where Dad checked his account, and my brother and I bummed a couple of dimes for two bottles of Nehi soda pop. If we were lucky, he also gave each of us a nickel for the Spanish peanut vending machine. Dad caught up on the local news with the other farmers, and in a few minutes, it was time to back the truck up to the loading door, where the burlap bags of feed, tied at the top with twine, were ready and waiting. The smell of freshly ground feed is something I will always remember!

Driving back down Main street, Dad would often stop at the drug store or pool room to buy a pack of cigarettes . . . so then it was definitely time to buy for another nickel . . . to purchase a pack of Topps baseball cards. I just knew I was going to get a Mickey Mantle card . . . No, not this time either . . . well, maybe on our next trip . . . The elevator is no longer there, but my memories will always remain.

*John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.*

## The True Story Of 'Hi When'

Not terribly long ago, I had the opportunity to walk around the campus of my alma mater. I wasn't expecting to meet anyone. It was the middle of summer, and the whole place was deserted. The likelihood of a chance encounter in this academic ghost town was implausible.

So when I walked by the tennis facilities, and found the main doors open, I became unsettled.

I managed to go through an entire college career without seeing one tennis match. This seemed like the perfect opportunity to survey a building I had never been in before. Plus, I should investigate why the doors were not shut -- even though of all the sports, tennis might be the least attractive to thieves wanting to cash in on a robbery.

I walked through the steel double-door entry, and into the vestibule that separates the cozy atmosphere of the tennis courts from the usually chilly outdoor spring air during tennis season.

I had long since abandoned the idea that anyone was actually playing tennis. The familiar "thwock" sound of a tennis ball meeting a tennis racquet was conspicuous in its absence. Instead, the only sound was the low hum of the air handlers circulating the indoor air on the balmy summer day.

As I stood in the center of the expanse, and gazed down its length to the other end of the Quonset-style metal building -- some 75 yards or so -- I expected to see a maintenance employee replacing lighting or perhaps a team manager repairing equipment.

There was no one -- no one at least, until the rustling of papers behind me unmasked a young man hidden in the shadows.

He had short, straight black hair, cropped in a practical style just above the eyebrows. He was not tall, although maybe a bit taller than what I expected for a young man of Asian ancestry. He sat at the end of a long row of tables, and had his head buried deep into the paperback he cradled in his hands.

"Hi!", I blurted, somewhat startled by finding him behind me.

Immediately, the young man snapped to attention. He shoved his book onto the table, face down, creating the page he was reading, bookmarking it to finish later. He rose abruptly, tossing his shoulders back.

"Yes, sir!" he replied sharply. His comportment was rigid, almost military. Had it not been for a bright, teeth-filled smile broadening his face, I might have



**JOHN MARLOWE**  
With the Grain

ended the conversation there.

"No, Hi," I returned, hoping I hadn't frightened him. I waved my hands at arm's length, fingers spread, palms toward him, in what I hoped was the universal sign of "you don't have to fear me".

"Yes, Hi," he said.  
"Hi," I said.  
"Yes, Hi."

This awkward exchange convinced me the young man -- Vietnamese, I thought -- struggled with the English language. So, like most Americans, I decided I'd help translate by shouting at him.

"I'm John. John Marlowe. Pleased to meet you," I yawned. I exaggerated the movement of my mouth, as if spanning the US / Southeast Asia cultural gap could be achieved by lip-reading.

"When," he said.  
My whole life.

At least that's what I wanted to say. But, if this guy does understand English, he'll be offended by my chippy answer. The smile never left the young man's face, but I could feel the furrows in mine deepening by the second.

"No, Marlowe," I repeated.  
"Yes, when."

I reached into my shirt pocket, hoping to grab a stray Tylenol, but in finding none, I said, "When what?"

"No. Not when what," he said.  
"Hi when."

"Who?"

"Not who. When. Hi when."

Back and forth we went, just as if we were volleying adverbs on the court behind us. At last, with an energetic flailing of his arms, he motioned me over. He picked up the paperback book on the table. With that same big grin, he tapped rapidly, pointing to the words written inside the cover.

"This book belongs to Hai Nguyen. Please return if found."

I'm just grateful the young man's named wasn't Hu. Wait a minute! He's on first.

*John O. Marlowe is an award-winning columnist for Sagamore News Media.*

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# SUNDAY

## Voice of our PEOPLE

Sunday, November 6, 2022

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## Spirit & Place – Powerful Conversations On Race

Spirit & Place – Powerful Conversations On Race

Are you familiar with Spirit & Place Festival? We had an article previewing it in our Sunday edition.

If you are not, let me be clear. I believe this is a good thing. According to the web site: “The annual Spirit & Place Festival is almost here! From November 3 – 13 we will explore the theme of IDENTIFY with more than 25 independently created events. From musical and dance performances to family-friendly offerings, art exhibits, panel discussions, and community conversations we are sure you will find something to love. Visit our event calendar to learn more or flip through our Festival Event Guide.”

To be sure, the more events that bring together a wide range of diverse people is good. Back in my day we used to call it sports. People of all shapes, sizes, colors, religions and persuasions got together to play softball tournaments, tennis, horseshoes, fish, ca-



**TIM TIMMONS**  
Two Cents

noe, play cards . . . you name it. Afterward, a lot of them would get together at watering holes to quench the thirst they worked up.

A lot of friends were made. Of course it wasn't all sports. That's just what I was mostly exposed to. There were art fairs and motorcycle rallies and theater outings and on and on. The world wasn't all peaches and cream by a long shot, but it sure didn't feel as divided as it does now.

OK, enough old guy reminiscing.

As I looked through the Spirit & Place web site (www.spiritandplace.org) I noticed something called Powerful Conversations on Race. It reads: “Powerful Conversations on Race (PCR) is a monthly community dialogue series exploring topics around race, racism, and the resulting impact. These sessions provide a means of getting comfortable talking about uncomfortable topics and are rooted in humanities- and arts-based materials and sources.

Each month we'll choose 1 or 2 readings and other source materials such as art, music, poetry, lyrics and videos to ground our conversation. Facilitators trained in the Civic Reflection Dialogue Method will use these materials to further support and push our discussion into deeper examination and reflection on our underlying beliefs around race and racism in America and its implications. It is not necessary to read or engage with any of the source materials before we meet. In fact, we encourage everyone to come

to the table as is.

This IS NOT a lecture or book club, but rather a space for community to come together and dive deeply into a variety of topics concerning race. Active participation is expected.”

Again, I think this is a good thing. I've pounded on my little soapbox for years and years that civil discourse is needed. The more that happens, the better off we'll all be.

But one of the related topics that often comes up when race is discussed is getting rid of statues and monuments related to the old South, the Civil War and anything that reminds us of the dark time our country went through.

Perhaps that won't happen at this event? Perhaps these participants are better than that? I hope so.

Let me back up. I have not talked with any of the Spirit & Place organizers. So perhaps they don't condone tearing down statues from a dreadful period in our history. I simply don't know, and am

not accusing them of anything. My point is much simpler. How can efforts to rewrite (at worst) or ignore (at best) history be a good thing? The very real fact is that our nation went through some ugly, ugly times. Do we think by ignoring it we are changing it? Do we think erasing the physical reminders will make it OK? Have we not learned that those who ignore history are doomed to repeat it?

Honestly, I don't know how anyone in their right mind can defend racism. There's no part of any sort of bigotry that's OK. We are becoming more open and accepting as a people, and there is nothing bad about that.

If Spirit & Place really does produce honest conversations that help bring people together then more power to it.

*Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at ttimmons@thepaper24-7.com.*

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## Ask Rusty – How Can I Access My Social Security As Soon As Possible?

*Dear Rusty:* I am a few weeks away from my 61st birthday in November 2022. I was wondering how far in advance of my 62nd birthday next year should I file my Social Security benefits paperwork in order to get my first check the same month I turn 62? I usually work a part time job during the winter months - but that job fell through this fall 2022. So, I do not want to waste any time getting that first check arriving the minute I turn 62 in November 2023. I don't want to take any chances of delays in starting my Social Security retirement benefits since I am currently not working. Signed: Ready to Retire Soon



**ASK RUSTY**  
Social Security Advisor

Unless you were born on Nov. 1 or 2, you will first become eligible for Social Security in December of 2023. That's because you must be 62 for the entire month before you can get Social Security for that month. If you were born on either the 1st or 2nd of November, then November 2023 will be your

### Social Security Matters

by AMAC Certified Social Security Advisor

**Russell Gloor**

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first month of eligibility and your first payment will be received in December. But if you turn 62 after Nov. 2, your first month of eligibility will be December 2023 and your first payment will be received in January 2024 (Social Security pays benefits in the month following the month they

are earned).

Social Security recommends you apply for your retirement benefit about 3 months before you wish your payments to begin, but you can apply as much as four months prior. When you complete the application there will be a question asking when you wish your benefits to

start, and you should select the one that says, "I want benefits beginning with the earliest possible month and will accept an age-related reduction." Be aware that your age 62 benefit amount will be permanently reduced (your age 62 benefit will be 70% of the amount you would get at your full retirement age (FRA) of 67).

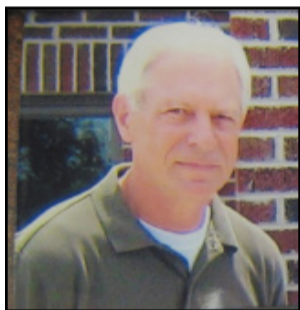
By applying as suggested above, you will get your first Social Security payment as early as possible, but you should also know that the exact date of your payment depends on the day of the month you were born. If you were born between the 1st and 10th of the month, you'll get your payment in your bank ac-

count on the 2nd Wednesday of every month; if you were born between the 11th and 20th of the month, your payment will be received on the 3rd Wednesday of every month; and if your birthday is after the 20th of the month, the payment will be in your account on the 4th Wednesday of every month.

You can apply for benefits by making an appointment to do so at 1 (800) 772.1213 or by calling your local SS office, but the most efficient way to apply is online at [ssa.gov/retire](http://ssa.gov/retire). To apply online, you'll need to first create your personal "my Social Security" online account, which is easy to do at [ssa.gov/myaccount](http://ssa.gov/myaccount)

## Butch Asks, "So...What About Solar Power And Progress?"

Like many of you, I have been reading the recent letters to the editor concerning the possible "solar farms" that may be arriving in our county. Just like the push for the so-called "windfarms," residents are voicing their opinions and concerns...for and against. If you do a little research, you will discover that there are just as many disadvantages for solar energy as there are advantages. In fact, many scientists are of the opinion that if you take into account all that goes into producing solar energy...the mining, fabrication, on-site construction, upkeep, and ultimate disposal of the panels and equipment...that this form of energy is MORE harmful to the environment that fossil fuel energy. And that doesn't even take into account that cloudy days produces little or no energy. And isn't it odd that the companies promoting both of these use the term "farms," when in all actuality they are industrial sites? I guess it makes the landowner feel less guilty when



**BUTCH DALE**  
Columnist

these companies install their "farms" next door to their neighbors and pocket the cash...and yes, that is what it all boils down to...MONEY...all in the name of farm innovation and "progress."

According to the Oxford English dictionary, the definition of "progress" is "advancement to a further or higher stage, or to further or higher stages successively; growth, development, usually to a better state or condition; improvement, applied especially to manifestations of social and economic change or reform."

I have listened to people in Montgomery County propose many changes through the

years in the name of progress. Their arguments for change were very persuasive. In the 1960s, we were told that school consolidation would save money for taxpayers and provide a better education for our children. So...how did that turn out? More variety of classes...yes. A better education? Doubtful. I had a better education at Darlington High School. And when the once vibrant small towns lost their hometown schools, which were the heart and soul of each community, the towns started their decline. When I was growing up, you were lucky to find a parking spot on Main street in our little town in the evening. No problem now. And instead of driving four or five miles to see our children and grandchildren in school activities and sports...now it's fifteen miles...one way. Taxes lower? Ha! Guess again.

Let's take a look at farming. Farmers were told that they must farm more land and buy bigger equipment to survive. Well, the ones that

could did just that. The others had to give up farming and find a job in town. Most farmers in Montgomery County today farm thousands of acres and have millions invested in equipment, buildings, etc. Are they happier now than they were in the 1950s and 1960s? There are farmers I know that are so nervous about cost inputs, prices, machinery payments, breakdowns, supply shortages, and weather that they can't even sleep at night. Doesn't sound like progress to me.

In the 1960s and 1970s, we were told that the large box stores and franchises represented progress. The selection would be greater and the prices cheaper. Well, for the most part, that is true. But let me ask you this...Do you enjoy shopping in a gigantic box store...or would you rather go back in time and shop at the Mom and Pop store in your little town? Yes, you may eat at a fast-food establishment on many occasions, but wouldn't it be nice to sit down and have a

meal cooked by Grace Brown at the Darlington Cafe...or enjoy an ice cream sundae served by Pee Wee Harmon at the Darlington drug store?

When I look out over the countryside in the evenings, I see fields of corn and beans and wheat. I see cattle and horses grazing in beautiful green pastures. I see rabbits, coyotes, deer, and many species of birds. This is the way it has been here in Montgomery County for many generations. Do you want to look out your window and see hundreds, or perhaps thousands, of solar panels? Let the large cities install these. After all, they have already ruined their landscape with factories, skyscrapers, fast food joints, and malls. Let them enjoy this so-called progress. Buy hey, it's your land, if you want to have a get-rich, government-subsidized solar company install one of their solar "farms" on your property, then make a call to a local higher-up, who can arrange to rezone your agricultural property to industri-

al. And when you lease your land to the solar panel companies, don't complain if your land becomes polluted if there is a fire or leakage...and be sure to let the company bury the worn-out panels on your property when a new form of energy in the future makes solar obsolete and the solar company files for bankruptcy. Oh yes, I forgot. If your property is far away from any neighbors or towns, you need to line up a full-time security guard...because I can guarantee you, as a former police officer and county Sheriff, that some idiot, prankster, drunk, or young hooligan...will try his aim with a .22 rifle to see how many solar panels he can shoot. Don't believe me? Drive out near where I live and look at the holes in the road signs. Welcome to solar power. Welcome to "progress!"

*John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.*

## Fetterman, FDR And Disability In Public Office

By Glenn Mollette

One of the greatest Presidents of all time was Franklin D. Roosevelt. He served from 1933 to 1945. He led this country and saw us through some of our toughest years. Many say he stands as the greatest President of all time. Ironically, he had a difficult time standing.

Photographs of Roosevelt in a wheelchair are rare but you can find one on the Internet.

Franklin D. Roosevelt, was our 32nd President but he began experiencing symptoms of a paralytic illness in 1921 when he was 39 years old. His main symptoms were fever; symmetric, ascending paralysis; facial paralysis; bowel and bladder dysfunction; numbness and hyperesthesia; and a descending pattern of recovery.

He was diagnosed with poliomyelitis and underwent years of therapy, including hydrotherapy at Warm Springs, Georgia. Roosevelt remained paralyzed from the waist down and relied on a wheelchair and leg braces for mobility, which he took efforts to conceal in public. In 1938, he founded the National Foundation for Infantile Paralysis, leading to the development of polio vaccines. Although historical accounts continue to refer to Roosevelt's case as polio, the diagnosis has been questioned in the context of current medical science, with a competing diagnosis of Guillain-Barré syndrome proposed by some authors.

We could talk and write about Franklin D. Roosevelt all day. However here are a few of his noted accomplish-

ments from his 12 years of service – longer than anyone. Creation of the emergency banking act to counteract the Great Depression. Establishment of FDIC. Unemployment rate reduction. Setup many institutions to support the New Deal. Created institutions as part of the New Deal. Created the U.S. Social Security System. Established the minimum wage and 40-hour work week. He took action to prohibit discrimination in employment, led America to victory in World War II, and, took part in the creation of the United Nations. He also aided water pollution control and more. (Wikipedia)

However, would Roosevelt even have a chance today? Can you imagine him trying to conceal his wheelchair or his leg braces? Not in this age. Would The Press and the

opposition tear him to shreds as being physically incapable of holding down the job?

Disabled Americans and people worldwide can point to Roosevelt as someone who dealt with tremendous physical obstacles to accomplish much for our country and the world.

Americans with disabilities should not be excluded from running for public office. We vote for who we want to vote for but in a free country all citizens should be able to try.

John Fetterman of Pennsylvania is trying. He has had a stroke, but he's trying. It has been amazing to witness the amount of support Pennsylvania has given Fetterman. He is in a dead heat race with national celebrity Dr. Mehmet Oz whose star power as a long time TV doctor star

has surely greatly boosted him in his race with Fetterman for the United States Senate.

Tragically, Fetterman's health apparently prevents him from articulating clearly. His mental ability to quickly process what he is hearing is obviously impaired. This has to make it tough for him. Roosevelt did not have this problem. His mind appeared to be sharp and his speech clear and convincing during his years as President. This is where Roosevelt's situation and Fetterman's is different.

Fetterman needs and deserves time to heal. He obviously needs continuing medical treatment and therapy to recuperate from his stroke. He is still a young man. In a year, or two he may be fully recovered and more able to serve. This is

unfortunate for Fetterman and his supporters but only makes sense for his personal health. The fact that he is running for such a demanding job in his current state demonstrates that his mental clarity is somewhat impaired. It also demonstrates that people close to him are mentally impaired to have encouraged him to continue in this political contest. He needs time to get well so that if elected he can serve effectively.

The bottom line is that voters will decide who represents them. This is one right we must continue to cherish, protect and be mentally clear about.

*Hear Dr. Mollette each weekday at 8:56, 11:30 and 4:26 EST on XM radio 131. Contact him at [GMollette@aol.com](mailto:GMollette@aol.com). Learn more at [www.glennmollette.com](http://www.glennmollette.com)*

# VOICE of our PEOPLE SUNDAY

The Paper of Montgomery County

Sunday, November 6, 2022

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## Racial Admissions Preferences: Constitutional Or Not?

By John A. Sparks

Should the race of a minority student who is applying to a college or university give him or her a decided preference over other applicants? This is the question that a group of college-bound students and their parents are asking the U.S. Supreme Court to address. They want the answer that the court gives to be an unambiguous, no.

The two cases are *Students for Fair Admissions v. Harvard College* and *Students for Fair Admissions v. University of North Carolina*. Who are these litigants?

The plaintiffs are members of a non-profit organization, *Students for Fair Admissions (SFFA)*. They are applicants that have been either denied admission or are likely to be denied admission to the two schools which are the defendants—Harvard and the University of North Carolina. The students argue that the reason they were turned down is that those schools favor members of minority racial groups for admission. These students are not members of those groups and maintain that their academic credentials are clearly superior to those admitted from the favored groups. They argue that such an approach to admissions violates either the Equal Protection Clause of the Constitution or Title VI of the Civil Rights Act. The students and their legal counsel are asking the court to reject the holding and reasoning of the most recent case in which the court allowed race to play a part in admissions—*Grutter v. Bolinger* (2003).

How did we get to this point? In the early 1970s, Allan Bakke, a would-be medical student seeking admission to UC Davis Medical School, sued the school after being twice rejected. Bakke was challenging the practice of the reservation of a certain number of seats in the entering class for minority applicants, even

though their scores and academic records were inferior to his. Though Bakke won his case, the Supreme Court opinion that resulted, *Regents of University of California v. Bakke*, introduced confusion into college and university admissions nationwide for decades.

The decision was a rarity, described as “4-1-4.” Two groups of justices, four conservatives and four liberals, disagreed on the result. The opinion of the ninth justice, Lewis Powell, was an attempt to join portions of both groups’ opinions in order to allow an overall decision.

Consequently, part of Powell’s opinion agreed with the conservative justices who said that race could not be the sole or isolated factor upon which to base a positive admissions decision. Numerical quotas were unconstitutional, and special set-asides that UC Davis was using were out.

At the same time, Powell joined the liberal wing by saying that race could be “a factor” along with many others in the admissions decision. He also rejected the liberal justices’ claim that racial preferences were necessary to overcome past racial discrimination. However, he allowed that a diverse student body would produce a “robust exchange of ideas,” in other words a sort of intellectual diversity that was desirable for an educational institution. The result was that “both sides claimed at least a partial victory.”

The ambiguity of *Bakke* continued until 1998 when two young women, Barbara Grutter and Jennifer Gratz, represented by the Center for Individual Rights, challenged the racially preferential admissions practices of the University of Michigan. Neither were members of minority groups. Both had applied to Michigan, but unsuccessfully. Gratz was rejected by the undergraduate college at Michigan and Grutter

was denied admission to the University of Michigan Law School. The cases made their way to the Supreme Court for the 2002-2003 term. Unfortunately, the court perpetuated the confused holdings of *Bakke*. In both cases, the race of an applicant was allowed to be retained as a plus for admissions. However, in Gratz the court found in Jennifer Gratz’s favor because the undergraduate college at U of M had made race “decisive” in the admission decision with a point system that the opinion called “mechanical.”

However, the court upheld the Law School’s admissions practices even though it used racial classifications that clearly skewed admissions decisions. Justice Sandra Day O’Connor’s opinion recognized that although racial classifications used by public universities should be strictly scrutinized by the court because their use was suspect, the law school’s classifications were, nevertheless, justified. Why? Because they were furthering certain “compelling state interests.” Those compelling interests were produced by its admissions policies which guaranteed a “racially diverse student body.” That diverse student body in turn yielded laudable educational benefits such as increasing “cross-cultural understanding,” the “breaking down of racial stereotypes,” and the better preparing of law students “to participate in a diverse workforce.”

But did these benefits reach the level of being “compelling?” O’Connor’s opinion left that assessment entirely to the university’s educational expertise. O’Connor wrote: “The Law School’s educational judgment that such diversity is essential to its educational mission is one to which we defer.” (emphasis mine)

Commentators Richard Sander and Stuart Taylor, Jr. sum up the harmful effects of

*Bakke* and *Grutter*: “[T]he Court’s holdings were half-measures that effectively encouraged schools to obscure the workings of their preference policies. Both opinions emboldened many schools to perpetuate and even enlarge their racial preferences.” That result became so pronounced and obvious that it led to the two cases involving *Students for Fair Admissions* which are before the court this term.

In both the cases—the Harvard case and the UNC case—lengthy trials unearthed considerable factual evidence which showed that race played an important and repeated part during the admission process. That is precisely what the plaintiff students find unfair and unconstitutional. Here are some examples from the Harvard case:

Preferential treatment began with early recruiting. Harvard recruited high school African American and Hispanic students with PSAT (Preliminary SAT) of scores of 1100 or above. However, it did not recruit white or Asian American students unless they had scored at least 1350 on the same test.

Preferential treatment continued as the new entering class was constructed. As the freshman class was forming each year, Harvard closely and regularly monitored the projected racial make-up of the class by using “one-pagers.” These documents kept track of the new class’s racial composition on a daily basis comparing last year’s class, in terms of race, with the new class being formed.

The Dean of Admissions also periodically informed admissions officers about the racial contours the new class was taking. It was clear that this “information” was aimed at keeping the racial composition of the class, similar by race, to the previous year’s class.

As the new class took more and more shape, Harvard engaged in “loping” off certain tentative-

ly accepted applicants in order to bring its class into racial balance.

Testimony by plaintiff’s experts reviewed the test scores and GPAs of similarly qualified Harvard applicants organized by race. An Asian American in the 4th lowest decile (bottom 40%) in terms of his academic credentials had virtually no chance of admission (0.9%). However, an African American whose scores put him in the same academic decile had a substantially higher chance of admission (12.8%) and, remarkably, that African American student had a slightly higher chance of admission than an Asian America applicant whose academic credentials put him in the top decile, that is the top 10% of those applying.

Harvard’s own Office of Institutional Research agreed that the admission process put Asian American applicants at a disadvantage and that “being Asian” was a negative for getting into Harvard. Note: Although Asian Americans were a minority group, they were not a favored minority group.

Grutter also required colleges and universities which were using race to determine if there were alternative admission practices that would be race-neutral and yet provide a diverse student body. Both UNC and Harvard were presented during the legal proceedings with proposals for race-neutral restructuring of their admissions practices. Those proposals called for eliminating racial preferences, as well as preferences for children of donors, alumni, and faculty/staff. In addition, by reducing preferences for recruited athletes and increasing scholarships for applicants in lower socio-economic groups (defined in a race-neutral way), the likelihood of true student diversity was maintained. In other words, an entering class under race-neutral alternative plans displayed

a variety (diversity) of backgrounds, geographic differences, experiences, and viewpoints, and yes, racial differences. All this could be accomplished without using race in the way it was being used. Harvard and UNC both rejected these alternatives as unworkable.

The plaintiffs also argued in their briefs that in California, where race-based admissions had been banned by law, universities there were nevertheless able to restructure their admissions in a race-neutral way and still achieve the diversity of the student entrants that those universities desired. Other states had also abided by similar bans while retaining true diversity.

The late Justice Scalia was prescient in his dissent in *Grutter*. He complained that instead of “a clear constitutional holding that racial preferences in state educational institutions are impermissible,” the court rendered the “*Grutter-Gratz* split double header” that was “perversely designed to prolong the controversy and litigation.” That is exactly what has happened.

And now, the court has an opportunity to repudiate *Grutter* and eliminate race from admissions decisions by state institutions or private ones which receive federal monies. Justice Thomas forcefully explains why racial preferences in admissions should not continue: “Every time the government places citizens on racial registers and makes race relevant to the provision of burdens or benefits, it demeans us all.”

*Dr. John A. Sparks is the retired Dean of Arts & Letters, Grove City College and a Fellow in the Institute for Faith and Freedom. He is a member of the state bar of Pennsylvania and a graduate of Grove City College and the University of Michigan Law School. Sparks writes regularly for the Institute on Supreme Court developments.*

## CASEY WILLIAMS



Nobody but noooooobody gives you a better inside scoop on new cars than Casey Williams. Each week Casey puts you behind the wheel and gives you the lowdown on the latest out of Detroit, or other places! If you drive a car, this is a must read!

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## GWYNN WILLS



An Amherst-certified writing instructor and former educator, Gwynn Wills gives her readers a little peek inside her heart every Monday. It’s a great way to start the week, so grab a cup of coffee or tea and settle in with Gwynn and her journeys that sometimes come from the soul and sometimes stroll down memory lane. Wherever they go, you’ll want to go along!

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# SUNDAY

## Voice of our PEOPLE

The Paper of Montgomery County

Sunday, November 6, 2022

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### NY GOP Senate Candidate Joe Pinion Shares The Impact Of Midterm Election Issues On His State And The Nation

By John Grimaldi

“It ain’t over until the fat lady sings” is a commonly used idiom -- a version of the old saying “don’t count your chickens until they hatch.” It might be an apt description of the New York State race for the U.S. Senate in which Conservative political commentator and candidate Joe Pinion is running. He is challenging the current Senate Majority Leader Chuck Schumer in the upcoming midterm elections. Although Schumer is ahead in the polls 54% to 42%, the state’s Republican Party chief, Nick Langworthy, says Schumer is “about to get a reality check.”

Joe was a guest on the Association of Mature American Citizens’ podcast, Better For America, recently and shared his thoughts on a range of rights, liberties, and issues with host and AMAC CEO, Rebecca Weber.

He called the right to bear arms a “God-given constitutional right to defend ourselves ... to ensure that all the other amendments are safeguarded, to make sure that when the First Amendment breaks down and our respect for the rule of law breaks down, that people maintain their God-given right to defend themselves, defend their liberties, and, if necessary, defend themselves from a tyrannical government.” He also emphasized the importance of protecting “the veracity of all our

amendments, of all of our constitutional rights at a time such as this, where we see the overreach of government more pervasive now than perhaps at any other time in the modern era, certainly in my lifetime.”

As regards the unchecked invasion of illegal immigrants, he said it has turned our southern border into “the new Ellis Island ... an island of doom and despair where children are now trafficked for sex in the name of this glorious nation, where we have now seen fentanyl become a leading cause of death for people age 18 to 45 because of this open border, a policy that they have rubber-stamped down there on our southern border. So again, there’s a road of unintended consequences. Or in the case of some people on the left, failure by design. And that starts with one man: Charles Schumer.”

Pinion spoke on the lack of education the nation’s children are receiving, calling education the civil rights issue of our time. “Sixty percent of all children are not reading at their education levels. If you want to drill down on a demographic basis, we have 65% of black and brown students in New York City that are not reading at grade level. This past week, we found out that 70% of the black students that took the AP state math exam failed. This is child abuse. We need to remind people that while Chuck Schum-

er pats himself on the back and calls himself a progressive champion, we now have public schools in New York City more segregated today than [it was at] the height of the Jim Crow era. A lack of educational opportunity drives entrenched poverty and that entrenched poverty drives crime. And we cannot break this vicious cycle until we have a leadership that recognizes that these things are a problem. When you don’t actually recognize that denying families choice and not giving parents access to the \$18,000 per pupil that is earmarked for every single student on average that we have in this state is abusive and regressive, we are doomed to repeat this cycle time and time again. And the compound effect this has on vulnerable communities, on minority communities, leaves us all in a place where we now know that the America that was promised remains out of reach for the next generation.”

Pinion reminded us that Chuck Schumer comes from a long line of Democrats who want to give people exactly what they need to stay exactly where they are, which is well below what was promised in our founding documents. “The solution to me is clear: that we need to have school choice as a right for every single family that calls this nation home. Whether you want to homeschool your child or send him or

her to parochial school, those dollars need to follow the child. In the process, that would allow us to have more power over the curriculum that is being taught in those schools.”

Pinion’s closing remarks focused on crime and the lack of accountability regarding criminals. He said “There is no accountability in our laws anymore here in the state of New York, between the cashless bail that they passed and the defunding of the police before they restored the police budget back to previous levels. What has happened in that gulf is that we’ve seen officers resign in mass. We have seen communities overrun by criminals that should still be behind bars. People [criminals included] should always be given a pathway to redemption. But redemption requires people to acknowledge the pain that they have ushered into the world. If they have not actually made that commitment to change, then a second chance is actually weaponizing our own compassion at the expense of those who have done nothing wrong.”

To remind us how to prepare for November 8th, Joe tells listeners that we must “plant our feet firmly, we must stand up for our freedoms and our liberties because our freedoms are on the ballot” and “as Regan told us, they are not passed down in your bloodstream. We must fight for them.”

### Waiting For Judgement

As I place these words to paper, the outcome of the 2022 mid-term elections is yet to be decided.

I would like to join the throngs of those saying the rhetoric has made this a terrible election season.

I know as a student of history, many before were worse.

When the votes are in and tallied and the winners are declared, it is time for our country to come together and heal from the political turmoil.

Whoever are the victors, whoever are the losers; ultimately what is important is we are Americans. We are all Americans and as that we should rise to a higher standard and treat one another with the respect that our forefathers and mothers would expect.

Generations struggled, fought and died so that we may enjoy the fruits of their labor and sacrifice and build upon their shoulders. We owe them and ourselves the effort of reaching for the stars and walking a path to make our country a place where we see each other through the eyes of understanding.

We should be able no matter where our hometown is, to walk down our streets safely, enjoy the opportunities to pursue our dreams, whether that means, raising a family, working a job, or running a business, possibly providing jobs for others.

We are Americans, in the wake of this election that is what we are first, no political ideology “A should have precedence over whom we are because that one element is what has provided the strength that has allowed our country to prevail throughout our history.



**RANDALL FRANKS**  
Southern Style Columns

If we spend our time fighting amongst ourselves, we will never notice the threats aimed at our republic from outside or within. We will miss those individuals on the inside with their hands in the proverbial cookie jar wishing to do harm at home.

Assuming as I write, that there are no post-election revelations that upturn our elections, I encourage you to pray for our country, pray for our new leaders, but most of all pray for the healing of our country and its people.

We are better than what is seen on television, in newspapers and on the internet. So, remember what America is and will be is up to us. Don’t disappoint, start by loving your neighbor as yourself. One person at a time, that will be a legacy, we should build upon.

*Randall Franks is best known for his role as "Officer Randy Goode" on TV's "In the Heat of the Night" now on WGN America. His latest 2019 #1 CD release, "Americana Youth of Southern Appalachia," is by the Share America Foundation. He is a member of the Old Time Country Music Hall of Fame. His latest book is "A Badge or an Old Guitar: A Music City Murder Mystery." He is a syndicated columnist for <http://randallfranks.com/> and can be reached at [rfrankscatoosa@gmail.com](mailto:rfrankscatoosa@gmail.com).*

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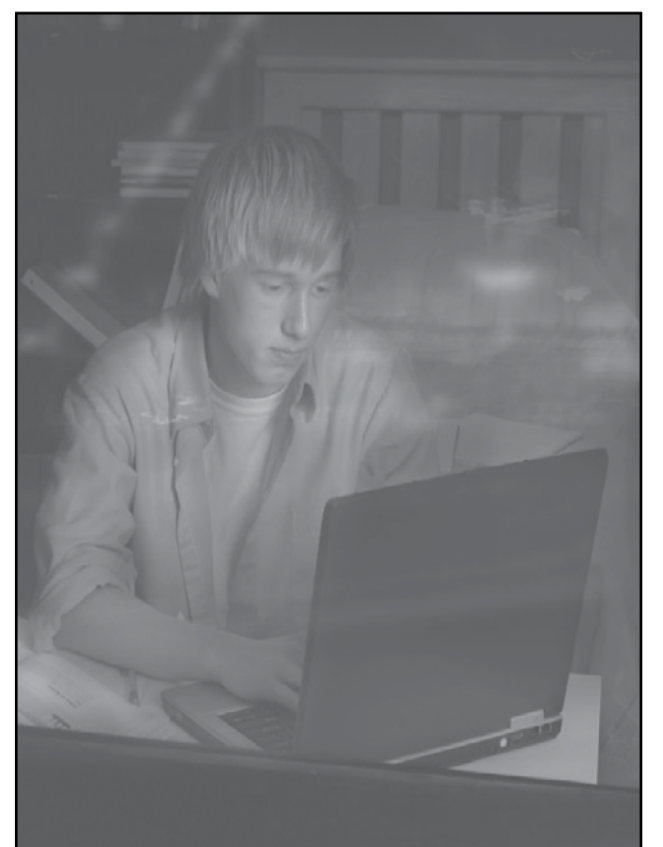
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# SUNDAY

## Travel or stay! and Play

Sunday, November 6, 2022

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Want to Contact Us? U.S. MAIL, 127 E. Main St. Suite 103, Crawfordsville, IN 47933 ONLINE, www.thepaper24-7.com (765) 361-0100

### Upcoming Shows At Indianapolis Symphony Orchestra

#### DeHaan Classical Series

The DeHaan Classical Series at the Indianapolis Symphony Orchestra is underway! This season welcomes top guests artists from around the world to join with the ISO's own outstanding musicians, performing passionate concertos and inspiring symphonies. From Beethoven's pastoral Sixth Symphony to Mendelssohn's A Midsummer Night's Dream, this season offers much to explore and enjoy.

Highlights this season include Rachmaninoff's Piano Concerto with Denis Kozhukhin, a concert with trumpeter Håkan Hardenberger, a Shakespeare festival with Prokofiev's Romeo and Juliet, and a spotlight on the winner of the International Violin Competition, Sirena Huang, as she performs with the ISO for Mendelssohn's A Midsummer Night's Dream.

#### Brahms' Second Piano Concerto

November 3-5, 2022  
Nielsen's "Inextinguishable" Symphony  
With Julia Bullock, soprano  
January 13-14, 2023  
Schumann, Mozart & Shostakovich's First Symphony  
With Violinist Francesca DeGo

#### Mozart & Beethoven's Eighth Symphony

With Pianist Joyce Yang  
February 2-4, 2023  
Strauss' Oboe Concerto & Beethoven's Sixth Symphony  
With Jennifer Christen  
February 17-18, 2023  
Mahler's First Sym-

#### phony

With Conductor Joshua Weilerstein  
February 24-25, 2023  
Denis Kozhukhin Plays Rachmaninoff

March 9-11, 2023  
Stravinsky's Firebird  
With Artist Håkan Hardenberger

March 17-18, 2023  
Sibelius and Rachmaninoff  
With Artist George Li  
March 31-April 1, 2023

Schumann and Bartók  
With Artist Zoltán Fejérvári  
April 21, 2023

Shostakovich and Dvořák  
With Artist Pablo Ferrández  
May 5-6, 2023

Price, Still and Dvořák  
With Artist Lara Downes  
May 19-20, 2023

Jun Märkl Conducts Prokofiev's Romeo and Juliet  
With Artist David Ivers  
June 9-10, 2023

Mendelssohn's A Midsummer Night's Dream  
With Artist David Ivers  
June 16-17, 2023

AES INDIANA YULETIDE CELEBRATION  
December 2-23, 2022  
The Indianapolis Symphony Orchestra is thrilled to welcome the show-stopping Emmy-nominated singer Frankie Moreno back to Hilbert Circle Theatre as host for this year's AES Indiana Yuletide Celebration, lighting up the stage with his piano and vocal talents. Frankie and the musicians of the ISO will perform new holiday music as well as beloved favor-

ites, and the incredibly gifted Moipei, featuring sisters Mary, Maggy, and Marta will take the stage at Hilbert Circle Theatre for the first time! The show will also feature the internationally acclaimed Expressenz Dance Center, Nick Hodge from Troupe Vertigo, and the fabulous Yuletide Lights. A tribute to the beloved movie The Polar Express, and a virtuosic solo performance by ISO Concertmaster Kevin Lin will be sure to make your season merry and bright!

#### PRINTING PARTNERS POPS SERIES

Audiences will be delighted to hear the familiar sounds of Broadway, rock & roll, and contemporary pop in addition to the energetic music of Latin America, tributes to Aretha Franklin, Stephen Sondheim, and more with the 2022-23 Printing Partners Pops Series. From the film The Princess Bride in Concert in the Film Series Presented by Bank of America to the patriotic Veterans Day Tribute with the U.S. Naval Academy Glee Clubs, our Pops programming offers incomparable entertainment choices you won't find anywhere else.

#### A Veterans Day Salute

November 11-13, 2022  
AES Indiana Yuletide Celebration

December 2-23, 2022  
Spotlight on ISO Musicians  
January 27-28, 2023

The Doo Wop Project  
February 10-11, 2023  
Tribute to Aretha Franklin Featuring Capethia Jenkins  
March 3-4, 2023

#### Latin Fire

With Artists Jose Siba-ja and Mónica Abrego  
April 14-15, 2023  
A Sondheim Celebration

With Artist Liz Callaway  
May 12-13, 2023  
Let's Misbehave: The Songs of Cole Porter

With Artists Tony DeSare, Bria Skonberg and John Manzari  
June 2-3, 2023  
The Princess Bride in Concert

Part of the Bank of America Film Series  
June 4, 2023

TICKETS AND MORE INFORMATION: For ticket information, including subscription options, discount and group ticket opportunities, and more, visit [www.indianapolis-symphony.org](http://www.indianapolis-symphony.org).

#### About the Indianapolis Symphony Orchestra

The Indianapolis Symphony Orchestra, at home and thriving in the heart of Indianapolis, offers an exceptional artistic and musical experience. The orchestra is open to all and dedicated to creating an inclusive and innovative experiential environment that is inspiring, educational, and welcoming. The ISO celebrates historically beloved performances while engaging audiences by introducing new voices through programming including the DeHaan Classical Series, the Printing Partners Pops Series, AES Indiana Yuletide Celebration, and the popular Film Series presented by Bank of America. For more information, visit [www.indianapolissymphony.org](http://www.indianapolissymphony.org).

### Hocking Hills Launches Holiday Treasure Hunt

The Hocking Hills Holiday Treasure Hunt kicks off this week, running through Dec. 12. Offering a one-of-a-kind way to exhale holiday craziness and experience the magic of the season while finding that special gift, the Holiday Treasure Hunt helps visitors explore more than two dozen of the region's independent gift and antique shops and boutiques, including Homegrown on Main in downtown Logan. Each is filled with locally made artisan wares, collectibles, antiques and one-of-a-kind gifts. Participants download a Treasure Hunt map, or pick one up at the Hocking Hills Regional Welcome Center, then collect a minimum of six stamps for their chance to win 25 different prizes, including gift certificates, gift baskets, works of art and a grand prize two-night getaway for four people, including a canopy tour, canoeing, adventure golf, candle making, lunch and dinner for four. Traveler information is available at [ExploreHockingHills.com](http://ExploreHockingHills.com) or 1-800-Hocking (800-462-5464).

"So many people are moving away from giving mass produced gifts and instead giving locally made presents and gifts of unforgettable experiences," said Hocking Hills Tourism Association Executive Director Karen Raymore. "The Hocking Hills is the perfect place to find both. There really is no better gift than one-of-a-kind artwork. It's a purchase that supports small business and artists. Gift certificates for the assorted attractions, cabins, campgrounds and Inns are also appreciated by all. A getaway to a cozy cottage with a private hot tub is the perfect cure for wintertime cabin fever."

Raymore added that the gorgeous and remote settings offered in the Hocking Hills region make it the perfect place for families and dear friends to wind down during the holiday

hubbub with change of scenery, peaceful hikes to crystalized waterfalls surrounded by pristine forests and snuggling up in a warm, cozy cabin. Winter is particularly gorgeous in the Hills, and since November through February is the soft season, accommodations in the Hocking Hills are even quieter and more affordable than ever.

Whether seeking a quiet couple's retreat or full family getaway, travelers find an incredible variety of lodging options accommodate any budget, group size or lifestyle where they can connect and celebrate the true meaning of the season tucked away in a cabin, cottage, yurt, treehouse or massive luxury lodge. Nearly all the area's cabins are in deeply forested areas, for a complete change of place and pace and amenities might include everything from a fully loaded gourmet kitchen and an entertainment center to a pool table and a telescope for stargazing and viewing the winter wonderland. A few even offer an indoor pool. Visitors can warm up by a crackling fire and relax under a spectacular night sky wash in stars in their own private hot tub. Nearby, John Glenn Astronomy Park offers another place to experience the region's celebrated dark skies.

Located 40 miles southeast of Columbus, Ohio's Hocking Hills offers affordable lodging, from camping, cabins and cottages to hotels and inns. Miles of hiking trails, parks and forests; working artisan studios; spas; winery, brewery and distillery tours and great dining join unique gift and antique shops to create unforgettable experiences. In season, ziplines and guide services, canoeing, horseback riding, golf and more add to the allure of the Hocking Hills as the perfect place to unplug. Details at [ExploreHockingHills.com](http://ExploreHockingHills.com) or 1-800-Hocking.

### Celebrate The Season With Wizards Of Winter

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## WANTED



**Caleb J. Mathews**  
Born 1984  
Charge: P/V Dealing Methamphetamine (Level 3)

## WANTED



**Wyatt W. Hunt**  
Born 1996  
Charge: FTA Resisting Law Enforcement/Criminal Confinement (Level 5)

## WANTED



**Mario G. Ortega**  
Born 1977  
Charge: Sexual Misconduct with a Minor (Felony 4)

## WANTED



**Robert E. Butler**  
Born 1984  
Charge: Possession of a Firearm by Serious Violent Felon (Level 4)

## WANTED



**Devin R. Post**  
Born 1990  
Charge: FTA Possession of Methamphetamine (Level 6)

## WANTED



**Amanda J. Fry**  
Born 1987  
Charge: P/V Theft (Felony 6)

## WANTED



**Thomas W. Farley II**  
Born 1991  
Charge: FTA Possession of Methamphetamine/Carrying Handgun w/out license

## WANTED



**Cole M. Williams**  
Born 1995  
Charge: P/V Escape

## WANTED



**Stephen C. Shaffer**  
Born 1992  
Charge: Domestic Battery (Level 5)

## WANTED



**Tasha L. McCray**  
Born 1991  
Charge: FTA Fraud (Felony 6)

### Please Read Our Disclaimer:

All warrants are the property of Montgomery County, Indiana. This list of wanted suspects is updated on a daily basis, but all warrants need to be verified through the Montgomery County Sheriff's Office Warrants Division before any action is taken. If you feel a warrant is listed in error, please contact the Montgomery County Sheriff's Office.

### Notice:

If you have information about the whereabouts of any of the listed suspects, please contact the Montgomery County Sheriff's Office at the numbers provided, or contact your local law enforcement agency. The issuance of a warrant by no means indicates that a person is guilty of a crime, only that probable cause exists to believe that person has committed a crime.

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