

⇒ TODAY'S VERSE

John 1:1-5 In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not any thing made that was made. In him was life; and the life was the light of men. And the light shineth in darkness; and the darkness comprehended it not.

⇒ FACES of MONTGOMERY

People who call our community their own.



Hannah Lauderbaugh offered a friendly smile while helping her friend. Thank you for your smile, Hannah and Merry Christmas!

THREE THINGS You Should Know:

Continuing a practice he started since first taking office, Crawfordsville Mayor Todd Barton will once again make himself available to meet with the public. This month's meeting is scheduled to take place on Wednesday at City Hall from 5 p.m. to 6 p.m. The meeting will take place in Barton's first-floor office at City Hall, 300 E. Pike St. The purpose is to open discussions with concerned citizens about anything to do with the city of Crawfordsville.

Shop Small this Holiday Season! Support local artisans as well as some of your favorite Crawfordsville Farmers Market vendors at the Holiday Winter Market! Open 10am-2pm, you'll find delicious baked goods, meat, eggs, spice mixes, hot cocoa bombs and candies, personal beauty products and a wealth of handcrafted locally produced gift ideas for everyone on your list!

Facial hair is all the rage in Casper, WY, according to the Association of Mature American Citizens [AMAC]. Just ask the judges at the Guinness Book of World Records, who say the citizens of that town broke the record for the longest beard chain. As the Casper Star Tribune described it, "To participate, competitors needed to sport a beard at least 8 inches in length. They stood side-by-side, one lengthy beard attached to the next until the chain stretched through the room. Once they were all clipped together, someone took a tape measure to determine the length of this cable of historic facial hair: 150 feet."



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By The Numbers, a look at what's in the news . . . by the numbers. These are just numbers, not suggestions that they mean more or less than what they are. We do not suggest that one number is connected to another. These are simply facts with no extra-

neous details, bias or slanted reporting. To borrow (and perhaps mangle a bit) a quote from legendary fictional detective Joe Friday, it's just the numbers, ma'am!

Hoosier Heartland State Bank

Christmas came a little early for Montgomery County drivers. The county commissioners learned Tuesday afternoon that the county was receiving nearly \$1 million for road improvement projects through an Indiana Department of Transportation Community Crossings grant program. "This is a matching grant," Commissioner President John Frey explained. "We'll put in \$250,000 and the state puts in about a million." The grant is part of a total of \$119.4 million that is going to 229 Indiana communities, according to INDOT Commissioner Mike Smith.

Indiana American Water Company, a subsidiary of American Water Company (NYSE: AWK), today joined Montgomery County Board of Commissioners President John Frey, community leaders and project partners at a ribbon cutting ceremony to commemorate completion of an \$18 million project to support the County's Infrastructure Development Zone (IDZ) located along Nucor Road southeast of Crawfordsville, Ind.



Crawfordsville High School and Tri Kappa Sorority Sunshine Society Cheer Campaign has completed its second week. This community outreach program raised more than \$15,000 a year ago and has set a goal of \$20,000 this year. So far, there has been \$5,290.00 raised. Anyone may donate. Some donations are anonymous, some are in memory of family or friends. The Paper of Montgomery County and other media will publish lists with the names of the donations. It's important to note that all donations stay in this community.

HHSB is hosting their next Shared Val-

ues Award. Nominate your favorite local non-profit organizations! The nomination period runs from Dec. 1 -31, 2022. Finalists will be determined from your nominations. The winner will take home the grand prize of a \$5,000 DONATION! The 1st Runner-up will receive a \$2,500 donation and the 2nd Runner-up will receive a \$1,000 donation.

E-cigarette maker JUUL Labs Inc. will pay Indiana more than \$15.7 million to settle allegations that the company deliberately marketed its products to minors despite the unlawfulness of selling e-cigarettes to children or adolescents.



21,318.96

The City of Crawfordsville was recently awarded \$421,318.96 in matching grant funding through the second phase of the 2022 Indiana Community Crossing Matching Grant Fund Program to assist in local street maintenance and reconstruction projects. "The program requires a dollar-for-dollar match of local funds and the City of Crawfordsville will be matching the Community Crossings grant with an equal amount," said Crawfordsville Mayor Todd Barton. "This is a great way for us to stretch our investment of local tax dollars in a manner that allows us to do twice as much work on local streets than we could otherwise complete.'

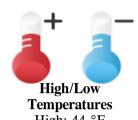


Join The Team!



Sunrise/Sunset RISE: 8:00 a.m.

SET: 5:22 p.m.



High: 44 °F Low: 30 °F



Today is... • Ice Cream Day

• National Violin Day National Hot Cocoa Day



What Happened On This Day

 1972 Last human landing on the Moon • 1795 Meteorite

crashes into Wold Newton in Yorkshire, England.

• 1642 First European to Reach New Zealand

• 2001 Attack on Indian parliament





Births On This Day

• 1948 Ted Nugent American singer-songwriter, guitarist, actor

The Company • 1989 Taylor Swift American singer-songwriter, guitarist, actress

Deaths On This Day

• 2010 Richard Holbrooke American journalist, banker, diplomat, 22nd United States Ambassador to the United Nations

• 1784 Samuel Johnson English author, lexicographer

⇒ HONEST HOOSIER

13 Montgomery County shopping days until Christmas. All the merriest to the gang at Morrison



INSIDE TODAY'S **EDITION**

Carrie Classon..... A2 Casey Williams.....A3 Classifieds.....A3 John Roberts......A4

TODAY'S HEALTH TIP

If you feel overwhelmed, write down your to-do list and prioritize it. Simplify large tasks into smaller ones. Today's health tip was brought to you by Dr. John Roberts. Catch his column each week in The Paper and online



at www.thepaper24-7.com.



telling us what you love about newspapers to jobs@thepaper24-7.com. 🗢 TODAY'S QUOTE

⇒ THE MONTGOMERY MINUTE

Looking for a part-time job that doesn't involve the words: Would You

Like Fries With That? The Paper of Montgomery County offers jobs that

include pagination and page design, basic clerical and some photog-

raphy and writing. We're looking for bright and eager people to join our

winning team! This could be the perfect job for part-time students all

the way up to Baby Boomers looking for something to do. Let us know

you are interested by sending an e-mail with your resume and a note

"Our hearts grow tender with childhood memories and love of kindred, and we are better throughout the year for having, in spirit, become a child again at Christmas-time." - Laura Ingalls Wilder

⇒ TODAY'S JOKE

A little girl asked her mother to hold her iPhone while she climbed on Santa's lap. He asked her what she wanted and she looked horrified! "You mean you didn't get my e-mail!" she cried!



The Paper appreciates all our customers. Today, we'd like to personally thank KEN RANDOLPH for subscribing!







PAGE A2
MONDAY, DEC. 12, 2022

Wrong About Papayas

The fruit lady has my

One of the things I like in Mexico—and other countries we have visited in the past—is buying fruits and vegetables from a stand, run by a family. I love wandering through the market, looking at all the unfamiliar things and asking questions.

"Is this for today or for tomorrow?" I ask in Spanish, wondering if it is ripe enough to eat immediately. The fruit vendors know when something is ripe. I load up my bags with papaya and little sweet bananas and pineapple and broccoli and cauliflower and carrots and potatoes and avocados and onions and tomatoes. And then I realize my bags are much too full and I have to stop buying things right now.

Then the fruit lady gives me a present.

I don't ask for a present. But after everything is loaded into my bags and I look like a burro headed home, she finds one perfectly ripe tangerine or apple and pops it into my bag.

"A gift," she says. I don't remember this ever happening in a grocery store.

And so, of course, even though there are dozens of fruit stands, I come back to her. She is always happy to see me. And every day, I tell her, "I want another papaya—sweet and ugly!"

She laughs because this is a running joke of ours. No matter what else I buy, I always buy a papaya, and the best papayas are a little disreputable looking. They are dimpled and bumpy and have splotches here and there.

"Is this spoiled?" I wonder. No. It is perfect. I cut it in half and sometimes it is filled with seeds and sometimes there are no seeds. It seems to me there must be a logical explanation for this. But then sometimes there are only a couple of seeds, and this makes no sense at all.

However many seeds there are, I scoop them out before skinning it and chopping it up and putting it in the fridge.



CARRIE CLASSON
The Postscript

I have no idea if this is how experienced papaya eaters do it. Probably, an experienced papaya eater would say, "What the heck are you doing? That's not how it's done!"

done!' But I know nothing about papayas. I don't remember ever eating a papaya before I was 40. On the rare occasion that I did, the papaya was in some sort of fruit salad. I remember it as being pale orange and rather bland. It was the part of the fruit salad that I ate first to get it over with. I had obviously never had a good papaya. Now that I have, I feel as if I have made this amazing discovery.

"Have you tried the papaya?" I say to unsuspecting gringos in the market. "It's amazing!"

Most of them have had papaya and I'm sure they think I'm a little ridiculous, a freelance papaya booster, roaming the market. But I don't care. I would feel terrible if anyone didn't know how wonderful they were. Someone recently told me they were good for me. I really don't know. They seem as if they must be. They are so deep orange and sweet.

It's a wonderful surprise to learn that I was all wrong about papayas and, of course, it makes me wonder what else I've still got all wrong. It's wonderful to find out how much I like this sweet and ugly fruit

Now that I know, I am eating all the papayas I want. I am eating papayas every day—to make up for lost time.

Till next time, Carrie

Photos from the column and other fun stuff can be found at CarrieClasson. com.

The Lincoln School For Colored Children

EDITOR'S NOTE: In 1881 Crawfordsville School Trustees ordered a school be built at the southwest corner of Spring and North Walnut Streets to serve black students in grades 1-8. Once graduated, the students attended the integrated Crawfordsville High School. This site accommodated the vast majority of black families living in Crawfordsville's north end. Trustees purchased the lot in September 1881 for \$2,000. On Dec. 3, 1881, Hinckley and Norris won the contract to build the building for \$6,400. The architects designed a plain two-story red brick structure with playgrounds for all the black children who resided in that area. Lincoln School officially opened in September 1882 with 42 students. When the black population moved to the east end to work in the factories, Lincoln Building 1 was renovated into Horace Mann, and Lincoln Build 2 was opened on East Wabash Avenue. That building became Lincoln Rec Center and was demolished in 1981. This project began as a project historical research project to honor all those individuals who went to school in separate and unequal facilities as the law dictated.



Maudeline Bailey Hampton

Maudeline/ Maudelene Bailey Hampton 1909-1992

Educator 1930-1933 Maudeline Bailey was born in Louisville, Kentucky, to Frank and Sarah Bailey on 16 March 1908. She graduated from Shortridge High School in Indianapolis, then received her bachelor's and master's degrees from Butler University.

Maudeline taught at Lincoln School from 1930 to 1933. She boarded with a local family during the week and returned to her home in Indianapolis on the weekends. While in Crawfordsville, she chaired Crawfordsville Parent Teachers Association assisting with fundraisers.

In 1932, she secured Mrs. Blossom Roberts, a prominent soprano, to perform at a recital at the Methodist Church. After the performance, Maudeline hosted a dinner in honor of Mrs. Roberts and honored guests.

Maudeline left Lincoln School to teach in the Indianapolis Public Schools for 38 years, retiring in 1971. She began at School 83 and finished her career at School 56 from 1939 to 1971. She advised the Girl Reserve Clubs of Indianapolis, one of the most essential and extensive agencies outside the public schools. The club regularly met each week and enabled young girls to participate in community service. Maudeline sponsored a kitchen cabinet band for the Girl Reserve's Annual Gala Day, always held at the Phyllis Wheatley YWCA in Indianapolis. Songs, yells, stunts, music, and elaborate table decorations highlighted this annual celebration and raised funds for the YWCA Building Fund. Maudeline was also involved in the Pioneer Clubs of School 83. These clubs were famous for their Turkey Day Races and cultivated victory gardens during World War

II. In 1943, Maudeline participated in a fashion parade sponsored by School 83's Parent Teacher Association. Topics included victory gardening, Red Cross work, songs and skits, and modeling of wartime fashions. Maudeline also served as superintendent of the Sunday school at St. Philip's Episcopal Church.

Maudeline married Richard D Hampton, who was born on 10 February 1910. He owned an Amoco service station for over 20 years, was involved in business activities such as the Four C's Conservation Club, and was a 32nd-degree Mason. The couple joined Christ Church Cathedral in the 1950s, becoming the first Black members. She served as a Sunday School teacher, volunteer at the church's cathedral house, and missionary to the church's companion

diocese in Haiti. Maudeline was a member of Sigma Gamma Rho Sorority, a group of women involved in community service and enhancing the quality of life for Black women globally. She was an intrepid traveler; an eight-day Island cruise; to Frankfort, Kentucky, to present social studies books for children; and to Cleveland and various points in Ohio, where she was a guest at the studio WGAR to deliver her speech entitled "Wings Over Jordan." She also traveled to Detroit, Mammoth Cave, and Louisville, Kentucky.

Maudeline died on 2 March 1992 from various health issues, including Alzheimer's. She was buried at Crown Hill Cemetery in Indianapolis. Richard died in 1987 from lung cancer.

Robert Thomas 1879-1946 Building caretaker 1931-1933

Robert was born on 15 April 1879 to George and Leah Clark Thomas. At his birth, he was the family's youngest son and joined Jenny, George, Matilda, Eddie, and William. The family resided in the Shelbyville, Kentucky area.

By 1920, he resided at 406 North Walnut Street in Crawfordsville, worked as a metal polisher, and married Lulu Clark. Lulu was a domestic, born in 1881 in Tennessee to Marshall Ouden and Cornelia Newsum. By 1930, Robert, Lulu, and the children had moved to 708 Milligan Street, and he was the building caretaker at Lincoln School for Colored Children.

Robert did run afoul of the law during his time in Crawfordsville. On 26 October 1900, the Crawfordsville Weekly Journal reported, "The police arrested Robert Thomas on Wednesday, he having several pocketknives of which he was trying to dispose of. Otto Carlson identified the knives as belonging to his stock. Robert is a very bright young man about 20 years of age and tells several stories, one being that he was born in England and had been working at the northern summer resorts. He came to this city Monday for the street fair. He was brought up before the mayor Thursday and, waving a preliminary examination, was bound over to the Circuit Court in the sum of \$200". By November of the same year, Robert had pleaded guilty to petty theft.

Robert died on 25 November 1946 from a cerebral hemorrhage. His funeral services were held at the Second Baptist Church. Lulu died on 28 April 1959.



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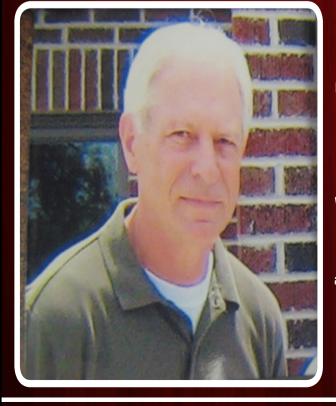
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Thanks for reading The Paper!

BUTCH DALE

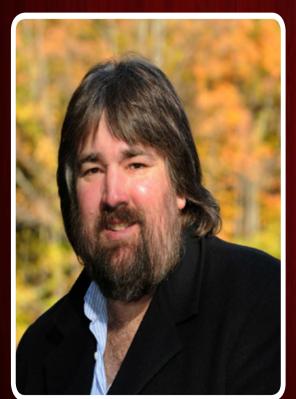


John "Butch" Dale is a former teacher, County Sheriff, author, artist, and local historian. He is the librarian at Darlington and has been there for 33 years! You never know what Butch might offer his readers two times each week...from funny and nostalgic stories about his childhood and hometown...to stories about life and death incidents when he was Montgomery County Sheriff. Sometimes he highlights sports stars from our county's past...or he might just poke a little fun at some of our national politicians and celebrities. He can make you laugh, make you cry, help you to appreciate the past or make you think about the future. But no matter what, Butch will keep you on your toes and keep you entertained!

Catch Butch every Tuesday & Friday, only in Montgomery County's Favorite Daily Edition!

The Paper

KENNY THOMPSON



With decades of experience as an award-winning sports writer and sports editor – most of it covering Purdue athletics – Kenny Thompson has a perspective and inside knowledge that few others have. Whether it's putting what's going on in the Big Ten in historical perspective or shooting straight from the hip on what's happening today, no one has a better take on Purdue and sports than Kenny!

Catch Kenny every Friday, only in Montgomery County's Favorite Daily Edition!

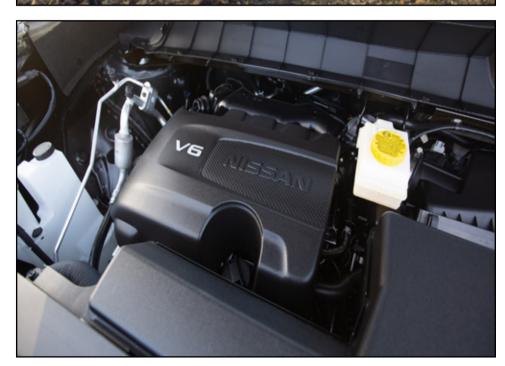














Photos courtesy of Nissan

2023 Nissan Pathfinder Gets Back To Its Rugged Famiily Roots

The original Pathfinder was a pretty hard-core off-roader based on Nissan's rugged hardbody compact pickup. First available with only two doors, but later four, it helped lead America away from station wagons and into family-friendly SUVs. Subsequent generations became ever softer, eventually looking like a pudgy blimp only the Brady Bunch would love. That is behind us as the current generation is still pretty plush, but returns style and capability to its roots.

Styling moves away from the swoopy curves of the Murano and towards a clean aesthetic. The front is dominated by a tall dark grille surrounded by chrome and squinty LED headlamps, but what seems like a flat body at first is deftly creased and expertly sculpted. Our Platinum edition adds black trim,

panoramic moonroof, and 20" wheels. Split D-pillars and floating roofs have become trite on crossovers, but Nissan avoided repetition with a contrasting color roof and rear sail-pillar that evokes the distinctive triangular window of the 1987 Pathfinder.

Even if coming out of a luxury-branded crossover, you'll want for nothing in the Pathfinder's cabin. Platinum editions come with quilted leather seats and stitched coverings for the dash, doors, and console, but also include heated/ventilated front seats, heated second row captain's chairs, and a heated steering wheel. Check also a head-up display, flatscreen gauges, wireless phone charging, and serene Bose audio. A large touchscreen controls devices through Apple CarPlay, Android Auto, and 4G Wi-Fi hotspot. Fold down the

tight third row to carry luggage.

In recent years, Nissan has focused intently on active safety systems. The Pathfinder is no exception given automatic emergency braking, blind spot warning with steering intervention, lane keep assist, and rear cross path detection with autobrake. Adaptive cruise with ProPILOT Assist keeps a safe distance and can steer on the highway, but please keep hands on the wheel.

Beneath the chiseled hood is a 3.5-liter V6 engine putting out 284 horsepower and 259 lb.-ft. of torque. That's adequate power for a three-row crossover, and it scoots quickly during morning commutes, but you won't be racing any sport sedans with families aboard (not that you should). Fortunately, it can tow a hefty 6,000 lbs. of camper or ski boat. Made efficient

2023 Nissan Pathfinder Platinum

Seven-passenger, AWD Crossover Powertrain: 3.5-liter V6, 9-spd trans Output: 284hp/259 lb.-ft. torque Suspension f/r: Ind/Ind Wheels f/r: 20"/20" alloy Brakes f/r: disc/disc Must-have features: Style, Space Towing: 6,000 lbs. Fuel economy: 20/25 mpg city/hwy Assembly: Smyrna, TN Base/As-tested price: \$35,000/\$54,785

with a 9-speed automatic transmission, fuel economy is quite good at 20/25-MPG city/highway.

Trim styling shields the fact the Pathfinder is a large family-friendly three-row crossover - a fact that becomes more apparent on the road where it takes up the lane and can be a tight fit on tight city streets. That said, it keeps its composure on sweeping curves with its four-wheel

independent suspension and sticks bounces off of bridges without undue bounce. Rough pavement passes by with nary a rumble. You'll want for more power when a full load of passengers or a trailer, but nobody will really care as long Interstate miles disappear with ease.

While suave, the Pathfinder is not cheap. Base models start at \$35,000, but prices rose to \$54,785 for our



CASEY WILLIAMS Auto Reviews

upscale Platinum edition. Unlike in the old days, though, Nissan makes the mid-size Murano and compact Rogue if you want more affordable options. Others to consider include the Chevy Traverse, Ford Explorer, Honda Pilot, Toyota Highlander, Hyundai Palisade, Subaru Ascent, and Kia Telluride. Storm Forward!

Send comments to Casey at AutoCasey@aol.com; follow him on YouTube @

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Colorectal Cancer Screening And Why It's Important

This week I want to talk about screening for colorectal cancer (CRC). Fortunately, screening for this type of cancer has become more common due to increased public awareness aided by campaigns such as CDC's Screen for Life Action Campaign www. cdc.gov/cancer/colorectal/sfl/.

There were approximately 148,000 cases of CRC in 2020 and 53,000 deaths, making it the fourth deadliest cancer in men and third deadliest in women. If caught when the disease is localized to the colon, 90 percent of patients live at least five years after diagnosis. However, only 39 percent of people are diagnosed in early stages.

The good news is that the number of new cases and deaths has continued to drop over the last decade or so. The decreases are likely due to more people undergoing recommended screening, but may also be due to other factors as well. However, we are seeing a worrying trend of it appearing at younger ages. Actor Chadwick Boseman died at age 42.

Colorectal cancer warning signs include blood in the stool, persistent abdominal pain, change in bowel movements (especially smaller diameter stools), unexplained weight loss, and iron-deficiency anemia.

An advertisement that ran in the New York Times a few years ago listed three early warning signs of colon cancer: You feel great; You have a healthy appetite; You're only 50. This was a brilliant piece, educating people that they can have CRC without any warning signs.

The risk of developing CRC increases with age (93 percent of cancers occur after age 50). A family history of a sibling or parent with CRC or colon polyps also increases the risk for CRC, though 75 percent of CRC occurs in patients vith no family history

Inflammatory bowel disease (Crohn's disease & ulcerative colitis) also increase the risk of CRC. Not exercising regularly,



JOHN R. ROBERTS, M.D. **Montgomery Medicine**

eating a diet high in fat and low in fruits, vegetables and fiber, cigarette smoking, being obese, or drinking too much alcohol are also risk factors.

Colorectal cancer usually begins as a small nest of abnormal mucus-secreting gland cells in the wall of the colon (large intestine). The cells eventually grow into finger-like projections inside the colon called polyps. These polyps are not cancerous, but they have the potential to develop into cancer. There are two types of polyps, adenomatous and hyperplastic. Adenomatous polyps may become cancerous, while the hyperplastic variety do not.

The goal of any cancer screening program is to either find abnormal appearing cells before they have turned into cancer or discover a cancer when it is very small. There are a number of different methods to screen for CRC. Different professional groups have produced various screening recommendations. Descriptions of the various screening methods can be found in the reference link at the end of this article.

CRC screening tests that can detect adenomatous polyps and cancer includes flexible sigmoidoscopy (a scope that visualizes the lower part of the colon), colonoscopy (a scope that looks at the entire colon), double-contrast barium enema (an X-ray procedure where dye and air are pumped into the colon), and "virtual colonoscopy" (an X-ray study using a CT scan to construct a three dimensional image of the colon). Flexible sigmoidoscopy and colonoscopy offer the added benefit of allowing the physician to biopsy and remove polyps or suspicious lesions at the time of screening.

Colonoscopy is certainly the gold standard for detection of CRC, but many patients are sometimes squeamish about having one. There are other less invasive tests that can be done, though they are not as sensitive at detecting polyps and

Less invasive tests include high-sensitivity fecal occult blood testing (FOBT) and fecal immunochemical testing (FIT). FOBT is falling out of favor as it involves following a specific diet and submitting multiple stool samples to a doctor or lab where they are tested for microscopic blood.

The FIT test has, for the most part, supplanted the FOBT in most doctors' offices. It has the advantage of not requiring dietary restrictions prior to doing the test and can be performed on a single stool specimen. It is also specific for human blood proteins whereas the FOBT may detect animal blood protein that a patient consumed, yielding a false positive test. If any of these tests are positive, usually patients should have a colonoscopy to locate the source of the

bleeding. The newest test to gain FDA approval is Cologuard[®], a stool test that uses a combination of FIT and a test for DNA specific to colon cancer cells. This test has some potential problems including a high false positive rate of 13 percent (the test is positive, but the patient does not have cancer). The FIT test has about a five percent false positive rate.

If you are over 45 or have other risk factors, you should speak to your doctor about what test or combination of tests may be right for you. The United States Preventi Services Task Force gives its highest "Grade A" recommendation for screening patients ages 50 to 75, and "Grade

B" recommendation for starting screening at age 45. Screening for those over 75 is generally not recommended unless a physician feels there are other circumstances that warrant it.

Since the Affordable Care Act was signed into law, all insurance companies are required to pay for recommended screening for CRC with no patient cost sharing such as co-pays or deductibles. However, if a patient has a colonoscopy or sigmoidoscopy and a polyp is found, the patient will likely incur the cost of the biopsy procedure and pathology charges to examine the

For more detailed information, you can visit bit.ly/1znlju6 for the latest Colorectal Cancer Facts & Figures.

Dr. John Roberts is a retired member of the Franciscan Physician Network specializing in Family Medicine.

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