Dec. 18, 2022

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Montgomery County's oldest locally owned independent newspaper

New Online Toolbox Offers Many Ways To View Snow Data In The Continental US

Purdue University's Midwestern Regional Climate Center (MRCC) has launched an online interactive Snowfall Climatology Toolbox that provides easy-touse, visually appealing data on annual snowfall, monthly snowfall, number of snow days, first and last snow dates, and record one-day snowfall for the entire United States.

Toolbox users can ask questions such as, "What's our snowiest month?" "What's the earliest snowfall we've ever had on record?" "How many times a year do we get a 2-inch or 4-inch snow?" "How much snow do we get for the whole season?" Or, "How much should we get in a single month?"

"You can answer these questions quickly and easily with this toolbox, which has been in the making for more than a year," said MRCC director Beth Hall. "We tested the toolbox with some of our National Weather Service and state climate partners. Then we improved and updated it with new visualizations and software that provide a streamlined site for accessing this snowfall data in an appealing way."

Potential toolbox users include National Weather Service forecasters and TV meteorologists who seek to put current conditions into historical perspective. City planners may wish to consult the toolbox to assess the timing of snow removal assets they'll need to keep their streets clear. And outdoor recreational enthusiasts can find out how much snow to expect based on past records.

"We update this once a year to reflect the last snow season, all the way back as far as the records go," said MRCC associate director Melissa Widhalm.

The toolbox also contains climate "normal" statistics for the most recent 30-year period with updates every decade. The current climate "normals" period spans 1991 to 2020, replacing the previous period of 1981 to 2010. The annual snowfall year runs from July to June because the typical snowfall season falls in two calendar years.

"We apply stringent missing-data filters to make sure we're getting the best available information," Widhalm said. "Snowfall is hard to measure."

Sometimes observers skip making measurements at their stations because of bad weather.

"We combed through all of this data to make sure that these are high-quality, long-term data stations. When you look at an average or a record, you can feel confident that it's capturing reality, that it didn't miss a major event," she said.

Some users might remember times when it snowed at a certain location but can't find any measurements at the nearest station.

"It might not have snowed at that exact station. It could have snowed two miles down the road. That's the nature of precipitation measurements," Widhalm said. On the weekend of Nov. 12 and 13 this year, for example, people in downtown West Lafayette, Indiana, observed an inch or more of snowfall while residents in the northwest part of the county saw nary a flurry.

The snow data in the toolbox is based on individual stations where measurements were made by hand every time it snowed. Many of the stations are part of the ThreadEx network, which, in a statistically consistent way, extends the record of weather stations that may have moved around a bit, like the one in Indianapolis.

"This thread of data for Indianapolis goes all the way back to 1883," Widhalm said.

MRCC's climatologists have ongoing plans for the toolbox.

"We're going to have several other snow statistics on version two. This is our first pass," Widhalm said. "We prioritized some of our most commonly requested datasets. Then we are going to push out another update either later this winter or next snow season."

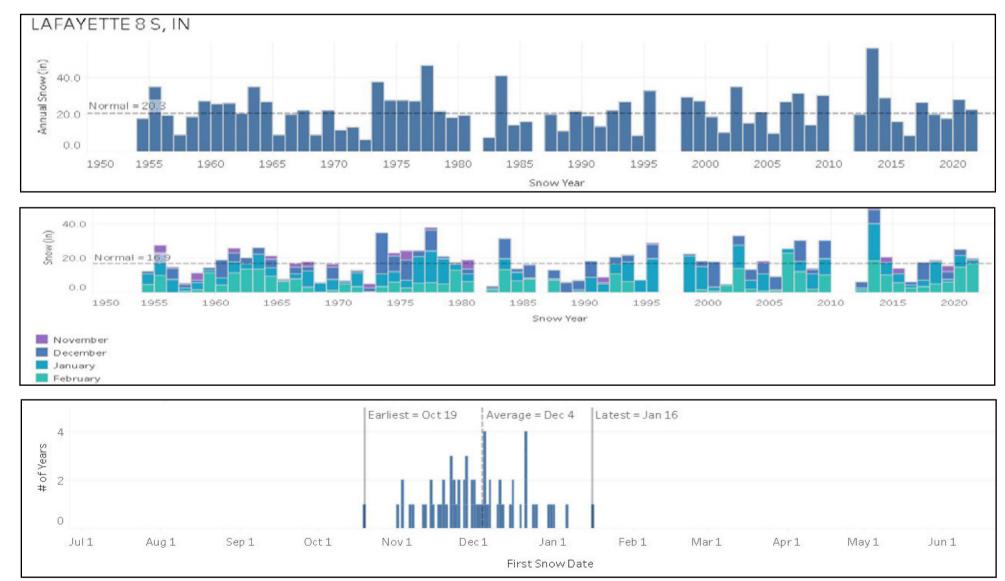
The MRCC covers a nine-

state area, but when the center moved from Illinois to Purdue last year, some of the snowfall maps had yet to be updated with the new climate-normal data. Widhalm decided to update the snowfall data for the entire U.S. and offer all of it as part of the toolbox.

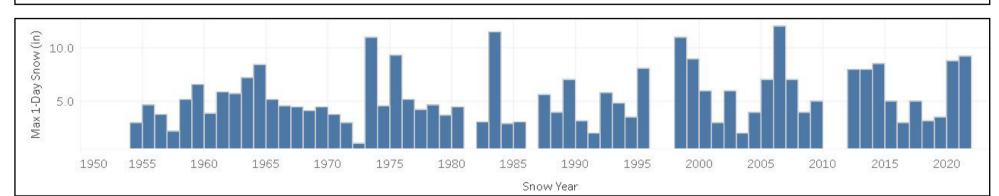
In October the MRCC added an online interactive Freeze Date Tool for specialty crop growers in 25 states to its array of resources. The MRCC and its project partner, the USDA Midwest Climate Hub, included states outside of their coverage area at the request of climatologists working in those regions.

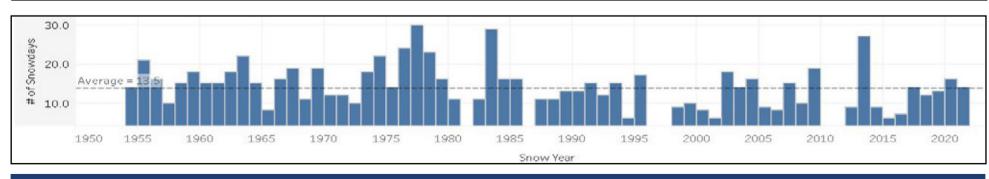
The Freeze Date Tool is especially relevant twice a year when the weather changes from warm to cold and from cold to warm.

"This snow toolbox is applicable throughout the entire snow season, from October or November all the way to March or April," Widhalm said. "There's relevant information month after month or for the season as a whole."









TODAY'S QUOTE

– Christmas is a time when you get homesick" even when you're home." Carol Nelson

TODAY'S JOKE

What does Santa do when his elves misbehave? He gives them the sack!

TODAY'S VERSE

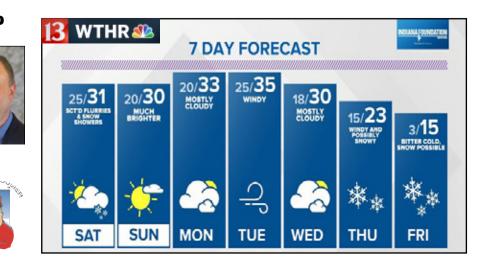
Isaiah 55:12 For ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing, and all the trees of the field shall clap their hands.

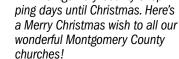
🗢 TODAY'S HEALTH TIP

Getting up at the same time every day is very important to getting good sleep. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www. thepaper24-7.com.

HONEST HOOSIER

7 Montgomery County shop-







Sunday, Dec. 18, 2022

Bertha M. Roberts May 1, 1919 - Dec. 10, 2022

Bertha M. Roberts of Crawfordsville passed away Saturday night at her granddaughter's home, where she had resided the past three years. She was 103.

Born May 1, 1919 in Greencastle, she was the daughter of John Wesley Cope and Mary Elizabeth Abbott Cope.

She married Raymond S. Roberts

on Oct. 17, 1937 in Waynetown. He preceded her in death in February of 2002.

Mrs. Roberts was a true Christian that read her Bible every day and was very prayerful. She was a member of Crossroads Church of the Nazarene and for the past couple of years attended Hillsboro Church of the Nazarene. She liked going places and taking trips. She was a wonderful cook that loved to can green beans, tomatoes and strawberries. She worked for a while at Sommer Metalcraft, but spent most of her life as a housewife, homemaker and mother who took care of her family.

Survivors include her daughter, Connie Grater of Crawfordsville; son, Dallas Roberts (Sandra) of Crawfordsville; granddaughter that she raised and considered a daughter, Beckie Stadler (John Stephenson) of Crawfordsville; four grandchildren in all; thirteen great-grandchildren; many great-great-grandchildren; one brother, Wendell Cope.

She was preceded in death by her husband; two infant children; grandson, Bryan Ray Roberts; granddaughter, Ronda Everman; five brothers, Ralph, Melvin, Edwin, Herman and Harold Cope; three sisters, Edith Poynter, Mamie Cook and Emma Mikels; along with a great-granddaughter, Kaitlyn Stephenson.

Visitation is scheduled from 11 a.m. - 1 p.m. Wednesday, Dec. 14 at Burkhart Funeral Home, 201 W. Wabash Avenue. Services will begin at 1 p.m., with Pastor Greg McDonald officiating. After the service, she will be laid to rest at Oak Hill Cemetery North.

Online condolences may be made at www.BurkhartFH.com.

Mary Alice (Andrews) Hampton

June 8, 1933 - Dec. 10, 2022

Mary Alice (Andrews) Hampton, 89 years young-although she was already our angel here on earth-gained her heavenly wings on Dec. 10, 2022 at Ben Hur Health & Rehab.

She was born on June 8, 1933 to Lonnie Ham and Fannie (Andrews) Welliver but she was raised by her



Mary Angela Perry Cooley Dec. 6, 2022

Mary Angela Perry Cooley died on Dec. 6, 2022, at age 92 and in accordance with her wishes: peacefully and surrounded by family and friends.

Shewas born in Bessemer, Alabama, a suburb of Birmingham, to Lt. Colonel John and Dorothy Stowers Perry.

She proudly attended Hollins College (Roanoke, Virginia) and was awarded a bachelor's degree in economics and sociology. Upon graduation, she married her high school sweetheart, Robert Lee Cooley. The two were unshakably devoted and were the centers of each other's lives. The couple lived in Alameda, California while Robert served in the U.S. Navy as a pilot, with postings in both the United States and abroad. It was in Alameda that She and Robert adopted their first child, Bob.

The family moved to Crawfordsville, Indiana, when Robert became a professor of mathematics at Wabash College. Over the next ten years she and Robert were foster parents to more than a dozen children in the home they lovingly called The Grand Old House. Later they adopted David, Catherine and Christopher. While raising her four children, she began graduate studies in social work at Indiana University. She earned a Master's in Social Work in 1980 at the age of 50. She worked as a clinical social worker at Culver Union Hospital, Howard Community Hospital and Wabash Valley Mental Health Center. She was a natural to train foster parents, later worked for Indiana Child Protective Services, and was instrumental in the establishment of the Youth Service Bureau.

She was a member of many professional organizations: American Public Welfare Association; Child Welfare League of America; National Association of Social Workers, Indiana Chapter; National Alliance for Mental Illness; Institute of Family Therapy (UK). Later in her career, she focused on adult services and elderly care, and joined the Alzheimer's Association, Greater Indiana Chapter. She served as President of the Advisory Board of the Area IV Agency on Aging and Community Action Programs, and on the board of the Montgomery County Council on Aging. Always ahead of her time, she founded an Adult Day Care Center in Crawfordsville.

She and Robert attended St John's Episcopal Church where Angela served on the Vestry as well as many additional committees. She was a Life member of the League of Women Voters of Montgomery County Indiana, MCCA, the Flower Lovers Club and Wabash Women.

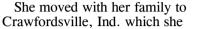
Family and friends admired her for her intellect, southern charm and service to her community. She often dressed in bright cheerful colors, and enjoyed simple pleasures such as bird watching and gardening around her home. In the evenings she enjoyed her "toes up time," reading everything possible, but especially mysteries, philosophy and religion.

Donna Churchill Livingston

June 14, 1959 - Dec. 13, 2022

Donna Jean Churchill Livingston passed away of Lafayette, Indiana on December 13, 2022. She passed away peacefully in the comfort of her home.

She was born on June 14, 1959 to Norma Marie Churchill and Ronald C Jackson in Marion, Ind.



made her home several years into her adulthood before moving to Lafavette, Ind.

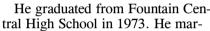
Survivors include her loving husband, Cedric P. Livingston, Lafayette, Ind.; four children, Aarron Vance, Sharae Torbert, and Ezell Vance III(Lafayette) and Elijah Vance (Covington)

A celebration of her life will be held Monday Dec. 19 at Grace and Mercy Ministries, 257 Oak Hill Road, Crawfordsville, IN. Viewing will be at 11 a.m. to 1 p.m., followed by Funeral service at 1 p.m.

Gerald "Jerry" Martin VanHook May 21, 1955 - Dec. 15, 2022

Gerald "Jerry" Martin VanHook, age 67, of Hillsboro, passed away on Thursday, Dec. 15, 2022 at IU Arnett Hospital.

He was born in Crawfordsville on May 21, 1955 to the late Thomas Martin and Doris Mildred (Nunan) VanHook.



ried the love of his life and high school sweetheart, Sherri J. Graham. He was an avid nature enthusiast and enjoyed hunting. He was a member of the Local 157 Plumbers and Steamfitters for 47 years. He was a "jack of all trades". He loved spending time with his grandchildren. He was a great friend and mentor to everyone he met.

Survivors include his wife of 45 years; two children; Craig (Teresa) VanHook, Bobbie (Andrew) Fisher; five grandchildren, Alexis, Averie, Logan, Zoey, and Samantha; four siblings, Tim (Bonnie) VanHook, Brenda (Steve) Leffert, Diana (Russ) Lemmons, and Millie VanHook; and several nieces, nephews, and extended family members.

He was preceded in death by his parents and a brother, Paul VanHook.

There will be a visitation at Sanders Priebe Funeral Care, 315 S. Washington Street, in Crawfordsville on Saturday, Dec. 17, 2022 from 2 - 4 p.m. Sanders Priebe Funeral Care is entrusted with care. Share memories and condolences online at www.sandersfuneralcare.com





grandparents.

She graduated from Horace Mann School and went for a few years to the Lafayette School of Nursing before marrying Richard Dale Hampton on Oct. 11, 1952. They were married for 52 years when he passed on March 19, 2010.

She was a member of Whitesville Christian Church and was baptized there. She worked at Dillman's Department before becoming an Avon dealer for 40 years. Making cakes of all kinds made her happy. She never knew a stranger and was sweet to everyone she met.

She enjoyed going to her grandchildren and great grandchildren's sporting and school events.

Survivors include her children, Dale (Dawn), Pam Perry, Carl (Jill), Dick (Susan) and one stepson, David (Donna) Fraker; 11 grandchildren; 16 great grandchildren; 20 great great grandchildren; along with several nieces and nephews.

She was preceded in death by her husband, Richard; son, Mark Hampton; one grandson; one granddaughter; one brother, Bill Andrews; and two sisters, Pat (Welliver) Hultz and Dee (Welliver) Manion.

Funeral services are scheduled for 2 p.m. Friday, Dec. 16 at Hunt & Son Funeral Home, with Pastor Michael Whitacre officiating. Burial will follow at Oak Hill Cemetery on Grant Avenue. Visitation will begin at noon on Friday. Online condolences and memories may be shared at www.huntandson.com

Shirley Harris Sept. 21, 1933 - Dec. 9, 2022

Shirley Mae (Dunkin) Harris of Crawfordsville passed away Friday morning at Ben-Hur Health. She was 89.

Born Sept. 21, 1933 in Crawfordsville, she was the daughter of George Dunkin and Gladys (Lamson) Dunkin.

She married Robert M. Harris on Aug. 4, 1957 at the Wabash College

Chapel. He passed away June 28, 2021. She and Robert had two sons, Brent Harris of Crawfordsville and Randy Harris, who preceded her in death.

She worked at the Ben Hur Life Insurance office in downtown Crawfordsville and later in life worked as a receptionist at Impex Manufacturing, near her home. She enjoyed music all of her life. She learned to play the guitar as a child and played into the early years of her adult life. She also enjoyed cooking and reading.

There will not be a public visitation or funeral. There will be a graveside service Thursday, Dec. 15 at 2 p.m. in the Freedom Cemetery on State Road 234. Arrangements were entrusted to Burkhart Funeral Home.

Friends are asked to make a donation in memory of Shirley Harris to the Alzheimer's Association, 50 E. 91st Street, Ste. 100, Indianapolis, IN 46209-4830.

ThePaper24-7.com

Survivors include her sons, Robert (Jane Kaitson) and Christopher; three grandchildren, Stephen, Sarah and Sylvia; younger sister, Lisa Kalloch; nephew, Perry; and nieces, Holly and Faith.

She was preceded in death by her parents, Lt. Colonel John and Dorothy Perry, husband Robert, daughter Catherine and son David.

The Cooley family would like to express its sincere thanks for the incredible care she received at Whitlock Place.

A Celebration of Life and Farewell will take place on May 23, 2023, at St. John's Episcopal Church.

Memorial Contributions may be made to St. John's Episcopal Church (PO Box 445, Crawfordsville, IN 47933) or the Montgomery County Community Foundation (PO Box 334, Crawfordsville, IN 47933.)

Mary Elizabeth Hughes Barker

Sept. 2, 1933 - Dec. 14, 2022

Mary Elizabeth Hughes Barker age 89 of Crawfordsville left this earth at 2:30 a.m. Wednesday, Dec. 14, 2022 in Wellbrooke of Crawfordsville.

She was born at her Grandparents home in Sterling, Ind. on Sept. 2, 1933 to William and Frances Wilkinson Hughes.

She graduated from Veedersburg High School in 1951; was baptized into the United Brethern Church in Veedersburg and later attended the Waynetown Baptist Church. She married George W. (Jr.) Barker in Sterling on Nov. 15, 1957. They were married 59 years until his death in 2016. They lived in Waynetown for many years, and moved to Crawfordsville in 1998.

She worked in secretarial and accounting positions and retired from MidStates Wire. Previous employers were the Veedersburg News, and RCA in Indianapolis.

She loved music, sang in a trio and at various functions in Fountain and Montgomery Counties; church choirs, and with Purdue Music Organizations' "The Crescendos".

Survivors include a special niece and nephew Carla and Jim Whitehead, their sons Brett and Chris; sisterin-law, Sandra Myers; brother-in-law, Jim Barker; niece, Michelle (Rick) Daniel; sons, Ryan and Eric; nephew, Scott (Jacque) Hughes, Eliza and Will; Vicki Rush and family; Vanessa Homsher and family; Cindv (Allen) Jeffries and family; Matt McDonald and many cousins, including Cindy Ponder...the Willhite family; Steve, Ken & Erin, Jim & Wanda, Mig & Dwight and Pat & Courtney as well as many dear friends.

She was preceded in death by her husband; her parents; beloved brother, Ernie (Bud) Hughes; cousins Jeanne Willhite and Mildred Clark; sisters-in-law, Pat Barker and Sandy McDonald; nephews, Wayne Rush and Larry Thomas.

Graveside Services will be held 1 p.m. Saturday, Dec. 17, 2022 at Waynetown Masonic Cemetery with Pastor Ron Raffignone officiating. Family and Friends Funeral Home of Wingate is assisting the family. Visit us on line at www.familyandfriendsfh. com to sign the guest book or share a condolence.

John Wilcox

July 16, 1965 - Dec. 14, 2022

John Wilcox of rural Crawfordsville passed away Wednesday evening at home. He was 57.

Born July 16, 1965 in Lafayette, he was the son of Robert D. Wilcox and Doris Ann Greenup Wilcox.

He attended North Montgomery. He married Melissa Brown on July 27, 1985. She survives.

He was a member of the Dar-

lington Conservation Club's coon hunting group for many years. He was also a member of the Geriatric Riding Club. He was baptized at the Garfield Christian Church. He farmed with his dad, did excavating, tree trimming and was a union laborer. He went to work at the Montgomery County Highway Department for about five years and then started his own excavating business.

Survivors include his wife, Melissa Wilcox; daughter, Nicole Chase (Clint); son, John Cody Wilcox (Mindy Smith-Wilcox); granddaughter, Emaree Jolene Wilcox; dad, Robert Wilcox; brother, Mike Wilcox (Amy); sister, Sheila Henderson along with several nieces and nephews.

He was preceded in death by his mother; a sister, Carmen Wilcox; and great-niece, Katlynne Crawford.

Visitation will be from 2 - 4 p.m. Sunday, Dec. 18 at Burkhart Funeral Home. Services will begin at 4 p.m.

Donations in memory of John Wilcox can be made to your favorite charity. Online condolences may be made at www.BurkhartFH.com.







Christmas in the Park is

going on now in Clay County. You can see lighted displays in beautiful Forest Park!

ndiana

Did You Know?

• Clay County occupies 2.78 square miles of water and 357.54 square miles of land.

• The county contains six towns, one city and 43 unincorporated communities.

• Brazil, the county seat, has an estimated population of 8,110 and 3.7 square miles of land.

 Clay County was found in 1825 and named in honor of Henry Clay.

• The county has had four different courthouses since 1828.

Got Words?

Since 1828 Clay County has built four courthouses in two different locations. The last time the courthouse was built it was relocated to a more central area in the county. Why do you think it is important that courthouses are in the center of the town?

0//00 Number **Stumpers**

Clay

INDIANA

1. How many years has it been since Clay County established it's first courthouse?

2. What is the population density of **Brazil?**

3. How many more square miles of land is there in the county than water?

4. What percentage of land in the County is made up of Brazil?

0/ 3. 354.76 square miles 4. 1.03% im ps/elgoeq 201,2 tuoda .2 stears 1.1 is newers.

Word **Scrambler**

Unscramble the words below!

1. UOOURTHSCE 2. RABZLI **3. HEYRN YACL 4. UCMTIIEMNSO 5. ALCY CTUNOY**

4. Communities 5. Clay County Answers: 1. Courthouse 2. Brazil 3. Henry Clay

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Lt. Gov. Crouch, Indiana Broadband Office Designates The City Of South Bend As The State's 75th Broadband Ready Community

Lt. Governor Suzanne Crouch and the Indiana Broadband Office (IBO) announced the City of South Bend as the state's 75th Broadband Ready Community. At a press conference Wednesday, Dec. 14, representatives from IBO and the Indiana Office of Rural Affairs (OCRA) celebrated the accomplishment.

The Broadband Ready Communities Program was created as a tool to encourage broadband development throughout Indiana. The Broadband Ready Community certification sends a signal to the telecommunication industry that a community has taken steps to reduce barriers to broadband

The Indiana Depart-

ment of Environmental

infrastructure investment.

"We are encouraged that communities across the state are taking the steps to become more connected and enhance their quality of life by becoming Broadband Certified," Lt. Gov. Crouch said. "Congratulations to South Bend for prioritizing this initiative and working collaboratively to further spearhead your community's broadband investment."

The certification was approved by the Indiana Broadband Office following the City of South Bend's adoption of a Broadband Ready Community ordinance.

"Broadband is essential for our students, job seekers, businesses and entrepreneurs," said Mayor James Mueller. "I thank Governor Holcomb's administration and the Indiana Legislature for helping South Bend become a Broadband Ready Community. We look forward to continued collaboration with the state on digital infrastructure and equity programming."

Earnie Holtrey, Deputy Director at the Indiana Broadband Office, said nearly 15 communities have become Broadband Ready Communities in 2022.

"It's been another aggressive year with communities across the state becoming Broadband Ready," said Holtrey. "With our 75th community now certified, South Bend has joined a running list of Hoosier cities, towns, counties and regions who are taking notice and investing in themselves. Congratulations!"

Via 2020 legislation, the Broadband Ready Community Program was transitioned from the Indiana Economic Development Corporation (IEDC) to the Office of Community and Rural Affairs (OCRA). IBO began the day-to-day management of the Broadband Ready Community Program on July 1, 2020. For more information, visit in.gov/ indianabroadband.

Lost Creek - Celebrating The Story Of An African American Settlement

Art Spaces, Inc. Seeks An Artist Or Artist Team Interested In Creating A Public Sculpture To Honor, Celebrate, And Bring Awareness To The Lost Creek Settlement. It Is Intended That The Work Be Completed In 2023.

The Lost Creek Settlement Was Formed By A Group Of Free African Americans Who, In Order To Escaped The Danger Of The Pre-Civil War South, Settled In What Is Now Vigo County. Though It Was Still Dangerous In Indiana, They Established A Thriving Farming Community With A Church, Cemetery, General Store, Blacksmith, And School, Employing Their **Own Teachers When** It Was Forbidden To Educate African American Students In Public Schools.

The Lost Creek Settlement Is A Vital Part Of The Vigo County's Shared History. Its Descendants (Many Of Whom Still Live In The **Region**) Continue To Have Impact Locally, Regionally, Statewide And Nationally, And Some Of The Descendants Are Among Art Spaces' Many Partners On The Project. The Sculpture Will Be Located In Deming Park, On Terre Haute's East Side, And Will Be Owned By The City. Art Spaces Is A Non-Profit Organization Whose Mission Is To Provide Public Art And The Design Of Public Places To Enhance Economic Growth, Enrich

Cultural Experiences And Build A Legacy That Reflects The Diversity Of The Wabash Valley Community. Art Spaces' Has Successfully Installed Twenty-One Public Artworks (2005-2022), All Of Which Are Freely Accessible To The Public.

Up To Three Finalists Will Be Selected Through The RFQ Submissions And Will Be Asked To Conduct Site Visits Prior To Submitting A Full Proposal (Expenses Of This Visit Will Be Covered By Art Spaces). At That Time Each Finalist Will Have The Opportunity To Study The Selected Site, Talk With Local Project Partners And Learn More About The History Of Lost Creek. After Completing Their Proposals Each Finalist Will Receive A Stipend.

Celebrating Lost Creek – The Story Of An African American Settlement Will Offer Added Appreciation Of The Diverse Populations That Have Shaped And Continue To Animate Our City And Region. Educational Programs Will Be Developed In Conjunction With The Installation Of The New Sculpture.

This Project Is Supported In Part By: The National Endowment For The Arts, Wabash Valley Community Foundation, 100+ Women Who Care, And The Larry Paul Foundation. To Apply Go To Wabashvalleyartspaces. Com.

IDEAN INDIANA DEPARTMENT OF ENVIRONMENTAL MANAGEMENT Excellence, AstraZeneca Mount Vernon Operations, Indianapolis Public Schools, Big Pine Creek Watershed, Cummins Inc., and the City of Monticello This year IDEM

This year, IDEM and Governor Eric J. Holcomb's office will present seven awards, one in each of the following categories: Energy Efficiency/Renewable Resources; Environmental Education/Outreach; Five Year Continuous Improvement; Greening the Government: Land Use/Conservation; Pollution Prevention; and, Recycling/Reuse. Citizens, government agencies, businesses, organizations, and educational institutions are invited to submit nominations. Self-nominations are encouraged. Nominated projects must have occurred in Indiana and been implemented in

2021 or 2022. The deadline for nominations is March 6, 2023. Awards will be presented in September. A panel of conservation, environmental, and academic professionals review nominations. The awards will be based on project innovation, measurable results, and transferability. Nomination forms and instructions are available at idem. IN.gov/partnerships/gov-

IDEM Seeks Nominations For The 2023 Governor's Awards For Environmental Excellence

Management today announced that the agency is now accepting nominations for the 2023 Governor's Awards for Environmental Excellence. This marks the 30th year the awards have been given to celebrate innovative projects with measurable environmental benefits. Watch the Governor's call for nominations video. "It is always an honor for IDEM to recognize these outstanding Hoosiers who are choosing state. to go above and beyond to make a difference in Indiana's environment," said Commissioner Brian Rockensuess. "I encourage Hoosiers to submit their applications for their innovative projects, and I look forward to celebrating this year's honorees and their many contributions to our



Presented annually since 1994, the Governor's Award for Environmental Excellence has become one of Indiana's most prestigious environmental awards. In 2022, award winners included: Bendix Commercial Vehicle Systems, LLC, Paramount Schools of ernors-awards-for-environmental-excellence/. About IDEM

About IDEM Established in 1986, IDEM (www.idem. IN.gov) implements federal and state regulations regarding the environment. Through compliance assistance, incentive programs and educational outreach, the agency encourages and aids businesses and citizens in protecting Hoosiers and Indiana's environment.

AND STREET CONTRACTOR



Photo courtesy of Sen. Young's Office

Young Recognizes Hoosier Students Interning In Washington This Fall

Last week, U.S. Senator Todd Young (R-Ind.) recognized Hoosier students who participated in the fall session of his internship program in Washington, D.C.

The students assisted legislative and communications staff with daily activities and special projects. The intern class included [as pictured from left to right] Mason Pickett, a junior from Fort Wayne attending Indiana University; Jasmeen Saini, a junior from Fishers attending Butler; Mia Schul, a junior from West Lafayette attending Indiana University; and Katelyn Rickert, a junior from Brownsburg attending Georgetown University.

Senator Young's office offers internship opportunities year-round, in both his Washington and Indianapolis offices. The internship program offers students the opportunity to experience the legislative branch of government and serve Hoosiers.

Students interested in applying can visit Senator Young's internship webpage or call (202)-224-5623 to learn more.

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Wabash College's Cooper Smith **'23 Earns Marshall Scholarship**

Wabash College student Cooper Smith '23 has earned a Marshall Scholarship, one of the most coveted competitive international fellowships.

A native of Sellersburg, Indiana, Smith earned the two-year fellowship from the Marshall Commission, which looks for candidates who have the potential to excel as scholars, as leaders, and as contributors to improved U.K.-U.S. understanding. During his two-year award, Smith will pursue a master of letters degree in legal and constitutional studies at the University of St. Andrews and a master of science in democracy and comparative politics at University College London.

Smith is the fifth Wabash student to win a Marshall Scholarship, and the first since Thomas Halverson '87 was selected in 1989. Typically, fewer than 50 Americans receive the award annually, selected from nearly 1,200 nominated students.

"This is a dream come true," said Smith. "This is my opportunity to learn and explore before returning to the U.S. for law school. I've wanted this opportunity for so long, but it always felt more

like a fantasy than a realistic chance. As soon as I heard, 'Congratulations, you've been selected as a 2023 Marshall Scholar,' I teared up. I knew this would be a game-changer for me, as it will help me do the work I'm passionate about."

A political science and history double major, Smith is currently the editor-in-chief of The Bachelor, the College's student newspaper. He is a two-time winner of the Wabash Moot Court competition, has served as a writing fellow in the Wabash Writing Center, and is a section leader of the Wabash Glee Club.

Beyond the Wabash campus, Smith has served internships with the Legal Aid Society of Louisville, Kentucky, the Innocence Project of Florida, and the Office of the Indiana Attorney General, each providing important preparation for his planned career as a public interest attorney and advocate. Additionally, he has studied abroad in Valparaíso, Chile, where he researched the constitutional convention that was in progress there. Last year, he was one of 58 recipients of a Harry S. Truman Scholarship, awarded to promising young leaders and future

public servants.

"The Marshall Scholarship is one of the most important graduate fellowships offered, and Cooper is a terrific match for the program's aims and mission," said Susan Albrecht, Wabash College fellowship advisor. "It takes much more than being academically talented and widely involved on campus to secure a Marshall. A student must also exhibit significant leadership potential, propose a program that includes strong rationale for study in the U.K., and demonstrate a desire to engage fully in the community while abroad."

"I continue to be impressed with Cooper's level of intellect and his ability to think critically about complicated topics and concepts," said Sabrina Thomas, associate professor of history and department chair. "However, it is his empathy that stands out most-his ability to recognize and appreciate how power and policies operate and how they affect the lives of real people who are too often victims of both forces. With all of his accolades, Cooper is committed to righting some of the wrongs in the world one historical

narrative and one court case at a time. I believe I can speak for the entire history department when I say how proud we are of Cooper. His presence in our classes and on our campus has made each of us better."

Cooper is the latest to join the ranks of Wabash men who have earned highly competitive fellowships in the last decade, including, among others, a Rhodes Scholar, an Obama Voyager Scholar, 25 Gilman Scholars, and 26 Fulbright recipients

"The Marshall Scholarship will help train me to be a better scholar and advocate," said Smith. "I hope to become an appellate or postconviction litigator focused on criminal justice reform and use practice and scholarship to make a real difference. My two vears in the U.K. will add a new dimension to my research on legal history, democratic institutions, and constitutional design. The U.S. and U.K. share many common legal, political, and criminal justice crises. By studying U.K. solutions to common crises, I can shape my thinking about proper legal and political reforms for both countries."

Indiana Farm Bureau **President Reflects On** A Challenging Year; **Cautiously Looks To 2023**

Each year at the Indiana Farm Bureau State Convention, the organization's president reflects on the past year with members from across the state. INFB President Randy Kron shared his thoughts in his annual address last night, where he and host Gerry Dick, veteran broadcaster and host of Inside Indiana Business, had a frank conversation about the ag economy and the challenges that may await farmers in 2023.

Kron, who is entering his eighth year as INFB president, discussed some of the most important issues facing agriculture today, starting with the ag economy and what a challenging year 2022 turned out to be due to universal price increases for inputs, including seed and herbicides, but especially fertilizer and fuel.

"It was a challenging planting season for so many reasons," explained Kron. "Fertilizer and fuel are two of the largest line items when it comes to row crop farming. It cost more to put a crop in the ground this year than most of us have seen in our lifetimes.

"And grain farmers aren't the only ones facing challenges. Disease pressure, market volatility, rising feed costs and inflation are on the minds of the livestock and poultry sectors too.' Kron provided insight into some of the factors causing input price increases. The first being the supply chain. Kron clarified there have been a number of reasons for an impacted supply chain, including lingering effects of COVID-19, last year's Hurricane Ida that damaged fertilizer plants on the Gulf Coast and the war in Ukraine. He also noted the lack of supplies affected farmers' ability to get equipment and parts in a timely manner, which added to the challenges of this year.

think every farmer thinks next year will be better - we have to. I guess it comes down to our love for the land."

Kron did note that this year's harvest turned out better than expected for most Indiana farmers. Even though supply was tight, demand was high, so farmers have received good prices for their crops. Therefore, most farmers are remaining profitable this year because margins are good, despite all the issues faced during planting season.

Kron was cautious in his outlook for 2023. "The supply chain will still be impacted, meaning input prices will remain high, but crop prices will likely come down, causing margins to be tight."

When asked about national issues in 2023, Kron stated that Farm Bureau will have an important job in the farm bill debate – a piece of national legislation that governs many agricultural and food programs. Specifically, Kron mentioned how critical the legislation is for farmers in terms of crop insurance, but also the importance the farm bill has on nutrition. Seventy-five to eighty percent of the farm bill is centered on nutrition, providing significant benefits to low-income families through food programs, like the SNAP initiative. Kron closed by thanking staff, volunteers, members and his family for their support throughout the year. "Even when things are at their toughest, Hoosier farmers rise to the challenge. And we will do that in the coming year," said Kron. "Farmers aren't afraid of hard work." The 2022 INFB State Convention continues through Saturday, Dec. 17 and includes a brand-new trade show, AgriConnect, featuring agribusinesses, breakout sessions covering topics top-of-mind to farmers and keynote speakers. The 2023 INFB State Convention will be held Dec. 14-16 in Fort Wayne, Ind.





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Despite these difficulties, Kron said farmers are still eternal optimists.

"I've farmed for 39 years, and one thing has remained the same over all those years – I always think next year will be better," said Kron. "I







DAWN RUSK











Have a favorite remedy you want to share? Send it to news@thepaper24-7.com

Party-Worthy Wine Pairings Perfect for Easy Entertaining

FAMILY FEATURES

ed or white, sweet or dry, wine lovers are often entertainers at heart. When inviting guests to share your personal favorites, nothing enhances a tasting get-together quite like complementary snack and wine pairings.

The next time you find a wine party on your schedule, consider these simple yet delicious recommendations from sommelier and founder of "The Lush Life," Sarah Tracey, who partnered with Fresh Cravings to create "Dips and Sips." Aimed at reinventing wine and cheese parties, the movement focuses on simplistic recipes, easy dip pairings and suggested wines.

"When I entertain at home, I'm always looking for ways to impress my friends with fresh, creative bites I can pair with wine," Tracey said. "My favorite hack is finding great products with high-quality ingredients then creating simple, elevated ways to serve them. The less time I spend in the kitchen, the more time I get to spend with my guests."

Tracey relies on the versatility of Fresh Cravings' array of dip options and crowd-pleasing, bold flavors worth celebrating. With authentic-tasting chilled salsas offering a vibrant alternative to soft, dull blends of jarred salsa and flavor-filled hummus made with premium ingredients like Chilean Virgin Olive Oil, these dips elevate both traditional and reinvented recipes.

For example, Tracey's recipes for Polenta Rounds with Pico de Gallo Salsa and Crab, Spiced Butternut Squash Naan Flatbreads, Cheesy Tortilla Cutouts with Salsa and Hummus-Stuffed Mushrooms offer flavorful, easy-to-make appetizers that can make entertaining easy and effortless. Plus, these crave-worthy morsels are just as tasty and approachable for guests choosing to skip the wine.

Find more recipe and pairing ideas perfect for enhancing your next party at FreshCravings.com.

Hummus-Stuffed Mushrooms

Recipe courtesy of Sarah Tracey Total time: 15 minutes Servings: 6

- Nonstick olive oil spray
- 16 ounces cremini mushrooms, stems removed and gills scooped out salt, to taste pepper, to taste
- container Fresh Cravings Classic Hummus
 jar manzanilla olives stuffed with pimientos, cut in half
- jar roasted red pepper strips



Oregon Pinot Noir

Preheat oven to 375 F. Prepare sheet pan with nonstick olive oil spray.

Place mushroom caps on sheet pan, spray with olive oil and season with salt and pepper, to taste.

Roast 7-8 minutes then let mushrooms cool to room temperature. Fill each mushroom cap with hummus and top each with one olive slice.

Thinly slice roasted red pepper strips and arrange around olive slices.

Pair with lighter bodied pinot noir with cherry tones from Oregon.



Spiced Butternut Squash Naan Flatbreads

Cheesy Tortilla Cutouts with Salsa

Recipe courtesy of Sarah Tracey Total time: 20 minutes Servings: 6

Nonstick cooking spray

- 6 large flour tortillas
- 16 ounces pepper jack cheese, grated
- 1 can (4 ounces) green chiles, drained
- 1 bunch fresh cilantro, finely chopped
- 1 container Fresh Cravings Restaurant Style Salsa, Medium New Zealand Sauvignon Blanc

Preheat oven to 350 F. Prepare sheet pan with nonstick cooking spray.

Place large flour tortilla on sheet pan. Top with handful of grated cheese.

Sprinkle chiles on top of cheese layer. Add chopped cilantro. Sprinkle with additional cheese.

Top with another tortilla. Bake until cheese is melted, about 10 minutes. Work in batches to make three sets of cheese-filled tortillas.

Cut out desired shapes with cookie cutters.

Serve with salsa and pair with sauvignon blanc from New Zealand with zest and zing.

Hummus-Stuffed Mushrooms

Spiced Butternut Squash Naan Flatbreads

Recipe courtesy of Sarah Tracey Total time: 25 minutes Servings: 6

1 1/2 pounds butternut squash

- 2 tablespoons olive oil
- 1 tablespoon maple syrup
- 1/2 teaspoon cumin
- 1/2 teaspoon chili powder salt, to taste pepper, to taste
- 1 container Fresh Cravings Roasted Garlic Hummus
- 1 package mini naan dippers
- 1 bunch fresh rosemary, minced La Veielle Ferme Rosé

Preheat oven to 425 F.

Chop butternut squash into 1/2-inch chunks.

Toss squash with olive oil, maple syrup, cumin and chili powder. Spread on sheet pan, sprinkle with salt and pepper, to taste, and roast until tender, about 20 minutes.

Spread hummus on naan dippers and top each with squash and fresh rosemary.

Pair with deeper, savory and earthy rosé.



Cheesy Tortilla Cutouts with Salsa



Polenta Rounds with Pico de Gallo and Crab

Polenta Rounds with Pico de Gallo Salsa and Crab

Recipe courtesy of Sarah Tracey Total time: 30 minutes Servings: 6

- 1 tube (16 ounces) prepared polenta nonstick cooking spray salt, to taste
- 8 ounces jumbo lump crabmeat
- 1 container Fresh Cravings Pico de Gallo Salsa, Mild
- 1 bunch fresh mint, finely chopped Mateus Rosé

Heat oven to 400 F.

Slice polenta into 1/4-inch thick rounds. Arrange on baking sheet sprayed with nonstick cooking spray and bake 20-25 minutes until golden brown and crispy. Sprinkle with salt, to taste, and let cool.

Combine jumbo lump crabmeat with salsa.

Top each polenta round with crab salsa mixture.

Garnish with finely chopped fresh mint and pair with vibrant, fruity rosé.



Have a favorite recipe you want to share? Send it to news@thepaper24-7.com

Give Quick and Easy Meals a Fun Spin

FAMILY FEATURES

ork, school, extracurricular activities, social events and more can make the winter months feel frantic and it can often seem like you're running out of time. This seasonal time crunch makes it even more difficult to answer the age-old, mealtime question kids are always asking: "What are we having?" To help solve that daily meal dilemma and discover family-pleasing recipes that take 35 minutes or less, the RAGU Meal Wheel lets the entire family take an active role in choosing what's on the menu. Simply ask one of your kids to click the "spin" button to find delicious, quick-and-easy recipes like Chicken and Broccoli Alfredo with Fettuccine and Mini Turkey Sloppy Joes.

Both easy-to-make recipes take 35 minutes or less and feature RAGU sauces, which come in a variety of taste-tempting classic flavors and styles, perfect for any mealtime occasion. Created 85 years ago by an Italian mother using a family recipe she brought to the United States from Naples, Italy, the sauces are made from quality ingredients like vine-ripened tomatoes, hearty vegetables, Italian cheeses, herbs and spices, allowing home cooks to "Cook Like a Mother" and quickly create affordable, crowdpleasing meals for their busy families.

To find more quick and mouthwatering recipes to feed your family during the chilly winter months, visit RAGU.com/meal-wheel.

Chicken and Broccoli Alfredo with Fettuccine

Prep time: 20 minutes Cook time: 15 minutes Servings: 4

1 tablespoon butter

- 1 1/2 pounds boneless, skinless chicken breasts, cut into strips
 - jar RAGÚ Classic Alfredo Sauce
 - package (12 ounces) frozen broccoli florets, thawed
 - package (12 ounces) fettuccine pasta 1
 - grated Parmesan cheese, for topping (optional)

In large nonstick skillet over medium-high heat, melt butter. Cook chicken, in batches if necessary, stirring occasionally, until chicken is thoroughly cooked. Remove chicken and set aside.

In same skillet, add sauce and broccoli; stir. Bring to boil over medium-high heat. Reduce heat to low and simmer, covered, stirring occasionally, until broccoli is heated through, about 5 minutes. Stir in chicken and cook, stirring occasionally, until cooked through, about 2 minutes.

In separate pan, cook fettuccine according to package instructions.

Serve chicken, broccoli and sauce over hot fettuccine and sprinkle grated Parmesan cheese on top, if desired.



Chicken and Broccoli Alfredo with Fettucine



Mini Turkey Sloppy Joes

Mini Turkey Sloppy Joes

Recipe courtesy of "Honey and Birch" on behalf of RÅGÚ Prep time: 10 minutes Cook time: 20 minutes Servings: 4

- 1 teaspoon extra-virgin olive oil
- 1 cup diced onion
- 3 cloves garlic, minced
- 1 pound ground turkey
- 1 cup finely diced carrots
- 1 medium green pepper, diced
- 1 medium red pepper, diced
- 1 jar RAGÚ Simply Chunky Marinara Sauce
- tablespoon Worcestershire
- sauce

1 teaspoon ground mustard 1/2 teaspoon kosher salt

1/2 teaspoon black pepper 4 mini buns

In large skillet over medium heat, heat extra-virgin olive oil. When hot, add onion and garlic; sauté until onion is translucent.

Add ground turkey. Break up meat and stir frequently until browned. Add carrots, green pepper and red pepper. Cook 5 minutes until vegetables begin to soften.

Add marinara sauce, Worcestershire sauce, ground mustard, salt and pepper. Stir and bring to boil. Reduce heat to simmer and partially cover pan. Cook 10 minutes.

Serve on mini buns.





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ce is not available in all areas and is subject to system limitations. New customers receive \$50 for n new ated by December 31, 2022. Offer will be applied as two monthly credits of \$25. Credits will be made to voice and will not be in excess of the monthly total. If the balance is less than \$25. remaining credit will be motional credits will be applied to customer's account and remain wild only for accounts remaining in serve comes inactive for any reason prior to receiving the full amount, any remaining credits will be forletted. Offer ied or discontinued at any time and may not be combined with other limited time differs. Offer not redeemat to cash value and is not romsfarelise or refundable. Offer cannot be redeemed in retail locations.



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Holiday Fun with a Joyful POP

FAMILY FEATURES

ith countless ways to enjoy the holiday season from decorating and hosting parties to wintertime activities, it's a perfect time to bring family and friends together for some festive fun. One simple ingredient can be your go-to for just about any tradition: popcorn, which is an inexpensive, versatile, whole grain that makes holiday occasions better.

Consider these simple seasonal ways you can let popcorn fuel your holiday adventures.

Decorate

Strings of popcorn and cranberries add a nostalgic touch to the family tree while making popcorn trees adds whimsy to the table. Before stringing popcorn, let it sit out for a day or two as freshly popped popcorn may be too fragile to thread without breaking. Push a threaded needle through the center of each kernel then pull the kernel to the end of the knotted thread, adding an occasional cranberry, if desired. Festive trees can be made using popcorn mixed with melted marshmallows then shaped and finished with sprinkles.

Give It as a Gift

If it's your turn to host this year's holiday party, popcorn makes for a perfect party favor. Pop up a delicious treat like these Cranberry Popcorn Balls, place them in pretty jars or neatly wrap them then finish each with a bow. For an added touch, include the recipe instructions and popcorn kernels in a separate container so your guests can make it at home.

Enjoy It as a Snack

Freshly popped popcorn is a simple and delicious snack to share after a day of shopping, caroling, sledding or decorating. You can take the holiday season up a notch with creative recipes like Gingersnap Popcorn Snack Mix, White Chocolate Peppermint Popcorn Bark and Easy, Elegant Holiday Popcorn. These treats are perfect for popping up in the morning so the snacks are ready once guests arrive.

Visit Popcorn.org to find more sweet, salty and savory holiday recipe ideas.

Gingersnap Popcorn Snack Mix Yield: 2 quarts

2 quarts popped popcorn

- butter-flavored nonstick cooking spray
- 1/3 cup granulated sugar substitute
- 2 teaspoons ground ginger
- 1/2 teaspoon freshly ground nutmeg
- 1/4 teaspoon cinnamon
- 1/4 teaspoon ground cloves
- 1/8 teaspoon freshly ground black or white pepper

Preheat oven to 325 F.





nonstick cooking spray.

In small bowl, combine sugar substitute, ginger, nutmeg, cinnamon, cloves and freshly ground pepper; sprinkle evenly over popcorn.

Spray again with nonstick cooking spray and toss to coat evenly. Bake 7 minutes and serve warm.



e Chocolate Peppermint Popcorn Bark

White Chocolate Peppermint Popcorn Bark Yield: 1 pound

5 cups popped popcorn

- 12 ounces white chocolate baking chips, chopped white chocolate or white candy coating
- 1 cup crushed hard candy peppermints

Cover baking pan with foil or wax paper; set aside. Place popcorn in large bowl; set aside.

In double boiler over barely simmering water, melt chocolate, stirring until smooth, or melt according to package directions.

Stir in crushed peppermints after chocolate is melted. Pour chocolate mixture over popcorn mixture and stir to coat. Spread onto prepared pan; cool completely.

When chocolate is cooled and set, break into chunks for serving. Store in airtight container at room temperature.

Gingersnap Popcorn Snack Mix

Easy, Elegant Holiday Popcorn Yield: 8 cups

8 cups popped popcorn 1/2 cup milk chocolate chips 1/2 cup white chocolate chips candy sprinkles

On serving platter, spread popcorn in thin layer. Over double boiler or in

microwave, melt milk chocolate chips. Drizzle over popcorn. Över double boiler or in microwave, melt white chocolate chips. Drizzle over popcorn. Sprinkle candy sprinkles over warm, chocolate-coated popcorn. Allow drizzles to set until firm.



Easy, Elegant Holiday



Cranberry Popcorn Balls Yield: 18 balls

- 2 cups sugar
- 1 cup whole berry cranberry
- sauce, slightly mashed 1 tablespoon grated orange peel
- 1/2 cup cranberry juice
- 1/2 cup light corn syrup
- 1 teaspoon vinegar
- 1/2 teaspoon salt 5 quarts unsalted popped popcorn

In heavy saucepan, combine sugar, cranberry sauce, orange peel, cranberry juice, corn syrup, vinegar and salt. Bring to boil; lower heat and cook to 250 F on candy thermometer.

Mixture will bubble in pan; watch to keep from boiling over.

- Pour slowly onto hot popcorn and mix until well-coated.
- Let stand 5 minutes, or until mixture can easily be formed into balls.
- Butter hands and form into 3-inch balls.

Cranberry Popcorn Balls



Have a favorite recipe you want to share? Send it to news@thepaper24-7.com

Pair **Soup and Sandwich** for a Warming Winter Meal

FAMILY FEATURES

ool winter days and their cold, crisp air call for a quick warmup in the form of a classic combo: soup and sandwich. Next time you need warmed up from the inside out, go for a homemade pairing that brings together a cheesy handheld and hearty minestrone.

When you sit down for a wintertime meal with the family, Gourmet Grilled Cheese with Aunt Nellie's

Gourmet Grilled Cheese with Pickled Beets

Recipe courtesy of "Carlsbad Cravings" Prep time: 60 minutes

Caramelized Onions:

- 3 tablespoons butter
- 3 tablespoons olive oil
- 3 large yellow onions, halved, sliced 1/4-inch thick
- 1-2 tablespoons water (optional)
 - 1 tablespoon brown sugar
- 1 tablespoon balsamic vinegar
- 1/8 teaspoon salt
- 1/8 teaspoon pepper
- 1/8 teaspoon red pepper flakes

Sandwiches:

- 8 large sourdough slices, 1/2-inch thick
- 1/3 cup mayonnaise
- 4 ounces fresh goat cheese, at room temperature
- 8 ounces shredded gruyere cheese, at
- room temperature
- 1 jar Aunt Nellie's Sliced Pickled Beets (about 32 beets)
- 2 cups baby arugula
- 2 tablespoons butter, divided
- 2 tablespoons olive oil, divided

Pickled Beets provides the comfort you crave with caramelized onions, gooey melted cheese and toasted sourdough. Slowly simmered to savory perfection, 3-Bean Tortellini Minestrone – powered by READ 3-Bean Salad – plays the ideal complement to the griddled sandwiches as a filling soup without the hassle.

To find more comforting meal ideas made for combatting the cold, visit AuntNellies.com and READSalads.com.

To make caramelized onions: In Dutch oven over medium-high heat, melt butter and olive oil. Add onion and cook, stirring occasionally, 5 minutes then reduce heat to medium.

Cook until onions are caramelized and rich, deep golden brown, about 25 minutes, stirring often. Turn heat to medium-low or add water if onions are dry or start to scorch before caramelizing.

Add sugar, balsamic vinegar, salt, pepper and red pepper flakes; cook 1 minute. Onions should be jammy and darkly caramelized when done. Remove to plate to cool.

To make sandwiches: Spread out bread slices on flat surface. Spread thin layer of mayonnaise on one side of each bread slice.

Turn four bread slices over and spread goat cheese on plain side. Top goat cheese with gruyere, even layer of beets, caramelized onions and arugula. Top with remaining bread, mayo side out. Secure with toothpicks, if desired.

In large skillet over medium-low heat, melt 1 tablespoon butter with 1 tablespoon olive oil. Add two sandwiches, cover and grill until bottom of bread is toasted, about 5-7 minutes, and cheese starts melting, checking often. Flip and cook, uncovered, until cheese is melted and bottom of bread is toasted.

Repeat with remaining sandwiches.



3-Bean Tortellini Minestrone Recipe courtesy of "Joy of Eating" 9-10 ounces refrigerated cheese tortellini 2 cups baby spinach jarred pesto, for serving (optional)



Prep time: 20 minutes Cook time: 25 minutes

- 1 can (15 ounces) READ 3-Bean Salad
- 1/2 cup extra-virgin olive oil
- 1/2 medium yellow onion, diced
- 3 peeled garlic cloves, minced
- 2 pinches salt, plus additional to taste, divided
- 1 teaspoon Italian seasoning
- 1/4 teaspoon black pepper, plus additional to taste, divided
- 3 small carrots, trimmed, peeled and diced
- 2 celery stalks, trimmed and diced
- 1 medium zucchini, diced
- 1 can (28 ounces) diced tomatoes, undrained
- 1 Parmesan rind (optional)
- 6 cups low-sodium vegetable broth

Drain and rinse bean salad; set aside.

In large pot over medium heat, heat olive oil. Add onions, garlic and 1 pinch salt; saute until translucent, 3-4 minutes. Stir in Italian seasoning and 1/4 teaspoon black pepper. Cook until fragrant, about 1 minute. Add carrots, celery and zucchini with remaining pinch salt. Cook, stirring occasionally, until vegetables are crisp tender, 5-7 minutes.

Stir in tomatoes. Add Parmesan rind, if desired. Cook about 10 minutes until most tomato juice evaporates. Pour in vegetable broth. Bring to boil. Add tortellini; cook 2 minutes, or just until tender. Stir in bean salad and spinach. Cook 2-3 minutes to heat through.

Season with additional salt and black pepper, to taste. Serve garnished with pesto, if desired.









Sunday, Dec. 18, 2022

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Invite Songbirds To Your Winter Garden

By Melinda Myers

Winter has many birds searching for food. Lend a helping hand by starting, continuing, or expanding your bird-feeding efforts.

If you are not able to plant a shepherd's crook in the ground to hang your feeder, look for other options. Sturdy tree branches, hooks and supports used for summer hanging baskets, and deck railings are a few possibilities.

Recycle your Christmas tree into a bird shelter and feeder after the holidays. Move it outdoors and decorate it with slices of oranges, strands of cranberries, and other songbird treats.

Place bird feeders within three feet and no more than 30 feet away from your home to reduce the risk of deadly window collisions. Further reduce the risk by hanging streamers in front of the windows or placing decals on the windows.

Select locations with nearby trees and shrubs that provide songbirds with a quick escape from predators. Avoid low-growing shrubs that provide cover for outdoor cats that kill over a billion songbirds each year.

Avoid excessively windy, wet, or otherwise exposed areas that may discourage birds from visiting your feeders.



Photo courtesy of MelindaMyers.com

Use a variety of feeders and seeds to attract a diverse group of birds.

freezing. As always, it is important to keep your birdbath clean.

Purchase quality birdseed mixes. These may cost more but contain a higher percentage of seeds the birds like to eat. This means more quality seed for each dollar spent. Many cheaper brands fill their mixes with milo, oats, and wheat that the birds tend to discard in favor of more desirable seeds in the mix.

Use a variety of seeds and feeders to attract a diverse group of birds. And don't forget about ground feeders like juncos, quails, and mourning doves. Black oil sunflower seeds are a favorite of cardinals, buntings, chickadees, finches, grosbeaks, jays, juncos, nuthatches, titmice, and woodpeckers. They

are also a favorite of squirrels. Install squirrel baffles if you don't want these critters devouring all your bird seed. Or use safflower seeds instead to keep cardinals, grosbeaks, finches, doves, and sparrows happy instead of the squirrels.

Nyjer thistle is a favorite of finches, goldfinches, siskins, and buntings. Purchase fresh seed and use a feeder that keeps it dry. Finches and others will tend to avoid stale and wet Nyjer thistle seed. White millet is another popular seed and a favorite of ground feeders such as juncos, siskins, and towhees. You will also find cardinals, finches, grosbeaks, and sparrows feasting on them. Nuts and cracked corn attract Jays, woodpeck-

ers, nuthatches, and brown creepers. Mix them with other seeds or include a specially designed nut feeder in your landscape.

Suet is an excellent food for woodpeckers, nuthatches, chickadees, and jays. You may even find other birds like wrens and cardinals visiting your suet feeders.

Help the birds find new sources of food by sprinkling some seed on the ground near the feeders. If birds dine on the scattered seed but still don't visit the feeders, keep leading them closer with additional seed.

Keep your feeders clean and filled so the birds know there is a reliable source of food. If your feeders go empty, it may take a few days to attract them back to your yard.

Evaluate your existing landscape and look for opportunities for adding new plants that provide food, shelter, and nesting spaces for birds. Creating a more bird-friendly landscape helps increase the number and variety of winged visitors. Their presence adds color and motion to the winter landscape and watching them will help lift your spirits.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www. MelindaMyers.com.

Tips On How To Minimize **Holiday Clutter**

prevents items from fall-

ing over and is easy to

wipe clean without hav-

ing to remove the Lazy

Susan from the cabinet.

decluttering drawers and

Litman also suggests

stocking up on to-go

containers so you can

Store the Décor

an excess of bows,

leftovers.

and tidy.

send guests home with

There will likely be

ribbons, gift bags, tape,

paper around your home

Instead of using a cabinet

or drawer to store these

items, Litman suggests

organizer in the closet

and using the compart-

over, Litman says to

breakables in bubble

ing until next year.

store small ornaments

in egg cartons and wrap

cushioning for safekeep-

Make Way for Play

All of the gift wrap

new toys that need to

be stored. Before the

holidays begin, Litman

says to go through your

little one's playroom and

donate items they no lon-

means the kids will have

hanging an over-the-door

ments to keep extras neat

When the holidays are

scissors and wrapping

in the coming months.

(StatePoint) 'Tis the season for fun and festivities, which means more party attire, kids' toys and decorations coming into the home. Family organizing expert Jessica Litman, the CEO and founder of The Organized Mama, shares her tips to keep your space clean and under control during the holidays.

Clear the Countertops "When the party invitations, gift lists and schedules start to pile up in the kitchen, it's time to designate one area where everything should

go," Litman says. "This will make it easier to keep the counters clear and for everyone in the family to know where to find their things before running out the door."

Litman says to collect all the papers and store them in a tray. For a DIY organizing system, try hanging a couple of clipboards on the wall in the entryway to hold important reminders and leave messages, or empty out a drawer and use shallow baking pans as bins for each person to place their grab-andgo items.

Prep for Cooking and Cleaning

With all the time spent out of D1

Provide a bit more shelter from the elements by fastening an evergreen bough above the feeder.

Add a source of water to support and attract a wide variety of birds. Those in colder areas will need a bubbler, heater, or aerator to prevent the water from

Make These Lifestyle Changes To **Boost Savings In The New Year**

Americans have been wrestling with inflationary pressures all year. As the New Year approaches, millions of individuals and families have set resolutions to save more money.

"Looking to boost your savings is a worthy goal. But to make it work, you have to take small steps that add up to big change over time," said Amy Maliga, financial educator with Take Charge America, a nonprofit credit counseling and debt management agency. "By exploring a few small changes in your day-to-day life, you can curb spending and put more money in your savings throughout 2023."

Maliga explains several changes with a financial impact:

• Start living on a budget. When you have a clear picture of your income and expenses, you can make any needed changes to prioritize or improve your savings. Use paper and pencil, a spreadsheet or one of numerous apps like PocketGuard or Mvelopes to track your spending. Try for 30 days to get a sense of where you can save.

• Deposit cash-back rewards. If you have a cash-back credit card, deposit your rewards directly into your savings account. This way, every time you use your card, you'll automatically add to your savings. Just be sure to pay off your card balance on time every month.

• Upgrade your bank account. If your existing savings account isn't yielding much interest, shop around for an account with a better rate. A higher rate can help

you reach your savings goals more quickly. Paying too many fees for your checking account? Research free checking account options that can help you save even more.

• Declutter your email. Tempted by too many emails from your favorite retailers? Go through and unsubscribe to eliminate the temptation. Do it manually or use email decluttering services like Unroll.Me and Clean Email to unsubscribe from unwanted emails quickly and easily.

• Compare prices. Spending a few minutes to compare prices can save you money in the long term. Use apps like ShopSavvy or BuyVia when out shopping to scan barcodes and find the best price. When shopping online, install browser extensions like

Honey and Invisible-Hand that alert you of a lower price for an item you're about to buy. They also find sales and promo codes to ensure you're getting the best deal.

For additional money-saving resources, explore Take Charge America's Budget Tools. About Take Charge

America, Inc. Founded in 1987,

Take Charge America, Inc. is a nonprofit agency offering financial education and counseling services including credit counseling, debt management, housing counseling and bankruptcy counseling. It has helped more than 2 million consumers nationwide manage their personal finances and debts. To learn more, visit takechargeamerica.org or call (888) 822-9193.

in the kitchen cooking, baking and cleaning up after family parties, make sure that you're set up for easy maintenance.

A Lazy Susan is a great way to create more room in a cabinet and store ingredients and utensils in one place for quick access, while keeping the mess to a minimum. Litman suggests lining it with the Duck brand Smooth Top EasyLiner Lazy Susan Kit to keep surfaces free from sticky residue. The pre-cut, circular shaped liner is simple to install,

ger use or have grown

Once the room is clear of clutter, wipe and line storage bins and cubbies with machine-washable EasyLiner with Clorox. The liner contains antimicrobial protection that resists the growth of odor-causing mold and mildew, keeping surfaces spotless throughout the cold season and ensuring there is always a tidy spot to put holiday crafts, games and puzzles.

Following these simple tips will allow you to enjoy neat spaces all season long.

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IEDC Continues 5E Focus, Forms New Partnership With Research Institute

The Indiana Economic **Development Corporation** (IEDC) today announced a new partnership with the **Applied Research Institute** (ARI), also known as the Indiana Innovation Institute (IN3), to become a trusted partner on innovation strategy and federal programs execution. Under this new partnership, new leadership and an expanded mission, ARI aims to accelerate the IEDC's goal of facilitating conditions for higher wage opportunities rooted in a diverse, resilient and future-focused economy.

Indiana Secretary of Commerce Brad Chambers also announced that effective Dec. 22, 2022, Dave Roberts, IEDC executive vice president of entrepreneurship and innovation, will transition into his new role as the CEO of ARI.

"The market continues to evolve and innovate," said Sec. Chambers. "Indiana's enhanced focus and partnership with ARI will support Indiana's unprecedented momentum in securing innovative investments supporting higher wage careers. Dave Roberts is uniquely qualified to lead that effort, as he understands the foundation we have built and the assets we possess to become the premier destination for transformative innovators. Partnering with ARI enables us to play economic offense working on disruptive opportunities that will fundamentally alter the trajectory of our state's economy for decades to come."

ARI will continue to operate as a 501(c)(3) with statewide focus as it pursues catalytic federal funding opportunities, promotes industry-led, public-private partnerships and secures commitments from businesses and Indiana's major research universities to invest in and around the West-Gate Technology Park. ARI's priority areas for federal funding opportunities include securing funding for non-coastal regional tech hubs, attracting semiconduc-



tor manufacturing and training opportunities, and helping establish a landmark hub for clean hydrogen fuel. These lines of effort will augment ARI's existing federal contracts, which provide credible past performance history on which future partners can rely.

rely. "With all that Indiana has going for it, we are ideally positioned to be at the forefront of securing federal funding that will continue to create an economic landscape that is the envy of the Midwest," said Roberts.

"ARI's partnership with IEDC and the state will enable us to leverage Indiana's assets and help fulfill Sec. Chambers' vision to build the economy we want by creatively promoting growth in sectors that make up the economy of the future."

Moving forward, ARI will operate under a new professional services agreement with the IEDC, in a similar capacity as Elevate Ventures in that both organizations operate in close alignment with the IEDC, but both are independent entities. Elevate Ventures will continue to focus on developing Indiana's entrepreneurship culture, and ARI will focus on innovation initiatives which position Indiana to move quickly in pursuit and capture of federal opportunities. This includes coordination of efforts such as the Battery Innovation Center, Emerging

Manufacturing Collaboration Center and 5G lab.

IEDC Vice President of Technology Engagement, Brooke Pyne, will join Roberts at ARI. The new ARI board of directors will include Sec. Chambers, Thompson Distribution Company Inc. CEO John Thompson, Indiana University President Dr. Pamela Whitten, Purdue University President-elect Dr. Mung Chiang, and Regional Opportunity Initiatives President and CEO Tina Peterson. About ARI:

Applied Research Institute (ARI), also known as Indiana Innovation Institute) works with academia, industry and government to create a hub of national security innovation that helps solve critical defense priorities. ARI connects regional, state and national partners through a variety of means including convening research and business teams to solve emerging technical challenges for the U.S. Department of Defense.

ARI is focused on hypersonics, cyber-physical systems, trusted microelectronics, additive manufacturing and artificial intelligence.

Learn more at www.in3indiana.com and follow them on Twitter @IN3indiana and LinkedIn.

About IEDC:

The Indiana Economic **Development Corporation** (IEDC) is charged with growing the State economy, driving economic development, helping businesses launch, grow and locate in the state. Led by Secretary of Commerce Brad Chambers and governed by a 15-member board chaired by Governor Eric J. Holcomb, the IEDC manages many initiatives, including performance-based tax credits, workforce training grants, innovation and entrepreneurship resources, public infrastructure assistance, and talent attraction and retention efforts. For more information about the IEDC, visit iedc.in.gov.

Holcomb Announces \$22B In 2022 In Capital Commitments



Gov. Eric Holcomb

This week, Indiana Gov. Eric Holcomb announced the end of a sixth consecutive record-breaking year for economic development in Indiana. In 2022, 218 companies committed to locate or expand in Indiana, investing more than \$22.2 billion in their operations and creating 24,059 new jobs.

"Indiana's economy is firing on all cylinders," Holcomb said. "These investments and job commitments will transform our high-tech industries and ensure that Hoosiers are at the forefront of the 21st century economy. Our strategic focus on advancing entrepreneurship, innovation and quality of place is igniting our neighborhoods and communities statewide, providing more opportunities for Hoosiers and their families to thrive."

Capital investment commitments in 2022 grew by more

than 260 percent, unprecedented in the state's history. Job commitments in 2022 come with an average wage of \$34.71, which is 27 percent more than the state's average wage. This marks the highest capital investment and annual record for average wages since the Indiana Economic Development Corporation was established in 2005.

"Indiana continues to lead in building the economy of the future," said Secretary of Commerce Brad Chambers. "Our strategic initiatives and focus are attracting first-oftheir-kind investments from innovative businesses around the world while enabling growth and innovation in future-looking industries like semiconductor fabrication and design, electric vehicles and batteries, life sciences, agbiosciences and future industry. These efforts will pay dividends for generations to come, creating high-value, high-quality jobs in our communities.

A key component of Holcomb's economic roadmap is ensuring that Indiana is at the center of the future, global economy. The strategic vision is a focus on building an economy of the future with next-gen industry, investing in the jobs of tomorrow, retaining and attracting top talent and in creating a quality of place that provides more opportunities for all Hoosiers.

Indiana's November 2022 Employment Report

Indiana's unemployment rate in November remains at 3.0%, according to the Indiana Department of Workforce Development. By comparison, the national unemployment rate in November remains at 3.7%.

In addition, Indiana's labor force participation rate is 63.2% for November, remaining above the national rate of 62.1%. Indiana's total labor force, which includes both Hoosiers employed and those seeking employment, stands at 3,394,935 - a decrease of 2,463 from the previous month.

Private sector employment in Indiana increased by 9,000 jobs over the last month, translating to a gain of 74,500 jobs from this time last year. Indiana once again is experiencing a peak in

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private employment, which now stands at 2,791,500. Industries that experienced job increases in November included:

• Leisure and Hospitality (+3,000);

• Trade, Transportation and Health Services (+2,200);

Private Educational and Health Services (+1,300);
Financial Activities (+700);

and

• Construction (+600). As of Dec. 1, 2022, there were 136,243 open job postings throughout the state. In November, 17,109 people in Indiana received unemployment benefits.

Individuals looking for work, training or career advice are encouraged to visit NextLevel-Jobs.org.

THE DOCK

Smart Concrete From Purdue Named A Next Big Thing In Tech By Fast Company Magazine

Interstates across the country boast an innovative concrete technology that promises to save American travelers time and money. This "smart concrete" can communicate with engineers about its strength, weakness and need for repair - making road repair more efficient and preventing unnecessary shutdowns. Developed at Purdue University, the innovation is earning attention and has now been named one of the Next Big Things in Tech by Fast Company magazine.

Chosen from a pool of nearly 1,400 applicants, 124 final projects across 21 categories were selected for already making an impact on a real-world problem while also showing promise to make a greater impact in the years to come. Among large corporations and small startups, Purdue is the only university represented on the list.

Purdue shares the Transportation stage with organizations like ClearFlame Engine Technologies, which enables active heavy trucks to shift away from diesel fuel, and Walmart-backed DroneUp, a leader in aerial drone delivery.

Developed by Luna Lu, the American Concrete Pavement Association Professor of Civil Engineering in Purdue's Lyles School of Civil Engineering, smart concrete works via sensors embedded into the pour during construction. The "smart" factor involves telling engineers, via smartphone app, when the concrete has reached maximum strength after construction or when it is beginning to break down.

"Traffic jams caused by infrastructure repairs have wasted 4 billion hours and 3 billion gallons of gas on a yearly basis," Lu says. "This is primarily due to insufficient knowledge and understanding of our infrastructure's condition."

Fast Company states that the self-aware concrete may "provide highway users with a gift that will keep on giving." Intelligent infrastructure, like roadways that feed us data, is a fairly new field, and Lu and her team already have a running (or rolling) start.

According to Lu, who is also director of the Center for Intelligent Infrastructure, digitally improved roadways may cut down on construction, be better for the environment and be more adaptive to future needs as vehicles continue to evolve.

Prototypes of the sensors have been in place throughout Indiana highways since 2019, thanks to Purdue partnerships with the Indiana Department of Transportation. A Federal Highway Administration nationwide pooled fund has allowed seven other states to join the project.

To improve the tech's transfer to market. Lu founded WaveLogix, a startup focusing on Internet of Things sensing systems for infrastructure monitoring. Lu has disclosed the work to the Purdue Research Foundation Office of Technology Commercialization, where she also licensed it to create WaveLogix. Under Lu, the startup recently received National Science Foundation support and recognition from the American Society of Civil Engineers.

The recognition complements Purdue's recent honor as, for the second year in a row, the only university on Fast Company's 2022 list of Brands That Matter. Through accessible education and innovative, transferable technology, Purdue continues to ask, What can you imagine?

For more about Luna Lu and the future of smart concrete sensor technology from Purdue:

• Science to reveal how long highway construction should actually take

• Enabling highways and bridges to prevent their own damage

• Purdue Expert: Smart Roads (video)

• Expert: Roads need to be 'smart.' Here's why.

• Tech startup WaveLogix receives federal SBIR grant to develop its IoT sensors for concrete strength monitoring

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The Indiana Chamber Announces Coolest Thing Made In Indiana Champ

At the first Best IN Manufacturing luncheon today, the Indiana Chamber of Commerce celebrated that thriving industry by honoring the makers that have risen to the top in the Coolest Thing Made in Indiana competition and Indiana's Best Places to Work in Manufacturing program.

"The importance of Hoosier manufacturers cannot be overstated. They create the goods that sustain individuals and businesses all across the state. And the products make their way throughout the nation and around the world," says Indiana Chamber President and CEO Kevin Brinegar.

The second Coolest Thing Made in Indiana contest wound up being a battle of Kosciusko County. In the end, online voters crowned Maple Leaf Farms – and its roast half duck – of Leesburg the champion and Polywood of Syracuse – the maker of a 12-piece pit sectional – the runner-up.

Founded in 1958, Maple Leaf Farms has grown to 900 employees and produces about 40% of the nation's duck supply. The winning entry, the roast half duck, is a fully cooked dish that both saves chefs time and allows consumers to create a restaurant quality meal at home for their families, according to the company. Joining Maple Leaf Farms and Polywood in the semifinals were Hiker Trailers in Columbus and Kidstuff Playsystems in Gary. Rounding out the top eight: Grinds Coffee Pouches in Westfield, Hard Truth Distilling Co. in Nashville, Hudson Aquatic Systems in Angola and Wag'n Tails Mobile Conversions in Granger. The field began with 54 makers that represented 43 Hoosier communities and a wide variety of products made - from racing tires to children's car seats to wine and video notes - and even Batmobile replicas.



that grow and make all kinds of things," he enthuses. "We are thrilled to recognize and bring attention to some of the state's best and most innovative manufacturers. We especially congratulate Maple Leaf Farms on its well-deserved victory."

Learn about all the companies in the tournament at www.indianachamber.com/coolestthing.

An online randomizer generated the initial Coolest Thing Made in Indiana matchups, with online voting determining the winners in each round. There was no entry fee to participate. A company did not need to be headquartered in Indiana, but the product submitted had to be manufactured in the state.

The inaugural Indiana's Best Places to Work in

nies range in Hoosier employee count from 39 to over 7,600. The list by ranking:

 Kalenborn Abresist Corporation in Urbana
 Nucor Steel Indiana

in Crawfordsville 3. IBC Materials & Technologies LLC in

Lebanon 4. Nix Companies in

Poseyville 5. Nexxt Spine LLC in Noblesville

6. CrossPoint Polymer Technologies LLC in Evansville

7. Oliver Winery in Bloomington

8. Wag'n Tails Mobile Conversions in Granger 9. Major Tool and Machine in Indianapolis

10. MCP USA, Inc. in Portage

11. SMC Corporation of America in Nobles-ville

12. Lippert in Elkhart 13. Functional Dev es, Inc. in Sharpsville 14. Kelco Industries in Fremont Wag'n Tails Mobile Conversions pulled off a double - also being honored as a Coolest Thing Made in Indiana company quarterfinalist. **Recognized Best Places** companies were determined through employer reports and comprehensive employee surveys. The Workforce Research Group handled the selection process. Learn more about Indiana's Best Places to Work in Manufacturing in the current issue of BizVoice magazine at www.bizvoicemagazine. com. Best IN Manufacturing sponsors are spirit sponsor Purdue Manufacturing Extension Partnership (MEP); gold sponsor Gibson; and silver sponsors Evonik Corporation, Insperity, Nucor Steel Indiana, SMC Corporation of America and The Horton Group



Inflation Pressures Ease Slightly

Inflation remains the top business problem for small business owners, with 32 percent of owners reporting it as their single most important problem in operating their business, five points lower than July's highest reading since the fourth quarter of 1979. The Small Business Optimism Index rose 0.6 points in November to 91.9. November's reading is the 11th consecutive month below the 49-year average of 98.

"Indiana's small business economy is recovering, but owners are still facing labor issues throughout the state," said Natalie Robinson, NFIB State Director in Indiana. "Many employers say finding the right people with the right skills is still a challenge as the new year approaches. This is especially troubling as small businesses continue dealing with inflation that's affecting the price of everything from raw materials to their monthly rent.'

Key findings include: * Owners expecting better business conditions over the next six months improved three points from October to a net negative 43%, a recession reading. * Forty-four percent of owners reported job openings that were hard to fill, down two points from October, but historically high and not typical of a recession period.

Fifty-five percent of owners reported capital outlays in the last six months, up one point from October. Of those making expenditures, 39 percent of owners reported spending on new equipment, 19 percent acquired vehicles and 12 percent improved or expanded facilities. Eleven percent spent money for new fixtures and furniture and 5 percent acquired new buildings or land for expansion. Up one point from October, 24 percent plan capital outlays in the next few months. Overall, capital spending remains too weak to improve productivity.

A net negative 7 percent of all owners (seasonally adjusted) reported higher nominal sales in the past three months. The net percent of owners expecting higher real sales volumes improved five points to a net negative 8 percent, a weak reading.

The net percent of owners reporting inventory increases rose six points to a net 5 percent. Nineteen percent reported increases in stocks and 14 percent reported reductions.

Twenty-nine percent of

Unadjusted, 8 percent of owners reported lower average selling prices and 56 percent reported higher average prices. Price hikes were the most frequent in wholesale (73 percent higher), retail (69 percent higher, 7 percent lower), construction (66 percent higher, 5 percent lower), and manufacturing (63 percent higher, 5 percent lower). Seasonally adjusted, a net 34 percent plan price hikes.

Seasonally adjusted, a net 40 percent reported raising compensation, down four points from October. A net 28 percent of owners plan to raise compensation in the next three months, down four points from October's reading. Nine percent of owners cited labor costs at their top business problem and 21 percent said that labor quality was their top business problem.

The frequency of reports of positive profit trends was a net negative 22 percent. Among owners reporting lower profits, 29 percent blamed the rise in the cost of materials, 25 percent blamed weaker sales, 10 percent cited labor costs, 9 percent cited lower prices, 6 percent cited the usual seasonal change and 3 percent cited higher taxes or regulatory costs. For owners reporting higher profits, 57 percent credited sales volumes, 15 percent cited usual seasonal change, and 12 percent cited higher prices. Two percent of owners reported that all their borrowing needs were not satisfied. Twenty-two percent reported all credit needs were met and 62 percent said they were not interested in a loan. Three percent reported that financing was their top business problem, up two points and the highest since December 2018. The NFIB Research Center has collected Small Business Economic Trends data with quarterly surveys since the 4th quarter of 1973 and monthly surveys since 1986. Survey respondents are randomly drawn from NFIB's membership. The report is released on the second Tuesday of each month. This survey was conducted in November 2022.

Brinegar reports the battles were often fierce, with thousands of votes cast in every round.

"Indiana is fortunate to be home to companies Manufacturing program saw 14 companies recognized with Kalenborn Abresist Corporation of Urbana coming in at the very top. The Wabash County company develops and manufactures custom solutions for the protection of industrial facilities from wear and impact damage to ensure the proper flow of materials in the production process.

"Manufacturing workplaces must adhere to various safety and other regulations. Every company on the list not only is committed to those standards but goes above and beyond for its workers and is a leader in its community," Brinegar offers.

"Kalenborn Abresist, in particular, showed how it values its employees and frequently recognized them and jobs well done."

The 2022 Indiana Best Places to Work in Manufacturing compa* The net percent of owners raising average selling prices increased one point to a net 51% seasonally adjusted, a high reading but lower than earlier this year.

* The net percent of owners who expect real sales to be higher improved five points from October to a net negative 8%, a weak economic reading.

As reported in NFIB's monthly jobs report, 44 percent of all owners reported job openings they could not fill in the current period. The difficulty in filling open positions is particularly acute in the transportation, wholesale, and construction sectors. Owners' plans to fill open positions remain elevated, with a net 18% (seasonally adjusted) planning to create new jobs in the next three months.

owners recently reported that supply chain disruptions have had a significant impact on their business. Another 34 percent report a moderate impact and 26 percent report a mild impact. Only 11 percent report no impact from recent supply chain disruptions.

A net negative 2 percent of owners viewed current inventory stocks as "too low" in November, down two points. By industry, shortages were the most frequent in wholesale (18 percent), manufacturing (14 percent), transportation (12 percent), and retail (11 percent). Shortages in construction (9%) have been reduced because of home sales and new construction have slowed. Down six points from October, a net negative 4 percent of owners plan inventory investment in the coming months. Overall. Inventories are starting to build, but only modestly to date.

The net percent of owners raising average selling prices increased one point from October to a net 51 percent seasonally adjusted.



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FAITH

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Church

Service: Sunday 10:30 am

Children's Church

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Pastor Steve Lee and his wife, Tamara, invite you all to their spirit-filled church

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Wednesday Evening Bible Study 7 pm

Saturday evening (speaking spanish service) at 7 pm



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Services: Thursday night at 6:30

Pastor Dr. David Boyd

John 3:16

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Sunday School 9:00 AM

Pastor Clint Fink

Email: lindenum@tctc.com

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Service Times:

Sunday 10:30 a.m.

Starting August 1: 10 a.m. Sunday School 11 a.m. Worship

Wednesday 6:30 Bible Study

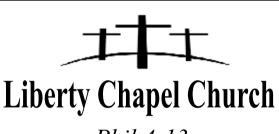


Fremont Street Baptist Church

1908 Fremont St • Crawfordsville Sunday school 9:30 am Church 10:30 am

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> We Exist to Worship God, Love One Another & Reach Out to Our Neighbors



Phil 4:13

Church Services:

Sunday School 9 am

Church 10 am

Wednesday Children's Awana Program 6 pm-8 pm



Garfield Apostolic Christian 4485 E 300 N • Crawfordsville

> **Services** Sunday at 10 am

Tuesday Prayer Meeting 6 pm - 7 pm

Thursday Bible Study 6:30 pm - 8 pm



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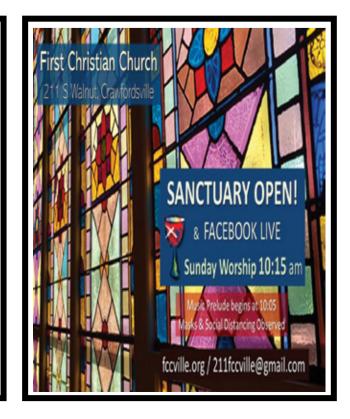
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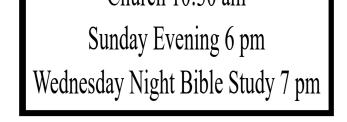
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Romans 15:13

Follow us on Facebook

Sunday school 9:30 am Church 10:30 am Wednesday Bible Study 4 pm





Can be watched on channel 3

All are welcome to join and all are loved by God



FAITH

Crossroads



Apostolic:

Garfield Apostolic Christian Church Rt. #5, Box 11A, Old Darlington Road 794-4958 or 362-3234 Worship: 10:30 a.m. Sunday School: 9:30 a.m. Wednesday Bible Study: 6:30 p.m. Pastor Vernon Dowell

Gateway Apostolic (UPCI) 2208 Traction Rd 364-0574 or 362-1586 Sunday School: 10 a.m.

Moriah Apostolic Church 602 S. Mill St. 376-0906 10 a.m. Sunday, 6 p.m. Wednesday Worship: 9:30 a.m. Sunday School is 10:45 a.m. Wednesday Bible Study: 7 p.m. Pastor Tim Gillespie

Fremont St. Baptist Church 1908 E. Fremont St. 362-2998 Sunday School: 10 a.m.

Sunday School: 10 a.m. Worship: 11 a.m.; 6 p.m. Pastor Dan Aldrich

Friendship Baptist Church U.S. 136 and Indiana 55 362-2483 Sunday School: 9:15 a.m. Worship: 10:30 a.m.; 6 p.m. Wednesday Bible Study: 7 p.m. Friendshik Kide for Christ: 6 n.m. 211 S. Walnut St. 362-4812 SUNDAY: 9:22 a.m. Contemporary Café worship

9:30 a.m. Adult Sunday School 10:40 a.m. Traditional Worship WEDNESDAY: 5-7 a.m. Logos Youth Dinner & Program Pastor: Rev. Darla Goodrich

Ladoga Christian Church 124 W. Elm St. 942-2019 Sunday School: 9 a.m. Worship: 10 a.m.; 6 p.m.

Love Outreach Christian Church 611 Garden St. 362-6240 Worship: 10 a.m. Wednesday: 7 p.m. Pastors Rob and Donna Joy Hughes Sunday School: 9:30 a.m. Worship: 10:30 a.m. Pastor: Gary Edwards

Church of Christ:

Church of Christ 419 Englewood Drive 362-7128 Sunday School: 9:30 a.m. Worship: 10:30 a.m.; 6 p.m. Wednesday Bible Study: 7 p.m.

Southside Church of Christ 153 E 300 South, east of US 231 765-720-2816 Sunday Bible Classes: 9:30 a.m. Sunday Morning Worship: 10:30 a.m. Sunday Evening Worship: 5 p.m. Wednesday Bible Classes: 7 p.m. Preacher: Brad Phillips Website: southsidechurchofchristindiana.com

Worship 10 a.m.

Victory Family Church 1133 S. Indiana 47 765-362-2477 Worship: 10 a.m.; Wednesday 6:30 p.m. Pastor Duane Bryant

Lutheran:

Christ Lutheran ELCA 300 W. South Blvd. · 362-6434 Holy Communion Services: 8 a.m. and 10:30 a.m. Sunday School: 9:15 a.m. Pastor: Kelly Nelson www.christchurchindiana.net

Holy Cross (Missouri Synod)

Nazarene:

Crossroads Community Church of the Nazarene US 231 and Indiana 234 866-8180 Sunday School: 9:30 a.m. Worship: 10:30 a.m. Pastor Mark Roberts

Harbor Nazarene Church 2950 US 231 S 307-2119 Worship: 10 a.m. Pastor Joshua Jones www.harbornaz.com

Orthodox:

Holy Transfiguration Orthodox

Community Church of the Nazarene SUNDAY

Living

SUNDAY 9:00 AM: Small Group 10:15 AM: Worship 5:00 PM: Bible Study

WEDNESDAY 6:00 PM: Mid-week Service

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Sunday School/Growth Groups: 9:00 AM

Worship Service: 10:30 AM

Youth Group Wednesday at 6:30

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Pastor Clarence Lee

New Life Apostolic Tabernacle 1434 Darlington Avenue 364-1628 Worship: Sunday 10 a.m.; 6 p.m. Sunday: The Voice of Healing & Restoration on 103.9 at 9 a.m. Tuesday prayer: 7 p.m. Thursday Mid-week: 7 p.m. Pastor Terry P. Gobin

One Way Pentecostal Apostolic Church 364-1421 Worship 10 a.m. Sunday School: 11 a.m.

Apostolic Pentecostal:

Cornerstone Church 1314 Danville Ave. 361-5932 Worship: 10 a.m.; 6:30 p.m. Bible Study: Thursday, 6:30 p.m.

Grace and Mercy Ministries 257 W. Oak Hill Rd. 765-361-1641 Worship: 10 a.m.; 6 p.m. Wednesday: 6:30 p.m. Sunday School: 11 a.m. Co-Pastors Nathan and Peg Miller

Assembly of God:

Crosspoint Fellowship 1350 Ladoga Road 362-0602 Sunday Services: 10 a.m. Wednesdays: 6 :30 p.m.

First Assembly of God Church 2070 Lebanon Rd. 362-8147 or 362-0051 Sunday School: 9 a.m. Worship: 10:30 a.m.; 6 p.m. Wednesday: 6:30 p.m.

Baptist:

Browns Valley Missionary Baptist Church P.O. Box 507, Crawfordsville 435-3030 Worship: 9:30 a.m. Sunday School: 10:30 a.m.

Calvary Baptist Church 128 E. CR 400 S 364-9428 Sunday School: 9:30 a.m. Worship: 10 a.m.; 6 p.m. Wednesday Bible Study: 7 p.m. Calvary Crusaders Wednesdays: 6:45 p.m. Pro-Teen Wednesdays: 7 p.m. Pastor Randal Glenn

East Side Baptist Church 2000 Traction Rd. 362-1785 Bible Study: 9 a.m. Worship: 10 a.m.; 6 p.m. Wednesday: 6:30 p.m. Prime Time Teens, Pioneer Clubs; 6:45 p.m. :Adult Bible Study Rev. Steve Whicker

Faith Baptist Church 5113 S. CR 200 W 866-1273 Sunday School: 9:30 a.m. Worship: 10:30 a.m. and 6 p.m. Wednesday Prayer Meeting: 7 p.m. Pastor Tony Roe

First Baptist Church 1905 Lebanon Rd. 362-6504 Worship: 8:15 a.m.; 10:25 a.m. Sunday School: 9:30 a.m. High School Youth Sunday: 5 p.m.

Freedom Baptist Church 6223 W. SR 234 (765) 435-2177 Friendship Kids for Christ: 6 p.m. Pastor Chris Hortin

Ladoga Baptist Church 751 Cherry St., Ladoga 942-2460 Sunday School 9:30 a.m. Worship 10:45 a.m.; 6 p.m. Wednesday Bible Study 7 p.m. Ron Gardner, Pastor

Mount Olivet Missionary Baptist 7585 East, SR 236, Roachdale 676-5891 or (317) 997-3785 Worship: 10:30 a.m. Sunday School: 9:30 a.m. Wednesday Evening: 7 p.m. Bro. Wally Beam

New Market Baptist Church 200 S. First St. 866-0083 Sunday School: 9 a.m. Worship: 10 a.m. Children's church and child care provided

Second Baptist Church 119 1/2 S. Washington St, off of PNC Bank. 363-0875 Sunday School: 10 a.m. Worship: 11 a.m.

StoneWater Church 120 Plum St., Linden 339-7300 Sunday Service: 10 a.m. Pastors: Mike Seaman and Steve Covington

Waynetown Baptist Church Corner of Plum and Walnut Streets 234-2398 Sunday School: 9:30 a.m. Fellowship: 10:30 a.m. Worship: 11 a.m. Childrens' Church: 11:10 a.m. Pastor Ron Raffignone

Christian:

Alamo Christian Church 866-7021 Worship: 10:30 a.m.

Browns Valley Christian Church 9011 State Road 47 South 435-2590 Sunday School: 9 a.m. Worship: 10 a.m.

Byron Christian Church 7512 East 950 North, Waveland Sunday School 9 a.m. Worship Service 10 a.m.

Waynetown Christian Union Church SR 136, then south on CR 650. Sunday School: 9:30 a.m. Worship: 10:30 a.m. New phone #: 765-918-0438 New Pastor: Paul Morrison

Congregational Christian Church of Darlington 101 Academy St, P.O. Box 7 794-4716 Sunday School: 9:15 a.m. Worship: 10:30 a.m. Sunday Bible Study: 6 p.m. Wed. Prayer: 5:30 p.m. - 7 p.m., Wed Bible Study 7 p.m. Kingdom Seekers Youth Group (alternate Sundays) Pastor Seth Stultz

Darlington Christian Church Main and Washington streets 794-4558 Sunday School: 9:30 a.m. Worship: 10:30 a.m.; 6 p.m.

First Christian Church (Disciples of Christ) New Hope Chapel of Wingate 275-2304 Sunday School: 9:30 a.m. Worship: 10:30 a.m. Bible Study: 6:30 p.m., Wed. Youth Group: 5:30 p.m., Wed. Homework Class: 4:30 p.m. Wed. Thurs. Champs Youth Program: 5:30 p.m. Wed. Adult Bible Class: 6:30 p.m. Wed. Pastor Duane Mycroft

New Hope Christian Church 2746 US 231 South 362-0098 newhopefortoday.org Worship and Sunday School at 9 a.m. & 10:30 a.m.

New Market Christian Church 300 S. Third St. 866-0421 Sunday School: 9 a.m. Worship: 10 a.m. Wednesday evening: Bible Study 6:15, Youth 6:15, Choir 7:15 Pastor Gary Snowden

New Richmond Christian Church 339-4234 202 E. Washington St. Sunday School: 9:30 a.m. Worship: 10:30 a.m. Pastor John Kenneson

New Ross Christian Church 212 N. Main St. 723-1747 Worship: 10 a.m. Youth Group: 5:30-7 p.m. Wednesday Minister Ivan Brown

Parkersburg Christian Church 86 E. 1150 S., Ladoga 866-1747 Sunday School: 9:30 a.m. Worship: 10:30 a.m. Pastor Rich Fuller

Providence Christian Church 10735 E 200 S 723-1215 Worship: 10 a.m.

Waveland Christian Church 212 W. Main St. 435-2300 Sunday School: 9:30 a.m. Worship: 10:30 a.m.

Waynetown Christian Church 103 W. Walnut St. 234-2554 Worship: 10 a.m. Sunday School: 9 a.m.

Whitesville Christian Church 3603 South Ladoga Road Crawfordsville, IN 47933 (765) 362-3896 New Worship Service Time 9:00am 1st Service 10:30am 2nd Service Pastor Andy Schindler whitesvillechristianchurch.com

Woodland Heights Christian Church 468 N. Woodland Heights Dr. 362-5284 Sunday School: 9:30 a.m.. Worship: 8:15 a.m. (traditional); 10:30 a.m. (contemporary) Student Ministry: 5 p.m., Sunday Pastor Tony Thomas

Young's Chapel Christian Church Rt. 6, Crawfordsville 794-4544

Church of God:

First Church of God 711 Curtis St. 362-3482 Sunday School: 9:30 a.m. Worship: 10:30 a.m.; 6 p.m. Pastor Chuck Callahan

Grace Avenue Church of God 901 S. Grace Ave. 362-5687 Sunday School: 9:30 a.m. Worship: 10:30 a.m.; 6 p.m. Pastor Duane McClure

Community:

Congregational Christian Church 402 S. Madison St., Darlington 794-4716 Sunday School: 9:15 a.m. Worship: 10:30 a.m.

Crawfordsville Community Church Fairgrounds on Parke Ave. Crawfordsville 794-4924 Worship: 10 a.m. Men's prayer group, Mondays 6:30 p.m. Pastor Ron Threlkeld

Gravelly Run Friends Church CR 150 N, 500 E Worship: 10 a.m.

Harvest Fellowship Church CR 500 S 866-7739 Pastor J.D. Bowman Worship 10 a.m.

Liberty Chapel Church 500 N CR 400 W 275-2412 Sunday School: 9 a.m. Worship: 10 a.m.

Linden Community Church 321 E. South St., Linden (Hahn's) Sunday: 9:15

Yountsville Community Church 4382 W SR 32 362-7387 Sunday School: 9:30 a.m. Worship: 10:30 a.m. Pastor Alan Goff

Episcopal:

Bethel African Methodist Episcopal 213 North St., Crawfordsville 364-1496

St. John's Episcopal Church 212 S. Green Street 765-362-2331 Sunday Eucharist: 8 a.m. and 10:30 a.m. Christian Formation: 9:15 a.m. Midweek Eucharist Wednesday: 12:15 p.m.

Full Gospel:

Church Alive! 1203 E. Main St. 362-4312 Worship: 10 a.m.; Wednesday, 7 p.m.

Enoch Ministries 922 E. South Boulevard Worship: Sunday, 10 a.m. Pastor: Jeff Richards

New Bethel Fellowship 406 Mill St., Crawfordsville 362-8840 Pastors Greg and Sherri Maish Associate Pastors Dave and Brenda Deckard 1414 E. Wabash Ave. 362-5599 Sunday School: 9 a.m. Worship: 10:15 a.m. Adult Bible Study: 7 p.m., Wed. Minister: Rev. Jeffery Stone http://www.holycross-crawfordsville. org

Phanuel Lutheran Church Lutheran Church Rd., Wallace Sunday School: 10:30 a.m. Worship: 9:30 a.m.

United Methodist:

Christ's United Methodist 909 E. Main St. 362-2383 Sunday School: 10 a.m. Worship: 11 a.m.

Darlington United Methodist Church Harrison St. 794-4824 Worship: 9:00 a.m. Fellowship: 9:00 a.m. Sunday School: 10:30 a.m. Pastor Dirk Caldwell

First United Methodist Church 212 E. Wabash Ave. 362-4817 Sunday School: 10 a.m. Traditional Worship: 9 a.m. The Gathering: 11:10 a.m. Rev. Brian Campbell

Linden United Methodist Church 609 South Main St. P.O. Box 38 339-7347 Sunday School: 9:30 a.m. Worship: 10 a.m. Rev. Erin Michelle Weaver

Mace United Methodist Church 5581 US 136 E 362-5734 Sunday School: 9:30 a.m. Worship: 10:40 a.m.

Mount Zion United Methodist 2131 W. Black Creek Valley Rd. 362-9044 Sunday School: 10:45 a.m. Worship: 9:30 a.m. Pastor Marvin Cheek

New Market United Methodist Church Third and Main Street 866-0703 Sunday School: 9:30 a.m. Worship: 10:45 a.m.

New Ross United Methodist Church 108 W. State St. Sunday School: 10 a.m. Worship: 9 a.m.

Waveland Covenant United Methodist Church 403 E. Green St. 866-0703 Sunday School: 10:30 a.m. Worship: 9:15 a.m.

Waynetown United Methodist Church 124 E. Washington St. 243-2610 Worship 9:30 a.m. Johnny Booth

Mormon:

Church of Jesus Christ of Latterday Saints 125 W and Oak Hill Rd. 362-8006 Sacrament Meeting: 9 a.m. Sunday School: 10:20 a.m. 4636 Fall Creek Rd. 359-0632 Great Vespers: 5 p.m. Saturday Matins: 8:30 a.m. Divine Liturgy: 10 a.m. Sunday Rev. Father Alexis Miller

Saint Stephen the First Martyr Orthodox Church (OCA) 802 Whitlock Ave. 361-2831 or 942-2388 Great Vespers: 6:30 p.m. Saturday Wednesday evening prayer 6:30pm Divine Liturgy: 9:30 a.m. Sunday

Presbyterian:

Bethel Presbyterian Church of Shannondale 1052 N. CR 1075 E., Crawfordsville 794-4383 Sunday School: 9 a.m. Worship 10 a.m.

Wabash Avenue Presbyterian Church 307 S. Washington St. 362-5812 Worship: 10 a.m. Pastor: Dr. John Van Nuys

Roman Catholic:

Saint Bernard's Catholic Church 1306 E. Main St. 362-6121 Father Christopher Shocklee Worship: 5:30 p.m. Saturday; 9:30 a.m., Noon & 3 p.m. Spanish Mass -Sunday and 5 p.m. Youth Mass (during school year) www.stbernardcville.org

United Church of Christ:

Pleasant Hill United Church of Christ - Wingate Worship: 9:30 a.m. Sunday School: 10:30 a.m. Pastor Alan Goff

United Pentecostal:

Pentecostals of Crawfordsville 116 S. Walnut St., Crawfordsville 362-3046 Pastor L. M. Sharp Worship: 2:30 p.m. Prayer Meeting: 10 a.m., Tuesday Bible Study: 6 p.m., Wednesday

Non-denominational:

Athens Universal Life Church Your Church Online http://www.aulc.us (765)267-1436 Dr. Robert White, Senior Pastor The Ben Hur Nursing Home Sundays at 9:00am Live Broadcast Sundays at 2:00pm Bickford Cottage Sundays at 6:00pm

Calvary Chapel 915 N. Whitlock Ave. 362-8881 Worship: 10 a.m., 6 p.m. Bible Study, Wednesday: 6 p.m.

Rock Point Church 429 W 150S 362-5494 Sunday church services are 9:15 a.m. and 11 a.m. Youth group is from 6 p.m. to 7:30 p.m. on Sunday Small Groups: Throughout the week

The Church of Abundant Faith 5529 U.S. Highway 136 Waynetown, IN Reverend John Pettigrew Sunday Worship: 9:45 am (765) 225-1295

The Vine Christian Church 1004 Wayne Ave. Crawfordsville Service at 10:02



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Seven Lafayette Physicians Join Ortholndy

OrthoIndy announced last week that the seven orthopedic surgeons of the Lafayette Orthopaedic Clinic are joining its team in April 2023. Those joining are Dr. John Bauman; Dr. Daniel Daluga; Dr. Michael Highhouse; Dr. Mark Page; Dr. Paul Rodenhouse; Dr. Peter Torok; and Dr. Joel Virkler. They will be teaming up with OrthoIndy physicians Dr. Michael Cross; Dr. Nicholas Jasper; Dr. Troy Roberson; and Dr. Jonathan Shook, who also have a practice location in Lafayette, putting the total number of OrthoIndy physicians serving the Greater Lafayette area at eleven. With these additions, OrthoIndy will now total 89 physicians, further solidifying its orthopedic practice as the largest in the State of Indiana and among the largest in the country.

OrthoIndy CEO John Ryan noted this expansion reflects an ongoing commitment to serve Indiana as a premier destination for orthopedic care, providing the highest level of quality, efficiently and cost-effectively. "As we celebrate our 60th year, our growth in Lafayette exemplifies our ongoing pursuit of being even



more accessible to those in need of orthopedic care across the state," said Ryan. "The orthopedic surgeons of the Lafayette Orthopaedic Clinic are so well-respected, and together we will continue to provide world-class orthopedic care to the Greater Lafayette community as it continues on its remarkable growth trajectory."

Dr. Page, managing partner of the Lafayette Orthopaedic Clinic, sees this partnership as a positive move forward for orthopedic care in Greater Lafayette and the surrounding counties. "Lafayette Orthopaedic Clinic has a long history of serving patients in this community and we are excited to join forces with OrthoIndy, a team that shares our same commitment to excellent patient care."

The seven physicians plan to continue their practice in their current space at 1411 South Creasy Lane, maintaining the Lafayette Orthopaedic Clinic name. Plans for a new free-standing clinic, orthopedic urgent care center and surgery center are expected in 2024.

OrthoIndy has been expanding in Indiana recently with the opening of its new practice location in Westfield. An adjacent hospital outpatient surgery facility is scheduled to open in summer of 2023. OrthoIndy is also building a new location in Brownsburg that will include hospital and clinic services, opening in spring 2023. About OrthoIndy and

OrthoIndy Hospital Founded 60 years ago, OrthoIndy is one of the most highly respected orthopedic practices in the Midwest. With over 70 physicians providing care to central Indiana residents from more than 10 convenient locations, OrthoIndy provides leading-edge bone, joint, spine and muscle care. OrthoIndy physicians also provide care to the Indiana Pacers, Indiana Fever and Andretti Autosport, as well as local colleges and high schools.

Owned and operated by OrthoIndy physicians, OrthoIndy Hospital is central Indiana's first specialty hospital with a focus on patient safety, satisfaction and outcomes. With multiple hospital locations, OrthoIndy Hospital is the #1 hospital in Indiana for medical excellence in Major Orthopedic Surgery, from the 2022 Carechex Awards by Quantros. It has earned 5 Stars from Healthgrades for Total Knee Replacement 16 years in a row. For more information on Ortho-Indy, please call (317) 802-2000 or visit us at OrthoIndy.com.

Blood Donors Urgently Needed To Sustain Hospital Needs Through The Holidays!

The holidays are a busy time for everyone, but the need for blood at our local hospitals is never-ending. As you are looking for ways to give back and serve your community this season without emptying your wallet, please give blood.

Please go online to https://donate.indiana. versiti.org/donor/schedules/zip to schedule your appointment. YOU can help us sustain the needs of our local hospitals through the holidays with one simple ask to someone who thinks they don't have time or has never donated before.

The blood drive will be held on Thursday, Jan. 5, 2023 at 9:45 a.m. – 2.15 p.m. at HHSB – Crawfordsville East branch 1400 Darlington Ave, Crawfordsville, IN.

Imaging Agent Illuminates Lung Cancer Tumors

Surgery, especially surgery to remove cancerous tumors, relies on a range of tools and techniques as well as on the skill of the surgeon. Now, new imaging agent Cytalux will make surgery to remove lung cancer tumors a little more exact.

The inside of the human body famously looks nothing like an anatomy textbook, lacking the bright color coding to differentiate between tissues and organs. Based on foundational intellectual property developed at Purdue University and released by On Target Laboratories, cancer cells grab for the folate but end up flagged with the fluorescent dye, too. During surgery, these cells then fluoresce under near-infrared light. Low explains further how the drug works in this YouTube video.

The newly authorized use of Cytalux, which was initially developed to target ovarian cancer, has the potential to improve the outcomes of thousands of patients, helping surgeons to visualize otherwise undetected cancer tissue in 24% of lung cancer patients in a clinical trial.

"Cancer cells have an enormous appetite

Questions On Colorectal Cancer Screening

This week I want to talk about screening for colorectal cancer (CRC). Fortunately, screening for this type of cancer has become more common due to increased public awareness aided by campaigns such as CDC's Screen for Life Action Campaign www.cdc.gov/cancer/colorectal/sfl/. There were approximately 148,000 cases of CRC in 2020 and 53,000 deaths, making it the fourth deadliest cancer in men and third deadliest in women. If caught when the disease is localized to the colon, 90 percent of patients live at least five years after diagnosis. However, only 39 percent of people are diagnosed in early stages. The good news is that the number of new cases and deaths has continued to drop over the last decade or so. The decreases are likely due to more people undergoing recommended screening, but may also be due to other factors as well. However, we are seeing a worrying trend of it appearing at younger ages. Actor Chadwick Boseman died at age 42. Colorectal cancer warning signs include blood in the stool, persistent abdominal pain, change in bowel movements (especially smaller diameter stools), unexplained weight loss, and iron-deficiency anemia. An advertisement that ran in the New York Times a few years ago listed three early warning signs of colon cancer: You feel great; You have a healthy appetite; You're only 50. This was a brilliant piece, educating people that they can have CRC without any warning signs. The risk of developing CRC increases with age (93 percent of cancers



mendations. Descriptions of the various screening methods can be found in the reference link at the If any of these tests are positive, usually patients should have a colonoscopy to locate the source of the



JOHN R. ROBERTS, M.D. Montgomery Medicine

occur after age 50). A family history of a sibling or parent with CRC or colon polyps also increases the risk for CRC, though 75 percent of CRC occurs in patients with no family history.

Inflammatory bowel disease (Crohn's disease & ulcerative colitis) also increase the risk of CRC. Not exercising regularly, eating a diet high in fat and low in fruits, vegetables and fiber, cigarette smoking, being obese, or drinking too much alcohol are also risk factors.

Colorectal cancer usually begins as a small nest of abnormal mucus-secreting gland cells in the wall of the colon (large intestine). The cells eventually grow into finger-like projections inside the colon called polyps. These polyps are not cancerous, but they have the potential to develop into cancer. There are two types of polyps, adenomatous and hyperplastic. Adenomatous polyps may become cancerous, while the hyperplastic variety do not.

The goal of any cancer screening program is to either find abnormal appearing cells before they have turned into cancer or discover a cancer when it is very small. There are a number of different methods to screen for CRC. Different professional groups have produced various screening recomend of this article.

CRC screening tests that can detect adenomatous polyps and cancer includes flexible sigmoidoscopy (a scope that visualizes the lower part of the colon), colonoscopy (a scope that looks at the entire colon), double-contrast barium enema (an X-ray procedure where dye and air are pumped into the colon), and "virtual colonoscopy" (an X-ray study using a CT scan to construct a three dimensional image of the colon). Flexible sigmoidoscopy and colonoscopy offer the added benefit of allowing the physician to biopsy and remove polyps or suspicious lesions at the time of screening.

Colonoscopy is certainly the gold standard for detection of CRC, but many patients are sometimes squeamish about having one. There are other less invasive tests that can be done, though they are not as sensitive at detecting polyps and cancer.

Less invasive tests include high-sensitivity fecal occult blood testing (FOBT) and fecal immunochemical testing (FIT). FOBT is falling out of favor as it involves following a specific diet and submitting multiple stool samples to a doctor or lab where they are tested for microscopic blood.

The FIT test has, for the most part, supplanted the FOBT in most doctors' offices. It has the advantage of not requiring dietary restrictions prior to doing the test and can be performed on a single stool specimen. It is also specific for human blood proteins whereas the FOBT may detect animal blood protein that a patient consumed, yielding a false positive test.

bleeding.

The newest test to gain FDA approval is Cologuard[®], a stool test that uses a combination of FIT and a test for DNA specific to colon cancer cells. This test has some potential problems including a high false positive rate of 13 percent (the test is positive, but the patient does not have cancer). The FIT test has about a five percent false positive rate.

If you are over 45 or have other risk factors, you should speak to your doctor about what test or combination of tests may be right for you. The United States Preventive Services Task Force gives its highest "Grade A" recommendation for screening patients ages 50 to 75, and 'Grade B" recommendation for starting screening at age 45. Screening for those over 75 is generally not recommended unless a physician feels there are other circumstances that warrant it.

Since the Affordable Care Act was signed into law, all insurance companies are required to pay for recommended screening for CRC with no patient cost sharing such as co-pays or deductibles. However, if a patient has a colonoscopy or sigmoidoscopy and a polyp is found, the patient will likely incur the cost of the biopsy procedure and pathology charges to examine the tissue.

For more detailed information, you can visit bit.ly/1znlju6 for the latest Colorectal Cancer Facts & Figures.

Dr. John Roberts is a retired member of the Franciscan Physician Network specializing in Family Medicine. Cytalux helps make tumors more easily and immediately identifiable by illuminating them and making them glow against healthy, noncancerous tissue like beacons against a night sky.

Philip Low (rhymes with "now"), Purdue's Presidential Scholar for Drug Discovery and the Ralph C. Corley Distinguished Professor of Chemistry in the College of Science, is an inventor of the drug.

"Non-small cell lung cancer is one of the deadliest cancers," Low said. "The only absolute cure for lung cancer is to surgically remove all of the malignant tissue out of the patient. If it has metastasized, it's generally lethal."

Lung cancer is the second most commonly diagnosed cancer in the world and accounts for more than a quarter of all cancer deaths in the U.S. every year. When a patient is diagnosed with non-small cell lung cancer, the prognosis is often bleak: Only 7% have a chance of living another five years.

The importance of removing all the malignant tissue, the difficulty in distinguishing cancerous tissue from healthy tissue and the widespread nature of this type of lung cancer make the use of Cytalux in lung cancer surgery a welcome development. Low, a chemist by trade, attacks these issues using his expertise in chemical reactions.

Cytalux exploits the unique chemistry of cancer cells to light up the tumors. Cancer cells divide rapidly, much faster than normal cells. To do this, they need folate, a type of B vitamin — and lots of it. The genius of Cytalux is that, after being administered intravenously to a patient before surgery, it tags that folate compound with a fluorescent dye. The for this vitamin, and we have exploited their greed for folic acid by attaching a fluorescent dye to it," Low said. "The drug not only allows the surgeon to see the cancer but may also help surgeons avoid removing tissue. Being able to avoid cutting healthy tissue can be as important as removing unhealthy tissues."

Low and his team continue to develop imaging agents to make cancer tumors easier to detect and remove. He hopes that in the future all solid-tumor cancers will have a targeted fluorescent marker to light the way for surgeons.

"We're leading the way in this effort," Low said. "We are pioneers. We were not only the first tumor-targeted fluorescent dye to be approved by the FDA, but we developed a second one close on its heels. We are also working on other tumor-targeted fluorescent dyes to target many other types of cancer."

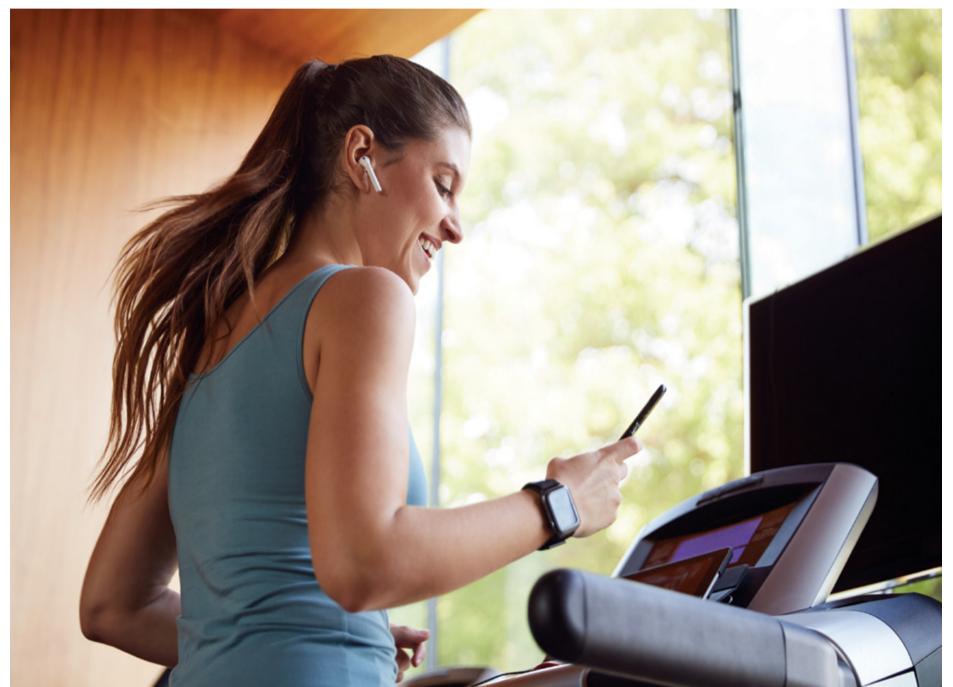
Low conducts his research as part of the Purdue Center for Cancer Research. The center is one of only seven basic science laboratory cancer centers recognized by the National Cancer Institute, which is part of the National Institutes of Health. The center brings together more than 110 researchers at Purdue who study cancer at the cellular level.

Low and his team disclosed the innovation in imaging agents to the Purdue Research Foundation Office of Technology Commercialization. OTC applied for patent protection on the intellectual property and licensed it to On Target Laboratories, which is based in West Lafayette, Indiana. Low is the founder and chief science officer of On Target Laboratories.

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GET FIT





Tackle goals with fitness-friendly tech gadgets

FAMILY FEATURES

 ommitting to getting fit and actually doing it aren't always one and the same but relying on tech devices can be an effective way to tackle your fitness goals.

From watches and phones to earbuds and virtual reality headsets, technology can make it easier to track your progress and create a more enjoyable workout experience. See how some of the latest technology is fueling new devices ideal for amping up your workouts this winter with these trendy ideas.

Find more inspiration to energize your fitness regimen at Qualcomm.com.



Music to Power Your Workout

Enjoy stereo-quality sound wherever your workout takes you with a state-of-the-art smartphone like the Motorola Edge+ Gen 2, powered by the Snapdragon 8 Gen 1 Mobile Platform. Giving you up to two full days of power, lightning-fast speeds and pro-quality features for doing more of what you love, this smartphone can provide music that motivates you regardless of your exercise style. When it's time to rest and recover, you can enjoy days of entertainment on a beautiful display that wraps around the edges.



Sound to Motivate More Movement

An energizing workout requires a soundtrack to get you pumped up and moving. Enhance your listening experience with LG Tone Free T90 wireless earbuds, which feature Dolby Head Tracking and Snapdragon Sound. These earbuds identify the location of sound as you turn your head, recalibrating to enable a more natural sound experience so you're always in the center of the scene. The speaker driver is made of a strong, lightweight material that delivers better overall audio clarity and reduced vibration so you can hear every sound come alive. Exceptional audio combines with superior connectivity for music, movies, crystal-clear voice calls, gaming and a low latency fit for aptX Adaptive compatible devices.



Play Your Way to Fitness

If your workout regimen needs an infusion of playful fun, the Meta Quest 2 virtual reality headset may be just the ticket. This VR headset is your ticket to the metaverse (and so much more), whether you're working out, gaming, meeting up with friends or going on a virtual field trip. Industry-leading graphics and immersive audio put you in the middle of the action. The portable device is ideal for workouts on the go, and you'll find a wide range of apps that let you work out amid stunning scenery, compete against friends and participate in challenges. The immersive experiences break up the monotony of a boring, basic workout, making exercise fun and playful.



Wellness You Can Watch

Powered by the Snapdragon 4100+ Wear Platform, the Fossil 6 Wellness Edition watch provides the speed, power and performance you need to efficiently track your health, all with extended battery life, Bluetooth 5.0 LE connectivity, rapid charging and more features to elevate your experience. The watch detects movement and starts a workout for you. In addition, not only does it allow you to monitor how hard your heart is working and provide estimated blood oxygen measurements so you can see how well your body is circulating oxygen, but it also measures your cardiorespiratory fitness, allowing you to track the amount of oxygen your body utilizes during exercise. In addition to keeping tabs on your active hours, the watch also helps you understand more about your sleep habits, including sleep quality and history, restfulness and progress against sleep goals.



A Smart Workout Buddy

If you're always on the go, a powerful smartphone is a smart way to get in a streamlined workout. An option like the OnePlus 10T 5G delivers on multiple levels. Driven by the powerful Snapdragon 8+ Gen 1 mobile platform, this is a phone built to evolve beyond speed. It has Qualcomm FastConnect 6900 for premium Wi-Fi connectivity and a Kryo CPU for unbeatable performance, ideal for multitaskers and power users. The charging system delivers a day's power in 10 minutes. What's more, the antenna system, featuring a total of 15 antennas, provides a 360-degree closed-loop system to avoid blind signal angles, while simple and textured visuals help you focus and move seamlessly between work, rest and play.

Track Your Progress

Setting fitness goals starts with a plan and achieving them requires strong work ethic and, just as importantly, the ability to track progress so you can enjoy the success. The ultimate expression of ultra-portability and versatility, the Lenovo IdeaPad Duet 5 Chromebook is powered by the Snapdragon 7c Gen 2 Compute



Platform. Slim and sleek, this 2-in-1 features a detachable keyboard to transform from a tablet to a laptop so you can keep an eye on your fitness goals whether you're working out at home or on the go, and 15 hours of battery life means you can enjoy usage from day to night.



Take Control

How managing blood pressure can help save lives

FAMILY FEATURES

ffectively managing your blood pressure can help reduce your chances of life-threatening medical events, even death.

Gain confidence and learn how to take control of your blood pressure with these tips and resources from the American Heart Association.

The Silent Killer

High blood pressure is often referred to as the "silent killer" because it typically has few, if any, noticeable symptoms but can lead to heart attack, stroke, heart failure and even death. Many people with high blood pressure don't even know they have it. Some overlooked symptoms can include dizziness, facial flushing and blood spots in the eyes.

Understand Your Readings

The only way to know if you have high blood pressure is to regularly take an accurate blood pressure measurement. Understanding your results is key to controlling high blood pressure. Blood pressure numbers of less than 120/80 mm Hg are usually considered within the normal range, yet it is important to talk to a doctor about your healthy range. Even if you fall within a healthy range, it can be beneficial to stick with heart-healthy habits like following a balanced diet and getting regular exercise. Consider these numbers and ranges to know if it's necessary to take action:

- Elevated blood pressure is when readings consistently range from 120-129 mm Hg systolic (the upper number) and less than 80 mm Hg diastolic (the lower number). People with elevated blood pressure are likely to develop high blood pressure unless steps are taken to control the condition.
- Hypertension stage 1 is when blood pressure consistently ranges from 130-139 mm Hg systolic or 80-89 mm Hg diastolic. At this stage, doctors are likely to prescribe lifestyle changes and may consider adding blood pressure medication based on your risk of atherosclerotic cardiovascular disease, such as heart attack or stroke.
- Hypertension stage 2 is when blood pressure consistently ranges at 140/90 mm Hg or higher. At this stage, doctors are likely to prescribe a combination of blood pressure medications and lifestyle changes.
- A hypertensive crisis requires medical attention. If your blood pressure readings suddenly exceed 180/120 mm Hg, wait 5 minutes then test again. If your readings are still unusually high, contact your doctor immediately. Seek emergency help if your blood pressure is higher than 180/120 mm Hg and you are experiencing signs of possible organ damage such as chest pain, shortness of breath, back pain, numbness or weakness, change in vision or difficulty speaking.

Know Your Risk

While many risk factors for high blood pressure may be related to your age, gender and family history, there are also risk factors you can change to help prevent and manage high blood pressure. People at added risk may be those who engage in lower levels of physical activity, eat a diet high in sodium (particularly from packaged, processed foods), may be overweight or obese, drink excessive amounts of alcohol and may have multiple chronic conditions.

Blood Pressure Categories			American Heart Association.
BLOOD PRESSURE CATEGORY	SYSTOLIC mm Hg (upper number)		DIASTOLIC mm Hg (lower number)
NORMAL	LESS THAN 120	and	LESS THAN 80
ELEVATED	120-129	and	LESS THAN 80
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 1	130-139	or	80-89
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 2	140 OR HIGHER	or	90 OR HIGHER
HYPERTENSIVE CRISIS (consult your doctor immediately)	HIGHER THAN 180	and/or	HIGHER THAN 120
heart.org/bplevels			

Talk About It

Whether you're making changes in your own life to combat high blood pressure or helping someone else, positive feelings and confidence are longer-term motivators to making health changes. If you're talking with friends, loved ones or your doctor, be prepared to ask open-ended questions. Be curious and kind to yourself and others you may be helping.

Lowering Your Pressure

You can reduce your risk of heart disease, stroke, heart failure and even death with lifestyle changes and medication. Watching your weight, especially if you are overweight or obese, can bring health gains; losing as little as 5-10 pounds may help lower your blood pressure. Managing your stress by relaxing for short periods during your workday, at night and on weekends is another productive practice.

If you have diabetes, it's important to work with a doctor to manage the disease and reduce your blood glucose levels. If you think you could have sleep apnea, getting screened for and treating the condition can also reduce your risk for developing high blood pressure.

When you have high blood pressure, medication may be an important part of your treatment. Follow the recommendations carefully, even if it means taking medication every day for the rest of your life.

When you're discussing high blood pressure concerns with your health care provider, also be sure to talk to your doctor about over-the-counter pain relievers that may raise your blood pressure. Talking with your doctor can help you identify over-the-counter pain medications that won't raise your blood pressure to ensure you're not creating a blood pressure problem while treating other concerns.

Getting Ready for Your Appointment

Think about what challenges you face in controlling your blood pressure that you need to share with your doctor to create a plan that works for you. Start by considering the answers to these questions to discuss with your health care provider:

- How often do you check your blood pressure?
- Do you keep a log of your blood pressure measurements?
- Are you taking medications as prescribed?
- What are some things you can do to have less salt in your diet?
- What are some reasons it can be hard to manage your blood pressure?
- What are some things you'd like to discuss during your appointment?

Learn more about monitoring and managing high blood pressure at heart.org/bptools.



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The Ball Saga #4 – Nathan and Isaiah Ball

Nathan was born 30 Jan 1813 Butler, Ohio and passed away 21 April 1852. Not long after Nathan's death his brother James and Levi Moore, who were guardians of his children had to sell his property (west half of the northwest quarter of section 32 Twp 20 North Rg 5W on the south side of the Williamsport State Road) to aide in their care. He had married 22 February 1837 in MoCo to Abigail Moore (30 Nov 1819) and they had four children rapidly, then she passed away two days shy of her 23rd birthday and a few months after the youngest daughter's birth. Abigail Moore was the daughter of Allen and Hannah Bonser Moore, both far outliving their oldest daughter – she and they are all buried in Potts cemetery in (Elmdale) Wayne Township (you can see that Nathan's tombstone about matches his father's older one. Very sad (thanks for the pic Dustin Stonebraker). Oddly, Nathan and Abby are buried in Potts but his two sons (John K. died age eight and William died age five) from his second marriage to Mahala Kellison are also buried with them. No other children for Mahala with him although after his death she married an Ames and had two children, one growing to adulthood.

So, let's discuss Nathan and Abigail's four children as they are pretty interesting. Keep in mind they were left maternal orphans at age four through just born, she passing away 28 Nov



KAREN ZACH Around The County

1842 and orphans per se when he passed away a bit more than nine years later.

Martha Jane Ball came into this world 3 Feb 1838 on her father's fairly large farm near Elmdale. She was 19 when she met and married Jeremiah Harlow. They lived almost 50 years together (lacking a couple of months at his death - she lived about three years longer). They began their life in a log cabin, purchasing a farm near there where they remained for many years. In an extremely large list of high tax payers in the county (Feb 1899) Jeremiah was listed although he was one of the lowest at \$11,650. In October, 1901, they sold everything from their farm one mile south of Wesley Chapel (horses, cattle, hogs, sheep, farm equipment) and moved into C'ville to live with their son, Fred at 906 W. Pike. Jeremiah was said to have one fault, that



he was too good to others (generous) and they were both active in the Baptist Church. Four sons and two daughters blessed their home (Nathan, Willard, Oliver, Bertha, Clara, Fred). Nathan Garrett (whose daughter, Gertrude went to China twice to teach – he and Zoe Moore also had Lucile and son Leslie who died at age 80 in Texas and was a geologist) owned a book store and was later in insurance in Covington. Willard lived in Indianapolis and was an editor (and publisher of the Morristown Sun and Woodruff Post) dying at age 63 Sept 25, 1924 (two sons, Stuart and Harry D). Oliver Allen Harlow had a boot and shoe store in Rockville for awhile then moved his family to Elizabethtown, Kentucky where he was a traveling salesman and passed of cancer beginning on his ear and spreading for two years culminating into his death Oct 15, 1919. His only child Gladys married and had three sons and

two daughters. Bertha married at age 32 to Sam Bitler who was 25 years older than her. No children. Clara died quite young due to continual vomiting going into sepsis during a pregnancy. She had been married to L.J. Utterback for not quite two years. Fred, their youngest attended Wabash, married Bess Albright and lived in Crawfordsville. They had a son Winton and two daughters Margaret and Dorothy, his youngest born just six days before his death from an automobile accident.

Dennis was born Nov 9, 1839 in Montgomery, and was four when his mother died, almost 13 when dad passed away. That year, he united with the Bethel Baptist Church. At age 22 he went to California for amfew years, returned to Montgomery and married Anna Lowe. They went To Bement, Illinois where they remained. Their life was blessed with six children (Nathan, Dennis, Charles, Ella, Nettie and Edith).

Oliver born May 22, 1841 in MoCo died in Decatur, Illinois 20 Aug 1923, the same area as brother Dennis. Oliver joined the 86th Indiana and after the war married Sarah Ann Patterson. They moved to Bement, as well. He farmed and these children there: Mary Etta who was married to Frank Friend over 50 years – one son, Perry; Martha Jane who died at age two; Flora Mae who lived to be 94; and Roy who fathered at least one son and one daughter.

Cynthia "Ann" was born 21 July 1842 and passed away 29 March 1871. She married Henry Walter and they parented two sons as far as I know – Charles and Adelbert who was a railroader.

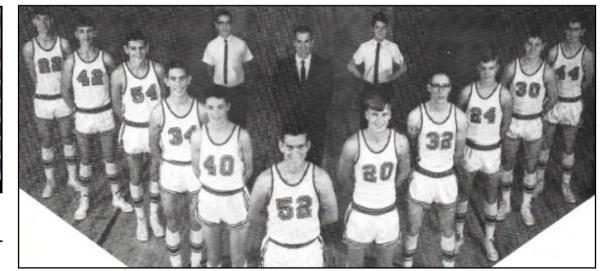
Isaiah Ball, Nathan's brother, is buried in Harlow Cemetery near Waynetown and died the 9th day of July 1838. He was born in Morgan, Butler County, Ohio on the 9th of April 1814. As far as I know, he was never married. Sure wish we knew more about him, though, or at least as much as we know about his brother, Nathan. Bless both you Ball brothers who died way too early!

Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County. You can reach her at karen.zach@ sbcglobal.net.

Butch Says Losing A Game Can Be A Good Thing

Ah yes, playing sports...You win some, you lose some. As





they say, that's life. If anyone should know, it's yours truly. A few days ago I was looking through the scrapbook my mother compiled for me when I competed for the good ol' Darlington Indians (which nowadays would be called the Darlington Indigenous Natives...could they get all of that on a uniform?)

In baseball, as I mentioned once before, I could never manage to beat New Ross. In a home contest one time, my team scored 16 runs against the Blue Jays...more than enough to win. But my arm had ached all week. My fastball was non-existent, so I decided to throw a slow knuckleball to Ron Haffner, their best hitter. Big mistake. He hit a homerun about a half mile over the centerfield fence. For the first and only time I can ever recall, the coach replaced me as pitcher. Final score 19-16...Seriously!

During the 1965 basketball season, our team had no starters over 6 feet tall, but we played our hearts out. Entering the County Tourney, our record was 4-7, and we had to face New Market, who had a record of 9-2. I hit eight baskets in the first half to give us a 38-26 lead, but then went stone cold. New Market forged ahead with two minutes left in the game. However, our team made some crucial free throws in the last stretch...and we won 49-45! We then played New Ross, who had a 15-game winning streak, the longest in the state. In an earlier regular season game, the Blue Jays had demolished us 88-60. But we didn't think about that...we



BUTCH DALE Columnist

wanted to win...and we did...49-45...a miracle...and captured the County Keg! That evening we faced Coal Creek for the title. Darlington fans prepared a bonfire at the school to celebrate our upcoming glorious victory...Yep, that's right...we lost 47-45...so long County Keg. We had it for seven hours...a new record...for shortest time.

Two weeks later, we played the Bearcats again. I was determined to get that damn Keg back. I made my first eleven shots, scored 27 points, and we won 62-45. Hoorah! Then the last game of the season...Waynetown, easy pickings...no problem. During the first quarter, one of their players elbowed me in the mouth...on purpose. I sat in the locker room until the last quarter, trying to stop the bleeding. Yep...right again...we lost the game 58-51...and the Keg, and finished with a record of 10-11. That was one CRAZY year.

Our first game during my senior year in 1966 against Wainwright was a harbinger of things to come. We lost to the

Darlington Indianas Team 1966

Mustangs 65-63 in the last few seconds. During a stretch of five games, we were defeated twice by a single basket and lost three games in overtime. One of those was a four-overtime game against New Market, the County champs that year. In our next-to-last regular season game, we played against Granville Wells, who had a record of 15-2. Amazingly, we won by a score of 65-44! We then had to play Marion County champion Speedway, who sported a record of 19-2, in the Zionsville Sectional. We tied the game in the third quarter, but ended up losing 62-52. Season record 7-14. Whoopee.

That spring, during track season, I was sure I could win the long jump event at the county track meet at Wabash College. Scratched all four jumps and didn't even place. In the pole vault event, I figured the best I could place was third...and if lucky...perhaps second. However, New Market's Dale Conrad, who had the best vaults all season, slipped on all three tries... and I won! Go figure. My high school sports days were over.

I learned many lessons in all those years as an athlete. I learned that sometimes...no matter how good you are and hard you try and how much you want to win...you might just lose anyway. And there are times, when you think you are going to lose... if you work hard enough and also have a little luck...you just might win. I also learned how to be a good sport...win or lose. I never enjoyed losing a game or contest, but I did learn how to cope with failure. Winning and losing comes in many shapes and sizes throughout a person's lifetime. When you lose, it makes you more determined to work harder. When you win, don't become too complacent or too confident. You might just get knocked off that pedestal.

Many kids today receive "participation trophies" just for being on a team. I believe they need to experience loss and the lessons that come with it. An inflated sense of self can sometimes lead to a sense of entitlement. My grandkids play sports at North. I always tell them, "Play hard, do your best. If you win, that's great. If you lose, be a good sport and just try harder the next time. That will make you a winner in life!"

Photo courtesy of Butch Dale

And yes, that also applies to politicians. When I was elected Sheriff in 1994, I really had not expected to win. I found out very quickly that some people cannot graciously accept defeat. Oh, the stories I could tell.....

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a wellknown artist and author of local history.

Please Just Lemme Get Through The Holidays

There are two kinds of Holiday traditions. There are those which transcend our individual fami-lies, and are shared by entire communities of people –– like putting up a Christmas tree, spinning the dreidel, or playing Jingle Bell Rock.

Then there are other traditions which are solely confined within the family. For instance, my step-cousins always show up at Christmas dinner wearing matching red flannel pajamas.

While the rest of us are sharing appetizers and spritzers before the big meal, the cousins pop open a soft drink. Not just any cola, mind you. It has to be traditional Coca-Cola in the original 8-ounce (or if they can find it, 6.5-ounce) bottle. One year, they even paid a fortune to buy Coca-Cola from Mexico, because word was that it was manufactured using pure sugar cane, like the original formula.

I don't know why they do it. It's their tradition, not mine. Oth-



JOHN MARLOWE With the Grain

er families have special menus, make special treats, or play special games.

Our family tradition was different. We called the plumber.

Year in and year out, our 4-inch Orangeburg pipe, which conveyed yucky matter from the smaller pipes in the house to the septic tank in the side yard would become clogged. Infiltrating tree roots brought the flow of gloop, and the holiday reverie itself, to a halt. It was uncanny how that big pipe clogged right before Christmas every year. Granted, the house was always teeming with additional family members, all with differing bathroom habits, I sup-pose. But it wasn't like the day after Thanksgiving -- a day plumbers call "Brown Friday" -where big meals and bad timing dam up the works.

Our plumber in those days was named Lemme (LEM' mee), probably short for Lemuel, but I don't know that. All I do know is that Lemme was a character. He was hilarious, and was always welcomed from five miles up the road with more elation than cousin Donald, who drove all the way in from Missouri.

Lemme wasn't what you'd think a plumber would look like by today's examples. He didn't drive a fancy van with decals on the side. Nor did he show up wearing an antiseptic, brightly colored uniform.

Instead, he drove an old pick-

up truck, later a rusty light blue step-van, and wore his trademark blue denim overalls. He was about 5'7" tall, and had thinning white hair and round glasses. He didn't have much of a white beard, but a significant jolly paunch in front meant he looked to us children like he belonged at our house during the Holidays.

I'm sure there were other plumbers around, but it never seemed so. Lemme knew everyone, and everyone knew Lemme. I don't imagine he even had a business card, and the only advertis-ing he did was planting an old toilet seat in the flower bed in front of his house, with the family name scrolled on the open lid. (Those of you who live in West Central Indiana know who I'm talking about, now, don't you?)

Without doubt my favorite Christmastime visit with Lemme was when he explained -- jokingly, I believe -- that the whole plumbing fiasco had been caused by my Aunt Betty's fruitcake. Aunt Betty had spent two days baking her bulletproof bricks as gifts, and the thought of everyone tossing them down the toilet sent her to her bedroom in a Scrooge-worthy sulk.

It was only when Lemme suggested loudly that it was the best looking fruitcake he had augured out of a pipe in forty years that Betty rejoined the family. She even made him a turkey sandwich to go.

One year my father was so happy that Lemme came out on a particularly snowy pre-Christmas day that Dad gave Lemme four tickets out of his stash to see the next Indiana Pacers basketball game.

I wish you had been there to see Lemme's face. I guess you could say that he was quite flushed.

John O. Marlowe is an award-winning columnist for Sagamore News Media.



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Timmons Answering Questions From Readers

I'm 65 years old and started working for my high school newspaper when I was a sophomore in 1972. If I'm counting on fingers and toes correctly, that means I've been involved with the craft for right at 50 years. During that time I've been fortunate to have a fair amount of reader reaction. Some good, some not so much.

But I have never, not even close, had the kind of reaction that the trip to Israel created. And a good many of you have asked questions – so let me do two things here. First, I'll try to answer some of them today. Second, if any church or community group would like to hear first-hand the details of the trip, just e-mail me and I will be happy to visit with you and share. I'm trying to organize the photos now into some sort of organized manner that doesn't resemble Uncle Bob's vacation slide show from 1964. No promises though!

More importantly, let's get to your questions:

Several of you asked if I found any answers? At first I wasn't sure what you meant. But one reader from Sheridan mentioned a column I



TIM TIMMONS Two Cents

wrote as we were leaving that mentioned the world being in a funk and that the Holy Land might be the best place to start looking for answers.

The short answer is, I don't know. When we were in the Church of the Holy Sepulcher and I was losing patience with another group that had cut in front of us, I realized my trials and tribulations were absolutely nothing compared to what Jesus of Nazareth went through. And after more reflection on that, maybe handling things with more grace is part of the answer . . . and, for me at least, the biggest challenge.

The most often asked question was, what was it like to walk in the footsteps of Jesus and the Apostles? In a word, unreal. On the last day of the tour we were walking the path Christ followed when He was forced to carry His cross. Our guide pointed to a spot on a stone wall where Jesus reportedly leaned and placed His hand. We all did the same. And when it was my turn, the idea that I was physically doing the exact same thing the Son of God did, albeit in much different circumstances, physically impacted me. It made me think of how tired He must have been. I could not begin to imagine the pain He was in after the torture He endured. Nor could I wrap my head around carrying a wooden cross that weighed a few hundred pounds.

Humbling? Overwhelming? Thankful? I work with words for a living and even more than a week after the fact am still not sure how to describe it.

What was my favorite part of the trip? Many of you asked that. It's hard to pick out one thing. Hermon Mount, the place where Jesus told Peter he would build His church on that rock, was very big (no pun intended). Masada, the fortress on top of a mountain where a thousand Jews chose death rather than surrender to slavery under the Romans, was impactful. But the three sites – the birth, the death and the resurrection – would have to be at the top of my list.

Conversely, several asked if there were any disappointments?

Sure. I wish we would have had lots more time. But more than that, it was disappointing to learn that there is some healthy disagreement on what happened where. Scholars and archaeologists are at odds on many of the locations – like the exact spot of the crucifixion. It's certainly understandable. Two thousand years have gone by and everything from the landscape to governments to cultures and even written records have changed.

Understandable, no doubt. But still disappointing.

Would we go back, was another question echoed from many? No doubt. However, I would want to do it differently if we did. The tour worked well for us as first-time visitors. It gives a very broad view of a lot of things. But if we were able to go back, I'd rather be able to spend more time with fewer places – especially the three favorites mentioned above.

The second-biggest question I got was how did this impact my faith?

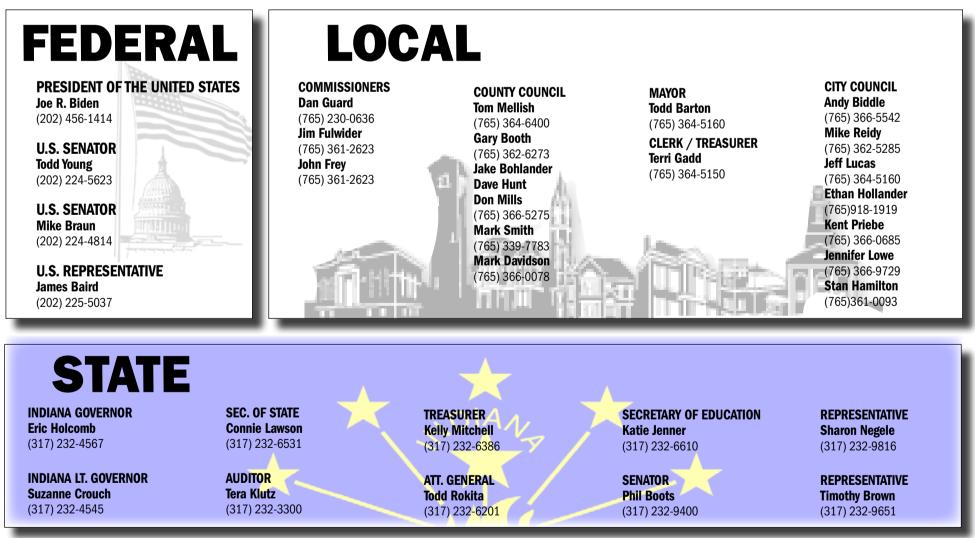
I guess the easiest answer is that it made me realize how much work I have to do. I mentioned before we left that believing wasn't the problem, it was prioritizing time for that belief. I hope to do better in that regard. Perhaps more importantly, I understand why I should.

For those ready to move on to other topics, this is the final planned column on the Holy Land pilgrimage. Thank you from the very bottom of my heart for so many of you coming along with me on this trip.

God bless!

Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at ttimmons@thepaper24-7.com.

SEND LETTERS TO NEWS@THEPAPER24-7.COM REACH OUT AND TOUCH SOMEONE...



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Ask Rusty – Retired Federal Employee Has Small Social Security Benefit

Dear Rusty: When I started getting Social Security at 62, I was told by the SS office I would get a smaller monthly amount because I worked for the **Federal Government** and received a Civil Service Retirement System (CSRS) pension. I paid into Social Security for about 20 years working outside the government, and I now receive only about \$280 a month in Social Security. It just seems like I should be getting more. How can I look into this matter that Social Security calls a "windfall?" *Signed*: Federal Retiree

Dear Federal Retiree: From what you've shared, you didn't contribute to Social Security while earning your CSRS pension, but you did contribute to SS while working elsewhere, thus earning a Social Security retirement benefit in addition to your CSRS pension. Those who receive a federal pension under the old Civil Service Retirement System (CSRS) are affected by Social Security's Windfall Elimination Provision (WEP), which reduces any Social Security benefit they become entitled to through other work outside the Federal government, and this is the reason your SS benefit is only \$280 per month. For clarity, federal employees who retire under the newer Federal Employee Retirement System (FERS) are not affected by WEP because they contribute to Social Security.

The formula for computing Social Security when WEP applies is rather complicated and depends on the number of years you contributed to Social Security from substantial earnings in the private sector.



ASK RUSTY Social Security Advisor

With 20 or fewer years contributing to SS you incur the maximum WEP penalty for your "eligibility year" (the year you turned 62), but with more than 20 years contributing to Social Security the WEP reduction is mitigated, and with 30 or more years contributing to SS, WEP no longer applies.

If you were receiving your CSRS pension when you claimed Social Security, your WEP-reduced SS benefit was computed at that time

Social Security Matters by AMAC Certified Social Security Advisor Russell Gloor

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and has continued. But if you had additional years working and contributing to Social Security after you first claimed, it's possible that you now have more than 20 years contributing, in which case you may be entitled to a smaller WEP reduction and thus a higher Social Security benefit. The only way to find out if you're now entitled to a higher benefit due to additional years contributing is to call Social Security, either at your local office or at the national number (1.800.772.1213) and ask them to review your current benefit under WEP. If you now have more years contributing to Social Security than you had when you first claimed, you may be entitled to a benefit increase.

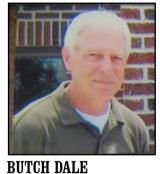
Before calling SS, you may wish to first review your lifetime earnings record on file at Social Security and determine how many years of contributions from substantial SS earnings you ac-

tually have. You can get a copy of your lifetime SS earnings record from Social Security, most easily from your personal online "my Social Security" account. If you don't yet have an online account set up, you can easily do so at www.ssa. gov/myaccount. Then, you can review your lifetime SS-earnings against the chart at the following link which shows what your earnings must have been each year to count under WEP: www.ssa. gov/pubs/EN-05-10045. pdf.

So, to recap: if you continued to work after starting your WEP-reduced Social Security benefits, you may be entitled to a smaller WEP reduction and thus a higher Social Security benefit now, but you will need to contact Social Security to evaluate your current status (and, if appropriate, increase your Social Security benefit).

Butch Says Old Fellers Are Like Old Trucks

If you grew up on a farm here in Montgomery County, your family likely owned a truck . . either a half-ton or a larger grain truck. And I would wager that for many of you, that was the first vehicle that you drove (not counting a tractor), before you even had a driver's license. My Dad had a 1947 International pickup when he started farming after WWII. It had a flathead six-cylinder engine and a push pedal starter on the floorboard. On the dash was a crank in which you could actually raise the bottom of the windshield up to get some fresh air...a feature that certainly wouldn't pass today's safety standards! I drove that pickup one afternoon when I was seven years old...without asking permission. Dad was not a happy camper when he discovered that I had sheared off the passenger side running board and rear fender on a large concrete post...Oops! Later on, he traded that pickup for a Dodge 3/4ton, which he allowed me to drive to the elevator and to baseball practice when I was about 14 years old.



Columnist

pickups...both new and

It had the old-fashioned crank windows, which coincided perfectly with my occasional cranky attitude. The suspension was stiff . . . like my joints, and the shock absorbers were shot...like my knees. The paint was weather beaten . . . like my wrinkled face, and to top it off, every once in a while, the windshield wipers started going back and forth unpredictably . . . without me even touching the controls. I often do things on the spur of the moment, too . . . perfect fit! Well, I couldn't resist the old hunk of steel . . . so I bought it . . . \$1,700 . . . what a bargain! It even came with a toolbox behind the cab to store my supplies . . . oil, power steering fluid, brake fluid, etc., stuff I have to add every so often to keep it going...just like the vitamins, aspirin, and prescription in my kitchen cabinet at home. I drive the old Ranger just about every day. I drive slowly . . . don't want to blow the engine and have it end up in the truck salvage yard. You know, men are like old trucks. Just like a vintage truck, when you get older, you have to pace

yourself. But you fellow old-timers, sometimes, when the mood is right, the timing is good, your battery is charged up . . . and the little lady turns on the ignition, you can get revved up and hit on all cylinders. You have to pray that your transmission doesn't slip . . . and you also need to make sure the bearings are greased up good so you don't break a crankshaft.

Men Posing As Women Have The Edge In Women's Sports

By John Grimaldi

"In terms of absolute strength - that is, without regard for body size, weight or composition – the average man tends to be considerably stronger than the average woman. Specifically, the absolute total-body strength of women has been reported as being roughly 67%that of men," according to the experts at Princeton University. It's a fact. And it begs the question, who has the advantage in an athletic competition in which a real woman is pitted against a man impersonating a woman? "Such a situation was unthinkable throughout history but it has emerged as an issue in a 21st century, anything goes, transgender world," says Rebec-ca Weber, CEO of the Association of Mature American Citizens.

activist. "We're endorsing candidates who are willing to acknowledge that biological women deserve fair competition and spaces of privacy for changing [their clothes] where they don't have to worry about being exposed to men. We've been doing a lot of really, really awesome things and we've made changes, which is ultimately the goal. So I'm thrilled with the direction that it's going and I'm excited for the future.' Gaines explained that she was all set to enroll in dental school but it has been put on the back burner for now. "I realized that dental school will always be there. But the relevancy and importance of this issue and having this platform and not being afraid to use it and speak my voice, that's not always going to be there. And so, speaking out has thrown a wrench in my life's plans. But I've realized that if we, as women, are not willing to speak up for ourselves, how can we expect other people to do so? That would be wrong to do. So I'm willing to take a stand because I have seen the implications." Gaines pointed out that women fought hard to achieve Title IX 50 years ago, the federal civil rights law that prohibits sex-based discrimination. She noted that while those who see themselves as transgender are, themselves, oppressed, women were and still are an oppressed group. "I think initially before I spoke out, I was so worried about the backlash, and I was so worried that people would think I'm hateful or transphobic or whatever other term they would call me. But since speaking out, I have had so much support across the globe, not even just locally. This is something that people all across the world are thanking me for. And it's crazy to even say that it requires courage to use your voice, but I'm acknowledging that it does." Her message to women, whomever they are and wherever they are is to "Be brave. Use your voice. This is something that needs to be handled with volume and quantity. And the more female athletes that are willing to use that voice, that's how this issue is going to stop [and make] a change that needs to be made to ensure fairness and privacy to female athletes who deserve it."

used...through the years. Two years ago, I decided to buy another one, but the prices of new trucks were out of sight, and I just couldn't find a decent pre-owned one with low miles in my price range. But then I found one for sale on Craigslist...a Ford Ranger with only 64,000 miles on the odometer...but it was "pretty dang old."

It was made in 1996, so it qualified as an antique . . . like me. It had a 4-cylinder engine and didn't have much power . . . like me. The old boy struggled to make it up a steep hill . . . just like me when I'm shopping with my wife at the mall. The brake lines were a little rusty . . . like my arteries, and the cab headliner covering was worn and thin . . . like my hair. That definitely would not be good.

So far both the truck and I are cruising merrily along. I'm happy . . . but I am keeping my fingers crossed. When I was young, I liked to drive fast, but now it's more enjoyable to just drive around the countryside . . . taking it slow and easy

. . . 20 MPH down the middle of the road . . . looking at the crops and the wildlife and waving to neighbors . . . Oh Lord, it must be in my genes...I have become the reincarnation of my Grandpa Dale!

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

In her AMAC Better For America podcast interview with All-American University of Kentucky Swimmer Riley Gaines, the top female swimmer in America, Weber dug deep into this subject. Gaines lost out to a fellow who calls himself Lia Thomas who, presenting himself as a woman, became the first transgender swimmer to take the NCAA National Trophy away from a biological woman.

In her words, "it's been a lifelong journey for myself and every other athlete at that elite level. It's not something you can just jump into. This is something we've been doing for 20 years. And so to be there and have the NCAA choose a male over a woman ... it's a slap in the face"

Gaines warned that it has opened the door for future mischief. As she put it, "men who aren't the best in the men's category [can] come in and win national titles on the women's side. And so I think this is a slippery slope for sure. And I think that's something we've seen over the past couple of months. This is rampant. It's happening daily across all ages." And as an example, she went on to cite the case of a transgender athlete who placed first and stole prize money away from a female competitor.

Gaines said she never thought of herself as a feminist, pointing out that she is happily married and devoted to her husband, but she added that perhaps it is time to redefine modern-day feminism. Her focus is now on becoming an

I have owned several

Celine Dion, Kirstie Alley, Christmas, Good News And Bad

By Dr. Glenn Mollette

Award winning actress Kirstie Alley was diagnosed with cancer shortly before her untimely death at the young age of 71. Grammy award winning Celine Dion has recently been diagnosed with a neurological disease called Stiff Person Syndrome. The disease attacks about one in a million and is a very debilitating disease. She is 54 years old.

Disease, death and bad news can attack anyone at any age and none of us are immune.

Good news came to Britney Griner who spent 10 months in a Russian prison for allegedly having hashish oil in her suitcase at a Moscow airport. She was recently released and is now back in the United States. The Bad news is that arms dealer Victor Bout who smuggled millions of weapons to the Middle East, Eastern Europe and Africa was released from prison in exchange for Griner's release.

Paul Whelan a former United States marine received bad news in that he is still being held in a Russian prison accused of spying. Russia is apparently holding onto him for another deal with the United States. It's tragic that he wasn't released with Griner.

Please stay out of Russia, North Korea, Iran and China. There are other places to avoid as well but there are plenty of nice places to visit.

My deceased wife was 37 when she received the bad news that she had multiple sclerosis. The diagnosis was very bad news and Karen died one day at a time for 12 years. The last four years of her life she could do nothing. She required 24hour care. She became

a person trapped inside a body. She died at the age of 49. The toll that such a disease took on our family and my young sons was severe. Such an illness changes the lives of the entire family. Everyone to some extent is involved in the caregiving and are changed by the emotional drain of sickness and death. However, no one suffers as much as the person struggling with the disease.

Such life struggles play havoc with holidays such as Christmas. Our family never had a normal Christmas for at least 12 years. However, it became our new normal.

Jesus is good news at Christmas. He was bad news to King Herod of Judea. Herod was a mental illness case who ordered the death of all male babies two years old and under in the vicinity of Bethlehem. He hoped to eliminate Jesus because wise men from the East had come to worship him.

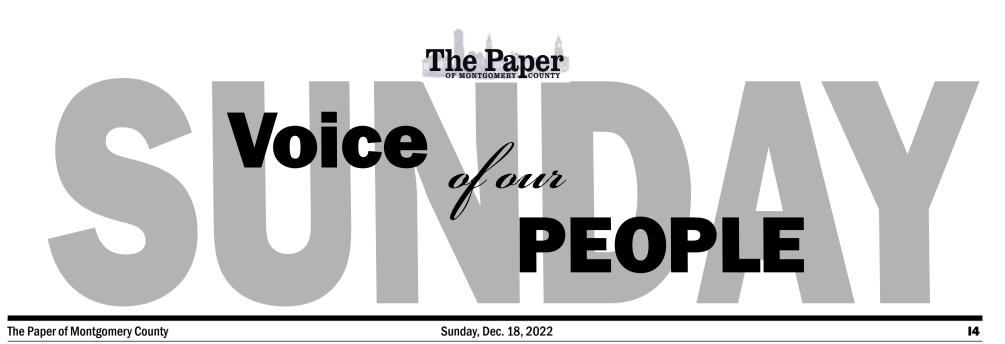
We must pray for the families of Kirstie Alley, Celine Dion and Paul Whelan and many others. These families are suffering. Fame and fortune never provide a way of escaping bad news and the results of bad news. We should also pray for one another and rejoice with any good news that comes each other's way.

We are all sojourners in this life. The message of Christmas is a Savior is born, Christ the Lord, peace on earth and good will toward all.

May good news find its way to you this season of the year and may we all with God's grace be there for each other when the news is not so good.

Visit GlennMollette.com to learn more.





Commentator Martha Boneta Exposes Efforts To Stop President Trump From Running For Reelection

By John Grimaldi

Martha Boneta, a nationally recognized commentator on politics and current affairs, is also one of "America's Most Amazing Women," as Country Woman Magazine described her. She is in high demand by the talk show circuit and she recently sat down with Rebecca Weber, CEO of the Association of Mature American Citizens, for an interview on AMAC's Better For America podcast. Weber describes Boneta, who is the co-chair of the American Freedom Tour, as a "stark defender of America first policies.'

Weber asked Boneta to comment on the Twitter Files expose' that revealed how social media has used its vast network to interfere with the 2020 Presidential Election. Boneta explained that it wasn't just Twitter that conspired to silence conservatives in that election cycle; other such platforms -- including Facebook -- were also behind the scheme. "This was a concentrated effort to change the course of history in our elections. And we believe that this is just the

beginning. I believe that all eyes are going to be on what happened during the election to suppress the vote and suppress conservative voices. Silencing conservatives is something that every American should be concerned about because this has been going on for far too long." she said.

Weber noted how it seems that leftist politicos continue to denigrate the former president. Boneta said that there is, indeed, "an attempt to stop President Trump from running for reelection because the bad guys know that when President Trump runs, he has the voice of every American and of the entire globe. And they want to stop him ... [and it] is just another attempt to stop the American people from choosing President Trump to serve we the people. We all know that there were shenanigans and outright voter fraud and suppression in the last election. And we're not going to let that happen again.'

Switching topics to the Trump Presidency, Weber noted that during the Trump administration America had a moment of energy independence.

She asked Boneta, "What happened?" President Biden happened, she said. "What this president has done is destroy that energy independence, to make our country dependent on places in the world that hate America and want to destroy the American dream. It is part of an effort, I believe, to take away America as being the greatest hope for the world. And we need everybody to remember this at the polls and to remember that your vote has consequences. And not voting for Republicans, not voting for an America first platform that puts the American people first, that puts American energy first, has consequences. And that's exactly what we're seeing now. It's heartbreaking. It's devastating. And I fear that it's going to get worse." Boneta shared her

hopes for the next presidential election, praying that "every American at the polls, will remember this very issue of energy independence. It impacts every aspect of our lives, everything from transportation to heating our homes. It impacts everything we

do. And that's why it is so important. Elections have consequences. We must remember this at the polls."

At the outset of the BFA interview, Boneta put in a plug for the American Freedom Tour, which is "designed to equip conservatives across the country to 'Win Back America' ... it brings America's greatest leaders to cities across our country, including the greatest president of my lifetime, President Donald John Trump. And in doing so, we inspire and give hope to millions of Americans that feel as though, and rightfully so, that all the incredible accomplishments under the Trump administration have been destroyed under the current administration. And we are engaged in activating communities across the country to give hope to Americans to get out and vote and remind this administration that they serve we the people. And in doing so, we give Americans the tools that they need to go out into their communities and to really fight for freedom and the American dream."

The Smell Of Flowers **Upon The Heart**

The sweet smell of flowers emanated on the breeze as I ran through the backyard trail. For me, as a small boy, it seemed immense as the rhododendrons towered above me.

It was like an enchanted garden that you could imagine catching the Irish little people scurry out of your sight and the fairies to be dancing in the air about you.

It was a backyard domain of vibrant red, purple, pink, white, orange and vellow colors in every shade created by long serving forestry employee Baxter Reed who created the sights and smells for his loving wife Hazel.

Baxter and Hazel Reed were my childhood neighbors. They were of my grandparents' generation and themselves had no children. But in their own way, they had many grandchildren – those who made up our little neighborhood.

As we played upon the streets or across the yards, they were there to smile and cheer us along. There were often cups of lemonade nearby and occasionally a cookie to boost our energy. Hazel's love emanated through many of us.

I was able to come to know Baxter some as I assisted him with a few chores around the yard before his Parkinson's advanced to where he was less active.



RANDALL FRANKS Southern Style Columns

cently passed those along for someone else to continue in that enjoyment.

In life, often we are not provided what other might see as the ideal situation. We may not have family or close friends with which to share our day-to-day. There may be no children who will carry on our legacy. Our health may not be the best it can be. We may face problems of our own making or thrust upon us by others.

No matter what is in the hand we are dealt in the game of life, it is our job to play it. To make the very best of the situation and along the way to strive to make our world a better place.

The Christmas and New Year's holiday season is a time for many of loneliness. In some cases, people are outgoing and can fill the time with friends or activities that mask this until the season is passed. But others are mired in a stillness that prevents them from seeking the

Covid-19 Patent Waiver Will Cost Lives, Not Save Them

By Joe Crowley

Anyone wondering why Democrats fared better than expected in the midterms should direct their attention to President Joe Biden's recent string of legislative victories.

These accomplishments helped Democrats win crucial votes in key states and maintain control of the Senate. But if they want to hold onto the White House, it's important that President Biden and congressional Democrats avoid any policy stumbles before 2024.

One such stumble would be the president and his allies throwing their support behind the World Trade Organization's proposal to waive intellectual property protections on therapeutics and tests related to Covid-19. It would allow our global competitors -- including China -- to help themselves to U.S. patents and other intellectual property.

The stated goal of the proposal is to improve access to Covid-19 therapeutics and diagnostics

in the developing world, similar to the WTO's nullification of IP protections for vaccines in June. But there's little evidence that such access is lacking or that this reform would improve it.

What it would do is harm the research ecosystem that has made the U.S. the world's leading source of medical breakthroughs.

The very idea that patents are inhibiting access to Covid-19 tests and therapies is unfounded. Since the beginning of the pandemic, pharmaceutical firms have voluntarily licensed their Covid-19 therapies to manufacturers in lowand middle-income countries around the world.

Simply put, suspending IP for valuable Covid-19 technologies isn't likely to save lives. But it will certainly compromise the Biden administration's efforts to improve healthcare access and encourage domestic biotech innovation.

Currently, getting a new medicine to market requires a massive investment -- \$2.6

billion, on average. Patents help ensure that when a new drug passes government-mandated clinical trials -- about 90% don't -- investors have a chance to recover their development costs and pay for the numerous failures that came along the way.

If federal officials start calling patents into question, the result will be a future deprived of cutting-edge medicines for everything from cancer and heart disease to diabetes and Alzheimer's. It's also a future in which the world will be far less ready to handle a global health crisis like Covid-19.

Had patent waivers been the norm before the pandemic, America's scientists and drug manufacturers would have lacked the basic infrastructure to invent, mass produce, and distribute the vaccines and therapies that are now bringing this emergency to an end.

Indeed, a new Progressive Policy Institute paper notes that strong. codified IP protection has "contributed to a long-

term upturn in scientific research and invention, a public good well worth preserving; which makes this next decision one that raises some systemic questions.'

By weakening IP protections, the WTO's expanded waiver would deal a blow to a \$1 trillion domestic industry that supports millions of U.S. jobs. It would also enable other countries -- friends and foes alike -- to piggyback off American innovation, hurting our economic competitiveness.

President Biden's historic strides in expanding healthcare access and bolstering America's biotech economy are legacy accomplishments. Rejecting an expansion of the WTO waiver gives his administration the opportunity to continue that legacy of supporting American ingenuity and prosperity, and restoring our nation's position as a leader in global health.

Joe Crowley represented New York's 7th and 14th congressional districts from 1999 to 2019.

The couple was originally from Oregon and Baxter had retired from the forestry service. I am not sure what had brought them to Atlanta and our neighborhood. I guess I never asked, or if it was said, it was lost in the annals of my youthful inquisitiveness.

But from him I learned that in order to create a beautiful environment, outside of nature's normal beauty, it took dedication and care. That is what he gave to the space he created for Hazel and he to enjoy.

When I was big enough, I took on mowing yards to earn money. The one yard that I really did not want to mow was the Reeds. Mr. Reed had cultivated the only Zoysia front yard in the neighborhood. It was thick and difficult to push the mower through. But in time, I was asked and could not refuse Hazel's request.

One of Hazel's pastimes was painting flowers on china, and she was very good at this hobby. I was blessed as a boy to get a few of her creations and have cherished them through the years. I resupport of others.

You have a chance to make the lives of those around you better every day of the year. This is a lesson I learned from Hazel and from Baxter, you do your best to uplift, encourage and persevere no matter your circumstances and while doing that you make your life, your days, and your circle of engagement a happier and more loving place to be.

Create a memory that lasts far beyond you. Thank you Hazel and Baxter, gone from us now for decades, but still in the memory and in the heart of one of those little neighborhood boys.

Randall Franks is best known for his role as "Officer Randy Goode" on TV's "In the Heat of the Night" now on WGN America. His latest 2019 # 1 CD release, "Americana Youth of Southern Appalachia, " is by the Share America Foundation. He is a member of the Old Time Country Music Hall of Fame. His latest book is "A Badge or an Old Guitar: A Music City Murder Mystery.' He is a syndicated columnist for http://randallfranks. com/ and can be reached at rfrankscatoosa@gmail.com.





Montgomery County's Most Wanted

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Thomas W. Farley II Born 1991 Charge: FTA Possession of Methamphetamine/Carrying Handgun w/out license

WANTED



Tasha L. McCray Born 1991 Charge: FTA Fraud (Felony 6)

Cole M. Williams Born 1995 Charge: P/V Escape

Stephen C. Shaffer Born 1992 Charge: Domestic Battery (Level 5)

Please Read Our Disclaimer:

All warrants are the property of Montgomery County, Indiana. This list of wanted suspects is updated on a daily basis, but all warrants need to be verified through the Montgomery County Sheriff's Office Warrants Division before any action is taken. If you feel a warrant is listed in error, please contact the Montgomery County Sheriff's Office.

Notice:

If you have information about the whereabouts of any of the listed suspects, please contact the Montgomery County Sheriff's Office at the numbers provided, or contact your local law enforcement agency. The issuance of a warrant by no means indicates that a person is guilty of a crime, only that probable cause exists to believe that person has committed a crime.

DO NOT ATTEMPT TO APPREHEND ANY OF THESE SUSPECTS AS THEY MAY BE ARMED AND DANGEROUS. Sunday, Dec. 18, 2022

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