

The Paper

OF MONTGOMERY COUNTY

Montgomery County's oldest locally owned independent newspaper

50¢

CRAWFORDSVILLE, INDIANA

WWW.THEPAPER24-7.COM

TODAY'S VERSE

Matthew 6:33 *But seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you.*

FACES OF MONTGOMERY

People who call our community their own.



Andrew Jones smiles for our roving photographer. Andrew is a senior of Crawfordsville High School where he plays soccer and golf. Thank you for your smile Andrew!

THREE THINGS You Should Know:

1 Want to see a comet with your naked eye? Well, you just might get your chance soon. Comet C/2022 E3 (ZTF) will be closest to our planet on Feb. 1 and Feb. 2. According to the good folks at space.com, if the comet continues to get brighter, we just might be able to look up and see it. And even if it fades a bit, we should still be able to use binoculars or a telescope around then. Go to www.space.com for more information.

2 The public can cut up and remove certain downed trees at Tippecanoe River State Park for firewood. Trees eligible for firewood have fallen as a result of natural causes or have been dropped by property staff. They are along roadsides or in public areas such as campsites and picnic areas. Permit sales and cutting are available beginning Jan. 17 and go through March 10. The cost of one pickup-truck load is \$10. All proceeds will be used for resource management and restoration efforts, including replacement of trees in campgrounds and other public areas. A firewood permit must be obtained for each load. For more information, call the Tippecanoe River office at (574) 946-3213. Firewood cut at Tippecanoe River is for personal use only and cannot be sold.

3 In its continuing effort to support youth pursuing careers in agriculture, Ceres Solutions will offer \$25,000 through scholarships to high school seniors and college students this spring. Students receiving the scholarships are selected based on their commitment to agricultural youth programs and their desire to pursue higher education.

Recapping The 2022 Bicentennial With A "Tom" Ten List

Happy New Year, Montgomery County! How about a David Letterman-style top ten list about Montgomery County's year-long bicentennial efforts?



The League of Women Voters, open to men as well as women, is a nonpartisan, multi-issue political organization that encourages informed and active participation in government. For information about the Montgomery County LWV, visit: www.lwvmontco.in.org or message to LWV, PO Box 101, Crawfordsville, Indiana 47933.

Here's a humorous recap of the hard work of the bicentennial planning team and will be almost as good as celebrating over tacos in January, which County Administrator Tom Klein said the team plans to do. The list is based on highlights for Tom and the team.

Ten: Why not start with clearing the air? Tom led off with the Bicentennial Tree Planting Campaign. Trees are nature's air filters. Klein said he had a goal of 110 trees planted and, with the help of one ambitious planter David Carr who put in 50 persimmon trees (and a final

planting of a dozen saplings around the new government center), the county iced its goal with a three-point lead. If you planted trees in Montgomery County in 2022, please let Tom know (tom.klein@montgomery-county.in.gov) for his total tally.

Nine: Have you seen the bicentennial monument? It's a low-lying monument, perfect for mowing over (that's why cemeteries prefer them). Since the concrete around the courthouse hasn't required a quick buzz on the riding mower, the low-lying monument humbly proclaims 200 years of official county business. The predominant immigrant ethnicities who settled on Miami territory – most early settlers were Irish, Scottish, British and German – would give us a pat on the back for installing a modest marker that symbolizes the youthfulness represented by only 200 years. After all, they have pubs dating from the 1100s. There's plenty of time to add in centennial monuments or create a stacking set that can eventually totter as

➔ See LWV Page A6

Rokita Invites Hoosiers To Visit IndianaUnclaimed.gov To Kick Off The New Year



Attorney General Todd Rokita

After ringing in the new year, Indiana Attorney General Todd Rokita invites Hoosiers to visit IndianaUnclaimed.gov to see if they have some extra money waiting for them in 2023.

"Our hardworking Hoosiers deserve to have their money returned," Rokita said. "My office is committed to serving the people of Indiana and protecting their individual liberty. Getting unclaimed property back in the

hands of its rightful owner is crucial."

With the new year rolling in, let's celebrate together with newly discovered cash.

In 2022, Rokita's office returned over \$62 million in unclaimed property to its rightful owners. This is in addition to the \$48 million returned in unclaimed property in 2021.

While you're spending time with family and friends over the holidays, be sure to also ask loved ones about assets and send them to our website.

Unclaimed property is any financial asset with no activity by its owner for an extended period of time. This can include once unclaimed property in its custody. The Unclaimed Property Division at Rokita's office conducts outreach efforts to locate the rightful owners or heirs.

Individuals and/or businesses

➔ See ROKITA Page A6

6 Predictions For 2023 . . . Sort Of



TIM TIMMONS
Two Cents

Newspapers attract the oddest people sometimes. I have had people waltz into my office to tell me about the alien spaceship that landed in their field as well as multiple folks who said they had to remain anonymous because they uncovered the JFK conspiracy and their lives were in danger.

Still, last week, topped them all.

A bearded mystery man walked in, did not wait for an invite and promptly sat down. He had the weirdest eyes and a hat that looked like one of those poofy velvet things French

➔ See TIM Page A6



SSS Cheer Campaign Tops \$13K

Crawfordsville High School and Tri Kappa Sorority Sunshine Society Cheer Campaign has completed its fifth week. This community outreach program raised more than \$15,000 a year ago and has set a goal of \$20,000 this year.

Anyone may donate. Some donations are anonymous, some are in memory of family or friends.

The Paper of Montgomery County and other media will

➔ See SSS Page A6

The Daily Almanac



Sunrise/Sunset
RISE: 8:09 a.m.
SET: 5:35 p.m.



High/Low
Temperatures
High: 50 °F
Low: 48 °F



Wacky Holiday Today
• Free Flower Basket Day
• National Spaghetti Day



What Happened On This Day
• 1958 Sputnik 1, the first artificial Earth satellite, launched by the Soviet Union in 1957, falls to Earth from orbit
• 2007 The 110th United States Congress convenes, electing Nancy Pelosi as the first female Speaker of the House in U.S. history



Births On This Day
• 1942 John McLaughlin Guitarist and songwriter
• 1986 James Milner English footballer

Deaths On This Day
• 1961 Erwin Schrödinger Austrian physicist and Nobel Prize laureate
• 1965 T. S. Eliot American/English publisher, playwright, critic and Nobel Prize laureate

HONEST HOOSIER

A buddy got a new car for Christmas and said it has a button for everything . . . it heats this and cools that and puts sound here and checks traffic there. He also said he's a little nervous about pushing one button that says Rear Wiper!



TODAY'S HEALTH TIP

Change your contact lenses per the manufacturer's recommendation. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



OBITUARIES

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INSIDE TODAY'S EDITION

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THE MONTGOMERY MINUTE

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TODAY'S QUOTE

"I like the dreams of the future better than the history of the past."
- Thomas Jefferson

TODAY'S JOKE

What do dentists call their X-rays?
Tooth pics!



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The Paper appreciates all our customers. Today, we'd like to personally thank JERRY BIGGS for subscribing!



7 DAY FORECAST

48/50 MOSTLY CLOUDY COOLER	34/40 FLURRIES & SNOW SHOWERS	31/39 MOSTLY CLOUDY	30/39 RAIN/SNOW SHOWERS	33/38 PARTLY CLOUDY	27/40 SOME SUN	23/44 SOME SUN
WED	THU	FRI	SAT	SUN	MON	TUE

OBITUARIES

Morris W. Geiger

Sept. 28, 1935 - Dec. 26, 2022

Morris W. Geiger age 87 of Crawfordsville, passed away 10:28 p.m. Monday, Dec. 26, 2022 in Franciscan Health Crawfordsville.

He was born in Romney, Sept. 28, 1935 to the late Morris W. and Irene Kuhns Geiger.

He married Mabel Helen Land May 30, 1964 in West Lebanon, she survives.

He was a 1953 graduate of New Richmond High School. He served with the US Air Force, Feb. 2, 1955 - Jan. 11, 1963 earning the rank of Staff Sgt. at the time of his discharge.

Following his discharge he was employed and retired from Alcoa in Lafayette. He and his family resided in New Richmond for 20 years before moving to Crawfordsville. He was a member of Whitesville Christian Church. He was a kind man, never knew a stranger, and known by his ever-present smile.

Survivors include his wife, Mable; two daughters, Charlotte A. Mikels and Karen J. Geiger both of Crawfordsville; a son, Brian Geiger of St. George, SC.; five grandchildren; seven great-grandchildren; and two brothers; Roy Geiger of Lafayette and John Larry Geiger of New Richmond.

He was preceded in death by his parents; a sister, Patricia Murphy; a brother, Michael Ray Geiger; and step-daughter, Brenda Marquess.

Public graveside services will be held 1 p.m. Thursday, Jan. 5, 2023, with Pastor Mike Whitacre officiating in New Richmond Cemetery. Military rites by American Legion Post 72 Honor Guard.

Family and Friends Funeral Home of Wingate is assisting his family. Visit us online to sign the guest book or leave a condolence at www.familyand-friendsfh.com



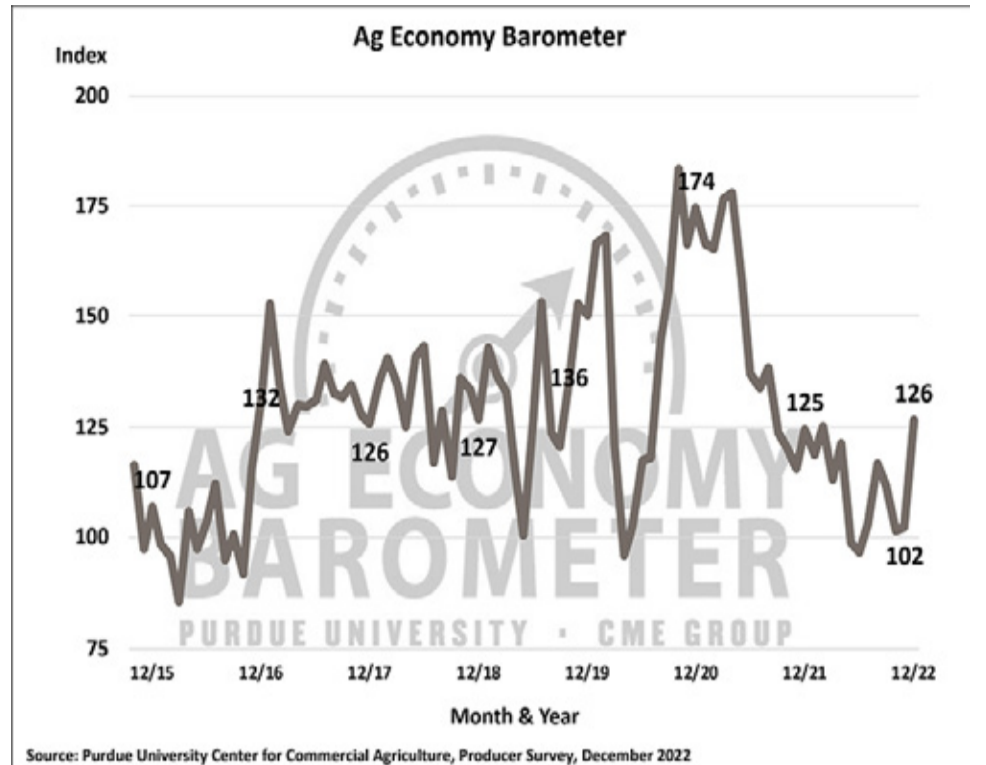
Farmer Sentiment Rebounds At Year End On Stronger 2022 Income

Following a two-month decline and a year of weak sentiment, the Purdue University/CME Group Ag Economy Barometer closed out the year on a more positive note, rallying 24 points in December to a reading of 126. U.S. farmers were more optimistic about both their current situation and expectations for the future. The Current Conditions Index jumped 37 points to a reading of 135, while the Future Expectations Index increased 18 points to a reading of 122. The Ag Economy Barometer is calculated each month from 400 U.S. agricultural producers' responses to a telephone survey. This month's survey was conducted Dec. 5-9.

"The improvement in current sentiment was motivated by producers' stronger perception of current financial conditions on their farms and could be attributed to producers taking time to estimate their farms' 2022 income following the completion of the fall harvest," said James Mintert, the barometer's principal investigator and director of Purdue University's Center for Commercial Agriculture.

The Farm Financial Performance Index climbed 18 points to a reading of 109 in December. Notably, this was the only time in 2022 that the index was above 100. The turnaround was driven by a sharp increase in the percentage of producers who expect better performance than last year, which jumped from 23% to 35% of respondents, and is consistent with USDA's forecast for strong net farm income in 2022.

The Farm Capital Investment Index climbed 9 points this month to



40, the highest reading for the index since February; yet, it remains 9 points lower than a year earlier. Among the nearly three-quarters of respondents who said it was a bad time for large investments, the most commonly cited reason was high prices for farm machinery and new construction (41%), followed by rising interest rates (28%).

Despite the improvement in farmers' perceptions of their financial situations, both the short- and long-term farmland value indices continued to drift lower in December. The short-term index fell 5 points to 124, while the long-term index declined 4 points to 140. When examined over the course of the last year, it's clear that sentiment among producers about farmland values has shifted. For example, compared to a year ago, the percentage of respondents who expect to see farmland values decline in the upcoming year increased from 6%

to 15%, while the percentage expecting to see values rise declined from 59% to 39%. Among producers who expect farmland values to rise over the next 5 years, just over three-fourths of them said that a combination of nonfarm investor demand and inflation are the main reasons they expect to see values rise.

Looking to the year ahead, the December survey asked producers to compare their expectations for their farm's financial performance in 2023 to 2022. Producers indicated they expect lower financial performance in 2023 and cited rising costs and narrowing margins as key reasons. Concerns about costs continue to be top of mind for producers. Nearly half (47%) of crop producers said they expect farmland cash rental rates in 2023 to rise above the previous year. Other top concerns for 2023 include higher input costs (45% of respondents), rising interest rates (22% of respon-

dents) and lower crop or livestock prices (13% of respondents).

Read the full Ag Economy Barometer report online. The site also offers additional resources - such as past reports, charts and survey methodology - and a form to sign up for monthly barometer email updates and webinars.

Each month, the Purdue Center for Commercial Agriculture provides a short video analysis of the barometer results. For even more information, check out the Purdue Commercial Ag-Cast podcast. It includes a detailed breakdown of each month's barometer, in addition to a discussion of recent agricultural news that affects farmers.

The Ag Economy Barometer, Index of Current Conditions and Index of Future Expectations are available on the Bloomberg Terminal under the following ticker symbols: AGECBARO, AGECCURC and AGECCFTX.

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Community Education And Support Group Classes Held By Witham Health Services

The following are Community Education classes being held by Witham Health Services in January 2023.

- Diabetes Self-Management Class - Call the Diabetes Education Department at 765-485-8120 for individualized class, scheduling and pricing.

- Rock Steady Boxing 1 & 2 - held weekly at 9 a.m. on Mondays and Wednesdays at the Witham Health Services South Pavilion Wellness Center.

- Rock Steady Boxing 3 & 4 - held weekly at 9:45 a.m. on Mondays and Wednesdays at the Witham Health Services South Pavilion Wellness Center.

- Restorative Yoga - is held weekly on Mondays at 6 p.m. at the Witham Health Services South Pavilion Wellness Center.

- Silver Sneakers - held weekly at 11:15 a.m. on Mondays for those 65 or older at the Witham Health Services South Pavilion Wellness Center.

- Silver Sneakers Cardio - held weekly at 11:15 a.m. on Wednesdays for those 65 or older at the Witham Health Services South Pavilion Wellness Center.

- Silver Sneakers Chair Yoga - held weekly at 11:15 a.m. on Thursdays for those 65 or older



at the Witham Health Services South Pavilion Wellness Center.

- Tai Chi for Health 2 - Seven week sessions, held weekly at 10 a.m. on Tuesdays at the Witham Health Services South Pavilion Wellness Center.

- Tai Chi for Health 1 - Seven week sessions, held weekly at 11 a.m. on Tuesdays at the Witham Health Services South Pavilion Wellness Center.

- Fight Smart - Designed to reduce the risk of any chronic disease you may be facing. Held weekly at 9 a.m. on Tuesdays and another class on Thursday's at 9:00 a.m. at the Witham Health Services South Pavilion Wellness Center.

- Flow Yoga - held weekly on Fridays at 12:30 p.m. at the Witham Health Services South Pavilion Wellness

Center.

Please call the Wellness Department at 765-485-8126 for more information on scheduling and pricing.

The following are the Community Support Group Classes being held by Witham Health Services in January 2023.

- Breastfeeding Support Group - is held weekly on Mondays at 6 p.m. in the VIP Dining Room.

- Individualized Breastfeeding Support is available with a Lactation Consultant. To schedule an appointment and for pricing, call 765-485-8411.

- Diabetic Support Group - is cancelled during January and February.

- Cancer Support Cooking for Wellness - Tuesday, Jan. 17 at 1 p.m. in the South Pavilion Wellness Center.

- Alzheimer's Support Group - Tuesday, Jan. 17 at 6 p.m. in the North

Pavilion Conference Rooms.

- Cancer Support Group - Monday, Jan. 23 at 6 p.m. in the North Pavilion Conference Rooms. Parking is in the Physician Parking Lot and exterior door is marked 39.

- Grief Support Gathering - Tuesday, Jan. 24 at 6 p.m. in the VIP Dining Room.

About Witham

Witham Health Services is proud to be part of the growth and vitality throughout Boone County and the surrounding communities.

Our mission is to improve your health through excellence and personalized care. Every day, our experienced and compassionate staff, combined with our state-of-the-art technology, bring exceptional health resources to patients and their families - all close to home.

Witham has offices in Crawfordsville, Frankfort, Jamestown, Lebanon, Thorntown, Whitestown at Anson and Zionsville.

At Witham Health Services, we feel called to care for our neighbors; supporting them to live healthy, active lives and helping them heal in times of injury and illness. To learn more about our mission, our values and vision, visit www.witham.org

Child Poverty Rates Highest In States That Haven't Raised Minimum Wage

By Casey Quinlan

Of the 20 states that have failed to raise the minimum wage above the federal \$7.25 an hour standard, 16 have more than 12% of their children living in poverty, according to a States Newsroom analysis of wage and poverty data. Anti-poverty advocates say that's a sign that there's an urgent need for lawmakers to increase the federal minimum wage and do more to help struggling families.

Congress had the opportunity to achieve the latter by expanding the child tax credit before the end of the year, but lawmakers did not arrive at a deal with Republicans to include it in the omnibus spending package. The expansion, which was part of the American Rescue Plan, provided as much as \$3,600 in monthly installments to qualifying families and is credited with lifting 3.7 million children out of poverty at least temporarily.

Raising the minimum wage would not lead to as fast or drastic an improvement, but a 2019 Congressional Budget Office analysis found that increasing the amount to \$15 an hour would lift more than 500,000 children from poverty. And the Economic Policy Institute estimated in 2021, that if Congress passed a \$15 minimum wage increase by 2025, up to 3.7 million people wouldn't have to live in poverty — 1.3 million of those being children.

Ben Zipperer, an economist at the Economic Policy Institute, said there is a strong connection between the minimum wage and poverty.

"It's not a 1-1 connection, but there is a pretty strong connection," said Zipperer, whose expertise is on the minimum wage, inequality, and low-wage labor markets. "The main determinants of poverty in this country are whether you work

Where the minimum wage is rising in 2023:

Alaska - \$10.85
 Arizona - \$13.85
 California - \$15.50
 Colorado - \$13.65
 Delaware - \$11.75
 Florida - \$12
 Illinois - \$13
 Maine - \$13.80
 Maryland - \$13.25
 Massachusetts - \$15
 Michigan - \$10.10
 *Minnesota - \$10.59
 Missouri - \$12
 Montana - \$9.95
 Nebraska - \$10.50
 **Nevada - \$11.25
 New Jersey - \$14.13
 New Mexico - \$12
 ***New York - \$14.20
 Ohio - \$10.10
 Rhode Island - \$13
 South Dakota - \$10.80
 Vermont - \$13.18
 Virginia - \$12
 Washington - \$15.74
 *For employees at companies with revenues over \$500,000; \$8.63 for all other workers
 **If companies provide health benefits the minimum wage requirement is \$10.25
 ***\$15 in New York City and surrounding counties
 Oregon's minimum wage adjustment will be made in July based on the Consumer Price Index. It is currently \$13.50 for most of the state; \$14.75 in Portland.

and how much you work, so whether you have a job during the year and how many hours a week or weeks per year you work at that job. ... And then the third [determinant] is how much you were paid for an hour of work at your job. If you're getting paid relatively low wages, the minimum wage affects that."

Congress last raised the minimum wage in 2009, but 30 states now require employers pay more than the federal standard, according to the National Conference of State Legislatures. Numerous municipalities have also passed living wage laws for city or county workers.

Twenty-seven states, including New Jersey, Florida, California and Missouri, will raise their state's minimum wage in 2023, after passing legislation or voter-ap-

proved ballot measures that gradually increase the state minimum wage over several years or tie it to inflation. Washington (\$15.74), California (\$15.50) and Massachusetts (\$15) will have some of the highest state minimum wages in 2023, although the high cost of living in those states mitigates the effect on poverty rates.

In Missouri, where the minimum wage will be \$12 next year, a 2018 analysis from the Economic Policy Institute found that Proposition B, the ballot measure that is responsible for raising the wage, would increase wages for 677,000 people in Missouri.

States where legislatures have not raised the minimum above the federal \$7.25 an hour include Mississippi, Louisiana, Georgia, Oklahoma, Indiana, Tennessee, Kentucky, Arkansas,

North Carolina and South Carolina. All have child poverty rates of 20% or higher, according to U.S. Census data analyzed by 24/7 Wall Street, a financial news site. Mississippi has the highest child poverty rate in the United States, at 27.6%, with Louisiana following at 26.3%.

Indiana ranked 20th at 17.6%.

Zipperer said that many of these low minimum wage states are concentrated in the Southern United States for a reason. He pointed to the political deals lawmakers made to leave Black workers out of 1930s labor rights gains, which were done for the benefit of Southern Democrats.

"That legacy of racism plagued the initial years of the national minimum wage and labor law generally in the United States, and while it was somewhat improved and overcome through the civil rights movement, you see the parallel to that now where you have a lot of places in the South that don't have minimum wages and or have very low minimum wages, and so they follow the federal standard which Congress has refused to raise over the past 13 years," he said.

He added, "That kind of decline in the cost-of-living adjusted value of the minimum wage disproportionately harms the people who are paid the lowest wages in the U.S. economy and because of our sexist and racist labor market, that is women and people of color."

Louisiana data In Louisiana, for instance, 64% of women of color earn less than \$15 an hour, while 58% of Black workers and 50% of Hispanic workers also earn less than \$15 an hour, according to Oxfam America's analysis of U.S. Census data.

The results of that disparity can be seen in an analysis of data on Louisi-

anans' standard of living done by Talk Poverty, a project of the Center for American Progress. It found:

- 19% of people in Louisiana had incomes below the poverty line in 2019.

- 20% of working age women and 29% of Black Louisianans in 2019 lived below the poverty line.

- Louisiana ranked 42nd in the nation in high school graduation rates and 45th in higher education attainment during the 2017-2018 school year.

- In 2018, 20% of young people aged 18 to 24 without high school degrees were not in school or working.

- From 2017 to 2019, 15.3% of Louisiana households were food insecure.

Peter Robins-Brown, executive director of Louisiana Progress, said several factors contribute to the number of Louisianans living in poverty. Louisiana hasn't prioritized putting funding into programs that would provide economic relief, has focused its tax reform on benefits for the wealthy and for businesses, and has a particularly unjust criminal justice system that punishes the poor, he said.

"Social services in Louisiana are largely underfunded, making it easier for generational poverty to continue," Robins-Brown said.

The state also favors landlords' rights over tenants rights and people living in the southern parts of the state that experience the most severe weather disasters have to live with high premiums for homeowners insurance, which further contribute to economic inequality, Robins-Brown explained.

Although Louisiana Gov. John Bel Edwards is a Democrat, and has expressed support for raising the minimum wage, both chambers of the Louisiana Legislature are controlled by Re-

publicans. Louisiana is one of 24 states without a process for citizens to offer ballot initiatives and voter referendums.

"Both the House and Senate committees that deal with labor issues are low-priority for Republicans and Democrats because industry interests usually predetermine the outcomes in those committees," Robins-Brown said.

For these reasons, Robins-Brown says Louisianans are depending on the federal government to take action to raise the minimum wage. He said his organization supported expanding the child tax credit because it was a powerful tool in reducing child poverty.

Congress last failed to increase the minimum wage in 2021, when it was proposed as part of a larger pandemic relief package. Fifty Senate Republicans and seven Senate Democrats voted against raising the minimum wage to \$15 by 2025. The exclusion of the expansion of the child tax credit in Congress' omnibus bill is one more lost chance to reduce child poverty.

"The child tax credit enormously reduced poverty during the recent expansion of that program and unfortunately that was temporary," Zipperer said. "But I think that's a very clear demonstration that we actually have, to some degree, the capacity to eliminate a lot of poverty in this country. All it takes is overcoming the political opposition to do that."

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How Cold Weather Activities Can Impact Heart Health

(Family Features) Clearing sidewalks and driveways of snow may be essential to keep from being shut in, however, it's important to use caution when picking up a shovel or starting the snowblower. Research shows many people face an increased risk of a heart attack or sudden cardiac arrest after shoveling heavy snow.

In fact, snow shoveling is among the physical activities that may place extra stress on the heart, especially among people who aren't used to regular exercise, according to the American Heart Association's scientific statement, "Exercise-Related Acute Cardiovascular Events and Potential Deleterious Adaptations Following Long-Term Exercise Training: Placing the Risks Into Perspective - An Update." Numerous other scientific research studies over the years have also identified the dangers of shoveling snow for people with and without previously known heart disease.

"Shoveling a little snow off your sidewalk may not seem like hard work," said Barry Franklin, Ph.D., FAHA, lead

author of the scientific statement, long time American Heart Association volunteer and a professor of internal medicine at Oakland University William Beaumont School of Medicine. "However, the strain of heavy snow shoveling may be as, or even more, demanding on the heart than taking a treadmill stress test, according to research we've conducted. For example, after only 2 minutes of snow shoveling, study participants' heart rates exceeded 85% of maximal heart rate, which is a level more commonly expected during intense aerobic exercise testing. The impact is hardest on those who are least fit."

Franklin said winter weather in general can contribute to increased risks. Cold temperatures may increase blood pressure while simultaneously constricting the coronary arteries. Those factors, combined with higher heart rate from extra physical effort, may increase the risk for acute cardiac events. There are even studies showing an increased risk for heart attacks among people using

snowblowers. Similar to the exertion of pushing a shovel, pushing a snowblower can raise the heart rate and blood pressure quickly.

"The impact of snow removal is especially concerning for people who already have cardiovascular risks like a sedentary lifestyle or obesity; being a current or former smoker; or having diabetes, high cholesterol or high blood pressure; as well as people who have had a heart attack or stroke," Franklin said. "People with these characteristics and those who have had bypass surgery or coronary angioplasty simply should not be shoveling snow."

If you experience chest pain or pressure, lightheadedness, heart palpitations or irregular heart rhythms, stop the activity immediately. Call 911 if symptoms don't subside shortly after you stop shoveling or snowblowing. If you see someone collapse while shoveling snow, call for help and start Hands-Only CPR if they are unresponsive with no pulse.

Learn more about cold weather and cardiovascular health at Heart.org.

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PUBLIC NOTICES

**TO THE OWNERS OF THE WITHIN DESCRIBED REAL ESTATE AND ALL INTERESTED PARTIES
NOTICE OF SHERIFF'S SALE**

By virtue of a certified copy of a decree to me directed from the Clerk of Circuit Court of Montgomery County, Indiana, in Cause No. 54D01-2205-MF-000409 wherein U.S. Bank National Association was Plaintiff, and M&D Service Center Inc and Christopher C. Miller, were Defendants, requiring me to make the sum as provided for in said Decree with interest and cost, I will expose at public sale to the highest bidder, on the 8th day of February, 2023, at the hour of 10:00 a.m. or as soon thereafter as is possible, at 600 Memorial Drive, Crawfordsville, IN 47933, the fee simple of the whole body of Real Estate in Montgomery County, Indiana.

Lots numbered 12, 13, 14, 25 and 26 as the same are known and designated on the recorded Plat of Highland Park Addition to the City of Crawfordsville, as platted by Enoch Simms, upon part of the west half of the southeast quarter of Section 5, township 18 north, range 4 west, in Montgomery County, Indiana, EXCEPT THE FOLLOWING DESCRIBED TRACT: Beginning at a 5/8" by 24" capped rebar stamped Deckard Srvy. Firm #44 (hereinafter referred to as a Deckard rebar) marking the southeast corner of said lot numbered 14, thence north 27 degrees 05 minutes 48 seconds west (relative to a previous survey bearing of cardinal North and South along Meridian Avenue in said Addition) along the easterly lines of the above referenced Lots and their northwesterly extension for a distance of 156.74 feet to a Deckard Rebar in the center line of a 12 foot wide vacated alley; thence north 89 degrees 58 minutes 16 seconds west with said center line for a distance of 57.01 feet to a Deckard rebar; thence leaving said center line and running thence south 01 degrees 33 minutes 00 seconds west for a distance of 139.12 feet to a P.K. nail on the south line of lot numbered 14; thence south 89 degrees 47 minutes 10 seconds east with said south line for a distance of 133.0 feet to the place of beginning, containing 0.305 acres, more or less.

More commonly known as: 1215 Danville Ave, Crawfordsville, IN 47933
Parcel No. : 10-05-442-115.000-030
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Indiana Medical Licensing Board Schedules Bernard Hearing In Ongoing Abortion Case

By Casey Smith

The Indiana Medical Licensing Board will take up a complaint next month against an Indianapolis doctor who is at the center of a controversial abortion case.

The hearing, which is set for Feb. 23, moves the board one step closer toward a decision about the doctor's medical license and other penalties.

Indiana Attorney General Todd Rokita maintains that Dr. Caitlin Bernard, an OB-GYN, "failed to immediately report the abuse and rape of a child to Indiana authorities" after performing the abortion on a 10-year-old girl from Ohio in June.

An investigation by the Republican attorney general's office into the doctor originally prompted a lawsuit from Bernard and her medical partner Dr. Amy Caldwell.

Rokita said in court filings that Bernard "failed

to immediately report the abuse and rape of a child to Indiana authorities" after performing the abortion on the girl from Ohio. He additionally maintains that Bernard "failed to uphold legal and Hippocratic responsibilities" by "exploiting a 10-year-old little girl's traumatic medical story to the press for her own interests."

But courtroom testimony and evidence appears to show Bernard communicated with Ohio authorities even before she administered abortion-inducing medication. She also notified the Indiana Department of Child Services a few days after the abortion.

Just days before Marion County Superior Court Judge Heather Welch issued a ruling, Rokita sent the complaint against Bernard to the state medical licensing board.

Although the move prompted Welch to deny

an injunction request, she ruled that Rokita caused "irreparable harm" to the OB-GYN's reputation and professional standing when he publicly discussed his office's ongoing investigation into Bernard.

The doctor voluntarily withdrew her lawsuit against Rokita after the case shifted to an administrative licensing action, however. Her lawyers cited jurisdictional issues that would likely keep the case from moving forward.

In the latest filings with the state licensing board, Bernard continues to maintain that her public comments about the 10-year-old's case were within the bounds of HIPAA. She also argues that she "could not" have knowingly violated Indiana's child abuse reporting law because her notification to authorities was consistent with policies in place at IU Health, where she practices.

"Dr. Bernard fulfilled her obligation to immediately report suspected child abuse when she informed a social worker who IU Health had designated to handle child abuse reporting within the hospital and also because she knew the abuse had already been reported," documents filed with the medical licensing board state. "Dr. Bernard believed at all times that she was complying with all state and federal privacy laws and that she had fulfilled her obligation to report child abuse."

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Tips For Planning Winter Getaways

(Family Features) Winter occasions and celebrations equate to increased travel opportunities for many families to see destinations around the globe. Whether you're planning a trip far from home or taking advantage of nearby attractions during a staycation, you can get more out of your adventures when you plan ahead.

Consider these facts, figures and tips from the travel experts at Go City, a top attractions and experiences pass for city travelers.

Planning
Overall, Americans spend an average of 14 hours planning their getaway, the majority of which happens online or with the help of apps that provide booking information, directions, localized tips and more. In addition to deciding where to go and what to do once you get there, you may find planning ahead and checking restaurant reviews is especially helpful for those first hours after you arrive. Upon arrival, the first order of business for travelers is often refueling with a good meal, typically based on reviews they read before reaching their destination. Also research attractions and create a plan of things you'd like to do each day, even if you don't follow it to the letter.

Remember, while many attractions and entertainment options provide flexibility, some should be booked in advance. Check individual websites for events, attractions and more to find details about booking and tickets, if required.

Destination

If you're like many Americans, you may favor traveling to a place where the temperatures soar and you can soak up some sunshine. However, taking advantage of some of those typically warmer destinations outside of peak season can actually provide a way to avoid lines and enjoy a break from the heat. For example, locals in Orlando prefer to visit the area's popular theme parks in the winter. Using an option like Go City can help you save and experience more to make your in- or off-season trip even better with access to Legoland Florida, Fun Spot America and Boggy Creek Airboat Tours.

The experience passes provide access to popular attractions in 30 major cities around the world such as New York, Los Angeles, Las Vegas, Orlando, London, Bangkok, Barcelona, Dubai and more. Cancun is another hot spot; using the All-Inclusive Pass during the cooler months allows you to take advantage of one of the best times of the year to enjoy Xcaret at Night, along with the Cancun Scenic Tower. Other favorites among visitors include the Sky Wheel and parasailing adventures.

Packing

Smart packing is an often-overlooked secret to successful travel. Not only do you need enough attire for each day, you may also need extras to accommodate special activities or adjust to changing temperatures throughout the day and evening hours. The majority of Americans

(63%) pack the night before a big trip but starting sooner can help ensure you don't forget anything important. Starting a list well ahead of time can help you get a jump on your packing while saving the physical act of fitting everything into your luggage until closer to departure.

Excursions

Taking advantage of the unique activities and excursions is a smart way to immerse yourself and more fully experience the cities you visit. On average, Americans participate in five activities and excursions during a single trip; most of the time, those outings are planned from home as much as four weeks ahead of time, rather than upon arriving in the destination city.

If you're planning to schedule excursions on your trip, explore resources like Go City, which can help you save up to 60% over gate admission prices. Passes can unlock the best a city has to offer, from bucket list attractions and top tours in the United States, such as Universal Studios, Sea World, Shedd Aquarium, Long Beach Aquarium and the Statue of Liberty, or abroad like the Vatican, the Eiffel Tower and more. There are also plenty of hidden gems and exclusive experiences such as a tour of Fenway Park, Texas Ranger Museum, Museum of Us, Coral Crater Adventure Park and even wine and cheese-making classes.

Start planning your winter travel adventure at gocity.com.

How To Choose The Best Weight Loss Plan For Your 2023 Goals

(StatePoint) It's that time of year again when many Americans make the resolution to lose weight and start a healthier routine. This year in particular, with the pandemic largely behind us, many Americans will once again focus on their health.

In fact, 64% of Americans are motivated to lose weight because they know it has an impact on their immunity, according to a recent poll of 2,000 U.S. adults aged 30 and above. And 61% also now realize that a healthy diet and lifestyle can better protect their long-term health.

So what should you look for when it comes to a weight loss plan? Courtney McCormick, MPH, RDN, LDN, corporate dietitian at Nutrisystem, offers these tips to help you choose a program that's right for you.

Keep it Simple: Let's face it, in our crazy busy world, we have to make hundreds of decisions a day, often at lightning speed. You shouldn't have to worry about counting points or

measuring foods. Look for a plan that's easy and convenient, and does the work for you.

Focus on Protein: Protein is an essential part of a healthy lifestyle and a key to weight loss. Protein helps with satiety, so it's important to include some in each meal and snack. Look for plans with high-protein options, like Nutrisystem's new premium meals, which include up to 30 grams in each meal and keep you full for up to five hours.

Look for Value: As prices continue to rise at grocery stores nationwide, many people are struggling to find affordable options that can help them eat healthier and lose weight. However, those options do exist. Look for plans that are cost-effective and deliver the majority of meals right to your door.

Don't Give Up Your Favorite Meals: Look for a plan that lets you eat your favorite foods. Losing weight doesn't have to mean giving up the things you love. Weight loss plans like Nutrisystem offer comfort foods

made healthier that are perfectly portioned so you can enjoy them without any guilt. Plus, the plan also offers dessert for those who have a sweet tooth.

Seek Support: Achieving the goals you've set for yourself is so much easier when you have a support system. The best people to have on your team when you're trying to lose excess weight are those who sit down at daily meals with you. Even better, your chances of reaching and maintaining your weight loss goal increase dramatically if another person in your household joins you on the journey. Look for plans that offer options for both you and your partner to get healthier together.

For more great information and other ideas to help fuel your success this year, visit leaf.nutrisystem.com.

Remember, your weight loss goals will be more than achievable this year if you follow the right plan for you. Look for a program designed to help you succeed.

Resolve To Protect Your Finances And Your Family In The New Year

(StatePoint) After a holiday season spent racking up credit card bills, many Americans consider making financial resolutions in the New Year. However, now is the perfect time to not only reevaluate your saving and spending, but also commit to creating a more holistic financial plan designed to protect your finances and your family.

Consumers are seeking stability and preparedness in today's uncertain economic environment, according to a recent Consumer Sentiment Tracker study by Lincoln Financial Group. With ongoing inflation and market volatility, 56% of respondents cited protection from risk as being most important to them. When it comes to thinking about their finances, people said they have the greatest interest in protecting their family (39%) followed by their income (26%).

"Our research reinforced the importance of financial solutions that can help consumers navigate through market cycles and protect their loved ones," said David Berkowitz, president, Lincoln Financial Network, Lincoln Financial's wealth management business. "People are not only concerned about having enough to pay their bills, but also saving for retirement and

preparing for the unexpected. It's important to have a well-rounded financial plan that can address those risks, protect assets and create positive outcomes for today's families."

To achieve a stronger financial future, don't neglect your finances in 2023 — instead, add a little TLC (Talk, Learn, Commit). Resolve to create a robust financial plan using these three tips from Lincoln Financial:

1. Talk about it. Financial conversations play a crucial role. Be transparent with your loved ones about financial priorities so you can set expectations and work toward your shared financial goals. Initiate ongoing discussions to stay on track with everything from saving for retirement to paying for a long-term healthcare event, which can happen suddenly and be very costly. Also, consider talking to a financial professional who can help identify solutions that best meet your individual needs, as well as drive better outcomes. Lincoln's research found those who work with financial professionals are more likely to prioritize retirement savings (26% vs. 10%).

2. Learn more about tax-deferred investments. Life insurance can be more than just a death benefit, with some types

of policies offering income replacement for unforeseen events. It can also protect your financial security from the impact of taxes, market volatility and longevity. It's not just for individuals and families either, but businesses too. Also, consider diversifying your portfolio with an annuity, which can provide protected growth and monthly lifetime income to help cover expenses in retirement and ensure you have a stream of income.

3. Commit to maximizing your workplace benefits. Look into supplemental coverages like disability, accident and life insurance that may be available through your employer. Solutions like these protect against unexpected events that can disrupt your ability to provide for your family or drive you into additional debt. If you have an employer-sponsored retirement plan, make sure you are contributing and getting a match, if offered. Tap into any financial wellness tools offered at work to help provide you with an accurate picture of your holistic financial situation and lower stress.

Visit www.lfg.com for more tools and resources.

With a robust plan, you can help ensure a solid financial future for you and your family.

Simple Steps To Excellent Exterior Weatherization

(StatePoint) The winter season often brings strong winds and harsh weather. However, you can stop drafts and prevent damage from occurring to your home's exterior with proper weatherization. Follow these top tips to keep your house in great shape through the winter season and beyond.

Strong Foundation: Check for any cracks or breaks in your home's foundation by doing a thorough search. Issues in this area can lead to water damage inside your home and create the means for pests to invade. Seal up any cracks with quick-dry mortar or expanding foam filler to provide excellent protection.

Frozen Faucet Preven-

tion: Avoid frozen pipes during those cold winter months with the Duck brand Faucet Cover. This easy-to-install cover helps trap the heat that naturally radiates through the interior pipes to the outdoor spigot and keeps temperatures regulated. Simply place the cover around the spout of any exterior faucet and slide tight for cold-weather winter protection.

Garage Prep: The largest entry point of the home is often the most overlooked — the garage. However, it's easy to prevent snow, water and cold gusts of air from entering with a Duck brand Garage Bottom Seal. Heavy-duty and waterproof, the rubber material won't freeze or crack and creates a

protective airtight seal all year long.

Chimney Sweep: While it's clear outside, inspect the chimney vents on your roof to clear any blockages. This step also protects against unwanted rodents or birds taking claim in the warmth of the vents. Nervous about handling any gas-related home maintenance tasks? Make the investment and call a professional to do a simple inspection or cleanup for a safe way to keep your fireplace running smoothly.

Regardless of the age of your home, prevention and maintenance can help it withstand harsh climate shifts, humidity and general weathering, so that it remains in excellent condition for years.

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LWV From Page A1

tall as the courthouse's clock tower. For now, look down and take note. This humble county where Ben Hur came into the world knows its potential.

Eight: You guessed the theme of the Christmas Parade, right? If you missed it, you can stream it on Youtube. For a high-energy rendition set your viewing speed at 1.75X and the Tootsie tossing gets violent. Slow down for the highlights. No one wants the Speed Cabin zipping by because that's a story worth celebrating. Other highlights include Joe Allen, who - spoiler alert - takes off and lands just fine.

Seven: This year, the challenge was to create the Best MoCo bicentennial theme window. Local shops had go-get-'em staffs who recreated trips down memory lane with all the joy (but a bit more precision) than middle schoolers making dioramas for their book reports. Finally! The best kind of school project gets a proper audience for all the effort put into it. While nobody had to sneak in a report card that said "D," there were two winners: Taylor, Chadd, Minnette, Schneider & Clutter took first place. Top Line Athletics took second.

Six: When it comes to Unsung Heroes, winners are more about good clean fun. This town has more than were nominated, but shout out to Violet Benge and Kelli Brewer for creating, organizing and maintaining Crawfordsville Curbside and Delivery

Facebook Group to help food businesses stay open through the pandemic. They represent the kind of neighbors who make our county work, as do the other top 10: Christian Brown, military vet and law enforcement officer; Vicki Cope, dispatch operator; George Dawson, math teacher; Rebecca Degitz, a founding 'mother' of the Wesley Thrift Shop; Jack and Susie Larson, teachers, coach, FISH volunteers, members of the Rotary Club and tireless volunteers for numerous local non-profits; Montgomery County dispatchers on the front lines of emergencies at all times; Alawanzo Whaley, VP of the Ben Hur Car Club, which raises money for the community; Ivette de Assis-Wilson, Head Reference Librarian, and Grayson Standeford. His story stuck in Klein's mind because Grayson has such a knack for brightening the day of Taco Bell customers that he has a fan base on social media.

Five: Everyone knows that Indiana comes in the drab colors of gray and grey. That may be spot on from the moment October throws down her leaves until daffodils chase away March's lions, but there's more than corn, and beautiful Lake Shafer, in Indiana. We may not be home to the largest ball of paint, but a few camera-savvy residents caught images that might help with SAD (seasonal affective disorder). We have fog-tainted country roads, cotton candy sunsets, the russet

bricks of the courthouse against a moody blue sky, sun-gilt barns, lichen carpeting on the Devil's Punchbowl and joyful children skipping rocks under a crimson covered bridge. Now that the twinklies of Christmas come down and interminable January closes us under its steel dome, these free postcards at the Carnegie should help, if you pin them up in your line of sight.

Four: Montgomery County Civic Band has regaled the county and state for more than 50 years. They've played while riding about in wagons, sitting under the trees or in the gazebo at the Lane Place. They've played the Pepsi Coliseum, small town fish fries, and Fourth of Julys. They've offered their dulcet tones every other Sunday. They went TBT (Throwback Times) and reworked hits, even turning Melinda Zenor's contemporary "Sugar Creek Rag" into an old timey tune.

Three: MoCo United Band thrilled the county and state as the Mounties, Athenians and Chargers proved they don't always charge at each other on a field or court. They rose up (literally) to place 15th at the Indiana State Fair. They marched on all three high school field and wood audiences with music from Ben Hur, Hoosiers and an original score for our Bicentennial.

Two: Carnegie Museum stacked up some souvenirs from 200 years and plans to keep

those around, probably with a coin from this year's celebration. They also showed off senior "jeans" and skirts as part of the 200 Years of Education Display. This is going away soon, so if you or your senior needs some great reading, bop on over for a free gander before Jan 12, because it's going away (though the upcoming installations are promising some excitement).

One: Ringing out the Bicentennial. Did you hear the peels of bells? According to Teacher, "Every time a bell rings, an angel gets its wings." If this is true, a couple dozen angels got promotions thanks to Montgomery County's St. John's Episcopal, First Baptist, Wabash Presbyterian, First and UMC churches as well as Wabash College and the Courthouse.

Thank you to Tom and everyone on the team: Sue Lucas, Heather Shirk, Stacy Sommer, Sarah Storms, Kathy Brown, Janna Bennett, Diana McCormick, Dianne Moore, Jill Coates Matthews, Don Mills, Jennifer Ansel, Mindy Byers and Jennifer Purcell.

The League of Women Voters is a nonpartisan, multi-issue political organization which encourages informed and active participation in government. For information about the League, visit the website www.lwvmoncoin.org; or, visit the League of Women Voters of Montgomery County, Indiana Facebook page.

ROKITA From Page A1



have 25 years to claim money once it is reported to the Unclaimed Property Division.

Over \$700 million remains to be claimed, and it can be returned to its rightful owners in 2023. Visit IndianaUnclaimed.

gov or text CLAIM to 46220 to search your name, family, or business.

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SSS From Page A1

publish lists with the names of the donations. It's important to note that all donations stay in this community.

The Society campaign began 111 years ago.

So far, there has been \$13,963.00 raised.

Donations received from the following: \$100 Sue Spencer in memory of Jim Spencer; \$30 Kenneth & Virginia Elder; \$25 Anonymous in memory of loved ones; \$25 Darrell & Debbie Howard in memory of Hazel Wright, Elizabeth Young, & Marcia

Straw; \$25 Vladimir & Laura Solano in memory of Jim & Trudy Richards; \$50 Mary, Joe, Sean, Tonya & Family in memory of Terry Brown & Josh Brown; \$100 Carol in memory of Gayle & Della Irvin; \$100 Bill & Cheryl Leech in memory of Ted & Letha Scott, Howard & Glessie Leech; \$50 Anonymous; \$25 Anonymous; \$100 Brad & Sue Mullendore in memory of Joe Spear, Donnie Hubbard, & Harold Miles; \$100 Mary Jane Meadows

TIM From Page A1

painters wore in the 1500s.

He didn't say a word, just stared at me. After an awkward moment, he reached into jacket and handed me a card.

"Michel Notadumas - Teller of Fortunes, Seer of the Future, Prognosticator Extraordinaire . . . Direct from Paris."

And then, in very small print, after the word Paris, it said Illinois.

Inwardly I groaned. It was going to be one of those days.

"OK, Mr. Notadumas," I tried. "What can I do for you?"

He handed me another card.

"I do not speak for I see the future. There is no need for talk."

Alrighty then.

"Well Mr. Notadumas, if you aren't going to talk I'm not sure what I can do for you."

He handed me another card.

"I have a list of six predictions that are going to come true in 2023. If you agree to give me the proper credit I deserve for these, I will share them with you. If you do not agree, I will take them elsewhere."

I should be so lucky.

I sighed. "Tell you what, Mr. Notadumas, how about you show me your list and if we use it, I will make sure to give

you credit."

He handed me a sheet of paper. On it were indeed six predictions. Mind you I am not saying I buy any of these, but a deal's a deal so - straight from Michel Notadumas - here you go.

6. A group identified as Working On Keeping Equality - W.O.K.E. - announced that they were starting a national movement to rename Gen. Lew Wallace's epic work, Ben-Hur to Ben-Them. When a journalist pointed out that Hur was simply a name and was even spelled differently than Her, the group replied "pronouns matter."

5. After winning re-election to an unprecedented fourth term with more than 98 percent of the vote, Crawfordsville Mayor Todd Barton announced the city will annex everything from Shannondale to Wayne-town and Linden to Parkersburg. This will eliminate the need for a county council and county commissioners. The mayor and city council will preside over everything, much like Unigov in Indianapolis.

4. W.O.K.E. also approached Wabash College and asked the school to buck 191 years of history and cease operating as an all-male institution.

In a press release the school said that since W.O.K.E. identifies dozens of different sexes it just wasn't fair to discriminate and only admit one. Anyone who was assigned male or female at birth but now identifies as anything from cisgender to transgender to non-binary (in the interest of space, we aren't listing the other dozen or so) can now apply. Of course, they have to have at least a 3.99 GPA and a minimum 1,599 SAT score. There was some discussion about lowering those standards to a 2.0 and 799, but the Wabash trustees said DePauw already had that covered.

3. In a surprise move, after annexing the entire county, the city's economic development czar announced that Jell-O was moving its corporate HQ and manufacturing plant to Crawfordsville Commerce Park. The move will create 1,200 new jobs. Why did they choose Crawfordsville? Well, we already had the hard steel of Nucor and the soft mattresses of Tempur Sealy, the czar explained. Jell-O seemed the perfect middle ground.

2. The Indianapolis Colts, fresh off one of the most embarrassing seasons in NFL history,

announced they could not reach an agreement with the city of Indianapolis on a new lease at Lucas Oil Stadium. The team is seeking a new location and approached Crawfordsville. The city politely said no thank you.

1. And in the biggest story perhaps in human history, a new energy source was discovered in a lab at Wabash College. This energy defies common knowledge and once initiated can go on in perpetuity. It is the perfect energy source and will literally change the world. Immediately after the announcement, a concerned citizens group announced they would oppose it being placed anywhere in Montgomery County.

Michel Notadumas left my office. I doubt we ever see him again, but in the very unlikely event any of these predictions come to pass, I would usually ask that you remember you read it here first. This time, not so much.

Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at timmons@thepaper24-7.com.

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