

# SUNDAY

## The Paper

### OF MONTGOMERY COUNTY

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# Purdue Engineers Improve Solar Cell Efficiency, Stability

Purdue University researchers have created new, multifunctional ligands that improve the charge transfer, power conversion capability and long-term stability of perovskite solar cells.

Perovskite is a material that can be formed from different elements to have a variety of electrical, optical and physical characteristics. Perovskite can be manufactured as solar cells with simple techniques similar to printing newspapers; the techniques cost less and use less energy than those used to produce traditional silicon cells. Perovskite solar panels are also much thinner and lighter than silicon panels, making the transportation and installation cost lower. They can be made lightweight and mechanically flexible and portable. But Letian Dou, the Charles Davidson Associate Professor of Chemical Engineering in the Davidson School of Chemical Engineering, said perovskite solar cells have traits that limit their effectiveness.

"These solar cells lack an effective charge transfer and are unstable and vulnerable under prolonged light exposure, which often leads to degradation," Dou said. "Poor stability means a shorter product lifetime, and consumers will need to replace a panel more frequently. Perovskite may not be stable for 25 years like silicon, but at least 10 years is required for successful commercialization. Replacing the panels also adds to the labor cost."



Photo courtesy of Purdue University/Vincent Walter

**Ke Ma, a postdoctoral research assistant in Purdue's Davidson School of Chemical Engineering, works on the fabrication of perovskite solar cells in front of a nitrogen-filled glove box. Ma and other Purdue researchers have developed conjugated ligands that improve the charge transfer, power conversion capability and long-term stability of perovskite solar cells.**

Dou said traditional solar cells require a critical interface between perovskite and the organic charge collection layer. He said a molecular "glue" is needed, but conventional molecules block the current flow.

"Our conjugated ligands have a perfect fit into the perovskite crystal lattice and can help build a 2D-on-3D perovskite heterostructure, which further enhances the solar panel's stability," Dou said.

Dou and his team have tested the innovative li-

gands in their laboratory.

"We achieved near 25% power conversion efficiency with the ligands, compared to less than 20% without them," Dou said. "We also improved the lifetime to more than 2,400 hours tested at 65 degrees Celsius, which is four times longer than without the ligands."

Dou and his team are taking additional steps to improve the ligands.

"We are working on new ligands to further what we've already achieved: more than 25% power

conversion efficiency and more than 10,000 hours of operational lifetime," Dou said. "We also are working to apply the ligands in larger-area solar modules. We look to achieve these goals within a year or so."

Dou disclosed the conjugated ligand innovation to the Purdue Research Foundation Office of Technology Commercialization, which has applied for patent protection on the intellectual property. Industry partners interested in further developing the technology for the market-

place should contact Will Buchanan, wdbuchanan@prf.org, about 2021-DOU-69323.

Dou's research was published in the July 2021 issue of *Advanced Materials* and the January 2021 issue of *Angewandte Chemie*. Dou and his team received funding and other support to conduct their research from the U.S. Department of Energy's Solar Energy Technologies Office, Purdue's College of Engineering and the Davidson School of Chemical Engineering.

#### ➔ TODAY'S QUOTE

"Keep watch because you do not know the day or the hour."  
- Matthew 25:13

#### ➔ TODAY'S JOKE

What do sea monsters eat? Fish and ships.

#### ➔ TODAY'S VERSE

Matthew 6:9-13 Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen. (The Lord's Prayer)

#### ➔ TODAY'S HEALTH TIP

Make sure your shoes have good arch support and fit correctly to help prevent foot, ankle, knee, hip and back problems. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in *The Paper* and online at [www.thepaper24-7.com](http://www.thepaper24-7.com).



#### ➔ HONEST HOOSIER

Happy 64th birthday to the great singer Steve Perry. Journey just wasn't the same without you.





# I & Indiana acts fun



14  
Daviness

## Number Stumpers

1. What is the population density of the county?
2. What percentage of the county population is the Amish community?
3. What fraction of land does Washington possess?
4. How old is Daviness County?

Answers: 1. About 76/square mile 2. 14.6% 3. About 1/92 4. 200 years

## Did You Know?

- Founded in February in 1818, Daviness County is the 29th oldest county in the state.
- The county has an estimated population of 33,113 individuals.
- Washington, the county seat, is 4.77 square miles and has a population of 11,509 residents.
- The total amount of land in the county is 436.87 square miles.
- The Amish community in the county makes up 4,855 residents.

## Got Words?

Washington contains numerous architecturally historic buildings, such as the Helphenstine House. What significance do you believe historic buildings have in towns, and how do they compare to modern buildings?

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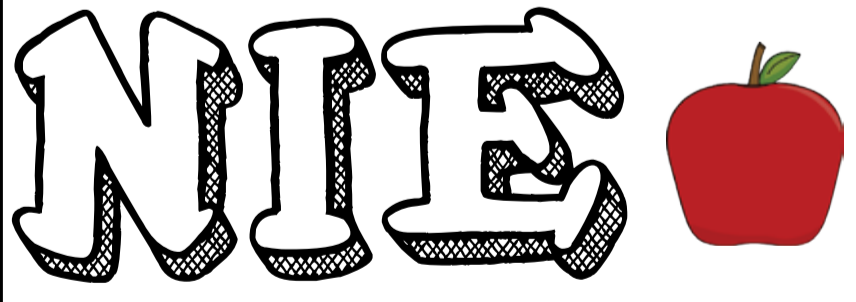
## Word Scrambler

Unscramble the words below!

1. GIWOSTHANN
2. CRSIOITH
3. MAHIS
4. SDVEIAS NYCOUT
5. HIETENNSPHLE

Answers: 1. Washington 2. Historic 3. Amish 4. Daviness County 5. Helphenstine

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# SUNDAY

## Indiana the Strong

Sunday, Jan. 22, 2023

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## Hoosier Horsepower Is Booming

It's not just auto racing and paved tracks that are making investments in our state; another type of Hoosier Horsepower is making a big impact as well. The horse racing industry is a big business for the state of Indiana, touching all 92 counties. The newly released results of a recent economic impact analysis, conducted by Purdue University, show the Indiana agri-business industry of horse racing has more than doubled in the past decade. The racing and breeding business linked to horse racing has now reached just under the \$2 billion mark of economic impact. The Indiana General Assembly laid the footprint for success nearly 30 years ago to grow the agri-business industry in Indiana by creating jobs, increasing goods and services sold in Indiana, and subsequently increasing tax revenues.

Purdue University's study was a joint effort between all entities associated with Indiana horse racing, including the Standardbred, Thoroughbred and Quarter Horse Associations, Indiana Horse Racing Breed Development, and Racetrack Ownership. Like prior studies, detailed surveys were circulated by Purdue University, to those involved in racing, covering all aspects of the industry including breeding farms, training facilities, racetrack operations, and other impacted businesses in between.

"As a group, we identified there had been a significant increase in participation in our industry, but we didn't know the exact impact on the state," said John DeLong, President of the Indiana Standardbred Association. "Seeing the results from this survey is very enlightening

and encouraging to our organization which has worked hard to boost Standardbred racing in the state. We are set to host the prestigious Breeders Crown for a third time in 2023, which only strengthens us as one of the most viable options in Standardbred racing."

One of the most staggering statistics was the amount of investment within the state. The report noted between 2007 and 2020, a 59.2 percent increase in horses owned, trained, or bred. Another statistic showed 25.1 percent of the information reported resulted in an increase in Indiana owned property with an additional 47.9 percent representing an increase in invested equipment directly related to horse racing.

"We have seen a lot of new farm development in recent years, especially around Horseshoe Indianapolis," said Joe Davis, President of the Indiana Horsemen's Benevolent and Protective Association. "This survey solidifies what we expected to see based on our growing numbers in racing and breeding operations. Plus, these facilities are directly impacting their local communities by hiring additional workforce, purchasing supplies, and bringing tax dollars to the state. We knew there had been a significant increase in our industry but had no idea it had amounted to \$2 billion." Tom Mosley, President of the Indiana Thoroughbred Owners and Breeders Association added, "Our annual fall sale has shown significant increases over the past few years and the number of new owners is growing immensely. We are adding new stallions and brood mares to our program each year, which has elevated the

quality of our breeding program. It's exciting to see this surge of interest in our business."

"We have seen a lot of investment in the Indiana Quarter Horse racing industry just in the past five years," added Paul Martin, President of the Quarter Horse Racing Association of Indiana. "The Quarter

Horse breed is one of the most popular in the state through several disciplines, from pleasure riding to rodeo activities, including the popular barrel racing circuit. It's encouraging to see some of those people starting to branch out into the racing end of our breed. Our hosting of the Bank of America Challenge Championships this past fall, the industry's premiere event, boosted our awareness on a national level and increased interest in our program in Indiana.

The most recent study on the economic impact of Horse Racing in Indiana encompasses mature business levels since the implementation of casino gaming at the tracks, which includes the addition of table games at the two racetracks in 2020. The continued growth of the Indiana equine agri-business that has been shown at each benchmark, in direct proportion, proves positive when looking towards the future and the implementation of further gaming opportunities.

"We are committed to bringing the Indiana horse racing industry to a higher level," said Joe Morris, Senior Vice President of Racing for Caesars Entertainment, which includes both Harrah's Hoosier Park and Horseshoe Indianapolis. "Our goal is to continue to elevate all three breeds into the national conversation of horse racing. We work

closely with the horse-men organizations to ensure we are traveling in the right direction at all times. Our relationship with these groups is imperative to continue the growth of our industry. Our collaboration with the horsemen and horsewomen in this state, the Indiana Horse Racing Commission, and the Breed Development programs is second to none in the United States, and we are not done yet. Our racing team is devoted to the success of horse racing in Indiana and seeing the results of this survey proves we are headed in the right direction."

"It is a great accomplishment that all facets of horse racing have worked together over the past two decades to build such a viable and impactful industry for Indiana," stated IHRC Chairman Phil Borst.

### About Indiana Horse Racing:

Indiana Horse racing has been included at the county fair level since the late 1800s. Racing for equine athletes has been a staple at the Indiana State Fair annually since the 1930s. The implementation of pari-mutuel racing to the state in 1994 has increased the participation and development of breeding and racing programs in the state. Standardbred racing is now held annually for a 160-day racing meet at Harrah's Hoosier Park in Anderson with all Thoroughbred and Quarter Horse racing held at Horseshoe Indianapolis in Shelbyville for a 123-day season. Additionally, county fair racing is conducted at locations throughout the state from June until October, showcasing the Standardbred breed in additional venues. Horses associated with racing are located in all 92 counties of Indiana.

## Expo Registration Open For Indiana Green Industry Professionals

The Indiana Green Expo is returning this year with three days of educational opportunities for turf and landscape professionals in addition to a trade show and networking events.

The 2023 Indiana Green Expo will take place Jan. 30 through Feb. 1 at the Indiana Convention Center in Indianapolis. Fourteen educational tracks will be offered with topics including design, invasive species, tree care and more, along with a track in Spanish. Continuing Education Requirements for a variety of certification programs will be available for attendees.

"The Indiana Green Expo is the best opportunity of the year for the green industry to gather for education, vendors and networking," said Kyle Daniel, a nursery and landscape outreach

specialist. "Investing in your employee professional development will greatly increase employee retention, a critical part to the success of companies."

Conference registration and additional details are available online.

The Midwest Regional Turf Foundation (MRTF) and the Indiana Nursery and Landscape Association first joined efforts in 2007 to offer the Indiana Green Expo (IGE). In recent years, the conference has had an average attendance of 1,600 green industry professionals. MRTF supports turf research and education at Purdue University for the advancement of the turfgrass industry. Proceeds from the IGE will be used to improve the green industry through research, educational programming and other supporting functions.

## 2023 Indiana Small Farm Conference To Take Place At The Hendricks County Fairgrounds

Registration is now open for the 2023 Indiana Small Farm Conference, the premier annual event for the state's farming community. The 11th annual conference and trade show will take place March 2 and 3 at the Hendricks County Fairgrounds in Danville.

One of the featured keynote speakers is Hunter Smith, former Indianapolis Colts punter and co-owner of Wonder Tree Regenerative Farm in Zionsville, Indiana.

"At WonderTree we hope to prove, once again, the viability and sustainability of decentralized, local farms serving communities as primary sources of food, experiences and culture," Smith said.

Since 2013 the conference has featured comprehensive, instructive and enjoyable programming about diversified farming and local food systems, bringing together novice and experienced small-scale farmers. For more information and registration, visit [purdue.ag/sfc](http://purdue.ag/sfc).

"I grew up on a small family farm where nothing was ever wasted, and food was simple and delicious," said Sara Frey, owner of Frey Farms and a 2023 conference keynote speaker. "Every growing season yielded different crops,

and we're proud to bring that produce to market today. Some of my fondest memories are of trying to figure what to do with the imperfect or 'ugly fruit,' which led to my vision of using all of what we grow and creating farm-fresh beverages for families."

This year's conference offers 12 tracks, allowing attendees to choose sessions that best align with their farming operations and goals. Among the topics are:

- Urban agriculture
- Vegetable production
- Farm stress
- Marketing
- Technology on small farms
- Livestock
- Equity in the food system
- Value-added products
- Fruit production

"The Indiana Small Farm Conference is a great way to learn what's next in production, marketing and other areas to make the most of your efforts in 2023 and for years to come," said Amy Thompson, Purdue Extension's beginning farmers coordinator and a conference organizer.

Follow the conference on Twitter and Instagram at @SmallFarmPurdue or on Facebook at @PurdueExtensionSmallFarms, with the hashtag #PurdueSmallFarms.

## IRS Free File Launch Aims To Save Taxpayers Hard-Earned Dollars

The Internal Revenue Service's Free File Guided Tax Preparation service is live and ready for taxpayers to use. Free File went live Jan. 13, 2023, 10 days prior to the 2023 filing season start date. The IRS starts accepting individual tax returns on Jan. 23.

IRS Free File marks its 21st filing season this year and is one of many free options available to taxpayers for filing their taxes either online or in person. IRS Free File is offered via a public-private partnership between the IRS and the Free File Inc., formerly the Free File Alliance. Through this partnership, leading tax software providers make their online products available in both English and Spanish for free.

Seven partners will provide IRS Free File online products this year to any taxpayer or family who earned \$73,000 or less in 2022.

Because the filing season does not start until Jan. 23, IRS Free File providers will accept completed tax returns and hold them until they can be filed electronically on that date.

Those who make over \$73,000 can use the IRS's Free File Fillable Forms (FFEF), the electronic version of IRS paper forms beginning Jan. 23. This product is best for people comfortable preparing their own taxes.

How IRS Free File online works

Each IRS Free File provider sets its own eligibility rules for

products based on age, income and state residency.

Taxpayers that made \$73,000 or less in 2022 will likely find a product that matches their needs. Some providers also offer free state return preparation. Active-duty military can use any IRS Free File products if their adjusted gross income was \$73,000 in 2022 or less.

To find the right IRS Free File product taxpayers can:

- Go to [IRS.gov/FreeFile](http://IRS.gov/FreeFile),
- Click on Free Guided Tax Preparation. Then select IRS Free File Online Lookup Tool for help in finding the right product, or
- Use the Browse All Offers tool to review each offer,

- Select the best product for them, and
- Follow the links to the provider's website to begin their tax return.

No computer? No problem. IRS Free File products support mobile phone access. Taxpayers can do their taxes on their smart phone or tablet.

IRS Free File participants

For 2023, the following providers are participating in IRS Free File:

- 1040Now
- ezTaxReturn.com
- FileYourTaxes.com
- On-Line Taxes
- TaxAct
- FreeTaxUSA
- TaxSlayer

For 2023, ezTaxReturn.com will provide an IRS Free File product in Spanish.

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Photo courtesy of Candles Holocaust Museum

## Eva Education Day

Two programs will recognize the life and works of Eva Kor, a Holocaust survivor who passed away in 2019.

The first comes in a statewide proclamation issued by Indiana Gov. Eric Holcomb that sets aside Jan. 26, and the second is from the Indiana Historical Society on Jan. 28. Both are titled Eva Education Day.

"On International Holocaust Remembrance Day and Eva Education Day for the state of Indiana, we remember and honor the memory of the six million Jews who were murdered by the Nazis and their collaborators," said Troy Fears, Executive Director of CANDLES museum in Terre Haute. "As we witness a rise in global antisemitism and intolerance, it is more important than ever to listen to or read the stories of Holocaust survivors, like

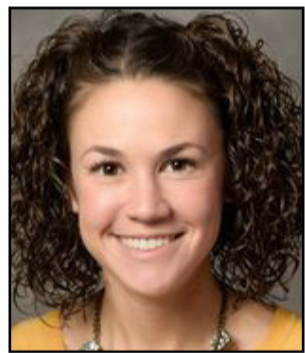
our museums founder, Eva Kor, and reflect on their experiences, and retell their stories."

Educators across the state are encouraged to visit CANDLES website for educational resources. Visit www.candlesholocaustmuseum.org for more information.

The museum has scheduled the grand opening of their new Eva's Scarves exhibit on that day. The event is free to the public and Alex Kor, Eva's son, will be in attendance.

The Historical Society's Eva Education Day is scheduled for Jan. 28 from 10 a.m. to 5 p.m. There will be educational activities, book signings, talks, a documentary screening, and more. All activities are included with regular museum admission. For more info, visit <https://indianahistory.org/events/eva-kor-education-day/>

## Montgomery County 4-H Extension Educator Recognized In American Farm Bureau National Competition



Abby Morgan

Abby Morgan, 4-H Extension educator for Purdue Extension in Montgomery County, along with her husband, Carter, were recognized in the Excellence in Agriculture competition at the 2023 American Farm Bureau convention in San Juan, Puerto Rico, earlier this month.

The Excellence in Agriculture Award recognizes young farmers and ranchers who do not derive the majority of their income from an agricultural operation, but who actively contribute and grow through their involvement in agriculture, leadership

ability and participation in Farm Bureau and other organizations. The Morgans finished in the top 10 of competitors in the national contest.

"We were thrilled to compete at the AFBF convention with other young farmers and ranchers from across the country," said Abby. "It was an honor to represent Indiana on the national level and not only share our unique agriculture story but also discuss our ideas for inspiring the next generation of leaders in the industry."

"This opportunity gave us a platform to talk about our goals and passions. The 4-H program was instrumental in me getting my start in the ag industry. I love giving back to the program that gave so much to me, which is why it's important to be that encouragement and advocate for youth in ag."

Carter and Abby presented to two panels of judges from across

the country, demonstrating their knowledge, achievement and commitment to promoting agriculture in their local communities within Montgomery and Vermillion counties.

While the couple resides in Vermillion County, Abby is very involved in Montgomery County agriculture through her role as 4-H Extension educator for Purdue Extension in Montgomery County. She serves over 600 youth from kindergarten through 12th grade and manages nearly 100 adult volunteers.

"Montgomery County Farm Bureau is proud of the work done at Purdue Extension every day," said Jonathan Shannon, Montgomery County Farm Bureau president. "Abby and Carter being competitive on a national level shows their commitment to agriculture and the knowledge Abby has to pass on to our youth through 4-H."

In addition to farm-

ing corn, soybeans and wheat with his family, Carter serves as a soil health consultant at the Vermillion County Soil and Water Conservation District where he promotes conservation practices such as no-till, cover crops and conservation management.

Carter and Abby both attended Purdue University, earning degrees in agriculture. In addition to their involvement in 4-H and their local church, the Morgans are active Farm Bureau members, serving on the Vermillion County Farm Bureau YF&AP Committee from 2013 to 2021.

The Morgans were selected to represent Indiana in the national competition after winning the 2022 Indiana Farm Bureau Excellence in Agriculture Award, where they received an \$11,000 cash prize, courtesy of Farm Credit Mid-America and Indiana Farm Bureau Insurance.



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# SUNDAY

## In The Kitchen

Sunday, Jan. 22, 2023

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Have a favorite remedy you want to share? Send it to [news@thepaper24-7.com](mailto:news@thepaper24-7.com)

# A Savory Solution to Stretch Your Grocery Budget



Garlic-Rosemary Butter Roasted Chicken Thighs and Veggies with Mushroom Orzo Risotto

### FAMILY FEATURES

In today's world, grocery shopping can seem more like a burden than an opportunity to gather supplies for your family's favorite meals. With prices of everyday ingredients fluctuating almost daily, it's important for many families to make their dollars go further at the store.

Easy ways to stretch your grocery budget, like using versatile ingredients, can make the checkout experience a little less impactful on your household's finances. Consider the benefits of mushrooms, which provide a delicious option to enhance flavor in favorite recipes while extending portions in an affordable way.

### Save Money

Stretch your dollars by stretching your meals using a process called "The Blend." Blending finely chopped mushrooms with ground meat can extend portion sizes of your favorite meaty recipes and help your bottom line. Chop your favorite mushroom variety to match the consistency of ground meat, blend the chopped mushrooms and meat together then cook to complete the recipe. For burgers, use a blend of 25% finely chopped mushrooms and 75% ground meat. For tacos or chili, use 50% mushrooms and 50% meat or an even higher mushroom-to-meat ratio.

### Savor the Flavor

The savory umami taste of mushrooms means a flavorful experience in blended recipes like burgers, where the chopped mushrooms help hold in the juiciness. Or, you can chop, quarter, slice or enjoy them whole in recipes like Garlic-Rosemary Butter Roasted Chicken Thighs and Veggies with Mushroom Orzo Risotto, Creamy Spinach, Mushroom and Lasagna Soup or Blended Pasta Sauce paired with your favorite pasta.

### One Carton, Multiple Dishes

Thanks to mushrooms' versatility, you can buy one large carton of mushrooms to chop up then bulk up multiple dishes, from a morning omelet to hearty soups to blended burgers.

### Serve Up Nutrition

Low-calorie, low-sodium, fat-free and cholesterol-free, mushrooms are nutrient rich and can play a starring role in a variety of meals. With an array of fresh varieties and nearly endless ways to prepare them, they can be your powerhouse from the produce department.

Find more recipe ideas and ways to make the most of your grocery store dollars at [MushroomCouncil.com](http://MushroomCouncil.com).

### Garlic-Rosemary Butter Roasted Chicken Thighs and Veggies with Mushroom Orzo Risotto

Recipe courtesy of Emily Weeks, MS, RD, on behalf of the Mushroom Council  
Prep time: 20 minutes  
Cook time: 50 minutes  
Servings: 4

#### Chicken:

- 8 boneless, skinless chicken thighs salt, to taste
- pepper, to taste
- 6 tablespoons unsalted butter
- 16 ounces mushrooms, such as white button, crimini or portabella, quartered
- 3 zucchinis, sliced in half moons
- 3 large carrots, thinly sliced
- 4 sprigs fresh rosemary, leaves removed and roughly chopped
- 4 cloves garlic, minced

#### Orzo:

- 4 cups chicken or vegetable broth
- 1 tablespoon unsalted butter
- 1 tablespoon extra-virgin olive oil
- 1 small yellow onion, diced
- 2 garlic cloves, minced
- 16 ounces mushrooms, such as white button, crimini or portabella, finely chopped
- 1 cup uncooked orzo pasta

- 1/8 teaspoon black pepper
- 1/3 cup white wine
- 1/3 cup shredded Parmesan cheese

To make chicken: Preheat oven to 450 F.

Pat chicken dry. Season with salt and pepper, to taste. In large skillet over medium-high heat, melt butter. Sear chicken until brown on both sides, 4-5 minutes on each side.

In large bowl, toss mushrooms, zucchinis and carrots with rosemary and garlic.

On large baking sheet, spread vegetables. Nestle chicken into vegetables. Drizzle with butter and juices from pan.

Bake 20 minutes until chicken is cooked through and vegetables are tender.

To make orzo: In small pot over medium-low heat, warm broth.

Using skillet from chicken over medium heat, add butter and olive oil. Add onion, garlic and mushrooms. Cook, stirring occasionally, until onions soften, 3-4 minutes.

Add orzo and black pepper. Stir and cook orzo 2 minutes. Add white wine and cook until evaporated, about 1 minute.

Add broth to orzo, 2/3 cup at a time, stirring until liquid is absorbed. Repeat with remaining broth, waiting until last batch is absorbed before adding next. Remove from heat and stir in Parmesan.

Serve in individual bowls with chicken and roasted vegetables atop mushroom orzo risotto.



Blended Pasta Sauce

### Blended Pasta Sauce

Recipe courtesy of the Mushroom Council

- 2 tablespoons extra-virgin olive oil
- 1 medium yellow onion, finely chopped
- 3 garlic cloves, minced
- 1 pound mushrooms (such as white button, crimini or portabella), finely chopped
- 1 pound 80% lean ground beef

- 1 tablespoon Italian seasoning
- 1 teaspoon kosher salt
- 1 jar (24 ounces) marinara sauce
- cooked pasta salt, to taste
- pepper, to taste
- grated Parmesan cheese

In large pot over medium heat, add oil and cook onions, stirring occasionally, until just soft, about 3 minutes. Add garlic and cook 1 minute.

Add mushrooms and cook 5 minutes, or until mushrooms are soft and reduced in size.

Add ground beef, Italian seasoning and salt; cook until browned throughout, about 6 minutes, stirring and breaking up lumps. Skim off fat, leaving about 2 tablespoons.

Stir in marinara sauce and reduce heat to low. Cook 10 minutes.

Serve over cooked pasta, season with salt and pepper, to taste, and top with grated Parmesan.



Creamy Spinach, Mushroom and Lasagna Soup

### Creamy Spinach, Mushroom and Lasagna Soup

Recipe courtesy of Emily Weeks, MS, RD, on behalf of the Mushroom Council  
Prep time: 10 minutes  
Cook time: 30 minutes  
Servings: 4

- 1 tablespoon extra-virgin olive oil
- 2 cloves garlic, minced
- 1 medium onion, small diced
- 8 ounces mushrooms, such as white button, crimini or portabella, sliced
- 1 jar (24 ounces) marinara sauce
- 1 can (15 ounces) diced tomatoes
- 2 tablespoons tomato paste
- 2 teaspoons balsamic vinegar
- 1 teaspoon granulated sugar
- 1 tablespoon dried basil
- 1/2 teaspoon salt
- 1 teaspoon oregano
- 1/2 teaspoon black pepper
- 1 bay leaf

- 3 cups vegetable broth
- 6 lasagna noodles, broken into pieces
- 1/2 cup heavy cream
- 1 cup fresh baby spinach
- 1 ounce whole milk ricotta
- 1/2 cup shredded mozzarella cheese, for topping

Heat large pot over medium heat. Add olive oil, garlic, onion and mushrooms. Cook, stirring occasionally, until onions and mushrooms soften, 4-5 minutes.

Add marinara, diced tomatoes, tomato paste, vinegar, sugar, basil, salt, oregano, pepper, bay leaf and broth. Bring to boil over high heat then reduce heat to low and simmer. Add lasagna noodles and cook, stirring often, until softened, about 15 minutes.

Remove from heat and remove bay leaf. Stir in heavy cream and spinach until wilted, 2-3 minutes.

Divide between bowls and top each with dollop of ricotta and sprinkle of mozzarella.

# SUNDAY

## In The Kitchen

Sunday, Jan. 22, 2023

C2

Have a favorite recipe you want to share? Send it to [news@thepaper24-7.com](mailto:news@thepaper24-7.com)

## Pair **Soup and Sandwich** for a Warming Winter Meal

### FAMILY FEATURES

Cool winter days and their cold, crisp air call for a quick warmup in the form of a classic combo: soup and sandwich. Next time you need warmed up from the inside out, go for a homemade pairing that brings together a cheesy handheld and hearty minestrone.

When you sit down for a wintertime meal with the family, Gourmet Grilled Cheese with Aunt Nellie's

Pickled Beets provides the comfort you crave with caramelized onions, gooey melted cheese and toasted sourdough. Slowly simmered to savory perfection, 3-Bean Tortellini Minestrone – powered by READ 3-Bean Salad – plays the ideal complement to the griddled sandwiches as a filling soup without the hassle.

To find more comforting meal ideas made for combatting the cold, visit [AuntNellies.com](http://AuntNellies.com) and [READSalads.com](http://READSalads.com).

### Gourmet Grilled Cheese with Pickled Beets

Recipe courtesy of "Carlsbad Cravings"  
Prep time: 60 minutes

#### Caramelized Onions:

- 3 tablespoons butter
- 3 tablespoons olive oil
- 3 large yellow onions, halved, sliced 1/4-inch thick
- 1-2 tablespoons water (optional)
- 1 tablespoon brown sugar
- 1 tablespoon balsamic vinegar
- 1/8 teaspoon salt
- 1/8 teaspoon pepper
- 1/8 teaspoon red pepper flakes

#### Sandwiches:

- 8 large sourdough slices, 1/2-inch thick
- 1/3 cup mayonnaise
- 4 ounces fresh goat cheese, at room temperature
- 8 ounces shredded gruyere cheese, at room temperature
- 1 jar Aunt Nellie's Sliced Pickled Beets (about 32 beets)
- 2 cups baby arugula
- 2 tablespoons butter, divided
- 2 tablespoons olive oil, divided

To make caramelized onions: In Dutch oven over medium-high heat, melt butter and olive oil. Add onion and cook, stirring occasionally, 5 minutes then reduce heat to medium.

Cook until onions are caramelized and rich, deep golden brown, about 25 minutes, stirring often. Turn heat to medium-low or add water if onions are dry or start to scorch before caramelizing.

Add sugar, balsamic vinegar, salt, pepper and red pepper flakes; cook 1 minute. Onions should be jammy and darkly caramelized when done. Remove to plate to cool.

To make sandwiches: Spread out bread slices on flat surface. Spread thin layer of mayonnaise on one side of each bread slice.

Turn four bread slices over and spread goat cheese on plain side. Top goat cheese with gruyere, even layer of beets, caramelized onions and arugula. Top with remaining bread, mayo side out. Secure with toothpicks, if desired.

In large skillet over medium-low heat, melt 1 tablespoon butter with 1 tablespoon olive oil. Add two sandwiches, cover and grill until bottom of bread is toasted, about 5-7 minutes, and cheese starts melting, checking often. Flip and cook, uncovered, until cheese is melted and bottom of bread is toasted.

Repeat with remaining sandwiches.



### 3-Bean Tortellini Minestrone

Recipe courtesy of "Joy of Eating"  
Prep time: 20 minutes  
Cook time: 25 minutes

- 1 can (15 ounces) READ 3-Bean Salad
- 1/2 cup extra-virgin olive oil
- 1/2 medium yellow onion, diced
- 3 peeled garlic cloves, minced
- 2 pinches salt, plus additional to taste, divided
- 1 teaspoon Italian seasoning
- 1/4 teaspoon black pepper, plus additional to taste, divided
- 3 small carrots, trimmed, peeled and diced
- 2 celery stalks, trimmed and diced
- 1 medium zucchini, diced
- 1 can (28 ounces) diced tomatoes, undrained
- 1 Parmesan rind (optional)
- 6 cups low-sodium vegetable broth

- 9-10 ounces refrigerated cheese tortellini
- 2 cups baby spinach
- jarred pesto, for serving (optional)

Drain and rinse bean salad; set aside.

In large pot over medium heat, heat olive oil. Add onions, garlic and 1 pinch salt; saute until translucent, 3-4 minutes. Stir in Italian seasoning and 1/4 teaspoon black pepper. Cook until fragrant, about 1 minute. Add carrots, celery and zucchini with remaining pinch salt. Cook, stirring occasionally, until vegetables are crisp tender, 5-7 minutes.

Stir in tomatoes. Add Parmesan rind, if desired. Cook about 10 minutes until most tomato juice evaporates. Pour in vegetable broth. Bring to boil. Add tortellini; cook 2 minutes, or just until tender. Stir in bean salad and spinach. Cook 2-3 minutes to heat through.

Season with additional salt and black pepper, to taste. Serve garnished with pesto, if desired.

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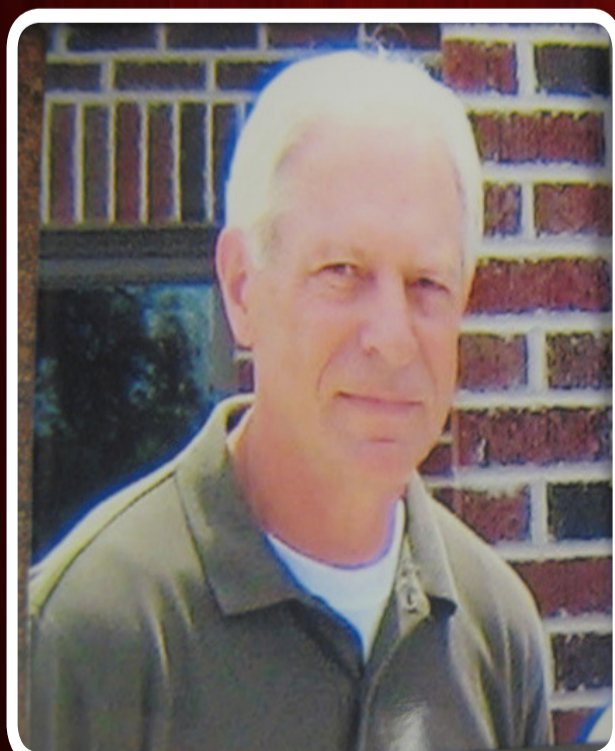
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# BUTCH DALE



John "Butch" Dale is a former teacher, County Sheriff, author, artist, and local historian. He is the librarian at Darlington and has been there for 33 years! You never know what Butch might offer his readers two times each week...from funny and nostalgic stories about his childhood and hometown...to stories about life and death incidents when he was Montgomery County Sheriff. Sometimes he highlights sports stars from our county's past...or he might just poke a little fun at some of our national politicians and celebrities. He can make you laugh, make you cry, help you to appreciate the past or make you think about the future. But no matter what, Butch will keep you on your toes and keep you entertained!

Catch Butch every Tuesday & Friday,  
only in Montgomery County's Favorite Daily Edition!

# SUNDAY

## In The Kitchen

Sunday, Jan. 22, 2023

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Have a favorite remedy you want to share? Send it to [news@thepaper24-7.com](mailto:news@thepaper24-7.com)

# Family Meals that Make Busy Weeknights a Breeze

### FAMILY FEATURES

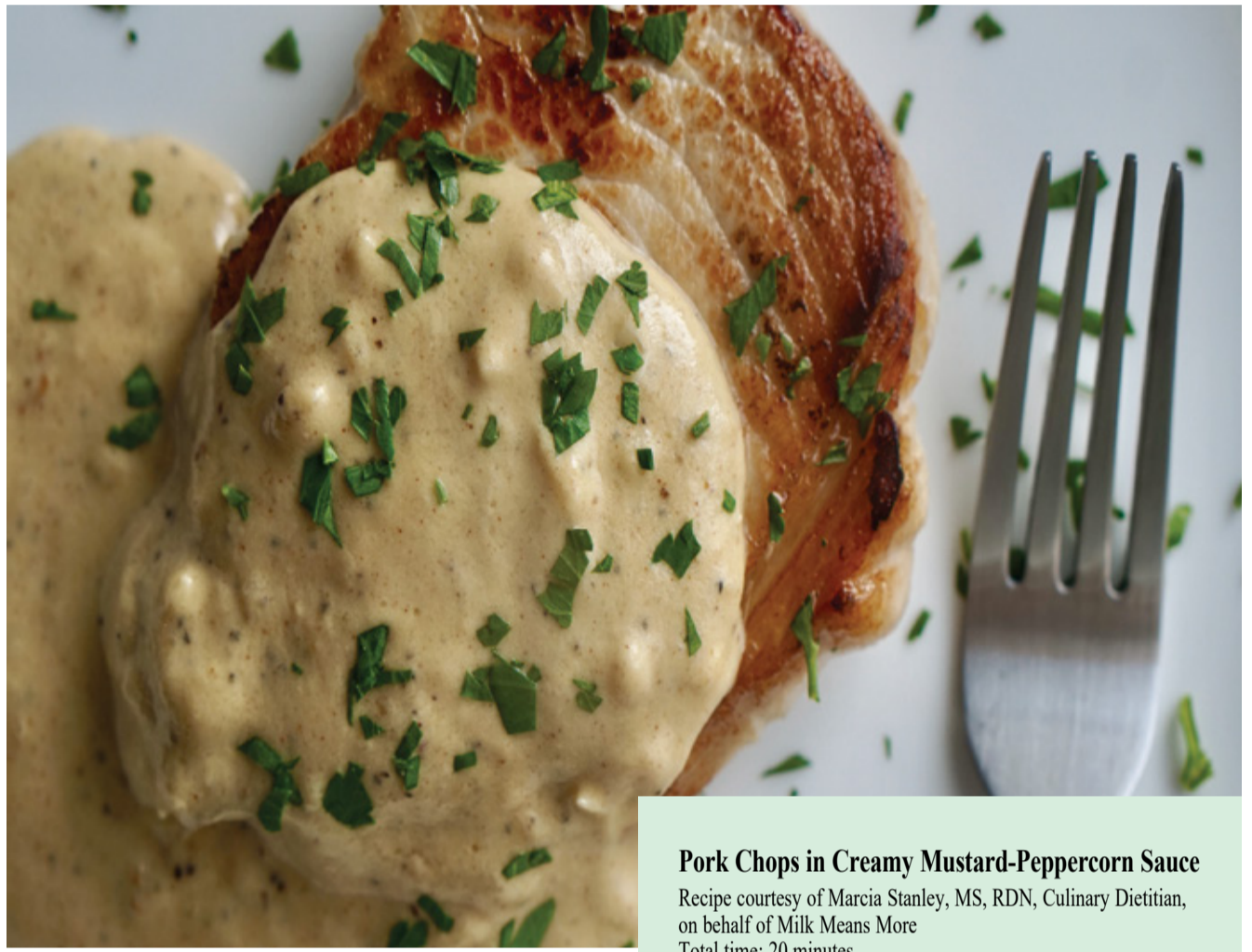
After a long day in the classroom or at the office, it's tough to top bringing the family together with a home-cooked meal. When evenings are busy with homework and activities, however, there might be little time left for complicated dishes.

Take those schedules on with a menu of delicious recipes that require 30 minutes or less so you can focus on celebrating the day's accomplishments with loved ones. These simple yet flavorful ideas from Milk Means More call for limited instructions, less equipment and shorter ingredients lists fueled by dairy favorites that provide much-needed nutrients to recharge the entire family.

Pork Chops in Creamy Mustard-Peppercorn Sauce feature the sharp yet balanced taste of mustard and cracked black peppercorns as an easy way to dress up pork chops. When pasta night comes around, Pasta with Yogurt Sauce provides a quick, creamy Middle Eastern solution.

This Chicken with Creamy Sun-Dried Tomato Sauce recipe gets its robust flavor from sauce made with sun-dried tomatoes and enhanced with luscious half-and-half. For a tasty twist on Taco Tuesday, you can play "beat the clock" with Roasted Chicken and Zucchini Tostadas by crisping corn tortillas under the broiler then topping them with a tangy yogurt spread, cumin-seasoned chicken, veggies and shredded cheese.

Turn your hectic weeknights into cause for celebration with more quick and easy recipe ideas at [MilkMeansMore.org](http://MilkMeansMore.org).



Pork Chops in Creamy Mustard-Peppercorn Sauce

### Pork Chops in Creamy Mustard-Peppercorn Sauce

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More  
Total time: 20 minutes  
Servings: 4

- 3/4 cup evaporated 2% milk
- 3 tablespoons spicy brown mustard or Dijon mustard
- 3/4 teaspoon coarsely cracked black peppercorns
- 1/2 teaspoon all-purpose flour
- 4 boneless pork loin chops (1 1/4 pounds), cut 3/4-inch thick
- 1/4 teaspoon salt
- 1 tablespoon vegetable oil
- 1 teaspoon minced garlic
- 1/4 cup reduced-sodium chicken broth
- cooked noodles or rice (optional)
- chopped fresh parsley (optional)

In bowl, whisk milk, mustard, peppercorns and flour. Set aside. Pat pork chops dry with paper towels. Sprinkle both sides of chops with salt. In large nonstick skillet, heat oil over medium-high heat. Cook pork chops 3-4 minutes, or until browned. Turn and cook 3-4 minutes, or until thermometer inserted in thickest part of chops reads 145 F. Transfer chops to serving platter. Loosely cover with foil to keep warm. Add garlic to drippings in skillet. Cook 15 seconds. Stir in broth. Cook, stirring constantly, until most liquid evaporates. Stir in milk mixture and any accumulated juices from cooked pork. Cook and stir until just boiling. Immediately remove from heat and spoon sauce over chops. Serve with noodles or rice, if desired. Garnish with parsley, if desired.

### Pasta with Yogurt Sauce

Recipe courtesy of Enas Malik, RDN, on behalf of Milk Means More  
Prep time: 10 minutes  
Cook time: 20 minutes  
Servings: 4

- Salted water
- 8 ounces angel hair pasta
- 1 tablespoon vegetable oil, divided
- 1 small white onion, minced
- 8 ounces ground beef or lamb
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 cup plain yogurt
- 1/4 teaspoon ground white pepper
- 1/4 teaspoon cumin
- 1/4 teaspoon garlic powder
- 3 cloves garlic, minced
- 1 tablespoon fresh mint or 1 teaspoon dried mint

In medium pan, bring salted water to boil. Add pasta and cook according to package directions. Strain pasta and reserve about 1/2 cup water.

In medium saute pan over medium heat, heat 1/2 tablespoon vegetable oil. Add minced onions. Cook until translucent and aromatic, 2-3 minutes. Add ground meat and season with salt and black pepper. Cook until meat is browned through, 8-10 minutes. Drain fat. Transfer cooked meat to bowl and set aside.

In small pan over medium heat, cook yogurt, white pepper, cumin and garlic powder until mixture comes to soft boil and thickens. Remove pan from heat. Add pasta water to reach desired consistency.

In same saute pan used to cook meat over medium heat, add remaining vegetable oil and saute garlic until golden in color. Add mint. Remove from heat and pour over yogurt mixture.

Mix pasta, meat and yogurt sauce; serve.



Pasta with Yogurt Sauce

Photo courtesy of Jenny Striuk of "Jenny with the Good Eats"

### Roasted Chicken and Zucchini Tostadas

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More  
Total time: 25 minutes  
Servings: 4

- 12 street taco-size corn tortillas
- nonstick cooking spray
- 1/2 cup plain Greek yogurt (2% or 5%)
- 3 teaspoons lime juice, divided
- 1/4 teaspoon garlic powder
- 1 1/2 cups shredded or chopped rotisserie-roasted chicken breast
- 1/2 cup seeded and chopped tomato
- 1/2 cup chopped zucchini
- 2 teaspoons olive oil
- 1/2 teaspoon ground cumin
- 1/8 teaspoon ground cayenne pepper

### 1 cup (4 ounces) shredded Monterey Jack cheese

Heat oven to broil. Line large baking sheet or 18-by-13-by-1-inch baking pan with foil. Arrange tortillas in single layer on pan. Lightly spray tortillas with nonstick cooking spray. Broil about 5 inches from heat 4-6 minutes, or until beginning to brown on one side. Remove from broiler. Carefully turn tortillas over.

In medium bowl, stir yogurt, 1 teaspoon lime juice and garlic powder. Set aside. In another bowl, toss chicken, tomato, zucchini, remaining lime juice, olive oil, cumin and cayenne pepper.

Spread yogurt mixture on unbrowned sides of tortillas. Top with chicken mixture. Sprinkle with cheese. Broil about 5 inches from heat 2-3 minutes, or until hot and cheese melts. Serve immediately.



Roasted Chicken and Zucchini Tostadas



Chicken with Creamy Sun-Dried Tomato Sauce

### Chicken with Creamy Sun-Dried Tomato Sauce

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More  
Total time: 20 minutes  
Servings: 4

- 3/4 cup half-and-half
- 1/2 teaspoon all-purpose flour
- 1 1/4 pounds boneless, skinless chicken breast cutlets (about 3/4 inch thick)
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1 tablespoon oil from sun-dried tomato jar
- 1/2 cup oil-packed, slivered sun-dried tomatoes, drained
- 1/3 cup finely chopped onion
- 1/3 cup reduced-sodium chicken broth
- 1 tablespoon grated Parmesan-Reggiano cheese

In bowl, whisk half-and-half and flour. Set aside.

Pat chicken pieces dry with paper towels. If necessary, cut into four serving-size pieces. Sprinkle both sides of chicken with salt and pepper.

In large nonstick skillet over medium heat, heat sun-dried tomato oil. Cook chicken pieces 3-4 minutes, or until browned. Turn chicken. Cook 3-4 minutes, or until thermometer inserted in thickest portion of chicken reads 165 F. Transfer to serving platter. Loosely cover with foil to keep warm.

Add sun-dried tomatoes and onions to drippings in skillet. Cook 1-2 minutes, or until onion is tender. Stir in broth. Cook, stirring constantly, until most liquid evaporates. Stir in cream mixture and any accumulated juices from cooked chicken. Cook and stir until simmering and slightly thickened. Remove from heat. Stir in Parmesan-Reggiano cheese. To serve, spoon sauce over chicken.

## Grow Tasty And Nutritious Leafy Greens Indoors



**MELINDA MYERS**  
Columnist

Boost the flavor and nutritional value of winter meals by growing a container of greens indoors. Plant, tend and harvest greens for garden-fresh flavor now and throughout the year.

Green leafy vegetables are healthy sources of carbohydrates, typically rich in fiber and nutrients, while also being low in fat and calories. Many of these vegetables can help reduce the risk of stroke, anemia, high blood pressure, certain cancers, and diabetes. They also help improve the health of your gut, heart, bone, and skin while boosting your body's immunity.

To create your own indoor garden of greens, all you need are seeds, a container, potting mix, and a sunny window or artificial lights. Select a container or planter with drainage holes or reduce maintenance with the help of self-watering containers like the Viva Round or Square self-watering planters. Their water reservoirs reduce watering frequency.

Fill the container with a quality potting mix that is well-drained and retains moisture. Plant seeds as recommended on the seed packet. You can grow each type of green in its own container or mix them up for an attractive display in larger planters like the Tartu Elevated Rectangular Planter (gardeners.com).



Tabletop light stands work well on kitchen counters and provide plenty of light for greens to grow.

com).

Water thoroughly and often enough to keep the soil moist while waiting for the seeds to sprout. Reduce the need for frequent watering by covering newly planted containers with a plastic sheet or dome. Once sprouts appear, remove the plastic and begin watering thoroughly when the top inch of soil begins to dry.

Boost productivity and increase planting space with the help of artificial lights. You will find a variety of setups for any space in your home. Counter and tabletop light stands like the Micro Grow Light Garden can be conveniently located in the kitchen or dining room. Stand-alone light shelves provide more growing space within a small footprint. Furniture-grade light stands make them easy to use in any room in the house.

Grow greens you and your family like to use in your favorite recipes and salads. Green or red

leaf lettuce is easy to grow indoors and its mild flavor is most appealing to children and picky eaters.

Spinach is another popular and easy-to-grow leafy green vegetable used fresh in salads and smoothies or added to soups and sauces. It contains many vitamins and nutrients, including iron, folic acid, and calcium.

Kale is considered a superfood. This nutrient-dense vegetable is packed with vitamins, minerals, and antioxidants. If the flavor is a bit too intense for you, try the baby leaf types that are milder in flavor, or try braising kale for a milder flavor and more tender texture.

Add a bit of peppery flavor to salads, soups, pastas, and other dishes with arugula. Add a spicier flavor with mustard greens or add them to your favorite Southern, Asian, Indian or savory dish.

Include color and flavor in your winter meals

with beet greens. The leafy part of this vegetable is often overlooked but is the most nutritious part of the plant. Use these the same way you would spinach or kale. You can purchase beet varieties selected for growing the best greens to harvest from baby to full size.

Make it more fun by getting others involved. Hand family members and guests a plate and kitchen shears so they can harvest and help prepare the meal.

*Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening and Midwest Gardener's Handbook, 2nd Edition. She hosts The Great Courses "How to Grow Anything" DVD series and Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply for her expertise to write this article. Her website is [www.MelindaMyers.com](http://www.MelindaMyers.com).*



## A Sense Of Space Thanks To The Color Contrast Of Flowers

Urbanization encroaches on available living space. As a result, multifunctionality and a sense of space are important prerequisites for a home. Did you know that flowers can make your interior feel more spacious?

Layering

Due to the lack of space which leads to smaller homes, there is a great need for multiple functions in the same space. This creates layering in homes. What is so great about flowers is that they can make the interior feel less small and cramped.

A sense of space

To reinforce layering, you can create interlocking surfaces on walls and in wall and floor decorations. This playful effect makes the interior feel more spacious. Bulb flowers and pre-forced bulbs enhance this experience if you use them in

places where you don't expect them.

Color contrast

The right use of color is also essential if you want to increase the spatial effect. Robust color contrasts such as light and dark, warm and cold and bright and greying are effective. One color combination appears to come towards you while another moves away. Try it out for yourself.

Dynamics

Feel free to play with color contrasts. Why not try combining pale-pink tulips and warm orange amaryllis with bright yellow hyacinths and bright-blue grape hyacinths. You will see that this application removes the flat and plain atmosphere and adds dynamism and a sense of space instead.

Would you like to know more about bulb flowers? Then go to [www.ilsaysays.com](http://www.ilsaysays.com).

## Six Tips To Enjoy Tulips For As Long As Possible

Tulips are one of the best-loved flowers. They are iconic eye-catchers that bring spring into our homes. But how do you make sure that you can enjoy these seasonal flowers for as long as possible? Here are six tips for you.

1. Fresh

It is best to buy tulips that show some color but whose buds are still closed. If the buds are already open when you buy them, flowering has already been set in motion and there is a chance that you will enjoy them for less time. The freshest tulips are grown locally. So, it's best to ask your vendor about their origin.

2. Transport

When you buy a beautiful bunch of tulips, make sure to have it wrapped properly in paper or newspaper. This protects the flowers and leaves from knocks and bumps. Paper wrapping will also protect the flowers against temperature differences between indoors and outdoors.

3. Newspaper

Before you display your tulips in a vase, carefully wrap them in newspaper. Put them in clean water and leave them in a cool spot for

an hour. When you unwrap them afterwards, you will find that the stems have grown nicely firm and straight.

4. Cutting

Your tulips will have been out of water for a while after buying them, which may cause the bottom of the stems to dry out. Therefore, trim an inch off the bottom of the stems with a clean knife. Cutting them at an angle helps the flowers absorb water more easily.

5. A vase

Flowers are sensitive to bacteria. Therefore, clean your vase thoroughly with green soap and rinse with water. Fill the vase with fresh tap water at room temperature. Change the water regularly to keep it clear and clean.

6. The right spot

Once your tulips are shining in a beautiful vase, it's important to pick the right spot to display them. This means avoiding direct sunlight and the vicinity of fruit. Fruit produces ethylene, a gas that makes flowers and leaves wilt more quickly.

Would you like to know more about bulb flowers? Then go to [www.ilsaysays.com](http://www.ilsaysays.com).

## New Winning Flower And Vegetable Varieties



**MELINDA MYERS**  
Columnist

It's never too early to start planning new additions to this year's gardens and containers. Start compiling your list now so you are ready to place your seed order or buy plants early when the selection is the greatest.

Consider including a few All-America Selections (AAS) winners. These plants have been "Tested Nationally & Proven Locally™" for their superior performance in home gardens and containers. Grow a few of these 2023 flower winners for a new look to some long-time favorites.

Coral Candy Coleus is part of the Premium Sun series of coleus. It is the first coleus grown from

seed to be selected as an AAS Winner. This uniformly compact coleus has unique narrow, serrated, multicolored leaves. The AAS judges found this variety maintained the color even when grown in full sun. It performed well all season and had almost no flowers. You will only need three seeds to fill a 14 to 16" container.

Bring a bit of the tropics to your garden, patio, or balcony with Royal Hawaiian® Waikiki colocasia. This beautiful elephant ear wowed the judges with its sturdy burgundy stems and large glossy leaves featuring pink veins and creamy white centers. Waikiki reveals these striking colors earlier than other variegated colocasia. This compact variety holds up well in wind and rain.

The stunning orange flowers of Doubleshot snapdragons will have you looking for spaces in the garden and containers to include this winner. This 18 to 20" tall snapdragon features open-faced double flowers that start out in shades of orange and orange-red transitioning to a dusty shade as they age. Its strong stems produce lots

of flower-filled branches all season long that don't break off in high winds.

Blue By You salvia is bursting with bright blue flowers from late spring into fall when spent flowers are removed. This perennial blooms up to two weeks earlier than similar varieties already on the market. It was tested over three seasons, including winters and proven to be hardy in zones 4b to 9a. It is a favorite of hummingbirds and butterflies, makes a great cut flower, is suitable for containers, and is heat tolerant. All this and it's less favored by deer and rabbits.

Make space in the vegetable garden for the high-yielding Kabocha Sweet Jade winter squash. The fruit weighs between one and two pounds, making it perfect for single servings of squash, as an edible soup bowl, or added to a variety of Asian-style dishes where a sweet, earthy nutritious squash is typically recommended. Roast, bake, or puree Sweet Jade's deep orange flesh that has a dry texture with a sweet flavor.

Grow San Joaquin jalapeno pepper when looking

for big harvests in a short timeframe. This means you'll have lots of peppers available for canning, pickling, and serving roasted and stuffed to large groups of guests. Leave them on the plant longer, allowing them to turn a beautiful red while maintaining their flavor. These thick-walled peppers have just a hint of heat at 2,500-6,000 Scoville units.

Make room in your gardens and containers for these and other winning varieties. Adding new introductions that have been trialed by horticulture professionals across North America helps increase your gardening success.

*Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is [www.MelindaMyers.com](http://www.MelindaMyers.com).*

**Thanks for reading The Paper!**



# SUNDAY

## In The Home

Sunday, Jan. 22, 2023

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# Tech Time

#### FAMILY FEATURES

Encouraging a successful education for your kids while promoting fun after-school learning may never be easier than right now. From wearables to virtual reality headsets and beyond, the latest tech-enabled devices let families enhance classroom experiences while engaging in downtime together after the final school bell rings.

Find more gadgets to help families balance learning and pleasure this school year at [qualcomm.com](http://qualcomm.com).

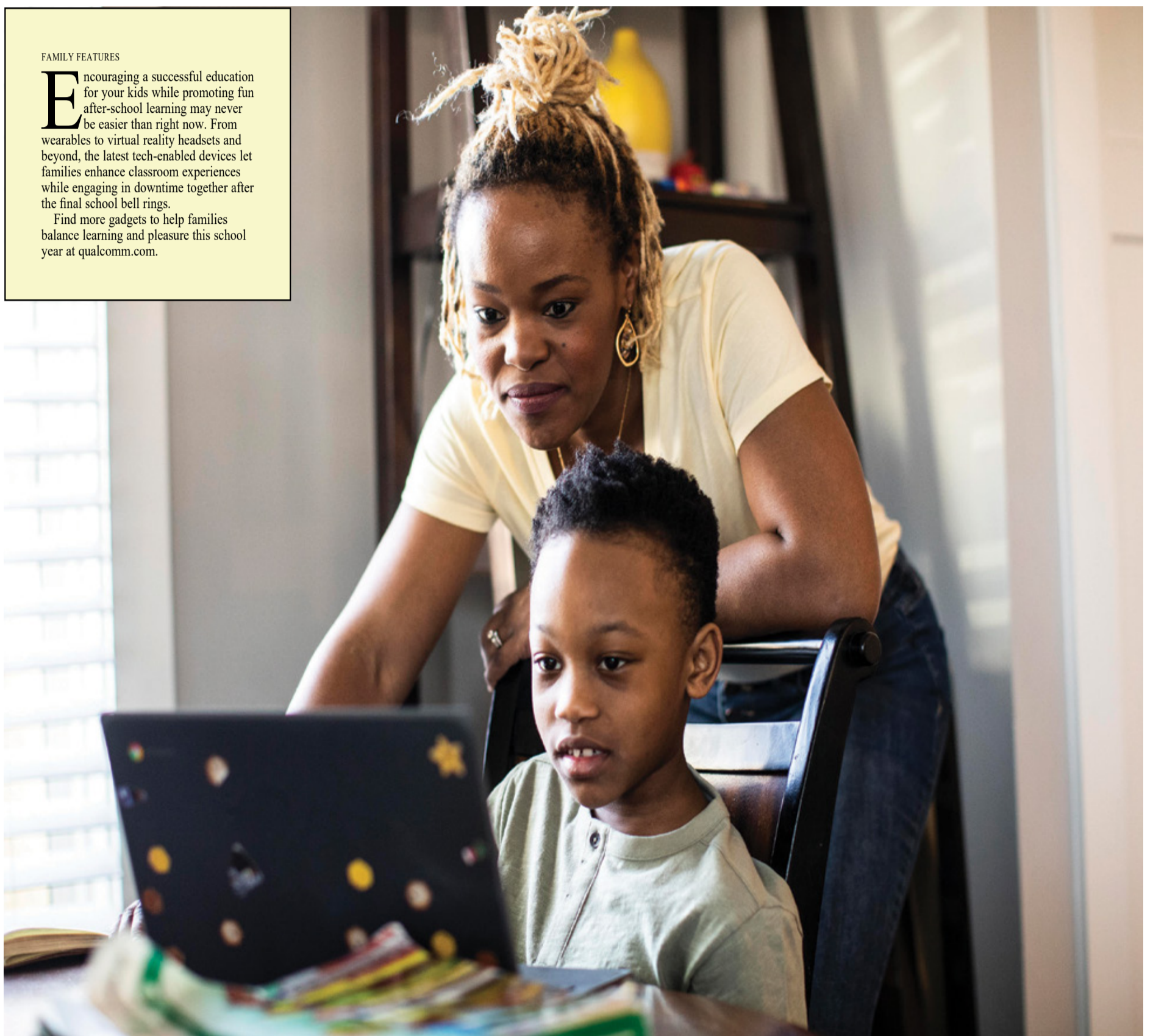


Photo courtesy of Getty Images

## Technology-enabled devices for parents and children

#### Lightweight, Powerful Computing

Weighing in at less than 1.2kg, the convertible Acer Chromebook Spin 513 is not only light but also barely larger than a sheet of paper so it slips easily into any compact bag or backpack. Powered by the Snapdragon 7c Compute Platform, it delivers more than enough processing power, battery life and reliable connectivity to get you or your student through the day. A quick flip between laptop and tablet modes means it can be used to doodle, watch classroom instruction and learn on the go. Built-in cellular connectivity means the device seamlessly converts between 4G LTE and trusted Wi-Fi networks.



#### A Phone to Keep Everyone Connected

Choosing a phone means looking for the fastest speeds, highest resolution camera, loudest audio and boldest display. Powered by the latest Snapdragon 8 Gen 1 Mobile Platform processor, the Motorola edge+ (2022) delivers. This industry-leading smartphone is a high-performance choice that brings unparalleled processing power on the industry's fastest mobile platform, fueling cutting-edge 5G, AI, gaming, camera and Wi-Fi and Bluetooth technologies. What's more, features like extended battery life and 512 GB of storage mean your phone is ready whenever you are.



#### Headset Hero

Designed from the ground up to drive advanced features, Snapdragon XR2 is the force behind the Meta Quest 2 headset's freedom of movement and high-resolution display. This headset allows families to become completely immersed in the virtual reality applications and games played for maximum adventure experiences. Even better, hundreds of hit games, one-of-a-kind experiences and a growing community await users of this next-level hardware that's both easy to set up and safe to use.

#### Wearable Connectivity

Powered by the Snapdragon Wear 2500 Platform, the Gabb Watch is a safe wearable phone for kids that does extra duty as a GPS tracker, phone and interactive smartwatch. The watch offers kid-friendly sweat and dirt resistance and enables GPS tracking, calling, voice and text messaging to help parents and kids stay connected. With a lock mode, safe zone location management and emergency notifications, it's a smart first step toward independence for junior users.



#### First Work Then Play

A practical choice, the Lenovo Duet 3 Chromebook is an ideal work and play device for a hyper-mobile student, delivering superior experiences with an 11-inch 2K near-borderless display. Faster connectivity options, all-day battery life and the powerful, fanless and efficient performance of the Snapdragon 7c Gen 2 Compute Platform ensure things get done. Thanks to the speedy, secure and simple-to-use Chrome OS, you can tackle tasks on this 2-in-1's detachable keyboard with anti-pry, water-resistant keys then seamlessly switch to pleasure pursuits by folding into tablet mode.



# SUNDAY

## Business

Notes and

# NEWS DAY

Sunday, Jan. 22, 2023

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## Indiana Targets High-Tech Investments With New West Coast Hire

Indiana Secretary of Commerce Brad Chambers announced earlier this week that Jillian Ochs has been named west coast business expansion specialist for the Indiana Economic Development Corporation. In this new role, Ochs will represent the IEDC to entrepreneurs, innovators and enterprise businesses in California, proactively increasing the state's brand awareness in the west coast market and working to secure high-tech, future-focused business investments in Indiana.

"Indiana is strategically focused on creating the economy of the future here, and we are uniquely positioned to lead globally in high-tech sectors," Chambers said. "Compared to traditional high-tech markets along the west coast, Indiana offers a low-tax, reduced regulation environment with a robust pipeline of STEM specialists and a quality of life that employers and employees alike can enjoy. We are excited to welcome Jillian to the team and look forward to sharing Indiana's story even more boldly with future-focused entrepreneurs and innovators looking to grow."

Ochs, who resides in the San Francisco Bay area, brings to the IEDC more

than 12 years of business development experience, with specialized expertise in new market entry, foreign direct investment and global partnerships. Currently, she is the founder of Smith Global, an independent strategic consulting practice focused on international expansion, market intelligence, go-to-market business strategy, global product commercialization, product develop and global business development. She represents a variety of small-to-medium sized enterprises (SME's), economic regions and business-to-business conferences and has led and supported business development efforts for a variety of organizations, including Advise Global, Greater Zurich Area, Abu Dhabi Investment Office, Ministry for Investment Saudi Arabia, Conapto, WorldWeb Forum, and the PacificRim Tax Institute.

Ochs received the 40 Under 40 Economic Developers Award from Development Counselors International in 2017 and was named a 'Visionary You Need to Know' by the World Web Forum in 2018. She serves on the board of the San Francisco Zurich Sister City Initiative and is a member of the Inter-

national Economic Developers Council, Swiss American Chamber of Commerce, and Swedish American Chamber of Commerce.

At the IEDC, Ochs joins a robust team of business developers in Indiana and globally focused on creating the economy of the future in Indiana. Ochs will focus on increasing investment and innovation opportunities with California-based companies as well as domestic and international companies active in the California market, advancing Indiana's future-focused sectors, including tech, life sciences, semiconductor design and fabrication, and energy, as well as the sectors' R&D and supply chains.

In 2022, the IEDC secured \$22.2 billion in new industry investments, including \$15.5 billion from companies establishing new operations – either as a startup company or as an established business investing in Indiana for the first time. In the past two years alone, California-based companies have committed to expanding or relocating to Indiana, investing nearly \$7 billion in Indiana. This includes announcements from industry innovators like Anchorage Digital, Intellinair, and Ninth Avenue Foods.

## Producers, Business Owners Encouraged To Apply For Rural Energy Program By March 31

For agricultural producers and rural business owners interested in making the shift to renewable energy, the time is now to apply for the Rural Energy for America Program (REAP).

Administered by the U.S. Department of Agriculture's Rural Development, the program provides funding through grants and guaranteed loans for renewable energy systems and energy efficiency improvements. The application deadline is March 31.

"This year, REAP received an additional \$250 million from the Inflation Reduction Act, for a program total of \$300 million," said Kalee Olson, policy associate for the Center for Rural Affairs. "This increase translates to more opportunities for renewable energy projects across rural America."

REAP funding is available for a wide range of projects, from installing solar panels to

updating HVAC systems and insulation. To be eligible, farmers and ranchers must show that more than 50% of their annual gross income is generated by their agricultural operation. Businesses must be located in a rural area, defined as having a population of 50,000 people or less.

Grants may cover up to 40% of eligible project costs, and guaranteed loans may cover up to 75%. Grant and loan funding may also be combined for up to 75% of eligible expenses.

"The benefits of receiving REAP funding are two-fold," Olson said. "In addition to the financial assistance provided by the program, new or improved energy systems have the potential to save producers and business owners money over time."

For more information about REAP or for help applying, contact your state's rural development energy coordinator.

## NFIB Encourages Indiana Lawmakers To Keep Small Businesses At Forefront During 2023 Legislative Session

Small business owners across Indiana, along with NFIB, the state's leading small business organization, are encouraging state lawmakers to listen to small business owners as they continue to recover from the pandemic and economic setbacks. Jan. 9 was the first day of the 2023 legislative session.

NFIB small business owners are still struggling with inflation, supply issues, and worker shortages. NFIB data shows that 44% of small business owners have openings they can't fill and 92% report that they have few or no qualified applicants.

Small business owners have a few priorities that they would like the legislature to keep in mind this session.

**Workforce Development**  
• Support proposals that help employers find workers and develop a skilled talent pipeline, remove barriers keeping people out of the labor force and prepare Indiana's future workforce.

**Regulatory Reform**  
• Support proposals aimed at reducing regulations that impose unnecessary mandates, penalties and fines on small business.

**Pass Through Entity Tax (PTET)**

The 2017 Federal Tax Cuts and Jobs Act caps the amount of state and local taxes (SALT) an individual can deduct on their federal taxes to \$10,000. This hurts small

businesses organized as pass through entities (S Corporations, Partnerships and LLC's) that pay taxes on business profits at the individual (owner/partner) level.

Allow pass through entities to elect to pay SALT on their income at the entity level. This reform will allow small businesses to fully deduct their state and local taxes from their federal tax returns.

**Business Personal Property Tax**

Indiana's business personal property tax continues to be a factor as nearby states have exempted this taxation. The state's business personal property tax is a levy on small business, and many have been bearing the brunt of this for years.

Reform or repeal of the business personal property tax to further improve the state's business tax climate and free up funds for main street to better compete with big business in this tight labor market and adjust to the increased cost to do business.

**Health Care Costs & Transparency**

Hoosiers are seeing higher health care spending per capita than peer states, and the rate of increases is also outpacing those states used for comparison. There are many factors driving the rate increases and more transparency and competition is needed to help lower costs. Small businesses should be able to provide more

affordable health insurance to their employees.

Make Multiple Employer Welfare Arrangement (MEWAs) more accessible to small businesses by removing unnecessary state barriers that are more burdensome than federal requirements so these plans work better and are easier to use.

Allow small business owners to band together through Association Health Plans to access the economies of scale that large companies enjoy, allowing them to offer more affordable coverage options to their employees.

Support proposals that promote transparency by requiring hospitals, insurers, and pharmacy benefit managers (pharmaceutical middlemen) to disclose cost information so small business owners can make informed decisions about health care coverage.

"Indiana is fortunate in that we have a friendly environment to own and operate a small business," said Natalie Robinson, NFIB State Director in Indiana. "Legislative leaders have done a good job listening to our entrepreneurs and shaping Indiana into an ideal place to start and grow a small business. However, there is more to be done. This year, we are asking the legislature to continue to pass legislation that allows Hoosiers to invest back into their business to create new jobs and support their communities."

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## Hickory Bible Church

104 Wabash • New Richmond

### Sunday Services:

**Breakfast and Bible - 9:30**

**Church - 10:30**

*a small church  
with a big heart!*

**Dr. Curtis Brouwer, Pastor**  
765-918-4949



## Woodland Heights Christian Church

Invites you to join us as we welcome our new lead minister:  
**Dr. Tim Lueking**  
Beginning Sunday, February 28th, 2021

### Weekly Sunday Schedule:

Traditional Service - 8:15 AM  
Sunday School for all ages - 9:30 AM  
Contemporary Service - 10:30 AM  
Woodland Heights Youth (W.H.Y.) for middle schoolers  
and high schoolers - 5-7 PM

Visit us online at WHCC.US

Woodland Heights Christian Church  
468 N Woodland Heights Drive, Crawfordsville  
(765) 362-5284

*"Know Jesus and Make Him Known"*



## Waynetown Baptist Church

Service: Sunday 10:30 am

Children's Church

Casual Clothes, Everybody Welcome

*Traditional and Contemporary*



### Service times:

10:02 am on Sundays

Wednesday night prayer meeting  
at 6:30 pm.

vinechurchlife.org

*A family for everyone*



## Southside Church of Christ

153 E 300 South • Crawfordsville  
southsidechurchofchristindiana.com

*Sundays:*

*Worship at 10:30 am*

*Wednesday Night Bible Study 7 pm*



## One Way Pentecostal Apostolic Church

802 Mill St. • Crawfordsville

*Pastor Steve Lee and his wife, Tamara,  
invite you all to their spirit-filled church*

### Services

Sunday at 2 pm

Wednesday Evening Bible Study  
7 pm

Saturday evening  
(speaking spanish service)  
at 7 pm



## NEW ROSS UNITED METHODIST CHURCH

The BRICK CHURCH on State Street

Sunday Worship 9:00 AM

Children's Sunday School during Sunday Worship

In person or on Facebook at

Facebook.com/NewRossUnitedMethodistChurch

Pastor Dr. David Boyd

John 3:16

*"Making the World a Better Place"*



## New Market Christian Church

300 S. Third Street • New Market  
(765) 866-0421

Dr. Gary Snowden, Minister

Sunday Worship at 10:00 am  
in the Family Life Center  
(Masks Encouraged)  
or in the Parking Lot Tuned to 91.5 FM  
No Sunday School at This Time

nmcc@sbcglobal.net • newmarketcc.org  
Visit Us on Facebook

*We Exist to Worship God,  
Love One Another &  
Reach Out to Our Neighbors*



*Helping  
people to  
follow Jesus  
and love  
everybody!*

2746 S US Highway 231  
Crawfordsville

### Services:

Thursday night at 6:30  
Sunday mornings at 10:30

*Both services are streamed*



## Linden United Methodist Church

*Making disciples of Jesus Christ for the transformation of the world*

### Sunday Worship 10:00 AM

in person or on Facebook at  
www.facebook.com/LindenUnitedMethodistChurch

Sunday School 9:00 AM

Pastor Clint Fink

Email: lindenum@tctc.com

Website: lindenumchurch.org

*"Making disciples of Jesus Christ for  
the transformation of the world."*



## Liberty Chapel Church

*Phil 4:13*

### Church Services:

Sunday School 9 am

Church 10 am

Wednesday Children's Awana  
Program  
6 pm-8 pm



## Church Service at 10 am

124 West Elm Street • Ladoga  
(765) 942-2019

ladogachristianchurch@gmail.com

www.ladogacc.com



## HOPE CHAPEL

110 S Blair Street  
Crawfordsville, IN 47933  
www.hopechapelupci.com

### Service Times:

Sunday 10:30 a.m.

*Starting August 1:*  
10 a.m. Sunday School  
11 a.m. Worship

Wednesday 6:30 Bible Study



## Garfield Apostolic Christian

4485 E 300 N • Crawfordsville

### Services

Sunday at 10 am

### Tuesday Prayer Meeting

6 pm - 7 pm

### Thursday Bible Study

6:30 pm - 8 pm



## Friendship Baptist Church

1981 West Oak Hill Road • Crawfordsville

*Romans 15:13*

Follow us on Facebook

Sunday school 9:30 am

Church 10:30 am

Wednesday Bible Study 4 pm



## Fremont Street Baptist Church

1908 Fremont St • Crawfordsville

Sunday school 9:30 am

Church 10:30 am

Sunday Evening 6 pm

Wednesday Night Bible Study 7 pm



## FIRST UNITED METHODIST CHURCH

*Follow in The Sun*

212 E. Wabash Avenue  
Crawfordsville  
(765) 362-4817  
www.cvfumc.org

Virtual services at 9:00 am  
*Can be watched on channel 3*

All are welcome to join and  
all are loved by God



## Faith Baptist Church

5113 S 200 W • Crawfordsville  
(765) 866-1273 • faithbaptistcville.com

**Sunday School 9:30AM**  
**Sunday Morning 10:30 AM**  
**Sunday Evening 6:00 PM**  
**Prayer Mtg Wednesday 7:00 PM**

*Where church is still church*  
*Worship Hymns*  
*Bible Preaching*




## EAST SIDE BAPTIST CHURCH

2000 Traction Rd • Crawfordsville  
765-362-1785  
www.eastsidebc.com

**Services:**  
**Sunday School at 9 am**  
**Church at 10 am**

*Help and hope through truth and love*




## Crossroads Community Church of the Nazarene

**SUNDAY**  
**9:00 AM: Small Group**  
**10:15 AM: Worship**  
**5:00 PM: Bible Study**

**WEDNESDAY**  
**6:00 PM: Mid-week Service**

**117 E State Road 234 • Ladoga**  
**765-866-8180**



## Congregational Christian Church

*"Be a blessing and be blessed"*

101 Academy Street • Darlington  
765-794-4716

**Sunday School for all ages 9:30am**  
**Worship 10:30am**

You can find us on Youtube and Facebook



## Christ's United Methodist Church

Dr. David Boyd

**We're here and we can hardly wait to see you**  
**Sundays at 11 a.m.!**

909 E Main Street • Crawfordsville  
765-362-2383  
christsumc@mymetronet.net

View live and archived services on our FB page.  
View archived only services at christsumc.org.>video>livestream.



## First Baptist Church

CRAWFORDSVILLE, INDIANA

**Sunday School/Growth Groups: 9:00 AM**  
**Worship Service: 10:30 AM**  
**Youth Group Wednesday at 6:30**

*You can watch us on YouTube and Facebook*  
*Watch Sunday Mornings*

### YOUR MONTGOMERY COUNTY CHURCH DIRECTORY

- Apostolic:**  
*Garfield Apostolic Christian Church*  
Rt. #5, Box 11A, Old Darlington Road  
794-4958 or 362-3234  
Worship: 10:30 a.m.  
Sunday School: 9:30 a.m.  
Wednesday Bible Study: 6:30 p.m.  
Pastor Vernon Dowell
- Gateway Apostolic (UPCI)*  
2208 Traction Rd  
364-0574 or 362-1586  
Sunday School: 10 a.m.
- Moriah Apostolic Church*  
602 S. Mill St.  
376-0906  
10 a.m. Sunday, 6 p.m. Wednesday  
Pastor Clarence Lee
- New Life Apostolic Tabernacle*  
1434 Darlington Avenue  
364-1628  
Worship: Sunday 10 a.m.; 6 p.m.  
Sunday: The Voice of Healing & Restoration on 103.9 at 9 a.m.  
Tuesday prayer: 7 p.m.  
Thursday Mid-week: 7 p.m.  
Pastor Terry P. Gobin
- One Way Pentecostal Apostolic Church*  
364-1421  
Worship 10 a.m.  
Sunday School: 11 a.m.
- Apostolic Pentecostal:**  
*Cornerstone Church*  
1314 Danville Ave.  
361-5932  
Worship: 10 a.m.; 6:30 p.m.  
Bible Study: Thursday, 6:30 p.m.
- Grace and Mercy Ministries*  
257 W. Oak Hill Rd.  
765-361-1641  
Worship: 10 a.m.; 6 p.m.  
Wednesday: 6:30 p.m.  
Sunday School: 11 a.m.  
Co-Pastors Nathan and Peg Miller
- Assembly of God:**  
*Crosspoint Fellowship*  
1350 Ladoga Road  
362-0602  
Sunday Services: 10 a.m.  
Wednesdays: 6:30 p.m.
- First Assembly of God Church*  
2070 Lebanon Rd.  
362-8147 or 362-0051  
Sunday School: 9 a.m.  
Worship: 10:30 a.m.; 6 p.m.  
Wednesday: 6:30 p.m.
- Baptist:**  
*Browns Valley Missionary Baptist Church*  
P.O. Box 507, Crawfordsville  
435-3030  
Worship: 9:30 a.m.  
Sunday School: 10:30 a.m.
- Calvary Baptist Church*  
128 E. CR 400 S  
364-9428  
Sunday School: 9:30 a.m.  
Worship: 10 a.m.; 6 p.m.  
Wednesday Bible Study: 7 p.m.  
Calvary Crusaders Wednesdays: 6:45 p.m.  
Pro-Teen Wednesdays: 7 p.m.  
Pastor Randal Glenn
- East Side Baptist Church*  
2000 Traction Rd.  
362-1785  
Bible Study: 9 a.m.  
Worship: 10 a.m.; 6 p.m.  
Wednesday: 6:30 p.m. Prime Time  
Teens, Pioneer Clubs; 6:45 p.m. :Adult Bible Study  
Rev. Steve Whicker
- Faith Baptist Church*  
5113 S. CR 200 W  
866-1273  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m. and 6 p.m.  
Wednesday Prayer Meeting: 7 p.m.  
Pastor Tony Roe
- First Baptist Church*  
1905 Lebanon Rd.  
362-6504  
Worship: 8:15 a.m.; 10:25 a.m.  
Sunday School: 9:30 a.m.  
High School Youth Sunday: 5 p.m.
- Freedom Baptist Church*  
6223 W. SR 234  
(765) 435-2177
- Worship: 9:30 a.m.  
Sunday School is 10:45 a.m.  
Wednesday Bible Study: 7 p.m.  
Pastor Tim Gillespie
- Fremont St. Baptist Church*  
1908 E. Fremont St.  
362-2998  
Sunday School: 10 a.m.  
Worship: 11 a.m.; 6 p.m.  
Pastor Dan Aldrich
- Friendship Baptist Church*  
U.S. 136 and Indiana 55  
362-2483  
Sunday School: 9:15 a.m.  
Worship: 10:30 a.m.; 6 p.m.  
Wednesday Bible Study: 7 p.m.  
Friendship Kids for Christ: 6 p.m.  
Pastor Chris Hortin
- Ladoga Baptist Church*  
751 Cherry St., Ladoga  
942-2460  
Sunday School 9:30 a.m.  
Worship: 10:30 a.m.; 6 p.m.  
Wednesday Bible Study 7 p.m.  
Ron Gardner, Pastor
- Mount Olivet Missionary Baptist*  
7585 East, SR 236, Roachdale  
676-5891 or (317) 997-3785  
Worship: 10:30 a.m.  
Sunday School: 9:30 a.m.  
Wednesday Evening: 7 p.m.  
Bro. Wally Beam
- New Market Baptist Church*  
200 S. First St.  
866-0083  
Sunday School: 9 a.m.  
Worship: 10 a.m.  
Children's church and child care provided
- Second Baptist Church*  
119 1/2 S. Washington St,  
off of PNC Bank.  
363-0875  
Sunday School: 10 a.m.  
Worship: 11 a.m.
- StoneWater Church*  
120 Plum St., Linden  
339-7300  
Sunday Service: 10 a.m.  
Pastors: Mike Seaman and Steve Covington
- Waynetown Baptist Church*  
Corner of Plum and Walnut Streets  
234-2398  
Sunday School: 9:30 a.m.  
Fellowship: 10:30 a.m.  
Worship: 11 a.m.  
Children's Church: 11:10 a.m.  
Pastor Ron Raffignone
- Christian:**  
*Alamo Christian Church*  
866-7021  
Worship: 10:30 a.m.
- Browns Valley Christian Church*  
9011 State Road 47 South  
435-2590  
Sunday School: 9 a.m.  
Worship: 10 a.m.
- Byron Christian Church*  
7512 East 950 North, Waveland  
Sunday School 9 a.m.  
Worship Service 10 a.m.
- Waynetown Christian Union Church*  
103 W. Walnut St.  
234-2554  
Worship: 10 a.m.  
Sunday School: 9 a.m.
- Whitesville Christian Church*  
3603 South Ladoga Road  
Crawfordsville, IN 47933  
(765) 362-3896  
New Worship Service Time  
9:00am 1st Service  
10:30am 2nd Service  
Whitesvillechristianchurch.com
- Woodland Heights Christian Church*  
468 N. Woodland Heights Dr.  
362-5284  
Sunday School: 9:30 a.m.  
Worship: 8:15 a.m. (traditional);  
10:30 a.m. (contemporary)  
Student Ministry: 5 p.m., Sunday  
Pastor Tony Thomas
- Young's Chapel Christian Church*  
Rt. 6, Crawfordsville  
794-4544
- 211 S. Walnut St.  
362-4812  
SUNDAY: 9:22 a.m. Contemporary  
Café worship  
9:30 a.m. Adult Sunday School  
10:40 a.m. Traditional Worship  
WEDNESDAY: 5-7 a.m. Logos Youth  
Dinner & Program  
Pastor: Rev. Daria Goodrich
- Ladoga Christian Church*  
124 W. Elm St.  
942-2019  
Sunday School: 9 a.m.  
Worship: 10 a.m.; 6 p.m.
- Love Outreach Christian Church*  
611 Garden St.  
362-6240  
Worship: 10 a.m.  
Wednesday: 7 p.m.  
Pastors Rob and Donna Joy Hughes
- New Hope Chapel of Wingate*  
275-2304  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.  
Bible Study: 6:30 p.m., Wed.  
Youth Group: 5:30 p.m., Wed.  
Homework Class: 4:30 p.m. Wed & Thurs.  
Champs Youth Program: 5:30 p.m. Wed.  
Adult Bible Class: 6:30 p.m. Wed.  
Pastor Duane Mycroft
- New Hope Christian Church*  
2746 US 231 South  
362-0098  
newhopefortoday.org  
Worship and Sunday School at 9 a.m. & 10:30 a.m.
- New Market Christian Church*  
300 S. Third St.  
866-0421  
Sunday School: 9 a.m.  
Worship: 10 a.m.  
Wednesday evening: Bible Study 6:15,  
Youth 6:15, Choir 7:15  
Pastor Gary Snowden
- New Richmond Christian Church*  
339-4234  
202 E. Washington St.  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.  
Pastor John Kenneson
- New Ross Christian Church*  
212 N. Main St.  
723-1747  
Worship: 10 a.m.  
Youth Group: 5:30-7 p.m. Wednesday  
Minister Ivan Brown
- Parkersburg Christian Church*  
86 E. 1150 S., Ladoga  
866-1747  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.  
Pastor Rich Fuller
- Providence Christian Church*  
10735 E 200 S  
723-1215  
Worship: 10 a.m.
- Waveland Christian Church*  
212 W. Main St.  
435-2300  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.
- Waynetown Christian Church*  
103 W. Walnut St.  
234-2554  
Worship: 10 a.m.  
Sunday School: 9 a.m.
- Whitesville Christian Church*  
3603 South Ladoga Road  
Crawfordsville, IN 47933  
(765) 362-3896  
New Worship Service Time  
9:00am 1st Service  
10:30am 2nd Service  
Whitesvillechristianchurch.com
- Woodland Heights Christian Church*  
468 N. Woodland Heights Dr.  
362-5284  
Sunday School: 9:30 a.m.  
Worship: 8:15 a.m. (traditional);  
10:30 a.m. (contemporary)  
Student Ministry: 5 p.m., Sunday  
Pastor Tony Thomas
- Young's Chapel Christian Church*  
Rt. 6, Crawfordsville  
794-4544
- Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.  
Pastor: Gary Edwards
- Church of Christ:**  
*Church of Christ*  
419 Englewood Drive  
362-7128  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.; 6 p.m.  
Wednesday Bible Study: 7 p.m.
- Southside Church of Christ*  
153 E 300 South, east of US 231  
765-720-2816  
Sunday Bible Classes: 9:30 a.m.  
Sunday Morning Worship: 10:30 a.m.  
Sunday Evening Worship: 5 p.m.  
Wednesday Bible Classes: 7 p.m.  
Preacher: Brad Phillips  
Website: southsidechurchofchristindiana.com
- Church of God:**  
*First Church of God*  
711 Curtis St.  
362-3482  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.; 6 p.m.  
Pastor Chuck Callahan
- Grace Avenue Church of God*  
901 S. Grace Ave.  
362-5687  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.; 6 p.m.  
Pastor Duane McClure
- Community:**  
*Congregational Christian Church*  
402 S. Madison St., Darlington  
794-4716  
Sunday School: 9:15 a.m.  
Worship: 10:30 a.m.
- Crawfordsville Community Church*  
Fairgrounds on Parke Ave.  
Crawfordsville  
794-4924  
Worship: 10 a.m.  
Men's prayer group, Mondays 6:30 p.m.  
Pastor Ron Threlkeld
- Gravelly Run Friends Church*  
CR 150 N, 500 E  
Worship: 10 a.m.
- Harvest Fellowship Church*  
CR 500 S  
866-7739  
Pastor J.D. Bowman  
Worship 10 a.m.
- Liberty Chapel Church*  
500 N CR 400 W  
275-2412  
Sunday School: 9 a.m.  
Worship: 10 a.m.
- Linden Community Church*  
321 E. South St., Linden (Hahn's)  
Sunday: 9:15
- Yountsville Community Church*  
4382 W SR 32  
362-7387  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.  
Pastor Alan Goff
- Episcopal:**  
*Bethel African Methodist Episcopal*  
213 North St., Crawfordsville  
364-1496
- St. John's Episcopal Church*  
212 S. Green Street  
765-362-2331  
Sunday Eucharist: 8 a.m. and 10:30 a.m.  
Christian Formation: 9:15 a.m.  
Midweek Eucharist Wednesday: 12:15 p.m.
- Full Gospel:**  
*Church Alive!*  
1203 E. Main St.  
362-4312  
Worship: 10 a.m.; Wednesday, 7 p.m.
- Enoch Ministries*  
922 E. South Boulevard  
Worship: Sunday, 10 a.m.  
Pastor: Jeff Richards
- New Bethel Fellowship*  
406 Mill St., Crawfordsville  
362-8840  
Pastors Greg and Sherri Maish  
Associate Pastors Dave and Brenda Deckard
- Worship 10 a.m.
- Victory Family Church*  
1133 S. Indiana 47  
765-362-2477  
Worship: 10 a.m.; Wednesday 6:30 p.m.  
Pastor Duane Bryant
- Lutheran:**  
*Christ Lutheran ELCA*  
300 W. South Blvd. • 362-6434  
Holy Communion Services: 8 a.m. and 10:30 a.m.  
Sunday School: 9:15 a.m.  
Pastor: Kelly Nelson  
www.christchurchindiana.net
- Holy Cross (Missouri Synod)*  
1414 E. Wabash Ave.  
362-5599  
Sunday School: 9 a.m.  
Worship: 10:15 a.m.  
Adult Bible Study: 7 p.m., Wed.  
Minister: Rev. Jeffery Stone  
http://www.holycross-crawfordsville.org
- Phanuel Lutheran Church*  
Lutheran Church Rd., Wallace  
Sunday School: 10:30 a.m.  
Worship: 9:30 a.m.
- United Methodist:**  
*Christ's United Methodist*  
909 E. Main St.  
362-2383  
Sunday School: 10 a.m.  
Worship: 11 a.m.
- Darlington United Methodist Church*  
Harrison St.  
794-4824  
Worship: 9:00 a.m.  
Fellowship: 10:00 a.m.  
Sunday School: 10:30 a.m.  
Pastor Dirk Caldwell
- First United Methodist Church*  
212 E. Wabash Ave.  
362-4817  
Sunday School: 10 a.m.  
Traditional Worship: 9 a.m.  
The Gathering: 11:10 a.m.  
Rev. Brian Campbell
- Linden United Methodist Church*  
609 South Main St. P.O. Box 38  
339-7347  
Sunday School: 9:30 a.m.  
Worship: 10 a.m.  
Rev. Erin Michelle Weaver
- Mace United Methodist Church*  
5581 US 136 E  
362-5734  
Sunday School: 9:30 a.m.  
Worship: 10:40 a.m.
- Mount Zion United Methodist*  
2131 W. Black Creek Valley Rd.  
362-9044  
Sunday School: 10:45 a.m.  
Worship: 9:30 a.m.  
Pastor Marvin Cheek
- New Market United Methodist Church*  
Third and Main Street  
866-0703  
Sunday School: 9:30 a.m.  
Worship: 10:45 a.m.
- New Ross United Methodist Church*  
108 W. State St.  
Sunday School: 10 a.m.  
Worship: 9 a.m.
- Waveland Covenant United Methodist Church*  
403 E. Green St.  
866-0703  
Sunday School: 10:30 a.m.  
Worship: 9:15 a.m.
- Waynetown United Methodist Church*  
124 E. Washington St.  
243-2610  
Worship 9:30 a.m.  
Johnny Booth
- Mormon:**  
*Church of Jesus Christ of Latter-day Saints*  
125 W and Oak Hill Rd.  
362-8006  
Sacrament Meeting: 9 a.m.  
Sunday School: 10:20 a.m.
- Nazarene:**  
*Crossroads Community Church of the Nazarene*  
US 231 and Indiana 234  
866-8180  
Sunday School: 9:30 a.m.  
Worship: 10:30 a.m.  
Pastor Mark Roberts
- Harbor Nazarene Church*  
2950 US 231 S  
307-2119  
Worship: 10 a.m.  
Pastor Joshua Jones  
www.harbornaz.com
- Orthodox:**  
*Holy Transfiguration Orthodox*  
4636 Fall Creek Rd.  
359-0632  
Great Vespers: 5 p.m. Saturday  
Matins: 8:30 a.m.  
Divine Liturgy: 10 a.m. Sunday  
Rev. Father Alexis Miller
- Saint Stephen the First Martyr Orthodox Church (OCA)*  
802 Whitlock Ave.  
361-2831 or 942-2388  
Great Vespers: 6:30 p.m. Saturday  
Wednesday evening prayer 6:30pm  
Divine Liturgy: 9:30 a.m. Sunday
- Presbyterian:**  
*Bethel Presbyterian Church of Shannondale*  
1052 N. CR 1075 E., Crawfordsville  
794-4383  
Sunday School: 9 a.m.  
Worship 10 a.m.
- Wabash Avenue Presbyterian Church*  
307 S. Washington St.  
362-5812  
Worship: 10 a.m.  
Pastor: Dr. John Van Nuys
- Roman Catholic:**  
*Saint Bernard's Catholic Church*  
1306 E. Main St.  
362-6121  
Father Christopher Shocklee  
Worship: 5:30 p.m. Saturday; 9:30 a.m., Noon & 3 p.m. Spanish Mass - Sunday and 5 p.m. Youth Mass (during school year)  
www.stbernardcville.org
- United Church of Christ:**  
*Pleasant Hill United Church of Christ - Wingate*  
Worship: 9:30 a.m.  
Sunday School: 10:30 a.m.  
Pastor Alan Goff
- United Pentecostal:**  
*Pentecostals of Crawfordsville*  
116 S. Walnut St., Crawfordsville  
362-3046  
Pastor L. M. Sharp  
Worship: 2:30 p.m.  
Prayer Meeting: 10 a.m., Tuesday  
Bible Study: 6 p.m., Wednesday
- Non-denominational:**  
*Athens Universal Life Church*  
Your Church Online  
http://www.aulc.us  
(765)267-1436  
Dr. Robert White, Senior Pastor  
The Ben Hur Nursing Home  
Sundays at 9:00am  
Live Broadcast Sundays at 2:00pm  
Bickford Cottage Sundays at 6:00pm
- Calvary Chapel*  
915 N. Whitlock Ave.  
362-8881  
Worship: 10 a.m., 6 p.m.  
Bible Study, Wednesday: 6 p.m.
- Rock Point Church*  
429 W 150S  
362-5494  
Sunday church services are 9:15 a.m. and 11 a.m.  
Youth group is from 6 p.m. to 7:30 p.m. on Sunday  
Small Groups: Throughout the week
- The Church of Abundant Faith*  
5529 U.S. Highway 136  
Waynetown, IN  
Reverend John Pettigrew  
Sunday Worship: 9:45 am  
(765) 225-1295
- The Vine Christian Church*  
1004 Wayne Ave. Crawfordsville  
Service at 10:02

# SUNDAY

## Health and WELLNESS

Sunday, Jan. 22, 2023

H1

Want to Contact Us? U.S. MAIL, 127 E. Main St. Suite 103, Crawfordsville, IN 47933 ONLINE, www.thepaper24-7.com (765) 361-0100

## Franciscan Health Lafayette To Offer Emergency Medical Services Training Course In The Spring

Franciscan Health Lafayette is holding an Emergency Medical Services Training course where students have access to the only EMS simulation lab in the area. The class will be on Mondays and Thursday from 5 to 9 p.m. April 3, 2023, through Sept. 14, 2023 (occasional Saturday classes to be determined). Applications will be accepted until noon on Friday, March 10, 2023.

The Emergency Medical Services Training course will help prepare those interested in an Emergency Medical Services (EMS) career with an extremely hands-on, entry-level class—starting them on the path to becoming emergency medical technicians (EMTs). The course will be held at Franciscan Education Center Lafayette, located at 1501 Hartford Street in Lafayette, Ind.

Students will be able to take part in the high-fidelity simulation lab as

part of their learning process. Franciscan Education Center Lafayette is the only educational center that offers an EMS simulation lab in the area. Students will also get to perform clinicals in the Emergency Room and ambulance.

Requirements to enroll in the class include:

- You must be at least 17 years old and have a:
- High school diploma or a GED
- Driver's license
- Negative drug test
- Approved background check
- Vaccinations (or approved exemptions) and negative tuberculosis test

Fees

The cost of the class is \$1100 and the application fee is \$100. However, for those who are enrolled in the class, the application fee will be deducted from the class cost. There will be additional fees which will be listed on the application.

Tuition discount oppor-

tunities for Franciscan Health Employees

Discounts are available for persons who work full-time or part-time for Franciscan Health or who work full-time for any of our affiliated provider organizations or our field precepting sites. Only one discount is allowed per student. Documentation of eligibility is required. A discount for the program is available to EMTs who graduated from the Franciscan Health EMT program.

How to Apply

To learn more about the spring Emergency Medical Services Training course or to apply, please reach out to Mike Master, Emergency Medical Services educator, through his email at: mike.master@franciscanalliance.org. He will send you the application and provide you with additional information. The course is also offered in the fall. If you are considering applying for the

fall course instead, Mike Master is the resource for that class as well.

About Franciscan Health

The Franciscan Alliance healthcare ministry began in Lafayette, Ind., in 1875. Today, Franciscan Alliance is one of the largest Catholic healthcare systems in the Midwest with 12 hospital campuses, more than 19,000 employees and a number of nationally recognized Centers of Health Care Excellence. Hospitals include: Franciscan Health Carmel; Franciscan Health Crawfordsville; Franciscan Health Crown Point; Franciscan Health Dyer; Franciscan Health Hammond; Franciscan Health Indianapolis; Franciscan Health Lafayette; Franciscan Health Michigan City; Franciscan Health Mooresville; Franciscan Health Munster; Franciscan Health Olympia Fields (IL); and Franciscan Health Rensselaer.

## Letters

### Reader Praises Franciscan

Dear Editor,  
I am writing to express my appreciation for the staff at Franciscan Hospital in Crawfordsville and Franciscan Hospital in Lafayette. On January 2, 2023, my wife had an emergency and I had to rush her to the Crawfordsville's emergency room. Despite the hospital being full, the staff there looked for other locations to ensure that the exceptional treatment could be continued and she was subsequently transferred to Franciscan in Lafayette where she stayed in the ICU for three more days.

From the moment we arrived at the Crawfordsville's ER, the staff was quick to respond to our needs, and provided my wife with the necessary medical attention. The nurses, doctors, and other healthcare professionals were compassionate, professional, and thorough in their approach. They were patient, kind, and always willing to answer any questions I had. They communicated clearly and effectively with me throughout the process, which helped me to understand my wife's condition and the treat-

ment being given.

We were impressed with the way the staff handled the emergency situation and how they were able to provide my wife the necessary medical attention in a timely and efficient manner. The facilities were clean and well-maintained, and the technology and equipment used were state-of-the-art. The hospital's commitment to providing the highest quality of care is evident in every aspect of their operations.

At Franciscan Hospital in Lafayette, the staff was just as exceptional. They continued to provide my wife with the necessary care and attention and the level of care was just as exceptional as it was in Crawfordsville. The team there was also professional, compassionate and attentive.

I am grateful for the care and attention provided by the entire staff at both hospitals, and I highly recommend Franciscan hospitals to anyone in need of medical attention.

Gary Behling

Gary Behling  
Crawfordsville

## BBB Tip: Supplements And Other Weight Loss Products Scams

Many consumers are looking to lose a little extra holiday weight. BBB is ringing in 2023 with tips to help people avoid falling prey to overstated weight loss advertisements and scams. The desire to get in shape or lose weight fast creates a risk of being deceived by products that do not work as advertised, come with a host of unwanted side effects, or cause weight gain instead.

Any time you see miracle claims for weight loss, be very skeptical. There is no such thing as a 'secret ingredient' or 'breakthrough formula' that can result in weight loss virtually overnight.

The Federal Trade Commission (FTC) warns consumers of dozens of false weight-loss claims. Many consumers end up purchasing and using products such as body wraps, topical creams, dietary supplements, skin patches, and even earrings promising to "melt," "flush," "burn," or "dissolve" away unwanted fat.

Promotions advertising "miraculous" weight loss products and promising immediate results should be viewed as potential scams. These products, if delivered as promised, are often ineffective in delivering their promised results, or worse can have potentially dangerous side effects.

Fraudulent weight loss products are often advertised alongside images of celebrities and fake endorsements. Additionally, deceptive free trial offers are very common, as investigated in the 2018 BBB study, "Subscription Traps and Deceptive Free Trials Scam Millions with Misleading Ads and Fake Celebrity Endorsements." The study reported that consumers filed nearly

37,000 complaints and BBB ScamTracker reports related to deceptive free trial offers and fake celebrity endorsements since 2015, with an average loss per victim of \$186.

Many consumer complaints described weight loss programs as difficult to cancel, even if the product doesn't work as claimed in the ads.

Some consumers say they believed they were making a one-time purchase but then received recurring charges to their credit cards for more of the product. When they contacted customer service, they were informed that they had signed up for a subscription, which was only disclosed in the fine print of the terms and conditions of their original purchase.

In other, similar complaints, consumers described being notified of an additional shipment of the weight loss product that they did not order. When they tried to contact the company to cancel, the company claimed the item had already shipped, and the consumer struggled to receive a refund for the shipped product.

Many consumers also filed complaints after being unable to reach the weight loss goals stated in advertising for the product.

To help avoid weight loss scams, BBB recommends the following:

- Always be wary of advertisements and customer endorsements promising "miracle" results or immediate weight loss. According to the Center for Disease Control and Prevention, evidence suggests gradual loss of 1-2 pounds per week is a healthy goal and is more successful for achieving long-term

weight loss. Ask your doctor what an achievable weight loss goal for you would be.

- Determine your fitness goals. It's hard work to lose weight. Find a program you can stick with, preferably one that you enjoy. Does a weight loss plan require special foods? Can you cancel if you move or find that the program doesn't meet your needs or is more expensive than anticipated?

- Avoid products that claim to help lose weight without diet or exercise. Be especially skeptical of claims that you don't have to give up favorite foods or reduce the amount you consume. Doctors, dieticians, and other experts agree that losing weight takes work. Pass up any product that promises miraculous results without any effort.

- Check a product's ingredients with the FDA. Be suspicious of taking special pills, powders, or herbs. Some products have been recalled for containing ingredients with potentially dangerous effects. Check the list of public notifications from the FDA regarding potentially harmful weight loss products. In Canada, check with Health Canada for guidelines.

- Be wary of a lack of an ingredients list. Some companies have been accused of not advertising certain ingredients that can come with harmful side effects or mix adversely with prescription drugs.

- Read all terms and conditions for any weight loss product. Before clicking check out or purchase, make sure the cart only includes the items you wish to purchase, and does not include signing up for a subscription

unless this is an option want. Be cautious of any contract that takes payment from your credit card until you cancel.

- When participating in online forums and chat rooms focused on weight loss and fitness topics, be wary of individuals pushing products they claim will help quickly reach goals.

- Research the company with BBB.org before purchasing. Read reviews about the company to see if there are any complaints alleging that it's a scam.

- Be wary of free trial offers, and before signing up, understand all the terms and conditions. These deals can become "subscription traps" that hook consumers into expensive shipments of products they did not agree to buy.

- Report the deceptive ads. Be suspicious of ridiculously positive testimonials on the company website. Testimonials become an easy marketing tool and are easily faked. These are often accompanied by glorious before and after pictures. Call your BBB to report suspicious, confusing, or misleading ads to BBB Ad Truth or report a scam with BBB ScamTracker.

Consumers can also report the ad to the Federal Trade Commission (FTC) by calling 877-FTC-Help. You can also report fake ads to the FBI's Internet Crime Complaint Center.

Check BBB Scam Tracker to research and report scams. To find BBB Business Profiles of businesses or charities, go to BBB.org.

See BBB's New year's guide and the BBB News Feed for more tips and scam alerts.

## Dining With Diabetes

Do you have type 2 diabetes? Would you like to learn more about your disease and how to live well reducing your health risks? If so, Purdue Extension has a great program for you!

Purdue Extension - Montgomery County is offering Dining with Diabetes again this year. A face to face offering will be held on Tuesdays, Feb. 7 - Feb. 28 from 5 - 7 p.m. Classes will be held at the same time and location each week. It is best to attend all 4 sessions. The Dining with Diabetes program is open to those with diabetes, their family members and caretakers. The series of four sessions is \$40/person and \$65/couple. Pre-registration and payment are required see details below.

The educational programs and cooking school will help adults with type 2 diabetes control their blood sugar to feel better and reduce risk of health complication. Through this program you will learn how to prepare meals that are healthy and easy to prepare that taste good. You will get the opportunity to see several recipes demonstrated and taste each one. Participants of this program will learn up-to-date information on nutrition, meal planning, exercise and how to understand common diabetes-related medical tests. All participants will be given recipes and handouts.

Diabetes is a very serious and costly disease. According to the American Diabetes Association as of 2017, nearly 13% of Indiana's adult population has diabetes. Type 2 diabetes is the most common form of diabetes and is a life-long disease where there is high levels of sugar (glucose) in the blood.

Type 2 Diabetes is often associated with older age, obesity, family history of diabetes, history of gestational diabetes, impaired glucose metabolism, physical inactivity and race/ethnicity. But research has shown that those who learn to manage their blood glucose (sugar) levels, eat a healthy diet and exercise regularly can lower their risks of complications and lead a healthier and more productive life.

Purdue Extension Montgomery County is currently recruiting participants for this program. If you have been diagnosed with type 2 diabetes, or know someone and are part of the support system for an individual and are interested in being a part of this program register at <https://event.me/20X-9WE>

Class's will be held at the Montgomery County Fairgrounds in the 4-H Building. For questions or help registering, please call Purdue Extension office at 765-364-6363 or e-mail Monica at [monicanagele@purdue.edu](mailto:monicanagele@purdue.edu).

Thanks for reading The Paper!

# SUNDAY

## Health and WELLNESS

Sunday, Jan. 22, 2023

H2

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# 5 Healthy Habits to Help Reduce Stress

FAMILY FEATURES

Between work, family obligations and a constantly changing world, people in the United States are stressed. In fact, U.S. workers are among the most stressed in the world, according to a State of the Global Workplace study. While some stress is unavoidable and can be good for you, constant or chronic stress can have real consequences for your mental and physical health.

Chronic stress can increase your lifetime risk of heart disease and stroke. It can also lead to unhealthy habits like overeating, physical inactivity and smoking while also increasing risk factors, including high blood pressure, depression and anxiety. However, a scientific statement from the American Heart Association shows reducing stress and cultivating a positive mindset can improve health and well-being.

To help people understand the connection between stress and physical health, the American Heart Association offers these science-backed insights to help reduce chronic stress.

### Stay Active

Exercise is one of the easiest ways to keep your body healthy and release stress. Physical activity is linked to lower risk of diseases, stronger bones and muscles, improved mental health and cognitive function and lower risk of depression. It can also help increase energy and improve quality of sleep. The American Heart Association recommends adults get at least 150 minutes per week of moderate-intensity activity, 75 minutes of vigorous activity or a combination.

### Meditate

Incorporate meditation and mindfulness practices into your day to give yourself a few minutes to create some distance from daily stress. Some studies show meditation can reduce blood pressure, improve sleep, support the immune system and increase your ability to process information.



### Stress 101

Understanding stress is an important step in managing and reducing it. Consider these things to know about stress and how it could affect your life:

- Today, 1 in 3 adults in the U.S. report being worried or depressed.
- Higher levels of the stress hormone cortisol are linked to increased risk of high blood pressure and cardiovascular events like heart disease and stroke.
- The top sources of stress are money, work, family responsibilities and health concerns.
- Work-related stress is associated with a 40% increased risk of cardiovascular disease like heart attack and stroke.

Photos courtesy of Getty Images

### Practice Positivity

A positive mindset can improve overall health. Studies show a positive mindset can help you live longer, and happy individuals tend to sleep better, exercise more, eat better and not smoke. Practice positive self-talk to help you stay calm. Instead of saying, "everything is going wrong," re-frame the situation and remind yourself "I can handle this if I take it one step at a time."

### Show Gratitude

Gratitude – or thankfulness – is a powerful tool that can reduce levels of depression and anxiety and improve sleep. Start by simply writing down three things you're grateful for each day.

### Find a Furry Friend

Having a pet may help you get more fit; lower stress, blood pressure, cholesterol and blood

sugar; and boost overall happiness and well-being. When you see, touch, hear or talk to companion animals, you may feel a sense of goodwill, joy, nurturing and happiness. At the same time, stress hormones are suppressed. Dog ownership is also associated with a lower risk of depression, according to research published by the American Heart Association.

Find more stress-management tips at [Heart.org/stress](https://www.heart.org/stress).

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The Paper  
OF MONTGOMERY COUNTY

# SUNDAY

## Voice of our PEOPLE

Sunday, Jan. 22, 2023

11

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## The Durham Saga #2 - Jeremiah Brisco Durham

Jeremiah Brisco Durham popped into this world in Mercer County, Kentucky on 27 June 1806 to John J. and Celia Bonham Durham, their second son and third child. He joined sister Phoebe but the other son, Richard passed away in January, and Jeremiah Brisco was born six months later. More children to come to the family of John J. and Celia were John Harrison; James Harland; Harriet (died age one); Samuel; Elizabeth Brisco; Jesse Younce and Cassandra Walker Durham. It was January 18th in 1833 that JB married Minerva Payne Walker, daughter of Harrison and Ruth Ruby, she having been born 19 Nov 1807. Soon after their wedding, JB and Minerva moved to Montgomery County as their first child, John Harrison was born here in late November. Jeremiah quickly erected a log cabin where the family lived most of the MoCo time of about 35 years. Another son, Thomas Wise and seven daughters were all born here. As far as I know, only one, Ophelia Holman, died young - age three.

Not long after their arrival, JB was registered by Caleb Conner, JP as living in Brown Township and taking up a yellow bay horse, about 15 hands, one inch and a half high, probably 6 or 7 years old with the left hind foot white and a scar on the right hind pastern (upper leg) joint. A black mane and tail some gray hair on his forehead and a curl of it around his neck. Shod all around with steel-toed shoes; appraised at \$50 by Thomas Ellis and William Clark. If the taken-up animals were not claimed in a certain amount of time, then they could be kept by the ones who had found 'em (not sure if they had to pay the appraisal or just court cost) but don't know if JB got the



**KAREN ZACH**  
Around The County

interesting horse!

Jeremiah Brisco had a large farm in Brown Township and was active in promoting agriculture, having been the first VP (later in 1854 president) of Montgomery County's Agricultural Society in the early 1850s. Both Jeremiah and Minerva were active in setting up, judging and entering not only Montgomery County but area county Agricultural Fairs as well. He was particularly astute with sheep plus horses (oh and his mules won a time or two) and she with jams and jellies!

Especially when the Durhams got here he was frequently found as having letters at the C'ville post office waiting for him and he began working in the Republican Party in the county as quickly as it began. In Oct 1861, he was seriously injured (CWJ 17 Oct) when his horses veered in Waveland as he was bringing in a wagon load of wheat and his kneecap was completely shattered. Not many years thereafter, in early December 1867, he moved to Topeka, Kansas where he took capital, purchased property in what became the fairly large city and made quite a profit later selling them.

The Durham home was always open to ministers, here and there, JB having been good



friends of many in the Methodist denomination which he had been a member of for 49 years. His earnest, outspoken advocacy in the temperance field was well known, purporting to all that "Christianity and Temperance were twin sisters and went hand in hand!" (obit).

It is only assumed here that his farm would sell well (advertised as 240 acres in the best quality, all under fence, with 160 for cultivation and timber unsurpassed along with a good orchard, comfortable and commodious dwelling, large barn and other outhouses - 17 Oct 1867 CWJ) and that he had the plan to do the Topeka developing when they took off in 1868 but they sure missed home as they would come back home to visit quite often. In the CWJ 31 Oct 1872, they had to head home quickly as "Uncle Jere had to get there in time to vote for Grant!"

First child (John Harrison) of JB and Minerva was born here in MoCo on 28 Nov 1833. At age 34, he married Mary Ellen Imes and they moved to Wood-ville, Washington where they owned and operated a hotel, most of their kids (Merritt; Lillian; Albert; Celia; Mary; John Wyatt and Sarah Brisco - others were Dora, Thomas, Eva and Ethel died age two)

aided their business.

Second child, Mahala Jane again born here in 28 July 1835 married (7 Jan 1856) Leroy Downing Stone and lived and died in West Baden, Indiana. They parented at least six children (maybe more) - Charles, Mary, Clarence, Joseph Henry, Cora, Kate, Joe, Frank, Albert and Harry.

Mahala's sister, Minerva Caroline was born the last day of 1837 and married William O. Stone. I quickly tried to find if the Stone men were relation but didn't find it but you'd think so. She and her husband moved to Bloomington, Indiana where they are buried. They spent some time in Terre Haute as well where I believe son Edgar Brisco and daughter Hattie were born. William was a physician.

Thomas Wise Durham born 29 Feb 1840 died in a Disabled Vet Home in Sawtell, Los Angeles County, California. He was in the Civil War (11th Ind, he was described as 5'9" ruddy complexion; gray hair; could read/write; Protestant; Farmer) and a book War Memoirs of Thomas W. Durham is quite popular. He married Amanda Montgomery and they were parents of: Claude and Fred neither living long. They adopted a daughter and named her Dorothy.

Very sadly, daughter Elizabeth Catherine passed away at age 25. Her sister, Ruth Cornelia was born in April of 1844 and died in Los Angeles 7 Jan 1933. She and her husband Joseph Hanna were married here on Valentine's Day in 1865. They lived and farmed in Williamsport, Shawnee County, Kansas. They had no children and he passed in 1912, having been the deputy sheriff there.

Celia, too was born in Brown Twp, Montgomery 20 April

1846 and was fairly young when she passed in Topeka (22 Feb 1885). Although a Durham history in North America Families 1500-2000 says she was not married she is in the 1880 Cloud Co KS census record as 34 and married to William H. White, she a housewife and he clerking in a Dry Goods Store. No children. She is listed as Celia A. White in the Topeka Cemetery and is linked on FindAGrave to JB and Minerva. Her tombstone tells that history and she's the wife of W. H. White.

The youngest child is Martha Craig born May 16, 1849 and married Charles Welch in March before her 20th birthday. They went to Topeka, Kansas as well. Charles was a brick mason and was in the Civil War (Co M 11th Kan Cavalry). He passed in Colorado in 1892 at the young age of 45 but is buried in Topeka. Martha passed in Sept 1934 in Los Angeles and is buried in Whittier, California. They were parents to three: Clifford Durham Welsh, Charles and Myrtle.

Quite an interesting family of movers and shakers the children moving and passing in Kansas, Washington, and California. The family was all around their father at the time of his death (photo from FindAGrave added by CDD) 25 Feb 1882 buried Topeka Cemetery, in Kansas. Minerva passed in June seven years later. Bless these folks and read about John Harrison Durham next week in Durham Saga #3.

*Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County. You can reach her at karen.zach@sbcglobal.net.*

## Fun Times At School In The Early 1960s



**BUTCH DALE**  
Columnist

(Note: The following was written by Connie Pickering Carpenter, who graduated from Darlington H.S. in 1962)

"When you got past sixth grade and entered the big study hall and library, you really began to live! The biggest thing was changing classes and having your own locker. This was about the time when all the boys smelled like sweat socks, and the girls sprayed on so much perfume you could have tasted it...This was also the time we started getting "big time" punishments, like tardy slips and "conferences." If you received a conference, you lost your lunch hour and had to spend the time studying, with a teacher in the room at all times. Too many of those...your Mom and Dad would get wind of it. I once received a conference for sneezing in class, because Mr. Pryor thought I had laughed!

In high school our class started having a lot of class parties, which included hay rides, dances, and weiner roasts. We could also wear jeans to parties, which we were not allowed to wear to school or to any school function. At school we wore poodle skirts, bobby socks, white tennis shoes, or saddle oxfords. We also wore "dog collars" around our ankles and angora yarn around our boy-



Connie Pickering

friends' rings. The guys were also sharp, wearing turned up collars, pegged pants (they almost had to jump off of a building to get into those pegged pants), white socks, and penny loafers...but it was more "cool" to put a dime in them instead of a penny. Most guys had crew cuts with lots of "butch wax."

We knew we were in high school because the food then wasn't good unless it was "greasy and cheesy." Those of us lucky enough to get a note from home could go uptown at noon for the best french fries and cheeseburgers in Montgomery County. The lunches at school were good, too, though and they only cost a quarter. Hot dogs were actually real back then! And we always enjoyed going down to the subway (basement hallway) and having an ice cream bar or frosted malt sold by Mr. Brown.

The high school sock hops were always lots of fun, after a game in the gym. The lights were turned down, and the girls danced with other girls during the fast dances, and boys only danced the slow dances. We took turns bringing a record player and 45's to spin. Also in high school, Sharol Threlkeld and I twirled our batons at every ballgame. Once the opposing side threw

money at us. It made Mr. McCauley (the principal) so mad that he kept the money!

It seemed like all the boys had '56 or '57 cars, all with loud mufflers. You couldn't find one bit of dirt on anyone's car...ever! Prom time was also a memorable event for all of us. When I was younger, Connie Vermillion and I wore Hawaiian dresses that were split all the way up the side, and we sat on a rock all night as "live decorations." Decorating the gym when we were juniors was a work of art, and we certainly enjoyed our Senior Prom, entitled "Wonderland by Night."

My memories of Darlington School will always remain special to me from the first grade on through high school. I knew the names of every kid in school and where they lived. All the kids in my class got along really well, and we never had any major problems. It was a great time!

(In high school, Connie fell in love with Jim Carpenter, who came to Darlington when Bowers School closed in 1959. She told me he was the cutest boy, but she thought at the time he needed "an attitude adjustment!" They both graduated in 1962 and were married the next year. Jim and Connie became the parents of four children....Staci, Brad, Cami, and Shelly. Connie served as the Montgomery County Court Reporter, but later in life she was stricken with multiple sclerosis. Sadly, she passed away in 2015 at the age of 70. Connie, we miss you...but we still have great memories of you and your school days!)

*John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.*

## Pro-Lifers Are Under Attack By Hostile Abortion Activists

By John Grimaldi

Here's a wake-up call: the numbers of babies killed in the womb in the U.S. since the Supreme Court legalized abortion 50 years ago has passed the 64.5 million mark-- the equivalent of the population of France, the 22nd largest nation among the 233 countries on the planet. Last June, the Supreme Court overturned its 1973 pro-abortion decision, yet the numbers of abortions nationally in the U.S. each year continues at a rate of more than half a million to as many as 900,000 as reported by the National Right to Life Committee [NRLC].

The NRLC's Director of Education and Research, Randall O'Bannon, shares the good news, however, that "the overturning of Roe was obviously an enormously significant event in our nation's history and a political watershed. Abortion was no longer, by the Supreme Court's fiat, legal in all fifty states, throughout pregnancy, for any and every reason or none at all. But for pro-lifers, it represented so much more. It meant, for the first time in nearly half a century that states would have the actual legal authority to protect unborn children, in many cases, from the moment of conception forward. Lives could be saved... For those states which took the opportunity, it meant that it no longer had to be the case that 10%, 20%, 30% or even 50% of pregnancies would legally, almost automatically, end in abortion. Their laws could protect unborn children and their mothers, and the merchants of death could be limited or even put out of business," he added.

It's good news indeed, but the fact is pro-abortion states have shown a willingness to fill the gap the Court's ruling created. In addition, the good news is overshadowed by the growing violence against pro-life advocates and the apparent lack of concern at the FBI. Last year, particularly in the months since the Supreme Court handed down its deci-

sion in June, more than 230 pro-life churches and pregnancy support centers came under attack. It all started in May last year when the Supreme Court's draft-copy of its decision to overturn the pro-abortion Roe-Wade ruling leaked. It was the beginning of what amounts to an organized war against pro-life advocates.

The Religious Freedom Institute [RFI] recently issued an assessment that shows how "criminal attacks on pro-life congregations and organizations across America immediately and dramatically increased. Hostile actors targeted pregnancy resource centers, education and advocacy organizations, churches, and even schools. The attacks continued at a high frequency after the Court handed down its Dobbs decision on June 24, 2022. Attackers often committed multiple crimes against the same organization, including arson, death threats, property destruction, and menacing or vile graffiti. Perpetrators attacked several of the same organizations on multiple days."

CEO Jim Harden of CompassCare Pregnancy Services talked with Fox News about the lack of FBI protection for pro-life advocates and institutions. The Compass-Care facility in Buffalo, NY was firebombed last year by pro-abortion extremists who call themselves Jane's Revenge and, thus far, he says, the FBI has done little to identify and arrest the culprits responsible. "There's some very, very disconcerting things that are going on, and the fact that the FBI has not made any arrests is only shame on them." Jane's Revenge, he said, admitted that they were responsible and yet neither local law enforcement nor the FBI has made any arrests. "There is a serious sickness in the body politic of America and the FBI isn't even talking about it. It's the largest law enforcement agency on the globe and it appears that they're treating this like some sort of bubble gum theft."

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# SUNDAY

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Sunday, Jan. 22, 2023

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## Timmons Talking Politics As Usual ...

A good many of you responded to last week's babblings about the fiasco the U.S. House went through in electing a Speaker. To a person, you agreed that it was just another example of the ineptitude our government sadly exhibits now. But a lot of you went further. Much further. The anger, the frustration, the absolute disappointment in where our government, and thus our country, stands today is almost overwhelming.



**TIM TIMMONS**  
Two Cents

The bloated, inefficient hot mess that our government has turned into is a sore topic. Many of us, I dare say nearly all who are reading this, had the privilege of growing up in a country that was proud, spirited and patriotic. Yes, our government had its problems, but nothing like today. The only thing woke meant was what time your alarm got you going. If a politician blatantly lied about darn near everything and got caught, i.e., Rep. Santos, he wouldn't be in office. Think not? Ask Richard Nixon.

But before we go any further, no, this is not a call for overthrow . . . not a desk-pounding cry to take up arms . . . not an accusation of shadows and conspiracies.

What's wrong with our government isn't that complicated. For today, let's boil it down to five things.

1. Career politicians: We need term limits.
2. Lobbyists and campaign contributions: Money talks. Too loudly in this case.
3. Complexities: Richard

Branson, the billionaire owner of Virgin Airlines has a great quote: "Any fool can make something complicated. It is hard to keep things simple." Way too much of our government is complicated. Tax code that weighs almost as much as me? C'mon!

4. Pork: I suppose you could throw this one under No. 3. But bills that get passed have riders attached to them that have nothing to do with the bill. Make proposed legislation plain to read and restricted to that specific law.

5. Benefits and perks: Get rid of insurance, pensions and other perks for the hired hands. Not only do they now have sweetheart deals that most of us could only dream of, but it encourages them to stay in office.

To be fair, we could add a bunch more to the list, but this feels like a starting point, don't you think? The bottom line is we have allowed our government to grow far beyond what was intended.

We could talk more about

what the Founding Fathers created. But as soon as you mention them, it sends some folks into a tizzy. Kind of like when you mention the definition of a man or woman.

Look, those who hold elected office work for us, at least in theory. So, let's all put our boss hat on for a second and think of this like a performance review.

First, the wonderful folks in HR would tell us we have a problem. How can we review someone's performance if we don't have standards and expectations in place - specific ones? Without that, how do we measure job performance? It's a fair point. Can you imagine having a job in which your performance was never measured? Yet that's exactly the situation we have today with the hired hands.

If we can't agree on how to rate their performance how about if we focus on laws? It kind of feels like they think creating new laws is part of the job, right? But seriously, don't we have enough laws?

Maybe instead we can task them to examine laws that are out of date and get them off the books?

While they're examining those, let's add that we want them to take a look at taxes. All of them. I'd be willing to bet there are several (that might be the understatement of the year!) that are no longer used for what they were intended. The term is sunset clause - and it's not used often enough.

When they get those two things done, we can get them working on the five things from above. Too much? Nah, we're good and patient bosses. Let's give them plenty of time to get all this accomplished. How much? Oh, I don't know, how about four years?

*Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at timmons@thepaper24-7.com.*

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## Ask Rusty – What Does And Doesn't Count Towards My SS's Earnings Limit?

*Dear Rusty:* I retired on Feb. 1 of this year (2022). I collect a pension from my employer plus a union pension, as well as Social Security, all of which started in February 2022. I am married and I'm 65 years old. I only worked 4 weeks in 2022 before retiring, but my income ended up being far more than expected. I got 5 weeks' vacation pay and a retroactive check from an overdue labor contract. I also got hazard pay and a small check for a class action lawsuit my union filed years ago. All of that brings my 2022 income to about \$35,000 which means I have exceeded what I can make as far as Social Security goes. My question is, should I contribute some money to my IRA to offset my

earned income? And is it even possible for me to do that? *Signed: Retired but Concerned*

*Dear Retired:* Generally, income earned before starting your Social Security benefits (such as accumulated vacation pay) doesn't count toward Social Security's earnings limit for those who have not yet reached their full retirement age (FRA), nor do your earnings from working in the 4 weeks of 2022 before your SS benefits started. Similarly, the check for retroactive labor contract benefits, hazard pay for past work, and income from the class action suit do not count toward Social Security's earnings limit. The only thing that counts towards the limit is earnings from working after your Social Security benefits started,



**ASK RUSTY**  
Social Security Advisor

which you apparently did not do. Thus, from what you've shared, you should not be subject to any impact to your monthly SS benefits as a result of your total 2022 income. Note, you may still get an inquiry from Social Security next year about your 2022 earnings, but only earnings from actually working after your Social Security benefits started (which you did not) would

### Social Security Matters by AMAC Certified Social Security Advisor Russell Gloor

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count toward Social Security's earnings limit.

You may, however, wish to consult with a qualified tax advisor because some of your Social Security benefits received in 2022 will be subject to income tax on your 2022 tax return. Assuming you file your tax return as "married/jointly," if your combined income from all sources exceeded \$32,000 then

50% of the SS benefits you received during the tax year will become part of your overall taxable income; and if your 2022 combined income from all sources (including your wife's income) exceeded \$44,000, then up to 85% of your SS benefits received in 2022 will become taxable income. A tax advisor can give you more information on that, and also help you decide

if it would be wise to contribute to an IRA. But, in any case, contributing to an IRA will not affect your monthly Social Security benefit.

About The Association of Mature American Citizens (AMAC):

The 2.4 million member Association of Mature American Citizens (AMAC) is a vibrant, vital senior advocacy organization that takes its marching orders from its members. AMAC Action is a non-profit, non-partisan organization representing the membership in our nation's capital and in local Congressional Districts throughout the country. And the AMAC Foundation ([Amac-Foundation.org](http://Amac-Foundation.org)) is the Association's non-profit organization, dedicated to supporting and educating America's Seniors.

## Butch's Family Station Wagon Goes Airborne

When you first received your driver's license, did you do anything really stupid? Come on...admit it...you know you did. Like most of the boys in my class, I didn't have a car of my own, so on dates I drove the family car. Unfortunately it was a red and white 1963 Chevy station wagon, and it didn't even have a radio. The girls will really go for that... NOT!

The car was heavy, but it did have a 327 cubic inch V-8 in it, so it had some "get-up-and-go." I decided to see what the old gal would do one afternoon when returning home from baseball practice, and I actually got it up to 90 mph before coming to my senses. Yes, yes...I know. It was crazy and stupid and against the law. But how many of you have done the same thing? I never drove that fast again, except for one other time, and here's the story...

One evening, I headed up north to Clarks Hill country to meet some cute gal (who would later become my wife) to take her out on a date. I told my folks I would be home no later than 1:00 am. After going to a movie and eating out, we ended up back at her house, watching TV and then listening to 78 rpm records, specifically the Rolling Stones and the Beatles, and then the



**BUTCH DALE**  
Columnist

Mamas and Papas. Do you remember the song "California Dreamin'?" Well, that's how it ended up. We fell asleep on her parents' couch...dreamin', and I woke up at 3:00 am. Not good! Time to head the red and white family truckster on its way back south to Darlington. When I turned off County Road 1000 North onto County Road 700 East (the Darlington-Stockwell blacktop), I put my foot to the pedal and gave her all she could take. Going through the iron bridge at 80 mph near Reid Paddock's house was quite a thrill, and I stayed on it, reaching 100 mph, before I backed off to 90 mph just before the top of the steep hill at County Road 750 North. As I topped the hill, the red and white station wagon, which then must have assumed it was a dragster, went airborne. Yep, all four wheels left the ground. The top of my head hit the headliner. Ol' Betsy

went off the road and into the ditch, traveling several yards on its two right side wheels. I don't understand to this day what kept that old car from rolling over and wrecking. When I came to a stop, I was in a cold sweat. My heart was pounding. I glanced at myself in the mirror. My face was as white as a ghost. I just sat there and realized how stupid...and how lucky...I had been.

I drove slowly all the rest of the way home, and when I entered our lane, I turned off the headlights...and then halfway up...turned off the ignition and coasted up to the house. I sure didn't want my folks to wake up, so I climbed up on the roof, and crawled in through my upstairs bedroom window. My younger brother never heard a peep. I had made it back safe and sound. No one will ever know...

...until 7:30 am...my Dad shaking me, "Get your clothes on and get down here...NOW!" Still half asleep, I stumbled outside, where he had the hood of the car up and was staring at the engine compartment. "How did that battery get down there?" he inquired with a discerning look on his not-too-happy face. The battery had come dislodged from its stand and was wedged in between the engine and the fender well. I was speechless,

but uttered out, "Gosh, Dad, I have no idea. Maybe I hit a chuckhole or something." Dad replied, "Well, it must have been one hell of a chuckhole. Get a wrench and put it back where it belongs." Thank God... no more questions. I felt guilty for not telling the truth.

You know...teenagers do some really idiotic things. That was just one of the stupid things I did...I could list many more. When my four kids were teenagers, they had a few brainless adventures, too. When I had to discipline them, I always tried to remember my teenage years. And when I was a deputy sheriff and then county sheriff, I tried to give kids a break when possible, unless the situation was very serious and warranted the proper action. Sometimes we all have to learn the hard way. On that summer night, after I went airborne over that hill, I learned my lesson... to tell the truth...and never drive 90 mph over a steep hill...in a red and white station wagon. And that damn car didn't even have a radio!

*John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.*

## Are We There Yet?



**RANDALL FRANKS**  
Southern Style Columnist

A repeated question from childhood that often irritated parents from its repetitive use by every child within a traveling vehicle was "Are we there yet?."

When I was a child, I seldom uttered those words because I actually loved to go anywhere because I was fascinated with seeing the world around me.

I loved to see rolling green fields covered with cows gazing. Waters of the rivers flowing and churning by the rocks below. The mountains rising high around me as I tried to look back into every hollow to see if a small house sat there with a chimney shooting smoke into the sky.

When we went into the cities, I would stretch my neck trying to look up at the top of the buildings as we rolled through.

Since I spent much of my childhood as an only, long rides in cars were not much different than occupying my time anywhere around home. In those days we weren't tied to car seats, so I could move anywhere across the back seat or floor board of our blue Chevrolet Malibu as I played and filled the hours.

Nighttime was the only periods when I really didn't enjoy trips because there was little to see beyond the door windows.

But there were many times as a small child, I remember curling up in the front floorboard of the Chevrolet pickup at the feet of my mother near the heat vent where I would go off to sleep and awake when we got to where we were headed.

Feeling warm and safe in that place made traveling a preferred activity when I was small.

Of course, trips for us were largely limited to our annual vacation or periodic trips on holidays to visit relatives. Oftentimes vacations included relatives too.

Today, as I crawl into the driver's seat to head off for a trip, I do sometimes find myself thinking "Are we there yet?."

I know the answer, but the weariness associated with the act of driving, does make the traveling less appealing to me. I still enjoy seeing the places once I arrive but the monotony of looking out the windshield at the road makes the experience less of an adventure to me.

Often in life, we set goals, create a path, and then forge ahead towards that objective. Along the way, we sometimes stop and access how close we are to reaching the goal in essence asking "Are we there yet?."

So, the skill of asking that question, though frustrating to parents can be a blessing as we map out our lives. Evaluating where we are, where we are going, and if we need to adjust to reach a goal is a great skill.

Finding our way in life day-to-day can be an adventure on its own, I know I am on a constant trend of re-evaluating my position. Do you feel like you are spinning your wheels? Maybe you are not reaching anywhere close to where you thought you would be? Maybe you need to ask "Are we there yet?."

*Randall Franks is best known for his role as "Officer Randy Goode" on TV's "In the Heat of the Night." His latest 2019 #1 CD release, "Americana Youth of Southern Appalachia," is by the Share America Foundation. He is a member of the Old Time Country Music Hall of Fame. His latest book is "A Badge or an Old Guitar: A Music City Murder Mystery." He is a syndicated columnist for <http://randallfranks.com/> and can be reached at [rfrankscatoosa@gmail.com](mailto:rfrankscatoosa@gmail.com).*



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## Integrating Politics And Science — By First Separating Them

By Dr. Luke Conway

Freedom inherently involves risks. If you want your children to roam free at the local playground, they might injure themselves on the big slide. If you want the freedom to watch baseball, someone might get hit in the head by a stray line drive. All decisions about restricting freedom thus require a cost/benefit analysis that weighs the benefits of freedom against the potential risks.

In practice, this analysis requires two very different sets of considerations. First, we have to consider the threshold at which we will restrict people's freedom. How many injuries are too many before we stop the heart-warming laughter of the children's playground? How many deaths due to line drives would cause us to squelch the glories of baseball? Second, we have to measure whether or not the threshold is met. What do we consider a playground injury? How do we decide if a death was due to a line drive or some other cause?

This distinction between setting a threshold and measuring a threshold is often overlooked—but absolutely vital. That's because threshold setting is largely a political issue for everyone, but threshold measurement is largely a scientific issue for specialists. And yet, despite the importance of this difference, we tend to conflate the two. For example, it makes sense that health officials should decide on how best to measure health matters. But we also often take it for granted that they should set the threshold at which we will give up our freedoms for health-related risks. Should we?

No. In fact, who should reasonably decide the threshold is generally different than who should implement the threshold. Consider a parable. Imagine your beloved Pittsburgh Steelers are playing in the Super Bowl. They are down by two points with one second to go. On the last play of the game, the Steelers kick a (three-point) field goal to win the game. You start celebrating the glorious victory. But wait—the officials are huddling. The play is being reviewed. And the head official comes out and says this: "Today, the officials have determined that the point threshold for a last-second field goal is only one point and not three. Therefore, the Steelers have lost."

The point here is quite simple. The officials' job is not to determine what the rules are. The officials' job is to judge whether those rules have been followed. They don't get to decide how many points the field goal is worth; they only measure whether the field goal criterion has been met.

When we turn our attention to COVID policies, this distinction between threshold setting and threshold measurement becomes paramount. We've frequently acted like the measurement of the threshold (how dangerous is COVID?) is the same as the setting of the threshold (how dangerous does COVID have to be before we restrict freedom?).

But in order for science and politics to function together effectively, we desperately need to separate the scientific issue from the political one. Threshold measurement is a scientific issue on which public health officials, as scientific experts, ought to be listened to. Threshold setting is a political issue on which public health officials have no more (or no less) right to speak than any ordinary citizen. That's how science and politics are supposed to work together. That's how they are supposed to be integrated. Yet our lives these last two years have been increasingly defined by officials conflating the scientific judgment of whether a criterion has been met (which is their job) with the creation of the political criterion (which isn't). Our public health officials have been metaphorically determining what a field goal is worth, when they should not get to do that. That's our job. Their job is to determine if the field goal is good or not.

It didn't start out that way. In fact, early in the pandemic, Dr. Anthony Fauci is reported to have said to Donald Trump: "I just do medical advice. I don't think about things like the economy and the secondary impacts. I'm just an infectious diseases doctor. Your job as president is to take everything else into consideration."

That isn't the attitude of someone who wants to set the freedom threshold; it's the attitude of a man who wants to do his limited role of providing measurement information to those who do. By the end of the pandemic, however, Fauci was challenging court decisions that overturned the health experts' power to make restrictions: "I'm surprised and disappointed because those types of things really are the purview of the CDC. ... We are concerned about that, about the courts getting involved in things that are unequivocally a public health decision. This is a CDC issue, should not have been a court issue."

Do you see what happened? At the beginning of the pandemic, health officials rightly viewed their role as simply providing information, making judgment calls about whether our metaphorical field goal was good or not. By the end of the pandemic, they had shifted to believing that they should determine the threshold itself, so

that the very rules of the game—and not providing information relevant to those rules—was their purview.

Increasingly, the medical community failed to ask us regular citizens whether we liked these politically restrictive thresholds. Rather, the American public was simply shamed or bullied into complying with the medical communities' simplistic medical-based view. Fauci said that anyone questioning him was "really criticizing science, because I represent science." But much of his commentary wasn't scientific; it was political. Fauci said he "strongly supports" vaccine mandates, eventually saying to people who questioned the vaccines, "get over it." Texas' and Mississippi's anti-mask approach was "inexplicable," Fauci said. And yet these aren't largely medical commentaries; they are political thresholds completely outside of his purview. It wasn't his political decision to make—it was ours. I'm not questioning science by saying I prefer to err on the side of freedom; I'm simply stating that I prefer to take my chances with COVID (against which I have a very high probability of success) than with a repressive government (against which I will certainly lose).

But no one asked me. Instead, the public health officials running our pandemic response increasingly assumed they had the right to set the threshold at which our freedoms were taken away.

The results have been predictably disastrous. Not only has the American public begun to lose faith in public health, but a single-issue approach has led to declines in education and increases in teen suicide rates, among other negative outcomes. While it is hard to counterfactually know what would have happened if we had applied a different strategy, it nonetheless seems clear that lockdowns had many negative consequences that would have been avoided without them. In fact, one study by a highly cited Canadian researcher showed that, considering all variables, lockdowns were actually bad for public health. In the words of the researcher: "I explain why I changed my mind about supporting lockdowns ... a cost-benefit analysis of the response to COVID-19 finds that lockdowns are far more harmful to public health (at least 5–10 times so in terms of wellbeing years) than COVID-19 can be."

This is hardly surprising. That's what happens when you cede power over a large and complex political issue to a single-issue group. Medical professionals almost by definition are going to overweigh the importance of any disease's direct physical toll. I don't begrudge

them that; it's likely part of what makes them good at their jobs. However, it is precisely for that reason that we don't allow specialists to make judgments about political cost/benefit thresholds that have vast reach into all our lives. We would not let this happen in any other domain. Would you let a small group of green energy activists decide that you could not have gas-powered vehicles, or a small group of oil executives decide that you cannot have a Tesla? There is a reason we don't let specialists decide far-reaching political issues. Instead, all of us should collectively have a voice.

Thus, the decision of when the danger of a disease outweighs individual rights for freedom should never again be in the hands of unelected public health officials. That political decision is our decision. We the People, and as such should only reside in our hands. Ironically, science and politics work best together when they are kept separate.

There is a danger in political laziness. If we become used to the conflation of the actual job of public health officials (determining the level of threat) and the thing they should never do (determining the point at which freedom gives way to threat), the next time a disease comes around, we may never fully recover our senses. The real threat is that we are becoming inured to medical authoritarianism by small degrees. Yet there is absolutely no reason that we should take such violations of our basic rights so casually.

So, my fellow citizens, as we turn the calendar to what will (God willing) be a better and brighter new year, let's keep our heads held high. And let us continually pray that fear will increasingly fall away like rusted shackles, and glorious freedom—freedom to laugh and to play, to hope and to dream—will rise in its place throughout this beautiful land.

*Dr. Lucian (Luke) Gideon Conway III is a Professor of Psychology and a Fellow with the Institute for Faith & Freedom at Grove City College. He is the author of over 85 articles, commentaries, and book chapters on the psychology of politics and culture. Dr. Conway's research has been featured in major media outlets such as the Washington Post, New York Times, Huffington Post, Psychology Today, USA Today, the Ben Shapiro Podcast, and BBC Radio. Further, he has written opinion pieces for outlets such as The Hill, Heterodox Academy, and London School of Economics U.S. Centre. He is the author of the book Complex Simplicity: How Psychology Suggests Atheists are Wrong About Christianity. You can follow him on twitter @LGConwayIII, on ResearchGate, or on Google Scholar.*

## Renting Or Buying, Which Is Best For You?



**GLENN MOLLETTE**  
Guest Column

A retired minister and his wife had never owned a house. They had spent all their married lives living in housing provided by churches. At age 65 they bought a house and financed it for 15 years. They had been frugal and had saved a good down payment. They paid for the house by age 80. The value of the house increased over the years and at age 83 they sold the house and received a very nice check. The money from the sale was enough to help them fund their next ten years in a nice assisted living apartment. While taking on a mortgage at 65 appeared crazy to some it afforded them financial security further down the road.

Many years ago, I bought a modest new house that cost \$151,000. I barely scraped together the nearly \$30,000 down payment. The house was financed for 15 years. I began the laborious journey of writing a monthly check to the bank. After about eight years, I needed money to pay medical bills and was able to borrow \$30,000 against my equity. It was nice that I had the equity because at that time I really needed the cash. Looking back, I would never do that again because it made the actual cost of my house increase to \$181,000. For a couple of years, I had two payments to make to the bank. A couple of years later my wife passed. If I had needed to borrow \$10,000 against my house, I could have done so to pay for funeral expenses. Fortunately, we had both taken out small insurance policies that covered that cost. Eventually I refinanced and consolidated the mortgages. By the grace of God I still paid for the house in 15 years.

I don't like monthly payments or paying rent. For most of us, at some point in our lives there will be a monthly payment of some kind. I've lived in apartments on several occasions and even houses furnished to me by congregations I served. I didn't care for either one. I'm not saying I wouldn't do it again but my preference is to live in a place that is actually mine for as long as possible.

Renting a house or an apartment works for many at different stages of life. Buying a house is tough because it is a major financial commitment. You normally have to come up with 20% of the price to pay down as well as have the income to make the payments. That's not always easy.

New houses in a nearby neighborhood are presently selling for \$400,000. Most of them are modest three to four-bedroom houses. Having enough money to make the down payment and monthly payments is a lot for any person or family.

However, rent is expensive. Depending on where you live you may be paying \$800 to \$3,000 a month for a small apartment. You don't have maintenance or property taxes but you'll also never see that money again. A friend of mine sold her house at age 70 and moved into an apartment complex for people over age 55. She pays rent but she says the landlord treats her well and is timely with upkeep. A landlord who is very untimely with upkeep is very frustrating.

There are pros and cons to owning and renting. Choosing depends on your situation and personal preferences. A landlord can raise your rent and have rules pertaining to pets, painting, and more. However, it may be just exactly what you need. Typically, you don't want to sink your money into property if you are going to move in three or four years. You might come out ahead if you buy a fixer upper and have the time and money to improve the property. You don't want to make a bad buy. Buying property that you can't resell is a bad idea, unless you love it and plan to live there a long time.

Keep in mind that a big chunk of most American's wealth is in the house they own. If you pay for it and maintain it you can normally sell it to someone and recoup a lot of your money. You might even make a nice profit.

*Dr. Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and Lexington Seminaries in Kentucky. He is the author of 13 books including UncommSense, the Spiritual Chocolate series, Grandpa's Store, Minister's Guidebook insights from a fellow minister. His column is published weekly in over 600 publications in all 50 states.*



# SUNDAY

*Travel*  
*or stay! and*  
*Play*

Sunday, Jan. 22, 2022

J1

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## Study Ranks Ohio's Hocking Hills Among Nation's Most Beautiful And Popular State Parks

A recent in-depth Travel Lens study of Yelp and TripAdvisor reviews, Instagram popularity and Google search data showed that Ohio's Hocking Hills State Park is one of the nation's fastest growing in popularity and is ranked as on the nation's most beautiful state parks. Cited for one-of-a-kind travel experiences and mind-blowing natural beauty, Hocking Hills State Park ranks fourth in the nation for beauty and is ranked sixth in the U.S. for increased popularity, following Niagara Falls and California's Redwoods.

With more than 13,000 acres of unbroken forest, travelers give the re-

gion five-star reviews for spectacular scenery marked by deep gorges, lush forests, soaring rock faces, unique rock formations and stunning waterfalls. The Hocking Hills region's unique outdoor and arts experiences sparked a record number of searches and positive reviews, causing it to surge in popularity. Travelers research and book their travel at ExploreHockingHills.com or by calling 1-800-Hocking (800-462-5464).

Located 40 miles southeast of Columbus, Ohio's Hocking Hills' miles of wooded trails offer extraordinary hikes in winter and every season. Spring through fall,

night moth lightings, hands-on butterfly experiences, canopy tours, kayaking, pontoon boats and more give visitors even more opportunities to immerse themselves in the beautiful nature of Ohio's Hocking Hills. A visit to John Glenn Astronomy Park shows the region's dark skies awash in stars and planets with educational programming on weekends giving visitors a fascinating astronomy lesson, complete with incredible access to high-powered telescopes.

Local artists open their studios and help visitors to tap their inner artists with lessons in glass blowing, painting or ceramics. Unique

galleries, gift and antique shops are home to wonderful locally crafted and hidden treasures. The region is also home to loads of affordable and truly unique accommodations, from cabins in the woods, cottages, hotels and country inns, to treehouses, yurts, geodomes, hobbit houses, a cabin built into an actual cave -- and even more unusual lodging. A salt cave, woodland spas and sauna pods add to the allure of the Hocking Hills as the perfect place to unplug any time of year.

Complete traveler information is available ExploreHockingHills.com or 1-800-Hocking (800-462-5464).

## Tribute To The Troops Event

Badlands Off-Road Park is excited to announce their next event in their line of giving back, Tribute to the Troops, happening on July 29, 2023, in Attica, Indiana! Headlining this year is a duo whose sound is instantly recognizable! Known for hits such as "Save a Horse (Ride a Cowboy)", "Comin' to Your City", and "Lost in This Moment" -- Big & Rich will be in Attica, Indiana with Cowboy Troy! More artists will be added to the schedule at a later date as well!

Tribute to the Troops is all about our troops and honoring them! In 2021 - Badlands, in partnership with Attica

Motorsports, Polaris, and other great sponsors gave away a custom 2021 Polaris Off-Road Ranger to a well-deserving service member. This year they are also planning for a big giveaway that will be announced very soon, as well as information on how to win!

Tickets for the event are available at www.tributetothetroops.com. The first 1,000 military members who verify through the website (via an outside verification process - VerifyPass) will receive FREE tickets to the event! Riding passes for Badlands Off Road Park and Parking Passes for the concert will also be available.

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# BUTCH DALE




John "Butch" Dale is a former teacher, County Sheriff, author, artist, and local historian. He is the librarian at Darlington and has been there for 33 years! You never know what Butch might offer his readers two times each week...from funny and nostalgic stories about his childhood and hometown...to stories about life and death incidents when he was Montgomery County Sheriff. Sometimes he highlights sports stars from our county's past...or he might just poke a little fun at some of our national politicians and celebrities. He can make you laugh, make you cry, help you to appreciate the past or make you think about the future. But no matter what, Butch will keep you on your toes and keep you entertained!

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# KAREN ZACH



Think writing a column on genealogy is easy?  
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Each week Karen Zach pores over page after page after page of historical records just so she can bring the readers of **The Paper of Montgomery County** the absolute latest . . . well, it's historical, so it's not exactly . . . so she can bring you the most up-to-date . . . oh, you know what we mean!

Catch Karen every Thursday,  
only in Montgomery County's Favorite Daily Edition!



# Montgomery County's Most Wanted

The Montgomery County Sheriff's Office is requesting your assistance in locating a subject wanted on a felony warrant. If you have any information on the whereabouts of this wanted person please contact the Montgomery County Sheriff's Office at (765) 362-0885 or (765) 362-3740.

## WANTED



**Caleb J. Mathews**  
Born 1984  
Charge: P/V Dealing Methamphetamine (Level 3)

## WANTED



**Wyatt W. Hunt**  
Born 1996  
Charge: FTA Resisting Law Enforcement/Criminal Confinement (Level 5)

## WANTED



**Mario G. Ortega**  
Born 1977  
Charge: Sexual Misconduct with a Minor (Felony 4)

## WANTED



**Robert E. Butler**  
Born 1984  
Charge: Possession of a Firearm by Serious Violent Felon (Level 4)

## WANTED



**Devin R. Post**  
Born 1990  
Charge: FTA Possession of Methamphetamine (Level 6)

## WANTED



**Amanda J. Fry**  
Born 1987  
Charge: P/V Theft (Felony 6)

## WANTED



**Thomas W. Farley II**  
Born 1991  
Charge: FTA Possession of Methamphetamine/Carrying Handgun w/out license

## WANTED



**Cole M. Williams**  
Born 1995  
Charge: P/V Escape

## WANTED



**Stephen C. Shaffer**  
Born 1992  
Charge: Domestic Battery (Level 5)

## WANTED



**Tasha L. McCray**  
Born 1991  
Charge: FTA Fraud (Felony 6)

### Please Read Our Disclaimer:

All warrants are the property of Montgomery County, Indiana. This list of wanted suspects is updated on a daily basis, but all warrants need to be verified through the Montgomery County Sheriff's Office Warrants Division before any action is taken. If you feel a warrant is listed in error, please contact the Montgomery County Sheriff's Office.

### Notice:

If you have information about the whereabouts of any of the listed suspects, please contact the Montgomery County Sheriff's Office at the numbers provided, or contact your local law enforcement agency. The issuance of a warrant by no means indicates that a person is guilty of a crime, only that probable cause exists to believe that person has committed a crime.

**DO NOT ATTEMPT TO APPREHEND ANY OF THESE SUSPECTS AS THEY MAY BE ARMED AND DANGEROUS.**

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