

# The Paper

## OF MONTGOMERY COUNTY

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50¢

CRAWFORDSVILLE, INDIANA

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**TODAY'S VERSE**

Revelation 19:9 And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.

**FACES OF MONTGOMERY**

People who call our community their own.



Sabrina Robinson 48 smiles happily for The Paper while enjoying the beautiful sunshine. Thank you for your smile!  
Got a great photo of your loved one? E-mail it to news@thepaper24-7.com along with the pertinent info (and your contact information so we can reach you if we have questions).

**THREE THINGS You Should Know:**

**1** Join your family and friends on Friday evening to enjoy the music of Steve Trent and Small Town. A local favorite for many years, Steve has a unique musical style that has made him a fan favorite everywhere he has performed. The Crawfordsville Strawberry Festival is excited to welcome Steve Trent and Small Town to our stage beginning at 8:30pm. Come early and enjoy the festival before you set down in your lawn chair for an evening of great country entertainment.

**2** This year's Saturday night headliner will be hard to beat. Together since 2007, Heartache Tonight is without question the finest Eagles tribute band in the country. With five number one singles and six number one albums, the Eagles are one of the most successful American rock bands of all time. With meticulous attention to every detail, Heartache Tonight manages to reproduce "live" all the fabulous hits that the Eagles have made part of our everyday life. Close your eyes and you'll swear you're hearing the real thing. Bring your lawn chair or blanket and get there early for a good seat for their FREE 8:00pm Strawberry Festival performance.

**3** We're hard at work on the annual Crawfordsville Strawberry Festival and sincerely hope you will be a part of the excitement at the historic Lane Place in Crawfordsville. What would a festival be without a Children's Area? We just happen to have a great area set aside for children of all ages. The majority of the booths are manned by local children's organizations and not for profits. We want to make this a true family fun festival. Some of the attractions are: Ring Toss - Bean Bag Toss - Fence Painting - Sand Art - Miniature Golf - Sketches - Frog Flipper - Dippin' Dots - Bounce House - Face Painting - Pony Ride - and many more. All booths are by ticket only. For complete Children's Area information contact the above listed Chairmen.

**BTN**

By The Numbers, a look at what's in the news . . . by the numbers. These are just numbers, not suggestions that they mean more or less than what they are. We do not suggest that one number is connected to another. These are simply facts with no extraneous details, bias or slanted reporting. To borrow (and perhaps mangle a bit) a quote from legendary fictional detective Joe Friday, it's just the numbers, ma'am!

**52 to 46**

The U.S. Senate voted to overturn the Biden administration's one-time student debt relief plan that is on hold due to a pending Supreme Court decision. President Joe Biden has vowed to veto the resolution, but the 52-46 vote forced vulnerable Senate Democrats up for reelection in 2024 to take a public stance on loan forgiveness that Republicans have lambasted as a "bailout."

**\$200K**

The resolution, brought under the Congressional Review Act that allows Congress to reverse certain administration actions, was one of several maneuvers Republicans have used to block the one-time cancellation of up to \$20,000 in federal student loan debt for borrowers who qualify. The resolution passed the U.S. House last week and now goes to the White House.

**"40 Million Americans"**

In a statement ahead of the House vote, the White House blasted the student loan measure. "This resolution is an unprecedented attempt to undercut our historic economic recovery, and would deprive more than 40 million hard-working Americans of much-needed student debt relief," the statement read. "Americans should be able to have a little more breathing room as they recover from the economic strains associated with the COVID-19 pandemic."

**\$400 Million**

Several members of the court's conservative majority questioned whether the president could enact a program that would approve \$400 billion in relief without congressional approval.

**90%**

Murray said about 90% of relief would go toward borrowers making \$75,000 or less.

**\$194,546 Total Revenue**

Last year, according to nonprofitlight.com, the Crawfordsville Strawberry Festival earned a total of \$194,546. Lets come together as a community and see if we can bring even more money to our wonderful home!

**Over 15,000 People**

Each year in June, Crawfordsville and Montgomery County residents come together to create the largest local event of the year, theCrawfordsville Strawberry Festival. For three days, the grounds of the historic Lane Place is transformed into a strawberry themed festival featuring food, fun, arts & crafts and top notch entertainment for all ages. It's truly a family friendly atmosphere designed to bring back those fond memories of a time when the pace of life was slower and families were able to spend time relaxing together. We invite you to come to Crawfordsville and experience the festival first hand.

**HONEST HOOSIER**

Speaking of tips of the seed corn cap, here's to the guys and gals at Elston who still play softball. It may not be the glory days of the 1980s, but it's still nice to see the lights lit a few nights a week.



**TODAY'S HEALTH TIP**

Carrying weights when you walk does not offer much calorie-burning benefit and may result in joint injuries - try walking up hills instead.  
Today's health tip was brought to you by Dr. John Roberts. Catch his column each week in The Paper and online at www.thepaper24-7.com.



**INSIDE TODAY'S EDITION**

- Casey Williams.....A3
- Classifieds.....A3
- John Roberts.....A4
- Carrie Classon..... A4
- Earth Talk .....A4

**THE MONTGOMERY MINUTE**

Say Cheese!

Are you a proud parent or grandparent? Got a great photo of your loved one? E-mail it to news@thepaper24-7.com along with the pertinent info (and your contact information so we can reach you if we have questions). C'mon, let's show off as many bright and smiling faces as we can and make clear exactly why Montgomery County is such a great place to raise a family!

**TODAY'S QUOTE**

"Far up in the deep blue sky, Great white clouds are floating by; All the world is dressed in green; Many happy birds are seen, Roses bright and sunshine clear Show that lovely June is here."  
-F. G. Sanders

**TODAY'S JOKE**

What letter of the alphabet is coolest?  
Why, Ice-T of course!

**OBITUARIES**  
NONE

The Paper appreciates all our customers. Today, we'd like to personally thank Heather Barnette for subscribing!



**Sunrise/Sunset**  
RISE: 6:17 a.m.  
SET: 9:14 p.m.



**High/Low Temperatures**  
High: 85 °F  
Low: 57 °F



**Today is...**

- Apple II Day
- Hot Air Balloon Day
- World Environment Day



**What Happened On This Day**

- 1981 The first cases of AIDS are reported.
- 1968 Robert F. Kennedy is assassinated.
- 1883 The first Orient Express leaves Paris



**Births**

**On This Day**

- 1878 Pancho Villa Mexican general
- 1976 Ross Noble English comedian, actor

**Deaths On This Day**

- 2004 Ronald Reagan American actor, politician, 40th President of the United States
- 2012 Ray Bradbury American author

**7 DAY FORECAST**

62/86 WARM AND SUNNY	57/85 WARM AND BREEZY	62/80 PARTLY SUNNY	56/78 BRIGHT AND BREEZY	53/80 MAINLY SUNNY & PLEASANT	55/83 MAINLY SUNNY & PLEASANT	60/84 BREEZY, RAIN CHANCE
SUN	MON	TUE	WED	THU	FRI	SAT

Letters

## Writer Agrees With Kathie Watkins Letter

Dear Editor,  
 I totally agree with Kathie Watkins view, on the takeover of prime farmland, for solar power. Here in Tippecanoe county, the same thing is happening . . . plus city sprawl on both

sides of the Wabash. There will be a price to pay in the near future. A VERY near future.

Jim Clements  
 Also from Linden, but from Tippecanoe since 1960

## Senior Golf Results

The temperature outside is hot and apparently so were the golf clubs of the five-man team of Jim Long, Greg Simpson, Gary Equest, Mike Dozier and Terry Gowin, as these gentlemen scored an impressive sixteen-under par!

Trailing by six and scoring ten-under-par is the team of George Hassle, Dale Wilson, Les Clardy, John Lewis and John Hatke. Coming in

third but still remaining close are Denny Wilson, Denny Priest, Bill Boone, Joe Rister and Steve Hays with a score of nine-under-par.

Carl Wilson and Hassler won proxies at holes two and eleven, respectively. Longest drive of a person 80 years or older went to Dave Hart. Let us all hope that the heat outside calms down but the heat on the greens keeps up!

# Braun, Tester Introduce Bipartisan CARE Act To Support Caregivers For Veterans

Lawmakers lead bipartisan push to make improvements to the Program of Comprehensive Assistance for Family Caregivers.

Senate Veterans' Affairs Committee Chairman Jon Tester (D-Mont.) and U.S. Senator Mike Braun (R-Ind.) this week introduced their bipartisan Veterans Caregiver Application and Appeals Reform Act of 2023 (CARE Act of 2023) to improve operation and oversight of the Program of Comprehensive Assistance for Family Caregivers, also known as the Caregivers Program.

"VA has made solid progress in expanding access to the Caregivers Program, but we've got to keep moving the ball forward on getting more veterans and caregivers the support they earned and deserve," said Tester. "Our bipartisan bill is key to this effort, and will increase oversight to help deliver a more user-friendly and transparent Program. This is one of my top priorities as Chairman, and I'll keep working with VA and stakeholders to make sure the Program is accessible for veterans and caregivers in Montana and across the country."

"Congress created the caregiver program to provide critical assistance to our veterans who have sacrificed so much for our country," said Braun. "The

CARE Act makes improvements to the program to ensure that veterans have access to the best care possible."

VA's Caregivers Program offers comprehensive support to caregivers of veterans who were injured in the line of duty. Veterans and caregivers have been reporting concerns with the application processes for the Program, including the lack of inclusion of medical specialists to evaluate veterans' care needs, lack of proper notice of VA decisions, and the need for help from advocates to guide them through the complicated application and appeals processes. The Senators' bill would provide a pathway to advocacy for Veterans Service Organizations and other accredited agents, require VA to use relevant medical specialists to evaluate applications, require VA to provide specific information in denial letters, and require VA to provide an annual report to Congress on the program.

"DAV's advocacy efforts have long been at the forefront of establishing the VA family caregiver program and expanding it to veterans of all generations," said Disabled American Veterans (DAV) National Legislative Director Joy Ilem. "It's imperative, however, that the program is fine-tuned as necessary

to better serve our nation's severely-disabled veterans and their caregivers. We applaud the introduction of this legislation and appreciate Senators Tester, Braun, Cornyn, Baldwin, Rosen, and Peters for their leadership."

"We are thrilled to see the CARE Act introduced following years of collaboration between the Senate Veterans Affairs Committee, the U.S. Department of Veterans Affairs, and organizations like ours that represent the veteran caregiver community," said CEO of the Elizabeth Dole Foundation Steve Schwab. "This legislation brings critical structure and transparency to the VA Caregiver Program by ensuring relevant medical specialists are part of the evaluation process for the Program of Comprehensive Support for Family Caregivers (PCAFC), requiring VA to provide specific information in PCAFC decision notification letters, allowing VSOs and other accredited organizations to support veterans with the application process to the program, and mandating VA to submit a comprehensive annual report to Congress on utilization of the Caregiver Program. We cannot thank Senator Tester and his team enough for their work on this bill and we look forward to its speedy passage so that

caregivers nationwide can receive the support they deserve."

"The Quality of Life Foundation (QoLF) is pleased with Senators Tester and Braun's introduction of the CARE Act of 2023 which introduces key reforms to the Program of Comprehensive Assistance for Family Caregivers (PCAFC) for which QoLF has long advocated," said Advocacy Director of the Wounded Veteran Family Care Program Andrea Sawyer. "The requirement to include input from relevant medical specialists and the data and reporting requirements—specifically those examining challenges in records sharing—will greatly enhance the operation and transparency of the program and lead to better outcomes for veterans and caregivers. Finally, given the size and complexities of the VA, we are also extremely thankful that the legislation answers QoLF's call requiring the VA to establish a groundbreaking 'Pathway to Advocacy.' By mandating that the agency develop a process to train and recognize non-profit organizations to assist in the navigation of programs and services within the Veterans Health Administration, the legislation opens new avenues for collaboration between VA and outside organizations to better assist veterans."

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Photo courtesy of Land Rover

## 2023 Land Rover Defender 130 Is A Big, Comfortable, And All-Capable Trail Wagon

Land Rover makes an array of fancy and capable SUVs from the entry-level Defender Sport to the Billionaire class Range Rover. But, the one that traces its roots to 1948 and gained popularity after World War II is the classic Defender that first appeared as Britain's take on the Jeep. Aluminum bodied and loaded for bear, it could assault trails like a soldier in hiking boots. A couple of redesigns since brings us to the current generation, available in two-door 90 series, four-door 110 series, and this giant broadside, the three-row 2023 Defender 130.

Like the original Land Rover, our Defender sports an aluminum body with strong shoulders, but this one flaunts flanks smoothly tapered rearward to politely part wind. The molded front looks tough with satin silver trim and round LED headlamps, but the wide hood with non-slip pads looks made for adventure. The side profile

### 2023 Land Rover Defender 130

Eight-passenger, 4x4 SUV  
**Powertrain:** 3.0-liter TI6, 8-spd trans  
**Output:** 296hp/347 lb.-ft. torque  
**Suspension f/r:** Air Ind/Ind  
**Wheels f/r:** 19"/19" alloy  
**Brakes f/r:** disc/disc  
**Towing:** 8,000 lbs.  
**Fuel economy city/hwy:** 17/21-MPG  
**Assembly:** Nitra, Slovakia  
**Base/As-tested price:** \$56,400/\$74,175

is highlighted by lower body cladding, 19" wheels with off-road tires, and cool square accent among the rear windows. Rear views encompass classy square flush-set taillamps and externally mounted spare tire.

Interiors look serious, but are considerably more upscale than the old Defenders that looked like you could open the doors and hose them out. It still looks pretty rugged, though, with heated leather seats, heated leather-wrapped steering wheel, and padded dash materials. Cleaning trail mud or kid yuck should be equally

simple.

Flatscreen instruments and wide touchscreen would fit in a Range Rover, but look little glass lakes here. Devices connect to the cherubic 400-watt Meridian audio system via Apple CarPlay, Android Auto, and Bluetooth. Charge wirelessly with a pad in the console too. Safety is enhanced by lane keep assist, blind spot warning, and rear cross path detection systems.

Underneath that flat wide hood is a turbo-charged 3.0-liter in-line-six-cylinder engine producing 296 horsepower and 347 lb.-ft. of

### LIKES

- Big smooth style
- Insane capability
- Ride comfort

torque – all routed to the four-wheel-drive system through an eight-speed automatic transmission. It employs a mild hybrid system for optimum torque and smooth acceleration. That may not seem like a lot of power for a truck that wears its big tires with pride, but it runs 0-60 mph in 7.5 seconds and tows up to 8,000 lbs. of mini-yacht or mobile mansion. Drive how you want because fuel economy is rated a guzzling 17/21-MPG city/highway.

Driving this behemoth lets its Range Rover siblinghood shine through. The same air suspension that allows it to rise up with 11.5" of ground clearance also wafts serenely at unmentionable speeds on the highway. Land Rover's Terrain Response system configures

### DISLIKES

- Third-row legroom
- Fuel economy
- Lofty price

the chassis and powertrain for a range of conditions, but also features a Wade mode that softens the throttle response, sets the heating/ventilate to recirculate, locks the driveline, and adjusts ride height. The depth finder keeps maximum fording to 35.4 in. Few vehicles are as talented no matter the road or lack thereof.

It's not perfect, though. Eight seats plant plenty of butts, and the middle row is quite roomy, but the new third row is for children and dogs. And, you'll have to retract that third row for any semblance of luggage space. With the two rear rows deployed, however, a couple of bicycles or a troop's worth of backpacks and rations are swallowed whole with zero indigestion.

One thing for sure; the



CASEY WILLIAMS  
Auto Reviews

Defender 130 leans more towards Range Rover than Land Rover in price. Even the base Defender 90 starts at \$56,400. Our Defender 130 came to a considerably loftier \$74,175, but that's plenty competitive with the Chevy Suburban, Ford Expedition, Jeep Grand Cherokee, and Toyota Land Cruiser if you're inclined to spend that much on an all-capable trail wagon. Storm Forward!

-Send comments to Casey at [AutoCasey@aol.com](mailto:AutoCasey@aol.com); follow him on YouTube @ AutoCasey.

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# Be On Lookout For Food Poisoning Getting Too Old



**JOHN R. ROBERTS, M.D.**  
Montgomery  
Medicine

Barbecue season is in full swing, so it's a good time to review food safety. Foodborne illness, commonly referred to as "food poisoning," is something that almost all of us have experienced at some point. Foodborne illness is defined as more than two people having a similar illness with evidence of food as the source.

There are approximately 76 million cases of food-related illness in the United States each year. There are also around 325,000 hospitalizations and 5,000 deaths. Underdeveloped countries, as a group, experience about one billion cases annually and four to six million deaths. The overall rate of these illnesses in the United States has gone down drastically in the last century with improvements in food handling and sanitation.

The Centers for Disease Control estimates that 97 percent of all cases of food-borne illness arise from improper food handling. Commercial establishments account for 79 percent of the cases,

while the remaining cases occur at home.

Most cases of food poisoning have a few common denominators. Allowing foods to sit in environmental conditions that allow bacterial growth to occur is a frequent cause. Staphylococcal food poisoning typically happens in the summer months when food is left out in warm temperatures. Common summer foods like potato salad and pies that are high in salt or sugar are prime breeding grounds for bacterial growth.

Raw or undercooked meat is another common source of food poisoning; hence the warning to check to make sure cooked meat is not pink in the middle. Cross-contamination between raw and cooked foods can increase the risk of food poisoning. This happens when raw food that contains microorganisms or their toxins comes into contact with cooked food. Food preparers who don't wash their hands can transfer these agents as well.

Most foodborne illnesses result in some combination of diarrhea, vomiting, and abdominal cramping. The organisms that cause problems do so by various means, too numerous to mention here. Diarrhea caused by infectious organisms or toxins can

be classified as inflammatory or non-inflammatory, depending on how the offending agent affects the victim's gastrointestinal tract.

Inflammatory diarrhea involves actual injury to the cells that line the intestine. Organisms that cause this inflammation can invade the wall of the intestine and enter the body, causing an immune reaction. Salmonella is a well-known bacterium that causes this type of diarrhea.

Inflammatory diarrhea usually results in smaller stools that can be bloody, also known as dysentery. Sufferers usually run a fever, have abdominal pain, possibly a headache, and appear ill. Severe inflammatory responses may lead to liver and kidney damage as well.

Toxins produced by infectious organisms cause non-inflammatory diarrhea. The toxins act on the cells in the gut causing the release of water and electrolytes into the intestines. This results in large volumes of non-bloody diarrhea without much abdominal pain.

Ninety percent of cases of food-borne illness resolve in two to three days without needing any medical attention. Infants and the elderly are the most likely to develop complications, mostly

from dehydration.

People who are ill for more than two or three days with high fevers, severe abdominal pain, or lethargy should always seek medical attention.

The primary aim of treatment for foodborne illness is to avoid dehydration. This can usually be accomplished by drinking fluids. Even if a person is vomiting, they can usually keep down small amounts of fluid given at frequent intervals.

There are many over-the-counter remedies to use to prevent dehydration, rehydrate someone who is dehydrated, and to replace electrolytes. A simple and inexpensive home recipe is to add two level teaspoons of salt and eight heaping teaspoons of sugar to a two-liter bottle of water.

Damage to the intestinal wall can affect the ability to absorb sugars from food. People should therefore avoid milk, dairy, and foods containing lactose during the illness and for a few days afterward.

Remember that proper food preparation and handling can go a long way to prevent interruptions to your summer fun.

*- Dr. John Roberts is a retired member of the Franciscan Physician Network specializing in Family Medicine.*

My new friend, Betty Lou, started a book club, and she asked me to join.

I was delighted. I hadn't been in a book club for a long time. Because she is a librarian, Betty Lou knows better than most the importance of reading a variety of things and so, at the very first meeting, we read a graphic novel.

None of the members of this group are young, and this was the first graphic novel most of us had read. We weren't sure what to say about it.

"This book is very heavy!" one member finally said.

"It's a doorstop!" said another.

We all agreed we were not crazy about the weight of the book. I wondered if a book club should really be concerned with how much a book weighs, but I figured it was a legitimate concern if you could injure yourself by dropping it. And we did, eventually, get to what was inside.

"There were a lot of pictures," I pointed out.

Since it was a graphic novel, this should not have been a surprise. Still, there were a lot more pictures than I expected, and I didn't want to look at them all. I wanted to get on with the story. But the story wasn't being told with a lot of words—it was being told with pictures. I realized this, but it didn't make me want to look at the pictures, it just made me want more words. I began to think that I was not a good reader for graphic novels.

"Are we just too old for this?" one of the members asked. The question hung in the air.

"It's an important story!" another member said, and we all agreed.

We talked about all the important things the book was saying, and we all agreed they were things that should be said.

"But shouldn't it be

more entertaining?" I asked.

I felt a little like the boy pointing out that the emperor had no clothes. Everyone looked a little relieved. We all agreed that it should be more entertaining than it was—at least for us. We suspected other people (younger people) might have more fun reading this than we were.

I don't think of myself as being too old for very much. I know younger people are better at some things (anything involving technology), but I don't consider myself too old to learn. Still, there might be things I am simply too old to enjoy. Graphic novels might be one of them. I'm not sure if that's a bad thing or not.

There are things I know I will not try because I am no longer young—skateboarding, for instance, video games, learning more languages or how to draw. Theoretically, I could learn to do any of these things, and yet I am pretty sure I will not.

It occurs to me it would be good to take at least one of those activities off the "Things I Will Never Do" list and move it over to the "Things I Just Started Doing" list. And yet my day already seems filled with the things I'm doing, things I already enjoy.

And so I'm glad Betty Lou got us to read a graphic novel, even if it was not my favorite book. Now I can say I've read one, and I am reminded that there are many ways of telling stories, even if not all of those stories are interesting to me.

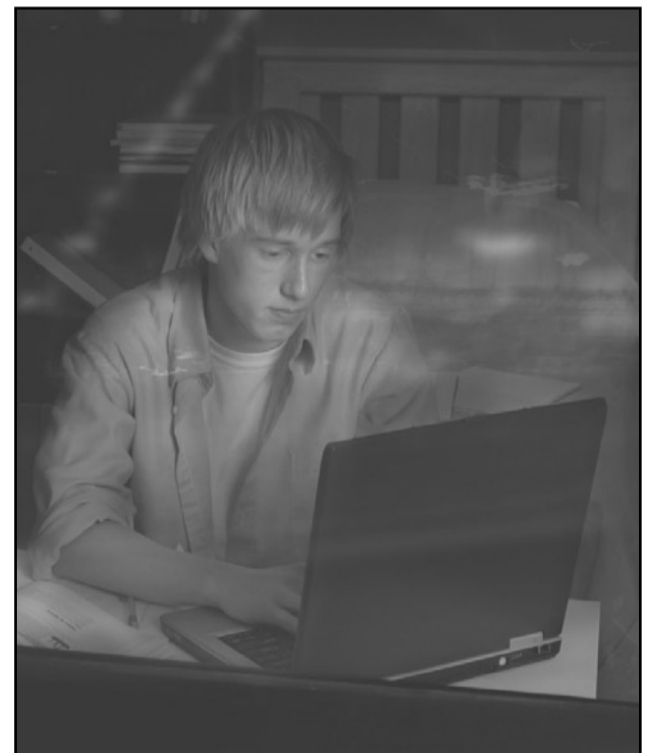
It was a good reminder. It's just the sort of reminder you might expect from a librarian.

Till next time,  
Carrie

*- Carrie Classon is a freelance writer and author and lives in New Mexico. Her columns appear each week.*

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