🗢 TODAY'S VERSE

Psalm 125:1 They that trust in the LORD shall be as mount Zion, which cannot be removed, but abideth for ever.

⇒ FACES of MONTGOMERY

People who call our community their own.



One of our roving photographers caught Cameron and Cooper outside and having fun and the boys were nice enoughh to offer a smile! Got a great photo of your loved one? E-mail it to news@thepaper24-7.com along with the pertinent info (and your contact information so we can reach you if we have questions).

⇒ THREE THINGS You Should Know:

The TASTE! of Montgomery County begins at noon on Saturday, August 26, and runs until 10 p.m. At the gate, admission is \$7 for adults and \$3 for students. Visitors can purchase advance sale Taste tickets at the Carriage House Interpretive Center of the General Lew Wallace Study & Museum, home of the Taste; the Montgomery County Visitors and Convention Bureau on the first floor of Fusion 54 at 101 West Main Street; Milligan's Flowers & Gifts at 115 East Main; Crawfordsville Parks & Recreation Community Center at 922 E. South Boulevard. Advance tickets are \$5 for adults and \$2 for students.

Every few minutes, an underground utility line is damaged because someone began digging without first contacting 811. Customers should contact 811 to request that local utility companies mark the approximate location of buried electric, natural gas, water, telecommunications, and cable lines in the designated project space and minimize the risk of injury or disruption of utility service. Every digging project, no matter how large or small, requires contacting 811 by phone or online to notify utility providers of planned digging and to allow for marking of underground utilities before digging. Striking a single line can cause repair costs, inconvenient service outages and fines, severe injuries and even death. The depth of utility lines can vary for several reasons, such as erosion, previous digging projects and uneven surfaces. Even when digging only a few inches or digging in a location that's previously been marked, the risk of striking an underground utility line still exists. Some examples of digging projects that require a free 811 request at least a few days before breaking ground include, installing a mailbox, building a deck, planting a tree and laying a patio.

The Arts Federation (TAF) is looking to hire a full-time Programs Officer to oversee its nationally regarded programs and exhibition series. TAF's work is centered around increasing inclusivity, diversity, equity, and access and these values permeate through every facet of the organization's culture. Programs Officer: The Programs Officer is responsible for the development and implementation of key educational programs: After School Arts Program (ASAP), ArtReach Instrument Lending Library, and the Visiting Artist Program. In addition, this position organizes and schedules TAF's three galleries and its exhibition series.

OF MONTGOMERY

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By The Numbers, a look at what's in the news . . . by the numbers. These are just numbers, not suggestions that they mean more or less than what they are. We do not suggest that one number is connected to another. These are simply facts with no extra-

neous details, bias or slanted reporting. To borrow (and perhaps mangle a bit) a quote from legendary fictional detective Joe Friday, it's just the numbers, ma'am!

\$109 Million

Following major tax cuts, taxpayers are projected to save \$109 million in property-tax relief and more than \$100 million in income-tax relief in 2024 alone.

9,000 Seniors

A new law expands property-tax deduction and property-tax credit eligibility for senior-citizen homeowners, so an estimated 9,000 more seniors can be eligible for Indiana's existing over-65 homestead deduction and credit.

The new 2024-25 state budget allocates \$5 million for homelessness prevention grants to help those struggling to keep their homes and \$75 million for the Residential Housing Infrastructure Assistance Program to spur housing development in Indiana communities. Hoosiers should never live without a roof over their head.

Percent Decrease

CenterPoint Energy's customers in central and northern Indiana will see a decrease on their monthly Budget Bills beginning this month. Due to stable weather and a decrease in energy costs, natural gas customers will see a 43% decrease in their monthly bills. For the average Budget Bill customer, this will result in a reduction of approximately \$50 per month.

12.6 Percent Food Insecurity

Stock the Trailer is a community-wide food drive to help meet the needs of those in our community. We understand that there are many locally that are in need of food items, as our own local FISH Food Pantry reports that on average they have 50-60 visitors a day. We also know that Montgomery County's food insecurity rate is 12.6%, which is 15.6% higher than the national average. All food items collected during the week of the fair will stay local and be donated to Montgomery County food banks. At the end of fair week, we will weigh the food items donated and report that number to representatives at Farm Credit Mid-America. There will be cash prices for counties that place 1st-3rd.

At age 62, you are subject to Social Security's "earnings test" which limits how much you can earn while collecting early Social Security benefits. The 2023 earnings limit is \$21,240 and, if that is exceeded, SS will take away \$1 in benefits for every \$2 you are over the limit.

29 Million

Capping interest rates on Indiana "payday" loans at 36% Annual Percentage Rate (APR) could have saved Hoosier borrowers more than \$26 million in 2021, according to a recent analysis released by the Indiana Community Action Poverty Institute. Loans during that period averaged just \$386 but payday lenders collected over \$29 million in finance charges.

Let's look at those who make government function – those behind the scenes. On the county side of the coin, they refer to job positions having a 'value.' I love the description that defines a job classification system to provide an equitable pay structure for county and city employees – the many individuals who handle payroll, insurance and taxes. More than \$200 million dollars pass through the books between the city and county monies. Several of our elected officials want to marginalize the duties held primarily by women.

Sunrise/Sunset RISE: 6:56 a.m. SET: 8:47 p.m.

> High/Low **Temperatures** High: 78 °F Low: 67 °F

Today is...

- National Navajo Code Talkers Day
 - Victory Day
 - Social Security Day

What Happened On This Day

- 1971 Stanford prison experiments begin. The controversial Stanford prison experiments to study the effects of authority in a prison setting began. The experiment had to be shut down by the 6th day because of the adverse effect on the
- subjects. • 1947 Pakistan becomes Independent from British rule. The South Asian country was part of British India Empire, until August 14, 1947, when the region held by the British was partitioned into India and Pakistan. The new country became a part of the commonwealth and appointed Liaquat Ali Khan as its first Prime Minister.
- 1935 Social Security Act is Signed into Law in the United States. The act, which was signed by President Franklin D. Roosevelt, provided benefits to the unemployed, retirees, and the disabled.

Births On This Day • 1983 Mila Kunis Ukrainian/American

actress • 1945 Steve Martin American actor, singer, writer, producer

Deaths On This Day

• 1941 Maximilian Kolbe

Polish martyr, saint • **1909** William Stanley English inventor, engineer

HONEST HOOSIER

Ah, the start of another week. Not sure I'm ready yet. Then again, the week's starting anyways, huh?



INSIDE TODAY'S **EDITION**

Casey Williams.....A3 Classifieds.....A3 Carrie Classon..... A4



🗢 TODAY'S HEALTH TIP

When you buy a plastic water bottle, make sure it's labeled "BPA-free." Today's health tip was brought to you by Dr. John Roberts. Catch his column each week in The Paper and online at www.thepaper24-7.com.

to raise a family!

Say Cheese!

TODAY'S QUOTE "Progress has little to do with speed, but much to do with direction."

THE MONTGOMERY MINUTE

-Timber Hawkeye

Are you a proud parent or grandparent? Got a great photo of your loved

one? E-mail it to news@thepaper24-7.com along with the pertinent info

tions). C'mon, let's show off as many bright and smiling faces as we can

and make clear exactly why Montgomery County is such a great place

(and your contact information so we can reach you if we have gues-

TODAY'S JOKE How do you make an egg roll? You push it, silly!

OBITUARIES **NONE**



The Paper appreciates all our customers. Today, we'd like to personally thank Heather Barnette for subscribing!







PAGE A2 MONDAY, AUGUST 14, 2023

Meeting Notes

Montgomery County Board Of Commissioners Meeting Agenda

MONDAY, AUGUST 14, 2023 8 AM

1580 Constitution Row - Room E109 Crawfords-ville, IN 47933

CALL TO ORDER Board President John E. Frey PLEDGE ALLI-GENCE and PRAYER

PROCLAMATION for GENERAL RICHARD CHASTAIN

CONSENT AGENDA
Approval of Claims:
Accounts Payable \$952,827.01

Payroll - 7/28 -\$422,104.79 & 8/11/23 - \$430,105.43

Minutes - July 24, 2023 Authorization to Cancel Agreement with Hollladay Properties

NEW BUSINESS Karen Bray - Permission to Close a Portion of the Road at Hunter's Glen Subdivision on September 9, 2023

for a Block Party Concrete Quote - Repair to Sidewalk @ Government Center - \$11,472.00

Jail Roof Repair Quote
- Open, Award, Issue
Notice to Proceed & Approve Contract
ORDINANCES

Final Reading Ordinance 2023-10: Creating the Local Public Health Services Fund Final Reading Ordinance 2023-11: Amending Internal Controls to Adopt Suspension

and Debarment Policy Final Reading Ordinance 2023-12: Adopting a Federal Funds Purchasing Policy

Final Reading Ordinance 2023-13: Adopting Internal Control Policy Regarding Federal Grants and

Cost Principles
Final Reading Ordinance 2023-14: Amending
the Clothing Allowance
Policy

RESOLUTIONS Resolution 2023-6 A Resolution Declaring Property as Surplus OTHER BUSINESS ADJOURNMENT

AGENDA MEMO MONTGOMERY COUNTY BOARD OF COMMISSIONERS MEETING MONDAY, AUGUST 14, 2023 8 AM

1580 Constitution Row - Room E109 Crawfordsville, IN 47933

Call to Order: Board President John E. Frey Pledge of Allegiance and Prayer

CONSENT AGENDA Approval of Claims -July 24, 2023 to August 14, 2023 Accounts Payable - \$952,827.01 Payroll - 7/28 -\$422,104.79 Payroll

- 8/11 - \$430,105.43 Minutes - July 24, 2023 Authorization to Can-

Authorization to Cancelling Agreement with Holladay Properties

The Commissioners and the RDC have entered in to an hourly contract with Holladay Properties to assist with land development. We are seeking authorization to provide notice of cancellation of the contract.

PROCLAMATION for GENERAL RICHARD CHASTAIN

The Commissioners and Mayor Barton are joining in a Proclamation for

Richard Chastain in Recognition and In Memory of his many years of service to the residents of Montgomery County. served on the Montgomery County Council from 2007 to 2018 when he chose to retire. During Richard's tenure on the County Council he served as President, Vice President and on various commissions and boards. Richard brought a unique insight and energy to the Council.

NEW BUSINESS
Jail Roof Repair Quotes
- Open, Award, Issue Notice to Proceed & Contract

Quotes will be opened at the August 14 Board of Commissioners meeting to repair approximately 13,184 square feet of the roof at the Montgomery County Jail located at 600 Memorial Drive in Crawfordsville, Indiana.

We are requesting that the Board of Commissioners award the project to the company with the lowest quote and establish the Notice to Proceed date as the date of the signing of the contract. We are also requesting approval of the contract subject to the review of the County Attorney.

The awardee will be expected to start the project within 30 days of the issuance of the Notice to Proceed and they will be expected to complete the project within 45 days from the start date.

Karen Bray - Permission to Close a Portion of Glenway Drive in Hunter's Glen Subdivision on September 9, 2023

Karen Bray is requesting permission to close a portion of Glenway Drive located in the Hunter's Glen Subdivision for a planned block party on September 9, 2023 from 4pm to 8pm. The partial road closure will be from the Ryker residence at 1089 South Glenway Drive to the Rush residence at 1129 South Glenway Drive.

Concrete Quote - Replacement of Sidewalk

@ Government Center \$11,472.00

Quote is from Fishero and Fishero, Inc. in the amount of \$11,472 for work at the County Government Center to remove and replace the existing 11' by 18' and 4' X '10 concrete entry pads at the north entrance, replace 4' X 35' of concrete sidewalk adjacent to the north entry area, replace 4' X 35' of concrete sidewalk along the north side of the building to the employee

parking area and replace 10 feet of concrete curbing at the east end of the north walk to make a smooth transition in to the parking area. The entry pads and sidewalks are being replaced to eliminate uneven areas.

The project will be funded from the Cumulative Capital Development fund

Jail Roof Repair Quote
- Open, Award, Issue Notice to Proceed & Contract

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project within 30 days of the issuance of the Notice to Proceed and they will be expected to complete the project within 45 days from the start date.

ORDINANCES Final Reading Ordinance 2023-10: Creating the Local Public Health Services Fund

The Indiana Legislature has passed Senate Enrolled Act 4 (2023) and House Enrolled Act 1001 (2023) and signed into law as P.L. 164-2023 to ensure every Hoosier has access to the core public health services that allow them to achieve their optimal health and well-being. The new legislation provides new enhanced funding for local departments of health at the option of local county government. On June 26, 2023, the Montgomery County Board of Commissioners resolved to opt into the funding program. Public Law 164-2023 requires the County to establish a separate fund known as the "local public health services fund" to receive local board of health funding under this program. The proposed ordinance establishes the Local Public Health Services Fund to receive, use, and account for funds received from the State of Indiana by the County for the Montgomery County Health Department as administered by its Board of Health, as a participating member of the legislation.

Final Reading Ordinance 2023-11: Amending Internal Controls to Adopt Suspension and Debarment Policy

The Ordinance amends the County's Internal Controls Policy to adopt and implement a Suspension and Debarment policy. Federal law requires local governments to comply with certain regulations regarding the contracting of business with third party contractors and subcontractors who are subject to federal suspension and debarment from performing work on projects funded by certain federal and/or state funds. The County

follows these regulations but the requirements of the regulations are not contained in the County's internal control policy. The Suspension and Debarment policy will ensure that the County only contracts with contractors and consultants that are not presently debarred, suspended, proposed for debarment, declared ineligible, or voluntarily excluded from entering into a contract with the County by any federal or

state agency.
Final Reading Ordinance 2023-12: Adopting a Federal Funds Purchasing Policy

In order for the County to accept funding from the Federal Government, the County must adopt a purchasing policy regarding the procurement of goods, materials and services in accordance with Title 2, Part 200 of the Code of Federal Regulations. The Ordinance adds a new section to the County Code to establish a purchasing policy to comply with these Federal Regulations.

Final Reading Ordinance 2023-13: Adopting Internal Control Policy Regarding Federal Grants and Cost Principles

The ordinance adds a Cost Principles Policy to the County's Internal Controls Policy.

When the County is a recipient of federal award, the County is responsible for administering the federal funds according to federal, state, and local laws, as well as according to the federal award itself. Federal law requires the County to adhere to certain accounting principles to ensure that the federal government pays for costs associated with the administration of the awards. The accounting principles that the County is required to comply with are contained in the Code of Federal Regulations, 2 C.F.R Part 200, Subpart E "Cost Principles"

Final Reading Ordinance 2023-14: Amending the Clothing Allowance Policy

Policy The proposed Ordinance to amend the clothing allowance policy was introduced at the July 24 meeting of the Board of Commissioners. The introduced ordinance amended the employee eligibility section to include the Probation Department, Emergency Management/ Homeland Security or any other Department. The proposed Ordinance also removed the requirement that employees purchase clothing or uniforms prior to receiving a clothing allowance.

The proposed Ordinance has a few amendments upon final reading which are highlighted in yellow. The first amendment clarifies the distinction between a uniform as defined by the IRS and clothing. The next amendment states that an allowance may be for a uniform or clothing. Another amendment states that the uniform allowance will be processed through the accounts payable process instead of through the payroll process. The final amendment states that a Department may choose to purchase clothing or uniforms on behalf of the

employees.
RESOLUTIONS
Resolution 2023-6 A
Resolution Declaring
Property as Surplus

We are recommending that the Highway Department's Ditcher and Bermer be declared as surplus property. We recommend that we seek bids from interested parties for the sale of both pieces of equipment.

•Maddock Ditcher VIN # RD160BBBB-DA2BF19007

•Maddock Bermer VIN

48E200AAAA119009
We are also recommending that the following equipment/vehicles be as declared surplus property. We recommend that they be declared as having no value. We are recommending that they be taken to Walden's as scrap metal. We would receive payment from Walden's based on the value of the metal.

•1997 International dump truck VIN # 1HTGLAUT1VH456519 (busted frame/ extreme motor issues)

•1989 Case tractor VIN # JJG0259697 (steering and front end cost more than the value of the tractor to replace/ also hydraulics need replaced)

•1989 Ford Van VIN# 1FBHE21H2KH1343531 (brakes and wheel bearings locked up/ also smokes inside the cab extremely bad)

OTHER BUSINESS ADJOURNMENT

Hart-Rister-Lews-Powell Win By Two Strokes

The hot and rainy weather did not appear to affect our senior golfers one bit this week as the scores are close and the teams are packed.

The first place team of Dave Hart, Greg Rister, John Lewis and Terry Powell lead the course with a score of eleven-under-par and commanded a two-stroke lead on both second and third place teams. Bill Boone, Les Clardy, Pat McDowell and

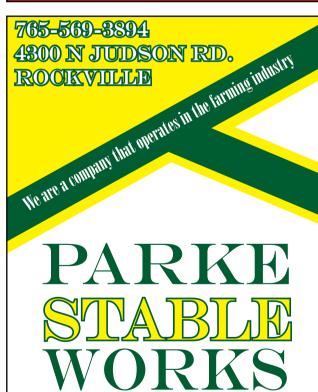
Bill Arnold scored nineunder-par tying the third place team of Mac Ingram, Fred Phelps, John Stull, Ed Roberts and Joe Hatke.

Proxys were won by Clardy and Rister on holes six and fourteen, respectively. Longest drive, of a player 80 years old, or older, was won by Bud Wright.

Let us hope that the weather permits our senior golfers to have more close matches!

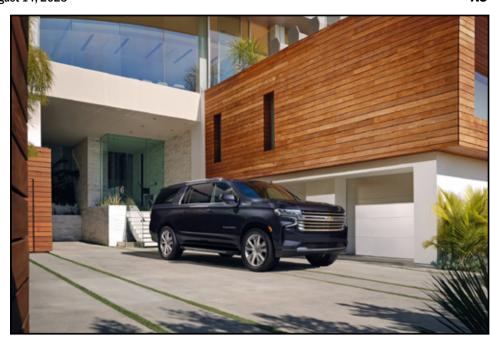
















Photos courtesy of GMC

Let's Go Cruising In Barbie's Movie Dream Cars

My daughter spent last week at her grandparents', but when she came home, there was only one thing on her mind: Seeing the Barbie movie with her dads. I'd heard set designers basically ran the world out of pink paint and had to see it for myself. Beyond that, Ryan Gosling is a talented guy no matter the movie, and I'm a fan of Margot Robbie and Will Ferrell too. No arguments here – slipped on my pink polo and stomped to it. I enjoyed the movie, but it was also stocked full of General Motors dream cars that will soon be reality (mostly).

Barbie's 1957ish Corvette

Nowhere but in Barbieland does a first-generation 1950s Corvette have a back seat nor run without an engine, but there's no more classic car than a pink Barbie Corvette. Or, a blue one. My sister had both. I was jealous - would take either and forgive the second seat in pursuit of a plot. Heck, I'll take any 1950s Corvette and love it like Ken. Back in the real world, the first-generation's side coves, toothy grille, wrap-around windshield, and fuel-injected V8 engine made it an icon. Look close at the "ChEVrolet" logo on the rump and you'll realize this one is electric.

1957 Corvette Value: \$100,000

2024 Chevy Blazer

When America Ferrara rolls up to collect her daughter and Barbie, she's driving the upcoming Chevy Blazer EV SS. It's blazing hot whether driven by Ugly Betty, Barbie, or your Uncle Bernie. Debuting later this year, the Blazer SS EV lays down 557 horsepower and 648 lb.-ft. of torque. In WOW (Wide Open Watts) mode, and all-wheel-drive gripping, it runs 0-60 mph in under 4 seconds. Suck it, Barbie! Enjoy up to 290 miles range, 22" wheels, camera mirror, and sport tuned chassis too. Future tech includes a head-up display and hands-off

Super Cruise.

Base price: \$61,790

2024 Hummer EV **Pickup**

When Ken discovers patriarchy, he goes all-in with a Hummer EV Pickup. It does look pretty buff parked in front of his little cowboy casa. Beyond a dream, the big truck boasts 381 miles range, 0-60 mph in 3 seconds, and 22" wheels. Fortifying capability, it flaunts four-wheel steering with CrabWalk diagonal drive capability, Air Ride Adaptive Suspension, and skid plates. Remove roof panels over all seats to let in the sky and go hands-off with Super Cruise. Production recently began at GM's Factory ZERO in

Base price: \$106,945

2023 Chevrolet Suburban

When Barbie goes AWOL, Will Farrell and the Mattel clan load up and chase after her in a pair of black Chevrolet Suburbans. Let's be clear: In no real world would those Texas Cadillacs, especially when loaded with a boardroom, catch the new Chevy Blazer EV. Barbie would have left them at the beach! We'll assume the movie trucks ran with a 6.2-liter V8 producing 420 horsepower and 460 lb.-ft. of torque, but Subuarban is also available with a 3.0-liter turbo-diesel. Adaptive air suspension provides a smooth ride



CASEY WILLIAMS **Auto Reviews**

while a full suite of crash avoidance systems and hands-off Super Cruise keep it safe. It's the perfect limo for Barbie's movie premiere.

Base price: \$57,200 Storm Forward!

-Send comments to Casey at AutoCasey@aol.com.

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Ravages Of A Summer Cold Concussions, A Traumatic Brain



CLASSON The Postscript

So, I got a cold. If you catch a cold in the winter, everyone is sympathet-

ic. They

tell you to

drink hot tea and put on another sweater. A cold in the winter just seems like part of the season, and I can turn the thermostat up and wait it out.

A summer cold is totally different.

A summer cold seems like an act of idiocy. A summer cold feels like I'm being difficult on purpose. I feel I must have done something really stupid—because who gets sick in the middle of the summer? And yet,

here we are. My husband, Peter, takes good care of me when I have a cold. He shows up with all sorts of pills and supplements he says I should ingest. And so I do, but I'm not sure they help. They make Peter happy, and that's the point. But when I don't get better after two days, Peter starts to frown at me. He wants me to say that I am at least better than yesterday. But today I am not better than yesterday. Today I am considerably worse than yesterday, and yesterday

I was worse than the day before.

Peter does not approve of this trajectory. He feels I am headed in the wrong direction and need to do something to rectify my course. But I don't know what I can dobesides drinking orange juice and trying to sleep a bit more. Colds take

And Peter probably has a point about pushing myself. I felt bad yesterday but attended a Zoom meeting with some ladies I'm very fond of. I had almost no voice when I started, and much less when I was done. Peter gave me a disapproving look.

In order to get ready for the meeting, I had to work a little harder to get everything done a little earlier. Then I had dinner and got a stomachache. The stomachache had nothing to do with being sick, so you would think it would have the courtesy to hold off until I wasn't coughing quite so much—or at least until I had a voice, so I could complain about it.

But this one was terrible. So I went to bed early with a stomachache and a cough and a sore throat and the feeling that I must have behaved very badly to get all these things at once.

And, while perhaps

ZACHFLOYD6@GMAIL.COM

THE PAPER classifieds.

I didn't behave badly, I suspect I didn't listen as well as I might have. I suspect, if I'd been paying attention, I would have noticed I was getting more and more tired before I finally got sick. I might have noticed a stomachache forming while I ate a bit more. I might have wondered if it wouldn't be a good idea just to rest, for a change, to have a day when I didn't have a goal or a deadline I had to makeand beat-because it was the only way I had to measure if I'd done well that day.

Maybe "doing well" sometimes means doing less, not trying quite so hard, letting myself simply relax. Maybe paying more attention would be a smart thing to do, since my body is going to insist I rest eventually—either voluntarily, or by force.

"What are you doing out of bed?" Peter wants to know as I write this.

"I'm just writing a little today," I tell him, because I am. I'm going to write just a little. Then I'm going to work very hard at being a little more lazy.

Till next time, Carrie

- Carrie Classon is a freelance writer and author and lives in New Mexico. Her columns appear each week.

Injury That Cannot Be Ignored



I see

many

patients

every year

who have

sions. Usu-

are athletic

ally these

injuries,

but it is

seen in

frequently

suffered

concus-

JOHN R. ROBERTS, M.D. Montgomery <u>Medicine</u>

others as well. Concussions have always been a part of sports, particularly those involving high-energy impacts including wrestling, football, soccer, lacrosse, basketball, and baseball/softball. Intensive research, along with lawsuits, including the one the NFL Players Association brought against the NFL, are causing research to move rapidly to help get a firmer grasp on how to prevent and manage concussions.

A concussion is a trauma-induced alteration in mental status that usually does not involve a loss of consciousness and does not have to be a result of a blow to the head. In fact, only ten percent of concussions are associated with a loss of consciousness.

Concussions are caused by soft brain tissue moving violently inside the bony skull. This can result in varying degrees of microscopic injuries to brain tissue, the majority vast majority of which do not show up on radiologic imaging studies like CT or MRI scans.

Concussions alter the ability of brain cells to use energy to communicate. The brain's demand for energy exceeds what can be delivered, resulting in the many concussion signs (observable by others) and symptoms (what the athlete perceives). The injured brain is at increased risk of additional injury, occasionally catastrophic, until this mismatch of energy supply and demand is resolved.

Concussion signs may include appearing dazed, stunned, or confused. Observers may note the person is moving clum sily, saying nonsensical

things, or exhibiting mood changes such as aggression or sadness. It may cause amnesia, either retrograde (forgetting what happened before the injury) or anterograde (forgetting events after the incident - a more concerning symptom).

Most concussed individuals report a headache. Other common symptoms may include nausea, dizziness, balance problems, blurred or double vision, light or noise sensitivity, "brain fog," concentration/ memory problems, fatigue, anxiety, depression, and changes in sleep patterns.

Athletes who sustain a concussion need to be removed immediately from the contest or practice until they are evaluated by a certified athletic trainer, coach, or physician who has received training in concussion management. This is especially critical in younger athletes who appear to be more susceptible to potential severe neurologic injury if they are allowed to return to competition before recovering fully.

Though a patient's signs and symptoms may appear to resolve, often the brain has not recovered completely. There are subtle neurologic changes that often can't be picked up by doing a medical history or physical examination.

Computerized neurocognitive testing such as ImPACT, has enhanced our ability to manage concussions more effectively. These tests are more objective and, most importantly, can assist us in getting athletes back on the field more

safely. Typically, athletes take a baseline examination at the start of the season and repeat the test at varying times following a concussion. Athletes are usually kept out of competition until their physical exam is normal and their test returns to their baseline.

All NFL and NHL teams and virtually all colleges utilize neurocogof some type. Thankfully,

this type of testing has filtered down to the high school level in most areas. While not infallible, most doctors consider these tests to be a standard aid in the management of concussions. However, it is important to note that these tests are but one tool in determining a person's readiness to return to normal activity. Concussion is a clinical diagnosis that requires an assessment by a clinician with experience in concussion manage-

We are constantly searching for tools to aid us in diagnosing and managing concussions. Some of my patients have asked me about the "concussion blood test." These questions have originated from headlines such as this one from the New York Times: "Concussions Can Be Detected With New Blood Test Approved by FDA." Unfortunately, this is inaccurate.

The test was developed to detect two proteins released into the bloodstream that indicate there is bleeding in the brain, not to aid in the diagnosis of concussion. The test will be used primarily in emergency rooms to determine if a patient needs a CT scan to detect bleeding in the brain.

There are steps that can be taken to help reduce the risk of concussion. It is critical to teach players to wear properly fitted safety gear and instruct them on proper technique, especially tackling in football. Prevention of falls is important in non-athletes, particularly the elderly.

Everyone should understand the potential serious nature of even a "minor" concussion. Athletes in particular need to be taught to report their own or their teammates' symptoms or signs immediately.

More information may be found at www.cdc.gov/ TraumaticBrainInjury/

- Dr. John Roberts is a retired member of the Franciscan Physician Net-*Medicine*.



Address: Phone: Email:

November 11, 2023

On Saturday, September 16th, Athens Arts will host the opening of: [untitled]3 a national juried exhibition

culinary pleasure event! We will celebrate the artists and announce the award winners of the juried exhibition. Athens Arts is a tremendous asset to downtown Crawfordsville, the county,

The evening will be an art, music, and

for the arts in our community. The national exhibition needs monetary award donors. This is where you come in! Your monetary support is vital in keeping the gallery open for local artists to share their talents, sell their art, and bring visual arts to the community. We

and the community bringing vibrant opportunities to engage the community in art and celebrating creativity! We appreciate your support and advocacy

thank you! For this special exhibition, we would like to extend the opportunity for you to be pART of the [untitled]3 celebration! Athens looks forward to allowing you to choose the award winner within levels. Athens Arts' board and artists appreciate your continued support. This prize money will go a long way to celebrate the artists!

Kindly fill out this form and return to be received no later than September 6, 2023.

sell it in the classifieds.

Amount of award donation*: _\$35* _____\$50* ____ ____\$100 _____\$250 ___ *Donations may be combined with other awards - award would be listed as: award given by ZXY company and CBA family PLEASE PRINT 1. How business/individual to be listed on the program: Buy. Sell. Rent. Lease. 2. Is this in honor or memory of someone? **HONOR of:** MEMORY of: 3. (circle) YES NO Do you want to come to the gallery and choose the art piece for your award? (date/time TBA, Sept 14 or 15) A representative of Athens will contact you to set up a time. Please make checks payable to Athens Arts. Mail this completed invoice with the check to: PO Box 207, Crawfordsville, IN 47933. Attention: Diana McCormick, Director. If you prefer to pay by card, please contact the Director. Deadline to be included in the program is September 6, 2023

Sen. Deery Offers Updates And Insights



DEERY Guest Columnist

ington Resident Named 2023 Indiana

Agriculture Photo Contest Winner Covington resident

Burke was recently recognized by the Indiana State Department of Agriculture as a winner of the 2023 Indiana Agriculture Photo

Contest. Kerri's photo, "Flossie the Dairy Cow," was selected as a winner in the

"On the Farm" category. Other categories include "Agritourism," "Con-servation" and "Faces of Agriculture."

Two winners are named in each category, alongside two overall winners.

The awards were presented during the first week of this year's Indiana State Fair, which continues through Aug. 20.

Congratulations to Kerri on this wonderful achievement.

Investing in Hoosier Students

Hoosier students will have access to more educational opportunities to help them achieve success thanks to the following measures we passed during the 2023 legislative session.

47% of the state's General Fund is allocated to K-12 initiatives including eliminating textbook and technology fees, expanding eligibility for the Indiana's Choice Scholarship Program and increasing funding for school safety.

Eligibility for the On My Way Pre-K program now includes low-income families who live within 150% of the federal pover-

ty level. A new law established the Science of Reading grant fund to help Indiana school corporations deploy literacy coaches and implement Science of Reading curriculum in elementary

classrooms. All eligible students are now automatically enrolled in the 21st Century Scholars program during their seventh- and eighth-grade years of school.

All students who graduate in 2028 or later and attend Indiana public schools, charter schools or state-accredited nonpublic schools must pass a financial literacy course.

A new law expands eligibility for the Next Generation Hoosier Educator Scholarship.

Educating and supporting our future leaders is critical to Indiana's longterm success, which is why expanding educational opportunities for students remains one of my top priorities.

Senate District 23 IN-DOT Update

The Indiana Department of Transportation recently announced improvements to the State Road 63 and State Road 234 intersection near Cayuga starting as early as Monday, Aug. 14.

Northbound and southbound lanes along State Road 63 near the intersection will be restricted, as well as passing lanes.

These restrictions are expected to be in place through the end of November.

On My Way Pre-K Enrollment Still Open

Enrollment for the On My Way Pre-K program is still open for the 2023-24 school year.

The program helps eligible four-year-old children from low-income families (now at 150% of the federal poverty level) learn early reading, math and science curriculum integral to their K-12 academic success through instructional hours, lessons, activities and books.

Families are partnered with a personal care representative who monitors each child's progress and provides access to live help over the phone or email six days a week.

Remain Aware of School Buses

With many schools back in session, school buses are on the road again. We all need to remain aware and cautious of school buses when we are driving.

Enrollment Open for ESA Scholarship

The Indiana General Assembly created the Indiana Education Scholarship Account (ESA) Program so Indiana students with disabilities can have access to the educational environment that best meets their learning needs.

Enrollment is open through Sept. 1.

-Spencer Deery is an Indiana State Senator serving District 23 which includes Fountain, Parke, Vermillion, Warren and portions of Montgomery and Tippecanoe

Witham Health Services Offers Quick And **Easy Access To Rheumatology Services** In Lebanon And Whitestown At Anson to identi-

Arthritis is a painful condition that can become debilitating and deprive people of their abilities to work and play. Thanks to the help of rheumatologists, like Dr. Tehniat Haider, M.D. people suffering from arthritis can receive help for the pain and fatigue that puts their lives on hold.

Trained as internists or pediatricians, rheumatologists are physicians who have additional education and experience specifically in the field of diagnosing and treating arthritis and other conditions affecting the joints, soft tissues and connective tissues.

Rheumatologists specialize in diagnosing and treating autoimmune diseases such as Lupus, Sjogrens, myositis etc. They also treat psoriasis, gout, osteoporosis.

Patients suffering from severe, long-term joint and muscle pain may find their ability to work and care for themselves compromised. In these cases, the additional support and diagnostic and therapeutic resources provided by a rheumatologist can help primary care physicians make a more accurate diagnosis and provide focused care. In early stages, most rheumatic conditions can be very difficult to diagnose, but rheumatologists undergo specific training that enables them



conditions at their onset. Below

is a list of adult

conditions that are overseen by Witham Health

Services Rheumatology. •ANA positive, RF positive

 ANCA associated Vasculitis

 Ankylosing Spondylitis Antiphospholipid Syndrome *if associated with SLE or another rheumato-

logic condition Bursitis

•Calcium Pyrophosphate Deposition (CPPD) *Pseudo gout

Carpal Tunnel Syn-

drome Dermatomyositis Fibromyalgia *will

assist PCP with recom-

mendations Giant Cell Arteritis Gout

•Granulomatosis with Polyangiitis * formerly Wegner's Granulomatosis

•HCV and Rheumatic Disease •IBD associated Ar-

thropathy Inflammatory Myopathies/Myositis

Mixed Connective

Tissue Disease Osteoarthritis

Osteoporosis/Bone

Polyarthritis Nodosa

•Polymyalgia Rheumat-

fy these Polymyositis Psoriatic Arthritis

•Raynaud's Phenome-

•Reactive Arthritis *for-

merly Reiter's Syndrome

•Rheumatoid Arthritis

Rheumatoid Factor

positive

•Scleroderma

•Sjogren's Syndrome Spondyloarthritis

•Systemic Lupus Ery-

thematosus

•Takayasu's Arteritis Tendonitis

•Undifferentiated con-

nective tissue disease Vasculitis

Early diagnosis and appropriate treatment for the condition means a better, productive and functional life. The sooner you call the sooner we can get you scheduled. We have quick referral appointments.

For more information about rheumatology services at Witham, call 765-485-8830.

We have locations in: Lebanon

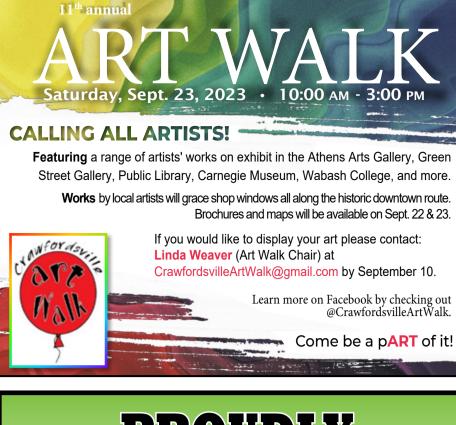
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North Pavilion, Entrance B, Suite 155

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Indiana American Water Briefly Seeks To Charge Customers For Pacers Seats

By Leslie Bonilla Muniz Indiana Capital Chronicle

Indiana's largest investor-owned water utility briefly sought to charge its roughly 1.3 million customers statewide for a full season of court-side tickets to Indiana Pacers games — but quietly backtracked in filings Tuesday after consumer advocates contested the expense.

Indiana American Water (IAW) has asked state regulators for a rate increase that would raise its annual revenues by about \$87 million. That's according to the Office of Utility Consumer Councilor (OUCC), the state agency that advocates on behalf of Hoosier utility customers, and which has recommended limiting the increase to just \$18.6 million.

Included within the utility's ask was nearly \$60,000 related to the 2022-2023 Pacers tickets - which IAW hoped to recover from its custom-

Utility President Matthew Prine paid almost

\$80,000 for the plan, according to the invoice, which was for four second-row seats.

The OUCC, however, pushed to get that off the

"Rates should not cover such entertainment for utility employees and their guests," OUCC Utility **Analyst Jason Compton** said in testimony filed July 21, while contesting about \$21,000 charged to the utility's employee relations expense account. The utility also charged \$38,000 to its community relations expense account.

"These expenditures sourced from attending basketball games are neither in the interest nor benefit of providing safe and reliable water to Indiana consumers and therefore should not be allowed as a recoverable expense," he continued.

IAW declined to give

further details, with spokesman Joe Lochmiller writing, "We don't expand on these matters in a rate case other than through our official filings completed and filed."

"Things like Pacers tickets, you know, that has no place being recovered from ratepayers, and that's outrageous," Citizens Action Coalition Program Director Ben Inskeep told the Capital Chronicle. "You know, that's something that should not be part of why we're seeing this massive rate increase being proposed by Indiana American.

The utility mentioned the Pacers expenses just once within the hundreds of pages of rebuttal testimony and attachments it filed Tuesday.

In his testimony, Rates & Regulatory Director Gregory Shimansky said the utility "is accepting" the intervening parties' position on the removal of the Pacers expenses. The company also conceded three other positions.

Shimansky said the utility wouldn't resubmit related revenue and rate filings, adding, "We believe these changes to be immaterial and incormaterially change our position from that filed in the Company's case-in-chief.

Other expenses; kudos

too Shimansky's testimony didn't, however, address other expenses that the OUCC doesn't think customers should pay for: industry group fees and an environmental grant program.

The OUCC's Compton previously recommended that regulators take off the full \$189,000 related to the National Association of Water Companies, rather than the 13% the utility said it would take

Compton said the expense was associated with lobbying, adding that the association's activities "substantially benefit shareholders' interests rather than ratepayers and therefore should not be included in rates."

He also recommended taking off \$8,900 for an environmental grant program that the utility said — in promotional

foundation would finance.

Although these three expenses are a tiny share of a much more expensive rate case, their inclusion set off alarm bells for CAC's Inskeep.

"Even if the dollar amount isn't significant, you know, the utility's internal accounting procedures are supposed to catch things like this," he said.

"So when you see multiple examples egregious examples — of spending like this, it really makes you wonder: ... are there other, similar items that you just haven't found evidence of yet?" Inskeep continued. "But then it also makes you wonder: is the utility being forthright about some of its bigger-ticket spending?

But Inskeep said he did want to credit the utility for a new affordability proposal.

The Universal Affordability Tariff would create multiple tiers of discounts based on household income, with the largest discounts for customers making 0%-50% of the

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federal poverty level. The utility estimates about 54,000 of its customers would qualify, and that the program would cost \$1.3 million the year it is introduced.

"Lower income customers are actually subsidizing higher income customers under the Company's current rate design," said Charles Rea, the utility's senior director of regulatory pricing and affordability, in testimony filed late March.

Rea argued that the discount wasn't "an undue subsidy," arguing that, "to the contrary, it is helping to reduce a subsidy that already exists in the other direction.'

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