### SATURDAY August 26, 2023

#### TODAY'S VERSE

Jeremiah 29:11 For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end.



#### FACES OF MONTGOMERY

People who call our community their own. Shyanne, the manager at our local Goodwill, offered a winning smile to one of our roving photographers while accepting the Readers' Choice 2023 award. Thank you for your smile!

#### **THREE THINGS** You Should Know:

Food fraud happens when suppliers intentionally lie to customers about the quality or ingredients in food products, like cutting olive oil with vegetable oil. It's a tough crime to catch, as foods can be altered anywhere along a global supply chain. Food fraud can lead to health risks and provide an economic advantage to dishonest food producers. Rajwa says his team is developing ways to identify fake food using "food fingerprinting." This method involves using different forms of spectroscopy to figure out which foods are fraudulent and which are genuine. More information can be found at: https://www. purdue.edu/newsroom/releases/2023/Q3/gourmet-or-imitation-new-technique-ferrets-outfood-fraud.html

The Montgomery County Relay for Life is dedicated to helping communities attack cancer. Through funds donated, time given, or awareness raised, communities are teaming up to make a difference. The annual event is scheduled for Sept. 16, from 12 pm - 8 pm in Crawfordsville. You can participate by forming a team, raising money and celebrating at the event while honoring survivors and remembering lives touched by purchasing a luminaria. Please help spread the word to help them grow the success of this event! Click the button to visit the website to register a team and for more information. The TASTE! of Montgomery County begins at noon on TOMORROW and runs until 10 p.m. At the gate, admission is \$7 for adults and \$3 for students. Visitors can purchase advance sale Taste tickets at the Carriage House Interpretive Center of the General Lew Wallace Study & Museum, home of the Taste; the Montgomery County Visitors and Convention Bureau on the first floor of Fusion 54 at 101 West Main Street; Milligan's Flowers & Gifts at 115 East Main; Crawfordsville Parks & Recreation Community Center at 922 E. South Boulevard. Advance tickets are \$5 for adults and \$2 for students.



Montgomery County's oldest locally owned independent newspaper

#### **CRAWFORDSVILLE, INDIANA**

## **Boomer Bits Ask Rusty - What About All The Money Congress Stole From Social Security?**

Dear Rusty: Is there any way that Congress will vote to pay back the Social Security funds they took for their stupid reasons, and left IOUs in place of the funds? Because of the funds they took going back many years, we didn't have any decent COLAs for a few years. In fact, there were I think 3-5 years that we didn't get any COLA. Please Rusty, can you find out if this is true or false? Help us seniors! Signed: Resentful Senior

**Dear Resentful Senior: I** can assure you that I've fully investigated the allegation that politicians have squandered Social Security's money and found that charge to be, simply speaking, a myth. I've gone back and looked at Social Security revenues and expenses since the government first started collecting FICA payroll taxes in 1937 and found that every dollar ever collected for Social Security has been used only for Social Security purposes. Over the years, various claims have been made that the money has

"The Good News Is Our Constitution Is

**ASK Rustv** 

#### Social Security Matters

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

been used for other things, but I've researched each of these charges and found them all to be false.

Where the misconception mostly originates is that any excess money collected from working Americans for Social Security is invested in "special issue government bonds" which pay interest, as mandated by President Roosevelt when Social Security began. As with any investment, a financial obligation instrument is given in return for dollars received. Remember when we used to buy "U.S. Savings Bonds?" We'd use our money to buy those bonds, hold them, and later redeem them for a higher amount than we paid. That's exactly how Social Security contri-

#### butions have always worked - excess money collected from working Americans is used to purchase special issue government bonds which are held in reserve, earning interest, for future Social Security needs. These special bonds reside in a Social Security Trust Fund and, as of the end of 2022, were worth about \$2.8 trillion. Are these bonds "worthless IOUs" as some would claim? Hardly, since they are redeemable as needed to pay Social Security benefits.

Considering that, since 2010, Social Security's income from payroll taxes on American workers has been less than needed to cover benefits paid

See RUSTY Page A7

#### This Fall, Older Built For Battle," Says Michael Maibach Adults Should Protect Their Health

# The Daily Almanac

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Sunrise/Sunset RISE: 7:08 a.m. SET: 8:30 p.m.



**High/Low** Temperatures **HIGH:** 87 °F LOW: 71 °F



#### Today is... • National Dog Day • Pony Express Day • Women's Equality Day



What Happened **On This Day** • 1978 First German to go into Space. Sigmund Jähn, a pilot from the East German Air Force joined the crew of Soyuz 31, a Soviet manned space flight to the Salyut 6 space station.

• 1955 First Tennis Match to be Telecast in Color.



Michael Maibach, founder of the Center for the Electoral College, says the National Popular Vote Compact (NPVC) is "a real threat to our presidential elections." That's how he put it in an interview with Rebecca Weber, CEO of the Association of Mature American Citizens and host of AMAC's Better For America podcast.

By John Grimaldi

Weber explained, "the NPVC would nullify the Electoral College without a constitutional amendment."

Maibach said "the Electoral College is a unique design among all the republics in the world. It actually makes us more democratic than almost any republic. But it's been a controversial topic since the election of 1824 when Andrew Jackson was defeated by John Quincy Adams in a House of Representatives vote because no one had won the majority of the electors ... Fast forward, we really didn't hear a lot about the Electoral College until 2001, [during the] Bush v. Gore Florida recount, and where Mr. Gore got a few hundred thousand more votes than Bush, but Bush won the election with

also won 30 of the 50 states. People forget that sometimes, just like Mr. Trump won 30 of the 50 states against Mrs. Clinton. Those were the two elections that caused a lot of controversy."

the Electoral College. But he

In effect, he said, the NPVC is a way to "get around the Electoral College without amending the Constitution, because it takes 38 states to amend the Constitution and 38 small states are not going to have the big cities rule." So, he said, the plan is to encourage state legislatures to pass laws giving 'electors' the right to pick a president and, so far, 16 states and 205 electors are on board. The goal is 270 electors who would be tasked with electing a president.

Maibach said "It's not going to be in 2024. But it might be in 2028. [If so] we have a constitutional crisis. The 16 states include California, Washington, Oregon, most of New England, not New Hampshire, but New York, New Jersey, and Illinois. And now Minnesota. In each case, they've had a House, Senate, and a governor who are

(StatePoint) With cold and flu season upon us, it's time to protect yourself, not only from those seasonal threats, but also from other health risks.

"During the holidays, our lives get very busy with family and friends," said Dr. J.B. Sobel, chief medical officer for Cigna Healthcare's Medicare business. "Before then, please take time to ensure you get the preventive care you need to stay healthy."

Preventive care is critical for everybody, but particularly for older adults, and especially in fall when risks can increase, Sobel said. Recommendations vary based on age, gender and health status, but the following are some of the most common for seniors, according to Sobel. \*\*\*

#### Vaccinations

There are a number of vaccines older adults need to consider to protect themselves. Flu and pneumonia, for example, are among some of the most common causes of senior deaths. There is no "one-sizefits-all" approach to vaccina-

The Davis Cup match between Australia and the US from the West Side Tennis Club in Forest Hills, New York, was telecast on NBC.

• **1920** 19th Amendment to the US Constitution Takes Effect. The amendment extended universal suffrage to women in the United States. Before this, women in some states could vote in local and state elections.

#### **Births On This Day**

- **1970** Melissa McCarthy American actress, writer, producer • **1910** Mother Teresa
- Macedonian/Indian missionary, Nobel Prize laureate

#### **Deaths On This Day**

- **1974** Charles Lindbergh American pilot, activist
- 1850 Louis Philippe I French king

See JOHN Page A7

#### See HEALTH Page A7

#### HONEST HOOSIER

This just in, in spite of the cost of living it remains popular with most people!



#### INSIDE **TODAY'S EDITION**

Service Directory...A6 Faith.....A3, A4, A5 Classifieds.....A5

#### THE MONTGOMERY MINUTE **Touch A Truck**

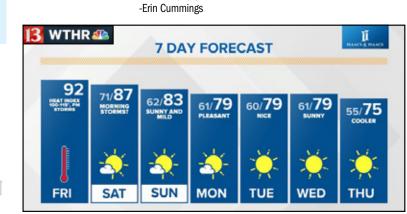
CDPL is hosting a Touch a Truck event on August 31 from 6 p.m. to 8 p.m. This event will have a lot of different trucks and ear protection is recommended for little ones and those with sensitivity to loud constant noises. The event is to take place at the Crawfordsville District Public Library parking lot and Pike Street.

#### 🗢 TODAY'S QUOTE

"At the end of the day, you are solely responsible for your success and your failure. And the sooner you realize that, you accept that, and integrate that into your work ethic, you will start being successful. As long as you blame others for the reason you aren't where you want to be, you will always be a failure?

🗢 TODAY'S JOKE

Where was King David's temple located? Between his ears.



#### **TODAY'S HEALTH TIP**

Listen to your body - If it hurts, your body is telling you to rest it. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com.



## OBITUARIES

None



The Paper appreciates all our customers. Today, we'd like to personally thank **GEOFFREY ROBINSON** for subscribing!



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PAGE A2 D SATURDAY, AUGUST 26, 2023

## Meeting Notes **Joint Meeting Agenda**

Montgomery County Solid Waste Management **District Board** Solid Waste Management District Advisory Committee Monday, August 28 1:30 PM Montgomery County Government Center 1580 Constitution Row Suite E109 Crawfordsville Call To Order - Chairman Dan Guard Pledge of allegiance Consent agenda Minutes - May 22, 2023

Public Comment Staff & Advisory Committee Reports 2023 Tox Away Day Report Town of Darlington **Recycling Cost** Town of Ladoga Recycling Cost Old Business Contribution to Town of Waynetown's Request to pay All Recycling Costs New Business 2024 SWMD Budget Other Business Adjournment \*\*Monday, November 27, 2023 @ 1:30 pm\*\*

#### Montgomery County Central **Communications Center Governing Board Meeting Agenda**

Monday, August 28, 2023 @ 11 AM Montgomery County Government Center 1580 Constitution Row - Room E109 Crawfordsville Call To Order Approve Minutes -July 24, 2023 **Öld Business** Update Dispatch Center Remodel **New Business** 

2024 Budget CCC DIRECTOR SHERRI HENRY Questions regarding Director submitted reports Acknowledge Receipt of Financial Report Other Business Adjournment \*September 25, 2023 @ 11:00 am - Montgomery County Government Center\*







Photos courtesy of SWCD

4th Grade Feild Days at Cain Farms celebrates 25 years of fun tradtion.

## SWCD Celebrates 25 Years Of Cain's Field Days

The Montgomery County Soil and Water Conservation District is celebrating 25 years of 4th Grade Field Days. Field Days are held in Darlington each August and every 4th grader in the county is invited to attend. Students rotate through eight stations and learn about a variety of topics including

water quality, wetlands, pollinators, and forestry. There are educational talks and hands-on activities that aim to jumpstart students' interest in the environment and protecting our natural resources. The event spans two days each year and requires over 25 people and hundreds of volunteer hours

to run the event. The Cains have hosted Field Days since the late 1990s. Conservation is at the forefront of the family's farming operations. They believe in the importance of starting conservation education early and that we all have a responsibility to care for

the land.

For resources, as well as upcoming events, visit The Montgomery County Soil and Water Conservation District's website at www.montgomerycoswcd.com. All meetings and events are open to the public and most services, including invasive species and soil health site visits, are free!









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Photo courtesy of the City of Crawforsville and CFD

Students and EMS staff pose for a picture celebrating the course.

## **Eight Students Complete Emergency Medical Responders Course**

Personnel from Montgomery County Volunteer Fire Departments recently took part in an Emergency Medical Responders course. The course was taught by the Crawfordsville Fire Department as part of the contract between the City of Crawfordsville and Montgomery County as part of the countywide EMS.

The students participated in the 64-hour course to learn assessment and

treatment techniques to be used during medical or trauma emergencies that will stabilize patients prior to arrival of the Paramedics coming from Crawfordsville.

The eight students, comprised of responders from Coal Creek Township FD, Madison Township FD, New Market FD, Ripley Township FD. Walnut Township FD, and Waynetown FD, successfully demon-

strated competency of practical skills that were established by the State of Indiana as well as passing a written examination established by the State of Indiana.

All eight students have now been certified and are serving their respective communities. Crawfordsville Fire Department would like to congratulate all students on their success passing this challenging course.



a national juried exhibition The evening will be an art, music, and culinary pleasure event! We will celebrate the artists and announce

On Saturday, September 16th, Athens Arts will host the opening of: [untitled]3

the award winners of the juried exhibition.

Athens Arts is a tremendous asset to downtown Crawfordsville, the county, and the community bringing vibrant opportunities to engage the community in art and celebrating creativity! We appreciate your support and advocacy for the arts in our community. The national exhibition needs monetary award donors. This is where you come in!

Your monetary support is vital in keeping the gallery open for local artists to share their talents, sell their art, and bring visual arts to the community. We thank you! For this special exhibition, we would like to extend the opportunity for you to be pART of the [untitled]3 celebration! Athens looks forward to allowing you to choose the award winner within levels. Athens Arts' board and artists appreciate your continued support. This prize money will go a long way to celebrate the artists!

Kindly fill out this form and return to be received no later than September 6, 2023.

Address:					
Amount of	award donati	on*:			
	\$35*	\$50*	\$100	\$250	\$500
*Donatior	,		other awards company and		ld be listed as:
PLEASE PF	RINT siness/individu	ual to be liste	ed on the pro	ogram:	

## Worship Event At Pike Place

This Sunday, at Pike Place Christ 180 Church is hosting a worship event from 4 p.m. to 8 p.m. at Pike Place. Worship will begin at 5 p.m.

There will be food and drink provided by vendors.

Giveaways to include; Tshirts, and more importantly, we have a generous donor to our church of baby food that we are offering to anyone who could use it. The church will have a table for this.

(side note: We have boxes and boxes of this and it keeps coming.)

We encourage those coming to bring lawn chairs or blankets to sit on.

"Praise at Pike is born out of our Night of Worship event we do every 5th Sunday night of the year at Christ 180 Church. The Night of Worship is a time we offer for our congregation and other churches, pastors, and worship leaders to come and be

ministered to. Pike Place is a great place for outdoor music in Crawfordsville so the Lord led us to taking our worship event out into the public. However, we are just a vessel. The star of this show is the Lord Jesus Christ."

Christ 180 Church is located at 406 Mill St in Crawfordsville and regular service times are 10 a.m. on Sunday mornings, 6:30 p.m. Bible Study and Teen ministry on Wednesday nights.



Flagpoles • Flags • Solar Lights

Flagpole Parts & Hardware

relax & enjoy

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2. Is this in hond HONOR of:	or or memory of someone?
MEMORY of :	

#### 3. (circle) YES NO

Do you want to come to the gallery and choose the art piece for your award? (date/time TBA, Sept 14 or 15) A representative of Athens will contact you to set up a time.

Please make checks payable to Athens Arts. Mail this completed invoice with the check to: PO Box 207, Crawfordsville, IN 47933. Attention: Diana McCormick, Director. If you prefer to pay by card, please contact the Director. Deadline to be included in the program is September 6, 2023

#### rinity's Handyman Service exp (Ov<del>e</del>r I WANT TO BE YOUR Nothing too big or too small THE PAPER fin<del>e</del> local dining GO-TO AGENT! I do it all I'm the KEY to your new home! you are ready to find yours or know someone who is, give me a call. Give me a call 574-240-5380 line in I can't wait to hear from you! Please visit CLARK DALE us online: www.exprealty.com ThePaper24-7.com PHONE: (765) 918-1773 thepaper24-7.com **Thanks for reading The Paper!** Specializing in Families • Maternity Waynetown Baptist Engagements First Baptist Church Scarv Sessions Adoptions Senior Sessions Church eathe Photography Sunday School/Growth Groups: 9:00 AM Service: Sunday 10:30 am Worship Service: 10:30 AM Children's Church Indiana Based **Portraits** Photographer Youth Group Wednesday at 6:30 **Families Couples** Pets Casual Clothes, Everybody Welcome You can watch us on YouTube and Facebook Shots by Briley Traditional and Comtemporary Watch Sunday Mornings Call or Text: 765-366-2316

# 

INCLUDE YOUR INFORMATION The Paper of Montgomery County is asking churches to send us church news by noon on Thursday. Information can be e-mailed to: news@thepaper24-7.com

The following is a listing of church services and various programs that organizations around Montgomery County have sent The Paper. If you would like to have your church information included in this free listing, simply e-mail it to news@thepaper24-7.com by Monday for the Wednesday Print Edition.

#### **FAITH BAPTIST CHURCH**

Sunday's schedule will include Sunday School at 9:30 and morning worship at 10:30 followed by a pitch-in dinner. After dinner there will be a special service in which Pastor Roe will step aside and Bro. Keith Harris will become the pastor. Meetings will continue with the Danfords Monday through Thursday at 7 each evening.

The public is invited to all the services anytime but especially during our revival with the Danfords. The location is 5113 S 200 W, Crawfordsville. Or just five miles south of Crawfordsville on State Highway 47. For more information call 866-1273 or visit www.faithbaptistcville.com.

#### **NEW MARKET CHRISTIAN CHURCH**

THE SANCTUARY AS WELL AS THE DRIVE-IN PARKING LOT ARE OPEN FOR WORSHIP HELD AT 10:00 AM. TONY THOMAS WILL SPEAK ON "COURAGE TO STAND ALONE". HIS TEXT IS FROM ACTS 24:1-24.

SUNDAY SCHOOL BEGINS AT 9:00 AM. COFFEE & DONUT FELLOWSHIP IS AT 8:30 AM THE FIRST SUNDAY OF EACH MONTH. THE NEXT FELLOW-SHIP IS SEPTEMBER 3.

THE WORSHIP SERVICE AND SUNDAY SCHOOL ARE OPEN TO EVERYONE.

#### **NEW MARKET FIRST BAPTIST**

FIRST BAPTIST OF NEW MARKET WILL WORSHIP GOD THIS SUNDAY AT 10:00 A.M. HOLY GROUNDS WILL BEGIN AT 8:30 A.M WITH COFFEE AND HOME MADE TREATS. AT 9:00 A.M. SUNDAY SCHOOL CLASSES ARE OFFERED FOR ALL AGES. THEN AT 10:00 A.M. WE WILL WORSHIP IN SONG AND MESSAGE. WE WELCOME ALL TO JOIN US THIS SUNDAY! WE ARE LOCATED AT 200 S. FIRST ST. IN NEW MARKET.

#### **YOUNG'S CHAPEL CHRISTIAN CHURCH**

If contemporary worship is not your preference, then you Might want to visit us. A small country Bible based church made up of very friendly, compassionate, loving people. A church where everyone knows everyone's name. You will be warmly welcomed here. Why not try us out? 4527 North 200 East, Crawfordsville Bible Study 9:30 a.m. Worship 10:30 am.

#### **FIRST CHRISTIAN CHURCH**

Sundays: Worship (Casual Traditional/Family Friendly/Childcare) - 10:15 am, Adult Faith Learning/Sunday School - 9:15 am, Good News Cafe -9:15 am, Wednesdays: WOW! - Mid-week Youth Program (Grades 1-12) - 4:30 - 7 pm, Faith Learning and Dinner, Rev. Darla Goodrich, We are located at: 211 S. Walnut St. Crawfordsville IN 47933 Telephone: 765-362-4812

#### **WOODLAND HEIGHTS CHRISTIAN CHURCH**

468 N Woodland Heights Drive Crawfordsville IN 47933-9689 Telephone Number: 765-362-5284 Fax Number: 765-362-6641

Lead Minister: Tim Lueking

Worship Minister: Wayne Wilkinson

Youth Minister: Bryson Feese

Worship Service Times for Sunday:

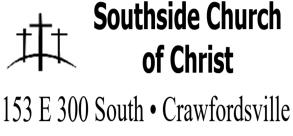
Traditional service at 8:15a.m. & Contemporary service at 10:30a.m. All Sunday School classes at 9:30a.m., Children's classes for birth to 5th grade at 10:30a.m. All services will be streamed live on our live whcc.us platform, Facebook, YouTube, and Twitter.

James: Warnings and Wisdom "Prevailing with Patience" James 5:7-20 Tim Lueking

**NEW MARKET UNITED METHODIST CHURCH** Reverend William "Bill" Pike Office: 765-866-0703 email: bill.pike@ inumc.org. Please come join our small town church for a friendly church service using hymnals and the rituals of church that you grew up with.

101 East Main Street, P.O. Box 326, New Market, IN 47965. Office Phone: 765-866-0703 www.newmarketumc.org

Facebook.com New Market United Methodist Church Indiana Open Hearts--Open Minds--Open Doors Sunday School 9:30 and Worship Service 10:45



southsidechurchofchristindiana.com

Sundays: Worship at 10:30 am

Wednesday Night Bible Study 7 pm





#### **One Way** Pentecostal **Apostolic Church**

#### 802 Mill St. • Crawfordsville

Pastor Steve Lee and his wife, Tamara, invite you all to their spirit-filled church

> Services Sunday at 2 pm

Wednesday Evening Bible Study 7 pm

Saturday evening (speaking spanish service) at 7 pm





Saturday, August 26, 2023



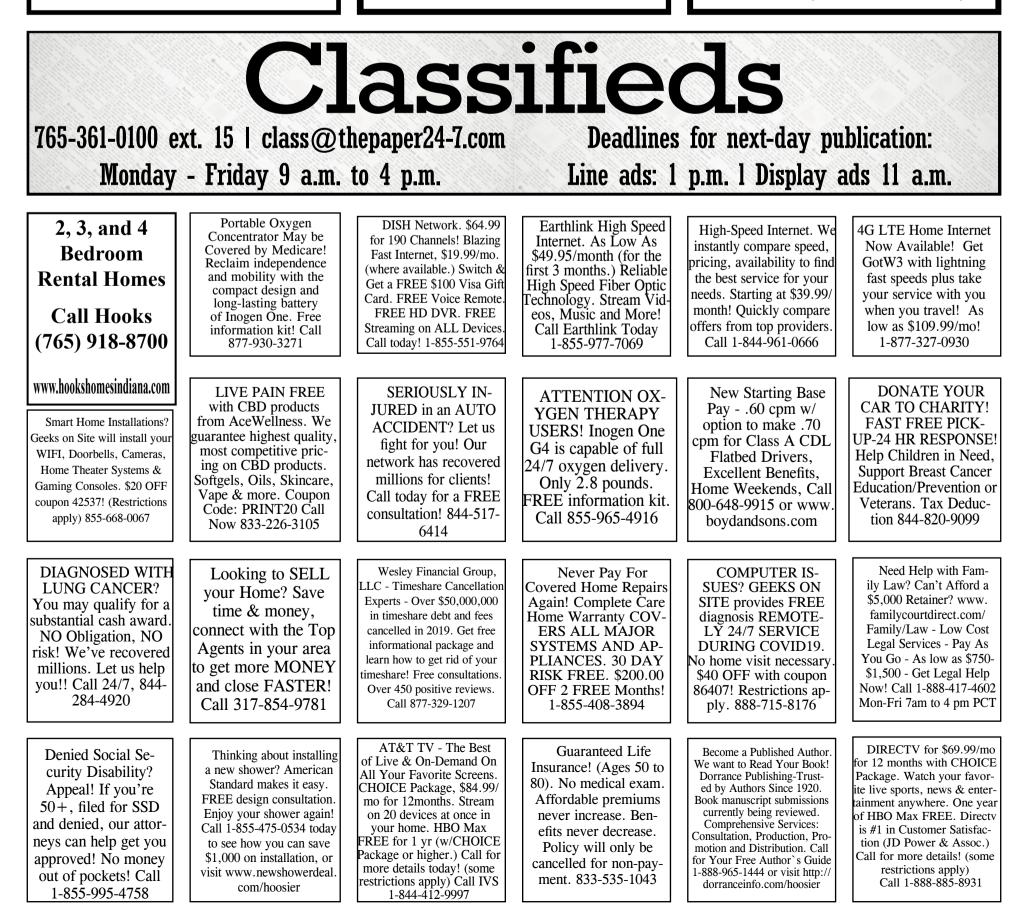
Woodland Heights Christian Church 468 N Woodland Heights Drive, Crawfordsville

"Know Jesus and Make Him Known"

Wednesday Night Bible Study 7 pm

Wednesday 6:30 Bible Study

11 a.m. Worship



## **Intern With The Indiana Senate**



SPENCER DEERY Guest Column

nications, information technology, legal, legislative, page and policy offices during the 2024 legislative session.

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Qualified candidates may be of any major and must be at least a college sophomore. Recent college graduates, as well as graduate and law school students, are also encouraged to apply. Positions are open to Indiana residents, as well as nonresidents who attend an Indiana college or university.

Interns earn a \$900 biweekly stipend and benefit from scholarship and academic credit opportunities, professional development, community involvement and networking.

Senate internships are full-time positions at the Statehouse in Downtown Indianapolis that typically begin with a mandatory orientation in late December and conclude at the end of the legislative session in March 2024. Local Farms Awarded Hoosier Homesteads Two locally owned farms were honored with Hoosier Homestead Awards at the Indiana State Fairgrounds Wednesday, Aug. 16.

The Basinger Farm, in operation since 1918, received the centennial award and the Coleman Farm, in operation since 1824, received the sesquicentennial award.

The Hoosier Homestead Award program honors families who have made significant contributions to Indiana agriculture. In the past 47 years, more than 5,800 farms have received the honor.

These farms are amazing examples of Hoosier farmers' perseverance. The agriculture industry contributes \$35.1 billion to Indiana's economy, and I am happy to see the families who help make our state strong receive the recognition they deserve.

To be named a Hoosier Homestead, farms must be owned by the same family for at least 100 consecutive years and consist of more than 20 acres or produce more than \$1,000 of agricultural products per year. The award distinctions are Centennial, Sesquicentennial and Bicentennial – for 100, 150 and 200 years, respectively. \*\*\*

#### Vermillion County Extension Annual Meeting

I was fortunate to attend the Vermillion County Purdue Extension annual meeting on Tuesday, Aug. 22.

It was great to see some familiar faces, make new friends in the county and get an update from the Extension office about the work it has done.

#### Grant Funding Available for Solar Eclipse Events

Indiana will experience a total solar eclipse on April 8, 2024. Local organizations can apply for a \$2,000 grant from the IU Center for Rural Engagement through Sept. 1 to help cover the cost of eclipse-related activities and events.

Eligible events include arts and culture projects, like performing and visual arts, film and cultural heritage events.

- Spencer Deery is an Indiana State Senator serving District 23 which includes Fountain, Parke, Vermillion, Warren and portions of Montgomery and Tippecanoe counties.







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#### From Page A1

out, redemption of bonds held in the Trust Fund is the only reason that Social Security has been able to continue paying full benefits to every beneficiary. The Trust Fund is a financial safety net which is now protecting all SS beneficiaries from having their benefits cut. Problem is, unless Congress acts soon to reform Social Security's financial picture, the Trust Fund will be fully depleted in about 2033 resulting in about a 23% cut in everyone's monthly Social Security benefit. I'm optimistic that will not happen (it would be political suicide) and, hopefully, Congress will act soon to reform Social Security and restore it to financial solvency and avoid a future cut in everyone's benefits.

Regarding COLA (Cost of Living Adjustment) and

#### the lack thereof for several past years, COLA is determined by the government's standard inflation measure - the Consumer Price Index (CPI). There were several years (2010, 2011, and 2016) in which the CPI showed no inflation so, therefore, no COLA increase was given. Last year, due to soaring inflation, everyone got an 8.7% increase in their Social Security benefit, but that doesn't happen every year. FYI, the average annual COLA increase over the last two decades has been about 2.6%, although COLA for each year can be wildly different depending on each year's inflation measure. In any case, the lack of a COLA increase in past years was not a result of any political chicanery, it was the result of low in-

#### **O JOHN** From Page A1

all of one party, the Democratic Party.

He described it as a "de facto project of that party. I'm sorry to say, I don't want to be partisan, but those are the facts. What it says is, no matter how our voters in our states vote, our electors will be told to vote for whoever wins the national popular vote. That's what it says about their level of respect for the voters. [Thus, it says] people in California and New York ought to choose our president rather than the voters of our own state.

In conclusion, Maibach summed up his thoughts this way: "The good news is our Constitution is built for battle. We have not missed a fouryear presidential election since 1788. Including, right in the middle of the Civil War, Lincoln was re-elected, my gosh, we had 700,000 people dead on the battlefield and we were able to do this. In contrast, the British have had three Prime Ministers in the last year, and in the last two years, the Israelis have had five Prime Ministers in that period. Parliamentary systems

are much more unstable than our system, we have a very stable system. The question is not, do we have the right Constitution for the difficult times we're going through. I would argue, the division in America today is as bad as it was in the Civil War. Although it hasn't come to violence, we certainly are dividing

flation during those years.

into blue and red states, and that's unfortunate. But the question is, are our citizens prepared to defend the Constitution that they've been given? And I think we are. I like to say that you can either be grateful for what we've inherited, or you can be resentful. Unfortunately, so many people on the left are resentful of everything they've inherited, and yet the idea of building something sturdy doesn't seem to occur to them so much. People who are grateful are also going to build on what they've inherited, and that's what we have. The world's oldest and best Constitution; it's the oldest Constitution on the planet, and we ought to be defending it every day.

## **O HEALTH**

tion. Timing and frequency vary, depending on your health history. Ask your health care provider which vaccines are appropriate for you.

•Flu. This vaccine is administered annually, generally before the end of October, and is designed to match the latest circulating flu strains.

•Pneumonia. Administration varies based on health history. If you're 65 or older and you've never had the vaccine before, then you'll likely need two shots, which are administered a year apart.

 Shingles. The Centers for Disease Control and Prevention (CDC) recommends two doses of the shingles vaccine for healthy adults aged 50 and older, spaced two to six months apart, to prevent shingles and related complications.

•COVID-19. Ask your doctors about current recommendations for prevention of COVID-19 infections.

•RSV. Earlier this year, the Federal Drug Administration approved two separate vaccines to address respiratory syncytial virus (RSV) in older adults. RSV, a common respiratory infection, usually causes mild, cold-like symptoms, but can be more severe in older adults and children. Talk to your doctor about whether you should get an RSV vaccine.

#### **Health Screenings**

The following health screenings are commonly recommended for older adults.

•Mammogram. Breast cancer is the second leading cause of cancer death in women in the United States, according to the CDC. Every woman is at risk, and risk increases with age. Fortunately, breast cancer can often be treated successfully when found early. The **U.S.** Preventive Services Task Force (USPSTF) recommends women 50 to 74-years-old at average risk get a mammogram every two years.

#### From Page A1

•Colorectal screening. Colorectal cancer risk increases with age. Screenings can find precancerous polyps early, so they can be removed before they turn into cancer. The USPSTF recommends colorectal cancer screening for adults age 45 to 75. Though colonoscopy is the most comprehensive test, there are other options you may consider with the help of your provider.

•Bone density scan. USPSTF recommends women aged 65 and older, and women 60 and older at increased risk, be routinely screened for osteoporosis, a disease in which bones become weak and brittle. Screening may facilitate treatment that helps prevent fractures.

•Eye exam. Routine eye exams can identify early signs of eye disease that are more likely as people age. People with diabetes in particular are prone to retinopathy, which leads to vision loss. It's recommended that people with diabetes have annual retinal screenings.

•Mental health checkup. Many people experience seasonal depression during fall. Mental health is strongly linked to physical health. Talk to your health care provider about both, including your personal and family history. They can connect you with additional mental health resources.

To prevent unpleasant surprises, Sobel suggests talking with your health care provider, pharmacist or insurer about preventive care costs. Fortunately, costs are often covered fully by Medicare or Medicare Advantage, he said.

The information contained in this article is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition or treatment and before undertaking a new health care regimen.

#### **PUBLIC NOTICES**

#### TO THE OWNERS OF THE WITHIN DESCRIBED REAL ESTATE AND ALL INTERESTED PARTIES NOTICE OF SHERIFF'S SALE

By virtue of a certified copy of a decree to me directed from the Clerk of Aontgomery Superior Court of Montgomery County, Indiana, in Cause No.: 54C01-2304-MF-000284, wherein Platinum Home Mortgage Corporation, was Plaintiff, and Jesse Jeska Caswell, Veronica Lynn Caswell, was/were Defendant(s), requiring me to make the sum as provided for in said Decree with interest and cost, I will expose at public sale to the highest bidder, on the 13th day of September, 2023, at the hour of 10am or as soon thereafter as is possible, at 600 Memorial Drive, Crawfordsville, IN 47933, the fee simple of the whole body of Real Estate in Montgomery County, Indiana. Part of the West Half of the Southeast Quarter of Section 7, Township 17

North, Range 5 West, described as follows: Beginning 200 feet West of the Southeast corner of said West Half and

running North 305 feet; thence West 267 feet; thence South 305 feet to the center line of State Road No. 234; thence East 267 feet to the place of beginning, in Montgomery County, Indiana.

More Commonly Known As: 6440 West State Road 234, Crawfordsville, IN 47933

54-14-07-400-026.000-001

- Together with rents, issues, income, and profits thereof, said sale will be made without relief from valuation or appraisement laws. Jennifer L. Snook
  - MARINOSCI LAW GROUP, P.C.
  - 455 West Lincolnway, Ste. B. Valparaiso, IN 46385

  - Telephone: (219) 386-4700 Sheriff of Montgomery County

City of Crawfordsville 6440 West State Road 234, Crawfordsville, IN 47933

Street Address

The Sheriff's Department does not warrant the accuracy of the street ess published herein Type of Service: Personal addr

SERVICE DIRECTED TO: Jesse Jeska Caswell, 6440 West State Road 234, Crawfordsville, IN 47933 Jesse Jeska Caswell, c/o Montgomery County Jail, 600 Memorial Drive, Crawfordsville, IN 47933

Veronica Caswell, 6440 West State Road 234, Crawfordsville, IN 47933 NOTICE: MARINOSCI LAW GROUP, P.C. IS A DEBT COLLECTOR. THIS IS AN ATTEMPT TO COLLECT A DEBT, AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. PL4704 8/12 8/19 8/26







# K ZACHFLOYD6@GMAIL.COM

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