OF MONTGOMERY COUNTY

Montgomery County's oldest locally owned independent newspaper



Follow The Path To Gallow Gallow Sandana Sandana Sandana At The Carnegie Museum

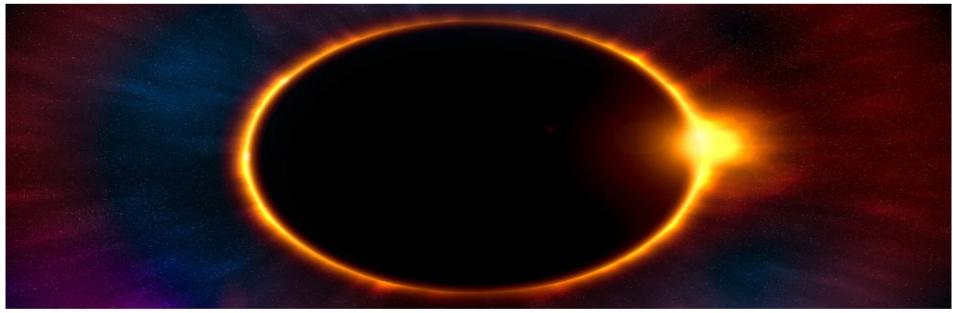


Photo provided



Looking for fun activities to keep the kids busy this Fall Break? Head over to the Carnegie Museum of Montgomery County! Eclipse Central will be open Oct. 18 – 21 for Fall Break Science! Drop in for eclipse themed activities from 10 a.m. – 5 p.m. Plus bonus activities! On Oct. 19 there will be Eclipse Stomp Rockets and on Oct. 21 there will be Dark Eclipse SLIME!

Bring the kids over to learn, play, and explore at the Carnegie Museum!

The Carnegie Museum is located at 222 S. Washington Street, Crawfordsville. Admission is free, and the museum is wheelchair and stroller accessible. The Carnegie Museum is open Wednesday - Saturday, 10 a.m. to 5 p.m.

TODAY'S QUOTE

"Double, double toil and trouble; fire burn and cauldron bubble." from "Macbeth"

⇒ TODAY'S JOKE

I'm tall when I'm young, I'm short when I'm old, and every Halloween I stand up inside Jack-o-lanterns. What am I? A candle.

⇒ TODAY'S VERSE

Matthew 7:7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

⇒ TODAY'S HEALTH TIP

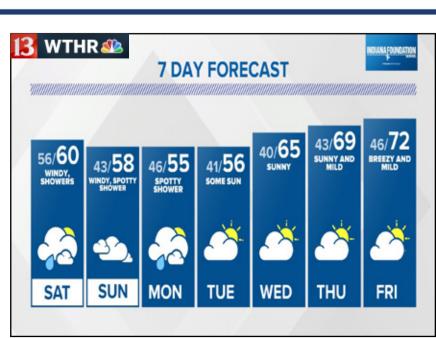
Treat burns by immediately soaking the area in cold water for at least five minutes and cover any open areas with antibiotic ointment. Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www. thepaper24-7.com.



⇒ HONEST HOOSIER

Here's hoping we don't forget the Sabbath and the really important things during this spooky season.







Did You Know?

- Jasper County was formed in 1838 and was named for Sgt. William Jasper, a famous scout for the Continental Army during the American **Revolutionary War**
- Rensselaer, the county seat, has a total population of 5,859 residents.
- Former home to Saint Joseph's College.
- The Jasper County courthouse was built in 1898 at a total cost of \$141,731.94.
- The county is 561.39 square miles and has a population of 33,478 residents.

Got Words?

The Jasper County Courthouse has a historic clock tower on top of the building. Montgomery County recently added a clock tower to our courthouse. What do you think is the cultural impact of having a landmark such as that atop a courthouse?

Jasper **%**0 Number

A2

1. What percentage of people live in Rensselaer?

Stumpers

2

2. How old is Jasper County?

3. How old was Jasper County when the courthouse was built?

4. What is the population density of the county?

%0

3. 60 Years Old 4. 59/ sq. mi. Answers: 1. 17.5 2. 181 Years

Word

Scrambler

Unscramble the words below!

- 1. ILAWMLI JSRAEP
- 2. SATIN JSHOPES
 - 3. ESERAERNLS
- 4. EPSJRA YUOCTN
 - 5. ORSCUHEUOT

4.1asper County 5. Courthouse 3. Rensselaer Answers: 1. William Jasper 2. Saint Josepha

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Sunday, Oct. 15, 2023

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Indiana Task Force Debates Floodplain Mapping

By Casey Smith

Multiple lawmakers on the Indiana Drainage Task Force expressed concerns on Wednesday, Oct. 11, 2023, about the accuracy of the state's floodplain

of the state's floodplain maps and said they now support a more robust system that ensures property owners know if they are in a flood zone. (U.S. Department of Agriculture Natural Resources Conservation Service/Flickr)

Are enough Hoosiers up to date on statewide floodplain mapping? How are landowners being notified about changes to those maps? And should property owners have more say, overall, in what areas are designated as flood zones?

Those questions were at the heart of the Indiana Drainage Task Force's Wednesday meeting, where lawmakers, state officials and industry experts gathered to discuss the ability of landowners to seek changes in flood hazard map designations after the Indiana Department of Natural Resource's (DNR) "best available mapping data" is adopted by the federal government.

Talks also centered around the possible effects of the DNR's "best available mapping data" on mortgage lending, as well as the need for — and availability of — flood insurance.

Hoosier property owners continue to complain that the newest floodplain maps adopted by the DNR are more restrictive than those from the Federal Emergency Management Agency (FEMA). Many contend that they were never notified of the floodplain map changes that went into effect in 2022 and are now faced with costly requirements for building projects on their property

Multiple lawmakers expressed concerns on Wednesday about the accuracy of the DNR maps and said they now support a more robust system that ensures property owners know if they are in a flood zone, whether it be within the state or federal maps.

They emphasized, too, that a process should exist for Hoosiers to challenge the mapping in a timely manner — without exorbitant costs.

"I think these (DNR) maps aren't ready," said Republican Rep. David Abbott, of Rome City. "I think we need to take a step back — a big step back — take a look at these maps as a whole, and take them off the table. I think these maps need to be avoided temporarily until they can go in and do a more detailed modeling ... of the whole state. And that's going to be very, very expensive."

Environmental groups, meanwhile, point to increases in extreme rain events that lead to greater flooding. They maintain that state lawmakers should focus more on ways to introduce green infrastructure — like planting trees and restoring and protecting wetlands.

The interim committee, created in 2022, is tasked with reviewing state drain-

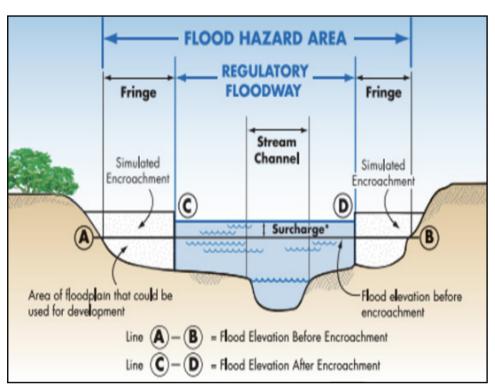


Photo courtesy of Indiana DNR

Indiana's website explains the history of floodplain issues in the state and allows you to use mapping to check areas around the state. Surcharge is the difference between the flood elevation before and after encroachment. Surcharge must be less than 0.15 ft.

age laws and making recommendations concerning drainage and regulatory matters — including at the legislative level. Wednesday's meeting was the second of three to be held this fall.

Concerns over proper notification

A floodplain is the area next to a stream or river that is at risk for flooding at least once per 100 years or more.

Resulting floodplain maps are often made by calculating rainfall, topography, and hydraulic analysis, which evaluates the capacity of a stream or other water body.

FEMA has published maps for many of Indiana's floodplains, but not for all of them.

To cover the rest of the state, the DNR maintains floodplain maps for an additional 18,500 miles of Indiana streams. The state agency combined its maps with those created by FEMA to produce the Best Available Flood Hazard Area map.

Environmental advocates maintain that the DNR map is the best resource for identifying flood-prone areas. Currently, local floodplain administrators are charged with using it to reduce construction in the floodplain so rivers and streams can spread out, as needed. That keeps flood waters from flowing as fast or rising as high, which also reduces erosion.

Indiana's website explains the history of floodplain issues in the state and allows you to use mapping to check areas around the state. Surcharge is the difference between the flood elevation before and after encroachment. Surcharge must be less than 0.15 ft. (Photo from Indiana DNR)

But several on the
Drainage Task Force took
issue with the lack of notification given to property
owners about changes
to the DNR floodplain
maps. Updates to the state
maps meant some parcels
of land were no longer
determined to be in flood
zones, while others are
now located in newly-designated floodplains.

DNR water division director David Knipe maintained that the agency's new maps have been available online since 2018. It has been up to Hoosiers to access that data on their own.

Now, however, FEMA is in the process of updating federal maps, beginning with Wells County. New map adoptions are expected in other Indiana counties in the coming years.

As a part of that process, a public hearing is held when maps change. If property owners don't like the maps proposed, they can hire a surveyor or engineer to refute them, although industry representatives said Wednesday that appeal could cost Hoosiers upwards of \$20,000.

Knipe said about 2,000 fliers were sent out about the informational meeting to Wells County property owners affected by floodplain designation changes, but that only 50 people

showed up.
Abbott said the filers amounted to "mumbo jumbo" for many who received them: "They're not going to understand that their designation has now changed."

"Maybe we need to extend the time period where these people have a chance to respond and have their properties checked," he added. "Whether we disregard the maps or we delay the maps, I don't think FEMA should be coming in adopting them yet."

Sen Jeff Raatz, R-Richmond, said property owners should be informed about the latest changes and have a chance to refute the maps before DNR sends them to the federal government.

"I'm protecting the property owner. I shouldn't have to pay to go to the federal government after the fact and ... defend my supposition that I'm not in the flood zone," he said, maintaining that while "maybe 90% to 95%" of DNR's maps are "absolutely accurate," some are still in contention and deserve to be refuted. "I don't think it's the role of government to just all of a sudden say, from the top down, that you're now in the floodplain without having any conversation with people who rightfully own that property."

Task force co-chair Sen. Jean Leising, R-Oldenburg, agreed that the DNR fliers didn't do enough to properly notify affected Hoosiers in Wells County. She said she's concerned that, unless changes are made, thousands of Hoosiers will remain under-informed.

"I think the flier obviously wasn't as effective as it needed to be because otherwise more than 50 people would have come if they would have understood the ramifications of what it might mean to their property values and for their ability to build," she said at Wednesday's meeting. "I think it's wrong that we have taken away people's property rights without any of them knowing it."

Insurance matters and implications

Knipe said there are more than 2.5 million households in Indiana, but only 17,390 flood insurance policies in effect. Most, but not all, are actually located within a floodplain.

Any property owner in a community that participates in the National Flood Insurance Program (NFIP), no matter what floodplain they are in, can purchase flood insurance. Not every Hoosier community takes part in the program, but the majority do, he said.

Ross Teare with the Indiana Bankers Association said his industry "relies solely on FEMA floodplain maps, rather than DNR mapping," because that's all that is required by federal law when determining whether flood insurance is needed.

He said FEMA maps enable banks to establish whether a property falls within a designated flood zone. When it does, federal regulation mandates that the property owner maintain flood insurance. Banks are responsible for ensuring that borrowers adhere to the requirements when they provide loans.

A lender is required to notify property owners at least 10 days ahead of closing, but many banks alert clients as soon as the purchasing process begins, Teare said.

If maps are updated, like in Wells County, banks are required by federal law to notify property owners that they are now in a floodplain zone and are required to have floodplain insurance, Teare added.

"We just want the most accurate maps available because our interests need to be protected when it comes to mortgages, and we need to know where the floodplains are," he said before the task force.

Wayne Capek, president and CEO of Brownsburg-based Floodplain Consultants, which represents about 60% of the banks in Indiana, said nearly all lenders use services like his to track floodplain map changes.

Floodplain Consultants is already keeping tabs on 1.2 million properties. If a FEMA map change goes into effect, Capek said his company will notify lenders within 30 to 60 days that the property is now in a special flood hazard area and flood insurance is required.

Capek said flood insurance costs a Hoosier property owner, on average, anywhere from \$500 to \$1,000 annually through the federal insurance program, but varies depending on the property.

Michael Niland with the Insurance Institute of Indiana further said there is a private market for homeowners seeking flood insurance, but that can be even more expensive.

Other task force issues

Raatz recommended that any future changes to floodplains in Indiana would require meetings at the county level, with all affected individuals, "to make sure there are no errors."

"The issue for me is not that things are either in the floodplain, it's the process ... and how we notify property owners," he said.

Knipe said the DNR is "not adverse" to a beefed up notification process about future changes to the best available floodplain maps, but he cautioned that more requirements can become "quite a burden" for agency staff.

"I mean, do we knock on people's doors and tell them they're in a floodplain?" he asked.

Rep. John L. Bartlett, D-Indianapolis, additionally echoed others who suggested that information about floodplain mapping should be sent out with property tax bills.

Jeff Healey, a supervisor for the Hendricks County Soil and Water Conservation District and member of the task force, said DNR mapping should be "ground truth" to make sure that the previous surveying has accurately reflected the ground surfaces. Doing so would require boots on the ground, which Knipe said the agency "certainly doesn't have enough staff for."

Nearly two dozen other recommendations have also been submitted by task force members, so far. That includes proposals related to permitting, ditch mapping, updates to the state's drainage handbook and jurisdictional responsibility changes for the DNR and Indiana Department of Environmental Management.

The task force must make final recommendations by the end of the

month.
Ahead of the 2024

legislative session, the committee was tasked with reviewing the responsibilities of landowners and state and local authorities under newly enacted Indiana legislation and recent U.S. Supreme Court decisions.

Members are also seeking to determine:

- whether authority over drainage matters is shifting from county drainage boards to state authorities
- the extent to which the state's drainage laws align with conservation and pollution control objectives
- whether the delays and costs associated with regulatory requirements applying to farm conservation projects are too great
- whether floodway permit requirements should apply to the installation of fences and the removal of embedded tree limbs and stumps on farmland located in floodways
- whether the balance between state authority and local authority over drainage of agricultural land favors state authority more in Indiana than in neighboring states

The committee consists of 19 members, including six members of the Indiana Senate, six members of the Indiana House of Representatives and seven governor-appointed indi-

During the task force's last meeting, in September, members largely focused on breaking down Senate Enrolled Act 242, which passed during the 2023 session and changed how Indiana's floodplains are mapped.

The legislation nixed a provision in state law that required floodplain administrators to use the "best floodplain mapping data available" when reviewing an application for a construction permit in or near a floodplain.

It also allows a property owner to request a review by the DNR of the mapping data that applies to their property. Agency officials said the agency will complete the review and data analysis in 120 days at no cost to the requestor.

SEA 242 further requires the floodplain administrator of a county or municipality to complete certain training by June 30, 2025. There are currently 310 administrators throughout the state, according to DNR officials. The agency has already contacted those individuals via email and mailed letters about the new requirement.

Sellers are additionally required to disclose whether a property is located within the FEMA floodplain maps.

A lifelong Hoosier, Casey Smith previously reported on the Indiana Legislature for The Associated Press. Internationally, she has reported on water quality across South America. She holds a master's degree in investigative reporting and narrative science writing from the University of California/ Berkeley's Graduate School of Journalism. She previously earned degrees in journalism, anthropology and Spanish from Ball State University, where she now serves as an instructor of journalism.

Sunday, Oct. 15, 2023 Have a favorite remedy you want to share? Send it to news@thepaper24-7.com

Quick, Easy Recipes to Add to Your Dinner Rotation



Poached Egg Tostadas with Avocado-Tomatillo Salsa

Simple, nutritious meals to make more time for family

aking time for meals together can have a positive impact on the well-being of families, including children and adolescents. In fact, regular meals at home can help reduce stress and boost self-esteem, according to research published in "Canadian Family Physician."

Mealtime conversations are also a perfect opportunity to connect with your loved ones. A study published in "New Directions for Child and Adolescent Development" showed these conversations help improve children's vocabularies more than being read aloud to.

Making time for meals together shouldn't require spending all night in the kitchen, however. A simple-to-prepare

ingredient like eggs can help you spend less time cooking and more time with family.

For example, these heart-healthy recipes for Poached Egg Tostadas with Avocado-Tomatillo Salsa, Sweet Potato Hash with Eggs and Poblano Frittata from the Healthy for Good Eat Smart initiative, nationally supported by Eggland's Best, are ready in 15 minutes or less. They include a wide variety of vegetables, fruit, whole grains and healthy protein sources, which are recommended by the American Heart Association to help prevent heart disease and stroke.

Poblano Frittata

Servings: 4 (2 wedges per serving)

- 4 large eggs 1/4 cup fat-free milk
- 2 tablespoons chopped fresh cilantro
- 1 teaspoon olive oil
- 2 medium poblano peppers, seeds and ribs
- discarded, chopped 2 cups frozen whole-kernel
- corn, thawed 2 medium green onions, chopped

1/4 cup finely shredded Cotija cheese or crumbled queso fresco

1 medium tomato, chopped 1/4 cup fat-free sour cream

In medium bowl, whisk eggs, milk and cilantro.

In medium skillet over medium heat, heat oil, swirling to coat bottom of skillet. Cook poblano peppers 3 minutes, or until browning on edges, stirring frequently.

Stir in corn and green onion. Reduce heat to medium-low and

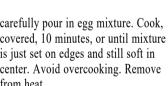
To find more tips for family mealtimes and recipe

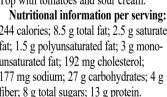
inspiration, visit heart.org/eatsmart.

carefully pour in egg mixture. Cook, covered, 10 minutes, or until mixture is just set on edges and still soft in center. Avoid overcooking. Remove

Sprinkle with cheese. Cut into eight wedges. Place two wedges on each plate. Top with tomatoes and sour cream.

244 calories; 8.5 g total fat; 2.5 g saturated fat; 1.5 g polyunsaturated fat; 3 g monounsaturated fat; 192 mg cholesterol; 177 mg sodium; 27 g carbohydrates; 4 g fiber; 8 g total sugars; 13 g protein.







Sweet Potato Hash with Eggs

Servings: 4 (1 cup per serving)

- 2 teaspoons canola or corn oil
- 1/2 medium onion, chopped 4 medium sweet potatoes, peeled
- and cut into 1/2-inch cubes
- 1/2 medium red or green bell pepper, chopped
- 2/3 cup fat-free, low-sodium vegetable broth
- 2 teaspoons minced garlic
- 2 teaspoons smoked paprika 1 teaspoon ground cumin

1/2 teaspoon dried thyme, crumbled

1/2 teaspoon coarsely ground pepper 1/8 teaspoon salt 4 large eggs

hot pepper sauce (optional)

In pressure cooker set on saute, heat oil. Cook onion 3 minutes, or until soft, stirring frequently. Turn off pressure cooker.

Stir in potatoes, bell pepper, broth, garlic, paprika, cumin, thyme, pepper and salt. Secure lid. Cook on high pressure 3 minutes. Quickly release pressure. Turn off pressure cooker.

Remove pressure cooker lid. Crack one egg into small bowl. Using back of

spoon, make small well in potatoes. Slip egg into well. Repeat with remaining eggs, making separate well for each egg. Secure lid with pressure vent open. Saute 2 minutes. Let stand on "keep warm" setting 2 minutes, or until eggs are cooked to desired consistency.

Serve hash sprinkled with dash of hot pepper sauce, if desired.

Nutritional information per serving: 258 calories; 7.5 g total fat; 2 g saturated fat; 1.5 g polyunsaturated fat; 3 g monounsaturated fat; 186 mg cholesterol; 244 mg sodium; 39 g carbohydrates; 6 g fiber; 9 g total sugars; 10 g protein.



medium avocado, diced

discarded, diced

1/2 medium tomato, diced 1/4 cup diced red onion 1/4 cup chopped fresh cilantro 2 tablespoons fresh lime juice

1/8 teaspoon salt

Transfer to serving plates.

Serve with tostadas.

2 g total sugars; 9 g protein.

medium garlic clove, minced

spray foil with nonstick cooking spray.

1 medium Anaheim or poblano pepper, seeds and ribs

Preheat oven to 400 F. Line baking sheet with aluminum foil. Lightly

Arrange tortillas in single layer on foil. Lightly spray tortillas with

nonstick cooking spray. Using fork, pierce tortillas to prevent from

In large skillet over high heat, bring water and vinegar to boil.

then carefully slip egg into simmering water. Repeat with remaining

To make salsa: In medium bowl, gently stir together avocado,

pepper, tomatillo, tomato, red onion, cilantro, lime juice, garlic and salt.

Nutritional information per serving: 185 calories; 11 g total fat;

2.5 g saturated fat; 3 g polyunsaturated fat; 5 g monounsaturated fat;

186 mg cholesterol; 169 mg sodium; 15 g carbohydrates; 3 g fiber;

Using slotted spoon, drain eggs. Place each egg on tostada.

Once water is boiling, reduce heat and simmer. Break egg into cup

eggs, avoiding eggs touching in water. Simmer 3-5 minutes, or until egg whites are completely set and yolks are beginning to set but aren't hard.

filling with air. Bake 5-6 minutes on each side, or until golden brown.

medium tomatillo, papery husk discarded, washed and diced

Sweet Potato Hash with Eggs

Have a favorite recipe you want to share? Send it to news@thepaper24-7.com

Support Your Immune System

Immune-Boosting Green Grape Smoothie

Prep time: 5 minutes Servings: 1

> 1 cup green Grapes from California, chilled



FAMILY FEATURES

atching a cold or getting the flu can happen any time of year, but the height of cold and flu season requires extra precaution. Flu activity often increases in the fall and peaks between December and January, according to the Centers for Disease Control and Prevention.

Staying completely healthy throughout cold and flu season can't be guaranteed, but, along with following guidance from your health care provider, dietary and lifestyle changes can help optimize your immune system and well-being.

Eat Healthfully

Eating a healthy diet is essential for optimizing your immune system. Many experts recommend consuming whole foods and plant foods like fruits, vegetables, nuts, seeds and legumes as well as whole grains. These foods contain beneficial plant compounds linked to health benefits in humans. Consider one prime example, fresh grapes, and how they may support immune health.

- At the most basic level, healthy cells are the foundation of good health. Natural grape compounds, including antioxidants and other polyphenols, help protect the health and function of the body's cells.
- Studies suggest some grape compounds resveratrol and certain flavonoids – may positively influence immune function.
- Additional studies show adding heart-healthy grapes to your daily diet can help support brain, colon and skin health. Maintaining healthy bodily systems is essential to defending against illnesses.
- Grapes are a good source of vitamin K, which may help support lung health.

An easy way to incorporate healthy foods into your diet is with simple recipes like this Immune-Boosting Green Grape Smoothie that contains additional nutritious ingredients that support immune health like spinach, walnuts and Greek yogurt.

Stay Hydrated

Drinking plenty of water is important for staying hydrated, which helps your immune system by keeping the body's defenses functioning properly. In addition to water, you can increase hydration by eating foods with high water content like Grapes from California, which contain about 82% water.

Exercise Regularly

Getting your blood pumping with a little exercise can help improve immune response and reduce inflammation, according to a scientific review from the "Journal of Sport and Health Science." Look toward aerobic activities like moderate-intensity walking, jogging and biking to increase the heart rate and encourage circulation of immune cells.

Practice Good Hygiene

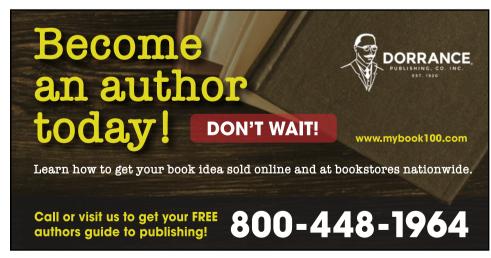
You can protect yourself and others at the same time by taking preventive measures, like practicing good hygiene, to avoid spreading germs. At the most basic level, limit contact with others who are sick, cover your nose and mouth with a tissue while coughing or sneezing and wash your hands using soap and water.

Manage Stress

Stress can have a negative impact on many aspects of your health and wellness, including limiting your body's ability to fight off infection. You can lower stress by practicing deep breathing or meditation and developing good habits like eating right, exercising and getting enough sleep. For late night snacking urges, choose foods such as grapes that are a natural source of melatonin, a compound which helps regulate sleep cycles. Talking with someone you trust, whether it's a friend, family member or mental health professional, can help relieve stress as well.

Find more immunity-boosting recipes by visiting GrapesFromCalifornia.com.









Have a favorite remedy you want to share? Send it to news@thepaper24-7.com



Raspberry Streusel Muffins

Whole Grain for a **Healthy Heart**

FAMILY FEATURES

ating healthy is a priority for many Americans but knowing where to start and with what foods may be a little trickier. One way to level up the nutritional value of your meals is to better understand whole grains and why they are important for a

heart-healthy diet. As a key feature of heart-healthy diets, whole grains like sorghum, oatmeal and brown rice are rich sources of dietary fiber, may improve blood cholesterol levels and provide nutrients that help

the body form new cells, regulate the thyroid and maintain a healthy

immune system. However, according to a survey by The Harris Poll on behalf of the American Heart Association, U.S. adults are least knowledgeable about refined vs. whole grains compared to other foods like fruits, vegetables and proteins. Also, when asked to identify whole grains and refined grains, most adults incorrectly believe multi-grain bread is a whole grain and only 17% believe sorghum is an example of a whole grain when

it is, in fact, a nutritious wholegrain option.

If you're looking to try more whole grains, sorghum is a primary ingredient in these heart-healthy recipes for Pancakes with Blueberry Vanilla Sauce, Raspberry Streusel Muffins and Garden Vegetable Stir-Fried Sorghum. These flavorful dishes can be part of an overall healthy diet as recommended by the American Heart Association's Healthy for Good initiative,

supported by the Sorghum Checkoff. Find more heart-healthy meal ideas at Heart.org/healthyforgood.

Recipe courtesy of the American Heart Association and Sorghum Checkoff Servings: 12 (1 muffin per serving)

Muffins:

- Nonstick cooking spray 1 1/2 cups whole grain sorghum flour
- teaspoon ground cinnamon
- 3/4 teaspoon baking soda
- 3/4 cup low-fat buttermilk 1/3 cup firmly packed light
- brown sugar
- large egg whites 1/4 cup canola or corn oil
- teaspoons grated lemon zest teaspoon vanilla extract

cup fresh or frozen unsweetened raspberries, thawed if frozen

Streusel:

- 2 tablespoons whole grain sorghum flour
- tablespoons light brown sugar 2 tablespoons uncooked quick-
- cooking rolled oats tablespoons chopped pecans
- tablespoons light tub margarine 1/2 teaspoon ground cinnamon

400 F. Lightly spray 12-cup muffin pan with nonstick cooking spray.

In large bowl, stir sorghum flour,

cinnamon and baking soda. In medium bowl, whisk buttermilk, brown sugar, egg whites, oil, lemon zest and vanilla. Stir into flour mixture until batter is just moistened and no flour is visible without overmixing. Spoon batter into muffin cups. Top each muffin with raspberries.

To make streusel: In small bowl, stir sorghum flour, brown sugar, oats, pecans, margarine and cinnamon to reach texture of coarse crumbs. Sprinkle over muffins, gently pushing into batter. Bake 16 minutes, or until wooden toothpick inserted in center comes out clean. The USDA recommends cooking egg dishes to

Transfer pan to cooling rack. Let stand 5 minutes. Carefully transfer muffins to rack. Let cool completely, about 20 minutes.



Pancakes with Blueberry Vanilla Sauce

Pancakes with Blueberry Vanilla Sauce

Recipe courtesy of the American Heart Association and Sorghum Checkoff Servings: 4 (2 pancakes, 1/4 cup sauce and 2 tablespoons yogurt per serving)

- 2 teaspoons cornstarch
- 1/3 cup water
- 1 cup blueberries
- 1 tablespoon sugar 1 1/2 teaspoons vanilla extract

Pancakes:

- 1/2 cup quick-cooking rolled oats 1/2 cup whole grain sorghum flour
- 1 1/2 tablespoons firmly packed light

1 tablespoon canola or corn oil

- brown sugar 1 1/2 teaspoons baking powder
- 1/2 cup fat-free milk 1/2 cup unsweetened applesauce

1 large egg

1/2 teaspoon ground cinnamon

1/2 cup fat-free plain Greek yogurt

To make sauce: Put cornstarch in medium saucepan. Add water, stirring to dissolve. Stir in blueberries and sugar. Bring to boil over medium-high heat. Boil 1-2 minutes, or until sauce thickens slightly. Remove from heat. Stir in vanilla. Cover to keep warm. Set aside. To make pancakes: In medium bowl, stir oats, sorghum

flour, brown sugar, baking powder and cinnamon.

In small bowl, whisk milk, applesauce, egg and oil. Stir into flour mixture until batter is just moistened and no flour is visible without overmixing.

Heat nonstick griddle over medium heat. Test temperature by sprinkling drops of water on griddle. Griddle is ready when water evaporates quickly.

Pour 1/4 cup batter for each pancake on griddle. Cook 2-3 minutes, or until tiny bubbles appear on surface and bottoms are golden brown. Flip pancakes. Cook 1-2 minutes, or until cooked through and golden brown on bottoms. The USDA recommends cooking egg dishes to 160 F.

Transfer pancakes to plates. Spoon sauce over pancakes. Top each serving with 2 tablespoons yogurt.

Garden Vegetable Stir-Fried Sorghum

Recipe courtesy of the American Heart Association and Sorghum Checkoff Servings: 4 (1 1/2 cups per serving)

- 1 cup uncooked whole-grain sorghum
- 2 teaspoons toasted sesame oil
- 2 medium garlic cloves, minced
- 1 teaspoon gingerroot, peeled and minced
- 1 cup fresh or frozen broccoli florets, chopped, thawed if frozen
- 1 cup snow peas, trimmed and halved
- 1/2 cup carrot strips, sliced into matchsticks 1/2 cup red bell pepper, diced
- 1/2 cup button mushrooms, thinly sliced 1/2 cup frozen shelled edamame, thawed
- 2 large eggs 2 tablespoons low-sodium soy sauce, divided
- 1/2 cup water chestnuts, rinsed and drained 1/4 cup green onions, diagonally sliced

Prepare sorghum using package directions, omitting salt. Once cooked, spread sorghum in even layer on rimmed baking sheet or 13-by-9-by-2-inch baking dish. Let stand 5-10 minutes at room temperature. Refrigerate,

uncovered, 20 minutes, or until cool. In large nonstick skillet over medium heat, heat oil, swirling to coat bottom. Cook garlic and gingerroot 30 seconds, stirring frequently. Increase heat to medium-high. Cook broccoli, snow peas, carrots, bell pepper, mushrooms and edamame 10-12 minutes, or until vegetables are tender-crisp, stirring frequently.

In small bowl, using fork, beat eggs and

1 tablespoon soy sauce. Reduce heat to medium. Stir water chestnuts and sorghum into vegetable mixture. Push mixture to sides of skillet. Pour egg mixture into center of skillet. Using heatproof rubber scraper,

stir 1-2 minutes, or until partially set. Stir vegetable mixture into partially cooked egg mixture. Cook 1 minute, or until eggs are cooked through and sorghum is heated through, stirring constantly. The USDA recommends cooking egg dishes to 160 F.

Remove from heat. Stir in remaining soy sauce. Sprinkle with green onions.



Garden Vegetable Stir-Fried Sorghum

Have a favorite recipe you want to share? Send it to news@thepaper24-7.com

5 COZY WAYS

TO ADD WARMTH TO COLD-WEATHER MEALS

FAMILY FEATURES

hen the winds howl and the chill of changing seasons brings a crispness to the air, one way to warm up from the inside out is with favorite foods. Filling up on comforting recipes like hearty soups and stews can be the solution you need to fight off cold temperatures.

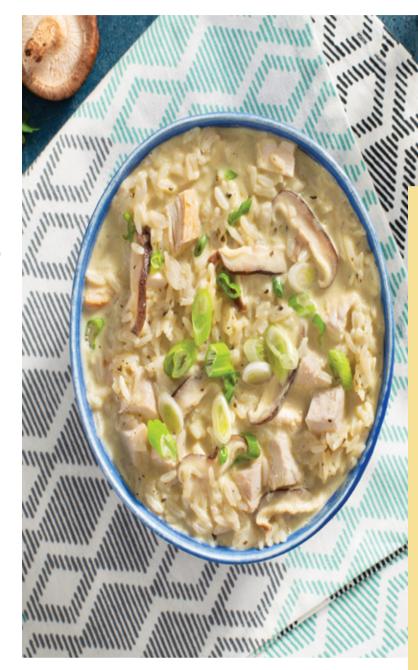
Consider quick and easy ingredients that add a little warmth to your plate as the cravings for comfort kick in.

Cheese

A family favorite in recipes yearround, ooey-gooey cheese is a hallmark of cool-weather recipes. Consider creamy mac and cheese mixed with your preferred protein, homemade Mexican cuisine topped with melted chile con queso or an appetizer plate with options like brie, Manchego, aged cheddar, Parmesan and more.

Rice

If you're craving a meal that's big on flavor but short on prep time, it's hard to top the classic comfort food combo of chicken and rice. This Parmesan Chicken and Rice with Spinach and Artichoke starts with the homestyle taste of fully cooked Minute Chicken & Herb Seasoned Rice Cups with carrots, onion and garlic. The BPA-free cups offer a quick and flavorful option for an on-the-go power-up loaded with chicken, vegetables and herbs paired with hearty rice. Ready in only 1 minute, you can enjoy the flavored rice right out of the cup or prepare it as part of this 5-minute recipe on a busy weeknight.



Pasta

Whether you prefer spaghetti or penne, bowtie or stuffed shells, pasta provides a simple base for delicious meals loaded with comforting ingredients. For an easy weeknight meal, just choose a type of pasta, sauce and protein to put dinner on the table in 30 minutes or less.

Curry Paste

Available in many varieties, curry paste is a common ingredient in South Asian dishes. It typically consists of ingredients like garlic, chiles or peppers, ginger and lemongrass. When you'd like to add some spice to your menu without bothering with takeout, this Thai Chicken and Rice Soup calls for green curry paste, which is generally spicier than red or yellow versions, but any can be substituted based on your heat tolerance. You can

Thai Chicken and Rice Soup

Prep time: 2 minutes Cook time: 5 minutes Servings: 1

- 1 Minute Ready to Serve Cilantro & Lime Jasmine Rice Cup
- 1/2 cup (3 ounces) cooked rotisserie chicken, chopped
- 1/2 cup chicken broth 1/2 cup coconut milk
- 1 tablespoon Thai green curry paste 3 small shiitake

thinly sliced

mushrooms, thinly sliced 1 green onion,

Heat rice according to package directions.

In medium, microwavesafe bowl, combine chicken, broth, coconut milk, curry paste and mushrooms.

Microwave on high
3 minutes. Stir in rice and garnish with green onion.

take the dish up a level with lightly seasoned Minute Cilantro & Lime Jasmine Rice for zesty flavor in a BPA-free, microwaveable cup for a simple solution when life gets hectic and preparing a time-consuming meal becomes challenging.

Cayenne

Serving up a touch of spice in a wide variety of favorite recipes can be as easy as adding ground cayenne. Made of dried cayenne peppers finely ground to a powder, it's commonly used in dishes ranging from deviled eggs and pastas to shrimp and barbecue as an easy way to add a warming kick to cold-weather meals.

Find more comfort food recipes at MinuteRice.com.

Parmesan Chicken and Rice with Spinach and Artichoke

Prep time: 5 minutes Cook time: 5 minutes Servings: 1

Servings: 1

1 Minute Chicken & Herb Seasoned

Rice Cup

- 1 tablespoon olive oil
- 1 cup spinach, stems removed2 ounces chicken, cooked and shredded
- 1/4 cup canned artichokes, drained and quartered

1/4 cup shredded Parmesan cheese

Heat rice according to package directions.

In medium saute pan over medium heat, heat olive oil. Add spinach and saute 1 minute.

Add chicken and artichokes; saute 2 minutes, or until heated through.

Add cheese and rice; stir to combine until heated through.

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The Paper

Sunday, Oct. 15, 2023 D1

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Cutting And Enjoying Fall Perennials



MELINDA MYERS Columnist

Fall is a great time to add trees to your landscape. Not only do they provide shade, remove pollutants from the air, and help manage stormwater; but many also provide food for bees. Keep this in mind when selecting and planting new trees in your yard now and in the future.

Fruit trees are probably the first "bee" trees that come to mind. These spring flowering trees provide nectar and pollen many native bees, bumblebees and honeybees prefer. They also provide food and habitat for songbirds and other wildlife and fruit for us to enjoy. Many are grown on dwarfing rootstocks, allowing small-space gardeners the opportunity to grow these in their gardens and containers. Just make sure the plants selected are hardy for your location and have the varieties needed for pollination and fruit formation to occur.

Don't overlook the North American native maples that bloom in early spring before most other plants are flowering. Their nectar and pollen provide a welcome food source for native bees and honeybees. Select the maple best suited to your growing conditions and available space.

Another spring bloomer is black tupelo (Nyssa sylvatica). Its highly prized honey is made by



Photo courtesy of MelindaMyers.com

A bee on the white flowers of a seven-son flower tree (Heptacodium miconoides).

bees visiting the black and water tulepo (Nyssa aquatica). Black tupelo, also known as black gum or sour gum, is hardy in zones four to nine and is an excellent tree for supporting wildlife as well as bees. Water tupelo is a favorite of beekeepers and can be found growing in rivers or coastal swamps but is seldom seen in home landscapes.

Serviceberries (Amelanchier) are a four-season plant with spring blooms, fall color, and attractive bark in winter. These, along with crabapples and hawthorns, are popular ornamental landscape plants with flowers that support pollinators and fruit for the songbirds. Always look for disease-resistant cultivars when selecting the best crabapple for your garden.

The North American native yellowwood (Cladrastis kentukea) is a medium-sized shade tree with attractive spring flowers. It provides winter interest in the landscape, nesting sites for songbirds, and high-quality pollen for bees and other pollinators.

Boost your summer garden's bee appeal with the addition of sourwood (Oxydendrum arboreum), also known as Lily of the Valley tree and sorrel tree. The fragrant and showy flowers appeal to bees and other pollinators. Its ornamental fruit capsules feed songbirds while adding ornamental interest to the fall foliage display and winter garden.

End the season with a burst of fragrance and nectar-rich flowers for the bees, monarch butterflies, and other pollinators with the addition of the seven-son flower tree (Heptacodium miconioides). Once the flower petals fade and drop, the colorful calyx remains adding a vivid cherry red to rose-purple color to the fall landscape. The exfoliating bark adds yearround interest and texture to the garden.

These are just a few of the many bee-friendly trees suitable for home gardens. Try to include a variety of trees so

your landscape provides needed nectar and pollen throughout the season or those that fill the flowering voids in your existing landscape.

Don't worry if you have no time to plant trees this fall. Take advantage of the winter to do a bit more research on the best trees for your garden. Then locate potential planting spots with space to accommodate the tree's mature size and the right growing conditions to help it thrive. Visit your local nursery in early spring and get started planting.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.MelindaMyers.com.



Photo provided

Flower Bulb Planting Party

It's almost that time of the year again: time to plant flower bulbs. If you turn the planting into a fun event, you will be finished in no time. Pick a nice day with some glorious fall sunshine, and ask someone to help. You can turn planting into a real garden party with your partner, neighbors, and kids. Make sure you have some sweet treats and coffee and tea to hand, and enjoy the outdoors together.

Getting ready

A bulb-planting event starts with deciding which bulbs you want to plant. Do you like quiet colors in two or three shades, or do you prefer a wild mix? You might want to give someone the bulb planting experience as a gift with a difference? If you need some ideas, you will find loads in gardening magazines and on social media. Once you have made your choice, it's time to buy your bulbs at a garden center or order them online, and pick a beautiful sunny fall day.

Exploring nature is also a lot of fun and very educational for children. Involve them in the process of choosing and let them plant the bulbs in a fun shape or in a pot they have painted themselves. Flower bulb planting

If you pick a sunny fall day, you can top up your vitamin D supply as you work. It will make you happy!

For a natural effect in spring, try mixing things up by planting different bulbs together in a large planter or wheelbarrow, and scatter some bulbs all around the border. Then plant them wherever they

Rake the soil to loosen it in the spot where the bulbs will be planted.

Make a hole in the soil, about three times as deep as the size of the bulb.

Plant the flower bulbs in the hole with their pointed sides facing up. Cover the flower bulbs

with the soil dug from the Water immediately after planting, to let the bulbs know it is time to start rooting. The sooner the roots are formed, the

able to tolerate frost. So, you really don't need green fingers to be able to plant bulbs. Anyone can do it, young or old!

better the bulbs will be

More information about flower bulbs is available at www.flowerbulbs.com.

Flower Bulbs: Sleeping **Beauties During Winter**

If you want a garden filled with flowers in spring, plant bulbs and tubers in fall. As they rest beneath the soil during winter, they are getting ready to shine in spring.

Beauty sleep

Spring-flowering bulbs need a cold period to be able to bloom in spring. That is why you should plant them in fall, before the first frost, in your garden or in containers and pots. Planting them in fall gives the bulbs plenty of time to develop strong roots and get ready for lavish flowering in the spring.

Shining in spring

You can plant bulbs in groups or in a random mixed pattern, to create a natural look in the garden. To achieve this effect, choose different types of bulbs and scatter them around your garden. Plant the bulbs in the soil wherever they end up landing. The explosion of flowers in spring will be something to behold.

Coming back better every year

Flower bulbs that come back year after year are called naturalizing bulbs. You can simply leave them in the soil after flowering. They will flower again the following year, and they can even multiply. If you want to have naturalizing bulbs in your garden,

keep an eye out for them in the shop. The packag-

ing will often state this. **Storing your bulb** beauties

Not all bulbs can be left in the soil. But if you want to enjoy the bulbs again the following year, you can cut off the wilted flowers. Once the stem and leaves have also died off, remove the bulbs from the soil and put them in a cardboard box. Before storing, remove the old roots and skin from the bulbs and place them in a dark, dry and cool place such as a cellar, separated with newspaper. You can then plant the bulbs again in the fall, ready for flower-

ing next spring. Tips

Go for loads of bulbs if you are after a real sea of flowers in your garden in spring.

To make sure you have flowers in the garden for a long period of time, you can match different bulbs based on their flowering period. You could alternate with early bloomers such as crocuses (January/February) and late bloomers such as alliums (May/June).

Plant the bulbs twice as deep as they are tall, with the tip up.

More information

about flower bulbs is available at www.flowerbulbs.com.

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CenterPoint Energy Natural Gas Bills Expected To Be More Than 15% Lower When Compared To Last Winter

CenterPoint Energy's Indiana North natural gas territory today announced customers should expect a more than 15% decrease in their natural gas bills when compared to those of last winter, assuming normal winter weather, due primarily to stabilization of the natural gas market. Last winter season, higher and more volatile natural gas prices impacted utilities across the state and country. Decreased and stable natural gas prices should assist customers' bill amounts to remain lower this heating season.

This year, based upon expected natural gas commodity costs and normal winter weather, customers can expect to pay on average \$100 a month, over the 5-month heating season of November through March. By comparison, last year's average bill amount for the 5-month period was around \$125 a month.

"With the decrease in natural gas prices, assuming our region experiences normal weather this heating season, customers should expect a notable decrease in their bills compared to last season," said Ashley Babcock, Vice President, Indiana and Ohio Gas. "However, we recognize some customers might still face financial hardship this heating season, and we want to encourage them to contact us for options to assist in managing costs prior to their first bill of the heating season."

CenterPoint Energy utilities are not allowed to markup, nor profit, from the purchase and sale of natural gas. Natural gas is a commodity bought and sold in a national deregulated market where prices fluctuate daily due to sup-

ply and demand pressures. Only gas costs actually incurred and approved by the Indiana Utility Regulatory Commission are recovered from customers. CenterPoint Energy purchases natural gas on behalf of its customers and then passes those costs on to customers through the gas cost adjustment, which is listed on the bill as "Gas Cost Charge.'

Natural gas continues to be the most affordable heating source. In fact, CenterPoint Energy gas customers who heated their homes with natural gas last year saved up to \$1,077 compared to those who heated their homes with propane and up to \$553 to \$1,742 compared to those who heated with an electric heat pump or electric furnace, respec-

tively. It is important to remember bills will vary by customer depending on the size and age of the home, number of gas appliances, number in the household, thermostat settings and levels of insulation. Customers are encouraged to take advantage of Center-Point Energy's array of payment assistance options as well as energy-saving

tips and energy efficiency

programs to help mitigate the impact to bills.

CenterPoint Energy has in place several tools to help customers manage their energy bills.

• Energy Assistance Program (EAP): State and federal utility assistance dollars are available for income-eligible customers. Those that fall within 60 percent of state median income should visit their local community action agency to sign up for the EAP. To apply for the EAP, customers should call 1-800-872-0371 to locate their nearest community action agency. Customers may also apply any time at the Indiana Housing and Community Development Authority website at www.

EAP.ihcda.in.gov. Universal Service Program (USP): All eligible natural gas heating customers who apply and qualify for EAP will automatically be enrolled in the USP, which provides additional gas bill reductions that range from 15 to 32 percent of the total bill received (not including EAP benefits) in the months of December through May. The USP, which has been in place since 2005, is the result of a collaborative effort by CenterPoint Energy, Citizens Energy Group, the Indiana Office of Utility Consumer Counselor, Citizens Action Coalition and a group representing

• Due Date Extension and Payment Arrangement: These are two free

industrial customers.

offerings available to customers in need of a special payment plan to temporarily keep their service connected and better manage energy costs.

 Energy Efficiency Resources: CenterPoint Energy offers energy efficiency tips, appliance rebates and energy-saving tools to help customers lower their natural gas bills. All Indiana residential and small commercial natural gas customers are eligible. Visit www.centerpointenergy.com/smartsavings or call 1-866-240-8476 for a list of rebates, qualifying appliances and energy efficiency tips.

• Budget Bill: Under this billing plan, a customer's estimated costs for a year of gas service are spread in equal monthly bill amounts for the year. This leveling of monthly bill amounts reduces the need to pay the full amount in the winter and spreads some of those higher bill charges into the non-heating months. Amounts are adjusted each summer for actual costs, and the customer's credit or amount due rolls into the next Budget Bill payment for the next 12-month period. Customers can enroll for free on www.centerpointenergy.com or by calling 1-800-227-1376.

Customers needing further financial assistance are also encouraged to apply for programs available through local community action agencies and local non-profits.

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6 Ways to Weatherize Your Home

FAMILY FEATURES

changing of the seasons may mean adjustments to your routine and updates to your home decor, but it also brings **1** maintenance and upgrade opportunities for homeowners. As temperatures shift and seasonal weather rolls in, weatherizing can help you conserve energy, save money and improve comfort all while protecting the exterior (and interior) of your home from the elements.

This checklist from the door experts at Masonite, a global industry leader in interior and exterior doors and door systems, can help you keep the outdoors out.

Have Heating and Cooling Systems Inspected

Turn to the professionals to have your furnace and air conditioning inspected before temperatures change. They can make sure the system is working properly so you can have heat or cool air when you need it while conducting safety checks to keep your family safe from carbon monoxide leaks and other hazards. Plus, having your system inspected before any extreme weather means necessary repairs can be completed before you're relying on it for comfort.

Trim Trees

Your trees and shrubs might provide a beautiful aesthetic in spring and summer, but winter weather can turn them into hazards for your home. Heavy winds and snow and ice buildup can cause branches to break off and damage roofs, windows and more. Some experts recommend waiting until leaves fall to prune; be sure to research the types of trees on your property and understand the best maintenance methods to keep them healthy without putting your home at risk.

Replace Your Front Door

Living in a comfortable, energy-efficient home starts with keeping out rain, wind, cold and heat. For a protected and weather-proof home, consider replacing your front door with a premium alternative like the Masonite Performance Door System, designed to keep the outside out and the inside in. Available with a variety of exterior fiberglass doors in a multitude of styles, colors and finishes, including multiple glass options, the system's industry-leading 4-Point Performance Seal provides superior energy efficiency, performance and comfort. Plus, the system is backed by a 10-year limited full replacement warranty and available at home improvement retailers nationwide. Additional benefits include:

- A square edge door fits perfectly into its frame for a solid, energy
- A self-adjusting sill maintains its seal, adapting to imperfect or changing conditions.
- Adaptive weatherstripping made of high-end, low-wick memory foam snaps back into shape when bent or twisted, stopping air and water in its tracks.
- Enhanced corner pads stop upward water pressure and form a tight seal between sill, door panel and frame.

Clear Gutters

While it's a bit of a dirty job, clearing gutters of debris and buildup like leaves and twigs keeps the system running as it should. Gutters can't properly drain when they're blocked, which means water isn't being diverted properly. This leads to water spilling over and can cause problems ranging from mold or mildew to larger issues like foundation damage.





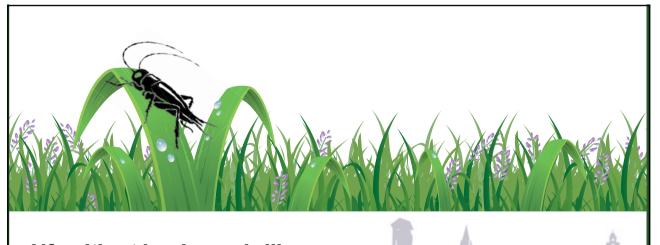
Secure Outdoor Furniture

It may cause a bit of sadness putting patio furniture away for the season, but it's an important step in protecting both the furniture itself and your home from high winds that can pick up during colder months or increased moisture during the rainy season. Some pieces may need stored away while others can simply be covered, but make sure to clean and carefully dry to avoid mold and mildew growth beforehand. Take advantage of the opportunity to thoroughly clean grease and grime off grill grates, repair damaged furniture items and clear the entire area of dirt and debris so everything's ready to be dusted off and enjoyed in the spring.

Hire a Roof Inspector

The roof is a critical component in keeping your home structurally sound. A professional can examine your roof for damage and assess anything that may need fixed or replaced ahead of winter weather or rain. This examination includes shingles, soffit, fascia, chimneys, gutters and more along with a check for signs of interior damage like water stains, mold, holes or wood rot.

Find more ways to weatherize your home and keep the outdoors out by visiting Masonite.com/Masonite-Performance-Door-System.



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Business Notes and NEWS

Sunday, Oct. 15, 2023 **F1**

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BLECTRO AERO

Photo courtesy of Electro. Aero

Aerovy, a Purdue-connected startup, has developed cloud-based software solutions to address power grid limitations and operational inefficiencies in the advanced air mobility sector. The company has completed an \$800,000 round of pre-seed funding and developed a partnership with Australia-based battery technology provider Electro Base, a subsidiary of Electro.Aero.

Aerovy, An Advanced Air Mobility Software Provider, Completes \$800,000 Pre-Seed Funding Round

Aerovy, a Purdue University-connected startup, has completed a round of funding and is expanding industry partnerships around the world. Aerovy develops cloud-based software solutions for the advanced air mobility, or AAM, sector, which includes electric-powered urban and regional aircraft.

CEO Nick Gunady said Aerovy has closed its round of pre-seed funding, raising \$800,000 from Purdue Innovates, M25 and the Flywheel Fund

"The closing of the pre-seed round represents a critical milestone in our missions to unlock the energy equation for AAM and airport electrification," Gunady said. "This will allow us to deploy to our customers and partners world-wide."

Gunady said Aerovy is planning a round of seed funding in 2024.

Funders' perspectives
Tyler Mantel, director,
Ventures, Purdue Innovates,
said, "Purdue has long been
at the forefront of innovation
in aviation, and we are proud
to play a role in nurturing the
groundbreaking technology
behind Aerovy. Investing
\$200,000 into their fundraising
round was not just a vote of
confidence in their vision, but a
testament to our belief in their
potential to revolutionize energy demand management."

Mike Asem, founding partner of M25, said, "We could not be more excited to join Nick Gunady and the Aerovy team on their exciting journey to enable the future of mobility. After many conversations with the team, as well as elite industry experts abroad, it is clear that Aerovy has unique technology with full potential to be a core component of the next wave of transportation infrastructure. As a Purdue alumnus myself, in addition to M25's focus on startups in the Midwest, we couldn't be happier about investing in this game-changing technology out of West Lafayette."

Brian Hatton, venture partner at Flywheel Fund, said,

"Flywheel is excited to support Nick Gunady and the Aerovy team with their mission to help the aeronautics industry plan for, monitor and optimize their clean energy production. We are observing dramatic changes in the energy industry and in the possibilities for electric air travel, with Aerovy at the nexus of the two. Our focus on supporting entrepreneurs in Indiana and the Midwest is really shining through with the investment in this game-changing technology."

New and expanded partnerships

Gunady also announced an expanded partnership between Aerovy and Electro Base, a leading provider of battery container technology. Electro Base is a subsidiary of Electro. Aero, an electric aviation charging technology company based in Perth, Australia. Aerovy and Electro. Aero had established a partnership in early 2023.

early 2023.
"Our continued partnership with Electro. Aero and this new strategic relationship with Electro Base highlights our commitment to advancing the charging landscape for AAM and beyond," Gunady said in a previous news story. "We're excited about the possibilities this collaboration unlocks for the future of sustainable transportation."

Aerovy had previously established worldwide partnerships with Altaport, an automation software company based in Salt Lake City, and Sky-Scape, a developer of vertiport infrastructure based in Osaka, Japan.

"Through this partnership with SkyScape, Aerovy will deploy cloud software solutions to the Integrated Aviation Center in Hokkaido, Japan," Gunady said. "Aerovy has additional plans to deploy around the world, including to sites in Paris, Singapore, Dubai and California."

Gunady said Aerovy also has recently launched additional new partnerships with Apricus Energy Partners and Volatus Infrastructure & Energy Solutions. He said the company is

open to additional industrial collaborations.

Aerovy's software solutions Aerovy has developed AAT-LAS and VEMS, two software solutions that address obsta-

solutions that address obstacles to advanced air mobility: power grid limitations and operations.

"The AATLAS planning software identifies locations that would attract the most demand, so operators would be able to make back their investments quickly," Gunady said. "It also assesses the expected usage over time, simulating charging events minute by minute throughout the day. We can size power generation and storage assets, which enables end users to reduce dependence on the grid."

VEMS operational software automatically connects users with all their assets at infrastructure sites, including chargers and off-grid energy systems.

"Customers will have full control over their infrastructure site without physically needing to be there," Gunady said. "We have built automation tools to remotely connect with aircraft, charge vehicles, minimize grid cost and dynamically price without any user input."

Aerovy's cloud-based software suite is based on work by Purdue graduate and undergraduate students, including Gunady, who is an alumnus of Purdue's School of Aeronautics and Astronautics and research assistant in Purdue's Center for Integrated Systems in Aerospace. The team won the 2022 Smart Connected Aviation Student Competition, a Federal Aviation Administration contest, with its entry "Advanced Air Mobility as an Electric Grid Demand Response Asset.'

Gunady and his team disclosed the software innovations to the Purdue Innovates Office of Technology Commercialization, which applied for intellectual property protection for the work. OTC issued Aerovy an exclusive license to manufacture and sell the technologies.

Wabash Ranked In Top 50 Nationally In Payscale College Salary Report



Wabash College continues to rank among the best colleges and universities nationally when it comes to the salaries its graduates earn.

According to the 2023 Pay-Scale.com College Salary Report, Wabash graduates rank No. 48 in the all-alumni category – alumni who earned a bachelor's degree, including those who went on to earn additional degrees at any school—with an early-career salary listing of \$78,700 and a mid-career salary of \$159,900.

"Research shows that paid internships boost salaries and confidence in pursuing careers, even one year after graduation and Wabash has offered an average of about 200 paid internships each summer in recent years," said Cassie Hagan, director of professional development and the Center for Innovation,

Business, & Entrepreneurship. "Our graduates have had access to invested career mentors, paid internship opportunities, and an education that prepares them for career mobility. Leadership experience afforded to Wabash students likely contributes to higher mid-career salaries, since management responsibilities often factor into salary as well."

Wabash graded well among graduates who earn only a bachelor's degree, ranking 96th nationally among all institutions according to the salary graduates can earn. Based on this ranking, Wabash graduates earn \$74,200 in the early-career category (0-5 years after graduation) and \$140,900 at mid-career (10+ years of experience).

Those figures ranked No. 24 nationally among liberal arts colleges and third in the Midwest behind Rose-Hulman and Notre Dame.

Based on this ranking, Wabash graduates with a bachelor's degree earn nearly \$290,000 more over a 20-year period than the median college graduate, which breaks down to better than \$14,000 annually.

The Payscale 2023 College Salary Report includes 1,736 of the 2,167 eligible bachelor's degree granting schools in the U.S.

IN-MaC Pathways System Summit Brings Educators And Industry Together To Take Students From High School To High-Paying Careers

The Purdue University Indiana Next Generation Manufacturing Competitiveness Center (IN-MaC) brought more than 70 influential industry and education partners together recently to empower critical workforce pathways for manufacturers in

Indiana and across the nation.

IN-MaC is committed to shaping Indiana's future workforce through impactful manufacturing/STEM initiatives.

Manufacturing is emphasized due to its vital role in driving Indiana's economic growth and prosperity. By creating exciting, intentional pathways that take high schoolers from hands-on opportunities in the classroom to the manufacturing floor, IN-MaC is helping to build a robust pipeline for the future workforce.

workforce.
"Throughout Indiana and multiple states, we are developing pathways system programs that are showcasing high tech, high paying careers in students' communities," said Lisa Deck, Program Manager for IN MaC Workforce and Education. "This summit celebrates our partners' successes, highlights best practices, and establishes paths forward for communities wanting to build similar programs."

Learning opportunities at the summit included implementing manufacturing academies, creating learning cultures within manufacturing facilities, and connecting resources from Design & Innovation Studios to the academies. Speakers from Indiana detailed best practices, lessons learned, and outlined what is next. More than 70 education and industry participants

from across Indiana attended the IN-MaC Pathways System Event at Purdue's Indiana Manufacturing Institute.

ufacturing Institute.

"The event epitomized innovation and ingenuity, setting the stage for a brighter future in the manufacturing sector," said Lezlie Winter, Superintendent of Mississinewa Community Schools. "Attendees embraced the newfound knowledge and strategies, knowing we are equipping the next generation with the tools they need to thrive. Together, we are building a solid foundation for the future of manufacturing."

There are currently 15 pathway programs in Indiana, West Virginia, Mississippi, and Kentucky, and one is in development. There are 36 industry partners, including Toyota of America, Honda Indiana, West Virginia University Medical, and many others.

"Through this summit, I have extreme confidence in both the educators in the room and the industry partners coming to the table to help students of the future pave the way for successful careers in manufacturing," said Ryan Christner, Supply Chain & Logistics Manager for Medartis, Inc. "I look forward to following these pathways system academies to see how they impact the families in their communities by providing the training needed for a brighter future filled with possibilities!"

Planning for the 2024 Pathways System Summit is already underway. To learn more about the pathways system program, email Lisa Deck at adeck@purdue.edu.



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Sunday, Oct. 15, 2023

Purdue Launches Broadband Team, Effort To Increase High-Speed Internet Access, Adoption And Use Throughout Indiana



Purdue University continues to fulfill its landgrant responsibilities, this time by serving the state in its broadband initiative. Through its presence in every county in the state, the university is taking a leading role to help ensure all Indiana families and businesses have access to affordable broadband internet service which is crucial for success in the 21st century — while also helping to ensure data accuracy that will help the state of Indiana in deploying the \$868 million in federal funding from the Broadband Equity, Access, and Deployment (BEAD) Program for high-speed internet improvements.

Purdue President Mung Chiang announced on Monday (Oct. 9) the launch of the Purdue Broadband Team, a collaborative effort between Purdue, the Indiana Broadband Office, and the Indiana Office of Community and Rural Affairs. Coordinated by Purdue's Office of Engagement, the Purdue Broadband Team will include Purdue Extension, 4-H, the Purdue Center for Regional Development and the Purdue for

Life Foundation. "The lack of affordable high-speed broadband affects economic development and quality of life in various communities in our state," Chiang said. "Continuing our long-standing tradition as Indiana's land-grant institution, Purdue is honored to play a small and hopefully useful role as the state government plans the next-level broadband deployment."

The Purdue Broadband Team is part of Chiang's "ABCD" plan to better serve the state through four initiatives: Airport for the Greater Lafayette region, Broadband for rural counties, (hard-tech) Corridor for central Indiana, and Purdue@DC, which brings unique capabilities to our nation's capital

The announcement was made as Chiang continued toward his goal to visit all 92 Indiana counties. During his tour, Chiang has seen firsthand and heard from residents, community leaders and business owners what impact insufficient broadband can have on a community. By visiting every region of the state, he says he hopes to send a message that Purdue is a resource for addressing challenges, including bridging the digital divide.

"It is part of our mission as a land-grant university to use resources, knowledge and scope of reach to aid in this critical endeavor," Chiang said. "Broadband means better health care, better schools, stronger infrastructure and more jobs for people to choose from. This is about translating why it matters and helping make that linkage for people in communities.

Working at a community level, the Purdue Broadband Team will help residents, businesses and local leaders expand broadband access, adoption and use by:

- Increasing awareness
- o Tools to verify service, including tools for community members to conduct speed tests and validate broadband service maps.
- o Programs (state and federal) to expand broadband access.
- Providing training to residents and businesses on digital literacy.
- Supporting community-led broadband task forces/working groups.

With this mission, the Purdue Broadband Team is launching at a critical time, when the state of Indiana has made expansion of broadband service a top priority.

"Access to fast, reliable internet is a major contributor to quality of life and is one of the great equalizers in today's society," said Lt. Gov. Suzanne Crouch, Indiana's secretary of agriculture and rural development. "I applaud Purdue's commitment to investing in broadband by educating Hoosiers

on tools to improve their own broadband access. As a state, we have seen a direct connection between the number of people requesting broadband services in a certain area and the areas providers are most likely to invest in. I am confident that this partnership with Purdue will accelerate state efforts to ensure that all Hoosiers, in every community, will have

broadband access."

The Purdue Broadband
Team will be led by
Roberto Gallardo, Purdue
vice president for engagement and director of
the Purdue Center for Regional Development, and
include Purdue Extension
personnel, students, 4-H
members and alumni.

Gallardo says the core component of this initiative is for team members to educate the public and spread the word with family, friends and colleagues about the importance of broadband in their local communities.

"Purdue is a long-standing and trusted partner across Indiana. With those community relationships, we want to increase awareness about the tools that are available to improve high-speed broadband access, adoption and use by making broadband data more accurate," Gallardo said.

The Federal Communications Commission map is a key metric in determining where funding is allocated for broadband projects. Gallardo said the more accurate the data at the local level, the better the chances for resources to reach unserved and underserved areas of Indiana.

"Accurate and upto-date information is
a critical piece of the
puzzle. Local broadband
groups and the state can
run into challenges with
the data that is needed
to support grant applications," Gallardo said.
"For broadband funding
to be allocated to Hoosier
communities needing
it the most, data must
accurately reflect gaps in
broadband connectivity."

Helping communities to improve the quality of available broadband data is just one of many efforts that the Purdue Broadband Team will undertake to help Indiana close the digital divide.

Stellantis, Samsung Investing \$3.2B In State

Indiana Gov. Eric Holcomb announced earlier this week that Stellantis and Samsung SDI will significantly expand electric vehicle battery manufacturing operations in Indiana, investing more than \$3.2 billion. The facility will be the joint venture's second StarPlus Energy gigafactory in Kokomo. To support this growth, the companies plan to create 1,400 new, high-wage jobs in north central Indiana, growing its total planned work-

force to 2,800 jobs. "Indiana's economy is on a roll," Holcomb said. "Today's commitment from Stellantis and Samsung SDI will double the capital investment, the new jobs created, and the impact this joint venture will have on Kokomo and the state of Indiana for decades to come. This decision puts Hoosiers squarely at the center of innovating and developing the future of mobility, catalyzing Indiana's leadership position in tomor-

row's global economy." This will be the second StarPlus Energy gigafactory in Kokomo, growing the joint venture company's total investment to more than \$6.3 billion. The second next-generation electric vehicle manufacturing facility will be built adjacent to the first gigafactory in Kokomo first announced in May 2022, which is currently under construction and targeted to launch in the first quarter of 2025 with an annual production of 33 gigawatt hours (GWh). This second battery manufacturing facility is expected to start production in early 2027 and aims to have an initial annual production of 34 GWh, significantly increasing the joint venture's U.S. capacity and accelerating Stellantis' transition to

electric vehicles.
"Our battery ecosystem
is the foundation of our
electrification strategy
and our great partners
Samsung SDI, the state
of Indiana, and the city
of Kokomo have created
a compelling case for
locating our sixth gigafactory in Kokomo," said

Mark Stewart, Stellantis COO North America. "The BEVs coming to our North America brands play an important role in our drive to offer clean, safe and affordable mobility for all and achieve the bold goal of carbon net zero by 2038." This investment is

intended to be the sixth battery facility to support Stellantis' bold electrification plan outlined in Dare Forward 2030 and is part of the company's long-term electrification strategy to invest \$35 billion USD through 2025 in electrification and software globally. Stellantis plans to reach a 100% passenger car battery electric vehicle (BEV) sales mix in Europe and 50% passenger car and light-duty truck BEV sales mix in the U.S. by 2030. To achieve these sales targets, the company is securing approximately 400 GWh of battery capacity. This investment marks that Stellantis is on track to become a carbon net zero corporation by 2038, all scopes included, with single-digit percentage compensation of

remaining emissions. "Through construction of the second battery plant of StarPlus Energy, Samsung SDI will be establishing its largest production base for electric vehicle batteries in North America," said Yoon-ho Choi, president and CEO of Samsung SDI. "We expect Stellantis brand vehicles powered by Samsung SDI batteries featuring unrivalled technologies to contribute to fastening the U.S. transition to an era of electric vehicles."

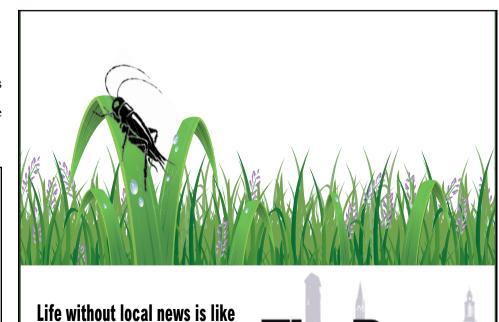
Stellantis employs more than 85,000 people across North America, including more than 7,000 throughout its Indiana operations. Since 2020, the company and its JV partners have committed to investing nearly \$6.5 billion in Indiana to support its transition to electrification. In February, the company announced plans to invest \$155 million in three Indiana facilities to add and localize production of its new electric drive module (EDM) to provide an all-in-one solution for electric vehicle power-trains.

"We would like to extend our sincere gratitude to Stellantis, Samsung SDI, and their joint-venture StarPlus Energy for their continued commitment and investment in our community. The addition of this second battery plant will solidify Kokomo as one of the largest electric vehicle battery producers in North America and shows that Kokomo continues to remain on the cutting edge of advanced automotive manufacturing."

Pending approval from the Indiana Economic **Development Corporation** (IEDC) Board of Directors, the IEDC committed an investment in StarPlus Energy of up to \$37.5 million in the form of conditional tax credits and up to \$2 million in conditional training grants based on the joint venture's investment and job creation plans. The IEDC also committed an investment of up to \$22 million in conditional redevelopment tax credits based on the company's investment plans and up to \$115 million in conditional structured performance payments. These incentives are performance-based, meaning the company is eligible to claim state benefits once investments are made and employees are hired and trained. The city of Kokomo, Greater Kokomo **Economic Development** Alliance Inc., Howard County, Duke Energy Indiana and Northern Indiana Public Service Company offered addi-

tional incentives. The news comes on the heels of Holcomb's economic development trip to South Korea in August 2022 focused on advancing the state's electric vehicle ecosystem. There, the governor and the delegation visited Samsung SDI to tour its main electric vehicle battery production line and meet with top executives of the company and with Stellantis to celebrate their growth plans in Indiana.





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Indiana Awards Community Grants to Accelerate Statewide Entrepreneurship Resources, Support

Earlier this week, the Indiana Economic Development Corporation (IEDC) announced \$500,000 in grant awards to accelerate entrepreneurial activity and resources statewide through a pilot of its new Community Collaboration Fund (CCF). This investment will help power 16 community-led projects focused on entrepreneurial education, connection and acceleration across Indiana, with a particular focus on underrepresented founders and underserved markets.

"Indiana has been recognized as the best state in the U.S. to start a business, and we're leaning in even further to ensure that all Hoosiers have equal access and opportunity in their entrepreneurial journey," said Indiana Secretary of Commerce David Rosenberg. "The Community Collaboration Fund is yet another resource that community-focused entrepreneur organizations across the state can leverage to provide direct support to aspiring entrepreneurs, startups and growing small businesses and to help ensure the continued success of Hoosier innovators statewide."

This is the first round of grants awarded through CCF, which is designed to support the growth of Indiana's entrepreneurial ecosystem by inspiring new programming and new collaborations between entrepreneur support organizations. The IEDC launched an initial pilot program of CCF this summer, inviting entrepreneur support organizations to submit small business-focused services and programming for funding awards between \$5,000-40,000 (requiring at least a 25% match from the project).

From the submissions, 16 projects were selected based on their abilities to fill gaps in the entrepreneurial ecosystem, work across community boundaries, and support non-traditional markets, such as rural, women, minority and veteran entrepreneurs. These 16 projects will increase resources and direct support for entrepreneurs across Indiana through a variety of programming, such as startup accelerators and pitch competitions, one-on-one coaching and

Garden Tilling

group education, mentorship and entrepreneurial ecosystem navigation, and student entrepreneurial education.

"The ability to leverage the Community Collaboration Fund, along with the investment of our community partner organizations, will greatly accelerate our work to support and empower local entrepreneurs and big thinkers," said Dan Robison, director of the Jackson County Chamber. "The launch of this program by the IEDC demonstrates the state's commitment to connect and support all current and aspiring entrepreneurs as well as our local ecosystems throughout Indiana."

The 16 entrepreneurial programs awarded funding are:

NORTHERN INDI-**ANA**

 Veteran Pitch Competition | Purdue University Northwest Commercialization and Manufacturing Excellence Center (\$40,000 award)

The Purdue University Northwest Commercialization and Manufacturing Excellence Center in Lake County will launch a Midwest veteran pitch competition, providing a platform for veteran-owned startups to pitch their business ideas for funding.

 Start and Exit Pitch Competition | Start Fort Wayne (\$40,000 award) Start Fort Wayne will host a Start and Exit Pitch Competition for underserved entrepreneurs across Adams, Allen, Blackford, DeKalb, Elkhart, Fulton, Grant, Huntington, Jay, Kosciusko, LaGrange, Marshall, Miami, Noble, St. Joseph, Steuben, Wabash and Whitley counties. The competition will help

erate their ideas. • KESO Collab Entrepreneur Navigator | Kosciusko Economic **Development Corporation** (\$32,400 award)

those on their entrepre-

neurial journey identify,

educate, scale and accel-

The Kosciusko Economic Development Corporation will launch the KESO (Kosciusko Economic Support Organization) Collab Entrepreneur Navigator to kickstart its community's eager and emerging entrepreneurial ecosystem. The navigator will align local entrepreneuriaL support organizations, identify gaps in its services, offer entrepreneur meet-ups, and provide mentorship for entrepreneurs and small businesses in Kosciusko County.

• Capital Coaching in North Central Indiana CDFI Friendly South Bend (\$40,000 award)

CDFI Friendly South Bend will work with the North Central Indiana Small Business Development Center to create one-on-one capital coaching and training to help underserved businesses access capital. With support from CCF. capital coaching will be available to entrepreneurs in St. Joseph, Marshall and Elkhart counties.

• Fueling Women Entrepreneurship Workshop Series | Momentum Entrepreneurship Hub (\$10,000 award)

Momentum Entrepreneurship Hub will host a new workshop series – Fueling Women Entrepreneurship – to support women founders in Elkhart, Marshall and St. Joseph Counties to provide community connection and training.

CENTRAL INDIANA Improving Storytelling in Rural Indiana | Launch Fishers (\$28,000 award)

Launch Fishers and the Innovation Connector, which assists founders in Blackford, Boone, Delaware, Grant, Hamilton, Hancock, Henry, Jay, Madison, Marion and Randolph counties, will launch new media studios available at no cost to help entrepreneurs share their story throughout rural Indiana.

 INax: ESO Acceleration Support | Match-**BOX Coworking Studio** (\$39,833 award)

MatchBOX Coworking Studio's INax: ESO (Entrepreneur Support Organization) Acceleration Support will work with Maven Space, The Pantheon and Greater Kokomo Economic Development Alliance, to offer resources and assistance to entrepreneurs in Howard, Knox, Marion and Tippecanoe counties. With support from CCF, MatchBOX will deliver its first-ever entrepreneur accelerator and train-thetrainers program for the partner coworking spaces.

 Two Degrees Startup Accelerator | Startup Sprint (\$30,000 award) Startup Sprint will launch a new program – Two Degrees – to support underrepresented entrepreneurs in Marion County. Two Degrees will offer two cohort-based programs for founders and businesses in the ideation phase to help jumpstart their entrepreneurial journey and get plugged into the local ecosystem.

 Wabash Valley Lemonade Day | Chances and Services for Youth (\$10,000 award)

Chances and Services for Youth's Wabash Valley Lemonade Day will serve local elementary school students in Clay, Parke, Sullivan, Vermillion and Vigo counties. Roughly 100 students participating in Lemonade Day will also complete a business training course, meet with a local lender for a business 'loan,' and operate their small business, preparing Hoosier students for future small business endeavors.

SOUTHERN INDI-ANA

 Lean Startup Academy & Pitch | Columbus Area Chamber of Commerce (\$40,000 award)

The Columbus Area Chamber of Commerce will initiate a new project Lean Startup Academy & Pitch – enabling 45 entrepreneurs in Bartholomew, Jackson and Jennings counties to participate in intensive programming to start their businesses and leverage their learnings to pitch investors for funding.

 Georgetown Business Roundtables | Destination Georgetown (\$5,500 award)

Destination Georgetown will lead a series of five business roundtables for current and prospective small businesses in Floyd and Harrison counties, providing new opportunities to learn about key business areas, including finance, human resources, marketing and more.

 SPARK Jackson County | Jackson County Chamber (\$40,000 award)

The Jackson County Chamber will launch SPARK Jackson County, kickstarting the community's entrepreneurial ecosystem through a series of events and initiatives starting during Global Entrepreneurship Week

in November. The project will create new opportunities for entrepreneurs and small businesses, including a pitch competition and targeted outreach to underserved founders and owners, as well as the entrepreneurial ecosystem as a whole by initiating a comprehensive assessment of community assets and developing a first-ever inventory of locally owned businesses.

• Global Entrepreneurship Week (GEW) Southeast Indiana | Maker13 & The Maker Mobile Inc. (\$40,000 award)

Maker13 & The Maker Mobile Inc. will support the entrepreneurial ecosystem and the broader community in Clark, Floyd, Harrison, Scott and Washington counties during Global Entrepreneurship Week in November. With funds from CCF, GEW Southeast Indiana will initiate main street small business celebrations, high school student projects, a pitch competition and student-entrepreneurship fireside chats in conjunction with Indiana University Southeast.

• D.I.C.E. Challenge Ripley County Community Foundation (\$40,000 award)

The Ripley County **Community Foundation** created the D.I.C.E. (Dreams, Ingenuity, Creativity, Entrepreneurship) Challenge to inspire young people to learn about entrepreneurship and see small business creation and ownership as a viable career goal. CCF will help the organization provide high school students in Dearborn, Decatur, Franklin, Jefferson, Jennings, Ohio, Ripley and Switzerland counties with an entrepreneurial training program and regional pitch competition in preparation for the Innovate WithIN pitch competition.

 Defense Innovation Rural Roadshow in Indiana Uplands | Defense Innovation Networking Group (\$40,000 award)

The Defense Innovation Networking Group (D!NG) will bring its **Defense Innovation Rural** Roadshow to the Indiana Uplands region, sharing opportunities, practical insights and best practices to help local businesses enter the defense ecosystem.

• Uplands Accelerator |

Dimension Mill (\$39,163 award)

F3

Dimension Mill (The Mill) will expand a scalable business accelerator program for rural businesses located in the Indiana Uplands region. The program, Uplands Accelerator, offers services and support to entrepreneurs across Brown, Crawford, Daviess, Dubois, Greene, Lawrence, Martin, Monroe, Orange, Owen and Washington counties.

In order to be eligible for funding, CCF projects must be a new initiative or an expansion of existing services; a collaboration between two or more support organizations, provide direct entrepreneur support; focus on entrepreneur education, connection or acceleration; provide at least a 25% funding match; have developed metrics and budgets; and be completed within nine months of funds being awarded.

CCF is one of many new entrepreneurship-focused initiatives the state has rolled out in recent months in an effort to further grow Indiana's entrepreneurial activity and support the growth and success of startups and small businesses. Last year, the IEDC launched Entrepreneurship Indiana, an annual publication celebrating the entrepreneurial journey; this year, it expanded its staff and support programming through the Indiana Small Business Development Center; and in June, the organization launched ConnectIND, a digital portal available in 11 languages that is designed to increase support for entrepreneurs and founders.

About IEDC

The Indiana Economic Development Corporation (IEDC) leads the state of Indiana's economic development efforts, helping businesses launch, grow and locate in the state. Governed by a 15-member board chaired by Governor Eric J. Holcomb, the IEDC manages many initiatives, including performance-based tax credits, workforce training grants, innovation and entrepreneurship resources, public infrastructure assistance, and talent attraction and retention efforts. For more information about the IEDC, visit iedc.in.gov.

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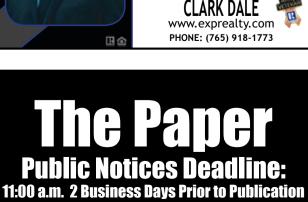
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Church - 10:30

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Contemporary Service - 10:30 AM Woodland Heights Youth (W.H.Y.) for middle schoolers and high schoolers - 5-7 PM

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Children's Church

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10:02 am on Sundays

Wednesday night prayer meeting at 6:30 pm.

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Sundays: Worship at 10:30 am

Wednesday Night Bible Study 7 pm



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802 Mill St. • Crawfordsville

Pastor Steve Lee and his wife, Tamara, invite you all to their spirit-filled church

Services

Sunday at 2 pm

Wednesday Evening Bible Study 7 pm

Saturday evening (speaking spanish service) at 7 pm



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Children's Sunday School during Sunday Worship

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Pastor Dr. David Boyd

John 3:16

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New Market Christian Church

300 S. Third Street • New Market (765) 866-0421
Dr. Gary Snowden, Minister

Sunday Worship at 10:00 am in the Family Life Center (Masks Encouraged) or in the Parking Lot Tuned to 91.5 FM No Sunday School at This Time

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Website: northcornerstonechurch.org

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Liberty Chapel Church

Phil 4:13

Church Services:

Sunday School 9 am

Church 10 am

Wednesday Children's Awana Program 6 pm-8 pm



Church Service at 10 am

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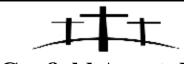
110 S Blair Street Crawfordsville, IN 47933 www.hopechapelupci.com

Service Times:

Sunday 10:30 a.m.

Starting August 1: 10 a.m. Sunday School 11 a.m. Worship

Wednesday 6:30 Bible Study



Garfield Apostolic Christian

4485 E 300 N • Crawfordsville

Services

Sunday at 10 am

Tuesday Prayer Meeting

6 pm - 7 pm

Thursday Bible Study 6:30 pm - 8 pm



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Sunday school 9:30 am Church 10:30 am

Wednesday Bible Study 4 pm



Fremont Street Baptist Church

1908 Fremont St • Crawfordsville Sunday school 9:30 am

Church 10:30 am

Sunday Evening 6 pm

Wednesday Night Bible Study 7 pm



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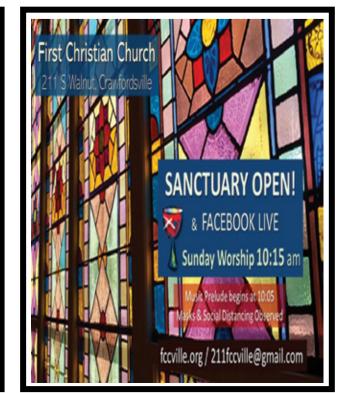
212 E. Wabash Avenue Crawfordsville (765) 362-4817

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Can be watched on channel 3

www.cvfumc.org

All are welcome to join and all are loved by God



FAITH

Faith Baptist Church

5113 S 200 W • Crawfordsville (765) 866-1273 • faithbaptistcville.com

Sunday School 9:30AM Sunday Morning 10:30 AM Sunday Evening 6:00 PM Prayer Mtg Wednesday 7:00 PM

Where church is still church Worship Hymns Bible Preaching



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WEDNESDAY 6:00 PM: Mid-week Service

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Sunday School/Growth Groups: 9:00 AM

Worship Service: 10:30 AM

Youth Group Wednesday at 6:30

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Garfield Apostolic Christian Church Rt. #5, Box 11A, Old Darlington Road 794-4958 or 362-3234 Worship: 10:30 a.m. Sunday School: 9:30 a.m. Wednesday Bible Study: 6:30 p.m. Pastor Vernon Dowell

Gateway Apostolic (UPCI) 2208 Traction Rd 364-0574 or 362-1586 Sunday School: 10 a.m.

Moriah Apostolic Church 602 S. Mill St. 376-0906 10 a.m. Sunday, 6 p.m. Wednesday Pastor Clarence Lee

New Life Apostolic Tabernacle 1434 Darlington Avenue 364-1628 Worship: Sunday 10 a.m.; 6 p.m. Sunday: The Voice of Healing & Restoration on 103.9 at 9 a.m. Tuesday prayer: 7 p.m. Thursday Mid-week: 7 p.m. Pastor Terry P. Gobin

One Way Pentecostal Apostolic Church 364-1421 Worship 10 a.m.

Sunday School: 11 a.m.

Apostolic Pentecostal: Cornerstone Church

1314 Danville Ave. Worship: 10 a.m.; 6:30 p.m. Bible Study: Thursday, 6:30 p.m.

Grace and Mercy Ministries 257 W. Oak Hill Rd. 765-361-1641 Worship: 10 a.m.; 6 p.m. Wednesday: 6:30 p.m. Sunday School: 11 a.m. Co-Pastors Nathan and Peg Miller

Assembly of God:

Crosspoint Fellowship 1350 Ladoga Road Sunday Services: 10 a.m. Wednesdays: 6:30 p.m.

First Assembly of God Church 2070 Lebanon Rd. 362-8147 or 362-0051 Sunday School: 9 a.m. Worship: 10:30 a.m.; 6 p.m.

Wednesday: 6:30 p.m. **Baptist:**

Browns Valley Missionary Baptist Church P.O. Box 507, Crawfordsville 435-3030 Worship: 9:30 a.m.

Sunday School: 10:30 a.m.

Calvary Baptist Church 128 E. CR 400 S 364-9428 Sunday School: 9:30 a.m. Worship: 10 a.m.; 6 p.m. Wednesday Bible Study: 7 p.m. Calvary Crusaders Wednesdays: 6:45

Pro-Teen Wednesdays: 7 p.m. Pastor Randal Glenn East Side Baptist Church

2000 Traction Rd. 362-1785 Bible Study: 9 a.m. Worship: 10 a.m.; 6 p.m. Wednesday: 6:30 p.m. Prime Time Teens, Pioneer Clubs; 6:45 p.m. :Adult Rev. Steve Whicker

Faith Baptist Church 5113 S. CR 200 W 866-1273 Sunday School: 9:30 a.m. Worship: 10:30 a.m. and 6 p.m. Wednesday Prayer Meeting: 7 p.m. Pastor Tony Roe

First Baptist Church 1905 Lebanon Rd. 362-6504 Worship: 8:15 a.m.; 10:25 a.m. Sunday School: 9:30 a.m. High School Youth Sunday: 5 p.m.

Freedom Baptist Church 6223 W. SR 234 (765) 435-2177

Worship: 9:30 a.m. Sunday School is 10:45 a.m. Wednesday Bible Study: 7 p.m. Pastor Tim Gillespie

Fremont St. Baptist Church 1908 E. Fremont St. 362-2998 Sunday School: 10 a.m. Worship: 11 a.m.; 6 p.m. Pastor Dan Aldrich

Friendship Baptist Church U.S. 136 and Indiana 55 362-2483 Sunday School: 9:15 a.m. Worship: 10:30 a.m.; 6 p.m. Wednesday Bible Study: 7 p.m. Pastor Chris Hortin

Ladoga Baptist Church 751 Cherry St., Ladoga 942-2460 Sunday School 9:30 a.m. Worship 10:45 a.m.; 6 p.m. Wednesday Bible Study 7 p.m. Ron Gardner, Pastor

Mount Olivet Missionary Baptist 7585 East, SR 236, Roachdale 676-5891 or (317) 997-3785 Worship: 10:30 a.m. Sunday School: 9:30 a.m. Wednesday Evening: 7 p.m. Bro. Wally Beam

New Market Baptist Church 200 S. First St. 866-0083 Sunday School: 9 a.m. Worship: 10 a.m. Children's church and child care

Second Baptist Church 119 1/2 S. Washington St, off of PNC Bank. 363-0875 Sunday School: 10 a.m. Worship: 11 a.m.

StoneWater Church 120 Plum St., Linden 339-7300 Sunday Service: 10 a.m. Pastors: Mike Seaman and Steve Covington

Waynetown Baptist Church Corner of Plum and Walnut Streets Sunday School: 9:30 a.m. Fellowship: 10:30 a.m. Worship: 11 a.m. Childrens' Church: 11:10 a.m.

Christian: Alamo Christian Church

866-7021 Worship: 10:30 a.m.

Pastor Ron Raffignone

Browns Valley Christian Church 9011 State Road 47 South Sunday School: 9 a.m. Worship: 10 a.m.

Byron Christian Church 7512 East 950 North, Waveland Sunday School 9 a.m. Worship Service 10 a.m.

Waynetown Christian Union Church SR 136, then south on CR 650. Sunday School: 9:30 a.m.

Worship: 10:30 a.m. New phone #: 765-918-0438 New Pastor: Paul Morrison Congregational Christian Church

of Darlington 101 Academy St, P.O. Box 7 794-4716 Sunday School: 9:15 a.m. Worship: 10:30 a.m. Sunday Bible Study: 6 p.m. Wed. Prayer: 5:30 p.m. - 7 p.m., Wed Bible Study 7 p.m. Kingdom Seekers Youth Group (alternate Sundays) Pastor Seth Stultz

Darlington Christian Church Main and Washington streets Sunday School: 9:30 a.m. Worship: 10:30 a.m.; 6 p.m.

First Christian Church (Disciples of Christ)

362-4812 SUNDAY: 9:22 a.m. Contemporary

Café worship 9:30 a.m. Adult Sunday School 10:40 a.m. Traditional Worship WEDNESDAY: 5-7 a.m. Logos Youth Dinner & Program Pastor: Rev. Darla Goodrich

Ladoga Christian Church 124 W. Elm St. 942-2019 Sunday School: 9 a.m. Worship: 10 a.m.; 6 p.m.

Love Outreach Christian Church 611 Garden St. Worship: 10 a.m. Wednesday: 7 p.m. Pastors Rob and Donna Joy Hughes

New Hope Chapel of Wingate

275-2304 Sunday School: 9:30 a.m. Worship: 10:30 a.m. Bible Study: 6:30 p.m., Wed. Youth Group: 5:30 p.m., Wed. Homework Class: 4:30 p.m. Wed & Champs Youth Program: 5:30 p.m.

Adult Bible Class: 6:30 p.m. Wed. Pastor Duane Mycroft New Hope Christian Church 2746 US 231 South 362-0098 newhopefortoday.org

Worship and Sunday School at 9 a.m. New Market Christian Church 300 S. Third St. 866-0421 Sunday School: 9 a.m. Worship: 10 a.m.

Wednesday evening: Bible Study 6:15, Youth 6:15, Choir 7:15 Pastor Gary Snowden New Richmond Christian Church 339-4234 202 E. Washington St. Sunday School: 9:30 a.m.

Worship: 10:30 a.m.

Pastor John Kenneson New Ross Christian Church 212 N. Main St. 723-1747

Worship: 10 a.m. Youth Group: 5:30-7 p.m. Wednesday Minister Ivan Brown Parkersburg Christian Church 86 E. 1150 S., Ladoga

Sunday School: 9:30 a.m. Worship: 10:30 a.m. Pastor Rich Fuller

Providence Christian Church 10735 E 200 S 723-1215 Worship: 10 a.m.

Waveland Christian Church 212 W. Main St. 435-2300 Sunday School: 9:30 a.m. Worship: 10:30 a.m.

Waynetown Christian Church 103 W. Walnut St. 234-2554 Worship: 10 a.m. Sunday School: 9 a.m.

Whitesville Christian Church

3603 South Ladoga Road Crawfordsville, IN 47933 (765) 362-3896 New Worship Service Time 9:00am 1st Service 10:30am 2nd Service Pastor Andy Schindler whitesvillechristianchurch.com

Woodland Heights Christian Church 468 N. Woodland Heights Dr. 362-5284 Sunday School: 9:30 a.m.. Worship: 8:15 a.m. (traditional); 10:30 a.m. (contemporary) Student Ministry: 5 p.m., Sunday Pastor Tony Thomas

Young's Chapel Christian Church Rt. 6, Crawfordsville

Sunday School: 9:30 a.m. Worship: 10:30 a.m. Pastor: Gary Edwards

Church of Christ: Church of Christ 419 Englewood Drive 362-7128 Sunday School: 9:30 a.m. Worship: 10:30 a.m.; 6 p.m. Wednesday Bible Study: 7 p.m.

Southside Church of Christ 153 E 300 South, east of US 231 765-720-2816 Sunday Bible Classes: 9:30 a.m. Sunday Morning Worship: 10:30 a.m. Sunday Evening Worship: 5 p.m. Wednesday Bible Classes: 7 p.m. Preacher: Brad Phillips Website: southsidechurchofchristin-

Church of God:

diana.com

First Church of God 711 Curtis St. 362-3482 Sunday School: 9:30 a.m. Worship: 10:30 a.m.; 6 p.m. Pastor Chuck Callahan

Grace Avenue Church of God 901 S. Grace Ave. 362-5687 Sunday School: 9:30 a.m. Worship: 10:30 a.m.; 6 p.m. Pastor Duane McClure

Community:

Congregational Christian Church 402 S. Madison St., Darlington 794-4716 Sunday School: 9:15 a.m. Worship: 10:30 a.m.

Crawfordsville Community Church Fairgrounds on Parke Ave. Crawfordsville 794-4924 Worship: 10 a.m. Men's prayer group, Mondays 6:30 Pastor Ron Threlkeld

Gravelly Run Friends Church CR 150 N, 500 E Worship: 10 a.m.

Harvest Fellowship Church CR 500 S 866-7739 Pastor J.D. Bowman Worship 10 a.m.

Liberty Chapel Church 500 N CR 400 W 275-2412 Sunday School: 9 a.m. Worship: 10 a.m.

Linden Community Church 321 E. South St., Linden (Hahn's) Sunday: 9:15

Yountsville Community Church 4382 W SR 32 Sunday School: 9:30 a.m. Worship: 10:30 a.m. Pastor Alan Goff

Episcopal: Bethel African Methodist Episcopal

213 North St., Crawfordsville 364-1496 St. John's Episcopal Church

212 S. Green Street 765-362-2331 Sunday Eucharist: 8 a.m. and 10:30 Christian Formation: 9:15 a.m. Midweek Eucharist Wednesday: 12:15

Full Gospel: Church Alive! 1203 E. Main St.

Worship: 10 a.m.; Wednesday, 7 p.m. **Enoch Ministries**

922 E. South Boulevard Worship: Sunday, 10 a.m. Pastor: Jeff Richards

Deckard

New Bethel Fellowship 406 Mill St., Crawfordsville 362-8840 Pastors Greg and Sherri Maish Associate Pastors Dave and Brenda Worship 10 a.m.

Victory Family Church 1133 S. Indiana 47 765-362-2477 Worship: 10 a.m.; Wednesday 6:30 Pastor Duane Bryant

Lutheran:

Christ Lutheran ELCA 300 W. South Blvd. · 362-6434 Holy Communion Services: 8 a.m. and 10:30 a.m. Sunday School: 9:15 a.m. Pastor: Kelly Nelson www.christchurchindiana.net

1414 E. Wabash Ave. 362-5599 Sunday School: 9 a.m. Worship: 10:15 a.m. Adult Bible Study: 7 p.m., Wed. Minister: Rev. Jeffery Stone http://www.holycross-crawfordsville.

Phanuel Lutheran Church Lutheran Church Rd., Wallace Sunday School: 10:30 a.m. Worship: 9:30 a.m.

United Methodist:

Christ's United Methodist 909 E. Main St. 362-2383 Sunday School: 10 a.m. Worship: 11 a.m.

Darlington United Methodist Harrison St. 794-4824 Worship: 9:00 a.m. Fellowship: 10:00 a.m. Sunday School: 10:30 a.m. Pastor Dirk Caldwell

First United Methodist Church 212 E. Wabash Ave. 362-4817 Sunday School: 10 a.m. Traditional Worship: 9 a.m. The Gathering: 11:10 a.m. Rev. Brian Campbell

North Cornerstone Church 609 South Main St. P.O. Box 38 339-7347 Sunday School: 9:30 a.m. Worship: 10 a.m. Rev. Clint Fink

Mace United Methodist Church 5581 US 136 E 362-5734 Sunday School: 9:30 a.m. Worship: 10:40 a.m.

Mount Zion United Methodist 2131 W. Black Creek Valley Rd. 362-9044 Sunday School: 10:45 a.m. Worship: 9:30 a.m. Pastor Marvin Cheek

New Market United Methodist Third and Main Street 866-0703 Sunday School: 9:30 a.m. Worship: 10:45 a.m.

Church 108 W. State St. Sunday School: 10 a.m. Worship: 9 a.m.

Waveland Covenant United

New Ross United Methodist

Methodist Church 403 E. Green St. Sunday School: 10:30 a.m. Worship: 9:15 a.m.

Church 124 E. Washington St. 243-2610 Worship 9:30 a.m. Johnny Booth

Waynetown United Methodist

Mormon:

Church of Jesus Christ of Latterday Saints 125 W and Oak Hill Rd. 362-8006 Sacrament Meeting: 9 a.m. Sunday School: 10:20 a.m.

Nazarene:

Crossroads Community Church of the Nazarene US 231 and Indiana 234 866-8180 Sunday School: 9:30 a.m. Worship: 10:30 a.m. Pastor Mark Roberts

Harbor Nazarene Church 2950 US 231 S 307-2119 Worship: 10 a.m. Pastor Joshua Jones www.harbornaz.com

Orthodox:

Holy Transfiguration Orthodox 4636 Fall Creek Rd. 359-0632 Great Vespers: 5 p.m. Saturday Matins: 8:30 a.m. Divine Liturgy: 10 a.m. Sunday Rev. Father Alexis Miller

Saint Stephen the First Martyr Orthodox Church (OCA) 802 Whitlock Ave. 361-2831 or 942-2388 Great Vespers: 6:30 p.m. Saturday Wednesday evening prayer 6:30pm Divine Liturgy: 9:30 a.m. Sunday

Presbyterian:

Bethel Presbyterian Church of Shannondale 1052 N. CR 1075 E., Crawfordsville 794-4383 Sunday School: 9 a.m. Worship 10 a.m.

Wabash Avenue Presbyterian Church 307 S. Washington St. 362-5812 Worship: 10 a.m.

Pastor: Dr. John Van Nuys

Roman Catholic: Saint Bernard's Catholic Church 1306 E. Main St. 362-6121 Father Michael Bower Worship: 5:30 pm Saturday; 9:30 am, 12:15 - Spanish Mass, 5:00 pm at Wabash College Chapel (during

www.stbernardcville.org **United Church of Christ:**

Pleasant Hill United Church of Christ - Wingate Worship: 9:30 a.m. Sunday School: 10:30 a.m. Pastor Alan Goff

116 S. Walnut St., Crawfordsville 362-3046 Pastor L. M. Sharp Worship: 2:30 p.m.

United Pentecostal:

Pentecostals of Crawfordsville

Prayer Meeting: 10 a.m., Tuesday

Bible Study: 6 p.m., Wednesday

Non-denominational: Athens Universal Life Church Your Church Online http://www.aulc.us (765)267-1436 Dr. Robert White, Senior Pastor The Ben Hur Nursing Home Sundays at 9:00am

Live Broadcast Sundays at 2:00pm

Bickford Cottage Sundays at 6:00pm

Calvary Chapel 915 N. Whitlock Ave. 362-8881 Worship: 10 a.m., 6 p.m. Bible Study, Wednesday: 6 p.m.

Rock Point Church 429 W 150S 362-5494 Sunday church services are 9:15 a.m. and 11 a.m. Youth group is from 6 p.m. to 7:30 p.m. on Sunday Small Groups: Throughout the week

The Church of Abundant Faith 5529 U.S. Highway 136 Waynetown, IN Reverend John Pettigrew Sunday Worship: 9:45 am (765) 225-1295

The Vine Christian Church 1004 Wayne Ave. Crawfordsville Service at 10:02

Want to Contact Us? 📵 U.S. MAIL, 127 E. Main St. Suite 103, Crawfordsville, IN 47933 📵 ONLINE, www.thepaper24-7.com 📵 (765) 361-0100

How You Can Donate Plasma And Save A Life

(StatePoint) Millions of people around the world rely on plasma to treat a range of conditions, including rare inherited diseases, severe burns and trauma, liver disorders, and for cancer supportive care.

"Plasma-derived medicines are often the only therapies available for patients with many rare, chronic and potentially debilitating and life-threatening diseases," says Anita Brikman, president and chief executive officer of the Plasma Protein Therapeutics Association. "In short, donating plasma helps save lives.'

To encourage individuals to learn more and to donate plasma, if they are eligible, the Plasma Protein Therapeutics Association is sharing patient insights, along with answers to some frequently asked questions about the uses of plasma in healthcare and why we need more of it:

Q: What is plasma and why is it so useful in treating such a broad range of health conditions?

A: Plasma is the single largest component of human blood, making up about 55% of blood volume. Plasma proteins help the body fight infection, clot blood and regulate blood pressure. Patients with certain genetic disorders are unable to make some of those critical proteins and antibodies, but they can be isolated

help compensate for that shortfall. Plasma-derived medicines can also be beneficial for individuals with a compromised immune system due to treatment for cancer or an organ transplant.

Q: Who benefits from plasma donations?

A: Medicines made from donated plasma help those with certain neurological, lung, bleeding and immune system disorders lead healthy, productive lives. Some of these rare conditions can be life-threatening without the right treatment.

After noticing that it was hard to breathe during tasks such as shoveling snow and mowing the lawn, military veteran Dan Coffin was tested for and diagnosed with Alpha-1 antitrypsin deficiency, an incurable, inherited disorder that may cause lung disease and liver disease.

"I went from being extremely physically fit to having trouble with simple tasks in the yard. The plasma protein therapy infusions I receive, thanks to the generosity of donors, make it possible for me to live an active and healthy life again," says Coffin.

Many others also benefit from plasma-derived therapies, such as trauma patients, organ transplant recipients, children with HIV, and anyone who has ever received a rabies or tetanus shot. Both treatments, which are often

such as being bitten by a wild animal or stepping on a rusty nail, are made from plasma that contains antibodies to those pathogens. Additionally, for some mothers and babies, an incompatibility in blood type can result in severe anemia and jaundice in newborns unless the mother receives Rho(D) immune globulin made from plasma.

Q: Why are plasma-derived medicines unique?

A: Plasma-derived medicines are not like other pharmaceuticals. Plasma can't be made in a lab and it is not an infinite resource. It often takes hundreds of individual donations to collect enough plasma to create the medicine needed for a single patient each year. That's why patients who rely on these therapies are so dependent on donors.

Q: How can people donate plasma?

A: To learn more about donor eligibility and the donation process, and to find a local licensed and certified plasma donation center, visit donatingplas-

'So many people know about donating blood, but they don't know about the need for donated plasma," says Brikman. "Plasma donations are vital in helping patients who rely on plasma-derived medicines to improve or save their lives. Donate plasma today and give someone the chance to live a happier

Reduce Your COPD Risk, No Matter Where You Live

(Family Features) COPD, or chronic obstructive pulmonary disease, is a serious lung condition that affects millions of people. Also known as emphysema or chronic bronchitis, COPD causes breathing problems that can worsen over time.

Anyone can develop COPD, but smokers or ex-smokers and people who live in rural areas of the country tend to be more affected. In fact, rural residents are twice as likely to have COPD as people who live in large cities. They're also more likely to be hospitalized or die from the disease compared to other Americans.

To help lower your risk, wherever you live, consider these steps from the National Heart, Lung, and Blood Institute (NHLBI).

Avoid Air Pollution Air pollution may be a concern for many who live in rural areas. If you work on a farm, in mining or in manufacturing, you may be at risk for COPD from environmental exposure to dust, fumes or smoke, such as from wildfires. Talk to your employer about ways to limit exposure on the job.

Consider air pollution

at home, too. Ventilate indoor spaces and clean often to prevent dust buildup. If you are burning wood or agricultural or solid waste, make sure appropriate ventilation is in place and working properly. Avoid using products with strong odors, which may contain chemicals that could irritate the lungs.

Don't Smoke or Vape

Rural communities have higher rates of cigarette smoking, which could contribute to higher COPD rates. One of the most important things you can do to protect your lungs and those of the people around you is avoiding cigarette smoke. According to the Centers for Disease Control and Prevention, cigarette smoking is the main cause of COPD. If you smoke, it is never too late to quit.

Steer clear of vaping, too. E-cigarettes don't contain tobacco, but they may contain chemicals that are just as harmful to your lungs.

Talk to a Health Care **Provider**

If you smoke or used to smoke, work in a job that might put you at higher risk for COPD or you or someone in your family

has a genetic condition called alpha-1 antitrypsin deficiency, it's important to talk to a health care provider about your risk and any symptoms you may have. These include coughing that may bring up lots of mucus, wheezing, chest tightness and shortness of breath. Early diagnosis and treatment can help you breathe better.

H1

Because people in rural areas may live farther away from their health care providers, more hospitals and clinics now offer telehealth services, which can make it easier to get effective COPD care.

Ask a health care provider about getting vaccines for the flu and COVID-19, RSV if you're over 60 and pneumococcal disease if you're over 65. If you're at risk for COPD, you're more likely to have health problems from these vaccine-preventable illnesses.

Wherever you call home, you can take action to lower your risk for COPD. Find more information about COPD from NHLBI's Learn More Breathe Better(r) program at copd.nhlbi.

Understanding And Reducing Stroke Risks

(Family Features) As the second leading cause of death worldwide, according to World Health Organization, stroke will affect 1 in 4 adults over the age of 25 globally. A condition where the blood supply to the brain is disrupted, a stroke results in oxygen starvation, brain damage and loss of function.

There are two main types of strokes: ischemic, which occur when a blood vessel carrying oxygen and nutrients to the brain is blocked by a clot, and hemorrhagic, which are less common but can be more serious, occur when a weakened blood vessel ruptures and begins leaking blood. According to the Center for Disease Control and Prevention (CDC), 87% of strokes are ischemic.

Because a stroke can cause lasting disability and pain for those impacted and their loved ones, it's important to learn how to identify the signs and symptoms of stroke, how to reduce risk factors and where to go for timely treatment. Consider this information from the experts at Cerenovus, who are committed to changing the trajectory of stroke and offering a broad portfolio of devices used in the endovascular treatment of stroke, to learn more.

Know the Signs and

If you suspect yourself or a loved one is experiencing a stroke, acting F.A.S.T. is critical in getting timely treatment necessary to survive. If you recognize the signs and symptoms of a

stroke - face weakness, arm weakness and speech slurring - it's time to call for help. Reducing the amount of time between the onset of stroke and treatment can make a difference in how well the brain, arms, legs, speech and thinking are able to recover. The longer a stroke goes untreated, the greater the chances are of experiencing long-term disability, brain damage or death.

Reduce Stroke Risks While strokes can be devastating and deadly, up to 90% are preventable, according to the World Stroke Organization, and many risk factors can be controlled before they cause a stroke. By managing conditions like high blood pressure, diabetes, obesity and atrial fibrillation (AFib); ceasing smoking; eating a healthy diet; getting regular exercise; and taking prescribed medications, you can decrease your risk.

Address Health Inequi-

Communities of color are disproportionately affected by stroke risk factors and have poorer experiences when it comes to timeliness and access to stroke care, referral patterns, treatment utilization and outcomes, according to research published in the "Journal of Stroke and Cerebrovascular Diseases. In fact, the risk of having a first stroke is nearly twice as high for Black people, according to the CDC, and members of the Black community have the highest rate of death due to stroke. Additionally,

according to the Ameri-

can Stroke Association, non-white stroke patients are less likely to arrive by EMS and experience longer emergency department waiting times compared to white patients.

Know Where to Go For every minute a stroke occurs, 1.9 million brain cells are lost, and the longer a stroke goes untreated, the greater the chances are of experiencing long-term disability and brain damage. That's why it's critical to seek immediate treatment at the nearest comprehensive (or Level 1) stroke center. These facilities offer a full spectrum of neuroendovascular care, which can help patients taken directly there survive without long-term disabilities.

Understand Treatment Options

Seeking immediate treatment for stroke means vou have more treatment options available, such as being eligible to receive tissue plasminogen activator or mechanical thrombectomy (MT) for ischemic stroke. MT, a minimally invasive blood clot retrieval procedure, helps improve the chances you'll survive an ischemic stroke and make a full recovery. Treatment options for hemorrhagic stroke include surgery to remove, repair or clip a ruptured

If you or a loved one experience signs of stroke, seek immediate emergency medical services. To learn more about stroke risks and treatment options, visit inimedtech.com.

Why Advocates Say That **Fentanyl Deaths Are Preventable**

(StatePoint) The overwhelming majority of opioid overdose deaths are due to illicitly manufactured fentanyl. Here's what physicians at the American Medical Association (AMA) want you to know as the drug overdose and death epidemic

continues to devastate communities nationwide: Opioid use disorder (OUD) is a treatable, chronic disease: Twothirds of U.S. adults say either they or a family member have been addicted to alcohol or drugs, experienced homelessness due to addiction, or experienced a drug overdose leading to an emergency room visit, hospitalization or death, according to a KFF Tracking Poll. "Despite their prevalence, drug use disorders are the most stigmatized health conditions worldwide, impacting treatment and policy, and even individuals' willingness to seek treatment," says Bobby Mukkamala, MD, chair of the AMA Substance Use

and Pain Care Task Force. Prescriptions are down, overdoses are up: The 2022 AMA Overdose Epidemic Report shows a 46.4% decrease in opioid prescribing nationwide in the past decade, in large part due to physician efforts to ensure appropriate prescribing, but also state laws and health insurer and pharmacy policies that deny opioid therapy to patients, even those that need it. Nevertheless, the nation's drug overdose and death epidemic continues to worsen. According to the Food and Drug Administration (FDA), in the 12-month period that ended in February 2023,

more than 105,000 people

died from fatal overdoses that were primarily driven by synthetic opioids, like illicit fentanyl.

• Deaths are preventable: Centers for Disease Control and Prevention (CDC) data indicates that nearly 40% of all overdose deaths occur with a bystander present. For this reason, increasing the availability of opioid-related overdose-reversal medications will save lives. Thanks to advocacy from the AMA and other public health leaders, the FDA approved the first-ever over-the-counter naloxone product, and now pharmacies, supermarkets, convenience stores and gas stations are able to sell this safe, effective treatment. The AMA is urging retailers to price the medication responsibly and stock naloxone in prominent places. The AMA continues to urge health insurance companies to cover opioid overdose reversal medications

at low- or no-cost. • Preparation saves lives: Consider having naloxone or another overdose reversal medication on hand in case you witness someone overdosing. If you come across someone slumped over and showing signs of possible overdose, an overdose reversal medication is as easy to use as inserting it into the person's nose and depressing the plunger. Don't hesitate -- whether they've taken fentanyl or not, there's no downside to giving naloxone when an overdose is suspected.

 Young people are dying: Among 14-18-yearolds, overdose deaths increased 94% from 2019 to 2020 and 20% from 2020 to 2021, according to the CDC. Physicians urge parents to talk to their children about alcohol, drugs and other substances.

"Making opioid overdose reversal medications widely available in educational settings can save young lives," says Dr. Mukkamala.

The AMA urges schools and universities to stock the medications and let students know it's available if necessary.

 Treatment works: Opioid use disorder is a treatable, chronic disease that can help individuals lead long, productive lives.

'Having an opioid use disorder requires medical help just like any other chronic disease," says Dr. Mukkamala, who advises checking with your primary care provider if you have concerns or questions about how to get help. You also will need to talk with your insurance provider about coverage requirements and restrictions, which continue to be a barrier for many with an

 Risk can be reduced: If you receive opioid therapy or have an acute injury, talk with your physicians about the expected level of pain and optimal strategies for pain control. Safely and securely store your medications and remove unused and unwanted opioids and other medications from your home.

"We have to be honest that in order to truly reverse the overdose epidemic, much more work will need to be done to reduce stigmas and increase access to life-saving drugs," says Dr. Mukkamala. "There is a way forward, and it requires a cooperative effort from all

Thanks for reading The Paper!

Sunday, Oct. 15, 2023 Want to Contact Us? U.S. MAIL, 127 E. Main St. Suite 103, Crawfordsville, IN 47933 ONLINE, www.thepaper24-7.com (765) 361-0100

Things Go From Crazy To Bizarre



BRAD BRIGHT Guest Columnist

Politicians often say crazy things, but New Mexico Governor Lujan Grisham crossed the line - from crazy to bizarre! She brazenly kicked the Constitution to the curb. She wasn't the first and she won't be the last, but she was the most brash.

After issuing a ban on carrying guns in the Albuquerque area, she said, "No constitutional right in my view, including my oath [of office], is intended to be absolute."

Does she really believe the 13th Amendment to the Constitution abolishing slavery in the United

States is not absolute? Does she really suppose the 15th Amendment granting blacks the right *to vote* is not absolute? Does she really mean the 5th Amendment — which guarantees that a person charged with a capital crime cannot be deprived of life without the due process of law — is not absolute?

Does she really think her oath of office is not absolute? That is unmistakably what she said. She presumes that she may disregard her oath of office (to defend and protect the Constitution), since, in her opinion, "no Constitutional right . . . is absolute." That is terrifying — especially if you are black.

Apparently, Lujan Grisham thinks that as governor, she may, at her own discretion, usurp the authority of the Constitution. Folks, this is the very definition of insurrection. Webster's Dictionary defines insurrection as: "an act or instance of revolting against civil authority or an established

government." We gave King George the boot 247 years ago replacing him with the U.S. Constitution. Apparently, we now have a modern tyrant-in-training who wants to supplant the Constitution.

However, the problem sinks much deeper than just insurrection. Her statement unmistakably mirrors how our society views absolutes in general.

Modern culture values "what works" over all else. If it stopped there, we might call it pragmatism. However, it mutates further. What our culture really means is "what works for Me." That descends from pragmatism into the mire of narcissism. You often hear young people refer to it as "My truth." But then it spirals even lower into primal narcissism: "what works for me—today." In other words, "I want, what I want, when I want it.

Our culture fixates on such short-term outcomes. Even in the Church we often hear the feel-good statement, "God just

wants me to be happy," which is frequently used to justify primal narcissism. We foolishly *imagine* that a well-intentioned end necessarily justifies the *means*. Therefore, you may shove virtually anything aside (including the Constitution) if you are pursuing the "correct outcome." Stalin believed that. Pol Pot believed that. Castro believed that. Mao believed that. Hitler believed that. They all believed the end justified the means. Apparently, that is also what Gov. Lujan Grisham believes. Absolutes be damned!

Sadly, the disease pierces even deeper — down to our very souls. If I don't believe God exists, why would I suppose moral absolutes exist? If I don't judge God as relevant, why would I consider moral absolutes relevant? Without God, absolutes wither to virtual fairytales. All that remains is "survival of the fittest." And now we have arrived at the unsolvable riddle: how do you start with "survival of the fittest," where the

fit survive and the weak die, and then conclude you must "Love your neighbor," or even "Be kind?" How do you deduce that violence (including gun violence) is morally wrong?

Our twisted view of God is our core problem — both in Western culture and as individuals. It is Gov. Lujan Grisham's bent notion of God, not her miserable view of the Constitution, that is the fundamental malady.

I applaud the governor's instinctive empathy for those families whose children were murdered. I assume her intentions are good. But good intentions often pave the road to a land few of us wish to ever visit. She is profoundly confused. She thinks guns are killing children. In truth, it is people who believe God *is irrelevant* — *the God* who said, "Thou shalt not murder." Deeming God irrelevant removes any moral obligation to respect the lives of others—obligation being the operative

Is it mere coincidence that as our belief in God as a culture continues to devolve that gun violence conversely soars? The upsurge in violence is largely the consequence of our muddled view of God.

If we continue to teach schoolchildren that God is irrelevant, we will never rid ourselves of the dark specter of ever encroaching violence. Until we place God back at the center of the cultural conversation the attacks on our children and the Constitution will most assuredly escalate.

What's the solution? YOU are the solution. Only You can bring God back into the conversa-

in your home, your neighborhood, and your community. The choice is simple. The choice is yours.

God *is* the issue—in every issue.

Brad Bright is an author, speaker, president & CEO of Bright Media, and host of the weekly podcast: GOD is the

Tips For Husbands Who HAVE To Go To Fall Festivals



TIM TIMMONS Two Cents

Fall means turning leaves, cooler temps, football, saying so long to summer . . . it used to mean that school just started but now is the beginning of the second grading period . . . but I digress. For us warm-weather lovers it

signals the beginning of our bodies losing their warmth. I don't expect to have warm feet again until

It also means fall festi-

All across the state it seems like most communities – big, small or a few pumpkin spices in between – have their own.

From Oktoberfests to Persimmons to Turning Leaves, Covered Bridges, Apples, Pumpkins, Arts, Foliage, Harvest Moon, Headless Horsemen, Corn Mazes, Harvest, Settlers, GermanFests, Chili Cook Offs and, oh yeah, fall. . . there's a festival for

everyone. A lot of us will be

heading to one (or more!)

of these. Truth to tell, I used to hate it. Hate with a passion. Back in the day, I would rather play softball, watch sports on TV or work in the garage.

But, and please don't tell my wife this, they aren't as bad as they used to be.

So chances are high that we're going to spend a few weekends wandering around the great Hoosier state visiting a few of these. Most will be pretty crowded. Some are shoulder-to-shoulder crowds. Very few are sparsely attended, so please allow me to offer a few thoughts on the do's and don't's for some of the husbands who are going to be in attendance – whether they want to be or not.

• First, if you see something that catches your eye, do not stop in midstride to look. Chances are there's some schmuck of a husband behind you who isn't watching where he's going. See the problem that's coming?

- Ditto if you change your mind and wheel around on a dime. Your sudden reversal could result in a collision with the aforementioned schmuck and the chain-reaction that ensues won't be pretty.
- Have a dog you love and adore? Good for you. Leave it at home.
- When you inevitably run into friends, don't gather as a group in the middle of the walkway.

Seasoned festival goers understand and just go around you. The schmuck of a husband gets confused and that causes a

logjam. • If there is a shuttle and a long line waiting, don't

try to cut in. Hell should have a special corner set aside for those people. Ditto for those who don't observe common courtesy in the parking lot and drive like Mario Andretti to the parking spot you've

patiently waited on.

• Do the event organizers a favor and when you finish that lemon shakeup or elephant ear, find a trash can. Not only does it help keep the place clean, but whether there should be or not, dogs are

running around. Step on a squishy lemon rind and you get a sinking feeling for at least a second or

 Speaking of food, just understand that the prices are going to be ridiculous. Standing there griping about it isn't going to change anything.

 Also understand that fried grease is the order of the day. So are antacids. Ah fall . . . love this time of year.

Two cents, which is about how much Timmons said his columns are worth, appears periodically on Wednesdays in The Paper. Timmons is the publisher of The Paper and can be contacted at ttimmons@thepaper24-7.com.

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Sunday, Oct. 15, 2023

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Around The County With The Saidlas



KAREN ZACH Around The County

Not particularly a one-person article today, but more an overview of an interesting early Darlington area family. This family's story begins with Johanna Adam Saidle who was forced into the German Army and did not want that for his own sons. He was born in Mockmuh and baptized 17 April 1790 in Senfeld, Baden, Germany, his parents John Adam and Barbara. He married Catherine (Kellar, I believe). Two sons were born to them while there, then they decided it was time to go!

When they arrived in America, his name became John Adam Saidla, although it was still often spelled the original way. Coming to the Darlington area, John purchased a total of 400 acres in Sec 14 and 23, Sugar Creek Township and someone in the family lived there for generations!

there for generations!
And, so it began! The generations to come of this family, of course, had their tragedies (little John, son of Adam, grandson of our originator drowned at age 5). John Henry, son of Philip Jacob was accidentally shot in the stomach when he and his hired hand were working in the field in 1880, just 24 years old. Quite a bit of a fence row was burned; good horses were lost.

Yet, there was a multitude of blessings we can overview here. For one thing, the Saidla's were certainly up and coming. When phones became available, John and Will were a couple of the first in line to purchase one. UPS & Fed Ex had nothing on the Saidlas as Byrd opened a shipping shop "shipping all kinds" of things in Nov 1900. They kept their properties improved (new gate, new wallpaper at "the mansion" and such). Will purchased one of the first roadsters of the area as well.

Funny, but one of the biggest items I noticed as I researched

this family was that they loved to entertain – for any and all occasions! They even let others use their large home for such (CWJ 9 Nov 1900) as did Ray Craver with Lulu and Hattie Pittman at Frank's home for a masquerade ball with 50 young folks in attendance wearing striking costumes, having oysters and other light refreshments with games and music afterwards. "One who was there," wrote: "We voted Mr. Craver and the Pittmans royal entertainers," and thanks were given to the Saidlas as the guests departed at a late hour. Wedding parties, ice cream suppers, Women's Aid Society (ice cream and a great variety of cake with foreign fruits and mild drinks) and musical get togethers – well, you name it – one of the families seemed to always be in the papers partying (good kinds of course).

The Saidlas (thanks to Nancy Pickel for the stone name) seemed to be hard workers, Adam being one of the first to put in his crops each year; Will building (Oct 1899) corn cribs for Joe Binford; John and Bert were the Darlington street sprinklers summer of 1896; and Byrd shipped 3,000 rabbits at the end of December 1900.

I'd say they didn't mind going out on a limb, either, as did Stella when her Sunday School class made a silk quilt, selling for a 10 cent donation a place for your name. Stella wrote to President Benjamin Harrison asking if he'd like his name included. He wrote her back, not only sending the donation but postage as well telling her she could place his name on "the quilt if by so doing it will help you in a good cause!"

While I'm on the ladies, two especially were musically gifted, Joshua's daughter, "the handsome and accomplished" Bessie receiving a piano in September 1894, having taken lessons and often entertaining. Then, Stella also Josh's daughter attended DePauw, majoring in music – both doing a lot of playing.

Politics? Not too much other than in township politics, but most all were church goers, some such as Adam finding Christ not long before passing when Elder DC Campbell of the White Church baptized him in October 1897.

Service? I only found two – likely more – but John Adam would be happy that, John Saidla joined the US Navy at the end of May 1901 and cruised around the World; however, at his arrival in NY he was discharged due to his eyes deteriorating. He was perfectly satisfied with the experience though, but was glad to spend Christmas eating his momma's home cooking in the "best place in the whole wide world – Darlington, Indiana!" Sadly, Collyn Saidla, Jr, a member of the Valparaiso Civil Air Patrol was fatally injured in Porter County when his 65-horse powered Piper Cub crashed. He is buried in Darlington. RIP.

Lastly, they were a close-knit family celebrating all occasions and having reunions for several decades, loving family memorabilia, as well. At their 18th reunion in 1916, the family bible having made the trip from Germany and a pair of eyeglasses that were over 200 years old were on display.

How I became interested in writing about the family is reading an article Martha F. sent me that Wayne Guthrie (loved his writings) wrote in his Indianapolis News column on 9 Nov 1953 about an interesting Saidla possession. The original John Adam Saidla using the timber from his land, built a distillery that at first set on the hillside south of the old log barn. Later, it was moved closer to Sugar Creek. Willard Anderson was the great grandson of John Adam and Catherine. In about 1900, Willard's parents lived there and at that time the distillery was used to hold grain and in good shape. When Guthrie's article was written there was no trace of it. In August of 1953, Willard Anderson decided he was finding a piece or two of it, the old home or something to represent the Saidla progenitors. Third time out searching was the charm, finding a nice piece but the wood was small, "yet he fashioned some 40 letter openers," from it, noting "Souvenir, Old Saidla Distillery, 1840" and gave one to each of his living cousins. Hope they are all still in the family and I for sure have no doubt John Adam and Catherine would be quite proud of those family gifts!

Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears each Thursday in The Paper of Montgomery County. You can reach her at karen.zach@sbcglobal.net.

Life, Liberty, And The Pursuit Of Happiness



BUTCH DALE Columnist

When I taught 5th grade Social Studies, each student was required to know and memorize several things. For instance they had to know the Pledge of Allegiance, the words to the Star-Spangled Banner, the states and capitals, the Bill of Rights, and all of the U.S. Presidents in chronological order, just to name a few. They also had to memorize this section of the Declaration of Independence:

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are Life, Liberty, and the pursuit of Happiness."

In the past few years, the American people have lost many of their freedoms. Our federal government, along with the hundreds of bureaucratic agencies, now control almost every aspect of our lives. Administrative rule is now America's system of government. We were once a republic, but now we are governed by edicts, mandates, and executive orders, with less and less freedom each passing day. This situation has certainly curtailed my "pursuit of Happiness."

One party controls almost every institution in America. Barack Hussein Obama promised "fundamental change." He was successful. Individual rights and responsibilities, and individual freedoms, are cast aside in favor of progressive socialism. The federal government considers itself to be our caretaker. Accordingly, we should be glad they are looking out for us. After all, they know what is best for everyone, don't they? They, and they alone, make the decisions. I have no issues with our local Democratic party, all of whom have common sense and care about Montgomery county. But the national Democrat party, which at one time represented the average working men and women and their families, now only cater to the large cities, liberal fanatics, Hollywood, the minorities, and the woke crowd. And if a conservative or outsider dare challenge their authority and power, these politicians will seek to squelch any uprising. The news media and social media, the motion picture industry, the teacher unions, and the majority of the federal

courts are simply extensions of the Democrat party. Welcome to Obama's world. You have to admit, he was a great actor. And what about Ol' Joe? We need to remember what Obama said about Joe Biden during the 2020 election..."Don't underestimate Joe's ability to **** things up." Joe is just a puppet on a string...Howdy Doody reincarnated.

So to you all-knowing, power hungry politicians in Washington, D.C. who want to control my life, I will remind you...

I do not want you to advocate for "social justice programs" that seek to defund the police and institute "no cash bail" for dangerous felons. I want a wall built to keep out illegal aliens, terrorists, cartels, and drug smugglers. I do not want the FBI to intimidate parents who show up at school board meetings to protest insane liberal policies. I do not want my taxes to subsidize abortion clinics. I do not want my school-age granddaughters forced to use "gender neutral" restrooms. I do not want you to read and monitor my E-mails. I will not give up my right to buy a gun for self-protection if I so choose. I do not want an electric-powered car. I don't want you to tell me what type of light bulbs, showerheads, gas stoves, refrigerators, ceiling lights, and washing machines I can buy. I am not going to be forced into wearing a mask or getting a vaccination just because you say so. I am tired of high-priced gas and high interest rates because of your ridiculous policies. And don't think you can increase the number of judges on the Supreme Court when their decisions don't go your way. Finally...to all of you politicians, both Democrat and Republican, who have been in Congress much too long, I want

In retrospect, I should have also had my students memorize this section of the Declaration:

this section of the Declaration:
"That whenever any Form
of Government becomes
destructive of these ends, it is
the Right of the People to alter
or to abolish it, and to institute
a new Government, laying its
foundation on such principles
and organizing its power in
such form, as to them shall
seem most likely to effect their
Safety and Happiness."

In the 1976 movie "Network," Howard Beale shouted, "I'm made as Hell, and I'm not going to take it anymore!" Many people in our great country are starting to feel that way. Unless things change, I believe that the above stated "Right of the People" may be fast approaching.

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

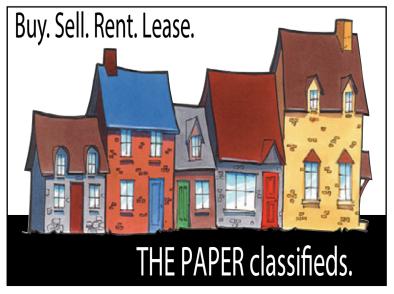


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Ask Rusty - How Will My Wife's Social Security Be Affected by her Teacher's Pension?

Dear Rusty: My wife, born in 1960, was a Texas school teacher for about 10 years and receives a \$1,000 per month pension from that work. She didn't pay into Social Security while teaching, but she paid into it for about 23 years while working elsewhere. I paid into Social Security my entire life, the maximum in most years. so my SS benefit will be much greater than hers.

I understand there are some sort of penalties or restrictions on my wife's Social Security benefits and also for spousal benefits due to her school pension. Please share the process I can use to estimate my wife's Social Security and tell me if she can file for spousal benefits. Signed: Planning for the Future

Dear Planning:

Because your wife has a Texas school teacher pension earned without contributing to Social Security, any SS benefits she is entitled to will be affected by two rules - first, by the Windfall **Elimination Provision** (WEP) which will reduce her personally earned Social Security retirement benefit and, second, by the Government Pension Offset (GPO) which will reduce any spousal boost (if she is entitled to one) to her own benefit.

The amount of the WEP reduction to your wife's personal SS retirement benefit will be computed using a special formula which considers the number of years she has contributed to Social Security through other (non-state) work. Since your wife became eligible for Social Security benefits in 2022 the maximum



ASK RUSTY
Social Security Advisor

WEP reduction with 23 years contributing to SS will be \$358. If your wife has already obtained an estimate of her Social Security retirement benefit, deduct \$358 from that estimate and that will be pretty close to her actual SS retirement benefit when she claims. Social Security will figure out the exact amount of her WEP reduction when your wife applies, but you can also use Social Security's

Social Security Matters by AMAC Certified Social Security Advisor Russell Gloor This article is intended for information purposes only and

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"WEP Calculator" for an estimate, which you can find at this link: www.ssa. gov/benefits/calculators/.

Whether your wife will be entitled to a "spousal boost" to her own Social Security retirement benefit depends on how your respective FRA entitlements compare, and the GPO. The base amount of your wife's spousal boost will be the difference between her pre-WEP FRA entitlement and 50% of

your FRA entitlement. If your wife's normal FRA entitlement is less than 50% of your FRA entitlement, the difference is a "spousal boost" added to your wife's personal SS retirement benefit. However, that base spousal boost will be reduced if taken before your wife reaches her FRA, and even further reduced by the GPO (the GPO reduction will be 2/3rds your wife's State of Texas pension, e.g., about

\$667). Any remainder left after these reductions to your wife's spousal boost will be added to her own WEP-reduced SS retirement amount, but if the remainder is \$0 then no spousal boost will be given, and your wife will get only her WEP-reduced Social Security retirement amount.

FYI, Social Security's WEP and GPO provisions apply to anyone who has a pension earned without contributing to Social Security, including many public service retirees in the 26 states which do not participate in the federal Social Security program. I've published numerous articles about how these rules affect benefits, and also about the rationale behind both provisions, which you are welcome to review at this AMAC Foundation website: www. SocialSecurityReport.org.

Oh, Those Cars . . . If Butch Had Only Known!



BUTCH DALE

low, too.

In a recent column, I mentioned that my wife and I had purchased a new Toyota SUV a couple of years ago...the price \$42,500. We normally buy a good, low mileage used car, but we decided to go ahead and get a new one as it is likely the last new car we will ever own...unless I win the lottery. At that time, the interest rates were fairly

Now I'm glad we purchased that Toyota. The prices of new and used cars have skyrocketed in the last two years, and interest rates have almost doubled! We stopped in at the Dog N' Suds last Saturday to feast on their coney dogs before they close for the season, and after leaving, I drove through the DeFouw dealership lot. There was a used Chevy SUV on sale....\$92,500...yes, that's correct...it was USED! There were several vehicles priced over \$50,000. I guess that 1951 Chevy I bought for \$10 in 1978 was a pretty good deal!

This got me to thinking about all of the vehicles I have owned since I got married at age 18 in 1966. Now let's get one thing straight to start with...I was a certified "car nut." My folks had really crappy cars when I was growing up...a green 1948 Pontiac, then a 1955 pink and white Buick, and followed by a 1963 red and white Chevy station wagon (with no radio)...

not exactly "chick magnets" for the dating scene. So now that I was on my own, attending Purdue, and earning my way through college by working at National Homes for "good money" (\$2.00 an hour), I decided to buy a nice car...a 1965 Chevy Impala Super Sport...price \$2450, with payments

\$63 a month. After graduating from Purdue, I traded the Impala in on a new Chevy Nova 4-speed...price \$3150. It was a good car, but I had always wanted a Corvette, so the next year I traded the Nova for a 1969 Corvette convertible with a 427 c.i. engine and 4-speed transmission... price \$3200. I became a teacher at Darlington Middle School, and it was a delight just to drive that Vette to work each morning...just a tad tricky on snowy days! But then along came our first child in 1971. No room in a Corvette for a baby, so I reluctantly traded it for a Ford Gran Torino family

However, two years later, I had saved enough to buy a second car... yes, another Corvette...a 1967 convertible for \$1700. Through the past 57 years, I have owned several "family" cars and a few "sporty" cars. Also, as a hobby, starting in the late 1970's, I bought older cars and trucks that I fixed up and resold...usually making a profit, but occasionally losing money. For instance, I purchased a 1970 Chevy Chevelle in Colfax one afternoon for \$1700, and then sold it three weeks later for \$3200...a nice little profit that helped to feed...by

then...our three kids.
I estimate that I have
owned approximately 100
vehicles since 1966, twothirds of those "buy and
resell for profit." In retro-

spect, I should have kept the seven Corvettes that I owned during that time, along with a 1969 Dodge Charger, a 1973 Camaro, a 1956 Ford pickup, a 1937 Plymouth, a 1995 Dodge Stealth, a 1948 International pickup, and yes, that ten dollar 1951 Chevy, along with a few others. Those 1965 and 1969 Vettes, for instance, now each sell for around \$70,000 plus! It's hard to

find any bargains today. When I was a deputy on the Sheriff's Department back in the early 1980's, I stopped at a house one evening in New Richmond to ask directions. No one answered the door, but I heard someone in the nearby garage. An old fellow came out, and we started talking. After giving me the directions. he told me to take a look at a car in his garage that was covered with a large blanket. I was astonished. It was a 1936 Cord convertible...one of the greatest luxury classic cars ever made...the car that the Hollywood stars drove back in those days. I asked him if it was for sale, but the old fellow told me that the car was his "retirement insurance." It had to be worth

a fortune.

I don't know what ever happened to that great car. I couldn't afford it, but out of curiosity would just like to know...Do any of you readers have any idea? If I live long enough to purchase another new car, I may have to take out a mortgage on our house...or just buy a horse.

John "Butch" Dale is a retired teacher and County Sheriff. He has also been the librarian at Darlington the past 32 years, and is a well-known artist and author of local history.

NQC Is A Slice Of Americana That Fills The Soul



RANDALL FRANKS
Southern Style Columns

I entered the LeConte Center in Pigeon Forge, Tenn. and found myself in a sea of smiling faces.

They were looking forward to hearing and seeing their favorite gospel music performer either on the stage or in their booth at the National Ouartet Convention.

The people walked gleefully towards their seats for the event only pausing as they passed a familiar artist standing in their booth where they stopped to say hello or to see their latest album.

Once inside the auditorium, the seats filled the room that guided your attention to the stage where stood one of the up-and-coming acts performing three songs for the crowd.

The talents of act after act crossed the stage only broken in speed by the emcee's introduction.

A non-stop cavalcade of stars and upcoming talents kept the audience

in the Spirit of their performances with old and new gospel songs.

As part of the weeklong event, the stage also featured the Singing News Fan Awards, the Southern Gospel Music Hall of Fame inductions, numerous ministerial messages, special showcases, and special feature events.

There were numerous worthy award winners at the Singing News Fan Awards outstandingly hosted by my former bosses Jeff & Sheri Easter. Two of my favorites presentations included two of my friends Karen Peck Gooch won Favorite Soprano Award, while The Inspirations, including my former Americana Youth of Southern Appalachia participant Isaac Moore (Favorite Young Artist Award), won Favorite Artist Award; Favorite Soloist was Joseph Habedank; Favorite Mixed Group went to the Collingsworth Family; Triumphant Quartet took Favorite Quartet; Connie Hopper received the Favorite Alto Award; among a list of other recipients. Visit singingnews.com to find out more.

This year's Southern Gospel Music Hall of Fame inductees included Sue Dodge, Danny Funderburk, Norman Holland & Reagan Riddle! I was especially please to see my encouragers Norman Holland who helped me launch my career at Benson and now retired Primitive Quartet performer Reagan Riddle. Their music fueled my youth and performing hopes. Be sure to support their new museum at Biblical Times in Pigeon Forge. Find our more at Sama org.

Friends, if you would like to experience a true slice of Americana, I urge you to make the National Quartet Convention 2024 in Pigeon Forge part of your plans. Great music, great people and down home fun. Visit NQConline.com to learn more.

Randall Franks is an award-winning musician, singer and actor. He is best known for his role as "Officer Randy Goode" on TV's "In the Heat of the Night" now on WGN America. His latest 2019 # 1 CD release, "Americana Youth of Southern Appalachia," is by the Share America Foundation. He is a member of the Old Time Country Music Hall of Fame. His latest book is "A Badge or an Old Guitar: A Music City Murder Mystery." He is a syndicated columnist for http://randallfranks.com/ and can be reached at rfrankscatoosa@ gmail.com.







Federal Government Distrust



BRIAN HOWEY Guest Columnist

The last two American presidential assassinations — coming about 60 years apart — set in motion different yields when it comes to trust in government. When bullets felled President William McKinley in Buffalo in 1901, the subsequent ascension of President Theodore Roosevelt commenced a progressive movement that largely persisted over six decades, bringing us the New Deal and the Great Society.

And it was 60 years after the assassination of President John F. Kennedy in Dallas that ultimately led to a gradual unraveling of our public trust. Yes, the bullets of Dallas brought about the Great Society and the Voting Rights Act of 1965 two years later under President Lyndon B. Johnson, but those were quickly followed by the Vietnam War, the Watergate scandal and President Nixon's resignation in disgrace, and a rise of a conservative movement beginning with Barry Goldwater in

When the National Election Study began asking about trust in government in 1958 for Pew Research, about three-quarters of Americans trusted the federal government to do the right thing almost always or most of the time. Today, Pew reports that 25% of Democrats and Democratic-leaning independents say they trust the federal government just about always or most of the time, compared with 8% of Republicans and Republican-leaning Americans.

This may have come to a head when President Reagan held a press conference on Aug. 12, 1986, in which he uttered this famous phrase still quoted by his GOP acolytes:

"The nine most terrifying words in the English language are: 'I'm from the government, and I'm here to help.'

Donald Trump adroitly tapped into this notion three decades later. During Trump's presidency, there had been overt damning of the federal government. This ranged from his unproven allegations that the 2016 and 2020 elections were "rigged" and then "stolen," to the Jan. 6, 2021, U.S. Capitol insurrection, to defining the federal bureaucracy as the "deep state," to his public distrust of the U.S. intelligence network and the federal courts, to his Stalinist definition of the news media as "fake news" and as the "enemy of the American people.

Reuters reported that the annual Edelman Trust Barometer reported in Davos, Switzerland in 2017 (the year Trump came to power) revealed that faith in the Chinese government jumped 8 points to 84%, while in the United States it fell 14 points to 33%. "The United States is enduring an unprecedented crisis of trust," said Richard Edelman, head of the communications marketing firm that commissioned the

research. By 2021, after a year of the COVID-19 pandemic, Edelman reported: "With a growing trust gap and trust declines worldwide, people are looking for leadership and solutions as they reject talking heads who they deem not credible. In fact, none of the societal leaders we track — government leaders, CEOs, journalists and even religious leaders - are trusted to do what is right, with drops in trust scores for all."

Reagan explained in his January 1989 farewell address, "Back in the 1960's when I began, it seemed to me that we'd begun reversing the order of things; that through more and more rules and regulations and confiscatory taxes, the government was taking more of our money, more of our options and more of our freedom. I went into politics in part to put up my hand and say, 'Stop.' I was a citizen politician, and it seemed the right thing for a citizen to do."

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The bookend to decades of acute conservative criticism of the federal government came last Sunday when Republican U.S. Rep. Jim Baird of Indiana reacted to last week's news that House Speaker Kevin McCarthy had been booted from office in a historical first, followed days later by the surprise attack on Israel by Hamas. "Our disunity on Capitol Hill is weakening America's position as a global leader and hindering our ability to respond to the atrocities committed by Hamas on the Israeli people," Baird posted on X. "We must stop these political games and show leadership during this international emergency.'

But that's the federal government. State governments fare much better. When Morning Consult did its governor approval ratings in all 50 states last July, not a single sitting state executive had a higher disapproval than approval, and most (including Gov. Eric Holcomb at 55% approve, 35% disapprove) were well above 50%. Only three governors had approval below 50%.

As for the Trump era, in an essay for the Brookings Institute. Elaine Kamarck, founder of the Center of Effective Public Management, asks a series of questions: Did Trump weaken the powers of Congress? Has Trump damaged our system of shared power between the federal government and the states? Has Trump weakened the judiciary? Did Trump weaken the press? Was Trump able to exert control over the civil service?

The answer to all of these questions is "No." "The fact that Trump

did not tear down the major guardrails of democracy does not mean that all is well in the United States," Karmarck said in July 2021. "The lesson is that democracy requires constant care and constant mobilization."

Yes, that's the lesson: Democracy demands maintenance.

Brian Howey is senior writer and columnist for Howey Politics Indiana/ State Affairs. Find Howey on Facebook and Twitter @

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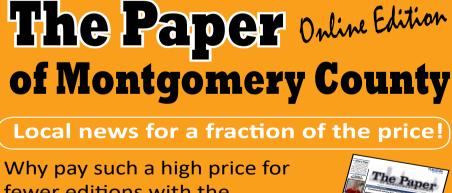
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Butch Dale







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Montgomery County's Most Wanted

The Montgomery County Sheriff's Office is requesting your assistance in locating a subject wanted on a felony warrant. If you have any information on the whereabouts of this wanted person please contact the Montgomery County Sheriff's Office at (765) 362-0885 or (765) 362-3740.







Born 1984 Charge: Charge: Possession of a Firearm by Serious Violent Felon (Level 4)

WANTED



Thomas W. Farley II Born 1991 Charge: FTA Possession of Methamphetamine/Carrying Handgun w/out license



WANTED



Wyatt W. Hunt Born 1996 Charge: FTA Resisting Law Enforcement/Criminal Confinement (Level 5)

WANTED



Born 1990 Charge: FTA Possession of Methamphetamine (Level 6)

WANTEL



Cole M. Williams Born 1995 Charge: P/V Escape

WANTED



Mario G. Ortega Born 1977 Charge: Sexual Misconduct with a Minor (Felony 4)

WANTED



Amanda J. Fry Born 1987 Charge: P/V Theft (Felony 6)

WANTED



Stephen C. Shaffer Born 1992 Charge: Domestic Battery (Level 5)

Please Read Our Disclaimer:

All warrants are the property of Montgomery County, Indiana. This list of wanted suspects is updated on a daily basis, but all warrants need to be verified through the Montgomery County Sheriff's Office Warrants Division before any action is taken. If you feel a warrant is listed in error, please contact the Montgomery County Sheriff's Office.

Notice:

If you have information about the whereabouts of any of the listed suspects, please contact the Montgomery County Sheriff's Office at the numbers provided, or contact your local law enforcement agency. The issuance of a warrant by no means indicates that a person is guilty of a crime, only that probable cause exists to believe that person has committed a crime.

DO NOT ATTEMPT TO APPREHEND ANY OF THESE SUSPECTS AS THEY MAY BE ARMED AND DANGEROUS.

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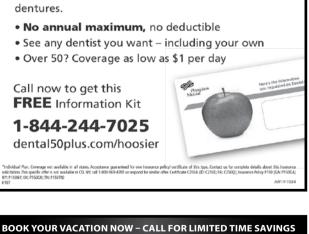
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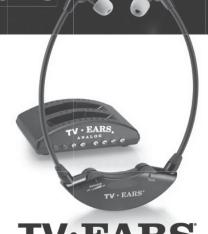
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