

TODAY'S VERSE

2 Corinthians 5:17 *Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.*

*Meet
Fiona*



Fiona is a 1 year old female tabby domestic shorthair that has been at AWL since 3/2/2024. Fiona is playful, cuddly, and affectionate. Fiona has even won the prestigious award of MOST ADORABLE! Fiona is ready to find a furrever home to call her own! Fiona is spayed, dewormed, and up to date on all of her shots! AWL is open Monday - Friday from 12:15p-5p and Saturday's from 9:30a-3p. Come say hi, snuggle cats, walk dogs, or lend a helping hand!!

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Boomer Bits

Ask Rusty - Retiree Asks About His Social Security



ASK Rusty
Social Security Advisor

Social Security Matters

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Dear Rusty:

I retired with a (gross) \$4600 per month Civil Service Retirement System (CSRS) annuity from the US Postal Service in December 2022. I am 66 and will attain full retirement age in November of this year. I know at that point I will not be subject to the "earnings" test, but I will be affected by the dreaded "government offset." I HAVE earned enough quarters and will be eligible for a small social security benefit. First question: will my Social Security benefit just be reduced, or will it be eliminated? Second: will it make a difference if I apply in November or when I turn 70? I am currently working part-time and paying Social Security FICA taxes. Third: if my SS is being eliminated, do I even have to apply? Fourth and last: I am married, filing jointly and my wife is currently receiving SS benefits (only). Could I also be affected by the "windfall" provision if my wife predeceased me?

Thank you in advance for

your service as a Social Security Advisor.

Signed: Upset to Offset and Downfall to Windfall

Dear Upset:

You are correct that when you reach your full retirement age (FRA) in November you will no longer be subject to Social Security's "earnings test," which limits how much you can earn while collecting early benefits. But if you apply for your Social Security to start in November, your SS benefits will be affected by the Windfall Elimination Provision (WEP) due to your non-covered CSRS pension (because you didn't pay into SS while earning your CSRS pension). As you may know, only those federal employees who retired under CSRS (Civil Service Retirement System) are affected by WEP; newer Federal employees who retire under the more recent FERS (Federal Employee Retirement Program) program are not affected.

➡ See RUSTY Page A3

Boomers (& Others) Eye Cognitive Enhancers

With 'explosive growth' forecasted for the 'smart drug' nootropic (cognitive enhancer) market expected to nearly triple to \$8.2 Billion by 2032, brain health is clearly a 'top of mind' concern for throngs of wellness-seekers. Reports underscore, "The rising consumer interest in maintaining robust brain health has significantly boosted demand in the nootropic supplement market," with escalating interest in memory-enhancement, sustained mental clarity and focus, and natural ingredients key market drivers. Amid August National Wellness Month and with September

➡ See EYE Page A3

Supplemental Benefits Address Gaps in Traditional Medicare

By Dave Mull



Medicare Advantage (MA), also known as Medicare Part C, is a managed care alternative to traditional Medicare coverage offered by health plans. In recent years, MA membership has grown substantially and MA plans have been permitted to add new benefits to better address members' needs.

In particular, changes in regulation and legislation

➡ See GAPS Page A8

Karen Introduces Ben Ornbaum's Sister, Delilah and Family



KAREN ZACH
Around The County

Today, we meet Ben Ornbaum's sister, Delilah and family.

Delilah was (as brother Ben from last week's article) born in Rockbridge County, Virginia on March 22nd, 1832. Andrew and Mary (Polly) Shipley Ornbaum were their parents and there were nine children born to them: Elizabeth, Benjamin Lewis, Mary Ellen, Alice (died age one), Delilah, Andrew Marion, William Frances (died age 42 in California), Henry Newton and John Shipley (also went to California dying there at age 88 on his ranch in Ornbaum Valley). Andrew and Henry Newton were both in the Civil War, Henry, a minister (ME Church records) was a member of the Indiana 79th and killed at Missionary Ridge at age 30. Andrew went to California where he died at age 102, spending some of his last days on his huge, immaculate grounds, working away. He was in several campaigns with Co G, the 10th Indiana. A couple of the girls passed young (Mary Ellen, short of being 16 by five days), one in childhood but the rest were Crawfordsville or California citizens. When Delilah was three and Ben was six, Andrew and Polly brought their family to Montgomery County where they lived in Crawfordsville, Andrew a teamster. Sadly, Andrew passed in 1857, but Polly lived to enjoy her grandchildren right here until October of 1879. (Portrait and Biographical Record of Montgomery and photo from FindAGrave - Adrian - thanks so very much!)

At age 13, Delilah was taken into the First M.E. Church and remained a member until her death. Delilah grew up in our fair, young city and at age 21 she married William H. VanSlyke. They spent most of their married life at 805 S. Washington which I think is where the small set of apartments are, their home gone now. She passed February 18th in 1899 at age 66. She was active in the church and loved her home, having been a great hooraher for the AW Chase's Recipe Book in 1866 which was "to assist housekeepers, farmers and mechanics." It was \$1.25 and Cheap John was the only Crawfordsville Agent for the book.

The VanSlykes had Alice the very first day of 1855 who died Feb 2, 1896. She married S.C. Warriner in Lincoln, Nebraska.

➡ See KAREN Page A5

TODAY'S HEALTH TIP

Make a grocery list and only buy what's on it.

Today's health tip was brought to you by Dr. John Roberts. Be sure to catch his column each week in The Paper and online at www.thepaper24-7.com



TODAY'S QUOTE

"Freedom lies in being bold."
Robert Frost

TODAY'S JOKE

The Sunday School teacher was asking to a group of kids under 10 years old which commandment was the most important in regards to their brothers and sisters. Little Johnny didn't skip a beat - "Thou shall not kill!"

MONTGOMERY MINUTE

Don't forget, we won't have a Monday edition of The Paper of Montgomery County. Like many of our readers, we'll be enjoying a long weekend and celebrating Labor Day. The holiday got its start in the 1880s when unions in New York decided to have a parade to honor their members. Did you know that the largest union today is the National Education Association with about 3 million members?

THREE THINGS You Should Know

- Indiana Attorney General Todd Rokita has reached out to Hoosier lawmakers to support efforts to tackle oppressive property tax problems. "I've had the privilege to travel to every corner of the state, and our neighbors, family members and friends are all calling for property tax relief. Me too. One of our duties at the attorney generals office is to work with legislators on their legislative priorities to ensure for instance that any resulting language is compliant with our constitution. It's critical to get this tax relief right, and we are ready to work with legislators to get it right now."
- It's hot out there, dangerously so. It's also a time when our home cooling costs can soar sky high. Our friends at Duke Power remind us that we can reduce our bills, particularly during the afternoon hours when usage tends to peak, by setting thermostat at the highest comfortable setting; avoiding using your washer/dryer and dishwasher during the day, by closing blinds and curtains during the day to help reduce solar heat gain; to use microwaves and cooktops because they use less energy than electric ovens and consider outdoor grilling during those high-demand hours to keep your indoor temperatures lower; to remember that using a ceiling fan can make a room feel cooler than it actually is and we should remember that fans cool people, not rooms, so turn them off when you leave the room. Find more tips and tools to help control energy use and costs at duke-energy.com/SeasonalBills.
- Indiana Gov. Eric Holcomb is on his 25th international economic development trip. He is in Slovakia this week and goes to Italy Saturday. This marks his third and second trips to Slovakia and Italy, respectively. The cost is being paid through private donations to the Indiana Economic Development Foundation and the travel costs in Slovakia will be paid for by the Indiana National Guard.

The Paper appreciates all our customers. Today, we'd like to personally thank **ALVIN HAHN** for subscribing!



United Way Kicks Off 2024 Campaign Sept. 13



United Way in Montgomery County



United Way in Montgomery County kicks off the 2024 campaign with a celebration and lunch at Crawfordsville Country Club on Friday, Sept. 13.

Festivities get going at noon and end an hour later. This lunch is on the same day and immediately follows the United Way annual Golf Scramble that tees off earlier that morning.

The campaign team will

be introduced and most importantly, United Way leaders will announce the 2024 campaign goal as the community comes together to support non-profit agencies.

UWMC asks you to join in with them, their new campaign leaders, partner agencies, industry partners and community leaders. Please RSVP by Sept. 6 by going to <https://uwlafayette.org/montgomery/>.

Severe Weather Challenging Blood Supply

The American Red Cross continues to experience a national blood emergency as remnants of Hurricane Debby and other severe weather events across the country have further complicated efforts to rebuild the nation's blood supply. Those in unaffected areas are urged to make an appointment to give now.

Weather in recent weeks has added to the summer shortfall in donations by forcing the cancellation of nearly 60 blood drives throughout the country, many of which were caused by Debby, causing approximately 1,500 lifesaving blood products to go uncollected. Annually, severe weather – such as blizzards, tornadoes, floods and hurricanes – impacts about 90,000 blood donations made to the Red Cross. In Indiana, 357 blood drives have been canceled due to weather over the last 10 years, including 22 so far this year. This

has resulted in about 666 donations going uncollected in the Indiana Region to date in 2024. Because blood has a short shelf life and can only come from volunteer blood donors, any disruptions in the ability to collect lifesaving blood can have serious consequences for hospitals and patients.

First-time donors and those who give regularly are critical to blood supply recovery. To make an appointment, download the Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767). In thanks, all who come to give through Aug. 31 will get a \$20 Amazon.com Gift Card by email. See RedCrossBlood.org/Help for details.

Those who come to give Sept. 1-15 will receive an exclusive Red Cross raglan T-shirt, while supplies last.

THE PAPER

Butch Dale's Flashback Trivia



Do You Recognize This Person?

HINT:
 She was a very popular grade school teacher at Waveland.

Answer on Page A3

Thank You For Reading The Paper



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CASEY WILLIAMS



Nobody but noooooobody gives you a better inside scoop on new cars than Casey Williams. Each week Casey puts you behind the wheel and gives you the lowdown on the latest out of Detroit, or other places! If you drive a car, this is a must read!

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Vol. 20
 Sen. Phil Boots, President
 USPS Publication Number: 022-679
 Annual Print Subscription: \$89
 To subscribe: circulation@thepaper24-7.com
 To contact news: news@thepaper24-7.com
 To submit legal notices: legals@thepaper24-7.com
 For billing: business@thepaper24-7.com

Issue 102
 Tim Timmons, Publisher
 Report address changes to circulation@thepaper24-7.com
 Annual Online Subscription: \$42

↓ RUSTY From Page A1

Because of your CSRS pension, your Social Security benefit will be reduced, but not eliminated. The amount of reduction will be based on the number of years of non-government employment you had (where you paid into Social Security). Usually, those who have spent a lifetime earning a pension without contributing to SS, but who have a separately earned SS pension, will see their SS benefit cut approximately in half.

To answer your second question, your benefit will, indeed, continue to grow if you wait until you are age 70 to claim Social Security. Benefits taken after one's full retirement age earn "delayed retirement credits" (DRCs), which add to your final benefit amount. Your benefit will still be reduced by WEP, but your final amount will be more because you waited longer to claim.

Re your third question, your SS benefit will only be reduced (not eliminated), so it's always worthwhile to

apply. Otherwise, you are forfeiting Social Security money you are entitled to.

And lastly, if your wife dies before you, your CSRS pension will also cause another provision called the Government Pension Offset (GPO) provision to apply. The GPO will reduce your surviving spouse benefits by 2/3rds of the amount of your government CSRS pension, which will likely eliminate any spousal benefit you are entitled to (except the so-called "death benefit" – which is a one-time lump sum \$255 benefit paid to a surviving spouse).

This article is intended for information purposes only and does not represent legal or financial guidance. Russell Gloor is the, National Social Security Advisor at the AMAC Foundation, the non-profit arm of the Association of Mature American Citizens. To submit a question, visit our website (amacfoundation.org/p rograms/social-security-advisory) or email us at ssadvisor@amacfoundation.org.



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Butch Dale's Flashback Trivia
Answer: Juanita Hunt

↓ EYE From Page A1

Healthy Aging Month looming, the 3 RDs/pharma experts below are available to discuss nootropics as an easy, nutrition-driven way to support brain health and improve cognitive function at any age easily through one's diet.

With top celebrities being deemed 'obsessed' with cognition-enhancing 'nootropics'—including A-Listers like Maria Shriver and son Patrick Schwarzenegger actually developing brain health-fueling protein bars and Joan Lunden's daughter & wellness expert Jamie Hess advocating specific ways to maintain brain sharpness for healthy aging across generations—food and beverage-based brain health products are generating quite a buzz. From 'Smart' Chocolate, 'Focus' Pops, and 'Concentration' Gummies, to 'Performance' Coffee, 'Productivity' Drinks, and fortified water, there are hundreds of food, beverage and supplement items infused with the cognition-enhancing nootropic nutrient Cognizin citicoline to help you achieve and maintain acute mental performance.

The experts can detail how one such product – Cognizin -- can play a daily role in supporting brain health: naturally enhancing concentration, focus and mental energy; maintaining attention, supporting memory and other key benefits of optimal cognitive function. Topics can include these, and other, nutrition-based brain health and smart aging topics:

- Aging Gracefully: Maintain Mental Sharpness With Dietary Intervention
- Empowering Cognitive Vitality At Any Age
- Elevating Brain Health & Cognitive Function for a Better Quality of Life
- Diet-Savvy Ways to Maintain Sharp Cognitive Function as You Age
- Fueling Your Brain: The Nutritional Path to Peak Mental Performance
- Nutrition Strategies to Combat Cognitive Decline
- Why Promoting Brain Health Is Key At Any Age
- How to Maintain a Sharp Mental Edge
- The Aging Brain: Nutritional Intervention Enhancing Focus And Cognitive Vitality
- Cognitive Care: Dietary Approaches Upholding Brain Health at Any Age

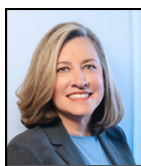
With performance-specific cognitive health an apparent top-of-mind concern for people of all ages and interests—from healthy aging-focused seniors to career professionals

across generations, athletes, fitness enthusiasts, college students, and much in between—throngs are turning to nutrition-based brain health solutions to optimize their productivity and results, support immune health, and improve natural age-based cognitive decline.

As consumers contend with a glut of stressors at work, home and socially—all exacerbated by the rapid-fire pace of life in general—the search for natural and lifestyle-friendly ways to improve brain health is on the rise. Overall, it is important to recognize how critical cognitive function is across all life stages, and the pivotal role it plays in every aspect of our daily lives. From the ability to perform everyday tasks to our capacity to learn and have emotional responses, Cognizin has become a readily accessible nutraingredient offering great potential to promote healthy brain aging.

About the Experts:

Karen E. Todd, RD, CSCS, EP-C, CISSN, Registered Dietitian, Vice President Global Brand Marketing Kyowa Hakko USA



Karen E. Todd is a Registered Dietitian with over 25 years of experience in exercise performance and nutritional product development and education. Karen holds Bachelor of Science degrees in both Scientific Nutrition and Food Science Technology from Texas A&M University and an MBA from the Huizenga School of Business at Nova Southeastern University. Currently, she's the Vice President of Global Brand Marketing for Kyowa Hakko, where she manages marketing and branding for health product ingredients, spanning dietary supplements, functional foods, and beverages. Beyond Kyowa, she sits on the executive board of The Council for Responsible Nutrition and chairs the Women in Nutraceuticals (WIN) initiative.

Katie Emerson, MS, RD, LDN, Senior Manager of Scientific Affairs Kyowa Hakko USA



Katie Emerson is a registered & licensed dietitian and research scientist. She earned her Master's Degree in Nutrition & Dietetics, specializing in Sports Nutrition, from Nova Southeastern University in Davie, FL. Katie also holds a

Bachelor's Degree in Science Education from Broward College, Davie, FL. Katie is a highly qualified professional with an extensive range of licensures and certifications, including a Clinical Research Coordinator Certification, a Registered Dietitian license, and a Sports Nutrition Certification. Due to her previous role as Manager of Scientific Affairs, Katie is involved in professional organizations like Women in Nutraceuticals, the International Society of Sports Nutrition and the American Society of Nutrition, sharing her insights in areas such as sports nutrition and nootropics. She's experienced with YouTube videos.

Danielle Citrolo, PharmD, COO & VP Scientific & Regulatory Affairs Kyowa Hakko USA



Dr. Citrolo is a registered pharmacist, and she provides scientific and regulatory support to Kyowa's customers in the US, Canada and Latin America. She holds degrees in biochemistry and chemistry from North Carolina State University and a Doctor in Pharmacy from Albany College of Pharmacy, NY.

WALNUT TOWNSHIP COMMUNITY DAY

Saturday, September 7, 2024

Downtown New Ross

Car Show Lego Display Entertainment Food Games

The Art of Fun

2024 Schedule of Events

8 - 10 AM	Breakfast at New Ross Christian Church
8 AM	Yard Sales open all over town
9 - 11 AM	Check in for "WTCO Lego Challenge" at Methodist Church. Preregistration Required
11 AM - 1:30 PM	Lunch Served by the He Men at New Ross Fire Station
11 AM - 1 PM	Car Show Registration
11 AM - 3:30 PM	Music by "Mobile DJ" at Car Show
11 AM - 4 PM	Lego Display at New Ross Methodist Church plus an area to experiment & build
11 AM - 5 PM	Music by Ivan Brown at Main Stage
1:00 PM	Registration for Pie Baking Contest
1:30 PM	Sponsored by New Ross Conservation Club
1:30 PM	Pie Contest Judging at Main Stage
2:00 PM	Color Run Registration at Leland Cornett Park
2 - 3:30 PM	Sponsored by the Walnut Elementary PTO
2:30 PM	Pie Auction at Main Stage
3:30 PM	Color Run at Leland Cornett Park
4 PM	Car Show Judging
5 - 8 PM	Car Show Awards Presentations
6 - 8 PM	Parade - Theme: "The Art of Fun"
6 - 8 PM	Dinner Served by the He Men at New Ross Fire Station
6 - 9 PM	Kids Games by Southmont Band
8 PM	Free Face Painting
	Bingo
	50/50 drawing

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↓ KAREN From Page A1

She helped raise his three sons from a first marriage. No children of her own. She was quite active in the Rebekah Lodge and the Women's Relief Corps. She loved the hymn, Nearer My God to Thee, which was sang at her funeral. Next of Delilah's children was son, William O., who married Tillie Thomas and passed in 1931. He managed the painting in the high school building when it was erected. No children and they, too, are buried at Oak Hill, Grant Avenue (Masonic Cemetery in their times) with many of the other family members. Next there was Ida who died at age one in 1859; John A. who passed at age two, ten years later, having had the measles. I assume Ida Mae born in August of 1860 was named for the passing sister. She married John Williams and they were blessed with two daughters, Hortense and Laila.

Maude born on Christmas Day in 1873 and passed 11 November 1925. She married William W. Brush and passed away from pneumonia. They had at least one

daughter, Autumn. The last daughter of the VanSlykes was Jennie who married Herman Paloneski and lived in Denver at least at the time of her mother's death. Could find nothing else on her! I'd guess it's the spelling of the last name although I tried it many different ways! William VanSlyke was a boot and shoemaker for years with many ads in the local newspapers. He was in the Graham Building on Main Street and did custom-made work. Although I'm not 100% sure when he began or closed his shop, I know it existed from at least the late 1860s until about 1890. Later, he was a beat policeman for the town but Delilah did not like this and begged him to quit. She was afraid of the area he had his beat in (near the Monon depot) as it was pretty wild. He worked as a policeman for a few months, then decided perhaps his wife was right and "retired" from that and in general.

William was born August 18, 1828 in Canada according to all indications but about everything I found

leans toward New York. He was the son of Garret (who died here also buried in OH Grant) and Eliza McCarty. He was active in IOOF serving several offices. As far as I know, William had one brother, George who seemed to be fine and one day went insane. He ended-up in the Montgomery County Poor House for more than three decades, many hours sleeping but as many hours, violent. Then at other times as his obituary stated, "30 years of nothingness, of neither joy, sorrow, pleasure or pain, but as a life not being lived!" (obit). William departed this life October 4, 1903, having passed his 75th birthday! His photo on FAGrave by Adrian shows a thin-faced, bearded, gray-haired man with sad eyes. I could see why, but he did have a great wife in Miss Delilah!

Karen Zach is the editor of Montgomery Memories, our monthly magazine all about Montgomery County. Her column, Around the County, appears Fridays in The Paper of Montgomery County. You can reach her at karen.zach@sbcglobal.net.

Back in the Day with Butch Dale



Most people today carry a cell phone, and many children also have their own phone. But in the past ... even in the 1950s, homes had an oak wall phone as the only means of communication. Shown above is Husted "Shoney" Peterson, age 5, using the very first phone in Darlington in 1904.

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Chip on Shoulder Could Lead to Successful Purdue Campaign



KENNY THOMPSON
Columnist

Ryan Walters is taking it personally.

"It" is the Big Ten Conference media predicting the Boilermakers to be the first football team to finish 18th in the Big Ten Plus 8.

"Everyone in the building has a chip on their shoulder that grows by the day," Walters told those same skeptics during Big Ten Media Days in Indianapolis.

"As much as you try not to read opinions of your program or yourself or your players, you still hear it. If you're not reading it, your folks are or your friends are and it gets back to you. I'd be naïve not to address it with the team. I mentioned there's a large chip on everybody's shoulder in the building and 18 out of 18 is a large reason why."

Walters has nearly transformed Purdue's roster since his hire on Dec. 13, 2022. With the offseason addition of 37 high school recruits and transfers, Walters has personally brought in 67 of the 85 scholarship players on this season's roster.

That being said, most of the 18 veterans remaining from the Jeff Brohm era are going to be critical for Purdue not only to prove the media wrong but to also improve on last season's 4-8 mark.

Fifth-year senior center Gus Hartwig, junior guard Mahamane Moussa and junior tackle Marcus Mbow anchor what is expected to be a significantly improved offensive line.

Junior Devin Mockobee seeks to become the first Purdue running back to eclipse 1,000 yards since Kory Sheets in 2008. Sophomores Max Klare and George Burhenn and junior Drew Biber head the deepest and most

talented position on the 2024 Boilermakers, tight end.

Fifth-year senior linebacker Kydran Jenkins was second in the Big Ten a year ago with 15.5 tackles for loss and third in sacks with 7.5. Another fifth-year senior, defensive back Antonio Stevens, has come all the way back from a devastating knee injury as a freshman to earn a starting role. Junior linebacker Yanni Karlaftis will play opposite Jenkins in certain formations, and is coming off a 55-tackle season. Former Carmel standout Cole Brevard and Mo Omonode will anchor the nose guard position.

Sixth-year senior Joe Anderson and junior Damarjhe Lewis will hold down one defensive end slot. Sophomore Joseph Jefferson is slated to back up All-American safety Dillon Thieneman. Last season's seemingly never-ending series of injuries, especially to the offensive line, spurred Walters and his staff to seek quality depth from the transfer portal.

"As far as lessons I learned in the first season, I'd be up here all day talking about them," Walters said. "There are things you anticipate or plan for but nothing can prepare you for real time problems that occur and how fast, how urgently you need to come up with solutions."

In Purdue's case, Walters hopes those solutions come from a top-10 rated transfer class. In all, 26 transfers are listed on the two-deep roster released Monday. Offensive tackle Corey Stewart was brought in from Ball State after earning first-team All-Mid-American Conference honors. D.J. Wingfield plugs a hole at right guard after transferring in from New Mexico. A healthy Jahmal Edrine is expected to be

Purdue's No. 1 wide receiver target for second-year quarterback Hudson Card.

Notre Dame transfer Joey Tanona, Indiana transfer Joshua Sales Jr., and second-year transfers Jalen Grant, Luke Griffin and Bakayne Coly potentially give the Boilermakers their deepest second-team offensive line in years.

Purdue hopes Reggie Love III, Illinois' leading rusher a year ago with 567 yards and four touchdowns, can fill the shoes of New York Giants rookie running back Tyrone Tracy. Mockobee and Tracy combined for 1,605 yards and 14 touchdowns in 2023 as the Boilermakers led the Big Ten in rushing yards (conference games only).

Jeffrey M'Ba, all 6-6 and 302 pounds of him, is part of Purdue's all-transfer three-man front alongside Brevard and Anderson. Rush ends Shitta Sillah (Boston College) and C.J. Madden (Georgia) hope to approach the production of Nic Scourton, who took the money and ran to Texas A&M.

Colorado transfer Kyndrich Breedlove and second-year transfer Markevious Brown join Thieneman and Stevens in the secondary. Australian punter Keelan Crimmins comes in from Mississippi State, where he averaged 40.9 yards per punt and only had nine of his 49 kicks returned.

Notable newcomers to the Purdue starting lineup for the Indiana State game include five-star freshman cornerback Tarrion Grant, freshman wide receiver Shamar Rigby and kicker Spencer Porath of Brownsburg. Grant and Rigby are taking advantage of camp injuries suffered by Georgia transfers Nyland Green and C.J. Smith.

Green and Smith are

expected to be ready for the Notre Dame game, according to reports by GoldandBlack.com and the Lafayette Journal and Courier.

Porath is competing for the field goal role occupied by senior Ben Freehill a year ago. Freehill battled a blood clot for part of the 2023 season and was just 6 of 11 on field goal attempts. He was 2 of 5 from 40 yards and longer.

Big things are expected from Carmel sophomore standout Will Heldt at the other rush end. High school teammate Winston Berglund is backing up Jenkins at inside linebacker.

The dire forecast for Purdue football has not deterred the fan base, showing its support by purchasing the most season tickets since 2007. It helps that the home schedule includes Notre Dame, Nebraska, Oregon and Penn State.

It's that same schedule,

plus trips to Wisconsin and Ohio State, that some believe will prevent the Boilermakers from reaching bowl eligibility.

Plus, it's almost an annual tradition that key Purdue players will suffer long-term injuries. Card missed only one game after transferring in from Texas, one that Purdue probably wins with him at Northwestern. Seldom was Card healthy, taking a beating behind an offensive line that at times was so short-handed that Hartwig had to play tackle.

Assuming healthy seasons for Card, Mockobee, Jenkins and Thieneman I'm predicting a 6-6 record for Purdue. Wins against Indiana State and Oregon State send the Boilermakers into Big Ten season with some momentum. A Homecoming win against Nebraska is a must with an October slate featuring trips to Wisconsin and Illinois before coming home to

a likely Top 5 opponent in Oregon.

Factoring in a loss to Notre Dame, Purdue enters November at 4-3. A victory against Northwestern in Ross-Ade Stadium on Nov. 2 sets up four opportunities to get that sixth win for bowl eligibility. It won't come at Ohio State on Nov. 9, nor likely against Penn State the following week.

That leaves a Friday night trip to rebuilding Michigan State on Nov. 22 and the Old Oaken Bucket game at Indiana on Nov. 30. As Purdue Hall of Fame basketball coach Gene Keady was fond of saying, it's not who you play but when you play them. The Hoosiers will be coming off a trip to Ohio State and that could make the difference in this rivalry.

Kenny Thompson is the former sports editor for the Lafayette Journal & Courier and an award-winning journalist. He has covered Purdue athletics for many years.

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↓ GAPS

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have allowed MA health plans, like Anthem Blue Cross and Blue Shield in Indiana, more flexibility in designing specially tailored benefits that support a person's overall health and wellbeing. These supplemental benefits are unique to MA and can help address gaps in traditional Medicare. Supplemental benefits historically included "primarily health related" benefits like dental, vision, and hearing services and, more recently include services that support health-related needs such as help purchasing nutritious food and transportation to access plan benefits.

According to the National Academy of Medicine, what's typically considered "medical care" only accounts for 10% to 20% of contributors to health outcomes. Other factors that have an impact on a person's health include their access to grocery stores, relationships with friends and family, and home and workplace environments. These are known as social drivers of health, and they account for the remaining 80% to 90%.

Thanks to the expansion of MA supplemental benefits, plan members are now better able to get the help they need to improve their whole health. For example, while medically tailored meals have been offered as a conventional supplemental benefit for a while, some MA plans are now able to offer additional nutrition benefits such as grocery cards, which provide a monthly allowance that give members the ability to purchase produce and other food items at participating grocery

stores.

A study published last year found that a vast majority of a MA health plan's members used at least one supplemental benefit in 2022, with many accessing more than one benefit. In addition, members who used at least one supplemental benefit were more likely to live in areas with fewer resources, such as food deserts and areas with lower socioeconomic status, suggesting that these benefits are helping to address social drivers of health.

Another recent study suggested that use of supplemental benefits is associated with an increased likelihood of having a preventative screening or annual wellness visit and a decreased likelihood of having a hospitalization or emergency room visit for a non-emergent issue.

Today, more than 32 million people have chosen to enroll in a MA plan. That's more than half of all eligible Medicare members, showcasing the critical value that MA plans, including supplemental benefits, provide for older adults and people with disabilities.

With the Medicare Annual Enrollment Period fast approaching, from October 15 to December 7, it's a crucial time for all Medicare-eligible individuals. Take this opportunity to review your options carefully to ensure that your MA plan is working for you. Don't overlook the supplemental benefits, as these can significantly contribute to overall health and wellbeing.

Dave Mull is Medicare Market President for Anthem Blue Cross and Blue Shield in Indiana

Applications Open for 2025 Statehouse Internships

Applications to intern with Indiana House Republicans for the 2025 legislative session are now open, according to area lawmakers.

State Rep. Beau Baird (R-Greencastle) said the Indiana House of Representatives offers a spring semester internship at the Statehouse in Indianapolis during the legislative session, which will start in January and conclude in April. House interns earn \$900 biweekly and work full time, Monday through Friday.

"We are thrilled to invite bright and motivated individuals to apply for a 2025 House internship," Baird said. "This program offers a unique opportunity to gain firsthand experience in the legislative process and contribute to the betterment of our state."

State Rep. Sharon Negele (R-Attica) said internships are open to college students and recent graduates of all majors. Interns get free parking, career and professional development assistance, enrollment access to an Indiana government class, and



Rep. Sharon Negele



Rep. Jeff Thompson



Rep. Mark Genda



Rep. Beau Baird

opportunities to earn academic credits through their college or university.

"This is an experience that gives students an opportunity to get paid while working for leaders from across the state and develop new skills to grow professionally," Negele said. "I encourage any college student or recent graduate to apply today."

State Rep. Jeff Thompson (R-Lizton) said interns are also eligible to apply for a competitive \$3,000 scholarship to use toward undergraduate and graduate expenses.

"No matter what your major or degree is in, you can apply what you've learned to this internship," Thompson said. "Positions always fill fast, so I encourage eligible Hoosiers to not wait to apply."

State Rep. Mark Genda (R-Frankfort) said the

program offers opportunities for students to work in various departments related to their studies, including legislative operations, policy and communications.

Indiana House Republican intern recruiters will be available to talk with area students on Oct. 23 at Wabash College during the Fall Career Networking Fair. Visit <https://wabash.joinhandshake.com/login> to register for the event.

"I encourage all college students and recent graduates to apply for this opportunity," Genda said. "It's a great way for these young Hoosiers to earn income while developing skills that will serve them in any career."

Applications are available online at indianahouseRepublicans.com/ internship and are due

by Oct. 31.

State Rep. Beau Baird (R-Greencastle) represents House District 44, which includes all of Putnam County and a portion of Montgomery County.

State Rep. Mark Genda (R-Frankfort) represents House District 41, which includes portions of Boone, Clinton, Montgomery and Tippecanoe counties.

State Rep. Sharon Negele (R-Attica) represents House District 13, which includes all of Benton and Warren counties and portions of Fountain, Jasper, Montgomery, Newton, Tippecanoe and White counties.

State Rep. Jeff Thompson (R-Lizton) represents House District 28, which includes portions of Boone, Hendricks and Montgomery counties.

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