

■ TODAY'S VERSE

Philippians 4:13

I can do all things through Christ who strengthens me.

■ AWL VIGO



Vigo is a 2 year old male Australian Cattle Dog mix (know the breed Herding Group - Loyal / Intelligent / Tenacious) available for adoption from The Animal Welfare League of Montgomery County (AWL) since 10/9/24. Vigo loves going out for walks, frolicking in a fenced yard, and will gladly sit for treats. Vigo is looking for his best friend. Could that be you? Vigo is available for adoption, to foster, or just simply going out for walks. Come say hi!!

■ MONTGOMERY MINUTE

An informational meeting for Strawberry Festival Queen and Junior Royalty Program is scheduled for Feb. 11 at 6 p.m. in the Donnelly Room at the Crawfordsville Public Library. The meeting will provide an overview of the program and its requirements. Junior Royalty contestants are not required to attend the meeting with their parents or guardian. If interested in attending the informational meeting, you must email sfestqueen@gmail.com prior to the meeting to receive the required paperwork. The Junior Royalty Program is open to boys and girls ages 6-10 as of May 1, 2026 and is \$25 to enter. The Strawberry Festival Queen program is open to high school girls with a \$50 entry fee. All contestants must reside or attend school full time in Montgomery County.



A tip of the seed corn cap to Dr. Martin Luther King Jr., a man who made a real difference in this country!

■ QUOTE OF THE DAY

"Americans play to win all of the time. I wouldn't give a hoot in hell for a man who lost and laughed. That's why Americans have never lost nor will ever lose a war; for the very idea of losing is hateful to an American."

George S. Patton

■ JOKE OF THE DAY

Hey, did you hear an icicle fell on the boss' head?
Yup, it knocked him out cold!



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BOOMER BITS...Tips and Advice from Boomers to Boomers

Does Tax Filing Status Impact Medicare?



ASK RUSTY

Social Security Advisor

Dear Rusty: I'm trying to figure out if I should change my IRS filing status to "Married – Filing Jointly" prior to getting reviewed for my Medicare Part B and Part D. My current IRS status is "Married – Filing Single" and I noticed this filing status is more stringent. I will be turning 62 this year (2025) and I've read that Medicare will review my income 2 years prior to turning 65. Any input would be appreciated.

Signed: *Uncertain Senior*

Dear Uncertain: Your IRS tax filing status has no bearing on your eligibility for Medicare Part B (coverage for outpatient health-care services) or Medicare Part D (insurance coverage for prescription drugs). Medicare is an individual healthcare program, so enrolling in Medicare provides coverage for you (only), not your spouse (your spouse's Medicare eligibility will be individually evaluated).

What your IRS filing status may affect is the

amount of your Medicare Part B and Part D premiums. There is a Medicare provision called "IRMAA" (Income-Related Monthly Adjustment Amount), which sets the income thresholds on which your Medicare premiums are based, and those thresholds are different if you file your income tax as a single, or as "married/filing jointly." The IRMAA thresholds can change annually, and there's no way to yet determine what they will be when you are able to enroll in Medicare at age 65 (they are currently \$106,000 if you file as a single, and \$212,000 if you file your taxes as "married/jointly"). If your "provisional income" (your combined income from all sources) exceeds the threshold for your filing status, you will pay higher (than standard) Medicare Part B and Part D premiums. **See Rusty Page 3**

Think your PayPal is safe?

PayPal is a giant in online payment processing, making it an appealing target for fraudsters looking for an easy payday. By learning how fraudsters usually operate on PayPal, you can be better protected if they ever target you. For this reason, tech experts at financial news site Think Save Retire, have outlined the most common PayPal scams of 2025 and how to avoid them.

The most common PayPal scams of 2025

1. The "problem with your account" scam
Email is a scammer's preferred method of stealing your money. You may receive a phishing email claiming an issue with your PayPal account, and the email will also include a link and a request that you click on it to log into your account. These scams are some of the most common social engineering attacks designed to gain access to your PayPal account.

2. The "promotional offer" or "you have money waiting" scam
With this scam, you receive an email offering a cash rebate or other financial incentive. The email will tell you that you must log in to your PayPal account to verify a few details to claim that reward.

Like other email scams, the link in the email directs you to a fake PayPal website. If you click on the link and enter your login credentials, the scammers get access to your credentials and can drain your account.

3. The "advance payment" scam
This scam plays on emotion, sending you an email notification that you've won, inherited, or are entitled in some other way to receive a considerable sum of money from an unexpected source.

The only catch is that you first must send a small sum via PayPal to cover transaction fees (or some other fake expense), but once you send the small sum, you never hear from the scammer again, and you are out the money you sent.

4. The "shipping address" scam
Scammers have a ton of shipping tricks up their sleeve to try and steal your money from PayPal. Unlike unsolicited emails that lead you to a fake PayPal site, these scam

See Scammers Page 3

The Missing Ingredient in Medical Training: Evidence-Based Nutrition

By *Dominic D'Agostino, PhD*

Every day, patients walk into clinics with diseases that, unbeknownst to them, stem from what's on their dinner table – yet most doctors are ill-equipped to counsel them. That's not for lack of care or effort, but for lack of training.

Today, most medical students receive fewer than 20 hours of nutrition training over four years of school -- far short of the modest 25-hour minimum recommended decades

ago. And much of that instruction is outdated. Medical education largely overlooks the latest science on metabolic health -- how efficiently the body converts food into energy and keeps blood sugar in balance -- to the detriment of both doctors and patients.

Poor diet is now estimated to be the nation's leading cause of mortality, driving epidemics of obesity, diabetes, and cardiovascular illness.

That has to change.

Chronic conditions like heart disease, type 2 diabetes, and obesity are responsible for most deaths in the United States and for the majority of our healthcare spending. According to the Centers for Disease Control and Prevention, three in four U.S. adults have at least one chronic health condition -- many diet-related. Our healthcare system is buckling under the weight of poor

See Nutrition Page 5

■ THREE THINGS YOU SHOULD KNOW

1. A'Jon Hall, 20, of Indianapolis, has been sentenced to 18 months in federal prison, followed by three years of supervised release, after pleading guilty to illegal possession of a machine gun. According to court documents, on the evening of June 22, 2025, large crowds gathered in downtown Indianapolis to watch Game Seven of the NBA Finals. At approximately 10:52 p.m., Indianapolis Metropolitan Police Department officers were alerted by a member of the public that an armed male dressed in all black and carrying a backpack had been seen displaying multiple firearms near a major hotel on Georgia Street. Hall attempted to hide but after multiple verbal commands surrendered.

2. Attorney General Todd Rokita has ensured that an Avon real estate broker who lied to investors to induce them to loan him money will no longer be a licensed real estate professional in Indiana. The broker, Jeremy Tucker, also forged signatures of investors and a notary on mortgages and promissory notes. On Dec. 17 – in response to a 29-count administrative complaint filed by Attorney General Rokita's team – the Indiana Real Estate Commission ordered that Tucker's real estate broker license be permanently revoked. At the commission hearing, multiple victims testified about falling for Tucker's misrepresentations and loaning him money. One testified he lost more than \$10 million to Tucker's schemes. Another told of losing more than \$4 million. Total victim losses could exceed \$100 million.

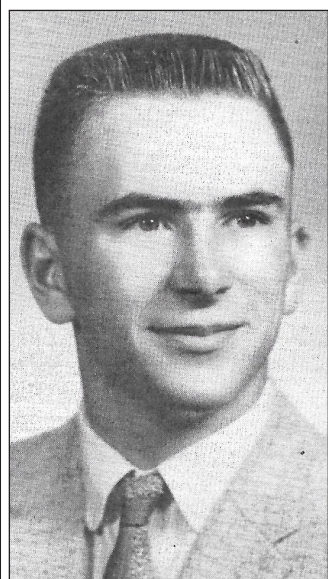
3. Applications are being accepted through March 6 for the 2026–27 Governor's Fellowship. The Governor's Fellowship is highly selective and provides a unique experience in Indiana state government by placing fellows in various state agencies on a rotating basis throughout the year. The program is open to college graduates who receive their associate or bachelor's degrees beginning in either summer or fall of 2025 or spring of 2026 as well as those without a degree who have at least two years of full-time professional experience. Fellows are paid, full-time employees who participate in the day-to-day activities of state government. Many Governor's Fellow participants have gone on to successful careers in both the public and private sectors—with some serving at the highest levels of local, state and federal government. To be eligible for consideration, the application and all supporting materials must be submitted via email by March 6. Applicants should know if they have been selected for an interview no later than Friday, March 13. Recipients of the Fellowship will begin July 1. For questions, contact Jessica Roeder at jroeder@gov.in.gov.

The Paper OF MONTGOMERY COUNTY

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RECOGNIZE ME?

Flashback Trivia with Butch Dale



Do You Recognize This 1959 New Ross H.S. Graduate?

HINT:
He was a very good athlete and served as class officer.

Answer on Page 4

Thorntown Student Earns Deans List

Middle Tennessee State University is congratulating 6,647 students who appear on the dean's list for the Fall 2025 semester, including Raegan Durbin of Thorntown.

To qualify for this distinction, an undergraduate student must maintain a current semester grade-point average of 3.5 or above and earn at least 12 semester hours.

FOR THE RECORD

For The Record is a public service and regular feature in The Paper of Montgomery County. It is designed to tell you what is scheduled to happen and what actually does happen in meetings paid for with your tax dollars. The Paper encourages all citizens to take an active role in being involved in local government.

Montgomery County Soil and Water Conservation District Monthly Board Meetings will be held at the USDA Service Center at 8:00am, unless posted otherwise. Here are the 2026 dates:
January 8
February 5
March 5
April 2
May 7
June 4

July 2
August 6
September 3
October 1
November 5
December 3
The annual meeting will be Feb. 17 from 5:30 - 8:30 p.m. at Stone Creek Lodge. This meeting is free and open to the public. Dinner will be provided.
In addition, **Community Growers of Montgomery County: Location: The Table Spoon. 11:30 a.m.-1 p.m.**
February 11
April 22
July 15
October 13
Montgomery County CISMA: Location: USDA Service Center. 4 p.m.-5 p.m.
March 25
May 13
August 12
November 4

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Next Legislative Breakfast Feb. 21



Photos courtesy Crawfordsville / Montgomery County Chamber of Commerce

A large crowd showed up last time to talk to legislators about a number of topics, including child care.

What goes on in the Statehouse as Legislators grapple with budgets and other issues of our state? Find out by asking them in person at the Crawfordsville / Montgomery County Chamber of Commerce State Legislative Breakfast.

The next one takes place at 9 a.m. on Saturday, Feb. 21 at Crawfordsville Middle School.

Invited to participate will be state senators and state house members who represent Montgomery County. That group consists of State Senators Brian Buchanan (District 7) and Spencer Deery (District 23) along with State Representatives, Jeff Thompson (District 28), Matt Commons (District 13), Mark Genda (District 41)

and Beau Baird (District 44).

The State Legislative Breakfast will include breakfast catered by Smitty D's Hot Dog Stand.

The event is open to the public for a fee, regardless of age. The cost is \$10 for Crawfordsville / Montgomery County Chamber of Commerce members and \$15 for non-members.

Registration is required. Sign up on the Chamber calendar of events at Crawfordsvillechamber.com or call (765) 362-6800.

Crawfordsville Middle School is located at 705 Wallace Ave. The breakfast will take place in the large group instructional room.

For more information regarding the breakfast or the chamber, please

CHAMBER State Legislative Breakfast Lakesi BOOK COMPANION



From left, Sen. Spencer Deery, Rep. Jeff Thompson, Rep. Matt Commons and Sen. Brian Buchanan.

contact Chamber Executive Director Stacy Sommer at

ssommer@crawfordsvillechamber.com

Reduce Your Risk of Falls and Stay Active with 'A Matter of Balance'

Falls are a leading cause of injury among older adults, often resulting in a loss of confidence and reduced physical activity. To help individuals regain strength, improve balance, and move with greater confidence, Purdue Extension and Crawfordsville Mobile Integrated Health is offering A Matter of Balance, a fall prevention program.

This eight-session program will be held on Tuesdays from Feb. 24 through April 21 (no class March 24), from 10 a.m. to noon, at Wellbrooke of Crawfordsville, 517 Concord Road. Participation is open to anyone who is concerned about falling, has experienced a fall in the past or has limited activities due to fear of falling.

A key focus of "A Matter of Balance" is guided exercise designed specifically for older adults. Participants will take part in gentle, low-impact exercises that help improve strength, balance, flexibility, and coordination, all essential for reducing fall risk. Exercises are done at a comfortable pace and can be modified to meet individual ability levels, making the program accessible for beginners and those who may not have exercised regularly.

In addition to phys-

ical activity, participants will learn how to view falls as preventable, set realistic goals for staying active, and make simple changes at home to reduce fall hazards. Together, these strategies help participants feel more confident moving through their daily routines.

This program is ideal for anyone who has fallen in the past, worries about falling, or has limited activities due to balance concerns, but still wants to remain active and independent in a safe, supportive environment.

Monica Nagele MS/RD

Montgomery County Extension Director



Pre-registration is required by Feb. 17. To register, visit <https://event.me/gBkG99>.

For more information, contact Purdue Extension Montgomery County at (765) 364-6363 or e-mail monicanagele@purdue.edu
Monica Nagele MS/RD is the Purdue Ex-



Montgomery County Extension Director, Health and Human Science Educator

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New Kroger Store to Be Bigger Than Two Football Fields



Photo courtesy Kroger Co. / T.J. Arnold

The new Kroger Store is going in a little west of the current store. Officials expect the store to be about the size of two-and-a-half football fields and to be open in about a year.

Kroger broke ground on a massive new project in Crawfordsville earlier this week. The grocer will soon begin construction of its largest format store, a \$38 million Kroger Marketplace and fuel center in Montgomery County.

“As a growing community, ensuring ample availability of grocery products and choices to meet increasing demand has been an ongoing priority,” Crawfordsville Mayor Todd Barton said. “The new store Kroger is constructing will greatly expand offerings for our residents, and we are truly grateful that Kroger

has chosen to make such a significant investment in Crawfordsville.”

The investment in Crawfordsville comes at the beginning of a \$200 million dollar year for Kroger Central Division, building new stores and expanding or remodeling others.

“This is a time of growth for Kroger and this community,” said Colleen Juergensen, president of Kroger Central Division. “Our company is accelerating its pace of construction around the country. Building a big new store here will add to the quality of life that makes Crawfordsville a special

place. Our new Kroger Marketplace will make it even easier for our Montgomery County customers to enjoy fresh, affordable groceries, the Kroger Pharmacy service and the money-saving benefits of Kroger fuel points all in one convenient place.”

The \$38 million devoted to Crawfordsville will create a space covering 123,000 square feet, similar in size to two-and-a-half football fields. The new Marketplace

will also feature new specialties such as Murray’s Cheese, Starbucks and fresh, store-made sushi. The store will also feature a wide selection of apparel.

“We’re in the people business first,” Juergensen said. “Our associates and customers are our priority.” In that spirit, she thanked the local leaders who worked with Kroger planners to make the new project possible, and she praised Gilliatte General Contractors for

its commitment to lead the grocer’s newest project in central Indiana. “We’re so proud to make this commitment to Crawfordsville,” she said. “It is one more example of our determination to run great stores for our customers and provide great places for our associates to work.”

The contractors and Kroger engineers plan to open Crawfordsville’s new Marketplace in approximately one year.

Local Students Earn Wabash Dean’s List

Wabash College congratulates more than 400 students – including more than a dozen local students – who were named to the Fall 2025 Dean’s List. Students make the Dean’s List by maintaining a 3.5 grade point average or better on a 4.0-point scale. The local students (and their reported majors) are:

Evan Baldwin of Crawfordsville - Majoring in Physics
Noah Barnhart of Crawfordsville - Majoring in Political

Science
Dylan Braun of Linden - Majoring in Psychology
Leon Brumett of Crawfordsville - Majoring in General Education
Brennden Busenbark of Crawfordsville - Majoring in Philosophy, Politics Economics
Rowen Durbin of Thorntown - Majoring in Biochemistry
Brecken Hardy of Linden - Majoring in Biology
Chayce Howell of Crawfordsville
Brady Largent of

Crawfordsville - Majoring in Mathematics
Aidan Mason of Crawfordsville
Tyler Petroski of Crawfordsville - Majoring in General Education
Gabrien Smith of Crawfordsville - Majoring in English
Landon Timmons of Crawfordsville - Majoring in Rhetoric
Joshua Troutman of Crawfordsville - Majoring in General Education
Jonathon Young of Crawfordsville - Majoring in Economics

RUSTY

Continued from Page 1

ums. If your income is lower than the threshold, you will pay only whatever the standard Medicare Part B premium is for the year you start Medicare, and there will be no supplemental premium for your Part D coverage. For information, the IRMAA supplements are progressive – that is, the more you exceed the threshold by, the higher your IRMAA premium supplement will be. To see the current IRMAA thresholds and supplements (again, these will likely change when you are eligible for Medicare): www.cms.gov/newsroom/factsheets/2025-medicare-parts-b-premiums-and-deductibles.

You are correct that your Medicare premium, when you enroll, will be determined by your total income from 2 years prior. So, if you plan to enroll in Medicare at age 65 (sometime in 2028), it is your 2026 income which will determine your Part B and Part D premiums, and that income will be defined by your 2026 income tax return. Note, too, that Medicare premiums are reevaluated each year, based upon your IRS income tax return from 2 years prior.

FYI, there are advantages to filing your income tax as “married/jointly” (vs. married/filing separately), and those are best

evaluated by your tax advisor (we are not tax advisors here at the AMAC Foundation). And while it’s true that the IRMAA thresholds are higher when you file as “married/jointly,” it’s also true that your total income as a married couple will be used when determining your IRMAA premiums for Medicare. So, once again, it is probably best to consult with a qualified income tax advisor for guidance on whether it is best, financially, for you to change how you file your income tax in 2026, considering that you will be enrolling in Medicare in 2028.

One final thing: If you are still working and have “creditable” healthcare coverage from your employer (“creditable” is a group plan with at

least 20 participants), then you can delay enrolling in Medicare until your employer coverage ends (thus temporarily avoiding the Medicare premiums). In other words, if you have creditable healthcare coverage from an employer, you don’t have to enroll in Medicare immediately at age 65.

This article is intended for information purposes only and does not represent legal or financial guidance. Russell Gloor is the, National Social Security Advisor at the AMAC Foundation, the non-profit arm of the Association of Mature American Citizens. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

SCAMMERS

Continued from Page 1

methods involve actually engaging with you on the real PayPal platform.

If you sell items online, then you’re the target audience for these scams. Several types of common PayPal scams involve shipping addresses including:

- The buyer wants to use a preferred shipping method: The buyer will ask you to ship their item using their preferred shipping company, easily reroute the package to a different address, then contact PayPal and file a claim for non-receipt and ask for a full refund. Since you cannot prove the item wasn’t received, you’re out the money, the item, and even the shipping fees.

- The buyer provides their own shipping label: The buyer will offer to send you a pre-paid shipping label, reroute the package to a different delivery address and claim they never received the item.

- The buyer gives a fake shipping address: When the shipping company cannot deliver the package to the invalid delivery address provided, the scammer will then step in and provide a new, legitimate delivery address, but since the package gets rerouted, the buyer will allege they never received the item.

5. The “alternate payment method” scam
This is not a scam in and of itself, but rather a measure that scammers take to leave you without options after defrauding you.

Sometimes, a scammer will ask you to transfer money using PayPal’s Friends and Family option. Although this may sound good because it eliminates the fee that PayPal levies on standard sale transactions, paying for goods is not permitted under the Friends and Family money transfer option. Any payments made like this are no longer protected by

the PayPal protection program, and once you transfer money this way for goods, you have no recourse against fraud claims.

6. The “payment pending” scam
A buyer will engage with you on PayPal to pay for an item you sell. They message you, claiming to have made the payment, but that PayPal won’t release the money to you until you provide a shipment tracking number.

The scammer wants you to ship the product and provide the tracking number before you get paid and if you do, the fraudulent buyer gets the item and disappears without paying.

7. The “fake charities” scam
In case of natural disasters, for example, many people search for local charities where they can donate to relief efforts. Scammers often use this to their advantage, set up fake charities or donation sites and ask you for contributions via PayPal to fake charities.

8. The “callback phishing email” scam
In this scam, you get an email warning you of “suspicious activity” in your PayPal account, usually with large transactions involved. The email will urge you to call a number to cancel the transaction. This number then directs you to a scam call centre that will try to get your PayPal login details and other personal information. This scam can be quite convincing for multiple reasons: The scammers used @paypal.com email addresses, realistic email designs, and even created fake invoices to create a sense of urgency.

Top tips on how to avoid PayPal scams

There are several actions you should take to avoid getting scammed:

- Never send money outside PayPal if you transacted on the website. For instance, if you conduct a transaction on PayPal but your customer accidentally sends a larger amount than agreed upon. This other person now wants a refund sent through a different platform, but if you comply with their request, PayPal will not be able to help you since the refund was processed outside of their system. If a buyer overpays you, cancel the transaction immediately and start over.

- Always use your own shipping method. When you choose the shipping method, you control delivery and cannot be tricked with bogus shipping labels or rerouted packages.

- Only ship to the address on the Transaction Details page. When you ship only to this address, you satisfy one of the requirements of PayPal’s Seller Protection program.

- Only deal with verified buyers and sellers. Verifying a PayPal account can be troublesome, and it requires sharing personal information with the platform. So, anyone that did it is most likely not a scammer. If you do business with non-verified PayPal accounts, proceed with extreme caution.

- Be wary of email links and attachments. Never click on email links, even if they look legitimate. Logging in to your PayPal account directly in your browser or app is much safer.

- Get a good antivirus. Some PayPal scammers will try to get malware on your computer. Never download anything sent to you via email, and use reliable antivirus software, such as Norton.

- Only contact PayPal using the number listed on its website and remember that official PayPal communications will always address you by name.

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From Honor Rolls to Rushmore . . . Purdue's Best Back to the '80s



SPORTS, SPORTS, & MORE SPORTS

with Ken Thompson

Purdue's 69-64 victory at USC last Saturday marked the 1,000th win during the Gene Keady-Matt Painter era, which dates to the 1980-81 season.

Unlike the popular perception outside Tippecanoe County that Keady and Painter won with lesser regarded talent, that isn't always true. One of Keady's first recruits was a McDonald's All-American, 6-10 center Russell Cross from Chicago. Troy Lewis and Glenn Robinson also were McDonald's All-Americans, with Robinson regarded by some as the best high school player in the class of 1992.

Let's take a look at the best players of the Keady-Painter era by decade.

1980s

Russell Cross – He effectively filled the big void left by All-American Joe Barry Carroll.

The 1980 Parade Magazine High School Player of the Year set the Purdue freshman record with 540 points, a mark that still stands. Cross scored 1,529 points over three seasons.

Cross earned first-team All-Big Ten honors as a junior before entering the NBA Draft. The Golden State Warriors took him sixth overall, but Cross spent just one season in the NBA before playing seven seasons in Italian and Spanish leagues.

Jim Rowinski – Cross was followed in the middle by the 6-8 Rowinski, who came to Purdue as a walk-on and left as the 1984 Big Ten Player of the Year.

Rowinski grew four inches from his freshman year and bulked up to 250 pounds. He is one of the reasons why Purdue defied expectations of finishing ninth in the Big Ten in 1984 to sharing the conference title.

Rowinski played in the NBA for Detroit, Philadelphia and Miami. He passed away at age 63 on Feb. 1, 2024.

Troy Lewis – The co-Indiana Mr. Basketball in 1984 from Anderson led the class that would transform Purdue into a national power under Keady.

Lewis, a 6-4 guard, earned first-team All-Big Ten honors as a junior and a senior while leading the Boilermakers to Big Ten titles in 1987 and 1988. He is one of just six 2,000-point scorers (2,038) in Purdue history.

Lewis and teammates Todd Mitchell and Everette Stephens

were inducted into the Leroy Keyes Purdue Athletics Hall of Fame alongside Keady in 2010. Lewis also is a member of the Indiana Basketball Hall of Fame.

Todd Mitchell – Like Lewis, Mitchell also was a first-team All-Big Ten forward as a junior and a senior.

The tallest member of the "Three Amigos" at 6-7, Mitchell helped Purdue go 96-28 during his four-year stay in West Lafayette. He finished with 1,699 career points.

Mitchell played one season in the NBA with San Antonio and Miami before spending nine seasons in the European League.

Everette Stephens – One of the most athletic players ever to wear a Purdue uniform, the 6-2 Stephens was proclaimed by Sports Illustrated in 1988 to form one half of the nation's best backcourt alongside Troy Lewis.

Stephens not only could pass but he was a good 3-point shooter and could drive the lane for spectacular dunks. Stephens was voted second-team All-Big Ten as a senior.

Stephens played for the Indiana Pacers during the 1988-89 season, beginning a lengthy career that would take him to Australia, Germany, Spain, France and Venezuela.

1990s

Glenn Robinson

– If there was such a thing as a Purdue basketball Mount Rushmore, Robinson's face would be carved in stone.

He had size (6-8), athletic ability, a deft shooting touch and most importantly, the desire to dominate the competition.

Purdue fans had to wait a year as Robinson failed to qualify academically for freshman eligibility. The time off didn't affect "Big Dog," who led the Big Ten in scoring with 25.5 points per game during the 1992-93 season.

There was no stopping Robinson in his junior season. He led the Boilermakers to a 14-0 start, the best in school history at the time. His back injury before the Elite Eight game against Duke denied Keady his best shot at a Final Four.

Robinson was the 1994 consensus national player of the year, the Big Ten Player of the Year and the nation's top scorer at 30.3 points a game. He was the first Big Ten player to score more than 1,000 points in a single season.

Robinson was the No. 1 overall pick in the 1994 NBA Draft by

the Milwaukee Bucks.

Cuonzo Martin – Martin kept opponents from concentrating on Robinson, making 88 3-pointers as a junior after going without a 3 during his first two seasons.

Martin led Purdue to a second consecutive outright Big Ten title as a senior, leading the league with 91 3s on 47 percent shooting. He finished his career with 1,666 points and Purdue went 90-37 in his four seasons.

Martin is currently in his second stint as Missouri State's head basketball coach.

Brad Miller – The 7-foot Miller is the only center in Purdue history to lead the Boilermakers in assists.

He is one of two Boilermakers to record at least 1,500 points, 800 rebounds and 250 assists. The other is Robbie Hummel.

After averaging 17.2 points and 8.8 rebounds as a senior, Miller went on to play 14 seasons in the NBA. He was a two-time All-Star in 2003 and 2004.

Chad Austin

– Maybe best known for sinking two game-winning shots at Indiana, but Austin was also a two-time first-team All-Big Ten guard in 1997 and 1998.

Purdue won two Big Ten championships during his career. Austin scored 1,694 points and is among Purdue's best 3-point shooters with 212.

Brian Cardinal

– Illinois would regret not recruiting the son of its basketball athletic trainer, losing all nine matchups with Cardinal at Purdue.

Selected a team captain as a sophomore, Cardinal led Purdue to a 28-8 record and an NCAA Sweet 16 berth. After another Sweet 16 berth as a junior, Cardinal nearly willed Purdue to a Final Four in 2000.

Cardinal would enjoy a 12-year NBA career, earning a championship ring with Dallas in 2011.

2000s

Carl Landry

– The last great player recruited by Keady, Landry came to Purdue from Vincennes University where he earned first-team Junior College All-America honors in 2004.

Landry led the Big Ten at 18.2 points per game as a junior but tore the ACL in his right knee before the end of the 2004-05 season. Landry was forced to redshirt during the 2005-06 season, but he was full strength in 2006-07 under Matt Painter. Landry led Purdue in scoring (18.9) and rebounding while guiding the Boilermakers back to the NCAA tournament.

Landry was the 31st overall pick by Houston in the 2007 NBA Draft. He went on to play for Sacramento, New Orleans, Golden

State and Philadelphia during an 11-year NBA career.

David Teague

– The Indianapolis Pike graduate saved his best for his fifth-year senior season in 2006-07. The 3-point marksman was the perfect counterpoint when teams would focus on Landry.

He averaged 14.3 points, 5.0 rebounds and 2.0 assists. Teague, who scored 1,378 points as a Boilermaker, went on to a lengthy European career.

JaJuan Johnson

– The Franklin Central graduate matured from a skinny (195 pounds) freshman to Big Ten Player of the Year in 2011.

The 6-10 center was a consensus All-American that season and was Purdue's first winner of the Pete Newell National Big Man of the Year Award. Johnson averaged 20.5 points and 8.1 rebounds. He finished his career with 1,919 points.

Johnson was a first-round NBA Draft Pick by the Nets before being traded to Boston. He also played professionally in Turkey, Russia, Spain, Italy and France.

E'Twaun Moore

– The East Chicago guard is one of six 2,000-point scorers (2,136) in school history. Moore was a two-time first-team All-Big Ten selection.

With Moore in the lineup, Purdue won its first Big Ten Tournament title in 2009 and followed up with the regular season championship in 2010.

Before embarking on a lengthy NBA career, Moore left Purdue as the record-holder for 3-pointers (243), games started (136) and minutes played (4,517). Moore also shared records for games played (140), consecutive games played (140) and victories (107).

Robbie Hummel

– Despite two knee injuries, Hummel was a rarity with three first-team All-Big Ten selections (2008, 2010, 2012). He was the first Boilermaker freshman to garner a first-team All-Big Ten berth.

The 6-8 forward left Purdue as the ninth-best scorer (1,772) in school history. Hummel is also one of the best free throw shooters in school history. He sank 90.2 percent from the line as a junior, aided by a school record streak of 36 consecutive makes. After a brief NBA and pro basketball career, Hummel is now one of the top college basketball analysts for NBC and CBS.

2010s

Caleb Swanigan

– The Indiana Mr. Basketball from Homestead more than lived up to his McDonald's All-American billing, putting up one of the most dominant seasons in Purdue

history.

As a sophomore in 2016-17, Swanigan was a first-team consensus All-American forward, Big Ten Player of the Year and winner of the Pete Newell Big Man of the Year Award. He set the Big Ten record with 28 double-doubles while averaging a league-best 18.5 points and 12.5 rebounds per game.

Swanigan was a first-round draft pick by the Portland Trail Blazers in 2017 but had a brief pro career before his death by natural causes at age 25 on June 20, 2022.

Carsen Edwards

– Edwards won the Jerry West Award as the nation's top shooting guard in 2018. Edwards averaged 18.5 points while helping Purdue capture a school record 30 victories.

Edwards struggled at times during his junior season but made up for it with record-setting NCAA Tournament performances. Edwards put up 42 points against the reigning national champion Villanova, 29 points against Tennessee in the Sweet 16 and 42 more points in the overtime loss to Virginia in the Elite Eight. He set the NCAA tournament record with 28 3-pointers.

Vincent Edwards

– A four-year starting forward, Edwards scored 1,638 points.

More importantly, he was part of a recruiting class that turned around Purdue's fortunes after a last-place finish in 2014. The Boilermakers won the Big Ten title three seasons later.

A.J. Hammons

– The 7-foot center helped make Purdue a destination for talented big men.

Hammons averaged 15 points, 8.2 rebounds and 2.5 blocks as a senior. He was chosen the Big Ten Defensive Player of the Year and first-team All-Big Ten.

Dakota Mathias

– The Ohio native left Purdue as its career 3-pointers leader with 250 in addition to being selected to the All-Big Ten Defensive Team as a senior in 2018.

2020s

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most decorated player in Purdue history, the former 436th best recruit in the class of 2020 is one of the few in college basketball history to be named National Player of the Year twice. He also was two-time Big Ten Player of the Year and two-time winner of the Kareem Abdul-Jabbar Award given to the nation's best center.

The 7-4 Edey helped Purdue end its 44-year Final Four drought and led the Boilermakers to their second NCAA title game in school history. Edey's numerous Purdue records include the career scoring record (2,516) and rebounds (1,321).

Braden Smith

– Also overlooked by recruiters, Smith is currently in his fourth season as Purdue's starting point guard.

The 2025 Big Ten Player of the Year and reigning Bob Cousy Award winner set the Purdue career assists record as a junior and is on pace to set the NCAA mark as well.

Jaden Ivey

– The South Bend native was a first-team All-Big Ten guard and consensus All-America as a sophomore after averaging 17.3 points, 4.9 rebounds and 3.1 assists per game.

Ivey was taken with the fifth overall pick of the 2022 NBA Draft by Detroit.

Trevion Williams

– Williams was not only a talented big man at 6-10, he also was a good teammate.

As a junior, Williams averaged 15.5 points and 9.1 rebounds per game to earn first-team All-Big Ten honors. When Zach Edey emerged as a star, Williams came off the bench so effectively as a senior that he was named Big Ten Sixth Man of the Year.

Trey Kaufman-Renn

– A three-year starter at forward and center, Kaufman-Renn is coming off a junior season that saw him average 20.1 points per game on his way to first-team All-Big Ten and honorable mention All-America honors.

Kenny Thompson is the former sports editor for the Lafayette Journal & Courier and an award-winning journalist. He has covered Purdue athletics for many years.

Utility Company Offers Help to Those in Need

After a historically cold start to winter, CenterPoint Energy is encouraging Indiana customers to take time to review available assistance programs and energy-saving resources as colder temperatures continue.

December 2025 brought the coldest winter start since 2017, according to the National Weather Service in Indianapolis. While early January has brought temporary relief with highs near 60°, forecasts indicate a return to seasonal temperatures by mid-January and continued fluctuations through February.

“December was one of the coldest on record, and during periods of extreme cold, customers may see an increase in their energy usage that is also reflected in their bills,” said Mike Roeder, President of CenterPoint Energy Indiana. “With the potential for several more weeks of winter weather, we encourage customers to utilize available assistance and resources before the next stretch of cold weather.”

Why weather matters
Energy usage increases when the gap between outdoor and indoor temperatures widens. For every

10-degree drop in outdoor temperature, home heating systems typically run 30-40% longer to maintain the same indoor comfort level.

During December’s record cold, heating systems across the region worked significantly harder than usual. That increased usage will be reflected on January bills. With more winter ahead, customers who take steps now can manage costs through February.

Resource Hub: Tools and assistance in one place
CenterPoint’s online Resource Hub brings together billing tools, assistance pro-

grams and energy-saving resources. Customers can:

- Apply for bill assistance through the Customer Assistance Fund (CAF)
- Find additional assistance programs like the Energy Assistance Program (EAP) for income-eligible households
- Sign up for Budget Billing to spread costs evenly across 12 months
- Set up a payment plan with flexible options to manage balances
- Compare monthly usage to see how weather impacts energy costs

Simple steps to help man-

age energy usage
There are many factors which contribute to a home’s energy consumption, and customers can take several actions to help manage energy costs this winter, including:

- Lower your thermostat a few degrees at night or when away—this can reduce heating costs by up to 10%
- Check for drafts around windows and doors while temperatures are mild
- Replace furnace filters

Additional information can be found at CenterPointEnergy.com/ResourceHub.

Strawberry Festival Seeks Sponsors

The annual Crawfordsville Strawberry Festival will be celebrating its 52nd year and is preparing to return to the Lane Place in downtown Crawfordsville. Organizers are calling on local businesses to contribute, thus ensuring this long-running tradition will continue for generations to come.

Scheduled for June 12-14, this week-end-long festival will feature free entertainment, a variety of food vendors, artisanal crafts, a children’s area and much more. The Crawfordsville Strawberry Festival is the largest festival to be held in Montgomery County each year.

The Crawfordsville Strawberry Festival draws thousands of attendees yearly. While many festivalgoers are local residents, organizers say a significant number travel from across the state and even from out of state to visit.

“It’s been wonderful to see local businesses contributing generously to this important tradition; they make this festival possible,” said Ethan Grant, fundraising chair for the Crawfordsville Strawberry Festival. “And in return for their generosity, sponsors boost their visibility to these thousands of visitors eager to shop, dine, and explore our town during the festival weekend.”

For three days, the grounds of the historic

Lane Place are transformed into a strawberry-themed celebration that features good food, fun games, arts & crafts, and quality entertainment suitable for all ages. Joanna Lane founded the festival, initially accommodating some 500 attendees who purchased tickets at 10 cents apiece. Over time, thanks to the dedicated efforts of volunteers, the festival has grown significantly.

The 2026 Festival Chair, Jessica McClamroch, emphasized the importance of business involvement. “This festival has been around for 52 years because the community stands behind it,” McClamroch said. “When businesses support the festival, they’re not just sponsoring an event – they’re investing in helping Crawfordsville’s identity, its economy and its sense of community.”

As organizers note, sponsorship opportunities are available at multiple levels; businesses and organizations of all sizes and means may participate. The funds raised help support production and infrastructure, venue and permits, marketing and operations, entertainment, attendee amenities, insurance, technology and much more. No one working behind the scenes to make the festival happen sees any monetary

compensation.

With planning under way, Crawfordsville Strawberry Festival volunteers hope to receive the community’s support.

“Believe it or not, the festival is extremely expensive to put on,” McClamroch said. “Over the years, the average cost of the festival is \$100,000, \$110,000. We have 30 members on our committee with countless other volunteers to make this event happen each year. If our community wants to see this tradition continue, we need their partnership just as much as we need volunteers who are willing to commit long term.”

Sponsors who have already committed to the 2026 festival are: CEL&P, Lakeside Book Company, Airy Time, Byron Cox Post American Legion, Benchmark Family Services Therapeutic Foster Care, The Tee Shirt Shoppe and Oremus Accounting.

Those businesses and individuals interested in sponsoring this year’s festival can contact Ethan Grant at Ethan.strawberryfest@gmail.com. To learn more about the festival, visit <https://crawfordsvillestrawberryfest.com/> and to stay up to date on social media, please follow “Crawfordsville Strawberry Festival” on Facebook and “cvillestrawberryfest” on Instagram.

CANCER

Continued from Page 1

metabolic health and these preventable illnesses.

Yet our medical training prepares physicians to manage symptoms, not address causes. Doctors learn to prescribe medication -- but most are not formally trained to help patients improve metabolic health by stabilizing blood sugar and correcting insulin resistance through diet.

Even those physicians who do advise patients on lifestyle factors, such as diet, often fall short because they rely on outdated dogma. Recommendations to “eat less fat” or “choose whole grains” overlook metabolic realities -- and fail to address the underlying dysfunction driving most chronic disease.

Evidence-based nutritional interventions -- including Mediterranean, low-carbohydrate, and especially ketogenic approaches in insulin-resistant patients -- can yield dramatic health improvements. Ketogenic and other carbohydrate-restricted diets, in particular, have been extensively studied and shown to stabilize blood sugar, improve insulin sensitivity, and, in many cases, induce remission or major improvement in chronic metabolic diseases. Yet these dietary approaches are not taught to our future physicians.

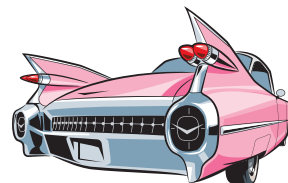
The Department of Health and Human Services recently launched an initiative encouraging medical

schools to integrate nutrition education into their programs. That’s an important step -- but it’s critical that the content doesn’t reflect decades-old dietary dogma. Future physicians must understand the latest science surrounding diet and metabolic health.

If we truly want to make America healthy again, we must start with how we train the next generation of physicians.

Dominic D’Agostino, PhD, is an Associate Professor in the Department of Molecular Pharmacology and Physiology at the University of South Florida Morsani College of Medicine and an advisory committee member for the Coalition for Metabolic Health. This piece originally ran in the Tampa Bay Times.

REMEMBER WHEN?



Back in the day with Butch Dale

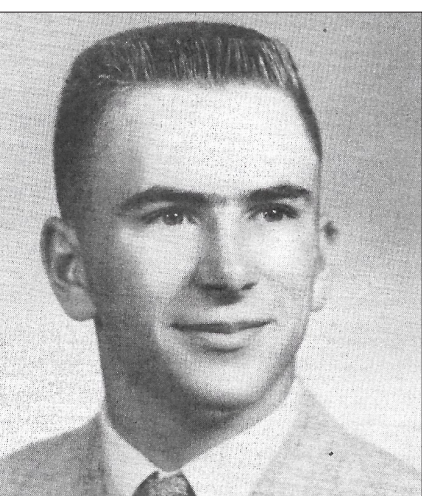


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